

Seniors' questions answered

Q. What can seniors do to help their doctors avoid prescription drug interaction?

A. Keep a pencil copy of all your medication, vitamins, etcetera in your purse or wallet, listing the name of medication, how often taken (directions for use), milligrams per dosage. If your record is in pencil each time a dosage is change you can erase and keep your record current.

This record should also include your name, address, phone number, birthday, allergies, your doctor's name, pharmacy, Living Will, yes or no, if so, location, Durable Power of Attorney for Health Care, yes or no, and the name of the person in charge. Also include current medical conditions you are being treated for, any surgeries, type and the year. This is a long answer but could be very beneficial for your doctor, emergency

medical technicians and so forth.

Q. What, and when, do seniors need to inform their children of their financial, long-term care, life insurance and other essential issues about aging.

A. Whenever the person thinks the time is right. Each family will, and should, set its own priorities. I have told my children where things are, but not given them written statements. That should also be done at the same time as the family talk is. Put everything in writing and give a copy to each child. If you have a computer you could also tell your children your information is on the computer and how you labeled the information. At the same time, a Power of Attorneys, a Living Will and a Durable Power of Attorney should be drawn up. There is a lot of information available on the Internet concerning these topics.

ELECTED

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Jerry Moran (R) 880

State offices

Gov./Lt. gov.
Jim Barnett/Wagle (R) 601
Carl Kramer/Hebron (L) 10
Richard Lee Ranzau/Verell (R) 4
Kathleen Sebelius/Parkinson (D) 442

Secretary of State
David Haley (D) 186
Rob Hodgkinson (Lib) 19
Joseph L. Martin (Ref) 23
Ron Thornburgh (R) 730

Attorney General
Phill Kline (R) 650
Paul Morrison (D) 387

State Treasurer
Lynn Jenkins (R) 791
Larry Wilson (D) 223

Commissioner of Insurance
Sandy Praeger (R) 755
Bonnie Sharp (D) 225
Patrick Wilbur (Lib) 39

State Board of Education

Sally Cauble (R) 681
Tim Cruz (D) 294

State Representative, 120th Dist.
John M. Faber (R) 764
Bob Streyev (D) 283

Supreme Court Justice

	Yes	No
Robert E. Davis	517	360

Court of Appeals Judge

	Yes	No
Stephen D. Hill	542	320
Lee A. Johnson	532	314
Patrick D. McAnany	503	358
Nancy Landis Caplinger	525	341
Henry W. Green, Jr.	567	293
Jerry G. Elliott	510	435
Gary W. Rulon	581	281
Tom Malone	580	275
Michael B. Buser	489	354



CRAFT FAIR TABLES were full with many items. There were paintings, jams and jellies, just to name a few. Ilene O'Leary, left, talks to craft vendors.

Herald staff photo by Karen Krien

OFFICE

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The representatives urged the commissioners to call their congressmen and representatives and voice their support of keeping these offices local. The decision could be changed if enough people were to call.

Drugs for prisoners

As the commissioners looked over the vouchers to be approved, Jane Brubaker, commissioner, was upset that there was a voucher for over \$800 to pay for the prescription drugs used by an inmate in the Sherman County Bastille in Goodland. One prescription for 60 tablets was \$600 and there were other prescriptions which, she felt, could be either generic or over-the-counter drugs.

She asked that Justin Barrett, county attorney, look into the matter.

First of all, she thought there had been talk that drugs for prisoners would not cost any more than that paid by Medicaid. Secondly, if it was absolutely necessary that this inmate take these drugs, then they should be purchased in Cheyenne County as the county was having to pay for them.

The voucher warrant for the drugs was not approved until the county attorney checks further into the billing.

Sheriff's report

Sheriff Troy Gardner said that Thomas County has a team of sexual assault examiner nurses. The team of nurses is asking each county to pay \$500 toward the use of these nurses. The commissioners said that it would be more fair to pay on a per-use basis rather than a flat fee from each county. The sheriff said that Cheyenne County would still have access to this service even if the county didn't pay a fee.

There was discussion about 911 dispatch location and cost. Sheriff Gardner asked if Chairman Andy Beikman would be willing to attend a meeting with the mayors of both cities to discuss the future of dispatch in Cheyenne County. Chairman Beikman said he would attend.

Kansas Department of Transportation had a "Click It or Ticket" program in which Cheyenne County had participated. In doing so, the county was awarded a \$1,000 grant. The commissioners signed the certificate of completion stating that the program had been completed.

Road and Bridge Department

Road and Bridge Department supervisor Dave Flemming presented his department's monthly budget and work schedule.

He said the River Road project had been let and the winning company was Venture Corporation. The bid was \$470,684.

Dave said the Olofson Bridge project start date has been set as the first Monday in February.

County Incentive Plan

Cheyenne County Appraiser Randy Sangster, Deb Smith, and Bonnie Zweygardt talked to the Board about the Cheyenne County Incentive Plan. Randy gave examples of what other counties were doing as far as setting up and implementing these types of plans. Commissioner Brubaker is on the Incentive Plan review group and she said she would take the ideas and examples that were discussed and relay the information to Carol Redding and the group.

Dorothy Smestad was in attendance to discuss the Cheyenne County Incentive Plan. Dorothy talked to the Board about setting up her business and the goals she had for the future.

In other business

In other business:
• Prairie Dog Supervisor Danny Schlittenhardt discussed prairie dog control. It was decided to have him purchase Rozol at a wholesale price and pass that cost savings along to the landowner.

Mr. Schlittenhart was told to send certified letters to those landowners that have had complaints registered against them.

• Troy Porter, contractor, discussed the front steps of the courthouse and gave an estimate of what he felt the project would take. The commissioners asked Carl Williams, maintenance person, to get more bids, if possible.

They thought the project needed to be started by Nov. 1.

• Cheyenne County Health Nurse, Susan Roelfs, presented the Public Health Preparedness and Response Grant for \$10,668. Chairman Beikman signed the grant.

Next meeting

Canvass of votes from the Nov. 7 general election will be held at 8 a.m. on Monday, Nov. 13. The commissioners decided to move the regularly scheduled meeting up from Nov. 15 and have the meeting after the canvassing. The time of the meeting will be 9 a.m.

Since Attorney Barrett did not have a chance to look over a proposed oil and gas lease, the issue will be discussed at the meeting.

Editor's note: The above article was taken in part from the unapproved minutes of Oct. 31 Cheyenne County Commissioner's meeting.

PANTRY

Continued from Page 1A
ery delivery will be handled with confidentiality. People, if they call the bank where Mrs. Jensen works, or at home, will only have to say they are calling in reference to the Food Pantry and the call will automatically be transferred to her.

The Food Pantry has items available throughout the year. The sheriff's office staff and the Ministerial Alliance often refer people to the Food Pantry coordinator and the sheriff's staff will also take baskets to people. Officer Carol Gamblin lives in Bird City and often takes a

box of food to people on her way home from work.

The food for holiday has already started coming in.

"I am overwhelmed with the generosity in the county," she said.

Mrs. Jensen plans to be delivering Christmas baskets on Dec. 16 and 17 and, again, anyone who needs help or knows of someone who needs help, are asked to call her.

She can be reached at 785-332-3326 (home); 785-332-2145 (work) or call the sheriff's office at 785-332-3330.



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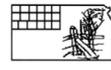
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