

Norcatour News

By the Norcatour News Committee

The first day for the Norcatour Outreach Clinic was held last Tuesday. They are set up just like any other clinic and are capable of doing almost any kind of appointment here other than minor surgical removals or x-rays, but are set up for blood draws, glucose checks, weight, blood pressure and other illnesses and ailments. We are happy that they are coming here!

Tracy Hartzog is the nurse who checks in patients and the doctor or physician assistant comes with their nurse.

The next Norcatour Outreach Clinic, provided by the Decatur Health Systems of Oberlin, will be held on Tuesday, Dec. 6 and Dec. 20. Call (785) 475-2015 for an appointment or walk-ins are welcome.

Dr. Albert was here for the first

clinic and the first patient was Brandi Kohart.

Larry and Nelda (Carter) McCumbers are celebrating their 45th wedding anniversary on Saturday. They live at 305 Liberty Oil Road, Morrill, Neb., 69358.

Dorothy Ward, Bee Nelson and Beth Sebaugh had dinner at the Hidden Dragon in Norton on Sunday, Nov. 13, to celebrate Dorothy getting her tree planted to replace the one she had cut down.

Callers of Bee Nelson on Nov. 14 were her cousins, Bob and Jo Milner of Paonia, Colo. They also visited cousins Oran and LaVerne Milner at the Andbe Home.

The annual Norcatour Christmas drawing will be held at 3 p.m. on Saturday Dec. 17. Santa will be here following the drawing. Donations

are due by Wednesday, Nov. 30. Call Deb to donate: \$15 for roasts, hams and turkeys. Donations may be made out to: Norcatour drawing and mail or bring to the city office. This is not a city-sponsored event. It is run by volunteers.

There will be a benefit soup supper following the drawing for Loreta Lawn Fowler, who is battling cancer.

Happy Birthday to Dewaine Stapp, Judy Shirley and Troy Marshall, Nov. 17; Cindy Shirley, Nov. 18, Merle Shirley, Nov. 19.

The next pinochle party will be Thursday, Dec. 8, since Thanksgiving is this week.

Keith Anthony donated a Norcatour Bicentennial coin to the museum. All donations are appreciated.

Simplify holiday cooking

Shopping for a turkey sounds simple, but holiday cooks, and particularly first-time holiday hosts, can find labeling confusing.

To begin, if buying a whole bird, it's best to allow about one pound per person.

If choosing a boneless turkey breast, allow one-half pound per person.

Should you choose a hen, or a tom? Simply put, a hen is a female and typically smaller in size; a tom is a male and typically large. The choice depends largely on the guest list.

For a small crowd, choose a hen; for a larger crowd, a tom. The flavor will be the same.

Fresh or frozen? A fresh turkey will be chilled, but at a temperature no lower than 26 degrees F (the temperature at which poultry begins to freeze).

If a fresh turkey is preferred, order it in advance and pick it up a day or two before the meal.

Purchasing a frozen turkey in advance allows consumers to take advantage of sale prices.

Frozen turkeys must be stored at 0 degrees F or below. Examine the packaging to make sure the turkey is frozen "rock hard."

With a frozen turkey, consumers are reminded to allow plenty of time to thaw it.

Place a frozen turkey (breast side up, and in its original wrap) on a pan with a lip in the refrigerator to thaw. Allow 24 hours of thawing time for each 4 to 5 pounds.

Forget to thaw the turkey? To



Home Time

By Tranda Watts
Regional Extension Agent

quick thaw a frozen turkey, place the turkey (in its store wrap) in a deep sink or tub of clean cold water. Allow about 30 minutes per pound for thawing using this method.

Check progress and change the cold water every 30 minutes.

A smaller turkey or turkey breast can be thawed in a microwave oven.

Check manufacturer's instructions. Thawing a frozen turkey in a microwave oven begins the cooking process, and that will need to be continued immediately.

A frozen turkey can be roasted from a frozen state, but will require significantly more roasting time. The extended cooking time can dry out tender poultry.

Why do you need a meat thermometer?

To estimate roasting time, plan on 20 minutes per pound plus 20 minutes of resting time to allow juices to congeal, rather than escape, and 10 minutes for carving.

Test doneness on an internal temperature of 165 degrees F with a meat thermometer. Don't rely on the pop-up timers inserted in a turkey breast and packaged with many

commercially available turkeys.

The heat triggers the pop-up timer, but the probe only measures one spot on the turkey.

Insert a meat thermometer into the breast and thigh areas (not touching the bone) for an accurate reading.

Meat thermometers are available in supermarkets, kitchen and discount department or hardware stores.

The simplest dial styles can cost \$10 or less; more sophisticated or gadget like thermometers will cost more.

Plan the menu, and decide what you can reasonably make ahead. Invite guests to bring foods that travel well such as salads, sides, desserts or condiments to share the responsibility and satisfaction in a successful gathering.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail twatts@ksu.edu. For information, contact the Decatur County extension office, 475-8121.

Good Samaritan Center

By Lisa Paulson

We, at the Good Sam would like to wish you a wonderful Thanksgiving! God has surely remembered us this year and provided such a bountiful harvest. What a joy to see the crops and the combines and the beautiful mountains of gold corn and red milo piled so high. This week was another busy one.

Our routine activities are our structure and remind us of our daily chores we did when we were home. They bring stability and familiarity...but then there is always the added splash of something new, fun, educational or spontaneous like unexpected guests that make living here vibrant and relevant. It helps to keep us active and alert, gives us purpose and delight.

Here is a sampling of some of those splashes throughout the week that add color to our days. Monday: the History Buffs Club, Edla Olson, Walt and Betty May, Alan Addleman, Vera Kacirek, Louise Colburn, Loren Schrock and Leona Helm-kamp took a fresh look at Veterans Day by way of DVD.

"They" say...the way to a man's heart is through his stomach! The old wives' tale must be true because all the men showed up for Happy Hobbler's on Tuesday when Anita made homemade beef and noodles with gooseberry pie for dessert! The 180 boys came later. We had a short discussion finding out what special gifts the boys have. We learned that one has a great artistic talent and another a gift for calligraphy, still another football and another just a

gift to be loveable!

Loren Schrock wowed them with his projects and musical talent and then...he challenged them to a game of Hillbilly Horseshoes. It must have been hard to go home and tell everybody a 98 year-old smoked them! We weren't done cookin' yet. Louise Colburn, Leone Porsch, Eva Bryan, Amy Rehm and Myrtle Waldo baked pumpkin pie for the Wednesday buffet dessert.

While the ladies were baking, a great game of Table Ball was taking place in Town Square. Shirley Hayward, Alice Bobbitt, Galen Tacha, Opal Bryan, Eulaine Benda and Dorothy Hunt took part.

In Bible Study on Thursday we focused on the Native Americans and their contribution to our country and Thanksgiving. We read some Indian prayers and marveled at their ability to be so in tune with creation. It was a perfect introduction to Friday morning as a youth group from Indian Avenue Southern Baptist Church, a Native American church in Lawrence, came to do a presentation for us. They are a drama team called "DramAdtics", sharing the gospel through music and drama. We were truly blessed by their testimonies, song and zeal for the Lord!

Families, make sure you mark your calendar for Christmas Potluck on Dec. 2 at 6 p.m.

Recent guests were: Cheryl Miller for Loren Schrock. Jerry Hill for Cheryl Hill. Reva Marshall for Dorothy Hunt. Murry and Audrey

Pavlicek for Mary Lemman. Frank and Mert McEvoy and Ralph and Norma Unger for Lucy Schissler. Connie and Gerald Olson for Evelyn Olson. Edie Tate and Gladys Geis for Lois Carlson. Eunice Martin and Rod and Glenna Copeland (Vermont) for Glenn Martin. Von Johnson for Crystal Moore. Steve and Marilyn Horn for Myrtle Ross. Charlotte Meints and Abbey, Loyd Waldo, Jody Betts and Marian Fraker for Mary Waldo. Connie Simonsson for Amy Rehm. Max Carman for Myrtle Waldo. Susie Sabatka for Vera Kacirek. Galen Olson for Edla Olson. Allen Tacha (Norton) and Nadine Tacha, Bob and Neoma Tacha (Jennings) for Galen Tacha. Kenneth Mumm (Selden), Stan, Becky and Muriel Faimon (Stratton, Neb.) and Bud and Vicky Mumm (Gem) for Doris Marintzer. Sisters Susan and Kathleen came to see Eva Bryan, Cheryl Hill, Dorothy Hunt, Lucy Schissler and Olive Arnold. Connie Bryan (Scott City) for Leone Porsch. Ralph and Norma Unger for Alan Addleman. Jody Betts for Margaret Vacura.

Mount Pleasant News

By Dianne Bremer

Congratulations to all the youth involved in the Decatur Community High School production of "The Music Man" Friday and Saturday evening at the high school.

It was a wonderful production and enjoyed by all! Zach May as "Oliver Hix"; Cassidy Shields as "Amaryllis"; Lizzie Nedland as "Zaneeta Shinn"; Ryan May as "Constable

Locke", Newspaper reader Hannah May; River City Citizens Hannah May, Caitie Shields and Oberlin Elementary students, Mollie Tate, and Erin May, were among those in the production. Garrett Scott was on the sound crew and Lizzy Nedland also helped with costuming.

Jaron and Tara Tate and Abigail, Fort Collins, Colo., were weekend

visitors of the Jay Tate family and enjoyed "The Music Man" production Friday evening.

Rory Wendelin arrived this weekend to spend Thanksgiving break with her parents, Norman and Joanne Wendelin.

She is a senior at Concordia University, Seward, Neb.

Herndon News

By Julie Hafner

Doug Bobinmyer, Herndon; Carol Kompus, Oberlin; and Bob and Julie Hafner attended the Cedar Living Center's Thanksgiving dinner on Sunday in Oberlin. The staff prepared a delicious meal with guests providing salads and desserts. Carol and Doug were guests of Wilma Bobinmyer and Bob and Julie dined with their aunt, Joan Noble. Thanks to Helen, all the women looked pretty spiffy.

Brenda and Addison Schilde are spending a few days with Richard and Theresa Rippe and family. Last Sunday, after St. Mary's Fall Festival, they and Wyatt Rippe attended a double birthday party in honor of Michaela Rippe, 7, and Allison Rippe, 5, at the elementary school in Atwood. The girls, along with school friends, enjoyed a time of games, cupcakes and jumping on a blow-up castle. This week Allison and sister, Kimberly, spent a couple days with grandma and grandpa while Lilly and Michaela had their tonsils removed at the McCook hospital. Both are doing well.

Peach Beims, Jacque Leitner and Jennifer Davis traveled to Denver

this weekend to go to the musical, "The Lion King", on Saturday evening. They had the privilege to meet and talk with two of the performers, Kailah McFadden who plays young Nala and Buyi Zama who plays Rafiki in the musical. The ladies also enjoyed wonderful food and some great Christmas shopping.

Julie's Memory Joggers
The Herndon Nonpareil

Oct. 1, 1914

Herndon Boy Leaves for War Zone. Joins Kaiser's Army.

Brother George left last Wednesday for the battlefields of Europe where he will join his father and brothers in the Kaiser's Army and go to the front with his Regiment. Brother George has been in America eight years but is still a German subject and Reservist. He received the third call Tuesday and on the following day was on his way answering the call from the fatherland. His many friends here hope that this terrible carnage will soon end, and that Brother George may be spared and return safely to Herndon.

'Happy Thanksgiving'

By Pastor Gene Gee

Oberlin Community Fellowship Church

During the Thanksgiving Holiday our focus is on the turkey, dressing and all the trimmings, family and friends. As families gather around their tables filled with so many good things to eat, is the real purpose of this holiday to catalogue all our success, to list our achievements, to enjoy our good fortune that we happen to live in the richest and most powerful nation on earth?

A traveler from Mars, looking down upon millions of homes across America this Thanksgiving morning might easily be confused. For the sight of all those faces, those wide eyes, those expressions of wonder and delight as the turkey is brought to the table might lead our Martian visitor to the hasty conclusion that we gather each year to worship the turkey goddess.

Or is there something deeper calling to us Christians, we must ask, what is the inner meaning of this holiday?

Our blessings and expressions of gratitude should be to God for the Thanksgiving Holiday. The world

isn't perfect, and no life is perfect. When life is hard and we don't know what to do we should pay attention to what is actually good. Practice an attitude of gratitude daily. What are you thankful for? What did you enjoy today? What satisfies you about today? When life seems dark remember God is the source of all and we should be thankful.

Ps. 92:1 It is good to give thanks to God; to sing praises to the most High. It is good to proclaim your unfailing love in the morning... You thrill me Lord with all you have done for me. Ps. 105:1 Give thanks to the Lord and proclaim his greatness. Thanks should be on our lips each and every day. Try to say the word "Thanks" to parents, children, grandchildren, friends, even God and the words never say what you want them to. When thanksgiving is an integral part of our life, your attitude in life will change. In closing I would like to leave you with Psalm 107:1

"Give thanks to the LORD, for he is good; his love endures forever."

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 10:30 a.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEVILLE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 5:30 p.m., Saturday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.

DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Linda Willey
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Linda Willey
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, open Bible Study, 10:30 a.m.; TUESDAY: Ladies Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATOUR UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

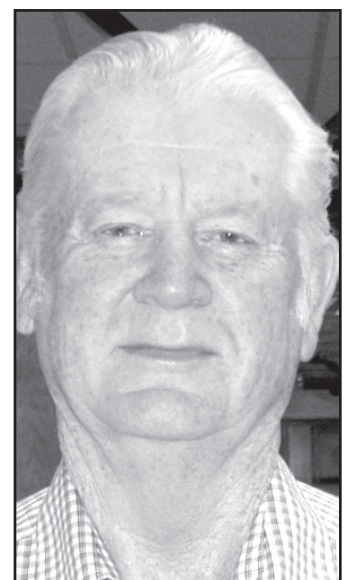
LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 9 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Chairman Brad Marcuson
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

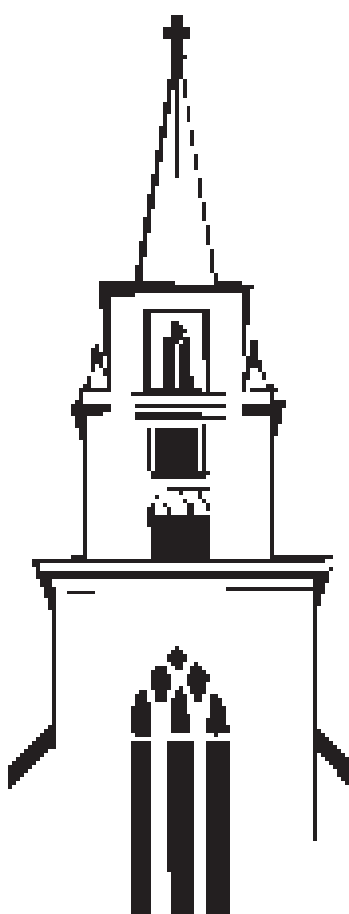
ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor: Kevin Schnakenberg
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays..

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785-475-3127 — Oberlin
785-386-4311 — Selden
Derek Riner
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Pastor Gene Gee

FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
The Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays.
THURSDAY: Women's Bible Study second



Kick off the Christmas season with a warm bowl of soup for a good cause.

CEDAR LIVING CENTER

HOLIDAY BENEFIT

SOUP SUPPER

Free-will donations will go toward updating features in the dining room at Cedar Living Center.

5 p.m. to 7 p.m., Friday, Nov. 25

Golden Age Center