

Norcatur News

By the Norcatur News Committee

Justine Tuttle, El Dorado, visiting at the Stan Miller farm for a few days after finishing her junior year of college through Emporia State University. She has accepted a student teaching job in Towanda in the fall where she will teach second graders as well as continue her degree in elementary education.

There will be three \$400 scholarships awarded this year through the Norcatur Commercial Club. Anyone who is furthering their education is eligible to apply. Applications are available at The Bank or Norcatur City office. They may be returned to the same places. They are due on or before June 20. The winners will be notified within a few days after that date.

Happy Anniversary to Virgil and Joyce Price on their 62nd wedding anniversary which was May 19; also to Dewayne and Aurelia Jackson, May 23.

Happy Birthday to Kenneth Price, Inez Jackson, May 24; Jodi Lyon, Chance Harman, May 27.

Senior Citizens met May 16 with 14 present. Winners were Lora Arnold, Jackie Porter and Joyce Price. There will be a covered dish dinner at 12 noon Friday, May 30. Cards will follow at 1:30 p.m. at the Educational Building.

Wednesday evening Bee Nelson attended the Norton Andbe Home Nursing Week family dinner with Bob Sawdon. They entered the Wheel Chair Poker Run, but were

not winners. Delia Connell, a former Norcatur area resident, was the big winner. On Thursday, May 15, Bee Nelson also attended the Andbe Home cook-out.

Agnes Pruitt was moved back to the Oberlin hospital on, May 21 from the Kearney, hospital. She would enjoy receiving cards. Her address at the hospital is 810 W. Columbia, Oberlin, Kan. 67749.

Norman Beachel Jr., of San Diego, Calif. enjoyed his visit with family and friends in Nebraska, then to Norcatur for the Memorial Day services on Sunday.

Sharee Dempewolf took R.D. Thornton to stay with Ralph and Lynn Streit last Friday, in Larned. Sharee was an overnight guest. While there, R.D. attended the graduation ceremony for Jesse Streit. R.D. stayed at the Streits until Tuesday.

Doug, Chris and Sharee Dempewolf attended graduation for their nephew/cousin, Jesse Streit in Larned on Saturday. On Sunday, they attended graduation in Oberlin for their nephew/cousin Andrew Dempewolf and Becky Helm. On Sunday evening they had a barbecue for MJ's birthday. Guests were Sharee Dempewolf and Keith Ward. Teryn Grafel was a visitor earlier.

On Saturday, May 17, Kenneth and Pansy Price went to Kensington to attend high school graduation exercises for their grandson Craig Wolf. He was one of 21 graduates,

the last Kensington High School graduation, due to consolidation. After graduation they attended a supper for some of the graduates. Craig is the last grandchild in the family to graduate.

Dwight and Mary Wentz attended the Barton County Community College graduation in Great Bend on Thursday, May 15. Their daughter, Katrina graduated with high honors receiving her Associates Degree. She has been inducted in the Phi Theta Kappa and has been on the Presidents Honor Roll. She will continue her education at Fort Hays State University in the fall.

Bee Nelson and Dorothy Ward enjoyed dinner with Max, Norma and David Ward of Clayton, at the Cardinal Bar and Grill, on Sunday. Oran and LaVerne Milner arrived too late to eat with them, but enjoyed visiting anyway.

MUSEUM TIDBITS

There are donation cans located at the Cardinal Bar and Grill and at The Bank for flower funds to help beautify Norcatur's main street. Flower containers are for sale for \$45. All donations can be sent to P.O. Box 89, Norcatur, Kan., 67653.

Norcatur History books are for sale. Call Chris at 785-693-4461 to reserve your copies.

Please remember that the City of Norcatur does have an ordinance on weed and grass growth. The ordinance states that weeds and grass can only be 6 inches tall.

Tips to trim food costs

Amid rising prices, consumers can still trim food costs, yet eat well. Here are some shopping and money-saving tips to help lower your grocery bill:

* Choose seasonal fresh fruits and vegetables offered at a lower price when supplies are abundant; also, shop at a local farmers' market for locally grown foods that are fresh, and comparable in price - or less expensive.

* Use perishable foods within two to three days, or freeze for future meals.

* Check use-by dates before buying to ensure fresh products and flavor and curb waste.

* Plan leftovers. When cooking, make a larger recipe that will yield extra servings that can be frozen for future meals when time is short.

* Compare costs for national brand products with the cost for a generic or store brand that may be produced at the same facility.

* Choose frozen fruit juice concentrates and re-constitute them as needed, rather than buying bottled versions that typically cost more.

* Keep a running list of prices for favorite items, and stock up during sales.

* Buy often-used items in bulk to save on packaging costs. If desired, measure out single servings of snacks and place them in reusable containers, rather than purchase more costly pre-packaged single servings or relying on vending machines.

* Look for reduced-price foods that will work for upcoming meals. Ground beef may, for example, be reduced in price, but will need to be cooked the same or next day or frozen for future meals.

* Ask for a rain check to buy sale items (that are sold out) later at the same low price.

* Use coupons only after comparing prices. Coupons do not always guarantee a savings.

* Marinate and/or slow-cook in



Home Time

By Tranda Watts
Multi-county Extension Agent

moist heat the less tender (and usually less costly) cuts of meat for a savings -- and a flavorful meal.

* Buy foods that provide the most grams of protein per dollar, such as bagged dried beans, lentils and peas, dry milk powder, canned dry beans, canned tuna, frozen dry beans and peanut butter. These currently cost less than 10 cents for 6-8 grams of protein.

* Check recommended portions versus serving size. Trimming overly-generous portions can help reduce excess body weight - and food costs.

* Eat before shopping to reduce impulse purchases.

Further information regarding ways to save money at the grocery store and with food preparation at home can be found by calling your local K-State Research and Extension Office or by e-mailing twwatts@oznet.ksu.edu

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twwatts@oznet.ksu.edu. For more information, contact the county extension office, 475-8121.

Mona's Market

320 E Main Dresden

Just follow the signs!

9 a.m. - 5:30 p.m.

Monday - Saturday

1 - 4 p.m. Sunday

Annuals, vegetables, perennials, herbs, vines, grasses and shrubs. Healthy, grown from seed, not treated with chemicals.

785-475-3921 or 785-470-7265

visit me at

www.monasmarket.com

Midway News

By Mary Lou Olson

Sympathy is extended to the family of Kevin Schiessler, 53, who died Saturday at the Decatur County Hospital. Funeral services will be held 2 p.m. Wednesday at Pauls Funeral Home in Oberlin with Pastor Royce Leitner officiating. Burial will be in the Immanuel United Church of Christ Cemetery at Herndon.

Word was received of the death of Wayne Duell of Florida on Sunday. He and his late wife, the former Arvilla Erikson, were former residents of this community. Graveside memorial services will be held in late June at the Herndon Covenant Cemetery.

Norma Anderson and her daughter and granddaughter, Carol Fink and Ashley of Wamego, returned last week from Sands, Germany, where they visited Maurice and Ann Shields and Abby for two weeks. Mr. Shields is a former teacher at the Herndon School.

Weekend guests of Esther Noren were Larry and Judy Thelander, Salina, and Ken and Alice Robson, Ellsworth. The three women had class reunions in Oberlin.

Guests of Elden and Detta Anderson over Memorial weekend were Janice Sauvage, Denver, and Wane and Cheryl Stull, Solomon. They also visited Eva Bryan at the Good Samaritan Center.

Guests for a barbecue Saturday evening at the home of Kendal and Tammy Neal, Katrina and James were Brian and Krista Gutchewsky and Gavin, Kearney, Neb.; Jack and Mary Gutchewsky, Herndon; Joel and Addyson Uerling, McCook, and Hunter and Christina Bryan, Oberlin.

Connie Smith of Chippewa Falls, Wis., came Friday to visit her parents, Wesley and Eulaine Benda, and family and attend the reunion

of the 1963 graduating class in Oberlin.

A large crowd attended the open house in Atwood on Sunday, which honored Dolores Benda on her 80th birthday.

Don and Em Threlkel and Elma Lee Erickson attended the wedding of Kasi Elliott and Christopher Jansen at the United Methodist Church in Goodland on Saturday.

Steve and Arian Arnold spent the weekend in Cambridge, Neb., where they attended his 50th class reunion from Cambridge High School.

Gary and Mary Ann Erickson attended the eighth grade graduation of their granddaughter, Ellie Withington, daughter of Dale and Debbie Withington, at Chetopa; the graduation from Allen County Junior College in Iola for their granddaughter, Hanna Withington, and the graduation of their daughter, Debbie Withington from Pittsburg State University. Mrs. Withington received her masters in education. Ellie Withington accompanied the Ericksons home for a visit, then accompanied her father, Dale Withington, to their home on Sunday after he had attended his 30th class reunion at Atwood.

Elma Lee Erickson attended the retirement open house on Sunday afternoon which honored Dr. Morris Talbert at Stockton. His wife is the former Delores Erickson. She also visited Bob and Sharon Bearley in Kensington. Other visitors were Crystal Bearley and friend of San Marcos, Texas, and Justin and Lori Bearley and daughter of Cheney.

Rob Campbell was a weekend houseguest of Gary and Mary Ann Erickson and attended his 40th class reunion in Oberlin.

Morning worship will begin at 10 a.m. on Sunday at the Herndon Cov-

enant Church. The annual Sunday School picnic will be held, beginning at 10 a.m. on Sunday, June 8, at the park by the Atwood Lake.

Tyler Witt and Tiffany Robinson were Monday supper guests of Keith and Mary Lou Olson.

Thinking Back...

By Rev. Heidi Wiebe, Evangelical Covenant Church of Oberlin

When I arrived in Oberlin nine plus years ago, living in a small town was a new experience for me. I was familiar with rural life as my previous church sat in the middle of a cornfield in Iowa, but I had the luxury of working in the country and living in the city. So when I accepted the call to pastor Oberlin Covenant Church, I wondered how I could possibly exist in such a small town. How was I going to survive without ethnic food, shopping and art films?!

Much to my surprise I discovered here in Oberlin a way of life that is very satisfying and even, dare I say, exciting! There is the opportunity not only to see a movie, but to actually work in the theater. You can check out books from the library, or you can be a part of the Library Board and make decisions about how the library uses its resources. Oh yeah, and with the addition of wireless at the library, one can even use the library as a remote office. You can get to know some really great older members of our community when you volunteer at our nursing homes. These people tell wonderful stories about what it was like to grow up around here a long time ago. You have the opportunity

to see great sports, enjoy well acted dramas and hear tremendous music, without paying big city admission fees. You even learn that fast food means driving half an hour to get to the drive through lane!

But this community has an even greater resource, its people. I have seen this first hand in my work with Sappa Park. It has been volunteers who have turned a deteriorating resource into a thriving, outdoor recreational area. Our high school students installed a Frisbee golf course. Walking trails have been created and mapped out, giving access to beautiful outdoor spaces. Hunters have access to wildlife that roam in restored habitats.

I am very sad to leave this great town that has become my home. Oberlin is filled with wonderful people, great opportunities for service and a future that seems to get brighter all the time. I am glad that God led me here and has blessed my life in so many ways and through so many people. "I pray that the LORD will bless and protect you, and that he will show you mercy and kindness. May the LORD be good to you and give you peace."



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Henry Saw Lone, MASS: 5:30 p.m., Saturday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE
Fr. Henry Saw Lone MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Henry Saw Lone MASS: 10 a.m., Sunday

OBERLIN SEVENTH-DAY ADVENTIST CHURCH
Mike Larson
120 South East, Oberlin
SATURDAY: Sabbath School, 9:15 a.m.; Saturday Worship, 11 a.m.

JENNINGS-DRESDEN UNITED METHODIST CHURCH JENNINGS
Carrie Buhler, pastor
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Doug Hasty
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Fred Dycus
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., AWANA Club 4-6 p.m. WEDNESDAY: Service, 7 p.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Doug Hasty
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Choir practice, 7:30 p.m.

CLAYTON UNITED METHODIST
Pastor: Ray Gilstrap
Almena
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Sunday School, 9:30 a.m.; Worship Hour, 10:45 a.m. WEDNESDAY: Ladies Home Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
The Rev. Galen Long
Phone 785-322-5560
MASS: SUNDAY, 8 a.m

HERNDON COVENANT CHURCH
Keith Reuther, Pastor
Phone 785-322-5316
SUNDAY: Sunday School, 9:45 a.m. Morning Worship, 11 a.m. Youth Group, 4 p.m.

NORCATUR UNITED METHODIST
Pastor: Ray Gilstrap
Almena
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

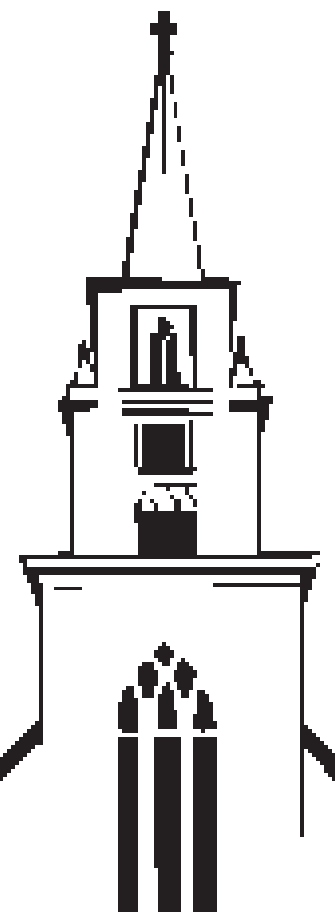
LYLE UNITED METHODIST
Carol Woodmaneee, Almena
Lyle Lay Speaker
SUNDAY: Morning Worship 8 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
The Rev. Heidi Wiebe
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Pastor: Doug Mason
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Secretary: Norma Unger
785-475-2333
SUNDAY: Sunday School and Bible class, 9:15 a.m.; Divine Worship Service, 8 a.m.; Holy Communion: 1st and 3rd Sundays..

Paul's FUNERAL HOMES
A Trusted Name Since 1925.
Phone: 785-475-3127 — Oberlin
785-386-4311 — Selden
Derek Riner
Rick and Dori Pauls



Classified ads really work!

Call 475-2206

to place your ad today.