

# How to know if you have Measles

The symptoms of measles generally begin about 7-14 days after a person is infected, and include:

- Blotchy rash
  - Fever
  - Cough
  - Runny nose
  - Red, watery eyes (conjunctivitis)
  - Feeling run down, achy (malaise)
  - Tiny white spots with bluish-white centers found inside the mouth (Koplik's spots)
- A typical case of measles begins with mild to moderate fever, cough, runny nose, red eyes, and sore throat. Two or three days after symptoms begin, tiny white spots (Koplik's spots) may appear inside the

mouth.

Three to five days after the start of symptoms, a red or reddish-brown rash appears. The rash usually begins on a person's face at the hairline and spreads downward to the neck, trunk, arms, legs, and feet. When the rash appears, a person's fever may spike to more than 104 degrees Fahrenheit.

After a few days, the fever subsides and the rash fades.

Measles, mumps, rubella vaccination is your BEST protection

Adults born before 1957 are generally considered immune to measles and mumps.

For infants and children the following vaccination schedule applies:

Measles, Mumps, Rubella Vaccine – 1st dose given at 12-15mths of Age.

Measles, Mumps, Rubella Vaccine – 2nd dose given at 4-6 years of Age.

If you have questions about your immunization record, please call Norton County Health Department at 785-877-5745 or whomever is your immunization provider.

If you fear you have been exposed to measles, DO NOT go to an emergency room, physician's office or urgent care facility. Instead CALL your healthcare provider for instructions. This is to prevent the further spread of measles.

# Beef Conference held all across Kansas

Many cattle producers are experiencing record returns on their calves this year, but even times of high profitability demand a search for more opportunities to enhance a beef operation. These opportunities will be discussed at the upcoming K-State Beef Conference, hosted Aug. 11-14 in locations across Kansas.

"We shouldn't rest while we're profitable," said Bob Weaber, cow-calf specialist for K-State Research and Extension and one of the conference presenters. "Certainly, we see a number of opportunities on the horizon for cow-calf producers to expand their profitability, not just in 2014 when we're expected to have profits, but moving forward as times ahead may become leaner."

The goal of the conference is for extension professionals to have a conversation with profit-minded cattle producers about different timely and economically impact-ful production and management topics. This year's focus is "busting myths that affect your bottom line."

"We were motivated to the topic by a series of conversations we had at our K-State Winter Ranch Management meetings," Weaber said. "We kept tally of common questions and myths producers had. We thought it might be useful to provide scientific information that refutes a number of those myths that affect producers' profitability."

Joining Weaber at the conference meetings will be K-State

Research and Extension specialists Dale Blasi, Jaymelynn Farney, Sandy Johnson, Charlie Lee, Chris Reinhardt, Justin Waggoner and veterinarians from the Kansas Department of Agriculture – Division of Animal Health. A list of the myths the presenters plan to "bust" include:

1. My operation is too small for a planned breeding program.
  2. Trichomoniasis is a regulatory problem.
  3. Antibiotic restrictions won't affect me.
  4. Record keeping has to be complicated.
  5. I don't need to body condition score my cows.
  6. Producers need 1,400-pound cows to make 1,400-pound fed steers.
  7. I can change a trait without affecting others.
  8. Heterosis isn't important in today's beef business.
  9. All information in a bull sale catalog is important, and a bull's actual birth weight is a good selection tool.
  10. Any heifer is a replacement.
  11. Ionophores (Rumensin or Bovatec) are too expensive to be practical in my operation.
  12. The only beef consumer worth focusing on is the one that goes to a white tablecloth restaurant.
  13. I don't need to pay attention to wildlife and endangered species on my property.
- The conference will take on a different approach this year compared to past years, Weaber said. Historically, it was a one-

day program delivered online, but this year it will be presented in a face-to-face meeting format covering those common myths in cow-calf production followed by a "town hall" style question and answer session.

Hosting locations by date include:

- Aug. 11: Tony's Function Junction, Erie, 5 – 9 p.m.
- Aug. 12: El Dorado Livestock Auction, El Dorado, 9 a.m. – 1 p.m.
- Aug. 12: 4-H Center at the Pratt County Fairgrounds, Pratt, 5 – 9 p.m.
- Aug. 13: Meridian Center, Newton, 5 – 9 p.m.
- Aug. 14: The Buffalo Bill Cultural Center, Oakley, 9 a.m. – 1 p.m.
- Aug. 14: K-State Salina, Salina, 5 – 9 p.m.

Weaber said the K-State Beef Conference is a popular program primarily focused on information for cow-calf producers, but stocker producers are encouraged to attend as well.

Registration fees and payment forms vary by site, and registrations should be completed with the hosting county or district office by Aug. 4. A meal is included in the registration fee.

For more information see [www.ksubeef.org](http://www.ksubeef.org) and look for K-State Beef Conference under "Upcoming Beef Events." The conference brochure is available online and lists each meeting location, time, and who to contact for more information and to register.

# Norton Correctional Facility Employees of second Quarter



Michelle Garwood: Michelle is employed by Aramark. Michelle has worked for Aramark for 13 years. Michelle does a great job of watching the inmates assigned to the kitchen. She is very observant and works well with security staff to insure safety and security of her area. She recently noticed that something didn't look right as she was observing

inmates through the mirror in the kitchen. She notified security staff and it was determined after viewing security footage that there had been a fight in the kitchen. Michelle is always willing to do anything she can to help out hourly workers and she does a great job of showing them the correct way to do their jobs.

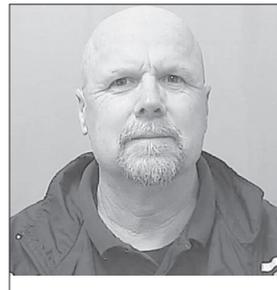


John Schwerman: John began his career with the Kansas

Department of Corrections in May 2000 as a Corrections Officer. John has worked many different posts and is familiar with all areas of Norton Correctional Facility. He is a member of SORT, is Medtox and Rapidtox qualified, is oral stat and intoxicilizer as well as specialty impact munitions trained.

COI J. Schwerman is noted to be self-motivated, knowledgeable in his job, and a self-starter. He is a team player, carries a positive attitude, and

promotes good staff morale. He often fills in as SST OIC. COI J. Schwerman recently caught a car pulled up to the sally port and observed a person throwing an item over the fence. He called for additional staff to report to the sally port so that the area could be secured. His observance prevented a large amount of illegal items getting into the hands of inmates. A co-worker is quoted as saying "he is reliable and will watch my back. I know he will be there when I need him."



Richard (Craig) Foley: Craig has worked at the Norton Correctional Facility over 24 years. He has worked as a Corrections Office Trainee, Storekeeper II, Storekeeper III, Storekeeper Specialist, and an Activity Specialist I. He took his latest promotion to Activity Specialist II in December

2005. Craig displays pride in overseeing inmate activities. He works hours that most people would not like, as well as weekends. He works to ensure coverage during times of staff shortage. He is always willing to help other departments and has a sound security sense. Craig is a positive influence on staff and inmates alike. He carries himself professionally and is a positive role model for those around him. He is open minded to change and supports his staff when suggestions are made to improve current processes. He is an effective supervisor and is a staff member that others often go to for guidance. Craig keeps the activity department at Norton running smoothly. He has seen many

changes throughout the years and has helped to implement many of them successfully. He is knowledgeable of policy and procedure and understands the importance of working as a team. Craig is an original member of the staff mentor program oversight committee and he plays an integral part in the program's success. He is an EEO Representative and teaches EEO/Sexual Harassment and Mentor TOT. He takes all of these roles very seriously and does what he can to assist, support, encourage, and build up the staff and inmates at Norton Correctional Facility. This makes Craig a very valuable team member.

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**PHILLIPSBURG, KANSAS**  
**JULY 31-AUG 2**  
**8PM NIGHTLY**

**JUL 31** – Pink Night & FREE barbecue  
**AUG 1** – Coors Night; dance to Country Highway  
**AUG 2** – Parade at 2 pm; dance to Country Highway

Tickets available at Heritage Insurance, Phillipsburg: 785.543.2448

# HANSEN MUSEUM

The Dane G. Hansen Museum is proud to present a "Local Joy of Painting Artists Exhibit". Students from the Joy of Painting Workshops held at the Hansen Museum for the past decade look forward to showing off their artistic talents in the Hansen Museum Gallery. This exhibition will run from July 18 to August 17.

Although Bob Ross died in 1995, his "Joy of Painting" still lives on in workshops across

the United States The Bob Ross style painting classes bring confidence, pride & joy to students who never dreamed they could paint. Although not considered fine art, these classes encourage people to paint, to laugh, to feel a sense of accomplishment, to believe in themselves and to realize "you can do it".

Each student takes an individual approach to the painting they are producing, which allows for a tremendous array of

personality in the exhibit as a whole. Each piece speaks for itself in representing the fabulous world of art. Stop by and see what our past painting students have created!

Our July artist of the month is Ashley Schilowsky from Phillipsburg. She has jewelry, scarves, and headbands on display throughout the month of July.

We still have room for crafters in our 41st Annual Hansen Arts

and Craft Fair. For more information call Nova at the museum office at 785-689-4846.

We have just finished our David Vollbracht Oil Painting Workshop on July 12. We had 11 students participate in this 4 day workshop.

For more information on any of our classes or exhibits check our website at [hansenmuseum.org](http://hansenmuseum.org) or call the museum at 785-689-4846.

# Animal health industry insights in the month of August

Kansas State University's Master of Agribusiness program is hosting an Animal Health Industry Insights seminar on Tuesday, Aug. 5 at noon at the K-State Olathe Campus.

Featured speaker, Denise E. Farris is the managing member of the Farris Law Firm, L.L.C., practicing general business, commercial construction, equine/agricultural law and offering mediation and arbitration services. She will present "Introduction to Compounding"

pharmaceuticals for the animal health industry, as well as take questions from the audience.

Farris's practice, which is rated "AV," the highest peer review rating for expertise and ethics, puts a special emphasis on small business, risk management, general contract, government contracting and minority/women business certification issues on a local, state and national level. She also has contract expertise in equine law services, providing risk man-

agement contracts for large breeding, boarding and training stables nationwide in areas such as Equine Activity Liability Act compliance, boarding, breeding, sales, training, lesson and syndication agreements.

The seminar is open to the public, but attendees must register and pay the \$25 registration fee by July 31 at <https://commerce.cashnet.com>. The fee includes lunch. For more information about the seminar contact Mary Bowen at 785-532-4435

or [mjbowen@ksu.edu](mailto:mjbowen@ksu.edu).

K-State's Master of Agribusiness ([www.mab.ksu.edu](http://www.mab.ksu.edu)) is an award-winning, distance-education degree program that focuses on food, animal health and agribusiness management. Students and alumni work in every sector of the food, animal health and agribusiness industry and are located in 40 states within the United States and in more than 30 countries.

# PUBLIC RECORD

**District Court**  
These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse.

**July 17**  
July 6-Jose A. Beltran, Oak Lawn, Ill.; Charge: Failure to

wear seatbelt; Found: Guilty; Fine: \$10.

June 22-Kimberly Edith Boyle, Hays; Charge: Speeding 81 in 65; Found: Guilty; Fine: \$177.

July 6-Eli H. Bozarth, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

June 18-Allen W. Bucher, Littleton, Colo.; Charge: Speeding 68 in 55; Found: Guilty; Fine: \$171.

June 22-Edward Dean Crum II, Holly, Colo.; Charge: Speeding 77 in 65; Found: Guilty; Fine: \$153.



**INFORMATIONAL MEETING**  
**CHS Agri Service Center will be holding an informational meeting for Wheat Growers.**

**Tuesday, July 29**  
**Norton American Legion**  
**5:30-8 p.m.**

*Dinner will be served. Topics will include Fertility Management and Crop Protections for wheat acres.*

**CHS** **Please RSVP to a CHS Agronomy salesman:**  
AGRI SERVICE CENTER

Dale Withington: (785) 470-1992  
Mike Mintzmyer: (308) 991-2819  
Brett Fischer: (308) 991-4448  
Brian Labenz: (308) 991-2817