

Mmm...candy!



Karen Carter (left) tried to get her son, Jack (center) to eat a hot dog bun, but he had his eyes on his sister Olivia's candy bar instead at the Wiener roast after the annual Halloween Parade in downtown Norton Thursday evening. The parade was sponsored by the Norton Volunteer Fire Department and the Norton Area Chamber of Commerce, the Norton County Hospital and Developmental Services of Northwest Kansas.

— Telegram photo by Brandy Leroux

Accident reports

Thursday, Oct. 16 — Sheriff's Deputy Jody Enfield responded to a deer-related accident on Highway 9. Helen Rhea, New Almelo, was driving west on Highway 9 when a deer came onto the roadway. Mrs. Rhea was unable to avoid hitting the deer. Randy Rhea was listed as a passenger in the vehicle. Damage was listed as more than \$1,000; no injuries were reported.

Monday, Oct. 20 — Sheriff Troy Thomson responded to an accident on Road E. Jason Ward, Almena, was driving a Kenworth south on Road E when he lost control of the vehicle on loose gravel. No damage amount was listed, and Mr. Ward was listed as injured and taken to Norton County Hospital by Norton County Emergency Medical Services.

Friday, Oct. 24 — Sheriff's Deputy Jody Enfield responded to an accident on Highway 383. Michael Smith, Norton, was driving west on Highway 383 when he fell asleep and drifted into the east-bound lane and into the ditch. Damage was listed as more than \$1,000; no injuries were reported.

Friday, Oct. 24 — Officer Larry Land responded to an accident in the Norton County Hospital parking lot. Felix Pfannenstiel, Norton, was backing out of a parking stall and hit a vehicle belonging to Bernice Becker, Norton, which was legally parked. Damage was listed as less than \$1,000, and no injuries were reported.

Friday, Oct. 24 — Sheriff's Deputy Robert Annon responded to a deer-related accident on Highway 383. Michael Shearer, Almena, was driving northeast when a deer came onto the road. Mr. Shearer was unable to avoid hitting the deer. Damage was listed as more than \$1,000; no injuries were reported.

Friday, Oct. 24 — Sheriff's Deputy Robert Annon responded to a deer-related accident on highway 283. Robert Wilson was driving north on Highway 283 when a deer came onto the road. Mr. Wilson was unable to avoid hitting the deer. Damage was listed as more than \$1,000; no injuries were reported.

Saturday, Oct. 25 — Sheriff's Deputy Robert Annon responded to a deer-related accident on Highway 36. Justin Carter, Norton, was driving southwest when a deer came onto the road. Mr. Carter was unable to avoid hitting the deer. Damage was listed as more than \$1,000. Karen Carter, Ella Carter, Olivia Carter and Jack Carter were all listed as passengers in the vehicle; no injuries were reported.

Sunday, Oct. 26 — Sheriff's Deputy Robert Annon responded to a deer-related accident on Highway 36. Donald Wayman, Prairie View, was driving east when a deer entered onto the roadway. Mr. Wayman was unable to avoid hitting the deer. Damage was listed as more than \$1,000. Kathleen Wayman, Terrie Zimmerman, Aslan Zimmerman and Tanis Lynch were listed

as passengers in the vehicle; no injuries were reported.

Monday, Oct. 27 — Sheriff's Deputy Pat Douglas responded to a deer-related accident on Highway 36. Roger Long, New Almelo, was driving west on Highway 36 when a deer came onto the road. Mr. Long was unable to avoid hitting the deer. Damage was listed as more than \$1,000. Joann Long was listed as a passenger in the vehicle; no injuries were reported.

Friday, Oct. 31 — Police Chief Pat Morel responded to a hit-and-run accident. An unknown vehicle struck a vehicle belonging to Donna Thomas of Norton that was legally parked in a private driveway. Damage was listed as more than \$1,000.

Saturday, Nov. 1 — Sheriff's Deputy Jody Enfield responded to a deer-related accident on Highway 36. Richard Rushton, Norton, was driving west on Highway 36 when a deer came onto the road. Mr. Rushton was unable to avoid hitting the deer. Damage was listed as over \$1,000. Sherry Rushton was listed as a passenger; no injuries were reported.

Saturday, Nov. 1 — Sheriff's Deputy Jody Enfield responded to a deer-related accident on Highway 36. Dee Yocum, Prairie View, was driving west on Highway 36 when a deer came onto the road. Ms. Yocum was unable to avoid hitting the deer. Damage was listed as more than \$1,000; no injuries were reported.

Kids can help shop, too

Children are bombarded with television commercials. The average American child sees 40,000 TV commercials a year.

A 2005 study found that half of the TV commercials aimed at children were devoted to food (candy, snacks, sugary cereals, and fast foods). Do not let the commercials dictate what you purchase.

Always evaluate the merits of what you purchase regardless of its commercial popularity.

To make grocery shopping easy, plan ahead. Children who are tired and hungry are more likely to misbehave while grocery shopping.

Shop after nap time is over. Be sure to allow your child time to properly wake up and have a nutritious snack before leaving for the store.

Most adults are not overly fond of shopping for groceries. Remember young children are not prepared for marathon shopping experiences. Short trips are better.

Let your child help put the food items in the grocery cart. Make them an important part of the process of purchasing food.

Be prepared for the checkout counter! The candy and toys are waiting as a temptation. Be firm and encourage your child to help put food on the checkout counter.

Allow your child to hand the payment to the cashier. Punishing young children who want all those goodies at the check out counter will not help them understand what behavior is expected.

As an adult, parents need to re-

Home ed
Tranda
Watts,
Extension
specialist



member that grocery shopping is another of life's experiences that children need to learn about.

Make the trip a fun one for everyone. Plan ahead!

If you have questions about children and food, please feel free to contact your local K-State Research and Extension office.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

Council's agenda released

The Norton City Council will meet on Wednesday, Nov. 5. On the agenda are building/demolition permits for Roland Washburn, Tracy Engelhardt, Steve Jeltz, Clara Williams and Kowpoke Lumber and Supply; Mayor David Corns will report on terms expiring on various boards and committees; the council will consider Resolution # 7-2008 authorizing a public hearing for property abatement; City Administrator Rob Lawson will give his report, the council will consider a curb replacement at 908 Crestview Drive; Donna Foley will give a public works committee meeting report; Toby Kuhn will give a report on the public safety committee report, and the city will pay bills.

Northern Valley to honor veterans

The Northern Valley High School KAY Club cordially invites the public to attend our Veteran's Day Program at 8:30 a.m. on Nov. 11 at the Northern Valley Schools High School gym.

The KAY Club will be

serving coffee, rolls and breakfast casseroles from 7:45 to 8:15 in the lunch room prior to the ceremony. Please contact KAY sponsor Monica Wilson at (785) 669-2445 with any questions.

School reminders

Northern Valley

Thursday, Nov. 6 — HS Dance Team practice, Model UN at Hays, Rosetta Stone Training at Hays, S.M.A.R.T.T. Conference at Olathe at 8:00 a.m., KAY Regional Conference at WaKeeney from 8:15 a.m. to 2:00 p.m., BB rules meeting at Hays at 7:30 p.m.

Friday, Nov. 7 — S.M.A.R.T.T. Conference at Olathe at 8:00 a.m., Wichita Children's Theater at Logan at 9:30 a.m. — K-4 "Three Little Pigs" at 9:30 a.m., 5-8 "Amelia Earhart" at 1:00 p.m., No Preschool, ECD meeting in Glade.

Saturday, Nov. 8 — HS Sub-State Football, time to be determined., S.M.A.R.T.T. Conference at Olathe at 8:00 a.m., FFA District Leadership School at Hill City, 9:00 a.m., Jr. High Basketball Tournament at Brewster at 10:00 a.m.

Monday, Nov. 10 — HS Dance Team practice, Fall Athletic Buffer Week Nov. 10 through 16, School Board meeting in the conference room at Almena at 7:30 p.m.

Tuesday, Nov. 11 — KAESP Fall Conference at Wichita at 8:00 a.m., Veteran's Day Program in the big gym at Almena

at 8:30 a.m., Veteran's Day, Dismiss school at 1:00 p.m., Decatur County Scholar's Bowl Meet at 4:00 p.m.

Norton Community High School

Wednesday, Nov. 5 — S.A.C. A.P., Kansas Math and Science Academy Presentation in the music room at 5:30 p.m., NCKTS Visitation Day at Beloit at 9:00 a.m.

Thursday, Nov. 6 — KAY Regional Conference at Trego, depart at 8:15 a.m., Model UN at FHSU, FCCLA Board Meeting at 7:00 p.m.

Friday, Nov. 7 — Registration deadline for December 13 ACT, Jazz Band practice A.P., KAY Holly Sales End.

Saturday, Nov. 8 — FFA Leadership School at Hill City at 9:00 a.m., Regional Football to be announced.

Monday, Nov. 10 — NCL North Division Vocal Clinic at Phillipsburg at 2:00 p.m., HS Wrestling parents meeting in the wrestling room at 6:00 p.m., MCL North division Vocal Concert at Phillipsburg at 7:00 p.m., FFA Pals party at 7:00 p.m.

Tuesday, Nov. 11 — Scholar's Bowl at Oberlin at 4:00 p.m., Veteran's Day Parade. School

dismissed at 1:00 p.m.

Norton Junior High School

Wednesday, Nov. 5 — TEAM at 7:30 a.m.

Thursday, Nov. 6 — KAY Regional Conference at Trego depart at 8:15 a.m., Basketball vs. Stockton, here, at 5:30 p.m.

Tuesday, Nov. 11 — KAYS A.P., Veteran's Day Parade. School dismissed at 1:00 p.m., Basketball vs Smith Center, here, at 5:15 p.m.

Eisenhower Elementary

Wednesday, Nov. 5 — Faculty meeting at 3:40 p.m.

Thursday, Nov. 6 — IEP Day, 3-4 Grade Level Meeting at 3:40 p.m.

Monday, Nov. 10 — Lightning Jack Presentations, Kindergarten at 9:00 a.m., 3rd grade at 9:45 a.m., 5th grade at 10:30 a.m.

Tuesday, Nov. 11 — Veteran's Day Parade. School dismissed at 1:00 p.m.

All Norton Schools

Wednesday, Nov. 5 — Admin Team Meeting at 9:30 a.m.

Monday, Nov. 10 — BOE meeting at 7:30 p.m.

Tuesday, Nov. 11 — Curriculum council at 7:30 a.m., Veteran's Day Parade. Schools dismissed at 1:00 p.m.

Senior Center menu

Nov. 5 - Oven Fried Chicken, Potato Salad, Pork and Beans, Bun, Applesauce. Nov. 6 - Hamburger Stew, Peaches, Crackers, Bread Pudding. Nov. 7 - Macaroni and Cheese w/ Smokies, Peas, Ambrosia Fruit Salad, Bread, Cook's Choice Complement.

Nov. 10 - BBQ Meat Balls, Broccoli, Parsley Potatoes, Bread, Apricots. Nov. 11 - Ham and Beans, Orange Pineapple Salad, Cornbread, Cook's Choice Complement. Nov. 12 - Sloppy Joes, Tater Tots, Seasoned Carrots, Bun, Fruit Cup #1. Nov. 13 - Chicken Fajita Pasta Salad, Rosy Pears, Tortilla Chips, Fruit Cobbler. Nov. 14 - Hamburger Steak, Mashed Potatoes/Gravy, Green Beans, Bread, Jello w/Mixed Fruit.

Nov. 17 - Baked Spaghetti, Tossed Salad, Corn, Garlic Bread, Cook's Choice Fruit. Nov. 18 - Chicken and Noodles, Pea Salad, Jello w/Orgs and Pineapple, Muffin, Pudding. Nov. 19 - Salmon Patty, California Blend Veggies, Peaches, Rolls, Rice Pilaf. Nov. 20 - Meat Loaf, Au Gratin Potatoes, Apricots, Bread, Cake. Nov. 21 - Chili w/Beans, Applesauce Gelatin, Crackers, Cinnamon Roll. Nov. 24 - Escalloped Ham and Potatoes, Winter Mix Veggies,

Bread, Rosy Pears. Nov. 25 - Turkey Slice, Sweet Potatoes, Cranberry Relish, Roll, Pumpkin Crunch. Nov. 26 - Cook's Choice Entree, Tater Triangles, Strawberries and Bananas, Bread, Cherry. Nov. 27-28

Happy Thanksgiving!
(Requested contribution \$2.75 per meal; checks to Homestead Nutrition Project. Guests under 60 must pay full cost of the meal \$5 at the site; \$5.35 home delivered.)

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Arts and Crafts Fair

9:00 A.M. - TO 4:00 P.M.

Saturday, November 8

NATIONAL GUARD ARMORY AND THE 4-H BUILDING

SPONSORED BY THE Norton County Arts Council

Members Free with Membership
12 and Under - \$1.00; Over 12 - \$2.00
Reciprocity - \$2.00

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