

# Spice up your food

By TRANDA WATTS

If you would like to learn about marinades and rubs, what ingredients are required for tenderizing meat, how to safely marinate and use rubs, and get information about how to reduce cancer risks by using herb and spices as you grill, this opportunity is for you.

On Monday, Oct. 4, Tranda Watts, Multi-County Extension Specialist, Food, Nutrition, Health and Safety will be in Oberlin at the United Church at 5:30 p.m. to discuss this topic.

Participants will also be making one rub to take home and experiment with to see if this is a technique that you would like to start utilizing a little more often. Budgets permitting, we will also

taste a marinated product.

If you are interested in attending this educational program, please notify the local Extension Office at 785-475-8121 by Friday, Oct. 1.

If at least five have not pre-registered by the registration deadline, the program will be cancelled. If you have signed up and the program is cancelled, the Extension Office will call you to notify you of that cancellation.

Plan now to join us to learn to marinate, use rubs and more.

If you have questions regarding this educational program please feel free to e-mail Tranda Watts at [twatts@ksu.edu](mailto:twatts@ksu.edu) or contact your local K-State Research and Extension Office.

# Virus can be deadly to dogs

By Judy Sherard

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While the canine parvovirus is present most years, it has been especially prevalent this year, said Dr. Aaron White at Norton Animal Health Center

Cases of the disease usually show up in late summer or early fall. The disease doesn't go away but isn't as much of a problem, since people don't move around as much.

It shows up most in unvaccinated younger dogs, so puppies should be vaccinated at six weeks when they receive their other shots. These should be followed by yearly vaccinations. An exception may be puppies belonging to households who had a dog with the disease. In that case the puppies may be vaccinated at four

weeks.

Dogs can contract the disease not just by coming in contact with another dog, but from common areas since the virus remains active for two years. The only way to get rid of it is to clean anything the dog has come into contact with a bleach solution.

People don't get the virus, but they can spread it on their clothes or by petting a dog with the disease and then petting another.

There is no cure for parvovirus, but the symptoms can be treated. Infected dogs may be hospitalized for two or three weeks. However, even with treatment, survival is less than 50 percent. The vaccine is 96 percent effective, and a lot more cost effective than treating the disease.

# Police Log

Sept. 20

1:00 a.m. noise complaint  
8:23 a.m. keys locked in vehicle  
10:17 a.m. report of construction vehicle blocking traffic  
10:31 a.m. request for accident report  
1:57 p.m. request to speak to officer concerning vandalism  
3:45 p.m. report of bicycle stolen  
4:04 p.m. information on bicycle not stolen, dad took to repair  
5:49 p.m. vehicle stop, arrest made for DWI  
7:33 p.m. keys locked in vehicle  
8:06 p.m. report of 16 year old not wanting to go home  
8:31 p.m. report of harassing text messages  
9:15 p.m. report of vehicle with no taillights  
9:56 p.m. activated alarm, Jamboree

Sept. 21

5:05 a.m. activated alarm, Dollar General  
7:15 a.m. parking complaint  
8:13 a.m. report of abandoned vehicle  
9:44 a.m. report of vehicle blocking alley  
10:21 a.m. request for extra patrol  
5:57 p.m. report of individual putting head through door  
6:33 p.m. report of erratic driving  
8:07 p.m. report of intoxicated individual  
10:05 p.m. vehicle stop, W. Hwy. 36, arrest made for DWI  
11:11 p.m. report of individual receiving prank calls

Sept. 22

5:58 a.m. request for ride home, NCH  
8:02 a.m. report of missing dog  
8:38 a.m. report of two vehicle accident  
9:39 a.m. request for traffic control at stoplight  
10:16 a.m. report of dog foaming at mouth and bothering other dogs  
1:34 p.m. report of lost keys

2:05 p.m. request to speak to officer  
3:24 p.m. report of loose dog in garage  
8:34 p.m. keys locked in vehicle

Sept. 23

1:08 a.m. individual taken into protective custody  
7:10 a.m. keys locked in vehicle  
9:15 a.m. report of dog running loose  
2:33 p.m. keys locked in vehicle  
3:59 p.m. hit and run accident, Car Quest  
4:39 p.m. report of missing dog  
6:23 p.m. request to speak to officer concerning salvage title  
6:25 p.m. keys locked in vehicle  
7:43 p.m. request by Phillips Co. to pickup individual  
8:03 p.m. report of vehicle driving erratically  
11:07 p.m. keys locked in vehicle

Sept. 24

12:03 a.m. report of missing dog, took to pound  
6:37 a.m. report of hit deer needing put down West of Norton  
10:42 a.m. report of individuals placing construction material on their property  
11:30 a.m. report of dog running loose  
12:47 p.m. keys locked in vehicle  
1:05 p.m. report of damaged screen door, been like that for months  
1:30 p.m. report of family dispute concerning individual not doing dishes  
4:35 p.m. report of gas skip, 1st Stop  
5:04 p.m. report of someone shooting cat  
8:45 p.m. report of found wallet  
8:59 p.m. report of missing dog  
11:45 p.m. report of kids running through yards  
Norton Police reported 24 vehicle stops.

## Her tractor won the award!



Catherine DeWitt

The First Annual Carrico Old Iron Classic Antique Tractor Show was held at Carrico Implement of Hays on Sept. 18. "1950 Best in Era" was won by Catherine DeWitt, Prairie View, with a 1950 International C-Demonstrator. "1960 Best in Era" was won by D & B Tractors, Dennis DeWitt

and Bob Underwood, with a 1961 International 460. Brian Schick, Densmore, won Best 2 Cylinder Tractor with a 1941 John Deere AR.

-Courtesy photo

# Outreach open house for Vets

A new outreach initiative to provide rural-area Veterans information and counseling about Department of Veterans Affairs and other Veteran-related benefits takes place in Red Cloud, Neb., Oct. 15 - 16.

The Department of Veterans Affairs is partnering with the Nebraska Department of Veterans Affairs, Veteran service agencies, county Veteran service officers and military transition advisors to bring information and services at a Veterans of the Armed Forces Open House at the Red Cloud Community Center at 142 West 3rd Avenue in Red Cloud.

Veterans and their family members with questions about benefits are encouraged to stop in at the

open house between noon to 7 p.m. Oct. 15 and 9 a.m. to 1 p.m. Oct. 16. The event is free of charge.

Representatives from the following agencies will be available to provide Veterans assistance and information:

- The VA Nebraska-Western Iowa Health Care System
- Veterans Benefit Administration Regional Office
- Veteran Centers
- Vocational Rehabilitation and Employment
- Operation Enduring Freedom
- Operation Iraqi Freedom
- Women Veteran Program.
- Other Veteran service agencies will also be present.
- Veterans who are not currently

enrolled for VA benefits are encouraged to bring their DD Form 214, "Certificate of Release or Discharge from Active Duty," to the open house to assist the agency counselors assess individual eligibility for VA benefits. VA counselors will assist Veterans to complete eligibility and enrollment applications.

The open house is targeting Veterans who live in the following counties:

**Kansas:** Decatur, Graham, Jewell, Marshall, Mitchell, Norton, Osborne, Phillips, Rawlins, Republic, Rooks, Sheridan, Smith, and Washington.

**Nebraska:** Adams, Clay, Fillmore, Franklin, Furnas, Harlan, Jefferson, Kearney, Nuckolls,

Phelps, Saline and Webster,

The open house is an outreach program that is intended to reach more than 167,660 Veterans in rural communities across the VA Nebraska-Western Iowa Health Care System service area, which includes Nebraska, western Iowa, and portions of Kansas and Missouri.

The interagency outreach team will host similar open houses in rural communities across the service area throughout 2010. The goal is to increase awareness about VA and other benefits and services available to Veterans, and to assist with applying for these benefits.

# How to raise funds workshop

The Western Prairie Resource Conservation and Development (RC&D) is sponsoring a "Complete Fundraising Workshop" Tuesday, Oct. 12, between 9 a.m. and 3 p.m. central time at the Prairie Museum of Art and History Conference Room, 1905 S. Franklin Ave., Colby, Kansas. The presenter will be Shannon Martin of Professional Grant Services.

Workshop topics include fund raising basics, long-range planning, special event planning, grant writing basics, and publicity and marketing techniques. Those attending will leave with great ideas and an overview of each element in the fund raising pyramid. At day's end participants will have developed their own long-range fundraising and marketing plans. Martin's experience as a grant writer coupled with a background in marketing and fund-raising allows her to assist those from schools, non-profit organizations, government officials and others who need to raise funds and/or learn marketing techniques to help their organizations.

Registration fee of \$100 will include a large amount of helpful information, the cost of a resource packet and lunch. Cosponsors for the event are: Farm Credit of Western Kansas, Edward Jones Investments, Farmers and Merchants Bank of Colby, and Kansas Quick Lube.

For registration information and any questions, please call Western Prairie RD&C at (785) 462-7671 Extension 5.

Looking for that quaint, log cabin style home but want lots of space to eat, entertain, relax and relate?

Duane R. McEwen of Metcalf Real Estate has the perfect home for you!!



— 321 SOUTH CASE AVENUE, NORTON, KANSAS —

From the front deck that welcomes you home or bids you goodbye to the back yard patio there is luxurious space. A great room opens to the double car garage area and extends into a separate dining area with a large kitchen. Kitchen is modern and the surround eating bar can seat twelve. French doors off the kitchen provide access to the patio. The master bedroom has its own bathroom and placed where it is a private spot. A small bedroom which could be used as an office overlooks the front of the house. Completing the home are two more large bedrooms, bathroom and laundry room. It has air conditioning and force air furnace that are housed in a basement area. This is one of the few homes that offers two furnaces so that if only part of the house needs heated or cooled, it can be. The yard has a fence and simple landscaping. A storm shelter is included. An added extra is a small matching building suitable for a hobby or storage area. Argon filled windows are a plus also. Let Duane show this "on the country side" of Norton home sitting on a 100 by 234 lot.

He can be reached at 785-877-3032 - Metcalf Real Estate; Kris Randel, Broker, Oberlin, 785-475-2111