

Moran seeks spring interns

Congressman Jerry Moran told The Norton Telegram this week he is accepting applications for congressional internships in his Washington, D.C., office for the spring 2010 term.

"My own interest in public service was sparked by a congressional internship in 1974," he said. "As an intern, I was able to see first hand how a congressional office operates and observe the legislative process. These same opportunities are available to Kansans that intern in my office."

The goal of the congressional internship is to give young adults

the opportunity to participate in public service. Applications for the spring are due by Friday, Oct. 16. Intern responsibilities include assisting Moran and his staff with legislative and administrative projects. The spring internship session begins in January and ends in May.

To apply, students should submit a completed application form, cover letter, résumé, college transcript and three letters of reference. The cover letter should explain the student's interest in public service and the goals the student hopes to achieve by participating.

Application forms can be obtained under the "Services" section of Moran's Web site or by clicking www.jerrymoran.house.gov/.

In order to ensure timely receipt of the application, students are encouraged to fax their applications to (202) 225-5124. If students are unable to fax their applications, they may mail them to Moran's Hutchinson office, Attn: Intern Coordinator, P.O. Box 1128, Hutchinson, KS 67504. Students may call (202) 225-2715 with questions or to obtain more information.

Conference addresses issues

Northwest Kansas Technical College will host a Rural School and Community Development Conference on Oct. 30.

There is no better time than now to look at ways that we as educators, community leaders and citizens can strengthen the economy and enhance the quality of life for rural communities. Northwest Kansas Technical College has taken the initiative to address those issues by bringing nationally renowned and top leaders to share their expertise during keynote messages and small group breakout sessions.

Dr. Paul Theobald, Woods-Beal Endowed Chair in Urban and Rural Education at Buffalo State College, will be the featured speaker. Dr. Theobald is a nationally recognized scholar and expert on the history of education in the United States. Not only is he an accomplished educational historian but an author of several books. His work in rural schooling and the history of rural com-

munities has consistently made his case through his publications of over 60 chapters and articles in various research journals.

Kansas Lt. Governor Troy Findley will be speaking at the conference sharing his expertise on growing the Kansas economy. He will share his thoughts on creating jobs in addition to quality education and protecting Kansas families and communities.

Other featured speakers include:

- Stan Ahlerich, president of Kansas Inc., a public/private economic development initiative of state government. Ahlerich has worked in the area of economic development at the local and state level and has multi-level experience with financial institutions.
- Kelly DeMeritt and Karen Seaberg, Riverfront Park Redevelopment
- Catherine Domsch and Chris Sramek, Century II Development Foundation
- Carole Jordan, Kansas De-

partment of Commerce

- Ben Coumerilh, Northwest Kansas Technical College
- Sandy Rodgers and Greg Nemechek, Western Prairie R C & D

Register for this conference by going to www.nwktc.edu or call 1-800-316-4127. Registration fee is \$45 (early registration fee of \$35 until Oct. 20). College credit hours will be made available to those that qualify. Registration begins at 7:30 am mountain time in the Memorial Student Union. Lunch and handouts included in the fee. Free Parking.

Contact: Brenda McCants, NWKS Technical College, 1209 Harrison, Goodland, KS 67735 or 785-890-1509. Brenda.mccants@nwktc.edu

The Telegram
877-3361

Vaccine

(Continued from Page 1) vaccine if there is a fee for it, putting more people at risk.

"Our tax payers bought it. It's more prudent for us to bypass the administrative fee and get it out to the public," she said.

Frack and the commission discussed the availability of the vaccine.

The health department will follow guidance from the Center for Disease Control and Prevention to determine which priority groups will receive the vaccine first.

In other commission business:

- The public hearing was held to consider the application for the Kansas Department of Commerce for Small Cities Community Development Block Grant. Norton County Hospital is applying for grant funds for the proposed Doctors Clinic. Representatives of the hospital included Rich Miller, director; Amy Griffey, director of planning and development, and Ryan Stover, chief financial

officer.

The clinic will be approximately 9,500 square feet and will include a reception and waiting area, exam rooms, procedure rooms, restrooms, lab, offices, storage and janitorial space, parking and a sidewalk system. Improvements will be made to approximately 300 square feet of the existing hospital space, which will connect the clinic to the hospital. The project is expected to cost \$2.5 million, and the grant request is for \$400,000.

Representatives from the hospital asked the commission to waive landfill fees, an estimated \$2,000. Vote taken, motion passed.

• Cody and Natalie Linner were present to discuss their totaled truck with the commission. The truck was involved in an accident on county road E2 when it hit large ruts in the road. The county will contact their insurance company.

• Norton County Noxious Weed Supervisor Reggie Beckman

gave his report. He said spraying will continue as soon as the weather clears.

• Curt Archibald, Norton County Solid Waste supervisor, gave his report to the commission. The commission discussed bids for new equipment. Commissioner Applegate made a motion to accept the low bid of \$4,000 for a CAT. Vote taken, motion passed.

• Road and Bridge Supervisor Tom Brannan said mowers are running in the four districts. He discussed Ag-Valley's east site with the commission, saying they are supposed to put more signs up to direct traffic at the new site. Brannan also reported on vandalism to street signs in the county. There were 15 signs in Lenora and 13 signs in the Norton area shot off their posts. The commission discussed the issue.

The next commission meeting will be held at 9 a.m. on Oct. 20 on the second floor of the courthouse. All meetings are open to the public.

Boldra

(Continued from Page 1) amendment.

Boldra talked about and said it is important to keep businesses in small towns, even if it meant people had to pay a little extra at the local store instead of driving to Wal-Mart.

"We have to come up with a way to keep people in rural Kansas," she said.

She also believes many congressmen have forgotten that they are employees of the people. She is a firm believer in the constitution and thinks the country has come a long way from it.

She said the house of representatives should control the purse-strings in Washington, and congress has the power to do things like end war.

Boldra said she would like to see term limits placed on representatives.

"They are not stepping up to their jobs. I think it's time for a change," she said.

Pick-em

(Continued from Page 1) off.

Seven fans were just behind the three winners with just two misses and they were: Julie Hilburn, Almena; Rodney Stapp, David Riemann, Amanda Ray, Gary Matson, Rick Green, all of Norton. One fan who missed just two games forgot to sign his or her entry!

Missing just three contests were: Christal Rose, Arapahoe (last year's season champion); Don Cass, Beaver City; Gary Kemper, Phillipsburg; Dan Mannel, Lenora; Rodger Stutterheim, Chris Lowry, Ja'Nee Moore, all of Almena; Baylee Miller, Diana Smith, Mary Ann Hager, Virginia Carlton, Stacy Area, Jennifer Boller, Ken Gregoire, Bob Husted, LeRoy Newell, Jacob Green, Craig Foley, Abby Rice, Tom Davis, Chase Rice, Ryan Blecha, all of Norton.

Incorrect on four games were: Nish Millan, Goodland; Sandi Winchell, Bob Covington, Lexi Voss, all of Almena; Fig Millan, Charlotte Stephenson, Chriselle Thomson, Tom Baumann, Eleanor Jensen, Sandy Husted, Dennis Maybon, Lynn Nelson, Regina Beikman, Kollean McMullen, Jeris Norman, Patty Gall, Robert Blecha, Toyah Braun, all of Norton.

Correct on all but five games were: Ann Becker, Lenora; Brenda Husted, Linda Covington, Jasmine Covington, all of Almena; Hank Kaiser, Long Island; Rhett Blecha, Karen Cozad, Douglas Daniels, Nathan Morse, Dalton Miller, Deanna Gallentine, Brittnie Schock, all of Norton.

Miscuing on six contests were: Shirley Stutterheim, Almena; Emana Steele, Denver; Barbara Brooks, Clayton; Kathy Zimmerman, Wilma Wiseman, Lawrence Wiseman, Naedean Whitney, Taryn Graham, Heather Simmons, Trey Millan, Misty Nuzum, all of Norton.

Kennedy Leiker, Hays, Dustan Daniels, Norton and Linda Matson, Norton, each missed seven games and Octessa Gaskin, Norton, missed eight games.

This week's entries
The seventh week's entries must be postmarked by 5 p.m. today and received in the mail no later than Saturday or you may bring them to the Telegram office before 5 p.m. today.

See the Pick-Em full page advertisement that was printed

in Tuesday's Telegram for this week's high school and college games.

Extra entry blanks for every member of the family are available from any of the sponsoring businesses. Only one entry per person per week is allowed and entry blanks must be from either the newspaper or from sponsors. No copies or faxes are allowed.

The fan who picks the most winners during the 12-week contest will receive \$50 in scrip money plus an engraved trophy.

Scores of last week's games were:

- Ellis 22, Norton 14
- Phillipsburg 27, Osborne 13
- Goodland 20, Oberlin 14
- Smith Center 24, Colby 12
- Northern Valley 40, Weskan 22

- Pawnee Heights 44, Logan 16
- Hill City 48; Western Plains 0
- Washington 36, Arizona 33
- Texas Tech 66, Kansas State



- 14 Oklahoma State 36, Texas A&M 31
- Kansas 41, Iowa State 36
- Ohio State 31, Wisconsin 13
- Florida 13, LSU 3

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45 blk steers, Norton. 541.. 95.00
9 blk steers, Norton. 634.. 90.75

HEIFERS:
11 blk heifers, Norton 418.. 96.50
11 blk heifers, Norton 432.. 94.50
26 blk heifers, Norton 527.. 90.50
42 blk heifers, Norton 512.. 90.50

SPECIAL CALF SALES
October 29 - November 5 - November 12
Clarence Tien — Phone 785-973-2231
Cellular — 785-567-8113
Monte Jessup — Phone 785-669-2556
Jan Tien — Phone 785-973-2744

The H1N1 Flu – Protect Yourself. Be Informed.

As with any illness or disease, educating yourself about the H1N1 Flu (Swine Flu) is one of the best means of protection. There are plans to have the flu vaccine available in mid-October, but meanwhile knowing the symptoms, knowing what to do, and knowing when further medical attention is needed will go far to prevent the spread of the flu virus. Most people will recover from H1N1 flu without needing any medical attention whatsoever. However, treatment is available for those who are seriously ill.

To help you determine if you should seek medical attention, Norton County Hospital, Norton, and Hays Medical Center have partnered to bring you a toll free information hotline to call before you call your healthcare provider.

Recognize the symptoms
Symptoms of H1N1 flu virus are similar to symptoms of seasonal flu:
• Fever greater than 100°F

usually for 3 days, but may persist for 4 to 8 days. Sometimes fever will go away and return a day later.

- Aching muscles
- Cough
- Headache
- Joint aches
- Eye pain
- Feeling very cold or having shaking chills
- Feeling very tired
- Sore throat, runny or stuffy nose
- Diarrhea and vomiting

The elderly, children under 5, pregnant women, people of any age with chronic medical conditions (such as asthma, diabetes or heart disease) and people who are immunosuppressed are at higher risk of serious complications.

Stay home
If you have some of the above symptoms:
• Stay at home, get plenty of rest, drink fluids and take fever reducers such as acetaminophen or ibuprofen.

- Avoid contact with others.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- If you must leave the house to seek medical care, wear a facemask.

Know when to seek further medical attention
If you believe you or a family member may need additional medical care, first call this toll free number:

H1N1/Swine Flu Hotline 1-877-261-7140

A service of Norton County Hospital, Norton, and Hays Medical Center

More information is also available online: www.flu.haysmed.com

HaysMedicalCenter
2220 Canterbury – Hays