

OBITUARIES

Kimberly R. Shiflett

Oct. 8, 1956 - April 4, 2006

Kimberly Rae Shiflett, 49, former Norton resident, died at the Boone Hospital Center in Columbia, Mo., Tuesday. She was the daughter of Raymond and Gloria (Marsh) Murphy, born Oct. 8, 1956, in Colby. She had made her home in Norton for several years before moving to Missouri. She had worked as a nurse for Keller Hospital, Fayette Caring Center, Riverdell Caring Center, and Colonial Manor Nursing Home in Missouri. She had recently worked at the Cracker Barrel in Columbia. She was preceded in death by her parents and a sister, Jean Taube.

Survivors include: three sons, Gabriel Fitzmaurice and good friend, Sadie Kaup, Lenexa, Cameron Fitzmaurice, Olathe, and Kenyon Shiflett, Fayette, Mo.; one daughter, Kristen Shiflett, Columbia, Mo.; and her former husband, Kenny Shiflett, Fayette. There will be no visitation. Graveside services will be held at 11 a.m. Monday at Norton Cemetery. A memorial in her name has been established. Contributions to the Kimberly Shiflett Memorial Fund may be sent in care of Firemonth-Freeze Funeral Service, 174 Hwy. 5 and 240, N. Fayette, Mo. 65248. Local arrangements were by Enfield Funeral Home, Norton.



John and Beverly Miller

Norton couple married 30 years

John and Beverly Miller, Norton, will celebrate their 30th wedding anniversary with family. John Miller and Beverly Ritter were married April 10, 1976 in Norton by her uncle, Lee Preston. The Millers have two children, Rusty Miller, Norcatur, and Cheri and Bart Brooks, Clayton.

John M. Taylor

Aug. 29, 1911 - April 4, 2006

John M. Taylor, 94, formerly of Norton, died Tuesday at Mercy Hospital, Council Bluffs, Iowa. Mr. Taylor was born Aug. 29, 1911, in El Dorado to Everett and Grace (White) Taylor. He retired from the Wilson-Carter Printing Company, Norton in 1974, after 26 years of service. He was a member of the Presbyterian church and a member of the Norton Masonic Lodge. He was preceded in death by his first wife, Margaret Taylor in 1979, and by his son, Sean Louis Taylor in 1950. Survivors include his wife, Jimma Lou (Glenn) Taylor, with whom he observed their 25th wedding anniversary on Monday; a son, John M and Nancy Taylor,

Omaha, Neb.; a step-son, Larry Beltz, Council Bluffs; two step-daughters, Beverly and Fred Crouter, Council Bluffs and Nancy and Stephen King, North Platte, Neb.; 17 grandchildren; and 17 great-grandchildren. Funeral services were held today at Cutler-O'Neill Meyer Woodring Funeral Home, Council Bluffs. The Rev. Barbara Todd, pastor of New Horizon Presbyterian Church officiated. Burial was in the Hillcrest Memorial Park Cemetery. Memorials are suggested to Girls and Boys Town, Omaha. Contributions may be sent in care of the funeral home, 545 Willow Ave., Council Bluffs, Iowa 51503.

Former teacher reaches 101st birthday

Mildred Hazlett Maham makes 101 years look good. Mrs. Maham was born March 9, 1905, on a farm in the Edmond community. She graduated from Norton Community High School in 1923 and taught school until she married Clarence Klein in 1927. They moved to Goodland and lived there until his death in 1962. In 1966, she moved to Arizona. She met Harry Maham and they married in 1969. They made their home in Sun City, Ariz., until his death in 2001. Mr. Maham's daughter, Doris Neitzel helped Mrs. Maham move to Chicago in 2003, where she lives in her own apartment with the help of a live-in assistant. Her health remains good and only requires the aid of a walker. She enjoys working on crossword puzzles, watching game shows and reading. Mrs. Maham's daughter, Michelle Wiltfong, and a niece, Sherry Showers, both of Edmond flew to Chicago to surprise her on



Mildred Hazlett Maham

her birthday. She has another niece, Joan Hazlett, who lives in Edmond. Mrs. Maham would enjoy hearing from her Norton friends. Her address is: 7510 Farmingdale Dr. Apt. 303, Darien, Ill. 60561.

DEATH NOTICE

Loretta Morgan

Loretta Morgan died Wednesday at Norton County Hospital.

Services are pending with Enfield Funeral Home.

M. Loretta Bard

M. Loretta Bard, Logan, died Tuesday at the age of 73. Funeral services will be Saturday at 10:30 a.m. in the Logan

Christian Church, with burial in the Pleasant View Cemetery, Logan. Logan Funeral Home is in charge of arrangements.

READERS

— Almena State Bank will close at noon good Friday, April 14.

were the teams of Jerry Moritz and Myron Veh and Sam and Bonnie Manning.

The Duplicate Bridge Club met Wednesday evening at the Norton Manor for their regular weekly session with three tables present. Winners were: first, Jackie Porter and Joyce Sumner; tied for second

Jay Ryan has a new mailing address. Friends may write him at Mid America Rehabilitation Center, 5701 W. 110th St., Room #206-B, Overland Park, Kan. 66211.

HANSEN MUSEUM

This is the last week of "The American Spirit Quilt Collection exhibit and "Maxwell Berry's Wildflowers". The museum is open from 9 a.m. to noon and 1 p.m. to 4 p.m. weekdays; 9 a.m. to noon and 1 p.m. to 5 p.m. on Saturday; and 1 p.m. to 5 p.m. on Sunday. Please stop by for one last look.

the Cindy Agan Painters Workshop on May 4 through 7, from 9 a.m. to noon and 1 p.m. to 4 p.m. The Country Dance Class will be meeting for the last time by testing their skills at the Salebarn Ballroom this Saturday. See what they have learned. Plan to attend the museum's annual meeting Tuesday, April 18. This evening is also the preview for "Omer Knoll: Sculptor, Artist and Designer". Mr. Knoll will be the speaker for the evening.

March Artists of the Month, Tom and Mary Ewing, removed their leather crafts in time for April Artist of the Month, Tina Elias, to set up her Charity Candle display. "Give Hope, Light A Candle" is Ms. Elias' way of helping out a children's charity. She donates 10 percent of her sales to St. Jude's Children's Hospital. These hand poured candles are the perfect last minute gift. You still have time to sign up for

MARKETS

Table with market prices for Wheat, New Crop Wheat, Milo, Corn, and Soybeans as of April 6.

Obituary for Doylene Quenzer - Foreman, Dec 25, 1946 - April 10, 2005. Includes a photo and a poem: 'A precious one from us has gone, A voice we loved is stilled, A place is vacant in our hearts that never can be filled...' and 'We Love and Miss You, Dodes Buster, Tudie Bean and Pitter Pat'

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. The traffic and criminal cases were given to the paper with the date of the hearings.

Traffic

- May 24, 2005 — Alan Mills, Hastings Neb., speeding 50 in a 35 mph zone, fine \$60, court cost \$60. Feb. 16 — Norman Walter, Norton, failure to yield right away, amended to defective brakes, fine \$30, court cost \$60. March 4 — Kasey Stanton, Norton, failure to use child safety restraint and failure to wear seatbelt, fine \$30, court cost \$60. March 13 — Andrew Horesky, Norton, driving in violation of restrictions and no seatbelt, fine \$110, court cost \$60. March 13 — James Gregory, Norton, speeding 44 in a 30 mph zone and no seatbelt, fine \$64, court cost \$60. March 14 — Donnie Bolt, Jennings, inattentive driving, fine \$10, court cost \$60.

Westminster, Colo., speeding 74 in a 65 mph zone, fine \$36, court cost \$60.

Limited Action

- March 20 — Health Services One, P.C., versus Teresa K. and Jerry Tolle, Norton, unpaid debt of \$112.14, plus court cost and fees. March 23 — Norton Flowers and Gifts versus Dorin Nelson, Norton, unpaid debt of \$26.36, plus court cost and fees. March 23 — Norton Flowers and Gifts versus Amanda Willmes, Norton, unpaid debt of \$34.22, plus court cost and fees. March 23 — Weskamp Rentals versus Kendra Merchant, Norton, unpaid debt of \$1,304, plus court cost and fees. March 23 — First State Bank versus Debbie Hale, Norton, unpaid debt of \$893.52, plus court cost and fees.

Building Permits

- April 5 — Robert Kaus, \$1,000, construct deck at 509 N. Norton. April 5 — Neila Tyrrell, unknown amount, construct deck and fence around yard at 308 N. State. April 5 — Steve Nelson, \$8,000, construct garage at 808 N. Archer. April 5 — George Land, \$30,000, construct accessory building at 805 Sun Ave.

Animal Shelter

- For Adoption: 5 year old neutered male, Labrador. 2-3 year old male, Basset mix. 6 month old female, mix. 6 month old female, domestic, black shorthair kitten.

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

Traffic

- March 8 — Jeremy M. Lans, Oxford, Neb., improper stop lamp or turn signal and connecting and safety equipment of towing vehicles, fine \$60, court cost \$60. March 10 — Nicolas J. Turner,

BIRTH

Mackenzie Joanne Clydesdale

Randy and Teresa Clydesdale, Norton, are the parents of a daughter, Mackenzie Joanne. She was born on Feb. 26, and weighed 6 pounds 10 ounces and measured



M. Clydesdale

Life expectancy and health issues to be discussed at aging expo

Even though wellness is a well-known term, it is also a relatively recent term. A century ago, people considered themselves lucky just to survive to adulthood. A child born in the 1900s, for example, could expect to live only 45 years. Many people died as a result of common infectious disease and poor environmental conditions (unrefrigerated food, poor sanitation, air and water pollution). However, over the last 106 years, the average life span has nearly doubled, thanks largely to the development of vaccines and antibiotics to prevent and fight infectious disease, and to public health campaigns to improve living conditions. A different set of diseases have now emerged as our major health threat. Diseases such as heart disease, cancer, and stroke are now the top causes of death in the United States. Treating these diseases has proven to be enormously expensive and extremely difficult. It has become clear from

Home ed Tranda Watts, Extension specialist



the extensive research on this subject that these diseases could be prevented. Once we become aware of our health problem(s), we need to make a conscious decision to change. Unfortunately, that decision can only be a personal decision from self-motivation. We all need to devise some sort of plan that will help us in our quest for wellness. One popular plan is to first choose a target behavior that you need to change. Your second step would be to monitor that particular behavior through a journal. The third step in changing your health behavior would be to set a specific attainable goal. This stage should be some sort of goal that we can easily obtain in a couple of

weeks. Your last stage should be a reward system for reaching that goal (your reward should be unrelated to your behavior change). Using this simple process is a good start to improving your health and increasing your quality of life. To learn more about wellness and aging, plan to attend Full Circle, an Aging Expo on Thursday, April 27 in Goodland or Friday, April 28 in Osborne. Dr. Jeff Burnett, Fort Hays State University's Department of Health and Human Performance will discuss this topic. Contact your local K-State Research and Extension Office for registration information.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

Bake sale Saturday. The First United Methodist Church of Norton is having a bake sale Saturday to benefit the Missions and Ministries Fund. The sale will begin at 8 a.m. at Moffet Drug in downtown Norton.

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