

Screening for health



The Norton County Health Department, in a joint effort with the Norton County Hospital, held a blood screening on Tuesday at the Health Department. (Pictured) Violet Kinderknecht, Almena, has her blood drawn by Administrator Gina Frack. The blood screening is held twice a year, February and August, at extremely reduced costs for individuals with no health insurance or high deductibles.

—Telegram photo by Mike Stephens

Conservation program sign-up set

Norton Farm Service Agency (FSA) County Executive Director Carl Warner announced recently that the Kansas FSA offices will conduct a four-week Conservation Reserve Program (CRP) general sign-up beginning May 20 and ending on June 14.

Adrian J. Polansky, State Executive Director for Kansas FSA said, "It continues to be our goal to ensure that we use CRP to address our most critical resource issues." Polansky added that "in 2012, Kansas experienced the worst drought in 60 years. CRP protected environmentally sensitive lands from washing or blowing away. It gave ranchers extra grazing land when they needed it. I expect there will be strong competition to enroll or re-enroll acres into CRP, so I urge Kansas producers to maximize their environmental benefits and make sure their offers are cost-effective."

In addition to erosion control, CRP provides significant water quality benefits including reduced nutrients and sediment loadings and adverse consequences associated with floods as well as expanded and enhanced wildlife habitat.

Currently, about 27 million acres are enrolled in

CRP nationwide, 2.4 million acres in Kansas. CRP is a voluntary program available to agricultural producers to help them safeguard environmentally sensitive land. Producers enrolled in CRP plant long-term, resource-conserving covers to improve the quality of water, control soil erosion and enhance wildlife habitat. Contracts on an estimated 3.3 million acres of CRP are set to expire on Sept. 30, 2013. 212,541.8 of those acres are in Kansas. Producers with expiring contracts or producers with environmentally sensitive land are encouraged to evaluate their options under CRP.

Producers that are accepted in the sign-up can receive cost-share assistance for planting covers and receive an annual rental payment for the length of the contract (10-15 years). Producers also are encouraged to look into CRP's other enrollment opportunities offered on a continuous, non-competitive, sign-up basis. Continuous sign-ups often provide additional financial assistance. Those sign-up dates will be announced later.

For more information on CRP and other FSA programs, visit your local FSA county office or www.fsa.usda.gov/ks.

NEW ALMELO NEWS

By Betty Otter

On Saturday, Jan. 12, Josh Otter and Kate Nelsen were married at St. Joseph Church, New Almelo. Parents of the groom are Frank and LeVonne Otter. Parents of the bride are Robert and Paula Nelsen, Hoxie. Father Henry Saw Lone officiated the ceremony. Brandon Otter was able to be his brother's best man. He is stationed in El Paso, Texas.

The Knights of Columbus had their membership supper on January 26, and a delicious prime rib meal was served.

A memorial service was held on January 26, in Oklahoma City, Okla., for Mavis Bates. Roberta Bruinekool, Alfred and Betty Otter, Rodney and Cheryl Bates, Oakley; Arnold and Glo-

ria Bates, Grand Island, Neb. Gilbert and Jean Simon, Andale; attended their sister-in-law's memorial service. Tina Ritter, Olathe; Tom Otter, DeSoto; also attended their aunt's service. Mavis and Joe Bates were married at New Almelo in 1953. On January 27, the aunts and uncles attended the wedding of Paula Bates and Clint Alexander in Oklahoma City, Okla. Paula is the daughter of Arthur and Karen Bates, Edmond, Okla.; granddaughter of the late Paul and Helen Bates; and Geraldine Packer, Norton. Paula's uncle Richard Bates, Tulsa, Okla., also attended the wedding.

The Family Life Committee sponsored a spaghetti supper on February 9 at the New Almelo Parish Hall.

World Marriage Day was celebrated on Sunday, February 10 during Mass at St. Joseph Church. Ten couples were given roses. Couples celebrating 50 years or more were Wilma and Jim Mader-68; Ernie and Mary Lou Long-65; Marion and Marilyn Otter-56; Alfred and Betty Otter-53; Carl and Linda Wahlmeier-50; Roger and JoAnn Long-50; others celebrating major anniversaries were, Jim and Peg Ninemire-30; Darin and Joanie Winkel-25; Randy and Beth Gassmann-15; Jim and Dellen Austerman-10. Father Vincent blessed all the married couples after they stood to be recognized for the many years of marriage they had celebrated.

SCHOOL CALENDAR

NCHS

Monday, March 4
MCL Forensics at Norton, 1 p.m. (JH/HS dismissed at 1 p.m.—meals served; buses run at normal dismissal time)
FFA Poultry/Entomology Contests at Hays, 4 p.m.
Tuesday, March 5
Jay Singers, 7:30 a.m.
Forensics at Oakley, 2 p.m.
M.A.P., A.P.
S.A.D.D. (non-M.A.P. members), A.P.
Wednesday, March 6
S.A.D.D. Grim Reaper Day
S.A.C., A.P.
State BB Tournament: Hutchinson, Women's Quarterfinal games, TBA
Thursday, March 7
Jay Singers, 7:30 a.m.
M.A.P., A.P.
KAYS (non-M.A.P. students), A.P.
Track interest meeting-library, 3:45 p.m.
State BB Tournament: Hutchinson, Men's Quarterfinal games, TBA
Friday, March 8
A.C.T. registration deadline for April 13 exam, TBA
M.A.P., A.P.
NCHS Meeting (non-M.A.P.

students), A.P.
KAY Luau Dance: JH Gym
State BB Tournament: Hutchinson, Semi-Final games, TBA
Saturday, March 9
Forensics at Hoisington, 8 a.m.
State BB Tournament: Hutchinson, Final games, TBA
NCHS
Monday, March 4
STUCO, 8:30 a.m.
Dismiss at 1 p.m. due to MCL Forensics Tournament-meals served; buses run at normal dismissal
Tuesday, March 5
KAYS, 8:30 a.m.
Scholar's Bowl at Phillipsburg, 4 p.m.
Wednesday, March 6
Faculty Meeting, 7:45 a.m.
EES
Monday, March 4
Kindergarten Round-up; EES cafeteria, 5 p.m.
Wednesday, March 6
KMO Grade 6, 3 p.m.
Staff Meeting, 3:40 p.m.
Thursday, March 7
I.E.P. Day
EC-2 Grade Level Meeting, 3:40 p.m.

Northern Valley

Monday, March 4
Senior trip to Topeka, 6:30 a.m.
FFA Poultry and Entomology in Hays, 4 p.m.
HS WKLL All-League BB Selection in Oakley, 7 p.m.
Grades 1-4 Jump Rope for Heart during P.E. classes, March 4-8
Tuesday, March 5
Senior trip to Topeka, 6:30 a.m.
JH WKLL Band Clinic in Healy at 1 p.m., concert at 6 p.m.
Wednesday, March 6
HS State BB, TBA
HS Activity Period for Colby Community College Representative
Thursday, March 7
HS State BB, TBA
Friday, March 8
End of 3rd nine weeks
Stuco to visit with 8th grade class in Long Island, 8 a.m.
HS State BB, TBA
Saturday, March 9
HS State BB, TBA
Sunday, March 10
Daylight Savings Time begins

SCHOOL MENU

Norton Jr.-Sr. High Schools Menu

Monday, March 4
Breakfast-Long John, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Pigs in a blanket, pork and beans, rosy applesauce broccoli cauliflower salad or chef salad and milk.
Tuesday, March 5
Breakfast-Chocolate chip bar, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Steak fingers, whipped potatoes w/Country gravy, carrots, peas, rolls w/margarine or chef salad and milk.
Wednesday, March 6
Breakfast-Hot cereal, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Beef quesadilla pizza, peaches, carrots, dill pickles or chef salad and milk.
Thursday, March 7
Breakfast-English muffin w/sausage, cheese, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Chicken fajitas, onions and green peppers, lettuce and chopped tomato, shredded cheese, oranges or chef salad and milk.
Friday, March 8
Breakfast-Monkey Bread, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Beef and noodles, whipped potatoes, broccoli, rolls w/margarine, fruit cup/cottage cheese or chef salad and milk.

EES Menu

Monday, March 4
Breakfast-Hard cooked eggs, warm toast, apple juice, milk and toast with peanut butter.
Lunch-Sloppy Joe's, homemade bun, 1/2 corn, sweet potato tots, kiwi and milk.
Tuesday, March 5
Breakfast-Blueberry muffin, peaches, orange juice, milk and toast with peanut butter.
Lunch-Pizza roll-ups, tossed salad, pears, green beans and milk.
Wednesday, March 6
Breakfast-Rolled-up sausage links, tater tots, apple juice, milk and toast with peanut butter.
Lunch-Potato boats, baked beans, fruit cocktail, whole wheat roll and milk.
Thursday, March 7
Breakfast-Breakfast cake, grape juice, milk and toast with peanut butter.
Lunch-Macaroni and cheese, little smokies, cooked carrots, rosy applesauce, pepper strips, french bread and milk.
Friday, March 8
Breakfast-Homemade pancakes, warm syrup, apple juice, milk and toast with peanut butter.
Lunch-Peanut butter and honey sandwich, cottage cheese, warm peas, celery stick, Mandarin oranges and milk.
Northern Valley Menu
Monday, March 4
Breakfast-Crumb top muffin, ham, hash browns, applesauce or assorted cold cereal.
Lunch-Burrito, sauce, cheese, tossed salad w/dressing, buttered green beans and rosy applesauce.
Tuesday, March 5
Breakfast-Cook's choice or assorted cold cereal.

Lunch-Beef-n-noodles, mashed potatoes, french bread, buttered broccoli and pineapple ring.
Wednesday, March 6
Breakfast-French toast stix, syrup, hash browns, sausage, juice or assorted cold cereal.
Lunch-Cavatini, tossed salad w/dressing, California blend vegetables and sliced peaches.
Thursday, March 7
Breakfast-Sausage gravy, biscuits, hash browns, diced pears or assorted cold cereal.
Lunch-Monterey Jack sandwich, potatoes, baked beans and fruit cup.
Friday, March 8
Breakfast-Waffles, syrup, ham slice, eggs, peaches or assorted cold cereal.
Lunch-Cheese pizza, tossed salad w/dressing, buttered peas and pear half.

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Attorney General fights for Second Amendment rights

Kansas Attorney General Derek Schmidt has joined attorneys general from 19 other states in asking the US Supreme Court to affirm the Second Amendment rights of citizens who wish to lawfully carry concealed handguns outside their homes.

The attorneys general have asked the Supreme Court to review a lower federal court's ruling that had upheld the authority of a state to limit the right to keep and bear arms to an individual's home and also had allowed states to require that a permit application show a reason the permit is needed.

"The Second Amendment clearly protects the rights of our citizens to keep and bear arms, and in 2010 Kansas voters made clear their view that the right to keep and bear arms is an individual right," Schmidt said. "Legally permitted concealed carry of handguns falls within that right and the Supreme Court should affirm that. This is an opportunity for the Supreme Court to clarify its recent decisions in favor of Second Amendment rights."

The pending case is *Kachalisky v. Cacaces*.

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