

A financial New Year's challenge

By Julianne Shoup
Twin Creeks Extension District
K-State Research and
Extension

It's the time for New Year's Resolutions when people make promises to change habits and do things that have been on their to-do lists for years.

This year the Twin Creeks Extension Office challenges you to a financial New Year's resolution! Many times we put off financial to-dos thinking we will get to it later, that there is plenty of time to worry about it later.

However for many, later never seems to come around and those financial to-do's like getting our financial papers organized and updating our wills keep slipping to the bottom of the to-do list.

This year we challenge you

to move those financial tasks to the top of your to-do list. Cut out the list below and hang it somewhere you will see it, like the refrigerator, to remind yourself to work on it. Pick just two or three items to start and circle them.

Bring in your checklist with reasonable proof that you completed at least three tasks and earn an Extension prize! From January 1 to March 31 you can bring in your checklist to your local Extension Office.

Twin Creeks Extension New Year's Financial Resolution Challenge

Financial To-Do List

Create three financial goals (one short, one medium and one long)

Track your expenses for one month

Create a budget

Create or update your will
Organize your home record keeping system

Create a list of online accounts and file it in a safe place

Talk with your family about where important documents are kept

Establish a household inventory for insurance purposes

Establish an emergency fund

Check that your proof of auto insurance is current and in your vehicle

Review what is kept in your safety deposit box and confirm where the keys are stored

Create your own: _____

Bonus: Attend the Extension Workshop "Preserving the Family Through Estate Planning" on March 13 in Hoxie or March 14 in Hays.

Entry deadline for food show is Jan. 6

The annual 4-H Favorite Food Show is scheduled for Sunday, Jan. 12, 2014. It will be held at the 4-H Building in Norton. Entries are due Monday, Jan. 6, 2014 by 5 p.m. Late entries will not be allowed.

What Is A Favorite Food Show? It is an opportunity for you to exhibit a favorite food you have learned to prepare as a part of your 4-H food project. You can also use your creative talents as you plan the table setting and menu. You also will share the AHow@ and Awhy@ this food makes a difference to you.

The 4-H Favorite Food Show is for everyone enrolled in a foods and nutrition project. There are four age levels of the Food Show Entries. Show your friends, parents, and others what a good cook you are and also earn premium points towards the 2014 Norton County Fair.

The judge should be able to view the complete item that is made, not just a portion.

To Exhibit At the Favorite Food Show:

You must be enrolled in 4-H and a Foods Project to take part in this event.

You will be divided into Levels by your 4-H age (as of Jan. 1, 2014)

- Level I 7-8 years old
- Level II 9-11 years old
- Level III 12-14 years old
- Level IV 15 years and older

A new twist for the Level IV Division of our 2014 Favorite

Food Show – our own version of "4-H Chopped"! This year the participants in the Level IV will receive a list of ingredients that will need to be incorporated in some way into their dish. Participants will need to develop a recipe using a required number of the suggested ingredients and be able to explain to the judge how they used their ingredients in the recipe and why they chose the recipe. This will add a new dimension to our event and challenge our Level IV division participants! They will still be required to set their table and use a centerpiece and theme for their recipe and table setting. Please send in your intent to participate as soon as possible so that we can send you the ingredient list and further instructions. You may exhibit only one entry.

Be able to set a table by yourself with appropriate dishes, silverware, placemat or tablecloth and napkin. You will be responsible for providing the table setting you will use with your display. Please include a centerpiece. You will have a space equal to about half of an 8-foot banquet table.

On the date of the Favorite Food Show you will meet with a judge for consultation judging on the food item you prepared. Be sure you know how you prepared the product as well as the nutritional aspect of the item. Bring the recipe on an 8" x 11" sheet to display on your table. You will also need to prepare

a menu that will complement your favorite food exhibit. Also display menu on an 8" x 11" sheet on your table. You can use something like a picture frame or recipe holder or small easel to display these.

Each 4-H'er must set their table without assistance. Committee members will be available to help 4-H'ers when needed.

Please note an item that is important. The committee wants to have a full complete item for the judge to view. This item amount would be similar to what is exhibited at the county fair. Such as soup or casserole, one whole dish, one whole cake, one loaf of bread, five muffins, five biscuits, five rolls, five cookies, one pint of a snack mix, one whole pie, five pieces of fruit leather, one pint jar of a preserve or spread.

TIME SCHEDULE:

Sunday, Jan. 12, 2014
1:45-2:30 p.m. Register, set-up, and get consultation judging assignment.
2:30 - 4 p.m. Judging of food and tables - consultation format.
4 - 4:30 p.m. Exhibits open to public – view and tasting.
4:30 p.m. Take down tables and put away chairs. Clean up.

Call Jamie Wentz at 785-874-5152 with any of your questions.

Entries are due Monday, Jan. 6, 2014 by 5 p.m. Don't be late! Entry forms can be picked up at the Twin Creeks Extension office or call 877-5755.

Movie morning for kids!



This mother and her children took advantage of the Morning Movie at the Norton Public Library Thursday morning. Marcus, Rebekah and Jacob watch and mom, Brandi, looks on.

– Telegram photo by Dana Paxton

COLLEGE NOTES

Benedictine College is pleased to announce that Kendra Engelbert of Norton has demonstrated the academic excellence necessary to earn a place on the Dean's List for the Fall Semester of 2013. Engelbert's parents are Mr. and Mrs. John Engelbert.

Any full time student carrying a minimum of 12 hours and a grade point average of 3.5 to

3.9 is named to the Dean's List. Of the 1,742 full-time undergraduate students on campus for the beginning of the 2013-2014 academic year, 469 made the Dean's List.



Donor Development Specialist

Mosaic is now seeking a goal and relationship driven leader to serve as the Donor Development Specialist in its Garden City, KS location.

This position will drive fund-raising and be a mission ambassador for Mosaic while gaining sustainable financial support using the Benevon model. Orchestrating special events, recruiting & managing volunteers required. Intensive training provided.

BA in marketing, public relations, communications or a related field required with a minimum of 3 yrs. experience with fund-raising in a similar position and previous experience with volunteer management. Knowledge of Benevon model is helpful. Must reside within a commutable distance to Garden City.

Competitive wages, excellent benefits, growth opportunities and a compelling mission. Send resume along with salary requirements to amy.trumm@mosaicinfo.org.

Call Mike with all your social news. 877-3361

The Norton County Landfill
Will Now Be Open on Saturdays from 8 a.m.-noon to better accommodate customers

SCHOOL CALENDAR

NCHS
Monday, Jan. 6
Classes resume: Start of second semester, 8:30 a.m.
MCL Scholar's Bowl at Stockton, 4 p.m.
Forensics Night, 7 p.m.
Tuesday, Jan. 7
Jay Singers, 7:30 a.m.
Junior Class Prom meeting, A.P.
C/JV/V BB at Cambridge, Neb., 4 p.m.
Wednesday, Jan. 8
KAYS Board meeting, 7:45 a.m.
S.A.C., A.P.
Thursday, Jan. 9
Jay Singers, 7:30 a.m.
MCL Principal meeting at

Hill City, 10 a.m.
FFA monthly meeting, A.P.
Friday, Jan. 10
Registration deadline for Feb. 6 ACT
Pep Rally (A.P. to end of day), 3:10 p.m.
JV/V wrestling vs. Ulysses; Stull Gym, 6 p.m.
Saturday, Jan. 11
"C" Girls BB tournament at Phillipsburg, 9 a.m.
J.R. Durham Invitational Wrestling Tournament; Stull Gym, 9:30 a.m.
NIHS
Monday, Jan. 6
Classes resume; Start of second semester, 8:30 a.m.
Tuesday, Jan. 7

Stuco meeting, 8:05 a.m.
Wednesday, Jan. 8
KAYS Board, 7:45 a.m.
Thursday, Jan. 9
BB vs TMP (make-up from Nov. 21), 5 p.m.
Saturday, Jan. 11
MCEL "A" BB Tournament at Plainville, TBA
EES
Monday, Jan. 6
Classes resume: Start of second semester, 8:30 a.m.
Wednesday, Jan. 8
Staff meeting, 3:40 p.m.
Thursday, Jan. 9
I.E.P. Day
Friday, Jan. 10 Geography Bee; Band Room, 2 p.m.

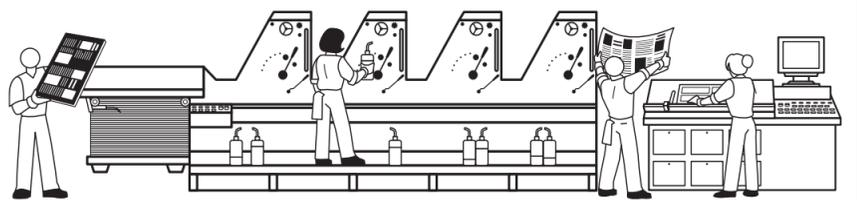
SCHOOL MENU

NCHS-NIHS
Monday, Jan. 6
Breakfast-French toast, syrup, fruit, grape juice and milk.
Lunch-BBQ meatballs, whipped potatoes, celery sticks, rolls w/margarine, pineapple tidbits and milk.
Tuesday, Jan. 7
Breakfast-Cherry Frudel, fruit, grape juice and milk.
Lunch-Grilled chicken sandwich, lettuce and tomato, grapes, baked beans and milk.
Wednesday, Jan. 8
Breakfast-Assorted cereal, toast w/margarine, fruit, grape juice and milk.
Lunch-Stuffed crust pepperoni pizza, vegetable salad, peaches and milk.
Thursday, Jan. 9
Breakfast-Sunrise flatbread pizza, fruit, apple juice and milk.

Lunch-Ham slice, scalloped potatoes, green beans, rolls w/ margarine, apples and milk.
Friday, Jan. 10
Breakfast-Assorted hot cereal, Mandarin oranges/peaches, orange juice and milk.
Lunch-Beef enchiladas, lettuce and chopped tomato, carrots, Mandarin oranges, french bread w/margarine and milk.
EES Menu
Monday, Jan. 6
Breakfast-Oatmeal, breakfast rounds, bananas, orange juice and milk.
Lunch-Peanut butter and honey sandwich, cottage cheese, warm peas, celery stick, Mandarin oranges and milk.
Tuesday, Jan. 7
Breakfast-Whole grain waffles, warm syrup, sausage links, Mandarin oranges, apple juice and milk.

Lunch-Pizza roll-ups, tossed salad, pears, green beans and milk.
Wednesday, Jan. 8
Breakfast-Blueberry muffin, chilled yogurt, pineapple chunks, orange juice and milk.
Lunch-Potato boats, baked beans, fruit cocktail, whole wheat roll and milk.
Thursday, Jan. 9
Breakfast-Pizza with cheese topping, fruit cocktail, grape juice and milk.
Lunch-Macaroni and cheese, little smokies, cooked carrots, rosy applesauce, pepper strips, french bread and milk.
Friday, Jan. 10
Breakfast-Breakfast bake, salsa, toast with jelly, peaches, apple juice and milk.
Lunch-Sloppy Joe, homemade bun, 1/2 corn, sweet potato tots, kiwi and milk.

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LEGAL PUBLICATIONS:

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THE NORTON TELEGRAM

215 South Kansas Avenue, Norton, Kansas 67654, PH 785-877-3361

e-mail: nortontelegram@nwkansas.com