

Family-friendly holiday calls for planning, patience

In the holiday rush, parents can miss opportunities to build memories with their children and family. Adults know that it can be easier to say 'I'll do that,' rather than encourage children to get involved in preparing foods and planning gatherings during the holidays.

Working together in the kitchen can serve as the foundation for new traditions.

Inviting children to be involved can help them learn more about food, nutrition, and health. Doing so also can help a child build basic cooking skills and a better understanding of what it takes to get a meal on the table.

Being able to say 'I made the gingerbread' or 'I set the table, folded the napkins or made the place cards' allows a child to share ownership in a holiday gathering. While assigning tasks helps to share the responsibility in preparing the meal and readying the table, holiday teamwork can extend beyond the holiday. So parents are encouraged to choose

**Home ed
Tranda
Watts,
Extension
specialist**



age-appropriate tasks.

A three-year-old may, for example, be able to fold napkins. A five-year-old may be able to set the table, and a six- or seven-year-old may be able to decorate and print names on place cards or arrange relishes on a tray. Older children will be more able to help with food preparation, and, in the process, can learn cooking skills, and about kitchen tools and appliances.

Mixing quick breads such as muffins or gingerbread, or kneading and shaping dinner rolls are other child-friendly tasks.

Parents who work side-by-side with their children in planning and preparing holiday foods may be surprised by their child's can-

dor, as he or she helps to mix the bread or cookie dough. Focusing on a task can take the pressure off, and make it easy for a child to tell a parent what's really on their mind.

Encouraging a child to be creative also may yield some new taste treats. Consider allowing children to choose how to use holiday leftovers.

A child might combine leftover mashed potatoes, turkey and cranberry sauce as a sandwich filling, prefer to stuff a pita pocket with chopped turkey and a spoonful of one or more salads, or prefer to re-heat turkey, stuffing and cranberry sauce in a spinach wrap.

Don't forget that teaching a child that he or she needs to do his or her share in the clean-up can help to lighten the load now and in the future as well.

Feel free to contact your local K-State Research and Extension Office if you have questions about holiday food preparations and food safety or e-mail twatts@ksu.edu.

November brings new artists, exhibits to Hansen Museum

By Shirley Henrickson

The Dane G. Hansen Memorial Museum is proud to present "Nashville Portraits: Photographs by Jim McGuire," organized by the Morris Museum of Art, Augusta, Ga., and scheduled to run through Dec. 6.

This exhibition of 60 black and white photographs was selected from thousands of portraits shot over a period of more than 30 years by one of country music's most celebrated photographers, Jim McGuire.

The exhibition reflects a continuing project that commenced in 1974 with a portrait of musician John Hartford, and it documents many of the leading figures in the world of country music, from such icons as Bill Monroe, Minnie Pearl and Lester Flatt to contemporary stars like Emmylou Harris, Nanci Griffith and Marty Stuart.

This is an exhibition that will appeal to lovers of country music Americana, cultural history and beautiful photography.

Nashville, Tenn. is known for one thing, mainly—country music. The city owes its designation as "Music City USA" to the presence there of the world's longest running radio program, The Grand Ole Opry.

But it has also been one of the country's major centers of music production, manufacture, marketing and distribution for many years.

Since he first moved there in 1972, photographer Jim McGuire has enjoyed a reputation as the photographer to get for the career-making album cover photograph. Over the past 32 years, more than 500 recordings—first LPs and, later, CDs—have sported McGuire photographs on their covers.

The list continues to grow and everybody who matters is in his catalogue of portraits.

In the Nashville music community, McGuire has become as renowned as the musicians he photographs.

Our November Artist of the Month is Alvin Huffles from Larned.

Alvin has oil and acrylic paintings on canvas and metal. Any one of the items would make a nice Christmas gift. Come in and check out his work. His prices are very reasonable!

Our next Continued Education Class will be the 2010 Dance Class.

The classes start Jan. 10 and will run through Feb. 28, 2010 at the Logan City Building.

The beginner class will run from 2-3:30 p.m. and the intermediate and advanced class will run from 3:30-5 p.m. each Sunday afternoon.

If interested or for more information, call 785.689.4846 or www.hansenmuseum.org.

For more information about this and other exhibits, contact Shirley at 785-689-4846 or check out our web at www.hansenmuseum.org.

Club News

By Beverly Kinder

Members of GFWC Mid Century were seated at fall decorated tables and served dessert, coffee and tea on Autumn Leaf, a Jewel Tea dinnerware pattern, at their November meeting. Fonda Lawrence was hostess with Clair Ann Eppinger, co-hostess. After dessert, Fonda presented the program as she told about Jewel Tea dinnerware and about her collection.

Frank Skiff, Chicago, was an employee of the Jewel Tea Company. As he delivered fresh roasted coffee, he listened to the needs of his clients. Soon, the company had expanded its merchandise. In 1926, Mary Dunbar, of the Jewel Tea Homemaker's

Institute, released a series of cookbooks.

In 1933, the Jewel Tea Company collaborated with the Hall China Company to make dinnerware. Merchants began offering premiums to encourage sales. The Autumn pattern offered a full range of dinnerware and accessories. Production of Autumn endured from 1933 to 1976. The name changed to Autumn Leaf in 1969.

The theme for the meeting was "Keys to Family Treasures". Sixteen members answered roll call by sharing "something I collect". This revealed collections of White House ornaments, pewter Noah Arks, Thomas KinKade, music boxes, blue glass birds,

Hull pottery, Roseville pottery, Hummels, amber coin glass, postage stamps and bells.

These collections reminded members that "Some things are loved because they are valuable; others are valuable because they are loved".

During the business meeting it was reported that the eight shoe boxes had been delivered and that an additional five shoe boxes had been assembled and delivered by members. This was a project for Operation Christmas Child.

Bertie Leigh Compaan reported that the next meeting will be December 10 at the home of Karen Cox. Members are to share a yuletide food and a Christmas thought.

Student News

Scholarships for Norton and Lenora School students were recently announced.

In Lenora: Timothy Scott Becker, Dane G. Hansen Foundation Scholarship and North American Millers' Association Scholarship

In Norton: Zachary Levi Dreher, Activity Scholarship and Eric Haskins Memorial Scholarship; Jared Alan Engelbert, Bradley C. Heyka Memorial Scholarship in Finance, Finance Advisory Board Scholarship and Wallace and Reva Barrett Scholarship; Hannah McKee Fulton, Activity Scholarship; Preston Eriel Herman, Dane G. Hansen Foundation Scholarship, Max M. Polk Scholarship, Paul B. and Sandra M. Edgerley Business Administration Leadership

Scholarship and Wendell and Pauline Gardner Honors Scholarship; Kara Jo Lanelle Jones, Dane G. Hansen Foundation Scholarship, Foundation Scholarship and June D. Hull Sherrid Cancer Center Scholarship and Education Fund; Klaire Jessie Mann, Miller and Danielson Memorial Scholarship in Human Ecology and Phebe Bissell Memorial Scholarship in Human Ecology; Kyle Benjamin Mindrup, Dane G. Hansen Foundation Scholarship, Engineering Scholarship and Foundation Scholarship; Nathan Donald Pollock, Myrna Jean Adee Scholarship in Hotel, Restaurant, Institution Management and Dietetics; Katharine Christine Roy, Activity Scholarship, Calvin H. Grove Scholarship and Phebe

Bissell Memorial Scholarship in Human Ecology; Emily G Scott, Opportunity Scholarship.

Home Town Christmas at Garden Gate Florals, etc.

Present this Coupon on Friday, November 27, 5-7 p.m. or Saturday, November 28, 9-4 p.m. and receive **25% Off** total purchase

APPRECIATE ALL YOU HOME TOWN SHOPPERS

Getting ready for Santa



Rich Hageman and Karla Reed, Norton Area Chamber of Commerce director, put the finishing touches on Santa's House on Wednesday. Santa will be home Friday at 6:30 p.m. on the Norton County Courthouse lawn.

—Telegram photo by Dana Paxton

BIRTHS

Kaison Rae Miller was born to Rusty and Dana (Knapp) Miller, Norcat, on Sept. 4 at Community Hospital in McCook. She weighed 8 pounds 12.4 ounces and was 20 3/4 inches long.



Kaison Miller

Greeley Ann Sproul was born to Scott and Robin Sproul at Norton County Hospital on Sept. 23. She weighed 7 pounds, 12 ounces and was 20.5 inches long.



Greeley Sproul

Greeley has an older brother and sister: Gavin and Gentry.

Grandparents include Glen and Elinor Wiltfong, Cheryl Scott and Robert and Shirley Sproul. Great-grandparents are Lloyd and Glenna Sproul.

Buy Holiday Goodies at the **Cookie and Candy Walk**

Wed., December 2
9:30 a.m.-1:00 p.m.
Norton Senior Center
208 W. Main

Also Cinnamon Rolls and Coffee for Your Coffee Break

SPONSORED BY: UNITED METHODIST WOMEN

Norton New and Used Furniture

Like New - Used Furniture for Bedrooms, Living Rooms, Kitchen, Dining Rooms, also Mattresses

Hours: Wed.-Sat. 10-5 p.m.; Mon.-Tues.— By Chance OFF KGNK ROAD E1 FOLLOW SIGN STORE IN BIG RED BUILDING BEHIND THE HOUSE

CALL 785-877-2818

Nov. 25 - Dec. 2 Showing at the

NORTON THEATRE

The Twilight Saga: New Moon

2 Hours, 22 Minutes (PG-13) (Presented in Digital Sound)

Wednesday, November 25: 7:00 p.m.
Thursday (Thanksgiving Day):
Friday and Saturday: 7:00 and 9:30 p.m.
Sunday: 5:00 and 7:30 p.m.
Monday, Tuesday, Wednesday: 7 p.m.

Old Dogs

1 Hour, 38 Minutes (PG)

Only Premiere Passes Accepted for Both Movies

Since Both Movies are Premieres, Only Premiere Passes Accepted. Tickets are \$7.00-\$6.00. NO SUNDAY DISCOUNT

COMING FRIDAY, DECEMBER 11
Disney's The Princess and the Frog (PG)

Check the Theatre website for Upcoming Events nortontheatre.com

This ad is brought to you by The Norton Telegram