

Baby will put dreams on hold

Every teenager has dreams and aspirations: getting the newest CD, finishing high school or buying a car.

A car ... you know the kind, a beautiful, fast, red convertible that you can cruise around in on Friday night. One with all the options, a CD player, leather seats, a computerized dash, chrome wheels and a baby in the back seat. WHAT? A baby in the back seat?

For many teens, the “dream car” is not an option because they became parents earlier than they had planned. Having a baby is a big deal. It impacts the rest of your life, sometimes in ways you might not have thought.

So, if you’re not ready for the fast lane, read an entry from a teen mom who encourages kids to avoid those dangerous curves!

My reality of teen parenting
“My name is Arlene, and I’m a single teen parent. I’m 17 years old and have a 7 month old baby boy. Though I do not regret having my baby, I do wish that I would have finished school and that I would have accomplished all of my goals.

I was in a two-year relationship, and when I had my baby, I thought that his father would be there to help me, but his mind set was on staying out all night and being irresponsible. It is hard to raise a child with or without your partner’s help.

Many teens think that just because they do a good job at baby sitting relatives or the neighbors’ kid, that they can handle one of they’re own. There is nothing that will ever prepare you physically or mentally for parenthood, from staying up all night to keeping them out of things that they are not supposed to be in.

When I found out that I was pregnant, I came to a realization that I couldn’t be a teenager anymore but had to grow up and to take responsibility over another life.

Things such as sleeping in on the weekends or going out with friends whenever I want, aren’t even possible anymore. Although I do have the help of my family to raise this child, being a single parent can be stressful — I, at times, still wake up



cris lovington

• prevention center

in the middle of the night to change diapers and to make bottles.

My advice to teenagers out there is to stay abstinent. When you do find the person you want to be with, there is plenty of time for being physical. If you are sexually active, use protection every time.

Remember, it just takes one time to change the rest of your life. There is nothing like the scary reality that you are a teen parent. So please take my advice as a wake up call, or the next time you decide to have unprotected sex, the next wake up call you may be getting will be at 4,5, or 6:00 in the morning to change a diaper or to make a bottle.”

It’s hard to be a teenager in today’s society because the media and the streets try to fill our brains with lies about what is right for our bodies. They try to tell us what we should look like, what we should feel like and try to make decisions for us.

All teenagers have to deal with troubles. We all have curiosity and questions, but sometimes we need to step out from the crowd and make our own decisions. Like whether to have sex or not.

It is something all teenagers deal with, some more than others, but eventually all teens have to make the decision. Even if a young person already has made the decision to have sex, he/she may not know why they made that decision or if they should have started to have sex in the first place.

Sometimes teens let peer pressure push them into doing things that maybe they didn’t want to do or weren’t ready to do. The decision of whether or not to have sex is a perfect example.

Teenagers have different reasons to abstain or to have sex, and not all young people are ready to make the

decision. Sex is a very important step that a person takes in his/her life.

Abstinence is an option, for religious,

health and emotional reasons. By abstaining, a teen can prevent getting any sexually transmitted infections, becoming a teen parent or feeling that by having sex they are going to fit in.

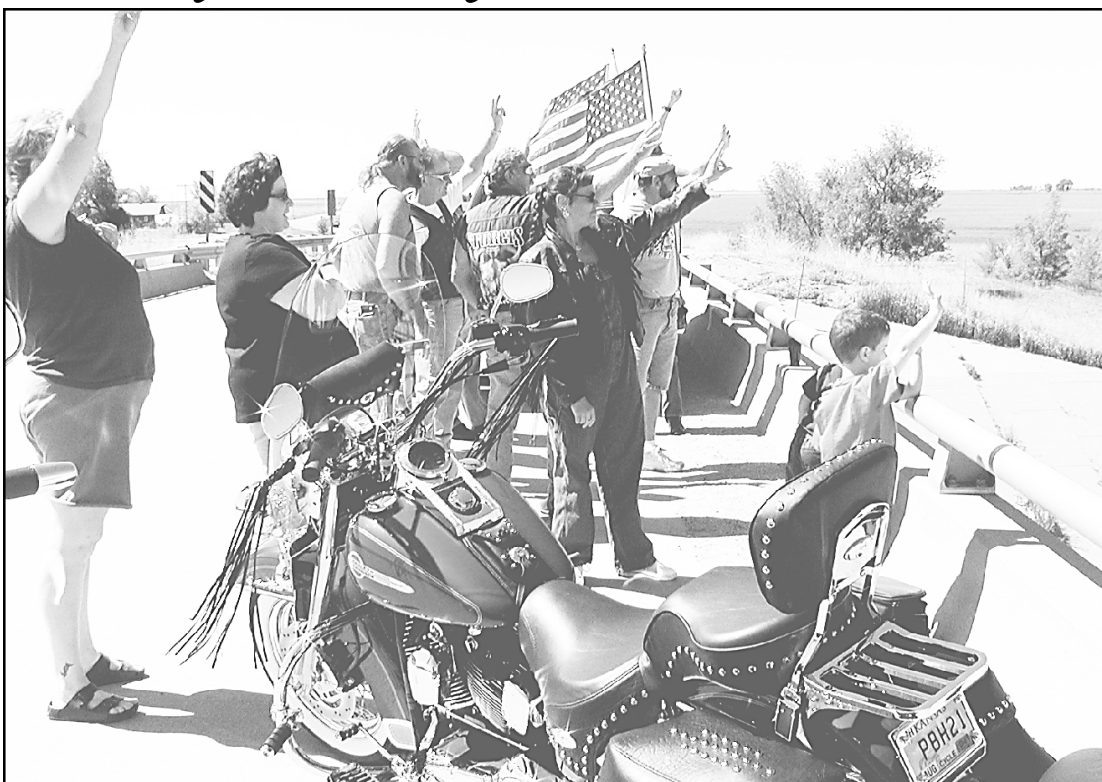
By not having sex, teens can keep from adding to the statistics of those who suffer the consequences of having sex when they are not prepared.

Sometimes teens are not mature enough to inform themselves of the dangers there are to making such a decision or how those dangers can be prevented or avoided.

There are consequences of sex, and teens need to think for themselves. No one is going to have to deal with the consequences but them.

Know how to have sex in a healthy way. Make sure to take precautions against the possible consequences.

Motorcycles ‘Run for the Wall’



The 16th Run for the Wall rolled up I-70 on Sunday, and about 20 people from Goodland waved to the hundreds of motorcycles on their way to Washington. The Run for the Wall is an annual event to remember those who are missing in action and listed as prisoners of war from Vietnam. The combined motorcycles from across the county will roll through Washington on Sunday in the Rolling Thunder parade as part of the Memorial Day weekend ceremonies.

Photo by Tom Betz / The Goodland Star-News

Worship warms the heart



Calvary Gospel Church

Pastor: Rev. Steve Rains
Fourth & College • 899-3605
Sunday: Sunday School: 9:15 am
Morning Service: 10:30 am
Small Group Ministries
Wednesday: Prayer and Worship: 7:00 p.m.
Youth @ the Rock House: 7:00 p.m.

Our Lady of Perpetual Help

Pastor: Father Norbert Dlabal
307 W. 13th • 899-7205
Sacrament of Reconciliation:
4:30-5 pm Saturday or by appointment
Mass Schedule:
Saturday: 6 pm, Sunday: 10:30 am
Spanish Mass:
1st & 3rd Sunday: 2 pm

Sonrise Christian Church

Ninth & Caldwell • 899-5398
Minister: Tony Kafka
Youth Minister: Doug Bean
Sunday: Worship Service: 9:30 am
Sunday School: 10:45 am
Wednesday:
Junior/Senior High Meeting: 7 pm
Adult & Children’s Classes: 7 pm

Word of Life Foursquare Church

10th & Clark • 899-5250
Pastor: John Coumerilh
Service Schedule:
Sunday: Worship Celebration
and Kids’ Church: 10:30 am
First Wednesday: K.W.A.M.!
Grades 1 through 5: 7 p.m.

Pleasant Home Church

**Serving the rural community
for over 100 years**
Rt. 1, Box 180 • 694-2807 • 3190 Road 70
Pastor: Charlie Busch
694-2242
Sunday: Worship Service: 9 am
Sunday School: 10 am
Evening Service: 6 pm

Bible Baptist Church

Pastor: Glenn Hermanson
Fifth & Broadway
899-7368
Sunday: Sunday School: 9 am
Morning Service: 10 am
Evening Service: 6:30 pm
Wednesday: Evening Bible Study: 7 pm

Church of Jesus Christ of Latter-Day Saints

1200 15th Street • Burlington, CO
(719) 346-7984
Sacrament Meeting: 10 am
Sunday School: 11:15 am
Priesthood/Relief Society: 12 am

Iglesia Del Dios Vivo

La Luz Del Mundo
Spanish Speaking Church
Minister: Esteban Ortiz B.
1601 Texas • 899-5275
Daily Prayer: Sunday thru
Saturday: 5 am & 6 pm
Sunday: Sunday School: 10 am

United Methodist Church

Brewster:
Pastor:
Worship Service: 10:45 am CST
Sunday School: 9:45 am CST
Winona:
Minister: Rev. Bob Winters
Worship Service: 9 am CST
Sunday School: 10:15 am CST

First Christian Church

(Disciples of Christ)
Pastor: Loren Strait
Eighth & Arcade • 899-5233
Sunday: Worship Service: 10:30 am
Sunday School: 9:15 a.m.
Activities: Junior High & High School Youth Groups,
Adult Bible Study, Choir, Men’s and Women’s Groups,
Devotions Study, Monthly Fellowship
Special Notice: Handicap Accessible, Hearing
Assistance Equipment and Infant and Toddler
Nurseries Available

Kanorado United Methodist Church

Pastor: Leonard Cox
399-2468
Sunday: Sunday School: 9 am
Worship Service: 10:15 am

Church of the Nazarene

Pastor: Bob Willis
Third & Caldwell
899-2080 or 899-3797
Sunday: Sunday School: 9:45 am
Worship Service: 10:50 am
Evening Service: 6 pm
Wednesday: Evening Service: 7 pm

First United Methodist Church

1116 Sherman
899-3631
Pastor: Rev. Janet Hernandez
Saturday: Informal Worship: 5:30 pm
Sunday: Sunday School: 9:15 am
Worship Service: 10:30 am

Goodland Bible Church

109 Willow Road • 899-6400
Pastor: Chad DeJong
Sunday: Sunday School: 9:30 am
Morning Worship: 10:45 am
Evening Worship: 6 pm
Wednesday: AWANA (Winter)
and prayer: 7 p.m.

First Baptist Church

Pastor: John Meckling
Fifth & Center • 899-3450
Sunday: Sunday School for all ages:
9:15 am (Child care provided)
Morning Worship: 10:30 am
Wednesday: Bible study 7 p.m.
Call church for information
Thursday: Bible study 9:30 a.m.
Wheatridge Center

St. Paul's Episcopal Church

13th & Center
Church 890-2115 or Rectory 890-6969
Priest: Father Hal Lycett
Holy Eucharist: 10:00 a.m. Sunday
10:00 a.m. Thursday
Morning Prayer: 8:00 a.m. Wed. - Sun.
For emergencies Wed. - Sun. 890-6969
Sr. Warden for emergencies
Mon. and Tues. 890-3320

Grace Fellowship Church

104 E. Hwy 24 • 899-6423
Pastor: Bob Snyder •
Residence: 890-0134
Sunday: Sunday School: 10 am
Worship Service: 11 am
Wednesday: Bible Study: 7 pm
Sunday: Bible Study: 7 pm

Seventh Day Adventist Church

1160 Cattletrail
Pastor: Jim Martin
Saturday: Sabbath School: 9:30 am
Worship Service: 11 am

Emmanuel Lutheran Church

13th & Sherman • 890-6161
Pastor: Scott Grimshaw
Sunday: Christian eduction/fellowship:
10:15 a.m.
Worship Service: 9 am
Wednesday: Confirmation: 6 pm

Church of Christ

401 Caldwell
899-6185
Sunday: Bible Study: 9:45 am
Worship Service: 10:45 am
Wednesday: Bible Study: 7 pm

**The following sponsors urge YOU to attend
your chosen House of Worship this Sabbath:**

Short & Son Trucking
Hwy. 24

Koons Funeral Chapel
North Main

Atens Department Store
1103 Main

Good Samaritan Center
208 W. 2nd

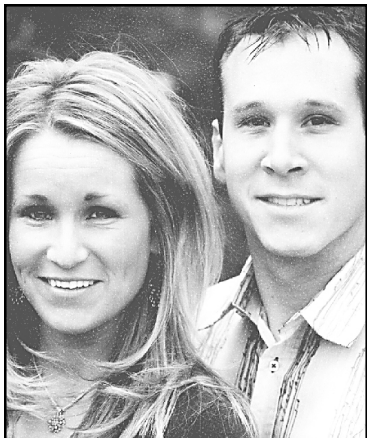
KLOE/KKCS/KWGB
3023 W. 31

Bateman Funeral Home
211 E. 11th

September wedding planned

Dondi Dawes and Jonathan Henak plan to marry Friday, Sept. 3, 2004, in Eureka Springs, Ark.

The bride-elect is the daughter of Don and Phyllis Dawes of Goodland, and the prospective groom is the son of Bonnie Pierpoint of Wichita. She graduated from Kansas State University and is the promotions director for Clear Channel Radio in Wichita.



Dawes and Henak

He graduated from Wichita State University and is a franchise trainee/manager for Freddy’s Frozen Custard Operations in Wichita.

WANTED

**3 Homes that
need painting
Goodland, Kan.**

Three homeowners in the Goodland area will be given the opportunity to have the new Heartland maintenance free siding, or new replacement windows, applied to their home, both, at a very low cost.

These amazing new products have captured the interest of homeowners throughout the United States, who are fed up with constant painting and other maintenance costs.

They will last a lifetime, and provide great insulation both summer and winter. This product comes in 10 beautiful colors and is now going to be introduced to the Goodland market.

What a great way to upgrade the value of your property! Your home can be a showplace in your own neighborhood, and we will make it worth your while if we can use your home.

1-800-873-1240

Call toll free or
write in.

Heritage Better Homes
5936 S. Walden Ct.
Aurora, Co. 80015



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Toll Free: (877) 462-7136
Email: floral@st-tel.net
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not received
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785-899-7630
or go to
www.nwktc.org