

**inside
today**More local
news, views
from your
Goodland
Star-News**Wrestler signs
with college**

Goodland High School wrestler John Peden has signed to compete on the Colby Community College team next season.

See Page 10**weather
report****52°**
10 a.m.
Monday**Today**

• Sunset, 7:21 p.m.

Saturday

• Sunrise, 6:14 a.m.

• Sunset, 7:22 p.m.

Midday Conditions

- Soil temperature 49 degrees
- Humidity 51 percent
- Sky partly cloudy
- Winds east northeast 20-25 mph
- Barometer 30.07 inches and rising
- Record High today 87° (1916)
- Record Low today 11° (1997)

Last 24 Hours*

High Wednesday 84°
Low Wednesday 40°
Precipitation none
This month 0.16
Year to date 1.52
Below normal 0.81 inches

The Topside Forecast

Today: Sunny with a high near 75, winds out of the west at 5 to 15 and switching to the east in the morning and a low around 47.
Saturday: Partly sunny with a 20 percent chance of showers after 2 p.m., a high near 79, winds out of the southwest at 5 to 10 mph switching to the northeast and a low around 42.

Extended Forecast

Sunday: Cloudy with a 60 percent chance of rain and snow, a high near 42 and a low around 29.
Monday: Sunny with a high near 56 and a low around 33.
Tuesday: Mostly sunny with a high near 68.
(National Weather Service)

**local
markets****10 a.m.**

Wheat — \$7.07 bushel
Posted county price — \$6.80
Corn — \$4.97 bushel
Posted county price — \$4.80
Milo — \$4.43 bushel
Soybeans — \$13.92 bushel
Posted county price — \$14.20
Millet — no bid
Sunflowers
Oil current crop — \$19.50 cwt.
Confection — no bid
Pinto beans — \$36
(Markets by Scoular Grain, Sun Opta, Frontier Ag and 21st Century Bean. These may not be closing figures.)



Goodland High School Science Olympiad team member Braxton Redlin (above) lined up his Scrambler car. In this event, the students had to make their car accelerate as fast as possible and then brake before it hit a wall, so as not to smash its egg cargo. Redlin and Carl Mayer placed second in the event. Jarod Lake and Berkley White (right) prepared their Mission Possible machine for testing. Mission Possible is a Rube Goldberg type machine. The students placed fifth overall in that event.

Photos by Goodland High School



Science Olympiad team takes first

The Goodland High School Science Olympiad team finished first in its division at the state competition at Wichita State University on Saturday.

The competition has 23 events that include both written tests and hands-on projects in a variety of scientific fields. The students compete in teams of two or three, depending on the event.

Brian Coon, who coaches the team along with Jeff First, said there

are two divisions, and 1-6A schools are all put together. Goodland won first place in the Under-1000 Students division. Tonganoxie placed second and Maize South placed third.

Coon measured his students against those in the Over-1000 Students division as well. The total team score was a school record, and in the overall totals Goodland finished fourth out of thirty teams behind St. James Academy, Man-

hattan and Olathe North.

Coon said the last time a public school won the Under-1000 division was 1999. That year was also the last time a school west of Wichita won the state title.

Goodland medalled in 15 of 23 events. Coon said many little things helped take the team to this point. He said the events where his students did not medal as well as the alternates Makayla Kennedy, Nicole Sederstrom, Sianna Miller and Cade

Mayer all contributed to the win.

Gold medals:

Carl Mayer and Braxton Redlin in the Boomilever. This event involves a balsa wood crane arm that attaches to a wall and is tested based on efficiency. Mayer and Redlin's boomilever weighed 12.8 grams and held 16 pounds. They placed first in the division and second overall.

Brianna White and Kelsey White in the Bungee Drop. This event involves an elastic cord that falls

from different heights and weights.

The closest result without hitting the ground wins. They won first place in the division and second overall.

Berkley White and Katie Hays in Designer Genes. This event is a test over DNA, Genetics and Genetic engineering. They won first place overall.

Brianna White and Berkley White in Dynamic Planet. This event is

See OLYMPIAD, Page 5

Commissioners place restrictions on pig sales

By Kevin Bottrell*kbottrell@nwkansas.com*

Over concerns about the Porcine Epidemic Diarrhea Virus, the Sherman County Commissioners voted Tuesday to restrict swine sales at the fairgrounds unless the animals have been checked by a veterinarian and the sellers have the paperwork to prove it.

The commissioners met with District Extension Agent Dana Belshe, who went over the steps he was taking for the 4-H swine proj-

ect. Belshe said the virus can be transmitted nose to nose, or through the animals' feet onto a floor. It can live seven to 14 days outside of a living host and can be deadly for infant pigs.

He said there were several options being presented for the livestock weigh-in on April 28.

If people do not want to bring their swine to a common area, they will have the option to tag the animal themselves in their trailer at the fairgrounds that day, or they can schedule a

time to meet with Belshe before April 28. Any sheep or goats in the same trailer will have to be kept separate from other trailers, to make sure nothing spreads to the other pigs after they are unloaded. Using this option, pigs will be ineligible for the rate of gain content.

Another option is to space out the weigh-ins so that the floor can be disinfected after each animal. These pigs will be eligible for rate of gain.

Off-site tagging can be scheduled for breed-

ing animals, so they do not have to be brought to a common location.

There will be a swine project meeting at 7 p.m. Tuesday to discuss these options.

After meeting with Belshe, the commissioners voted to restrict pig sellers from even unloading at the fairgrounds unless they have had a visual inspection by a veterinarian and are able to present the health papers as proof of that inspection.

North Elementary School nearly ready for students

By Pat Schiefen*pjschiefen@nwkansas.com*

The members of the Goodland School Board got their regular meeting started Monday night with a tour of the renovation project at North Elementary School.

The good news was that the final touches on the electrical and fire systems were being made. The bad news is that since the carpet has not shown up the completion date for the school may be April 18 instead of today.

The school board discussed how they were going to handle the rededication of the grade schools. The board thought they would like to do an open house around the time of graduation so that visiting family could tour the schools if they wanted. The final arrangements are still to be worked out.

For the actual rededication the board said they would like to wait until school starts in the fall so that students and faculty could participate. They talked about having one school dedication in the morning and one in the afternoon.

After hearing from Goodland High School head wrestling coach Joe Sramek and activities director David Blocklinger the board decided to combine the seventh through 12th grade wrestling coaching staff. Sramek said the changes would not increase the cost for the district. The hope is that the combination will provide consistency in coaching philosophy and expectations and allow the continuity in the skills taught.

Currently there are three coaches for the high school, Sramek said, and two in the junior high with one head coach in the junior high and one in the high school. Under the new plan Sramek would be head coach for the high school and supervise the head junior high coach, who will also be one of the assistant high school coaches. There would be a



Superintendent Bill Biermann pointed out that the ceilings and lights in the class rooms at North Elementary School have been installed at the tour for the Goodland School Board on Monday night. The late arrival of the carpet will probably move the completion date

combined assistant junior high and high school assistant and one more assistant high school coach. This would allow at least two coaches to be at all meets.

Sramek said part of what was driving the changes was the retirement of assistant coach Steve

Everett.

Board president Gennifer House said that people depended on Everett's being an emergency medical technician. She would like to see that one of the coaches be an emergency medical technician.

Superintendent Bill Biermann

said that the Black and Gold Booster Club is thinking about doing a wall wrap on the wall between the locker rooms on west side. One idea is to celebrate the 50th anniversary of the Max Jones Fieldhouse using the school colors.

Board member Mike Hamilton

said, "I think it's great."

Biermann said a preliminary look at the school funding act put on the governor's desk would cost the district \$56,000. There would be an increase in the base state aid

See NORTH, Page 5

obituary

Misty Michelle Still

Misty Michelle Still 52, Quinter, 1980 graduate of Goodland High School, died Tuesday, April 1, 2014, from renal (kidney) failure in Quinter.

She was born on April 10, 1961, to Jerry and Kathy (Nelson) Still in Burlington. She attended schools in Goodland.

While working in a nursing home she met Chris Aughe and they were married. They had two children, Alisa and Scott. The couple later divorced.

Mrs. Auge operated a daycare center for 22 years. She worked at the Gove County Hospital as a dietician aide until her illness started in October 2011.

On July 7, 2007, she met Arnold Sauer in Hays and that was the start of a relationship that lasted until her death. After she moved to Sauer's farm she enjoyed farm life raising

chickens and rabbits, feeding cows and riding horses.

She was a member of the WaKeeney Saddle Club.

Preceding her in death were her father and her grandparents.

Survivors include her daughter Alisa Aaughe of Denver; a son Scott Aughe of Charlotte, N.C.; her mother Kathy Sherlock and Xavien Sliva of Hollenbourg; two sisters, Marilynn (Bob) Zollinger of Ellinwood and Melinda (Jim) Ryan of Burdett; a brother, Randy (Ann) Still of San Antonio, Texas.; and her finance Arnold Sauer of Quinter.

Mrs. Auge was cremated and a private service will be held at a later date.

Memorials to the National Kidney Foundation may be sent to Arnold Sauer, 7860 Co. Road BB, Quinter, Kan. 67752.

births

Savannah Faye Felzien

Savannah Faye Felzien, was born on Wednesday, March 26, 2014, at Citizens Medical Center in Colby. She weighed 7 pounds, 4 ounces and was 21 inches long.

Her parents are Clint and Lana

Felzien of Brewster and her grandparents are Eileen Wahl of Brewster and Mark and Bobbie Felzien of Kanorado.

Brothers CJ, JB and Kacey Felzien welcome her home.

Zoe Aridne Yanez

Zoe Ariadne Yanez was born on Tuesday, March 25, 2014 at Citizens Medical Center in Colby. She weighed 8 pounds and was 20 inches long.

Her parents are Juan Enrique and Viviana Yanez of Bird City.

Sisters Nicole and Amy welcomed her home.

Denim Day response to sexual violence

April is Sexual Violence Awareness Month and one way the Kansas Department of Health and Environment is recognizing this month is by participating in Denim Day on April 23. Denim Day is a response to a 1999 Italian Supreme Court ruling that overturned a rape conviction because the victim wore tight jeans. Since then, wearing jeans on Denim Day has been a symbol of support for victims of sexual violence and protest against the idea that a victim could cause their own rape.

"Sexual violence is a major public health issue," said Robert Moser, M.D., department secretary and state health officer. "Kansas women who experienced unwanted sex were more likely to have diagnosed depression, diagnosed anxiety, self-rated fair/poor health and thought about taking their lives in the past year."

According to the Centers for Disease Control and Prevention, in the U.S. nearly one in five women and one in 71 men have been raped in their lifetime (2010 National Intimate Partner and Sexual Violence Survey). In Kansas during

2011, nearly one in 10 women 18 years and older had experienced unwanted sex in their lifetime (2011 Kansas Behavioral Risk Factor Surveillance System).

"If you have been a victim of sexual assault either by a stranger, acquaintance or an intimate partner, know that there is help," said Moser. "To find sexual and domestic violence help in your area, visit www.kcsdv.org or call the Kansas Crisis Hotline at 1-(888) 363-2287."

If your organization would like to participate in Kansas Denim Day contact Laurie Hart, Kansas Sexual Violence Prevention and Education Program Manager, at Lhart@kdheks.gov or (785) 296-8476.

KDHE's Sexual Violence Prevention and Education Program provides resources and technical assistance to communities and schools to assist in the development, enhancement and evaluation of local sexual violence prevention and education initiatives. For additional information on the Kansas Sexual Violence Prevention and Education Program go to www.kdheks.gov/rpe.

K-State to hold agriculture academy

The anticipated world population growth calls concern to how it will affect global food production. Kansas 4-H's F.A.S.T. Academy scheduled for July 8-11 at Kansas State University, is designed for current high school freshmen, sophomores and juniors who have a passion for food, agriculture, science and technology; all key factors in the success of future agricultural pursuits.

"It is vital that young leaders understand the critical role of agricultural science innovation. The F.A.S.T. Academy will equip attendees with the skills and knowledge needed to look at the challenges facing agriculture, food security and sustainability," Sarah Keatley, 4-H Youth Development events coordinator, said.

Attendees of the academy will have the opportunity to participate

in labs, tour research facilities at the university and meet with industry professionals one-on-one.

Keatley said that attending the academy provides students with experience and allows them to explore the diverse industry through tracts such as food processing, food safety and security, environment and natural resources, agricultural engineering and biotechnology.

Students do not have to be a Kansas 4-H member to apply. Registration can be found online and will close after the first 100 attendees sign up.

For more information, students can learn more about the academy at www.kansas4-h.org/p.aspx?tabid=594 or by contacting Sarah Keatley at (785) 532-5800 or email keatley@ksu.edu.

genesis and salvation army

Genesis and Salvation Army are available year round to help those in need. Call (785) 890-2299 to speak to a volunteer.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

The Goodland Activities Center has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main. The hours are 5:30 a.m. to 8 p.m. on Monday through Thursday, Friday 5:30 a.m. to 6 p.m., Saturday 10 a.m. to 6 p.m. and Sunday 1 to 5 p.m. Aerobics are at 5:30 a.m. on Monday and Wednesday. Insanity class meets at 5:30 a.m. on Monday, Tuesday, Wednesday, Thursday, Friday and Saturday. Taekwondo with Wayne Luckert call for times and dates.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 or 728-7491.

Goodland Al-Anon Family Group meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street.

Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

thrift store

The Goodland Churches Thrift Shop, 1002 Main, is open from 10

the calendar

calendar

Melinda Daily, Sunflower Extension District FCS Agent will give a program on "Sleep: Want It, Need It, Get It" at 2 or 6 p.m. on Monday at the Goodland Public Library, 812 Broadway. A good night's sleep is essential for a healthy heart. Healthy adults who are persistently deprived of proper sleep suffer increased risk of hypertension, which could result in a higher risk of heart attack or stroke.

Kindergarten registration will be from 8 a.m. to 4 p.m. on Thursday, April 17, at West Elementary School, 912 West 12th, Goodland. No appointment is necessary. Parents should bring the child's immunization records, school entry physical due in the fall, certified copy of birth certificate and a copy of their Social Security card. Each child will complete placement evaluation in September at the beginning of the school year.

Prairie Land Food sign up will be until Monday. Distribution is 1 to 2 p.m. Saturday, April 26. at Cat's TnT, 1018 Main, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 899-2338, 821-1275, 890-2287, 821-1827, 890-3793 or 899-4278 or order online at www.prairielandfood.com. The Prairie Pak will have chicken and broccoli stir fry, split chicken breasts, chopped beef steak patties, diced chicken breast, meat balls and seasonal fresh fruits and vegetables. The specials are a grilled Cuban style panini, tour of Italy, flat bread pizza, grilled ground beef patties and cheesecake.

A discussion of "Dancing at Rascal Fair" by Ivan Doig will be at 6:30 p.m. on Thursday, April 24, at the Goodland Public

Library, 812 Broadway. For information call (785) 899-5461 or www.goodlandlibrary.org.

The AARP Tax-Aide program is available on Monday, Tuesday and Thursday from 1 to 6 p.m. at Cat's TNT, 1018 Main, Goodland, until April 15. Their number is (785) 821-1827 to call for an appointment. The program helps low and moderate-income people prepare their taxes. Sites have been added for Hoxie.

The Goodland Soup Bol serves dinner at 5 p.m. on Monday nights at the Goodland Methodist Church Fellowship Hall for anyone who wants to come. Free will donations welcome. For information call 899-3631. On April 28th they will serve their last meal until September.

The Kids Cooking Class is held on the second Wednesday of each month from 3:45 to 5:15 p.m. at the 4-H Building. This class is open for second to fifth graders. For information call 890-4880.

senior menu

Today: Baked fish, parslied potatoes, beets, bread and plums. Monday: Smothered steak, mashed potatoes with gravy, seasoned carrots, bread and pears. Tuesday: Paprika chicken, tater tots or triangles, baked beans, bread and mixed fruit. Wednesday: Beef and noodles, mashed potatoes, mixed vegetables, bread and pineapple. Thursday: Polish sausage with kraut, mashed potatoes, cake, bread and hot cinnamon apples. Friday: Tuna salad sandwich, vegetable soup, bun, crackers and gelatin with fruit.

school menu

Today: Breakfast - cinnamon roll, fruit, fruit juice and milk. Lunch - mac and cheese, seasoned peas, fresh baby carrots, bread

with jelly, apple wedges and milk.

Monday: Breakfast - cereal, yogurt cup, fruit, fruit juice and milk. Lunch - hamburger with lettuce and tomato, sweet potato fries, fruit, rice krispy treat and milk. Tuesday: Breakfast biscuit and gravy, fruit, fruit juice and milk. Lunch - chicken nuggets, mashed potatoes and gravy, fresh broccoli, strawberries and bananas and milk. Wednesday: Breakfast - scrumptious coffee cake, apple sauce, fruit juice and milk. Lunch - chili, corn chips, celery and cucumber, cinnamon roll and milk. Thursday: Breakfast - western omelet quesadilla with salsa, fruit, fruit juice and milk Lunch - ham, two potato mash, green beans, biscuit and jelly, fruit and milk. Friday: No school.

school calendar

Today: Varsity track at KT Woodman. 2 p.m. varsity track at Atwood. Saturday: ACT test. 8 a.m. boys varsity golf at Garden City. 6 p.m. Goodland High School prom at the Elks Lodge. 7:15 p.m. Promenade at Max Jones Fieldhouse. Sunday: 4 p.m. Goodland's Got Talent at Goodland High School auditorium. Monday: 3:45 p.m. 9-10 Track at Goodland Invitational. 3 p.m. varsity softball at Wray. 3 p.m. varsity baseball against Wray at Memorial Field. Tuesday: 1 p.m. boys varsity gold at the Goodland Invitational at Sugar Hills Golf Club. 3 p.m. varsity softball against Garden City at Centennial Field. Wednesday: 7:30 a.m. professional learning community. Thursday: 10 a.m. junior high track at Phillipsburg Invitational. 3 p.m. varsity baseball at Ulysses. 3 p.m. varsity softball against Ulysses at Centennial Field. State large group contest. Friday: Good Friday. No school.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

mops

MOPS (Mothers of Preschoolers) meets the first Monday of every month October thru May. Meeting time: 6 p.m. -7:30 p.m. at the Harvest Evangelical Free Church; 521

E Highway 24; Goodland. For more information email goodlandmops@gmail.com or call (785) 890-6423.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. For information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

of a protection from abuse order. Case referred to county attorney.

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To make an appointment: call (303) 744-1202.
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NOAH (PG-13) starts April 18!
April 11-17
Muppets Most Wanted (PG)
Some mild action.
www.goodlandnet.com/movies
The Chronicles of Narnia: The Lion, the Witch and the Wardrobe (PG)...
Sunday, April 13 @ 1:30 PM...Free Admission!

Classifieds work! 899-2338

Students sang, danced

By Pat Schiefen
pjschiefen@nwkans.com

The kindergartens and the T1, transitional first grade, gave an entertaining and lively program Tuesday night at the Goodland High School auditorium. The youngsters sang, danced, played triangles and rhythm sticks for almost a full auditorium.

The program was about the top ten things of the students. There was the top 10 songs, top 10 foods, top 10 library books and the top 10 iPad apps.

The director of the program was Peggy Berls and the principal of West Elementary is Verna Milnes.

In the number 10 spot was a song about triangles. Students playing them were Tristen Austin, Sienna Baehler, Brode Bergsma, Hope Biermann, Savanna Brown, Dominic Conde, Libby Cure, Danica Dautel, Larissa Duraso, Natalia Gallegos, Tigist Greene, Katelynn Hill, Emmett Ihrig, Tori Jones, Trey Ketter, Cy McTorry, Nevaeh Pena, Destiny Scott, Dominic Scott and Isabella Wright.

For number nine students played the rhythm sticks. They were Josh Aguilar, Mia Aguirre, Matthew Arnold, Tyler Barnes, J.J. Brutsche, Allison Cure, Isaiah Douglass, Aram Garcia, Paul Gomez, Chayton Goodwin, Lauren Linton, Collin Mellott, Jayden Murray, Zariah Otero, Gaven Price, Zachariah Salazar, Josiah Savedra, Joseph Sheats, Trent Sheldon, Marcy Stasser, Luke Thomas, Angelina Yanez-Ruibal.

Number eight was about a musical quarter rest.

Seven was a song about the fact that school was coming to an end.

Six was a song about the quarter note in music.

Five had students using scarves to show their imagination. They were Brooklyn Barber, Connor Barnes, Zane Brigham, Luis Castillo, Treson Clark, Kaylee Greene, Keegan Greeson, Nevaeh Lindsley, Andrew Michel, Saijon Mills, Marcy Moberly, Kaden Murray, Sakari Newman, David Ordonez Castillo, Ethan Skinner, Justice Skinner, Alexander Spillman, Kylee Welch

and Elle Wilson.

The group then sang about "The Farmer in the Dell" for number four. Students featured were Colleen Bagley as the farmer, Rayne Markley wife, Arely Jimenez child, Jaeleigh Osban nurse, Bryan Doyle dog, Ravlee Buster cat, the rat and Gavin Herren cheese.

Three was "I Want to Know."

The second was a song about what the students knew now that they didn't know when they started school.

The top choice was a medley that included the chicken dance and the "Itsy Bitsy Spider." Dancers were Azul Barron-Ruiz, Halle Bhend, Jackson Emig, Ashlyn Franz, Alexandria Gleason, Kaylee Glover, Enedina Gonzalez, Connor Hall, Evan Hembree, Omar Hernandez, Reese Hillmer, Treighton Hoss, Michael Mallory, Braylon Mull, Shaylin Petz, Jaylee Quain, Jemima Santoyo, Destiny Shaw, Katerina Snethen and Reese Thomeczek.

In Nona Mason's class are Austin, Barron-Ruiz, Bergsma, Biermann, Castillo, Conde, Gallegos, Garcia, Glover, Gonzalez, Greene, Hembree, Hernandez, Jimenez, Mull, Murray, Ordonez-Castillo, Quain, Salazar, Santoyo and Shaw.

Students in Susan McCall and Sondra Smith's class are Aguirre, Conner Barnes, Clark, Emig, Gleason, Gomez, Greeson, Hall, Hillmer, Hoss, Jones, Markley, Michel, Otero, Petz, Price, Destiny Scott, Sheldon, Spillman and Stasser.

Those in Jana Myers' class are Arnold, Barber, Bhend, Cure, Dautel, Goodwin, Hill, Ihrig, Linton, Mellott, Moberly, Murray, Newman, Savedra, Justice Skinner, Katerina Snethan, Wilson and Yanez-Ruibal.

Karen Stone's class includes Aguilar, Baehler, Brigham, Brutsche, Buster, Cure, Douglass, Doyle, Duraso, Franz, Herren, Ketter, Lindsley, McTorry, Dominic Scott, Ethan Skinner, Luke Thomas, Welch, Jace Wilder and Wright.

In Sandy Timm's class are Bagley, Tyler Barnes, Brown, Mallory, Jaeleigh Osban, Pena, Sheats and Thomeczek.



West Elementary kindergarteners and T1 students (above) looked in the entrance of the Goodland High School auditorium on Tuesday night at their music program before marching down the aisles and

taking their places on the stage. These students (bottom) used a scarf to show ocean waves and falling leaves.

Photos by Pat Schiefen/The Goodland Star-News

Some car seats are being recalled

Certain convertible and harnessed child restraints made by the Evenflo Company, Inc. have been recalled due to difficulty in unlatching the harness buckle. In the convertible car seats and harnessed booster seats, the buckle may become stuck in a latched condition so that it cannot be opened by depressing the release button.

Models include Momentum 65 (including LX and DLX), Chase (including LX, DLX and Select), Maestro (including Performance), Symphony (including 65, LX, 65 E3 and DLX), Snugli All-In-One, Snuglie Booster, Titan 65, SureRide DLX and Secure Kid (including LX, DLX, 100, 300 and 400). The affected seats have model number prefixes of 306, 308, 310, 329, 345, 346, 371 or 385.

Evenflo notified registered owners in April. They will start providing replacement buckles along with installation instructions also in April. Owners may contact Evenflo at (800) 490-7591 or online at www.buckle.evenflo.com. Consumers should contact Evenflo at the number or website listed with the seat's model and date of manufacture to confirm that their seat is included.

The Goodland Walmart sells one of the included models. The manager said the ones out for sale have been repaired and there is a sticker on the box that indicates that. The store was notified of the problem earlier. If you bought one from them that has not been repaired please contact the store.

corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please

call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual.

matters of record

Municipal Court

These are cases decided by the Goodland Municipal Court:

Jan. 20: Charles L. Thorson, no parking zone, fined \$185.

Jan. 24: Scott S. Steggall, careless driving, fined \$160.

Jan. 28: Gary Lynn Webring, speeding in school zone 11 mph over limit, fined \$162.

Jan. 29: Deborah R. Ferris, speeding in school zone 1-10 mph over limit, fined \$150.

Jan. 30: Jaciann K. Houser, illegal/no tag, fined \$135.

Feb. 3: Karla T. Hall, theft, diversion \$260.

Feb. 5: John D. Studer, no parking zone, fined \$185.

Feb. 11: Gerald M. Talley, racing exhibition of speed, fined \$135.

Feb. 12: Joshua W. Dyer, disorderly conduct, fined \$420.

Feb. 13: Lyssan A Beard, speeding in school zone 1-10 mph over limit, fined \$150.

Feb. 14: Roger A. Edwards, speeding 13 mph over limit, fined \$123.

Feb. 18: James R. Dinkel, minor in possession of tobacco, fined \$85.

Feb. 19: Ted L. Brigham, vicious animal, breed specific ban, dog at large and no animal license, fined \$1241.

Feb. 20: Gerald Lee Champine, battery - domestic violence and criminal damage to property, diversion \$460.

Feb. 21: Dana L. Huthansel, disorderly conduct, fined \$160.

Feb. 22: Heather Ann Stegall, battery - simple, fined \$260.

Feb. 23: Cristian Dominguez-Rodriguez, no seatbelt, fined \$10.

Feb. 24: Paige A. Harper, speeding in school zone 1-10 mph over limit, fined \$150.

Feb. 25: Chance T. Brill, failure to yield at stop or yield sign, fined \$135.

Feb. 26: Jonathan T. Rorick, no seat belt, fined \$10.

Feb. 27: Taylor Renee Thomas, no seatbelt, fined \$10.

Feb. 28: Gerald W. Anderson, seat belt violation, fined \$60.

Feb. 29: David L. Carter, improper handicap parking, fined \$110.

Feb. 30: Gerell A. Miller, no seatbelt, fined \$60.

Mar. 1: Kalob R. Newton, speeding in school zone 1-10 mph over limit, control device, fined \$135.

Mar. 2: Dana L. Huthansel, disorderly conduct, fined \$160.

Mar. 3: Heather Ann Stegall, battery - simple, fined \$260.

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from our viewpoint...

Governor should veto education bill

We should know soon whether Gov. Sam Brownback will buy into a compromise plan to equalize money available to Kansas schools passed over the weekend by the Legislature, but for several reasons, we hope he gets out his veto pen.

Members of both houses struggled last week with bills designed to meet objections raised by the state Supreme Court to the way the state’s present formula was working. Basically, the court said poorer districts were at a disadvantage because they could not raise as much money as more wealthy districts, those with a higher assessed valuation.

In the House, members toyed with a plan that would have taken money to pay for a \$141 million plan out of transportation and online classroom aid districts now get. In the end, however, they decided just to solve the problem at hand and the resulting bill passed 91-31, with many Democrats joining the Republican majority.

In the Senate, however, a willful majority decided this was an opportunity to effect some major changes in education policy, inserting provisions in its bill to end the tenure now offered to teachers after they complete three years on the job and ban spending state money to implement the state-written “Common Core” curriculum standards.

In a compromise reached over the weekend, the House agreed to the change in teacher tenure while the Senate dropped the ban on Common Core. The bill would solve the equality issue by boosting state aid to poorer districts, though details were sparse. This plan passed both houses, but with bare minimum support.

There are two things wrong with this approach: First, it complicates the situation by introducing unrelated, controversial issues into what should be a clean fix of the equality problem cited by the court. Debate on the plan now will focus on tenure, rather than the need to make all districts equal.

The second is an ethical issue: The tenure change has been plopped into the bill at literally the last minute of the session, with no committee hearing, no debate, no time for either side to have a say. This is the worst kind of legislation, something that ought to be banned by the state Constitution, but unfortunately, is all too common.

For both reasons, the Legislature should stick with something close to the House plan. The time to debate Common Core, tenure and other issues – things that provoke passion on both sides – would be in an interim study committee and next year, at the beginning of a full session.

It’s in no one’s interest to ram something like this through without a full review of all the pros and cons, without providing teachers with some kind of protection from arbitrary dismissal and without achieving some kind of consensus. Total agreement is not possible, but this kind of legislative slam-dunk is reprehensible.

Let’s leave the reforms for reasonable consideration. A lot of people believe change is necessary, but this is not the way to accomplish it, without hearing all sides and considering all arguments.

Veto this bill, governor, and ask the Legislature to stick to the issue at hand. – *Steve Haynes*



Senate passes key bills



Ralph Ostmeyer

• state senator

Last week, the Senate worked two long days on Monday and Tuesday, with business concluding around 10 p.m. We then adjourned for the rest of the week Wednesday afternoon to allow conference committees to meet.

Before the Senate finished however, we passed several key bills and the Senate and House introduced education budget proposals. The House’s plan was in bill form, whereas the Senate was mostly conceptual. These plans will shape the focus for discussions this week.

Now that we fully understand the intent of the Supreme Court in the school budget case, several concepts have been discussed but only two introduced in bill form, both from the House. On Wednesday, even though we were not on General Orders, the Senate leadership organized a caucus to discuss its plan for equalizing the state’s education formula.

Like any budget proposal, there are a number of moving parts and any detail can change, however it is important to understand the key components as we work to reach an agreement before next Friday’s deadline, First Adjournment.

Overall, the proposed plan would add \$134 million to the school budget, with a little over \$77 million coming from new state general-fund dollars. The Kansas education formula starts with base state aid per pupil. The formula then has a series of weightings that act as multipliers for the base to help diverse districts – such a rural district needing more dollars for transportation, or an urban district needing more for at-risk students.

This proposal would shift money from weightings that have proven to be antiquated, misused or flawed, reducing money weightings for virtual schools, nonproficient students, transportation and so-called high density weighting based on pupils receiving free or reduced lunch. But when you make an adjustment to a weighting, it affects each district differently.

The proposal also would allow each district the authority to increase its local option budget through a mail ballot, increasing the limit from the current 31 percent to 33 percent. Each district would have the power to decide if it would like the additional state dollars to go toward lowering property taxes or back to the classroom. The Senate plan would fully fund district local option budget and the capital outlay funds as specified in the Gannon ruling.

Happenings this week

Renewable Energy Standards: Last Tuesday, the Senate passed a measure that would eliminate a state requirement setting renewable portfolio standards for energy suppliers. Senate Sub for HB 2014 would simply remove the renewable portfolio standard, which requires Kansas utility companies to receive 20 percent of their energy from

renewable resources by 2020.

The mandate was part of a deal between Republicans and Democrats in 2009 when the GOP was pushing for approval from Gov. Mark Parkinson of the proposed Holcomb coal-fired power plant. In exchange for his clearance of the plant, the state adopted the standards. However, the plant has still not been built while the mandate remains, and it is costing Kansans and Kansas businesses money.

The Senate passed the bill on a vote of 25-15 last Tuesday. Since the measure is different from the original House bill passed last session, it needed to be discussed in a conference committee.

Casinos and slot machines: The Senate debated two separate measures introduced as a compromise for each side. Southeast Kansas is in a unique position, bordering two states that allow for casinos. In fact, Oklahoma has a casino on the border near Galena, where ironically, the parking lot for the casino sits, yet southeast Kansas isn’t able to have a state-owned casino in the area.

Sedgwick County, on the other hand, does not support gaming and has twice voted against having state-owned slots at the local dog race track. As a compromise between the two entities, two separate bills were introduced to allow each area to achieve its goals.

The first bill, HB 2272, would allow southeast Kansas to build a state-owned gaming facility. HB 2125, the bill supported by Sedgwick County, would block a vote on slot machines at the dog-racking track there until 2018.

Go back to move forward



from other pens

• james franko

Common Core. Two words that make the “Who is the best Kansas college basketball team” debate seem downright tame. Common Core finds its way into just about any education policy discussion and pugilists on both sides start to jab.

As with most questions of public policy, Common Core certainly started out with the best of intentions but has become just another roadblock between Kansas children and their future success. At one point the saving grace of Common Core was the promise of high, transparent standards by which Kansas schools would be graded. However, the baggage that now accompanies those standards, with no promise of them remaining high, is too much and Kansas should return to the state performance standards we had prior to passage of No Child Left Behind.

Also interesting, Common Core recently underwent a name change but remains Common Core in spirit and fact – They’re now called the Kansas College and Career Readiness Standards.

The last federal intervention, No Child, is where any notion of Common Core being a state initiative went off the rails. Assume for a moment that Common Core supporters are correct in saying it was initially a state-led effort and that the Feds jumped onto an already-moving train. The reality is that most states only got on board to Common Core when they were offered a federal waiver from the impossible mandates of No Child – 100 percent student proficiency by 2014 at the hazard of federal education dollars. Not to mention federal enticements of more money in the 2009 “stimulus” bill. Kansas applied for the stimulus “Race to The Top” money but didn’t receive it while our state has received a waiver from No Child. Minutes from Kansas Board of Education meetings show that Kansas was signing onto the standards during the same period as the “enticements” were being offered.

That is the kind of “voluntary” decision that only Michael Corleone could love. To think that the federal government will not use further enticements and the power they already have to

wield influence on Common Core disregards both common sense and recent history. We need look no further than No Child to hear Washington say they will not affect the classroom. But, you would be hard pressed to find a teacher who does not bemoan No Child Left Behind as interfering in their ability to teach.

If No Child was an unwarranted, unprecedented federal intrusion into the classroom why welcome more of the same with Common Core?

To believe that Common Core will remain state-led with Kansas able to control our own destiny is to ignore the simple experience of getting a few friends to agree on where to eat dinner. Magnify this phenomenon to 40-some states trying to agree on education standards and we begin to see where Kansas control may be eroded. It is also hard to imagine that what is in the standards will not ultimately dictate curriculum and teaching. How is Common Core any different than the No Child refrain of “teaching to the test”? Because, we know that what is tested is what is taught?

Even college-bound private school students

or homeschoolers will feel the weight of Common Core as the ACT and SAT are both being aligned to Common Core standards.

Recent Common Core test results in New York and Kentucky also show the “high standards” are under attack. New York’s 2013 High School Principal of the Year said that “The New York Common Core test results are the fruit of a poisonous tree.” While the leading teachers union in New York recently called for a Common Core moratorium in the face of high-stakes testing. If Common Core can survive these early attacks, we will likely be left with Common Core following the course of No Child, which, as Secretary of Education Arne Duncan says, “led to a dumbing down of standards.”

Good thing, then, that Kansas already has our pre-No Child standards on the shelf. Surely, any cost to update those would be no more than the cost of implementing Common Core standards and would ensure Kansas-led decision making. Suffice it to say, Kansas’ pre-No Child standards required “Proficiency with difficult, rigorous and formidable material...” and would be a step in the right direction from where Kansas standards are currently.

The evidence is overwhelming; Kansas should pass on Common Core and return to our pre-No Child standards.

James Franko is the Vice President and Policy Director at Kansas Policy Institute.

where to write

U.S. Sen. Pat Roberts, 109 Hart Senate Office Building, Washington D.C. 20510. (202) 224-4774; website – roberts.senate.gov.

U.S. Sen. Jerry Moran, 354 Russell Senate Office Building, Washington, D.C. 20510. (202) 224-6521; Fax (202) 228-6966. website – http://moran.senate.gov.

U.S. Rep. Tim Huelskamp, 1st Congressional District, 126 Cannon House Office Building, Washington D.C., 20575-1601.

(202-225-2715) Website – https://huelskamp.house.gov.

State Rep. Ward Cassidy, State Capitol Building Rm 151-S, 300 SW 10th, Topeka, Kan. 66612. Phone (785) 296-7616, home (785) 332-2850; e-mail address ward.cassidy@house.ks.gov.

State Sen. Ralph Ostmeyer, State Capitol Building, Rm. 136-E, 300 SW 10th, Topeka, Kan. 66612. (785-296-7399; e-mail address ostmeyer@senate.state.ks.us.

The Goodland Star-News

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1935-1989

THE SHERMAN COUNTY
STAR

Founded by Eric and
Roxie Yonkey
1994-2001

Nor’West Newspapers

Haynes Publishing Company



North Elementary almost ready to open

NORTH, from Page 1

and no funding for part-time and over 19-year-old students. The state would no longer reimburse districts on capital outlay projects after the middle of the summer. The very beginnings of a voucher system could be letting corporations subsidize students going to private schools. A big change for teachers would reduce their due process. There would no longer be tenure which in this district determines how often you

are evaluated. It could decrease teacher moral and increase law suits if teachers are not rehired.

On a positive note Biermann said the bids coming back for work on Goodland High School are looking pretty good. The demolition will start at the high school on June 1 and in the front of the building on the first and second floors.

Biermann said he expects West Elementary to be done in 98 days before the start of school.

High school team takes first at Science Olympiad

OLYMPIAD, from Page 1

a test over glaciers. They placed second overall. Jarod Lake and Raquel Tomsic in Entomology. This event is a test over insects. They placed second overall.

Raquel Tomsic and Katie Hays in Forensics. Coon described this event as the Science Olympiad version of a crime scene investigation show. They placed fourth overall.

Jarod Lake and Kelsey White in Elastic Launch Glider. In this event, students build a rubber band powered balsa wood glider, which is scored on time aloft. Their three flights totaled 65 seconds aloft for first place overall.

Silver medals:

Cheyenne Stegeman and Raquel Tomsic in Compound Machines. This event is a test over combinations of simple machines and building a compound lever to test an unknown weight.

Amber Smith and Raquel Tomsic in Material Science. This event is a test over what materials make up objects in the world.

Carl Mayer and Braxton Redlin in Scrambler. This event involves a car that carries an egg 8.2 to 12.2 meters going as fast as possible and braking as close to the wall as possible without breaking the egg.

Brianna White and Norelia Ordenez-Castillo in Mag Lev. This event is a test over magnetism and to construct a small car that levitates and is

powered by a propeller.

Bronze Medals:

Cheyenne Stegeman and Jacob Gerber in Astronomy. This event is a test over astronomy.

Berkley White, Brianna White and Faith Biermann in Experimental Design. In this event, students are given a problem and have to do a complete experiment in 50 minutes.

Erin Floyd and Norelia Ordenez-Castillo in Geologic Mapping. This event is a test over topographic maps.

Cheyenne Ortner and Faith Biermann in Write it Do it. In this event, one student writes directions and another has to work off of those directions.

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4.19.14

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Kite Flying for Kids

Wind Energy Presentations

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 2015 GMC Yukon XL SLT 1/2 Ton Champagne, Leather, New Body Style	 2014 GMC Terrain SLT1 Champagne Silver Metallic, Leather

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public notice

IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS

IN THE MATTER OF THE ESTATE OF NANCY E. LAUGHLIN, deceased.

Case No. 14 PR 05

NOTICE TO CREDITORS

THE STATE OF KANSAS TO ALL PERSONS CONCERNED: You are notified that on the 31st day of March, 2014, a petition was filed in this Court by Lou Cinda Laughlin, an heir, devisee and legatee, and executor named

in the "Last Will and Testament of Nancy E. Laughlin," deceased, dated June 27, 1997, requesting the Will filed with the petition be admitted to probate and record; petitioner be appointed as executor, without bond; and petitioner be granted Letters Testamentary.

All creditors are notified to exhibit their demands against the Estate within the latter of four months from the date of first publication of notice under K.S.A. 59-2236 and amendments thereto, or if the identity of the creditor is known or reasonably ascertainable, 30 days after actual notice was given provided

by law, and if their demands are not thus exhibited, they shall be forever barred.

Lou Cinda Laughlin, Petitioner

VIGNERY & MASON L.L.C.
214 E. 10th, P.O. Box 767
Goodland, KS 67735
Telephone: 785-890-6588

Published in The Goodland Star-News, Friday, April 4, 11 and 18, 2014.

**IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS
FILED PURSUANT TO**

CHAPTER 59 OF THE KANSAS STATUTES ANNOTATED

IN THE MATTER OF THE ESTATES OF LEONARD L. CALKINS and BETTY M. CALKINS, Deceased

Case No. 14 PR 06

NOTICE OF HEARING

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that a petition has been filed in this court by JoAnn M Matthews,

duly appointed administrator for the estates of Leonard L. Calkins and Betty M. Calkins, deceased, praying for the determination of the descent of the following described real estate situated in Sherman County, Kansas:

Lots 4, 5, and 6 in Block 28, in the First Addition to the City of Goodland, Sherman County, Kansas,

and all other property, real and personal, or interest therein, owned by the decedents at the time of their death; and you are hereby required to file your written defenses thereto on or before the 25th day of April,

2014, at 2:00 o'clock P.M. On said day in said court in the City of Goodland, in Sherman County, Kansas, at which time and place said cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon said petition.

JoAnn M Matthews, Petitioner

VIGNERY & MASON L.L.C.
214 E. 10th, P.O. Box 767
Goodland, KS 67735
Telephone: 785-890-6588

Published in The Goodland Star-News, Friday, April 4, 11 and 18, 2014.

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3rd Quarter Honor Roll

Goodland High School

Supreme Senior

Ian Bonsall
Elizabeth House
Jarod Lake
Zachary Miller
Bracelyn Redlin
Cheyenne Stegeman
Berkley White
Brianna White

Junior

Britney Brown
Hiram Hendrich
Cheyenne Ortner
Nicole Sederstrom
Kristina Stasser
Raquel Tomsic

Sophomore

Faith Biermann
Quynnalynn Meryer

Katlyn Seeger
Freshman

Jacob Brown
Amanda Coon
Kaitlyn Daise
Nolan Deeds
Michael Garza
Sianna Miller
Norelia Ordonez-Castillo
Margaux Thompson

Principal's Senior

Hope Cochran
Timothy Fugleberg
Breanna Garrett
Gage Ihrig
Gannon Ihrig
Mara Kling
Jordan Knitig

Danielle McNeely
Gabriella Rangel
Dax Ruhs
Tove Vernberg
Holton Witman

Junior

Selena Acosta
Lindsay Bauman
Keegan Bowling
Stephani DeLaRosa
Adrienne Holean

Makayla Kennedy
Gerell Miller
Ryleigh Paxton
Taylor Thomas
Sophia Thompson
Kolt Trachsel

Sophomore

Dani Mangus
Koal Artzer

Luke Avila
Brevin Bergsma
Kat Boyingto
Cienna Brannick
Alinexis Castillo-Lozano
Grace Cole

Jacob Gerber
Rheagan Hageman
Andrew House
Mario Lazo
Carl Mayer
Yidam Mendoza

Christian Michaud
Jovanna Nunez
Logan Perryman
Mary Schnabel
Trey Teeter
Teryn Tompkins

Freshman

Simon Bassett

Savannah Brighton
Christyl Dudley
Erin Floyd
Dillon Gillming
Darian Kent
Cade Mayer
Abigail Neal
Jamie Nemechek
Tyka Ruhs
Kasey Stramel
Tayler Thorson
Kinsey Volk
Kelsey White

Grant Junior High

Sixth grade

Supreme
Cole, William
Dechant, Hannah
Drennan, Brooke
Hipp, Lola

Newman, Saige
Witman, Rachel

Principal's

Becvar, Danielle
Coon, Trent
Cramer, Clayton
Cure, Lauren
Holub, Dawson
Lockhart, Rebecca
McIntyre, Jenean Rae
Ordonez-Castillo, Daniel
Perryman, Colby
Renteria, Vanessa
Robinson, Logan

Sanderson, Blake
Showalter, Caiden
Smith, Shayanna
Teeter, Teryn
Willems, Kaylee
Honorable Mention
Burian, Olivia
Isham, Danielle
Kent, Kierstin

Seventh grade Supreme

Castillo, Melody
Hahn, Austin
Hamilton, Luke
Ihrig, Ella
Ihrig, Garin
Lalicker, Ryan
Ortner, Peyton

Principal's

Acosta, Valeria
Artzer, Jade
Berls, Christopher
Diaz, Jaquelin
Duell, Jessi
Greene, Grace
Ketter, Taitem
King, Jack Champ
Mills, Sada
Perryman, Bramalette
Reicks, Landon
Renteria, Josue
West, Bryson
Honorable Mention
Hernandez, Elisabeth
Mann, Joseph
Myers, Michael
Werner, Zachary

Eighth grade Supreme

Ferguson, Hannah
Goodwin, Layne
Hageman, Renae
Mull, Brandt
Peter, Evan
Phillips, Chelsea
Purvis, Katie
Sederstrom, Blaine
Townsend, Kaitlyn
Wood, Lucas
Principal's
Archer, Levi
Biermann, Gabriel
Boyington, Kit
Brighton, Katie
Doughman, Hannah
Eslinger, Hannah

Garbin, Ashley
Gerber, Coda Nicole
Goodman, Shawna
Hendrich, Wence
Jarrett, Nash
Kernal, Elke
McCombs, Kayleigh
McDaniel, Ellee
Mitchek, Demi
Nemechek, Parker
Ordonez, Natanya
Raymer, Dawson
Seeger, Darby
Simmerman, Kyle
Smith, Emily
Honorable Mention
Borgmann, Devinee
Diaz, Jesus
Garcia, Joshua
Pritchard, Morgan

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The Goodland Star-News

WAY TO GO!

Brussels Sprouts do not have a good reputation

By Kay Melia

Master Gardener
vkmelia@yahoo.com

If for some reason you happen to utter the words “Brussels Sprouts” to some unsuspecting soul, you’re liable to get some kind of a quizzical blank stare in response. Either that, or the retort “don’t you ever put any of those things on my plate!”

Brussels Sprouts certainly isn’t the most popular vegetable in the garden. In fact, I would guess that they probably rate at about second from the bottom, just ahead of arugula. But I’m afraid most gardeners rely on the reputation given to them by those who absolutely despise



kay
melia

• the gardener

them. Really though, if you haven’t tasted ‘em, don’t knock ‘em! If you have never tried them, then why not pick up a few and see what the rest of the family thinks.

I have a tendency to describe Brussels Sprouts to gardeners who ask about them as “little cabbages.” But in retrospect, that’s probably not fair to either Brussels Sprouts or cabbage. But Sprouts do have a

distinctive cabbage flavor, but much stronger. Like, “you never ate a forkful of cabbage that tasted like that!” I suspect it’s a simple matter of flavor intensity that causes most gardeners to shy away from them.

Brussels Sprouts are one of those crops that enjoys the cool air, so the transplants should be set out in the garden about now. However, they will withstand summer’s heat better than many early season crops, so a little later planting time is acceptable. Keep in mind though that it takes about 80 days for the plant to

produce. Many gardeners successfully put them out in the summer and try to time it so that they can get a couple of light freezes on them at about the time they mature. They are noticeably sweeter tasting after a freeze or two.

Aphids love Brussels Sprouts about the time they are setting on. A hard stream of water from the hose a couple times a week helps disperse them.

A couple of varieties of Sprouts work well in this area in case you grow your own plants. Franklin, or Long Island Improved are viable. If you buy the transplants, whatever your garden center offers will be

fine.

Stacy Harris, a garden writer offers a recipe for preparing Brussels Sprouts that really sounds good, and I will try it soon. It’s called creamed Brussels Sprouts.

Creamed Brussels Sprouts
1 quart (about a pound) of Brussels Sprouts
2 tablespoons butter, melted
3/4 cup whipping cream, heated to a boil
1/2 pound bacon, fried
Salt and pepper
Preheat oven to 350 degrees. Trim stems and remove outside leaves of sprouts
Blanch the sprouts for 3 minutes

in boiling water. Drain. Arrange sprouts in a single layer in baking dish. Pour butter over sprouts and add salt and pepper.

Bake for 10 minutes while you fry the bacon and lay it on a paper towel. Pour hot whipping cream over sprouts and bake for 15 minutes more, or until the sprouts are fork tender.

Remove from oven and crumble bacon on top.

Serve while hot.

If for no other reason, this recipe should encourage you to set out a few Brussels Sprouts plants, and do it soon! Always watch closely for aphids!

Some farmers are doing preseason irrigation for crops

By Jeanne Falk Jones

K-State
Agronomist

As you drive around the countryside, you will see many irrigation pivots running.

They are not watering wheat, but rather ground that is going to corn this spring. There are differing opinions on the use of preseason irrigation.

Many of the irrigation systems today in the Central Great Plains no longer have the capacity to apply peak irrigation needs during the summer and must rely on soil water reserves to buffer the crop from water stress. Considerable research was conducted on preseason irrigation in the U.S. Great Plains region during the 1980s and 1990s. In general, the conclusions were that in-season irrigation was more beneficial than preseason irrigation and that often preseason irrigation was not warranted.

Because the well capacities have dropped and the market place has changed, the Kansas State Research and Extension Center in Tribune conducted research on preseason irrigation, from 2006 to 2009. The objective of this study was to deter-



jeanne
falk

• extension district

mine whether preseason irrigation would be profitable with today’s lower capacity wells.

The study layout consisted of preplant irrigation (zero or three inches), three well capacities (0.1, 0.15, and 0.20 inches per day capacity), and three seeding rates (22,500, 27,500, and 32,500 seeds per acre). The preseason irrigation was applied in early April because earlier studies showed that spring irrigation is more efficient than fall applied irrigation (70 percent for spring versus 33 percent for fall). In season irrigation was applied weekly to meet crop needs, except when precipitation was sufficient.

Here are the results of the study. Corn yields responded positively to preseason irrigation and increases in well capacity. This was generally from increases in kernels per ear. Preseason irrigation increased grain yields an average of 16 bushels per acre. Although not significant, the effect was greater at lower well ca-

matters of record

Municipal Court

These are cases decided by the Goodland Municipal Court:

Jan. 1: Lisa M. Barricklow, telephone harassment, fined \$310.
Jan. 4: Alec J. Hamilton, careless driving, fined \$160.

Jan. 6: Stibe Yovani Torrez Lozano, disobey traffic control device, fined \$135.

Kristyn M. Yost, speeding in school zone 1-10 mph over limit, fined \$150.

Denisse L Marques Verdugo, no parking zone, fined \$185.

Jan. 7: Jario S. Bustos, illegal/no tag, fined \$135.

Billy Martin Curry, assault, fined \$160.

Jan. 8: Joseph M. Bradley, minor

consuming alcohol, fined \$260.

Jake W. Margheim, careless driving, fined \$160.

Jan 10: Mielani L. Gould, vicious animal and no animal license, fined \$830.40.

Jan. 11: Amber L. Barrie, speeding 11 mph over limit, fined \$111.

Jan. 13: Dezember Nicole Black, battery - simple, diversion \$360.

Courtney Lynn Doxon, battery - simple, fined \$260.

Jan. 20: Zachary L. Bray, disobey traffic control device, fined \$135.

Drew T. Gray, speeding 11 mph over limit, fined \$111.

Aime M. Salas, disobey traffic control device and expired/no driver’s license, fin ed \$235.

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during school year

Life Groups - See website

website: www.calvarygospel.net

email: info@calvarygospel.net or see us on Facebook

Goodland United Methodist Church

1116 Sherman 899-3631

Pastors: Dustin and Shelly Petz

Sunday: Adult Classes: 9:15 a.m.

Worship: 10:30 a.m. and 5 p.m.

Wednesday: Wednesday Nite Live (Sept. - May)
5:45 - 6:15 p.m. Simple Supper - All are welcome!

6:15 - 7:30 p.m. Worship and Classes for all ages

Bible Baptist Church

Pastor: Clifford Middlebrooks

Fifth & Broadway

890-7368

Sunday: Sunday School: 9 a.m.

Morning Service: 10 a.m.

Evening Service: 6:30 p.m.

Wednesday: Evening Bible Study: 7 p.m.

Church of Jesus Christ of Latter-Day Saints

1200 15th Street • Burlington, CO

(719) 346-7984

Sacrament Meeting: 10 a.m.

Sunday School: 11:15 a.m.

Priesthood/Relief Society: 12 a.m.

United Methodist Church Brewster:

Pastor: Mike Baughn

Worship Service: 10:45 a.m. CST

Sunday School: 9:45 a.m. CST

Winona:

Minister: Sheryl Johnson

Worship Service: 9 a.m. CST

Sunday School: 10:15 am CST

First Christian Church (Disciples of Christ)

Pastor: Rev. Carol Edling Jolly

Eighth & Arcade • 890-5233

Sunday: Church School - All ages 9 a.m.

Worship 10:30 a.m.

Youth Group: weekly Jr./Sr. High groups

Thursday: Prayer Class - Noon

Pastor Carol's Class Wednesdays 5:30 p.m.

www.goodlandfccdoc.org

Church of the Nazarene

Pastor: Bob Willis

Third & Caldwell

899-2080 or 899-3797

Sunday: Sunday School: 9:45 a.m.

Worship Service: 10:50 a.m.

Evening Service: 6 p.m.

Wednesday: Evening Service: 7 p.m.

St. Paul's Episcopal Church

Celebrant: Father Don Martin

13th & Center

Church 890-2115 or 890-7245

Services: 5 p.m. Saturday evening

Bible Study: 4 p.m. every week

First Baptist Church

Pastor: Rich Blanchette

1121 Main

890-3450

Sunday:

Sunday School: 9 a.m.

Coffee fellowship: 9:45 a.m.

Morning Worship: 10 a.m.

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Harvest Evangelical Free Church

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Sunday: Worship: 10:30 a.m.

Sunday school: 9:15 a.m.

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1st Monday of each month: MOPS 6 p.m. (Oct.-May)

2nd-5th Monday, Men's Fraternity Study, 6:30 p.m.

Seventh Day Adventist Church

1160 Cattletrail

Pastor: Jim McCurdy

Saturday: Sabbath School: 9:30 a.m.

Worship Service: 11 a.m.

Emmanuel Lutheran Church

13th & Sherman • 890-6161

Pastor: Darian Hybl

Sunday: Christian education/fellowship:

10:15 a.m.

Worship Service: 9 a.m.

Church of Christ

401 Caldwell

890-6185

Sunday: Bible Study: 9:45 a.m.

Worship Service: 10:45 a.m.

Wednesday: Bible Study: 7 p.m.

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Goodland grad playing for Minnesota Saturday

Goodland graduate Riley Oharah will suit up this weekend as a University of Minnesota Golden Gopher for the college's annual free Spring Game.

The game will be at 1:30 p.m. (Mountain Time) on Saturday at the University of Minnesota's TCF Bank Stadium in Minneapolis. The game will be broadcast live on the

Big 10 Network. Results will also be available at www.gophersports.com.

Oharah, a six-foot, 244-pound fullback, is a junior at Minnesota. After graduating from Goodland High School, he played for Butler County Community College in El Dorado.

The Gopher's regular season

will start Aug. 28 at home against Eastern Illinois.

The team started practices in March. They are coming off a successful 8-4 season in 2013. The Gophers had the first four-game winning streak in Big 10 conference play in 40 years. They made it all the way to the Texas Bowl, but lost to Syracuse.

Mustangs compete in Limon



Grant Junior High track and field athlete Ellee McDaniel competed in a jumping event at Limon on April 1. McDaniel and her Mustang teammates will travel to the Phillipsburg Invitational on Thursday. This year's Goodland Invitational Junior High Tournament will begin at 9 a.m. Saturday, April 26 at the high school track.

Titan junior earns All-League honors

She's averaged 10 rebounds, nearly 15 points and three steals per game since her freshman season.

So it's a no-brainer that Triplains-Brewster junior Shayna Rogge belonged on the all-Western Kansas Liberty League girls' basketball first team.

Rogge was accidentally omitted from another Kansas media website, but conference leaders did confirm that Rogge was a first-team selection this season.

During the Titans' 17-5 campaign, Rogge delivered 14.8 points and 9.3 rebounds per contest. Her scoring was slightly down from the sophomore season (16.8 points), but Rogge's field-goal percentage has gone up every season from 38 (freshman) to 42 (sophomore) to 46 (junior).

She also shot a career-best 66 percent from the foul line

this season. Rogge's 9.3 rebounds was second only to her freshman campaign, when she grabbed 12.5 boards per game while scoring 12.3 points.

Rogge joined an all-league first team that also features Titan senior teammate Brittany Plummer, Golden Plains seniors Hailee Spresser, Jordan Christensen and sophomore Kami Miller; Logan junior Kadee Braun, Cheylin senior Shayla Hubbard and junior Allie Frisbie; Western Plains senior Ruth Hair, Weskan senior Kelsey Hale and junior Robyn See; Northern Valley senior Brooke Hammond, Palco seniors Fallyn Handley and Kiley Marcotte; and Wheatland-Grinnell senior Paige Ramey.

League commissioner Harvey Kahle submitted this entire list to the Free Press on Thursday.

Athlete signs with community college



On Tuesday, Goodland High School senior John Peden signed to wrestle for Colby Community College next year. Peden ended this season with a 49-4 record, placing fourth in Class 4A at 160 pounds. As a sophomore in 2012 he placed sixth. Pictured are his parents and Goodland High School wrestling coaches.

Photo by Kevin Bottrell/The Goodland Star-News

Crossword Puzzle

Across

- 1 One of Obama's daughters
6 Earth
10 Train stops: abbr.
14 Excuse
15 Former science magazine
16 Goo Goo Dolls song "Livin' in ____"
17 You can take a trip down it while reminiscing
19 Person who saves the day
20 Squint
21 Person from Salt Lake City or Ogden
23 Happens to
27 Come up
28 Cat, dog or lion
29 It brews in a cup
32 Hubby's lady
33 Acrosses and ____ (crossword entries)
34 "The Cat in the ____"
37 Back muscles, for short
38 Clay of "American Idol" fame
39 Elm or oak
40 Place to learn: abbr.
41 Kills, in the Bible
42 Coastline
43 Greek god for whom a theater in Harlem is named
45 Common ankle injury
46 Archenemy
48 Tricks
49 Fail to be
51 Cookie that can be twisted
52 Musical group
53 The good life
59 Light blue color

Down

- 1 Uncle ____
2 Ginger ____
3 ____ City (popular video game series)
4 "Girls" network
5 Time on the radio
6 Shoe parts
7 Actor Sharif
8 Holiday ____ (hotel chain)
9 In ____ of (replacing)
10 World's largest desert

11

- 11 You can "take it" by not getting involved in petty squabbles
12 Surrounding glows
13 Rock
18 Shout
22 Keep ____ on (watch closely)
23 Cries like a baby
24 Early computer, whose name spelled backwards is English actor Michael
25 Candy bar that doesn't require any travel
26 Iowa city
29 Japan's capital city
30 Sheepish ladies?
31 Landers of advice
33 Soap brand
35 Eagle's home
36 High school students, mostly

38

- 38 Every last bit
39 Drive-____ window
41 Musical piece for one
42 Blot of paint
44 Cute black-and-white animals
45 Gets an eyeful of
46 Morocco's capital
47 Person from Baghdad
48 In a sarcastic way, perhaps
50 Office worker just for a short time
51 Norway's capital
54 Be sick
55 Greek letter
56 A, in Germany
57 Moose's cousin
58 "____ the season..."

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				6	1		
	4		7	5			3
			9				7
8					9	7	
	2					1	8
	5	7					
3				4			
				2	9		3
4				1		8	

Level: Advanced

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Senior Living

Spring 2014

The
Goodland Star-News
Friday, April 11

April 6-12 is National Volunteer Week

75-year-old Kansan honored for volunteer work

A 75-year-old Lawrence man has been honored as the Kansas winner of the Home Instead Senior Care® network's Salute to Senior Service® award.

Don "Red Dog" Gardner is being recognized for his dedicated community service, including his work with Red Dog's Dog Days, a free community fitness program for Lawrence residents. Gardner, a former marine and police officer, has helped thousands of people live healthier, more active lives by providing free workout sessions at least three days a week, year-round. He began the program in 1984 to help high school athletes maintain fitness

during the summer. Now, the program includes participants of all ages, who are awarded with t-shirts for continued participation.

As one of 50 state winners, Gardner earned \$500 for his charity of choice donated by Home Instead, Inc., franchisor of the Home Instead Senior Care network and contest sponsor. Gardner also will have a spot on the Salute to Senior Service Wall of Fame on SalutetoSeniorService.com where his nomination story has been posted.

"Don represents so well the dedication and commitment that make senior volunteers such a value to their communities," said Jeff Huber, president

of Home Instead, Inc. "He has proven once again that age is meaningless when it comes to making a difference. So many charities, nonprofit organizations and faith communities could not do the work they are doing without selfless volunteers such as Don."

A panel of judges selected 97-year-old Thurman Haynes from North Carolina as the 2014 National Salute to Senior Service award recipient. Haynes earned the recognition for his volunteer efforts with the Haynes-Inman Education Center, a school for children with disabilities. As the national honoree, Home Instead, Inc. will donate \$5,000 to Haynes, designated nonprofit charity.

The results of a Marist poll sponsored by Home Instead, Inc. indicate that

62 percent of seniors age 68 and over volunteered their time in the last year, with 13 percent of those reporting that they volunteer in order to stay active.

"It's important for seniors to remain active and engaged as they age," Huber said. "However, it is possible for frail or isolated seniors to give back to their communities as well. The Salute to Senior Service program includes free 'give back' activity resource sheets with ideas to help seniors who are home-bound or have limited mobility continue to contribute to their communities through volunteerism."

For information about the Home Instead Senior Care network's Salute to Senior Service program or to download the "give back" resource sheets, visit SalutetoSeniorService.com.

Be a Meals on Wheels driver

Many organizations around Sherman County rely on volunteers.

Meals on Wheels has volunteer drivers take meals to those enrolled in the program. While much of the driv-

ing is done by civic organizations, the program has a list of people to call on to drive if needed. Call Sarah Linton at 890-6044 to volunteer.

Community garden ready to start for this year

The City of Goodland Parks and Recreation Department is pleased to offer gardening space for Goodland residents for the 2014 growing season. This will be the second year for the garden, which was started in 2013 with the aid of the Kansas Community Gardens Project managed by K-State Research and Extension and funded through the Kansas Health Foundation.

The Goodland Community Garden is located at 10th Street and Wyoming Avenue. Gardeners can rent a 10-by-30-foot plot for \$30 plus a \$15 clean-up deposit. Water and soil are free; gardeners need to provide the rest. Amenities in the garden include drip irrigation on a timer, a shed for storing gardening tools on site, and a soon to be installed

fence. Additional guidance for growing and maintaining your garden plot will be provided by the local Master Gardeners and K-State Research and Extension. Our first year of gardening was very successful and we want you to join in the fun!

Gardeners may register for plots by April 28th. Junior Gardeners are also welcome to assist in the management of the school pumpkin patch. Junior Gardeners meet once a week throughout the summer and will learn about gardening and grow their own produce to take home. Registration materials are online at cityofgoodland.org or at City Hall or the High Plains Museum.

For more information, call Karen Anderson at (785) 890-4595.

Arts Center looking to engage senior citizens

The Carnegie Arts Center is always looking for volunteers and currently has a position open for a Saturday receptionist.

The position is for 10 a.m. to 5 p.m.

Saturdays. Pay is minimum wage. Contact Kay Younger at 890-6442.

The Arts Center is also looking for seniors who are interested in an arts class.

Star-News to honor local heroes

The *Goodland Star-News* is asking for your help for our upcoming Hometown Heroes Section.

The section, which will publish June 27, will highlight local heroes such as law enforcement, firefighters, emergency medical technicians and paramedics, and more. We are asking for nominations for anyone you feel is a Sherman County Hero and should be recognized.

Just fill out the form that is published in the paper by June 2 and return it to the *Goodland Star-News* office.

We would also like to recognize those

serving our country. We would like to include photos and a little information on any active duty Army, Navy, Air Force, Marines or Coast Guard service men and women with Sherman County ties as well as those in the National Guard and Reserves. We want to include anyone with ties to Sherman County, whether a son, daughter, father, mother, distant cousin, former resident or local graduate.

Bring in or e-mail us a photograph along with the person's first and last name and details to the office at 1205 Main St. or star.news@nwkansan.com.

Hospital Auxiliary always needs volunteers



The Goodland Regional Medical Center Auxiliary is always looking for volunteers to help out with things such as the soup dinner fund raiser, pictured above with volunteers Rita Billinger, Anita Coleman and Sharon Gregory. Volunteers can also work in

the gift shop, hospitality and courtesy, lobby concierge, sewing/knitting, baking, office volunteer, patient relations, special events and the goodie go kart. To get started, contact Debbie Lucas at (785) 899-5328. Photo by Kevin Bottrell/The Goodland Star-News

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Help with Medicare available

For those needing help navigating Medicare, the United States Congress created Senior Health Insurance Assistance Programs in every state.

Senior Health Insurance Counseling for Kansas provides local counselors who can educate and assist seniors in order to make informed healthcare decisions. Counselors can provide information about Medicare parts A, B, C and D, supplemental insurance, long-term care insurance and prescription drug insurance as well as claims assistance and referrals to appropriate agencies.

In Goodland, counselor Judy Good-

win can be reached at (785) 899-0100 or at wridge@eaglecom.net. There is also a toll free hotline: (800) 860-5260.

Assistance will also be offered at the Goodland Public Library by Carol Guyer and Sherryl Ketter during the open enrollment period for Medicare Prescription Drug Plans – which lasts through Dec. 7. Guyer and Ketter are certified through the Area Agency on Aging and the Kansas Department of Aging, which requires 12 hours of training each year.

Appointments are necessary, and can be made by calling 890-5908 or 821-1626.

On the Cover

Zone Price doled out candy from her trunk at the 2013 Halloween Trunk or Treat Contest. Price tied for fourth place for Best Decorated Trunk.

Photo by Pat Schiefen/The Goodland Star-News

‘Bob Boxes’ help those with meal uncertainty

Some seniors face uncertainty about where their next meal is going to come from. Bob Boxes – developed by the Kansas Food Bank and sponsored by former Kansas Senator Bob Dole – are meant to assist seniors who do not feel comfortable asking for help.

The boxes include several complete meals. They are typically delivered to the Sherman County Health Department once a month, where senior citizens can pick them up. Director Donna Terry said the only requirements to participate in the program are to be a senior citizen and to be what is called “food fragile” – to often have to choose to pay for other things like medication over food.

The boxes are not meant to supplement grocery shopping or replace local food banks.

Retirement provides time to pursue interests



Doug Whitson, a retired Sherman County law enforcement officer, took a class from Northwest Kansas Technical College around the Kidder Massacre site in the northeastern part of the county. Whitson has been metal detecting and hunting for artifacts at the sit for several years.

Photo by Tom Betz/The Goodland Star-News

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Spring gardening has health benefits

Gardening can be a great way to enjoy the outdoors, get physical activity, beautify the community, and grow nutritious fruits and vegetables. Whether you are a beginner or expert gardener, health and safety are always important.

Below are some tips from the Centers for Disease Control and Prevention to help keep you safe and healthy so that you can enjoy the beauty and bounty gardening can bring.

Dress to protect

Gear up to protect yourself from lawn and garden pests, harmful chemicals, sharp or motorized equipment, insects, and harmful rays of too much sun.

- Wear safety goggles, sturdy shoes and long pants when using lawn mowers and other machinery.

- Protect your hearing when using machinery. If you have to raise your voice to talk to someone who is an arm's length away, the noise can be potentially harmful to your hearing.

- Wear gloves to lower the risk for skin irritations, cuts, and certain contaminants.

- Protect yourself from diseases caused by mosquitoes and ticks. Use insect repellent containing DEET. Wear long-sleeved shirts, and pants tucked in your socks. You may also want to wear high rubber boots since ticks are usually located close to the ground.

- Lower your risk for sunburn and skin cancer. Wear long sleeves, wide-brimmed hats, sun shades, and sunscreen with sun protective factor (SPF) 15 or higher.

Put safety first

Powered and unpowered tools and equipment can cause serious injury. Limit distractions, use chemicals and equipment properly and be aware of hazards to lower your risk for injury.

- Follow instructions and warning labels on chemicals and lawn and garden equipment.

- Make sure equipment is working properly.

- Keep harmful chemicals, tools and equipment out of children's reach.

Know your limits in the heat

Even being out for short periods of

time in high temperatures can cause serious health problems. Monitor your activities and time in the sun to lower your risk for heat-related illness.

- If you're outside in hot weather for most of the day you'll need to make an effort to drink more fluids.

- Avoid drinking liquids that contain alcohol or large amounts of sugar, especially in the heat. These actually cause you to lose more body fluid.

- Take breaks often. Try to rest in shaded areas so that your body's thermostat will have a chance to recover. Stop working if you experience breathlessness or muscle soreness.

- Pay attention to signs of heat-related illness, including extremely high body temperature, headache, rapid pulse, dizziness, nausea, confusion, or unconsciousness.

- Watch people who are at higher risk for heat-related illness, including infants and children up to four years of age; people 65 years of age or older; people who are overweight; people who push themselves too hard during work or exercise; and people who are physically ill or who take certain medications (i.e. for depression, insomnia, or poor circulation).

- Eat healthy foods to help keep you energized.

Extreme Heat

Talk to your health care provider if you have physical, mental, or environmental concerns that may impair your ability to work in the garden safely.

- If you have arthritis, use tools that are easy to grasp and that fit your ability. Research shows that 2½ hours per week of moderate physical activity can give you more energy and can help relieve arthritis pain and stiffness.

- If you are taking medications that may make you drowsy or impair your judgment or reaction time, don't operate machinery, climb ladders, or do activities that may increase your risk for injury.

- Listen to your body. Monitor your heart rate, level of fatigue, and physical discomfort.



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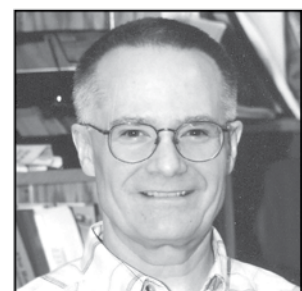
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Are retirement planners following the 4-percent rule?

“Who has my back in retirement?” — That’s the question pre-retirees and retirees want answered when it’s all said and done, says veteran financial planner David Zolt.

Baby boomers have been retiring in droves in recent years, and will continue to do so throughout the next decade — 10,000 of them a day, the Pew Research Center estimates. Unfortunately, the average boomer is about a \$500,000 short on their savings, according to a recent survey by TD Ameritrade.

We have already entered upon an unprecedented moment in retirement history; never has so many people, with such variability in financial wealth, retired at once, Zolt says.

“Clients want to know when they can retire, how much they can withdraw from their savings and how confident they can be that they won’t outlive their money,” says Zolt, a senior consultant who created retirement income planning software for financial advisors.

“If the facts of their wealth do not support their goals for retirement, then they’ll need to do one of three things: adjust their expectations, change their financial behavior or know how to improve their wealth, because the last thing any retiree wants is to run out of money while in their 80s or 90s.”

Zolt breaks down some fundamental

aspects of retirement that may help boomers and others make better financial decisions after their working years.

The “4 percent” rule — a good target for withdrawals: When can you start pulling from your retirement portfolio, and how much should you withdraw? Twenty years ago, Bill Bengen came up with the answer: A well-allocated portfolio subjected to an initial 4 percent withdrawal, and adjusted for annual inflation thereafter, would survive at least 30 years in almost all scenarios. Given today’s market, however, once-stable rules have been significantly challenged. Just one factor in recent years throwing off Bengen’s rule are low bond yields, which historically averaged 5 to 6 percent, but today are much lower. “Four percent is still a good target, but it’s not absolute!” Zolt says.

The seven variables to consider in retirement planning: Seven variables should be included in an individual retiree’s plan: portfolio size, portfolio return, savings, living expenses (including taxes), years to retirement and withdrawal rate. Each of these variables is multifaceted, and it’s important to understand how each affects the others. To troubleshoot this complexity, Zolt created affordable, easy-to-use retirement-planning soft-

ware called The Retirement Planner by RetireSoft, (www.RetireSoft.com) for financial advisors. “Retirement planning is an equation; rather than assuming the 4 percent rule, I’ve fixed other variables by making the number of years to retirement the variable and solving for the withdrawal rate, which is a key component to retirement planning,” Zolt says.

A simple formula calculating withdrawal rates: Whether you’re working with a professional or you’re a DIYer, retirees and pre-retirees want to know how much they should have in savings; how much they’ll receive from fixed income sources, and what they’ll be spending for living expenses. Here’s a simple formula... Subtract your annual fixed retirement income (Social Security, pensions) from your expected annual living expenses in retirement, including income taxes. That’s how much you’ll need to withdraw from savings each year. If the figure is 4 percent, and you have a well-balanced

portfolio, you can reasonably expect to have a reliable income during retirement for 30 years. If the total is 5 percent, you probably have enough to last 30 years, but you may have to cut back on your spending later in retirement. If the percentage is 8 percent, you don’t have enough money to pay for many years of retirement.

About David Zolt: David M. Zolt, CFP®, EA, ASA, MAAA worked more than 25 years in retirement and employee-benefit planning as a senior consultant. His position as trusted advisor to the managers of some of the largest pools of liquid assets in the world gave him the rare opportunity to watch professionals advise multi-million and multi-billion dollar pension funds utilizing the best practices of investing. In the process, he learned firsthand how seasoned professionals invest. Zolt’s clients included The Ford Motor Co., American Greetings, The United Nations, The World Bank and The International Monetary Fund.

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Relay for life is July 18, 19

The Sherman County Relay for Life, the annual benefit for cancer research, will start at 7 p.m. July 18 and go through the night to end the morning of July 19.

Weather permitting, the Relay will

be held at the Goodland High School track.

The event includes games, music and a survivor dinner.

For more information, go to www.relayforlife.org/shermancoks.

Tips to help seniors downsize

The decision to downsize to a smaller home is never an easy one. Senior-carehomes.com has some tips to make downsizing less stressful.

- Check the layout of the new place – To help seniors downsize, it will be good to find out the layout for the new place in advance so you know how much space the senior will have. This will help you and your senior loved one decide on what will fit and things you can bring.

- Sort wisely – When a senior decides to downsize, help the senior avoid clutter. Be sure to help your senior loved one sort out his or her belongings. Separate the things that the senior uses and things that your senior loved one barely uses or does not need at all.

- One room at a time – When packing, start with rooms that the senior uses the least, as it will have less emotional attachments like attic, garage, bathroom, etc.

- Keep a list – Downsizing can be very overwhelming as there are tons of things to do. In order to stay organized it is important to keep a list so you do not forget anything.

- Determine the things to: Keep, give to family and friends, sell/donate or throw.

- Where is the new place? – If you will be moving to an assisted living facility, cooking utensils and dinner plates will no longer be needed. Donating it to social services or other charitable organizations will be a good idea.

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or 511

Senior Health Counseling for Kansas

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Veteran's Representative
Jody Tubbs

785-462-6076

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American Cancer Society

719-346-5239

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Goodland, Kanorado centers provide meals

The Goodland Senior Center offers meals at 11:30 a.m. Monday through Friday. Meals typically include an entree, vegetables, fruit, bread and desert. The center also has activities such as bingo on Wednesday and Friday and pinochle on Monday and Thursday.

The center is closed on holidays.

Meals are also sent to the Kanorado Senior Center. They are served 11:30 a.m. Bingo is played on Thursday nights, and there is a special meal on Tuesday and Thursday from 11 a.m. to 1 p.m. and a monthly meal in the evenings once every month.



The Goodland Soup-Bol will be taking a break from May to August.

The last meal will be served Monday, April 28, and meals will resume in September.

Fitness options available at Goodland Activities Center

During the summer, it can be difficult for seniors get the exercise they need indoors. The Goodland Activities Center will be offering free walking in the gym between the hours of 8 a.m. to 3 p.m. Mention this article to take advantage of this opportunity.

They also offer senior memberships if you are interested in using the equipment or other options.

Senior Memberships:

Yearly Membership – \$192 paid in full

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Senior Family Memberships:

Yearly Membership – \$288 paid in full

Yearly Membership – \$360 paid in monthly installments with Automatic Debit of \$30 per month.

Six month Membership – \$180 paid in full

Three month Membership – \$105 paid in full

One month Membership – \$40 paid in full

Day Passes:

Senior Day Pass – \$5

Senior 10 Day Punch Card – \$30

Senior 5 day Punch Card – \$20

The GAC is interested in possibly starting a senior low impact aerobics class if there is enough interest. If you are interested in this please let Tess at the Goodland Activities Center know. You can reach her at (785) 890-7242 or stop by 808 Main in Goodland.

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