

# THE NORTON TELEGRAM



WEBSITE: [nwkansas.com](http://nwkansas.com)

10 PAGES

## Tuesday

### October 14, 2008

Norton, Kansas  
Home of Roger Skrdlant

### Briefly

#### Telegram Poll

##### Final count

McCain - 96

Obama - 74

Ron Paul - 3

Bob Barr 2

Gov. Palin - 1

Total - 176

#### Fire recovery benefit scheduled

A Benefit for David and Donna Nelson will be held Saturday, Oct. 18 at Time Zone Bar & Grill, Lenora.

Proceeds to help with fire recovery.

A Silent Auction will be held all day until 9 p.m. Evening dance will feature live music.

A Potato Bar, sponsored by United Parish will be in operation from 11 a.m. to 2 p.m.

A BBQ Pork, sponsored by Time Zone and the Chamber, will be held from 5 to 9 p.m.

#### Booster Club to host weekly huddle

All fans of Norton Community High School sports are invited to the Norton Blue Jay Booster Club meeting at 7:30 p.m. on Wednesday in the high school cafeteria.

Featured speakers will be head football coach Lucas Melvin, volleyball coach Peggy Cox, cross country coach Tom Hehn and tennis coach Marianne Wicker. They will update fans on recent competitions by their teams and preview upcoming contests.

Coach Melvin will also show the video of Norton's football game last Friday at Ellis.

### Weather

**Tonight** — Showers likely, mainly before 1 a.m. Mostly cloudy with a low around 37. Chance of precipitation is 70%. **Wednesday** — Mostly sunny with a high near 62. North wind between 5 and 10 mph. **Wednesday Night** — Mostly clear with a low around 40. **Thursday** — Mostly sunny with a high near 65.

#### Kingham report:

October 10 ..... Low 53, High 77  
October 11 ... Low 42, High 53, .10 Prec.  
October 12 ... Low 52, High 65, .92 Prec.  
October 13 . Low 38, High 59, 1.00 Prec.  
Total Prec. from Oct. 11-13 ..... 2.02"  
(Readings taken at the Kingham farm 9 miles northwest of Norton)

### Prayer

Thank you, heavenly Father, that wherever we look we see reminders of your great love and care for us. **Amen**

## Hannah Montana?



"Hannah Montana" (better known as Matt Dole) made an appearance at the Northern Valley Homecoming parade in Alma Friday afternoon, and later participated in the sophomore skit at the pep rally. — Telegram photo by Brandy Leroux

# All's 'Go' for flu shot clinic/drill

By BRANDY LEROUX  
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The Norton County Health Department is holding a flu shot clinic/drill on Wednesday at the junior high gymnasium from 6 to 8 p.m.

Imagine what would happen if we had a sudden outbreak of Bubonic plague. Where would you go to get the treatment needed?

Hopefully, that never happens in north-west Kansas. But if we did have an outbreak of some disease, or a natural disaster event occurred, it would be comforting to know there is a plan in place to handle the mass-dispensing of medications to the public.

The medications wouldn't be the everyday prescriptions from pharmacies. They would be medications specific to the event, like tetanus shots if a large tornado went through town, or if we had an outbreak of measles like southwest Kansas had not long ago, it would be treatment and vaccines for measles.

## Weekly football contest winners not yet known

### Columbus gets in way of popular guessing contest

Since there was no mail delivery on the Columbus Day holiday Monday, all mail entries for the weekly Pigskin Pick-Em Contest were not received in time for grading prior to the deadline for today's Telegram.

The story listing the winners will be in Friday's Telegram.

Turn to the full page Pick-Em Contest in today's Telegram for this week's high school and college games. It's on Page 7.

Only one entry per person on official entry blanks is allowed but extra entry blanks for other members of the family may be picked up from any sponsor.

Prizes of \$30 in scrip money will be paid each week.

At the end of the 12-week season, the fan picking the most correct games will receive \$50 in scrip money and an engraved trophy.

The flu shot clinic/drill, scheduled for is designed to help the local health department get a better understanding of what would happen if those services were necessary.

"We are required to do a drill every year, and last year we did conduct a drill, but we used placebo pills. I wanted to use actual medication this time, to get a better idea of how it works in real life," said Gina Frack, Norton County Health Department Head Nurse.

Unlike last year's placebo, the flu vaccine will be administered by injection this year.

"We have more than 50 volunteers helping with the drill," said Mrs. Frack. Hopefully, more people will come to this one so everyone gets a chance to do their jobs during the drill," she said.

Mrs. Frack points to a major difference between the drill and an actual outbreak/disaster: "We would not charge for the medicine we dispense," she said.

It took about three weeks to put this drill

together, though the planning first started at last year's drill.

"GoKits" have been put together for the key people involved. They are not people specific, but rather job specific so in the event of an outbreak/disaster, almost any job, any person can be trained on what to do in about an hour if the person originally designated for that job can't do it.

At last year's drill, state evaluators from Topeka came to watch over the drill.

"They said Norton's volunteer base was excellent, which is amazing because of all the other places they'd been," said Mrs. Frack.

The flu shot will contain inactivated influenza virus, meaning the virus injected has been killed.

All children ages six months to 18 years and anyone 50 years or older should get a flu shot, said Mrs. Frack. Also needing the shot are women who will be pregnant during the flu season, anyone with long-term health problems with heart disease, kidney disease, liver disease, lung dis-

ease, a metabolic disease such as diabetes, asthma, anemia or other blood disorders; anyone with a weakened immune system, muscles or nerve disorders, on long-term aspirin treatment; residents of nursing homes and other long-term care facilities, or anyone who cares for people in the above categories.

Getting a flu shot does not guarantee a person from contracting influenza during the year, but it does make the flu much weaker if a person does contract it, said Mrs. Frack.

Influenza can cause fever, sore throat, chills, fatigue, cough, headaches and muscle aches. It can lead to pneumonia and can be dangerous for people with heart or breathing conditions. It can cause high fever, diarrhea and seizures in children. About 226,000 people are hospitalized because of influenza and 36,000 die, mostly the elderly, she said.

It takes up to two weeks for protection to develop after the flu shot, and the protection lasts for up to a year.

## Time again for cold weather warnings

By DAVID FLOYD  
National Weather Service  
Special to The Telegram

(The Norton Telegram urges readers to cut this from the paper and tape it to your refrigerator door, or put it on your home bulletin board.)

It's that time of the year to raise public awareness about winter weather, including frostbite, hypothermia, travel safety and the meaning of National Weather Service advisories and warnings.

The week of Oct. 19 to 25 will be used to discuss various topics relating to winter weather. Each of the three states served by our office sets aside a slightly different week or day to heighten awareness, so once again this year the plan is for our office to combine all these activities into a single "Tri-State Winter Weather Preparedness Week." The goal is to remind residents and visitors that it's time to gear up for winter weather and review safety procedures.

During that week, Public Information Statements will be released each day around 7 a.m., Central Daylight Time. This information will appear on our web site ([weather.gov/goodland](http://weather.gov/goodland)) and will also play on NOAA Weather Radio and All-Hazards transmitters located in Gem,

Lenora, Trenton, Neb., and Bethune, Colo. These statements will air once or twice each hour throughout the day.

Here is the schedule of topics that are planned: Sunday — Introduction; Monday — Winter travel safety; Tuesday — The meaning of winter watches, warnings and advisories; Wednesday — High winds and blizzards; Thursday — Wind chill, frost bite and hypothermia; and Friday — Wrap up.

Don't forget to check out all the latest winter weather information, including forecasts, watches, warnings and advisories, at the National Weather Service website [weather.gov/goodland](http://weather.gov/goodland).

Here is a list of winter weather terms that could be useful to know.

#### Winter season warnings

• **Blizzard Warning** — Sustained or frequent wind gusts of 35 miles per hour or more, and falling or blowing snow, and visibility below one-quarter mile for at least three hours.

• **Ice Storm Warning** — Damaging freezing rain accumulation over one-quarter inch.

• **Winter Storm Warning** — Any or all of the following are imminent or occurring: heavy snow, accumulations of six or more inches in 12 hours, eight or more

inches in 24 hours; sleet, accumulations of one-half inch or more; heavy snow and blowing snow, but conditions remaining below blizzard criteria; and if any of the above occur with freezing rain accumulations over one-quarter inch.

• **Wind Chill Warning** — Wind chill temperatures are expected to be hazardous to life within several minutes of exposure. Local criteria is 25 degrees Fahrenheit below zero with wind speed at least 10 miles per hour.

• **Freeze Warning** — Surface air temperature at or below 28 degrees Fahrenheit for at least one hour. Used primarily for events at the beginning and end of the growing season.

• **High Wind Warning** — Sustained winds at or exceeding 40 miles per hour for at least one hour, or any wind gust at least 58 miles per hour.

• **Dust Storm Warning** — Sustained winds of 25 miles per hour or greater resulting in widespread visibility below one-quarter mile in blowing dust.

#### Winter season advisories

• **Freezing Rain Advisory** — Light freezing precipitation with accumulations below one-quarter inch.

• **Winter Weather Advisory** — Any or

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Huskies explode, Page 9

Blue Jays 'railroaded' Page 10