

Rexford News

By Gwen Griffiths

It's going to be a busy couple of weeks in Rexford, and hot, too! I guess summer is really here. On the up side, that means the kids can run through the sprinklers and that we're getting even closer to being able to harvest vegetables from our garden.

Shepherd's Staff had the pleasure of serving the families of Brittany Ritter and Neal Jeffrey during their wedding festivities this weekend. The couple was married in Leoville, and the rehearsal dinner was held at the Shepherd's Staff Main Center on Friday night.

The Gideons held their monthly meeting at Shepherd's Staff on Saturday night.

Vacation Bible School is going on all week at the Rexford Community Church. Children age 2 through

sixth grade can come "mine" for the truth in God's Word while learning about the Old West and gold mining. The program begins at 9 a.m. each morning and ends at noon; attendees will participate in lessons, snacks, crafts, and lots of fun! The week will culminate with a program on Friday evening, and all members of the community are invited.

Shepherd's Staff will be holding Creative Arts Camp next week. The camp begins on Sunday evening, and we have a good group registered. The kids learn stagecraft, drama, puppetry, sign language, visual arts, and so much more. They conclude their week with a program at 7 p.m., Friday, June 15, in the Shepherd's Staff Hall. We would love for all members of the community to come and see what the

kids have learned. There are many Rexford children coming, so come on out and support them!

Tom and Judy McCarty would like to invite the community to an Open House to celebrate the McCarty Dairy's new yogurt plant. The Open House will be held at the dairy from 3 to 7 p.m., Wednesday, June 13. The McCarty Dairy is located about four miles north of the nine mile corner on Highway 83. Come and see all the changes!

Don't forget about the Community Garage Sale coming up June 23. Anyone who plans to participate needs to contact me by June 13.

That's the news from Rexford. If you have an event coming up, please contact me at 687-2076 or e-mail griffithsgang@gmail.com. Have a great week!

Walk Kansas results are in

The 2012 Walk Kansas fitness program, sponsored by Kansas State Research and Extension in most Kansas counties, has been completed. Here is the summary as they have been turned into the Extension Office.

In Twin Creeks District, 36 teams, consisting of six individuals, participated for a total of 216.

In Decatur County, there were 12 teams or 72 participants. Six youths also took part in the Kids Cruisin' Decatur County. They also walked during the same time period. These people have been walking or doing some form of moderate physical exercise and reporting the amounts since March 11. The goal is to walk 423 miles (or the equivalent of walking across Kansas) or to walk around Kansas (1200 miles) as a team during the eight-week period, ending May 12.

Ten of the 11 teams reported walking across Kansas. One team met their goal of walking around Kansas. The teams and the miles walked are as follows with captains in parentheses.

Goal to Walk around Kansas, 1200 miles: 1. Mission Slimpossible, 2001 miles (Andrea Burmaster)

Goal to walk across Kansas, 423 miles: 1. Oberlin Globe Trotters, 1,621 miles (Keri Bryan) 2. Sappa Sisters, 1,124 miles (Amy Carman) 3. Get the Move On, 1,051 miles (Deb Klima) 4. No Excuses: 890 miles (Judy Scott) 5. Outtowners, 828 miles (Rhonda Wildeman) 6. Cranky Cruisers, 793 miles (Byron Hale) 7. Females Fighting Fatness, 740 miles (Carla Britton) 8. Traveling Nurses, 736 miles (Shelley McKenna) 9. Team Walkers, 607 miles (Terese Vontz) 10. Tread Millers, 494 miles. 11. Reports were not received from the Cedar Sixlets.

Increased consumption of fruits



Home Time

By Tranda Watts
Regional Extension Agent

and vegetables is also encouraged during Walk Kansas. The top five teams which reported eating the most fruits and vegetables (5 cups are recommended daily) are: 1. Get the Move On 2. Sappa Sisters. 3. Traveling Nurses. 4. Oberlin Globe Trotters and 5. Outtowners.

The top individual walkers, based on the team logs received, were: 1. Stephanie Blau, 511 miles (Oberlin Globe Trotters) 2. Andrea Burmaster, 397 miles (Mission Slimpossible) 3. Keri Bryan, 334 miles (Oberlin Globe Trotters) 4. Dorothy Vacura, 304 miles (Get the Move On) and 5. Michael Sauvage, 282 miles (Oberlin Globe Trotters)

Some team logs were not received so others may have had higher results, but could not be included.

The top three individual consumers of fruits and vegetables from those reported were: Carrie Morford (Oberlin Globe Trotters) Dorothy Vacura (Get the Move On) and Vonda Leopold (Get the Move On). These individuals were the only ones who met the daily minimum of five, one cup serving of fruits and vegetables daily.

Incentive winners were: Top Walking Team (Challenge 1, 423 miles) Oberlin Globe Trotters, Keri Bryan, Leanna Bryan, Carrie Morford, Stephanie Blau, Cheryl and Michael Sauvage.

Top fruit and vegetable consumption team: (Challenge 1) Get the Move On, Deb Klima, Vonda Leopold, Dorothy Vacura, Erica Fortin,

Deb Bryan and Teresa Ely.

Top walking team and fruit and vegetable consumption team (Challenge 2) Mission Slimpossible, Andrea Burmaster, Montine Alstrom, Kelley May, Karlie Black, Tonya Stragey and Tina Perrin.

Top individual walker: Stephanie Blau (Oberlin Globe Trotters)

Top individual fruit and vegetable consumer, Carrie Morford (Oberlin Globe Trotters)

Individual team prizes, randomly selected, Judy Scott (No Excuses) Sheri Jacobs (Outtowners), Carla Depperschmidt (Cranky Cruisers), Leann Henderson (Females Fighting Fatness), Linda Stanley (Traveling Nurses), Terese Vontz (Team Walkers) and Rhonda Wildeman (Outtowners) for promptly reporting every Monday morning by 9 a.m.

Results for Kids Cruisin' Decatur County:

John Burmaster, 752 miles; Kyleana Blau, 519 miles; Kelli Bryan, 240 miles; Teague Morford, 217 miles; Kelynn Jacobs, 172 miles and Bethany Mason, 86 miles. Each received free bowling passes.

Congratulations to all 2012 Decatur County Walk Kansas participants for a job well done. Plan to join us next year for the 2013 Walk Kansas. For details, contact the K-State Research and Extension Office or e-mail Tranda Watts at twwatts(5)ksu.edu.

Herndon News

By Julie Hafner

Gideon White of Norton is spending a few days with grandparents, Dave and Judy

Ketterl, while his parents are in Manhattan.

Congratulations to Rodney Rippe, son of Richard and Theresa Rippe, Herndon, and Katelyn Clark, daughter of Brian and Mary Clark, Atwood, who were married Saturday, June 2, at Sacred Heart Church in Atwood. They will be making their home in Hays.

Gary and Pat Sloan hosted a brunch at their home in Colby on Sunday morning for Rodney and Katelyn Rippe, family and friends.

Those attending along with the honored bride and groom were Richard and Theresa Rippe, Kevin and Megan Rippe and girls, Tim and Wyatt Rippe, and Ed Rippe of Ludell, Aaron and Brenda Schilde and Addison of Minneola, Brian and Mary Clark, and Michelle Stevens of Atwood, George and Pat Cardinal of Salina, Jerry Solko of St. Paul, Neb., Roger and Norma Cichorz of Boulder, Colo., John and Holly Brockway of Lonetree, Colo., Cliff and Sue Rippe of Lenexa, Jenn Selby and Brynn and Jason Treaster, and Megan Cahoj of Manhattan, and Jeff Riener of Herndon.

Leah Atchley, Moses and Miriam of Knoxville, Tenn., are spending the week with her parents, Don and Joan Grafel. Weekend visitors were Kurt, Kris and Kourtney Grafel of Natoma. Joining the family for a wiener roast Sunday noon at the Franke Springs were Kent Grafel, Kristin, Kamryn and Kloe of Culbertson; Lorrie Randazzo; Carolyn Martin, Fayetteville, N.C.; Keaston, Danielle and Carter Grafel, Oberlin; Kyle, Cindi, Sarah and Rachel Grafel, Ben, Mariah and Clara Grafel, Joe Leitner, Leon and Marita Pertsch, all of Herndon; Jennifer Leitner of Wichita and David and Lauren Sattler, Norton.

Bill and Mary Jo Bock, South Gate, Calif., were Wednesday through Thursday guests of Bob and Julie Hafner, visiting family in the area.

Jim and Sharon Vogel spent Memorial weekend in Horton and

Hiawatha. They visited with Marty Ellner, Maurice and Darlene Atland and put flowers on family graves in Atchison. They enjoyed Horton Lake staying in the fifth wheeler with Randy and Denise Fassnacht, Mitchell, Kristin and Noah Fassnacht of Horton and Jeremy and Stephanie of Topeka. Saturday night Sharon attended the Horton High Alumni Banquet visiting with classmates and friends. Sunday, Sharon joined Maurice and Darlene Atland for church in Hiawatha. Jim and Sharon returned home Tuesday, finding Herndon in a mess from the storm.

Dave and Jackie Foxhoven and family of Parker, Colo., Shannon Hafner and family of Scottsbluff, Neb., and Bob and Julie Hafner attended the wedding Mass, reception, dinner and dance of Rodney and Katelyn Clark Rippe Saturday evening in Atwood and Colby. The family enjoyed brunch Sunday morning before returning to their homes.

City-wide clean-up that was postponed will be at 9 a.m., Saturday. Please join in this community effort to clean up trash, branches and all other debris in yards and lots in Herndon. Let's give visitors of our community a reason to smile when coming to Herndon.

Family, relatives, friends and neighbors gathered at the home of Joe and Nadine Green on Sunday, May 27, to help celebrate their 50th wedding anniversary. This special day was hosted by children, grandchildren and special friends; Connie and Jerry Reitcheck, Marty Ruda, Jeanne, Brittany and Mitchell Tuma of Colby; Jenna Patmon, Leon and Angie Weiss of Hoxie; Jeff Ruda of Hays; Bob and Patti Chartier and Dave and Debbie Unger of Ozawkie; Dave Green, Baron and Emma of Herndon. The day was celebrated beginning with Mass at St. Mary's with a special blessing from Father Nick Parker, afternoon open house reception and dinner. The afternoon and evening were spent playing horseshoe, reminiscing through photo albums, watching a slide show of family history, guitar

playing and singing. Many family and friends too numerous to mention shared this special day with Joe and Nadine.

Julie's Memory Joggers Herndon Courier

• C.L. Drath left Thursday morning for Chayenne County. He will be gone several days.

• Take the H.O. Douglas stage line from Cedar Bluffs to Oberlin and enjoy a pleasant ride.

• J.P. Anderson and family, brother-in-law of Gus Gustafson, arrived in Herndon Tuesday from Boone County, Iowa, and will make Rawlins County his future home. He has a fine farm near Thornton and will immediately commence putting in his spring crops. Mr. Anderson is quite well-to-do and will be a valuable acquisition to our county.

Church Works Doug Mason, Teens for Christ

One sunny Sunday morning, Henry Jones awoke to find his wife standing over him shaking him by the shoulder. "You have to get up," she urged. "We have to get ready for church."

"I don't want to go to church," he replied. "I want to stay in bed."

Crossing her arms over her chest, his wife demanded, "Give me three good reasons why you should stay in bed and not go to church."

"OK," he answered. "First, I don't get anything out of the service. Second, I don't like the people there. And third, no one there likes me. Now can you give me three good reasons why I should go to church?"

His wife responded, "First, it will do you some good. Second, there are people who really do like you, and they'll miss you if you aren't there. And third, you're the minister!"

We can't base our decisions in life on what we feel like. What if you didn't go to school or to work just because you didn't feel like it? You'd end up in a lot of trouble, and, if you have a boss, you'd probably end up in the unemployment line. But God, our Creator, asks us to come together to worship Him. And the Bible never says only to do it if you feel like it. If you have faith in Jesus Christ then you need to worship Him. Do you think Jesus went to the cross because he "felt" like it? What if he said, "No, I don't feel like it?" He died for us because he loves us and knew it was necessary.

In the book of Hebrews, chapter 10, verse 22 it says, "Let us draw near to God with a sincere heart,

and in verse 25 it says, "Let us not give up meeting together." So I encourage you to not let your feelings interfere with giving God the praise and worship He deserves. Church is largely about community. It's a place where a friend can pick you up when life's beating you down. You can't do Christianity alone. As a matter of fact, the Bible talks about this over and over how we need to be together as Christians in what I call the "one-anothering" texts.

In the Great Commission, Jesus told his disciples to make disciples, which means more than just making Christians but make people who want to become Christ-like. It's a lifelong growth process. So many people think they just need to get some basics down to be good Christians, but that's not true.

Can a piece of charcoal stay hot if taken from the fire? No. You need the heat of the other coals to keep it going. It's the same with Christianity. You can't do it alone. No church is perfect. It's a human institution and humans mess things up. So many people get their feelings hurt at church, leave and never come back. We need to be bigger than that. We need to be forgiving and we need to remember that we come to church primarily to worship God, not to have things happen in a way we are comfortable with, and if a pastor doesn't step on your toes once in a while, then that person isn't doing his or her job. I'm talking about the people coming together to praise God, pray to God, learn more about God, hold each other up and hold each other accountable. As a result of that process, lives are touched. Church works.



Museum Matters

By Sharleen Wurm

The Last Indian Raid Museum will be part of McCook's 16th Annual Buffalo Commons Storytelling Festival on Friday.

There is still time to sign up for the bus tour that will go to the sites of the Indian Raid of 1878 through Decatur County. The deadline to get registered for this event is today. The cost, \$25, includes lunch and museum tour.

History is nearby. Be part of it! Space is limited, and preregistra-

tion is required. Everyone is invited to participate, but you must call (308) 345-8122 to make reservations. If you make reservations and want to meet the group at the museum in Oberlin at 10:30 a.m., be sure to tell them so room will be left on the buses.

This is a special museum activity and we are not taking registrations. The museum will be closed to the general public that day.

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 5:30 p.m. Saturday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 10:00 Sunday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Linda Willey
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Linda Willey
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Fellowship and coffee time; 10:00 a.m. Praise and Worship time, with Weekly Lords Supper, Multi-media Bible sermons & open bible studies combined. Private Bible studies on request.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.
NORCATUR UNITED METHODIST

Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 9 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

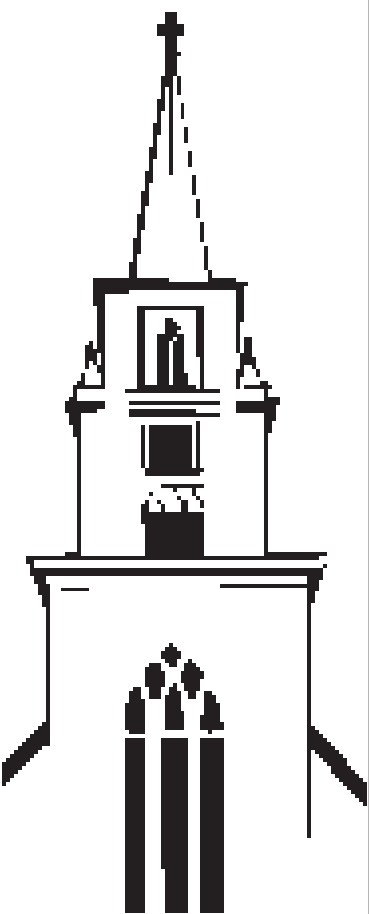
LUND COVENANT CHURCH
Pastor Roy Matthewson
10 miles south, 4 miles west of Oberlin.
Men's Breakfast Saturdays June 2, 16, and 30 8 a.m.
Lawn Vespers Sundays June 10, and 24 7 p.m.
Sunday: Sunday School 10am Worship 11 am "The Difference is worth the Distance"
facebook.com/LundCovenantChurch

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510 North Wilson
Interim Pastor:

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Phone:
785-475-3127 — Oberlin
785-386-4311 — Selden
Derek Riner
Rick and Dori Pauls

Brad Rick
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays.

FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
The Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053



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