

# Role of work in life goals

K-State Research and Extension (Northwest Area), the Northwest Kansas Area Agency on Aging, Fort Hays State University (Department of Health and Human Performance), and the Kansas Humanities Council will host "Bucket Lists and Looking Back: What was Worth the Work?" This presentation and discussion by Karen Ridder on Friday, April 26 at 12:15 p.m. is part of Full Circle...An Aging Expo to be held at the Gateway Fellowship Church Impact Center in Oakley, Kansas. Contact your local K-State Research and Extension Office or Diann Gerstner at the Thomas County Extension Office at 785-460-4582 for registration information. You will need to be registered for Full Circle...An Aging Expo to take advantage of this presentation.

The Early Bird registrations are due Friday, April 19, but registrations will be accepted

up until April 26th. Meals cannot be guaranteed after April 19, however.

"Bucket lists" are wish lists of accomplishments people hope to do before they die, or "kick the bucket." Ridder will share and discuss interviews with Kansans living past their 95th year as they reflect on where they worked, why they worked, and what work they have continued through the years. What life goals will you look back on and believe were the best work for your life?

Karen Ridder is a freelance journalist and a regular blogger for the official Kansas travel and tourism blog at Travelks.com. She enjoys researching and telling the stories that inform our sense of who we are.

"We get a lot of freedom in our lives to choose our work and the things we work toward, but do you ever stop to wonder what will really seem worth the

effort at the end of the day?," asked Ridder. "This is a chance to hear the stories of others who have been there."

"Bucket Lists and Looking Back; What Was Worth the Work?" is part of the Kansas Humanities Council's The Way We Worked Speakers Bureau featuring presentations and discussions examining the theme of work and working in Kansas and how these stories help define us.

Plan to participate in either the public or the professional track (CEU's available) of Full Circle...An Aging Expo. Get your registrations in soon.

If you have questions, please feel free to contact your local K-State Research and Extension Office, Diann Gerstner - Thomas County Extension Office at 785-460-4852, or Tranda Watts, Multi-County Extension Agent - Food, Nutrition, Health and Safety at twwatts@ksu.edu.

# Tootin' their horn



Sixth graders at Eisenhower Elementary held a concert on Wednesday in the band room. (Pictured from left to right) Band Director Don Mordecay, Sylence Auker, Madison Stephens, Katie Gleason, Madison Schindler and Ainsley Kiev perform before family and friends.

-Telegram photo by Mike Stephens

# SCHOOL CALENDAR

**NCHS**  
 Monday, April 22  
 JV Track at Hill City, 4 p.m.  
 Tuesday, April 23  
 Jay Singers, 7:30 a.m.  
 FFA Livestock contest at Hays, 9 a.m.  
 Band council, A.P.  
 JV Golf at Smith Center, 3 p.m.  
 Wednesday, April 24  
 MTSS Early Dismissal: Meals served; buses run at dismissal  
 MTSS Collaboration, 1:30-3:30 p.m.  
 Site council, 5 p.m.  
 Thursday, April 25  
 Jay Singers, 7:30 a.m.  
 B.A.S.S. Meetings,  
 I-70 Golf Classic; WaKeeney and Ellis, 9 a.m.  
 KAY Meeting: Officer selection, A.P.  
 NW District FFA Banquet at Ellis, 4 p.m.  
 Friday, April 26  
 Student Focus Group, A.P.  
 Track at Trego, 3:30 p.m.  
 Saturday, April 27  
 State Music: Solos and small ensembles at southeast of Saline H.S.  
**NJHS**  
 Monday, April 22  
 Track at Hill City, 10 a.m.  
 6th grade parents meeting; JH-SH Music Room, 7 p.m.  
 Tuesday, April 23  
 Service Learning Day, noon-3:30 p.m.  
 Cheerleader tryout practice: JH Gym, 7p.m.

Wednesday, April 24  
 K.M.O Library, 8:40 a.m.  
 MTSS Early Dismissal: Meals served; buses run at dismissal  
 MTSS Collaboration, 1:30-3:30 p.m.  
 Cheerleader tryout practice: JH Gym, 5:45 p.m.  
 Thursday, April 25  
 Cheerleader tryout practice: JH Gym, 7 p.m.  
 Friday, April 26  
 6th Grade students visit NJHS, 2:15 p.m.  
**EES**  
 Monday, April 22  
 6th grade parents meeting; JH-SH Music Room, 7 p.m.  
 Tuesday, April 23  
 Cheerleader tryout practice: JH Gym, 7 p.m.  
 Wednesday, April 24  
 MTSS Early Dismissal: Meals served; buses run at dismissal  
 MTSS Collaboration, 1:30-3:30 p.m.  
 Cheerleader tryout practice: JH Gym, 5:45 p.m.  
 Thursday, April 25  
 Grade 5 field trip to Alma, Neb., 8 a.m.  
 Friday, April 26  
 Grade 4 field trip to Kearney, Neb., 8:30 a.m.  
 Kindergarten Screening, 9 a.m.  
 6th Grade visit NJHS, 2:15 p.m.  
**Northern Valley**  
 Monday, April 22  
 2013 Spring Retreat at Salina 6th, 7th and 8th grade track

meet at Hill City, 10 a.m.  
 HS JV golf meet in Grinnell, 1 p.m.  
 7th grade science assessments  
 FFA Chapter Banquet in the HS auditorium, 7 p.m.  
 Tuesday, April 23  
 Common Core Standards for Language Arts at Hays, 9 a.m.-3:30 p.m.  
 7th grade science assessments  
 HS JV golf meet in Alma, 2:30 p.m.  
 HS Spring Concert in Alma, 7 p.m.  
 Wednesday, April 24  
 Compass testing in the upstairs computer lab at 7 a.m. and 3:50 p.m.  
 H.S. Activity Period for Kay meeting  
 Thursday, April 25  
 FFA District Banquet in Ellis, 4 p.m.  
 5-8 grade Spring Concert in Long Island, 7 p.m.  
 Friday, April 26  
 2013-14 Preschool screening at the Congregational Church in Alma from 8:30 a.m.-noon  
 7th and 8th grade track meet in Quinter, 10 a.m.  
 1st grade field trip to Norton County Hospital, 1 p.m.  
 HS Track meet in Quinter, 3 p.m.  
 Saturday, April 27  
 State Solo and Small Ensemble Contest in Wichita

# Understanding where food comes from

**By Ron Wilson**  
*Huck Boyd Institute*  
 FOX News television studio, New York City. Today's guests are an unlikely trio: Three young farm boys from rural Kansas. They are making national news, thanks to a parody music video which they created about agriculture. Today, in the conclusion of our two-part series, we'll learn about these creative young men and their advocacy for agriculture and rural Kansas. Thanks to the Kansas State Agriculturist magazine at Kansas State University and writer Amanda Spoo, whose article provided a source for this feature.

Greg Peterson and his brothers Nathan and Kendal have become known as the Peterson Farm Brothers. They grew up on a farm near Assaria, Kan. Greg is a K-State student in agricultural communications and journalism as well as musical performance.

One summer night, Greg and some friends were hanging out at a drive-in in Manhattan when the song "I'm Sexy and I Know It" came on the radio. Greg groaned. But his creative mind came up with a play on words. He decided to change the title to "I'm Farming and I Grow It" and made up lyrics to fit. He described the everyday chores of feeding cattle and growing crops and thought it could become a music video.

The next step was to convince his younger brothers and sister to film themselves singing and rapping the new lyrics in between chores on their family farm.

"Greg is always making up

random stuff, and this time Kendal and I were a little skeptical at first, so he definitely had to do a little motivational speaking to get us to help out," said Nathan, a K-State student studying agriculture technology management.

Kendal, who attends Southeast of Saline High School in Gypsum, Kan., added, "Once we realized how it was all coming together and started helping brainstorm ideas for clips, we really started to get excited." They hoped it might get a hundred thousand views in a couple of months.

Greg posted their homemade parody video on their channel, ThePetersonFarmBros, on YouTube, www.youtube.com/user/ThePetersonFarmBros. The results were astounding. In four days, the video had reached one million views. In five months, it hit 7.6 million views.

Within the first week after the video was posted, the Peterson Brothers became the top news story of many major news outlets and had an overwhelming response from the social media sphere. Then came the call from New York. On June 29, 2012, the Peterson brothers were interviewed in New York on FOX News.

In the months that followed, Greg and his brothers have been busy, from appearances at the Kansas State Fair to performing live at the National FFA Convention.

"With my training from my classes in agriculture communications, I know what needs to be said and I know the issues in agriculture - that's what makes me passionate," Greg said. "I

am tired of people not knowing what farmers do and how they are feeding everyone."

Greg's musical talents help portray these issues effectively. In addition to ThePetersonFarmBros on YouTube, Greg has his personal music channel, GregPetersonMusic.

The motivation as a family to take on the role as advocates for agriculture has continued to grow. It wasn't long before Greg and his brothers were asked if they were planning on making more videos. On Dec. 4, 2012, the PetersonFarmBros posted their second video, "Farmer Style," a parody of the song "Gangnam Style." That video has now reached more than 13 million views.

This is an incredible accomplishment for three young farm boys from Assaria, Kan., population 447 people. Now that's rural.

"I've learned that normal people can do big things, especially when you get help from an agricultural community that supports each other so well," Greg said.

It's time to leave the FOX News studio in New York City, where Greg, Nathan and Kendal of the Peterson Farm Brothers have been interviewed about their parody music video which went viral. We commend the Peterson family, including parents David and Marla and sister, Laura, for making a difference by communicating about agriculture in this innovative way. They are helping people understand where their food comes from. Not only are they doing it Farmer Style, these brothers are rural and they know it.

# SCHOOL MENU

**Norton Jr.-Sr. High School Menu**  
 Monday, April 22  
 Breakfast-Hard boiled egg, sausage patty, fruit or juice, or toast w/margarine and jelly and milk.  
 Lunch-Chicken strips, whipped potatoes w/country gravy, broccoli/cauliflower relish, rolls w/margarine, pears or chef salad and milk.  
 Tuesday, April 23  
 Breakfast-Cinnamon bun, fruit or juice, or toast w/margarine and jelly and milk.  
 Lunch-BBQ beef sandwich, baked beans, carrots, pineapple tidbits or chef salad and milk.  
 Wednesday, April 24  
 Breakfast-Breakfast Rounds, fruit or juice, or toast w/margarine and jelly and milk.  
 Lunch-Taco meat and tortilla chips, lettuce, chopped tomato and shredded cheese, rosy applesauce or chef salad and milk.  
 Thursday, April 25  
 Breakfast-Yogurt parfait, fruit or juice, or toast w/margarine and jelly and milk.  
 Lunch-Chicken nuggets, potato puffs, carrots, Mandarin oranges or chef salad and milk.  
 Friday, April 26  
 Breakfast-Biscuit and sausage gravy, fruit or juice, or toast w/margarine and jelly and milk.  
 Lunch-Breaded beef patty w/country gravy, whipped potatoes, broccoli/cauliflower relish, rolls w/margarine, apple or chef salad and milk.  
**EES Menu**  
 Monday, April 22  
 Breakfast-Scrambled eggs/ham, pears, grape juice, milk

and toast with peanut butter.  
 Lunch-Chicken fry, whipped potatoes, gravy, broccoli salad, mixed veggies, fruit cocktail and milk.  
 Tuesday, April 23  
 Breakfast-Breakfast pizza, rosy applesauce, orange juice, milk and toast with peanut butter.  
 Lunch-Western bean bake, cheese stick, corn, pears, cornbread and milk.  
 Wednesday, April 24  
 Breakfast-Warm cereal w/toppers, grape juice, milk and toast with peanut butter.  
 Lunch-Pigs in a blanket, sweet potato french fries, dill spear, baby carrots, rosy applesauce and milk.  
 Thursday, April 25  
 Breakfast-Chilled yogurt, bagel w/cream cheese, apple juice, milk and toast with peanut butter.  
 Lunch-Hamburger gravy, whipped potatoes, warm peas, peaches, peanut butter twist and milk.  
 Friday, April 26  
 Breakfast-Fruit crispitos, grape juice, milk and toast with peanut butter.  
 Lunch-Cavatini, tossed salad, banana spears, garlic bread and milk.  
**Northern Valley Menu**  
 Monday, April 22  
 Breakfast-Waffles, sausage, hash browns, fruit or assorted cold cereal.  
 Lunch-Soft shell taco, tossed salad w/dressing, buttered corn and vanilla pudding.  
 Tuesday, April 23  
 Breakfast-Krispie Treats,

juice, scrambled eggs, ham slice or assorted cold cereal.  
 Lunch-Sloppy Joe's, bun, french fries, California blend vegetables and pineapple ring.  
 Wednesday, April 24  
 Breakfast-Breakfast casserole, toast, fruit cup or assorted cold cereal.  
 Lunch-Sierra chicken, tossed salad w/dressing, buttered broccoli and banana cream pie.  
 Thursday, April 25  
 Breakfast-Sausage gravy, biscuit, grape juice or assorted cold cereal.  
 Lunch-Shaved turkey on a bun, mashed potatoes, buttered green beans and brownie.  
 Friday, April 26  
 Breakfast-Sausage in a blanket, hash browns, applesauce or assorted cold cereal.  
 Lunch-Roast beef, french bread, mashed potatoes, buttered peas and carrots and apple crisp.

For help with your advertising needs please give Dana a call 877-3361 email: dpaxton@nwkansas.com

**Mona's Market in Dresden**  
 Opens April 11, Monday through Saturday 9 a.m. - 6 p.m. 1 - 4 p.m. on Sundays  
 Our open house is on April 30th with prizes, drawings, & refreshments.  
 Come on in and check out our HUGE selection of trees and shrubs  
**We are Bigger and Better than ever!**  
 Grab a friend and make a day of it.  
 www.monasmarket.com.  
 Phone: (785) 475-3921 \* Cell: (785) 472-7265

Call Mike with all your social news. 877-3361 mstephens@nwkansas.com

The Phillips County Arts Council presents a local community dinner theater performance of  
**You're a Good Man, Charlie Brown**  
 The Musical  
 Huck Boyd Center  
**Friday, April 26 & Saturday, April 27**  
 Dinner: 6:00 p.m. \$15  
 Show: 7:00 p.m. \$10 adults, \$8 students  
 Arts Council members, dinner: \$15, show: no charge  
 Tickets available at First National Bank & Trust, Farmers National Bank, Don's TV and the Huck Boyd Center