



Ron Marble, Norton, had his blood sugar checked by Nevalo Beydler during the Norton County Health and Wellness Fair held at the National Guard Armory Wednesday. — Telegram photo by Carolyn Plotts

Health fair has good turnout

(Continued from Page 1) Patsy Maddy from Farm Bureau Association said, "It went over really well. We heard lots of positive comments."

The fair brought together dozens of agencies and individuals interested in health care, preventative measures, therapies and preparedness.

Nearly 50 people went through the Lions Club Screening Van where they were tested for blood sugar levels, hearing loss, vision loss and blood pressure.

AT THE SENIOR CENTER:

March 5 — Shepherd's Pie, Beets, Bread, Frozen Fruit Salad. March 6 — Chili Dog, Tater Triangles, Winter Mix Vegetables, Bun, Jello with Fruit. March 7 — Tuna and Noodle Casserole, Corn, Five Cup Salad, Bread, Cookie.

March 10 — Chicken and Rice Casserole, Spanish Green Beans, Ambrosia Fruit Salad, Bread, Choice Complement. March 11 — Hamburger Steak, Au Gratin Potatoes, Peas, Bread, Apricots. March 12 — Mac and Cheese with Smokies, Broccoli, Applesauce, Rolls, Cherry Cobbler. March 13 — Hot Turkey Sandwich, Mashed Potatoes/Gravy, Spinach, Bread, Strawberries and Bananas. March 14 — Chef Salad with Meat on the Side, Four Seasons Fruit Cup, Bread Sticks, Gingerbread with Topping.

March 17 — Cook's Choice Entree, Potatoes, Braised Cabbage and Carrots, Bread, Peaches. March 18 — Ham and Beans, Dole Tropical Fruit, Cornbread, Pudding. March 19 — Baked Chicken, Mashed Potatoes/Gravy,

Mixed Vegetables, Rolls, Cook's Choice Fruit. March 20 — Meat Loaf, Scalloped Potatoes, Fruit Mix, Bread, Cake with Frosting. March 21 — (Good Friday) Lemon Baked Fish, Stewed Tomatoes, Rice Pilaf, Bread, Apple Crisp.

March 24 — Hamburger, Potato Wedges, Corn, Bun, Apricots. March 25 — Chicken Pot Pie, Fruit Cup No. 1, Biscuit, Brownies. March 26 — Chili with Beans, Orange Pineapple Salad, Crackers, Cinnamon Roll. March 27 — Turkey Dressing Casserole, Mashed Potatoes/Gravy, Green Beans, Bread, Cook's Choice Fruit. March 28 — Swiss Steak, Broccoli/Rice Casserole, Seasoned Carrots, Bread, Applesauce Gelatin Salad.

March 31 — Baked Spaghetti, Italian Blend Vegetables, Pears, Garlic Bread, Pudding. Requested contribution \$2.50 per meal. Make checks payable to Homestead Nutrition Project. Guests under 60 must pay full cost of the meal, which is \$4.75 at the site, home delivered \$5.

Kansans choose eight wonders of state

More than 24,000 people from all 50 states cast votes to determine Kansas' most important natural or manmade wonders. The eight winners were recently announced by Kansas Gov. Kathleen Sebelius.

The winners include (in alphabetical order): the Big Well, Greensburg; Cheyenne Bottoms and Quivira National Wildlife Refuge, Barton and Stafford counties; Eisenhower Presidential Library & Museum, Abilene; Kansas Cosmosphere and Space Center, Hutchinson; Kansas Underground Salt Museum, Hutchinson; Monument Rocks and Castle Rock, Gove County; St. Fidelis Church (Cathedral of the Plains), Victoria; and the Tallgrass Prairie National Preserve, Chase County.

The winners were selected from 24 finalists; eight attractions were chosen because the Kansas Sampler Foundation, organizer of the project, bases its criteria on eight rural culture elements.

"It's very exciting to announce what the public chose as our very best in terms of places totally unique to Kansas or sites that are iconic," said Marci Penner, director of the Kansas Sampler Foundation. "We'd love it if the fun of the contest would launch a wave of exploring Kansas!"

Representatives from all 24 finalists as well as more than a 1,000 fourth- and fifth-graders and other fans of Kansas were on hand to hear the announcement.

"The 8 Wonders of Kansas are

City wants residents to get home safe

(Continued from Page 1) ordinance and then they would poll the bars and negotiate a price. They will discuss the issue more at the next Public Safety Committee meeting.

In other business, the committee:

- Discussed putting a stop sign at the intersection of North Archer and East Waverly due to poor visibility. They also discussed doing a traffic study for another

intersection on Wilberforce that didn't have a stop sign.

- Discussed a curb and gutter program.
- Heard Mayor David Corns thank the police officers who picked up trash cans out the street during high winds.
- Discussed the council raise. Mr. Corns said he has had several phone calls on the matter and no one thought a raise wasn't warranted, but felt the raise was too

high. He said people thought anywhere from \$300 to \$350 was appropriate. He said there has been a lot of public input on the matter and thought the council should let the public know that it is hearing what they say. He said he felt they should pass the ordinance for the raise, but amend it to \$350, which is almost midway between what they were making and the raised amount.

County looks at new defibrillators

(Continued from Page 1) Supervisor Tom Brannan, who said the sand trucks have been running in the southeast corner of the county and will be running up to Road W-8. He said they have been out for about a week now, trying to get some bad spots patched up. He said they will be hauling millings again sometime soon.

Mr. Miller asked Mr. Brannan to make the commission a plan of where road and bridge plans on putting sand and millings this year.

Mr. Brannan said the bridge crew has been working on tree removal and will continue to do

so until the weather warms up and they can start working on bridge repair again.

• Asked Mr. Brannan to contact County Counselor Doug Sebelius and Solid Waste Supervisor Curt Archibald to see what the county can do to help economic development with the Moffet property project.

• Heard from Mr. Archibald, who said he attended Department of Corrections training and completed his first aid training. He said the prison is coming up with random searches for the inmates working at the landfill to help prevent contraband from getting

back into the prison. The biggest contraband problem they have is with tobacco. However, he said they probably need to have more search at the landfill itself.

• Received an update of the health fair from County Health Supervisor Gina Frack. She said the fair went well with about 250 people attending. For the blood draw, she said they had 172 people participate. She thinks the fair will be held every two years, that way they get a better crowd. She said it seems to get bigger each year they hold it. The previous health fair was held two years ago.

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making this display of his remarkable lifetime achievements significant.

KANSAS COSMOSPHERE and SPACE CENTER: The Cosmosphere has one of the most significant collections of U.S. and Russian space artifacts in the world.

KANSAS UNDERGROUND SALT MUSEUM: The only underground salt museum in a working mine in the western hemisphere showcases our natural treasure, salt, 650 feet below the earth's surface.

MONUMENT ROCKS and CASTLE ROCK: These ancient chalk beds have produced scientifically significant fossils and have been highly eroded into unusual spires and shapes, making them spectacular landmarks on the plains of western Kansas.

ST. FIDELIS CHURCH: The architectural grandeur and impressive craftsmanship make this church built by the Volga German

pioneers in 1911, a masterpiece.

TALLGRASS PRAIRIE NATIONAL PRESERVE: The preserve represents the last significant example of the tallgrass prairie in North America.

The other finalists in the voting included: Arikaree Breaks, Cheyenne County; Ball of Twine, Cawker City; Big Brutus, West Mineral; Brookville Hotel, Abilene; Chase County Courthouse, Cottonwood Falls; Cimarron National Grassland, Morton County; Constitution Hall State Historic Site, Lecompton; John Steuart Curry Murals, State Capitol, Topeka; Davis Memorial, Hiawatha; Fort Larned National Historic Site, Pawnee County; Garden of Eden, Lucas; Gypsum Hills Scenic Drive, Barber County; Keeper of the Plains, Wichita; Lake Scott State Park, Scott County; Pawnee Indian Museum State Historic Site, Republic County; and St. Mary's Catholic Church, St. Benedict.

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The Collins Family has decided to retire from farming

Large Farm Auction

View Full Sale Bill at KRVN.com
J.R. and Marilyn Collins
Saturday, March 22, 2008 • 10:00 a.m.
At the Farm Site - 13 Miles North of Norton on Highway 283 - 3 Miles West on Road 703

**► Tractors ► Combines ► Loaders
► Vehicles ► Field Equipment
► Lawn Mowers ► Trailers ► Augers
► Snow Blowers ► Grain Bins
► Shop Equipment ► Fencing Items
► Seed ► Antiques and Collectibles
► Miscellaneous Items**

Auctioneer Notes:
The Collins family has decided to retire from farming and offer this fine line of machinery. The equipment will enhance your line of machinery or help greatly with a variety of jobs farming entails. There are bound to be other items offered on the day of the sale. Plan to spend the day! For further information, call: Horace E. Collins, Jr. at (785) 877-5504.

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