



# Northern Valley sweeps the spell-off

It was a clean sweep of the Norton County Spelling Bee by Northern Valley students as they took the top three spots in Wednesday's competition at Lenora Elementary School.

Amber Sheley, an eighth grader at Northern Valley Junior High School, won first place at the bee after Christina Anderson, another eighth grader, misspelled "cellophane". Miss Sheley spelled that word correctly, then went on to spell "seizure" and claim first place. Miss Anderson placed second while Tyler Montgomery, a sixth grade student at Northern Valley, took third place after going out on "torrential".

Miss Sheley is the daughter of Jane Sheley, Norton; Miss Anderson is the daughter of Brian and Karen Anderson, Prairie View; and Mr. Montgomery is the son of Monte and Staci Montgomery, Almena.

Other contestants included from Norton, Matt Pollock and Cassie Wuest, eighth grade; Zach Porter,

seventh grade; R.J. Ellis and Rhee Carlson, sixth grade; Norton; and Johnnye Ruder, fourth grade.

Northern Valley students were: Staci Dole, seventh grade; Melissa Hawks, and Royce Fanders, sixth grade; and Olivia Lowry, fifth grade.

Lenora Grade School was represented by Kelsey Marx, fourth grade and Kirsten Georgeson, second grade.

Judges for the contest were Dwight Vallin, Northern Valley; Mike Korte, Lenora and Mirla Coleman, Norton. Jim Springer, Northern Valley, served as coordinator and pronouncer. This was Mr. Springer's 29th year as Norton County Spelling Bee Moderator.

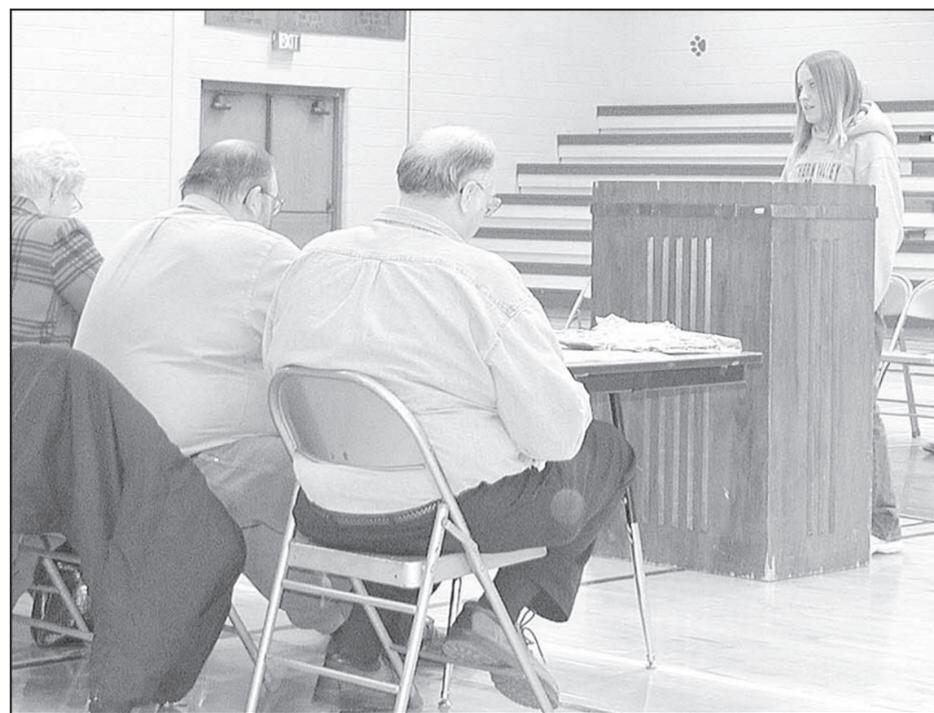
Miss Sheley is now qualified to compete in the All Kansas Spelling Bee to be held March 25 at the Garvey Fine Arts Center, Washburn University, in Topeka.

The Norton Telegram provided plaques to the top three contestants.

"The Thinker", Johnnye Ruder (below) waits her turn at the Norton County Spelling Bee, held Wednesday in Lenora. Staci Dole (bottom right) a seventh grader at Northern Valley, considered her word challenge. Judges

(above) for the annual contest are from left to right, Mike Korte, Dwight Vallin, Mirla Coleman and Jim Springer.

— Telegram photos by Carolyn Plotts



## Area students receive scholarships

Several area students attending Kansas State University recently received scholarships for the school year. Recipients were: Anthony Marshall, Norcat, \$4,250 Col. Delbert Townsend Scholarship; Thomas Ostmeier, Almena, \$1,200 Achievement Award, \$3,000 Dane G. Hansen Scholarship and \$1,300 Kelce Foundation Scholarship; Caitlin James, Lenora, \$500 Agricultural Enhancement Fund and \$1,000 Phebe Bissell Memorial Scholarship; Amanda Ebert, Norton, \$5,000 Dane G. Hansen Scholarship; Evelyn R. Wilson Scholarship in Agriculture; Hanna Kohfeld, Norton, \$600 Business Administration Dean's Scholarship and \$400 Phebe Bissell Memorial Scholarship; Lucas G. Maddy, Norton, \$3,000 C. W. Longinaker Memorial Scholarship, \$2,500 Dane G. Hansen Foundation Scholarship and \$500 John Clark Slentz Award for Excellence in Agriculture; Terry Petrie, Norton,

\$2,000 Veryl A. Switzer, Scholarship and \$898 K-State Transfer Student Award; Megan Walter, Norton, \$700 Blanche Howe Parsons Scholarship, \$550 John Jacob Rhodes Jr. and Elizabeth H.

Rhodes Scholarship and \$550 Wendell and Pauline Gardner Honors Scholarship; and Kelsey Noel, Logan, \$1,200 Marion H. Pelton Scholarship.

## Roasted veggies good way to go

Roasting vegetables gives them a rich, sweet flavor. And, it's so easy! While the vegetables are roasting, prepare the other parts of your meal.

Root vegetables, such as carrots, parsnips and/or turnips, can be roasted together. Here's a simple way to do it:

1. Preheat oven to 400 degrees F (205 Celsius)
2. Wash and peel desired combinations of carrots, parsnips, and/or turnips. Cut into cubes, approximately 1/2 inch in size.
3. Place in a bowl and toss in a small amount of olive oil to coat.
4. Season with black pepper and, if desired, a light dash of salt. For added flavor, mix in a light sprinkling of your choice of herbs, such as dried thyme leaves or crumbled dried rosemary.
5. Place in a single layer on a large baking sheet with sides, such as a jelly roll pan.
6. Roast for 30 to 40 minutes

until they are browned slightly (over-browning makes them bitter). Stir occasionally with a spatula to prevent sticking.

7. Test if vegetables are done by cutting into the thickest part of a few of them with a sharp knife. The knife should slip easily into them.

Want a quick sauce to top a piece of meat? Just before serving, melt a small amount of jelly or marmalade in a small sauce pan over low heat or in the microwave. Watch closely as it will melt fairly fast. Thin with a little water, if needed. Pour over meat. For extra tang, add a small splash of vinegar (such as balsamic or a wine vinegar) to the melted jelly.

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## Norton forensics takes third twice

The Norton Community High School Forensics team started their season with two, third place finishes. The first tournament of the year was held in Oberlin, Jan. 28. The team has some returning members and several newcomers.

At the Oberlin tournament the team results were: Jared Cox and Aaron VanDerWege, first in duet and second in duet acting; Stephen Mizell and Cyndie Milnes, second in duet; Heath Vincent, first in extemporaneous speaking; and Tim Becker, sixth in oration speaking.

At the Hill City tournament, Feb. 11, the placings were: Jared Cox and Aaron VanDerWege, second in duet acting; Stephen Mizell and Cyndie Milnes, first in duet; Cyndie Milnes, first in serious solo; Karlynn Kent, sixth in serious solo; Heath Vincent, first in extemporaneous speaking; Ashley Maybon, fifth in oration speaking; and Aaron VanDerWege, fourth in humorous solo.

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