

Good Samaritan Center

By Lisa Paulson

We are old with hearts of gold, wanting to do our share... so Rockathon 2012 and get ready for all of us who are still young at heart and focusing on the youth of our community!

Teens for Christ will be the recipient of half the proceeds this year and the City Pool the other.

Rockers this year will be; Eva Bryan (99 years old and six-time rocking veteran) Leone Porsch (93 five-time rocking veteran) Evelyn Olson and Amy Rehm (both 92 and five-time rocking veterans) Lucy Schissler (90 and six-time rocking veteran) Betty May (three-time rocking veteran) and newcomers Vivian Mock, Connie Cramer, Betty and Dwayne Jones, Louise Pollnow, Margaret Vacura, Loren Schrock and Phil Erickson. If you want to mail your contribution, the address is 108 E. Ash Ave. Oberlin, Kan. 67749. The entertainment schedule is ready to be filled and sponsor sheets are available at churches, local business and here at Good Sam. Just write Rock-a-Thon in the memo line.

Speaking of youth, we had two impromptu guest presentations this week. Erin May blessed us as she played the piano for her grandparents, Walt and Betty May. Then Todd Mastin came after school with his grandma Jo Henderson and gave a Tae Kwon do demonstration and showed the trophies he has earned.

The residents were quite intrigued. We are happy to welcome another family member. Dwayne Jones has joined his wife Betty. What a happy reunion and lovely addition to our home.

Literary club met for another reading of Eskimo Girl. Anita Hirsch will have to be on the look-out for another book since this one is about to end. What a pleasant time Amy Rehm, Connie Cramer, Betty May, Violet Schissler, Louise Pollnow and Betty Jones have when they get

together for their "Book Club".

The weather was perfect on Tuesday for an outdoor game of Hillbilly Horseshoes. Vivian Mock was our winner. Some say beginner's luck, but she's ready and confident for a rematch anytime. Walt and Betty May, Connie Cramer, Margaret Vacura, Earl Brown, Woody May, Betty Jones, Amy Rehm and Leone Porsch were her competitors.

Coleen Rippe led Bible Study on Thursday, using an article from the current issue of *In Touch* magazine. The article highlighted a successful investment manager who had lots and lots of money, but found true wealth in the poverty of India. A wonderful discussion followed.

The guys, Walt May, Lee Foley, Woody May, Earl Brown, Phil Erickson, Elden Haas and Loren Schrock had good roundtable fellowship with Pastor Keith Reuther and Frank McEvoy. It gets pretty lively!

The ladies learned a lot about each other's like and dislikes when it comes to food. Connie Cramer, Marylu Brown, Margaret Vacura, Amy Rehm, and Myrtle Waldo participated in a game called "Shake a Taste" with Coleen Rippe. Lucy Schissler celebrated her 90th Birthday on Saturday. Friends and family came to help her celebrate, and Loren Schrock played "Happy Birthday" and a special dedication on his harmonica.

Mark your calendars! The Spook Parade will be Wednesday, Oct. 31. Colonel Sanders will be on hand to do the judging at the annual parade. Ribbons and candy will be handed out for trick-or-treaters! Join us on Nov. 3.

Visitors this week were: Cathy Wenger (Aubrey, Texas) for **Connie Cramer**. Max Carman for **Myrtle Waldo**. Marilyn Horn for **Myrtle Ross**. Ralph and Norma Unger for **Walt and Betty May**, **Lucy Schissler**, **Margaret Vacura** and

Earl Brown. Cheryl Miller for **Loren Schrock**. Gerald Benda for **Eulaine Benda**. Eunice Martin for **Glenn Martin**. Reva Marshall, Penny Fringer, Sarah and Bailey Wolf and Tami Cook for **Dorothy Hunt**. Susie Sabatka (Atwood) for **Vera Kacirek**. Marvin and Sharon Slabaugh for **Opal Bryan**. Gene Leitner, Barbara Leitner (New Mexico), Pat Tongish (Newton), Glenn, Cynthia and Lucille Stadig (Colorado) and Lucille Barenberg (Colorado) for **Marcella Leitner**. Pat Fringer and Reta Barratt for **Margaret Vacura**. Bob and Neoma Tacha (Jennings) for **Galen Tacha**. Gerald Olson and Bob and Jan Baer (Topeka) for **Evelyn Olson**. Connie Simonsson for **Amy Rehm**. Dave and Shirley Simpson and Frank and Mert McEvoy for **Lucy Schissler**. Andrew, Stephanie, Ethan and Isaac Frankforter for **Elwood May**. Elden and Detta Anderson for **Marylu Brown**, **Eva Bryan** and **Opal Bryan**.

Birthdays and anniversaries: Oct. 26, Julia Otter, Maureen Brugge-man; Oct. 27, Sam Shuler, J.R. Albers, Lita Allen; Oct. 28, Zane Pauls, Dawson Spresser; Oct. 29, Jack McKee, Chris Springer, Mea Affolter;

Oct. 30, Cee Ann Wessel Affolter; Oct. 31, Anna Albers Johnson, Paula McKenna; Nov. 1, Jason Geisinger, Jim Schieferecke Jr.

Last Saturday at Pinochle Night, Vicky Ray and Jacque Boultin-house took first with a score of 705,

Benefits of healthy breakfast

Are you rushed in the morning? Packing a breakfast-to-go can be an easy meal solution that usually is less expensive and more nutritious (and many times faster) than foods purchased from a vending machine or a restaurant. Consider packing it in the evening, then putting it into the refrigerator, so it's cold and ready to grab!

For a very quick meal in the morning for each member of your family, choose a fruit (such as a fresh pear or banana, raisins or other dried fruit, or 100 percent juice); a dairy food (such as a cup of yogurt, a glass of milk or a cheese stick); a protein food (such as a peeled hard-boiled egg, nuts, or peanut butter on a spoon), and a whole grain food (such as a whole wheat mini bagel, bread or ready-to-eat cereal). If desired, add a vegetable (such as low-salt tomato juice, cherry tomatoes,



Home Time

By Tranda Watts
Regional Extension Agent

carrots or celery sticks).

Health experts recommend reducing the amount of sweetened beverages that you and your family drink. Drink water, fat-free or low-fat (1%) milk, low-sodium vegetable juices, and 100% fruit juices more often, instead.

Enjoy the benefits of eating a healthful breakfast every day!

If you have further questions, please feel free to contact your county Extension office or you may contact me at twatts@ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785)443-3663 or e-mail twatts@ksu.edu. For information, contact the Decatur County office of Twin Creeks Extension, 475-8121.

Selden News

By Jacque Boultinhouse

Ann Hazlitt and Cathy Broeckelman took second with a score of 687, Warren Ziegelmeier and Carl Mumm took third with a score of 683.

Jeanie Spresser and Lillian Sulzman had 621, Julie Zeigelmeier and Cole Zeigelmeier had 563 and Pete and Phyllis Ziegelmeier had 637. Next Pinochle night will be, Saturday Nov. 17 at the Community Center.

Last Thursday, during Senior Citizens at the Community Center,

Ralph Weis won high with a score of 709, Gail Mumm took second with a score of 681 and Paulie Neff got low with a score of 452.

Other members present include: Lillian Sulzman, Pat Wessel, Jeanie Spresser, Carl Mumm, Edna Schiltz, Ann Hazlitt, Bob Wessel, Lola Cook, Royce Cook, Betty James, Janice Kruse and Helen Karls.

City members will start putting up city Christmas decorations on Saturday, Nov. 10 (snow date will be the Saturday, Nov. 17). Anyone

interested in helping should contact any council member to find out times and where to meet.

The City and Selden Community Foundation will be sponsoring a drawing for home decorations/lights.

We are encouraging as many people as possible to have their lights up for Winterfest, the day after Thanksgiving. Judging of the decorations and lights will be Friday, Dec. 16.

Herndon News

By Julie Hafner

The Herndon community extends sympathy to the family of Darlene Fisher of Oberlin. Darlene died last Wednesday in Oberlin at the age of 89. A memorial service was held at St. John's Lutheran Church on Tuesday. She was a sister of Linda Bosler of Herndon.

Family and friends gathered for the birthday celebration of Chris Wood on Friday afternoon. The gals enjoyed brain games before birthday cake and snacks while wishing Chris a happy day and blessed year. Those attending with the birthday guest were Sharon Ecker, Voni Sattler, Beth Chartier, Nadine Green, Julie Hafner, Ann Solko, Joyce Gibson and Char Hartner.

Rita Marintzer traveled to Neosho Rapids, to babysit for granddaughters, Addisyn and Amilee Marintzer while their parents camped out for their anniversary celebration. Rita and the girls had fun finger painting, playing in the rain, gathering eggs and reading lots of stories. When Abe and Alex returned, they all went out for dinner in Emporia before Rita returned home.

Senior citizens gathered for the monthly dinner and entertainment last Wednesday, at the senior center. Janet and Eileen shared the blackout prize and Sharon won the door prize. The next dinner meeting will be in December for their Christmas gathering so there will be no November dinner.

The 31st annual Herndon Heritage Days, sponsored by the Herndon Chamber of Commerce, is planned for Saturday, Nov. 3, at St. Mary's Hall. There is free admission to browse the aisles from 10 a.m. to 4 p.m. and enjoy lunch served by the Christian Mothers Altar Society and the CYO students. Door prizes will be drawn on the half hour, contributed by the full house of vendors. Some are new exhibitors, some return year after year but you can count on finding those affordable and unique gifts.

Roseanna Stoney recently spent time in McCook, with Aaron and Shawna Stoney. Family and friends gathered wishing the couple a happy 10th wedding anniversary.

Julie's Memory Jogger's
The Herndon Courier
June 1, 1888

- Meals at all hours at the Ohio Restaurant
- The German Bank for farm loans
- Cash for eggs at the City Meat Market
- Screen doors at the Atlas Lumber Company
- G.W. Hudiburgh sold eight Esterly binders and six windmills the past week
- E.H. Rathbone of the Courier informs us that a \$2,500 public school house is the next improvement.

Enjoy what God has created

The Rev. Nancy Proffitt,

Oberlin United Methodist and Prairie Chapel United Methodist

Autumn Leaves... Jesus Doesn't!
"The Grass Withers, The Flowers Fade, But the Word of God Stands Forever." Isaiah 40:7.

A couple of weeks ago I went back to my hometown and was fascinated by a marquee sign at a local Episcopal church. It simply read "Autumn Leaves... Jesus Doesn't". Now I have to admit I have mixed feelings about these cute little puns on church signs. Some are in very good taste, and give me something to ponder, while others are just plain bad theology. However, lest I digress, the writing or sign writing ability of local church sign-smiths is hardly the topic for today.

That sign did however get me to thinking about autumn or fall. Having just moved to northwestern Kansas in July, I have been in awe of God's creation and beauty in this part of the state. Once we got past the 115 degree temperatures that is, I have been loving the changing of the seasons. This has been a time also for me to reflect on God's wonderful plan in nature. While we may grumble when summer departs, the changing of the seasons gives the earth just what it needs.

Fall is a time of color and beauty. It is a time to stop and take time to enjoy God's creation. The changing leaves, the squirrels, the rabbits and trees. I love the beauty of a fall sunrise or sunset, which I can actually see now without so many buildings in the way. I love the different colors of the leaves, and I absolutely loved sitting in my living room watching the leaves fall one by one from the tree in my front yard. Each one spiraling, floating or drifting depending on the wind, until it reached its place with the other leaves on the ground.

The prophet Isaiah speaks of this time when the season changes from growing and green to the grass

withering and the flowers fading. Even more importantly he says that this is not a time to despair. Just because the foliage is not growing, it does not mean that God has left the premises, to take a break from us, from the world. God has not left us or his creation on its own. Isaiah also promises that the Word of God stands forever, not just for a time or a season,

f-o-r-e-v-e-r.
I have heard people say that the Bible is just some crusty old history book which really has no relevance to us in the 21st century world. However, the Word of God is timeless; it still speaks to us even today.

So I suppose the sign on that church marquee was correct. Autumn leaves... Jesus doesn't. While Jesus, in human form, left this earth some 2000 years ago, He promised to leave an advocate, a counselor, the Holy Spirit, to guide us and lead us and walk beside us along the way.

In Hebrews 13:6, Jesus said, "I will never leave you or forsake you." In Matthew 28:20, He said, "I will be with you forever, until the end of the age."

Fall is a time to take walks; go fishing; go to the park; take a road trip; play with a child; visit an older adult, a time to slow down. I have found these times allow me to settle into God's rhythm and provide clarity for me. Often during these times I ponder on a word from the scriptures or a devotion I have read.

Take some time and spend in God's timeless Word, the Bible. If you have a church home check out a Bible study or Sunday School class, or start your own. If you don't have a church home, check out one in Oberlin or Decatur county, there you will find others searching and studying God's Word.



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 10:30 a.m. Sunday
IMMACULATE CONCEPTION CATHOLIC, LEVILLIE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 5:30 p.m. Sunday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m.
Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Nancy Proffitt
SUNDAY: Church Services, 9 a.m.;
Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Nancy Proffitt
SUNDAY: Church School, 9:30 a.m.;
Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.;
Morning Worship, 11 a.m.; Evening
Worship, 7 p.m. WEDNESDAY: Adult
Bible study, 7 p.m.
UNITED CHURCH OF OBERLIN

Pastor: Judi Stricker
109 North Griffith-American Baptist,
Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30
a.m.; Coffee: 10:30 a.m. - 11 a.m.
Worship Service, 11 a.m. Choir practice
every Sun. at 9:45 a.m. Holy Communion,
1st & 3rd Sundays. United Church
Women, 2nd Wed at 2 p.m. Parish
Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30
a.m.; Morning Worship, 10:30 a.m.,
WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.;
Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Fellowship and coffee time;
10:00 a.m. Praise and Worship time, with
Weekly Lords Supper, Multi-media Bible
sermons & open bible studies combined.
Private Bible studies on request.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY
8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m.
Morning worship, 11 a.m.
Youth group, 4 p.m.

NORCATUR UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.;
Church School, 10:30 a.m.
LYLE UNITED METHODIST

Guest Speakers
every Sunday
SUNDAY: Morning Worship 9 a.m.

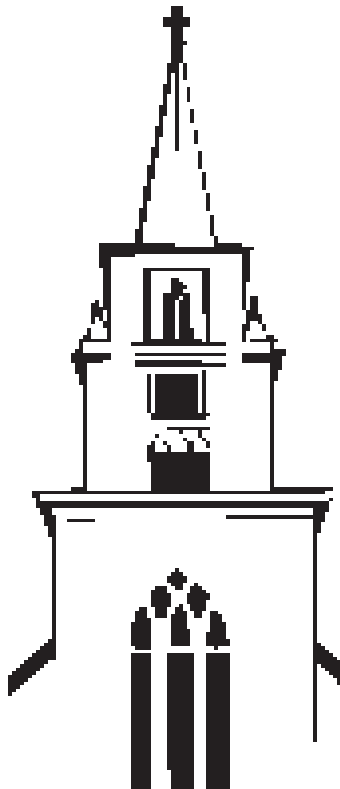
EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.;
Fellowship Time, 10:30 a.m.; Sunday
School, 11 a.m. WEDNESDAY: Bible
Study, 7 p.m.

LUND COVENANT CHURCH
Pastor Roy Matthewson
10 miles south, 4 miles west of
Oberlin.
Sunday: Sunday School 10am Worship
11 am "The Difference is worth the
Distance"
[facebook.com/LundCovenantChurch](https://www.facebook.com/LundCovenantChurch)

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor:
Brad Rick
SUNDAY: Sunday School and Bible
class, 9:45 a.m.; Divine Worship Service,
8:30 a.m.; Holy Communion: 1st and 3rd
Sundays..

FAITH LUTHERAN CHURCH

Paul's FUNERAL HOMES
A Trusted Name Since 1925.
Phone:
785-475-3127 — Oberlin
785-386-4311 — Selden
Derek Riner
Rick and Dori Pauls



Lyle News

By Veda Wood

I missed the card game on Friday and went to son Dwight's place for an overnight visit. His wife, Teresa, had a garage sale on parts of three days. She was raising money for Dwight's medical expenses. He is having dental work done and we all know how that is. We had a good visit and then came to Lyle for the Community Building fund raiser.

A good crowd turned out for the fundraiser. After a sumptuous meal, we all enjoyed the piano pieces by Shelby Lynn and Spencer Davidson, grandchildren of Larry Sumner, and we hope they keep playing. I believe they will, as Spencer has progressed since we heard him two years ago; and Shelby was reluctant to stop after all the applause. It was a very cute. Then, music by the Prairie Rose Harmony singers; a couple of readings; Jim and Carolyn Plotts, (he refused to help her sing the Under Song); and The Prairie Dogs banjo and guitar duets made a fun evening. Thank you to everyone who came, sharing food, donations and good times. We hope to do it again next year.

Jim and Carolyn Plotts managed

to make it home from Mexico in time to be with us. We especially need Carolyn as Master of Ceremonies. The other things I missed were Sunday church and the Norcatour bazaar. I guess a combination of excitement, flu shot, more walking, and inflammation in my ears got me down. I'm OK today.

June Jolly's sister-in-law, Jean Aller, of Chino, Calif., passed away. The community extends their sympathies. June entertained the KT Club and played bingo. She and friends are starting a club where they will meet every other week.

Lloyd Frandsen and Kathy Van Meter attended the play "Send Me No Flowers" at the McCook High School Friday evening, and came to the Lyle party Saturday. Tim and Clinton Nejdil had supper with them Sunday evening.

Toots Magers' visitors last week were Larry Van Otterloo and sons Neal and Larry, Charles and Inez Keller on Saturday, Judy and Charlie Easton for lunch on Sunday, and Ruth Vise and Carla Clason, who had come to work at the cemetery.