

# OBITUARY

## Charles Virgil W. Cox Aug. 12, 1919 - March 27, 2006

Charles Virgil Woodrow Cox, 86, died Monday at the Andbe Home.

The son of Charles Edward and Elizabeth Ann (Schrader) Cox, he was born August 12, 1919, in Almena.

He attended the Baker and South Fork rural schools. He graduated from Almena Rural High School and attended one year of college at Fort Hays State College.

He also served his country in the military.

On March 10, 1951, he and Mary Laurine Hines were married in Norton. They made their home in Norton where they raised their family and he worked for the city.

He was a member of the Baker Church and later the Baptist Church. He enjoyed hunting, fishing, and playing pool.

He was preceded in death by his parents, one brother, Vernon Cox, and two sisters, Martha Cadwalder and Ida Cox.

Survivors include: his wife, Laurine, of the Andbe Home in Norton; three children, Lynn and Karen Cox, Savannah, Ga., Linda Cox, Hutchinson, and Leland and Tamara Cox, Topeka; two grandsons; and two step-grandchildren.

Friends may call from 3 p.m. to 8:30 p.m. today at Enfield Funeral Home, Norton.

Funeral services will be held at 10 a.m. Saturday at the funeral home with burial in the Long Island Cemetery.

Memorials have been established to the Norton Senior Center and to the Alzheimer's Foundation. Contributions may be sent in care of the funeral home at 215 W. Main, Norton, Kan. 67654.

## Kick-off for library week is April 3

The theme for National Library Week, April 2-8, is "Change Your World At Your Library".

To start the week, the Norton Public Library will have a booth from 3 p.m. to 4:30 p.m. Monday at the Norton Pamida Store.

Thursday April 6, the library will host a special story time featuring Cuppycake The Clown. Cuppycake will be making balloon animals, presenting a short magic show and reading stories to the children.

Everyone is invited to attend.

## READERS

The Duplicate Bridge Club met Wednesday evening at the Norton Manor for their regular weekly session with three tables present. Winners were: first, Jerry Moritz and Myron Veh; second, Dick Hemphill and Claudia Bridges.

On March 14, Wayne Wiltfong had open heart surgery at the Good Samaritan Hospital in Kearney. He would appreciate hearing from his friends. Mail will reach him at 4503 Second Ave., P.O. Box 1810, Room No. 350, Bed 2, Kearney, Neb. 68848-1810.

Jared Rohr began working for Prairie Land Electric Cooperative in January as an apprentice lineman in Hill City. Mr. Rohr is a 2001 graduate of Hill City High School and a 2002 graduate of Mesa State Technical School, Grand Junction, Colo. He and his wife, Alexi, live in Hill City.



Jared Rohr

Weddings, funerals, engagements, and births. You'll find it all in...

THE NORTON TELEGRAM

# Diabetics to have newsletter

Do you have a family member or friend who has recently learned that they are a person with diabetes? Are you a person with diabetes? Or do you just want to know a little more about diabetes for your personal information? If you can answer yes to any of these questions, here is an opportunity just made for you.

A free newsletter discussing diabetes and some of the challenges relating to diabetes is being provided by Tranda Watts, Multi-County Extension Specialist - Food, Nutrition, Health and Safety in Decatur, Gove, Norton, Sheridan, and Trego Counties. Topics to be included are very basic, general information, but for those who are unfamiliar with diabetes, there is something to be learned.

If you would like to sign up to receive this educational material discussing diabetes, you may contact your local K-State Research and Extension Office and ask to be put on the mailing list. Be sure that you give the office your complete mailing address or e-mail address, and you will begin to receive the newsletter on a monthly basis. Plans right now are to send a series of 6 to 12 newsletters. They will arrive one per month. Other ways you can reserve a copy of the newsletter include calling 785-443-3663 or e-mailing:

## Home ed Tranda Watts, Extension specialist



twatts@oznet.ksu.edu.

### The Latest on Non-Stick Cookware

Recent news stories have increased interest in the safety of non-stick cookware. The EPA is asking manufacturers of these products to start eliminating the use of perfluorinated acid (PFOA). Should you throw away your cookware?

PFOA is very persistent in the environment and in the blood of the general U.S. population. Studies indicated that PFOA can cause developmental and other adverse effects in laboratory animals. PFOA also appears to remain in the human body for a long time. All of these factors, taken together, prompted the EPA to investigate whether PFOA might pose a risk to human health and the environment at the levels currently being found, or at levels that might be reached in the future as more PFOA continues to be released into the environment.

The EPA emphasizes that there

is no danger to consumers who cook with non-stick cookware. After the cookware is manufactured, PFOA is virtually gone.

It is important to read cookware usage instructions for best safety. These pans should not be used for high heat cooking. Non-stick coatings will start to break down at 535 degrees F which is well above frying temperatures of 400 degrees to 470 degrees F. If heated higher than these temperatures, the pan will release fumes, damage the pan or possibly catch on fire. Never use metal utensils that can scratch the coating and never use abrasive cleaners, sponges, or steel wool which can also scratch the coating.

Therefore, with proper use, there is no danger to the consumer. PFOA is used in many other products. It is used by the aerospace, transportation, textile and electronics industries for such products as wiring and fabrics.

If you have further questions, contact your local K-State Research and Extension Office.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

# BIRTH

## Kylie Elizabeth Roberts

Kylie Elizabeth Roberts was born March 24 in Durango, Colo., to Jerrod and Danika Roberts. She weighed 6 pounds 5 ounces and measured 18 3/4 inches long. She has a sister, Natalie, 1 1/2 years old.

Grandparents are Randy Rob-

erts, Norton; Sherry Vanover and Steve and Mary Jean Brittain, all of Durango.

Great-grandparents are Charlotte Roberts, Norton; Louise Vogel and Sharon Brittain, both of Druango.

# Congressman to accept academy applications

Congressman Jerry Moran is accepting applications for nominations to the United States Service Academies. The academies include the U.S. Military Academy in West Point, N. Y.; the U.S. Naval Academy in Annapolis, Md.; the U.S. Air Force Academy in Colorado Springs, Colo.; and the U.S. Merchant Marine Academy in Kings Point, N. Y. Those selected will enter the academies in June 2007.

Selections are based on SAT or ACT test scores, class rank, grade point average, school records, extracurricular activities, leadership potential, motivation, recommendations and interview evaluations. Applicants must be legal residents of the state of Kansas, at least 17 years of age but not past their 23rd birthday on July 1 of the year of admission, citizens of the United States, unmarried, not pregnant, and without legal obligation to support children or other dependents.

If nominated by Congressman Moran, the applicants must then

meet the individual admission requirements of each academy. The academies will make the final decision on who will receive an appointment of admission. Due to limited placement, the congressman encourages all interested candidates to apply also to the offices of U.S. Senators Sam Brownback and Pat Roberts.

Application deadline is Oct. 1. Interested applicants should send a letter requesting application materials to: Congressman Jerry Moran, Attn: Service Academy Selection, P.O. Box 1128, Hutchinson, Kan. 67504-1128.

# MARKETS

At close of business Mar. 30

Wheat .....	\$3.74
New Crop Wheat .....	\$3.69
Milo .....	\$1.73
Corn .....	\$1.95
Soybeans .....	\$5.01

## FREE REVIEW

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Show Times: Friday and Saturday: 8 p.m.  
Sunday: 5 p.m.; Mon., Tues., Wed.: 7 p.m.

—PREMIERING—  
92 Minutes - (PG) **Ice Age 2**

Adult-\$6.00; Child-\$5.00 (12 and Under)  
No Discounted Tickets  
Movie Passes Accepted

Let's go to the Movie

The Warren Harting families invite everyone to an Open House on Sunday, April 2, 2006, 2 to 4 p.m. at the Norton Senior Citizens Center for his Birthday. No gifts please, your presence will be a gift!

**2003 GMC - SLE Ext. Cab**, 4 dr., Z71, 5.3, V8, cloth interior, 4x4, loaded-every option, 23,000 miles.

**2003 PONTIAC GRAND AM SE** - 4 dr., V6 auto., CD, nice cloth interior with only 42,000 miles, dark green metallic.

**2005 CHEVY IMPALA** - 4 dr., 3400 V-6, cloth interior, dual temp, CD, white, 14,000 miles, factory warranty.

**2000 FORD TAURUS SE** - 3.0 V6 auto, loaded out, nice, clean, local trade, gold.

**2005 DODGE NEON SXT** - 4 dr., 2.4 cyc., 6 disc CD, red, auto, nicely optioned, only 16,000 miles. Great going "off to school car", factory warranty. WAS \$12,600.00 ..... **NOW \$11,200.00**

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## UN-Prom Party

### SATURDAY, APRIL 8

7:00-12:30 P.M.

*Freshmen and Sophomores Only*

- Hot Dogs on the Grill
- Videos
- Video Games
- Contests
- Competitions

*Prizes & Awards*

## THE ROCK

Northeast Corner of Intersection of Main and State  
NORTON, KANSAS