The Goodland Star-News

Shelter for snowy days

MIDWEEK

Tuesday, March 25, 2014

Volume 82, Number 24

16 Pages Goodland, Kansas 67735





Wrestling tournament

The Kansas Kids Wrestling District 4 tournament was held at the Max Jones Fieldhouse on Saturday, bringing in hundreds of athletes, coaches and fans.

See Page 12

weather report

10 a.m. Monday

Today

 Sunset, 7:04 p.m. Wednesday

Sunrise, 6:40 a.m.

• Sunset, 7:05 p.m.

Midday Conditions Soil temperature 37 degrees

 Humidity 85 percent Sky cloudy

• Winds north 18-26 mph Barometer 30.24 inches

and rising • Record High today 85° (1907)

Record Low today -6° (1965)

Last 24 Hours*

High Sunday Low Sunday 16° Precipitation none This month Year to date 1.29

0.32 inches Below normal The Topside Forecast

Today: Mostly sunny with a high near 54, winds breezy out of the northeast at 5 to 30 mph and a low around 35. Wednesday: Mostly sunny with a high near 72, winds breezy out of south at 10 to 30 mph and a low around 39.

Extended Forecast

Thursday: Partly sunny with a 30 percent chance of rain and snow, a high near 52, winds breezy and a low around 29. Friday: Mostly sunny with a high near 55 and a low around 31. Saturday: Sunny with a high near 66 and a low around 37.

(National Weather Service) Get 24-hour weather info. at 162.400 MHz.

The information kiosk at the Van Gogh now has a shelter courtesy various things in Goodland including restaurants, attractions of the Goodland Rotary Club. The kiosk has information about and lodging Photo by Kevin Bottrell/The Goodland Star-News

Colorful 5K run set for Saturday

Help celebrate the end of the Sherman County Wellness Challenge at the Kolor Splash 5K on Saturday at the Max Jones Filed House parking lot.

Registration will begin at 2 p.m. with the race starting at 3 p.m. During the color run, participants

will be splashed with colorful powder, and will likely look as though they have been tie dyed by the time they get to the finish line.

Registration will be available up to race day. Cost is \$10 per person or \$5 for Wellness Challenge members. Registrations forms are available at the Goodland Activities Center or www.goodlandgac.com.

County's rating goes from A to A+

International rating firm Standard and Poor's has upgraded Sherman County's long-term rating from A to A+ on the county's 2012 general obligation bonds.

The firm assessed the local economy as well as the county's budget in determining its rating. Figuring into the rating was budget flexibility -the county has had reserves greater than 30 percent of its expenditures over the past few years - pensions

The firm said the county's outlook is "stable" and that no changes were expected in the next two years unless the local economy, population or budgetary performance were to decline.

The Sherman County Commissioners announced the rating change at a public meeting earlier this month. County Commissioner Ken Klemm said the rating means that if the county needed to borrow money, it could do so at a very low rate.

Standard and Poor's defines its ratings as a tool for investors to use when decided whether or not to purchase bonds.

Aviation safety event planned for April 5 at Colby airport

and the aviation industry in Kansas will talk to area pilots about aviation safety at a special

presentation next month. The Federal Aviation Administration

Representatives of both the government Field Municipal Airport. The event is about nor medical problems. safety, but is open to anyone with an interest in aviation. A hot lunch will be provided, free

of charge.

Mark Ostmever of MC Aviation Services. manager of the airport, will give one of the presentations. The other three speakers in-The meeting will include discussions clude two industry representatives, David Safety Team will put on "Super Safety Satabout aircraft ownership and maintenance, Dewhirst, Michael Scheiman, and James urday," a set of presentations from 9 a.m. to control-tower operations, automation and Lamb, a member of the agency's safety team.

anyone from the International Flying Farmers club, which has a convention in town that

This will be the first safety day here in several years, Ostmeyer said, although he tried to have them every year in the past.

MCAviation, Great Plains Spraying, CBK 3 p.m. on Saturday, April 5, at Colby's Shalz special-issuance licenses for pilots with mi-Ostmeyer said he especially would welcome Flyers and Dillons are sponsors for the event.

New Sonic under construction



Contractors were hard at work turning the former Wendy's building into a Sonic. Kevin Sanderson told the Goodland City Commission at their March 17 meeting that work began that day, and that the building was expected to be completed in five

weeks. Sanderson and his wife Jenifer have been working on getting the restaurant up and running for some time, and it is expected to be open before this summer. Photo by Kevin Bottrell/The Goodland Star-News



10 a.m.

Wheat — \$7.81 bushel Posted county price — \$6.52 Corn — \$4.73 bushel Posted county price -Milo — \$4.37 bushel Soybeans — \$13.38 bushel Posted county price — \$13.52

Millet — no bid Sunflowers Oil current crop — \$18.70 cwt.

Confection — no bid Pinto beans — \$36 (Markets by Scoular Grain, Sun Opta, Frontier Ag and 21st Century Bean. These may not be closing figures.)

genesis and salvation army

Genesis and Salvation Army are available year round to help those in need. Call (785) 890-2299 to speak to a volunteer.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to **5 p.m. Sunday.** Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Sat**urday.** For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or

Breast Cancer Support Group meets at 5:30 p.m. the second **Monday** of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

The Goodland Activities Center has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodlandgac. com or stop by 808 Main. The hours are 5:30 a.m. to 8 p.m. on Monday through Thursday, Friday 5:30 a.m. to 6 p.m., Saturday 10 a.m. to 6 p.m. and Sunday 1 to 5 p.m. **Aerobics** are at 5:30 a.m. on Monday and Wednesday. **Insanity class** meets at 5:30 a.m. on Monday, Tuesday, Wednesday, Thursday, Friday and Saturday. **Taekwondo** with Wayne Luckert call for times and dates.

Weight Watchers meets at 5:30 **p.m. for weigh in** and 6 p.m. for the meeting every **Tuesday** at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 or 728-7491.

Goodland Al-Anon Family Group meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and

Turfgrasses differ in their capac-

ity to grow in shade. Among Kansas

turfgrasses, tall fescue is the best

adapted to shade but isn't all that

good. Although the fine fescues

(i.e., creeping red, chewings, hard

and sheep) have better shade toler-

ance, they lack heat tolerance and

typically decline during hot Kansas

The warm-season grasses have

the poorest shade tolerance, al-

though zoysia does better than

bermuda or buffalo. Where shade

is too heavy for fescue, there are

other courses of action. The most

obvious is to either remove trees,

or to prune limbs and thin the tree

Friday, March 21: Salmon Patties

Sunday, March 23: Pork Chops

Monday, March 24: Spaghetti

Tuesday, March 25: Chicken Bowl

Wednesday, March 26: Ugly Steak

Thursday, March 27: Mexican Lasagna

Saturday, March 22: Soup and Sandwich

summers

the calendar

calendar

The Sherman County Sheriff's office will have a **program for** parents on parenting a pre-teen and teen at 7 p.m. on Wednesday, **April 9,** at the Elks Lodge, 1523 Arcade.

Prairie Land Food distribution is 1 to 2 p.m. Saturday, at Cat's TnT, 1018 Main, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 899-2338, 821-1275. 890-2287,821-1827,890-3793 or 899-4278 or order online at www. prairielandfood.com.

A discussion of "Dancing at Rascal Fair" by Ivan Doig will be at 6:30 p.m. on Thursday, April 24, at the Goodland Public Library, 812 Broadway. For information call (785) 899-5461 or www.goodlandlibrary.org.

The AARPTax-Aide program is available on Monday, Tuesday and Thursday from 1 to 6 p.m. at Cat's TNT, 1018 Main, Goodland, until April 15. Their number is (785) 821-1827 to call for an appointment. The program helps low and moderate-income

Bird City Alcoholics Anony-

(Mountain Time) on Fridays at the

Narcotics Anonymous meets at

6:30 (Mountain Time) on Tues-

days at the Senior Center. Call (785)

The Goodland Churches Thrift

Shop, 1002 Main, is open from 10

a.m. to 5 p.m. on Monday through

Friday. Donations welcome. The

daily specials are 50 percent off

men's department on Monday, 50

percent off housewares, furniture,

electronics and crafts on Tuesday,

10 cent books on Wednesday, 50

percent off children's department on

Thursday and 50 percent of ladies'

department on Friday. For informa-

health department

The Sherman County Health De-

partment at 1622 Broadway is open

from 8 a.m. to noon and 1 to 5 p.m.

Blood pressures; infants', chil-

dren's and adults' immunizations;

health assessments for Kan Be

Healthy, daycare and school entry:

fasting blood sugar and hemoglo-

bin; and family planning available

by appointment. Sharps containers

are available for a fee. WIC program

available. Call 890-4888 or go to

If you have questions, concerns

Water Testing — The Northwest

How to manage your grass in the shade

dana

belshe

ag notebook

Follow us on Facebook Goodland Star News

Local Environmental Protection

canopies. Grass will do better un-

der open spaced trees than under

closely spaced trees. Pruned limbs

and thinned canopies will allow

more sunlight to directly reach the

If possible, raise the mowing

height in the shade to compensate

for the more upright growth of the

leaves, and to provide more leaf area

for photosynthesis. The thin, weak

Specials for the week March 21-27

turfgrass.

Drinks included. Dine-in or carry out!

or complaints about child care, call

www.sherman.kansas.com.

the health department.

Monday through Friday.

734-2734 for more information.

thritt store

tion call 890-2007.

Senior Center on 4th Street.

mous group meets at 6:30 p.m. or discuss environmental concerns,

Call 890-8369.

people prepare their taxes. Sites have been added for Hoxie. The program will be available from 9 a.m. to 3 p.m. (Mountain Time) on Fridays, March 21, and Friday, April 4. Call (785) 675-3102 to make an appointment.

The Goodland Soup Bol serves dinner at 5 p.m. on Monday **nights** at the Goodland Methodist Church Fellowship Hall for anyone who wants to come. Free will donations welcome. For information call 899-3631.

The **Kids Cooking Class** is held on the second Wednesday of each **month** from 3:45 to 5:15 p.m. at the 4-H Building. This class is open for second to fifth graders. For information call 890-4880.

senior menu

Today: Chili, five cup salad, crackers and cinnamon roll. Wednesday: Cook's choice entree, augratin potatoes, beets, bread and apricots. Thursday: Oven baked chicken, mashed potatoes with gravy, green beans, bread and gelatin with fruit. Friday: Italian fish, parslied potatoes, seasoned carrots, bread and rosy

applesauce.

school menu

Today: Breakfast - oatmeal breakfast round, yogurt cup, fruit, fruit juice and milk. Lunch - corn dog, spinach salad, peas, apple wedges and milk. Wednesday: Breakfast - breakfast pizza, fruit, fruit juice and milk. Lunch - beef and noodles, mashed potatoes, fresh baby carrots, blueberry oat muffin, pineapple and milk. Thursday: Breakfast - blueberry bubble bread, fruit, fruit juice and milk. Lunch - chicken quesedilla. tortilla chips and salsa, refried beans, orange and milk. Friday: Breakfast - whole wheat bagel with toppings, fruit cocktail, fruit juice and milk. Lunch - tomato soup, grilled cheese sandwich, celery and carrots, fruit and milk.

school calendar

Today: 6 p.m. sixth grade vocal concert in Goodland High School auditorium. Wednesday: 7:30 a.m. professional learning community. Thursday: 3 p.m. varsity softball at Hays. **Friday**: None.

8 p.m. on Sundays at 1013 Center. Group does well evaluations, including testing for bacteria and

> hospital volunteers Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. Today: a.m. Lana Ginn. Wednesday:

a.m. Patti Purvis. Thursday: None.

Friday: a.m. Avis Alcorn and p.m.

nitrates. To schedule an evaluation

call the Health Department at 890-

Lana Ginn.

early head start Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

tempt you to fertil-

ize more. Remember

the problem is lack

of light, not lack of

fertility. Too much

nitrogen in the spring

causes the plant to

grow faster and may result in weak

plants. The nitrogen rate for shaded

grass should be cut back to at least

Late fall fertilization after tree

leaves have fallen, on the other

hand, is important for shaded cool-

season turf grasses and should be

Irrigate infrequently but deeply.

applied at a full rate.

half of that for grass in full sun.

mops

MOPS (Mothers of Preschoolers) meets the first Monday of every month October thru May. Meeting time: 6 p.m. -7:30 p.m. at the Harvest Evangelical Free Church; 521 E Highway 24; Goodland. For more information email goodlandmops@ gmail.com or call (785) 890-6423.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

tamily shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. For information or help, call $(800)\,794\text{-}4624$. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.

encourage tree feeder-roots to stay

near the surface, which increases

competition between the trees and

the turf. Restrict traffic in the shade.

Many times, the best choice for

shaded areas is switch from a turf-

grass to a more shade-tolerant plant.

periwinkle (Vinca minor) are much

more shade tolerant than any turf-

grass adapted to our area. Another

option is to simply mulch the area

where turf doesn't grow well. The

trees will love the cool, moist soil

and the absence of competition.

For example, English ivy and

turf in the shade may Light, frequent irrigation may

obituary

Philip L. Brian

Philip L. Brian, 84, Piscataway, N.J., former Brewster student, died Tuesday, March 4, 2014, at the Somerset Valley Rehab in Bound Brown, N.J.

He was born on July 20, 1929, in Lyndon. Mr. Brian grew up and went to school at Brownville and Brewster. The family moved to Piscataway, N.J., in 1968. Mr. Brian enlisted in the U.S.

and was a part of the USS Tarawa from 1953 to 1954. He was a chief boiler engineer for Henry Heide, Inc. in New Brunswick, N.J.

parents and his youngest Sharon Stelton Road, Piscataway, N.J.

Beatrice Brian, Piscataway, N.J.; a son Philip Brian of Pennsylvania; a stepson Kenneth Angelo; three brothers, Ray (Phyllis) Brian of Hutchinson, Gene (Betty) Brian to Leroy and Thela (Seigal) Brian of Norton and Bob (Sharon) Brian of Miami, Fla.; three sisters, Dora Hopson of Colby, Dona Plantz of Topeka and Mary (Bill) Torbit of Mesa, Ariz.; and two grandsons. Graveside services were at 9 a.m.

Survivors include a daughter

Navy during the Korean Conflict (Mountain Time) on Friday, March 7, 2014, at the Resurrection Burial Park, Piscataway, N.J.

Visitation was from noon to 2 p.m. and 5 to 7 p.m. (Mountain Preceding him in death were his Time) on Thursday, March 6, 2014, wife Grace D. Brian in 1997, his at the Piscataway Funeral Home, 18

Eveline Marie Saindon

Saindon

Eveline Marie (Bechard) Saindon, 100, longtime Goodland resident, died Sunday, March 23, 2014, and two grandchildren. at Good Samaritan Society — Sherman County in Goodland. She was born on June 9.

1913, to Angelina (Metro) and Joseph Bechard in Aurora, Kan. She attended school in Aurora and Oak-On Aug. 17, 1931, she

and Walter Earl Saindon were married in Oakley. The couple made their home in Thomas County before moving to Goodland in 1945. Mrs. Saindon belonged to Our

Lady of Perpetual Help Catholic man County may be sent to Koons Church, Saint Cecilia Circle and Funeral Home, 211 N. Main, Good-Golden Buckle Campers Club.

Preceding her in death were her husband, her parents, many siblings Survivors include two daughters.

Patsy Cole of Lexington, Ky., and Gloria Gard of Huntington Station, N.Y.; a sister Luella Davidson of Hays; two grandchildren; four great-grandchildren; and a great-great-grandchild.

burial will be at 2 p.m. on Tuesday, March 25, 2014, at the Goodland Cemetery with Father Norbert Dla-

Graveside service and

bal presiding.

Memorials to Hospice of Sherland, Kan. 67735.

sunflower 4-h

The Sunflower 4-H Club met on ing, Kinsey Volk read a poem, Monday, March 3, at the 4-H Building for its annual model meeting. Acting President Kinsey Volk called the meeting to order and Acting Vice President Rilynn Frazier led the club in the flag salute and 4-H pledge. Roll call of "Do you have a checking account?" was answered by 15 members, 10 parents and one leader. Wyatt Arntt led the club in singing "The ABC's."

Following a short business meet-

Nathaniel Salmans shared a 4-H fact, Rilynn Frazier shared a current event and Jared Quain shared a Health and Safety tip. A short recess was called for recreation and Kinsey Volk led the club in playing 'Egg Relay.'

The Fitzgibbons family served refreshments. The next club meeting will be April 21 and will be parents night.

Ryan Berls, reporter

Colby museum plans archaeology day

The Kansas Anthropological As-historian Mike Baughn will discuss sociation and the Prairie Museum of Art and History will co-sponsor this year's Archaeology Day at the Prairie Museum on Saturday, April archaeologist and former Cotton-5, featuring three talks on historical and prehistorical topics.

At noon (Mountain Time), Steven and Kathleen Holen of the Center for American Paleolithic Research in Ft. Collins, Colo., will present "Early Humans in the Central Great Plains: Where Did They Come From and When Did They Arrive?"

Due to the County Assessors

Property Valuation Notices

that went out recently, the

Sherman County Board

of Commissioners want to

remind the public that if

they have a concern about

the valuation on their prop-

erty, they need to call the

County Appraiser's office on

or before March 31, 2014 to

set up an appointment time for an appeal. Call: 785-

Classifieds work!

899-2338

890-4825

the Cheyenne Hole massacre on Sappa Creek in 1875. At 1:45 p.m. (Mountain Time).

wood Ranch curator Don Rowlison will give an overview of northwest Kansas archaeology.

The program is free and open to the public at the Prairie Museum of Art and History, 1905 S. Franklin Avenue in Colby. Call Rob Aiken at (785) 462-6399 for more infor-

At 1 p.m. (Mountain Time), local **PUBLIC NOTICE**

SUBSCRIBER **Brian Fugleberg**

Goodland Star-News

You receive two free passes to see:

NON-STOP (PG-13)

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Remembering the blue and the gray



annual show on Saturday at the Frahm Theater at Colby Com- lett, Scott Briney and Ken Corke. Also singing were the Prairie munity College. The program was tribute to the music of the War Rose Harmony, the ladies barbershop chorus. Also singing were Between the States. Director for the chorus is Peggy Cabrinha Uncalled 4, an area quartet, and the Rusty Pipes, senior quartet

The area's barbershop chorus, the Tumbleweed Chorus, had its of Atwood. Included in the group were local members John Col-champions from Cincinnati, Ohio. Dr. Phil Shuman directs the ladies group.

Photo by Sam Dieter/Colby Free Pres

Cancer Society urges increased colon screenings

colorectal cancer death rate over the past 20 years, colorectal cancer will kill an estimated 50,310 people in the U.S. in 2014, including 480 in Kansas, according to the American Cancer Society.

Colorectal cancer is one of only a handful of cancers for which screening is proven to save lives, both by finding and removing be successful.

During March, National Colon Cancer Awareness Month, the American Cancer Society is highlighting the need to do more to save lives from the nation's third leading cause of cancer death in both men and women by urging patients and their doctors to talk about the importance of colorectal cancer screening, which is recommended for people at average risk beginning at age 50.

"Although screening guidelines differ for some cancers, this is not the case for colorectal cancer.' said Richard C. Wender, M.D., chief cancer control officer for the American Cancer Society and chair of the National Colorectal Cancer Roundtable. "All guidelines recommend screening with raphy every five years.

corrections

While a combination of earlier either colonoscopy every 10 years detection and better treatments or a stool test at home every year, cancer: yearly guaiac-based fehave yielded a steady decline in the and the benefit of screening is clear. Colon cancer screening accomplishes two things – it prevents colon cancers from developing by removing polyps and it detects cancers early when it is highly curable."

More than one in three adults aged 50 and older are not being screened as recommended for colorectal cancer. The American polyps before they turn cancer- Cancer Society recommends that cancer altogether. And while canous and by finding cancers early, most people begin regular screen- cers detected at the earliest stage ing at age 50. People at higher risk, such as those with a family history of colon cancer, may need to start screening earlier.

"Agreat number of people do not understand that there are choices for being screened," Wender said. "If patients are offered a choice among several screening options, then we can increase the chance they will get screened. As we like fordable Care Act are improving to say: the best test for you is the one you get."

The Society recommends the following colorectal cancer screening tests:

• Tests that detect precancerous polyps and cancer: flexible sigmoidoscopy every five years; or colonoscopy every 10 years; or double contrast barium enema every five years; or CT colonog-

• Tests that primarily detect cal occult blood test with high test sensitivity for cancer (older versions of the fecal occult blood test should not be used to test for colorectal cancer); or yearly fecal immunochemical test with high test sensitivity for cancer; or Stool

Tests that detect precancerous polyps allow doctors to remove the polyps and potentially prevent percent, only 40 percent of colon cancers are currently detected at this stage, partly because too few people are screened.

The Society is increasing efforts during March and beyond to ensure more people are aware of the lifesaving potential of screenings.

"Public policies such as the Afaccess to colon cancer screening, but we have a lot of work to do to ensure everyone has the opportunity to be screened," Wender said.

For information and guidance on colorectal cancer, go to cancer. org/fightcoloncancer or call the American Cancer Society 24 hours a day, seven days a week at (800) 227-2345.

this standard.

Brewster schools name third quarter honor role

The Brewster School District has released the Honor Roll for the third quarter. To be on the Superintendent's Honor Roll, students must earn a 4.0 grade average. Those on the Principal's Honor Roll must have a grade average of 3.5 to 3.99. Honor Roll students have an average of 3.0 to 3.49.

High School Principal's Honor Roll

Juniors: Dara Roulier, Layton

Sophomores: T-Aera Abbott, Tylyr Cheatum, Rachel Friess.

Freshmen: Tad Holm, Jaden vis Schmidt. Honor Roll

Seniors: Tanner Abbott, Yumi

Juniors: Alicia Barrie, C.J. Fel- cob Benham, Adrian Mercado

Inagaki.

Sophomores: Justin Schmidt. Freshmen: Dalton Arntt, Ronnie

Junior High Superintendent's Honor Roll Sixth Grade: Weston Schmidt.

Seventh Grade: Desmond Pur-

Principal's Honor Roll

Sixth Grade: Genesis Aguilar, Cameron Ford-Gillen.

Honor Roll Eighth Grade: Austin Bear, Ja-

Seventh Grade: Karlee Brown. Lane Cheatum, Mckedzie Clymer, Mikenna Hanevik, Brett Roulier, Ben Roeder.

Sixth Grade: Anjel Blume, Morgan Bryant, Jacson Clymer, Autumn O'Brian.

matters of record

Sherman County Bastille

The following people were booked into the Sherman County

March 14: Juan Ollarzabal, 19, Garden City, arrested by state trooper for possession of hallucinogenic drugs and drug paraphernalia possession.

Jonathan Orosco, 21, Garden City, arrested by state trooper for possession of hallucinogenic drugs and drug paraphernalia possession.

March 15: Michael Brown, 29, Manhattan, arrested by state trooper for possession of hallucinogenic drugs, drug paraphernalia possession and warrant for another jurisdiction.

March 16: Rafael Marcias, 33, Goodland, arrested by state trooper for driving under the influence, transporting an open container and unsafe turn.

Adare Webster, 42, Goodland, arrested by state trooper for driving The Goodland Star-News will call our office at (785) 899-2338 want to keep an accurate record under the influence and improper and appreciate you calling to our lane change. attention any failure to live up to

March 17: Daezjon Brown, 22,

Goodland, arrested by city police for domestic battery.

District Court

These are cases decided by the Goodland District Court:

Nov. 7: Mario Lamant Mackey,

speeding, fined \$201. Gretchen L. Sedoff, speeding,

Nathan Sergio, speeding, fined

Katherine Anne Downey,

speeding, fined \$171. Nov. 8: Cory C. Ball, speeding,

fined \$237. Gage Mikel Gutkowski,

speeding, fined \$153.

Jose E. Nunez, operate a motor vehicle without a valid license, fined A\$156.

Miranda Ann Sandner, speeding, fined \$147.

Jonathan D. Stanfield, speeding, fined \$171.

Brenda Schell Steele, speeding. fined \$210.

Shadoe Logan White, defective muffler, fined \$159.

Nov. 9: Kirk Len Henderson, defective muffler, fined \$147.

Charles Lewis Terrell Seegars. vehicles, unlawful acts, e.g.,

registration, fined \$196. Keithan Lane Smith, improper

driving on laned roadway, fined

Enjoy a night at the movies!

Tonight 7 PM Non-Stop (PG-13)

Starts Fri. 7 PM: Mr. Peabody & Sherman 3D (PG)

standing in a news story. Please news should be fair and factual. We Bids needed for projects at Wolak Building

correct any mistake or misunder- to report errors. We believe that

Sherman County is currently taking sealed bids for two projects at the Wolak Building. The first project is for repair of the sidewalk on the west side of the building. The second project is widening the ambulance bay door. Please contact Duane at 890-4849 to schedule a time to look at the project. Bids must be in County Clerk's Office by April 1, no later than 5 p.m. MT, and will be opened on April 8, 2014. Mailed bids are to go to: Sherman County Clerk, 813 Broadway-Room 102, Goodland, KS 67735.

CALL US FOR A **Colby, KS 67701**

FREE CONSULTATION!

785-462-2023 990 S. Range Ave.

Building pictured is not priced in ad. Crew travel equired over 50 miles. Local building code modifications extra. Price subject to change without notice.

BUILDING SALE! 30'x40'x13' • \$13,085 42'x72'x15' • \$24,310 60'x104'x17' • \$49,825

800-373-5550 | ClearyBuilding.com

ATTENTION: AVIATORS FAASTeam presents:

Super Safety Saturday Aviation Educational Event

Event Details:

Saturday, April 5, 2014 • 9 a.m. - 3 p.m. Hot lunch provided • Shalz Field, Colby, KS - KCBK



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For More Information, Contact: Mark Ostmeyer (785) 460-4438 | (785) 443-4000 | mcas@st-tel.net

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from other viewpoints...

Where would this road lead?

Last year several legislators crafted a proposal for changing the constitutional process chosen by the people of Kansas for selecting Supreme Court justices. These legislators sought endorsements by the Kansas Bar Association and the Kansas District Judges Association.

According to several sources, the endorsements would induce the Legislature to give judicial branch employees their first pay raise in more than 4 years. I told our 1500 employees that while the justices supported the pay raises, we opposed the trade. Later one of the crafting legislators publicly denied any linkage between the overdue pay raises and selection of justices and demanded my apology.

Recently one of these legislators advanced a new proposal. Linking money to other court issues can no longer be denied. Rather, it is glaring.

Instead of pay raises, this time legislative money is being offered to keep all Kansas courts open after July 1 – in direct exchange for some important restructuring of the judicial branch. More specifically, the money would be given if the association now endorsed the "package deal." The package includes changing the statewide unified court system in two fundamental ways.

First, it allows the chief judge in each of Kansas' 31 judicial districts to submit and control his or her own budget. Second, it allows the judges in each judicial district to choose their own chief judge. The Supreme Court has exclusively exercised the authority for both actions since at least the late 1970's after a constitutional amendment.

All 31 chief judges – the ones most directly affected by the decentralizing budget provision - oppose it. Additionally, many prefer the Supreme Court's traditional chief judge selection process, where for almost 40 years the Court has sought input from all judges and employees working closely with them before making the appointment. Chief judges and justices alike ask, 'What needs fixing?'

One packaging legislator informed the association that without a positive statement about the entire package, it would fail. The money for keeping the courts open would then be lost. And no other legislative revenue proposal for keeping courts open was planned. In other words, no endorsement means closed courts. So while disagreeing with a significant part of the package, the executive committee concluded, "The KDJA can accept [it], because the courts of Kansas will be allowed to remain open for business." The Kansas Senate approved it a few hours later.

The Supreme Court strongly opposes the package – for reasons that should be clear. Most objectionable is the diffusion of the unified court system's centralized authority in exchange for money to keep Kansas courts open.

As the package moves through the House of Representatives, all Kansans should ask themselves at least two questions:

First, is this package true to the will of the people when they voted to change their constitution and place all administrative authority under the Supreme Court and to eventually unify all Kansas courts?

Second, if Kansans start down the road where judges feel compelled to help bargain away the Court's authority, where does that road end? Will otherwise fair and impartial judges be asked to decide court cases the way some legislators want them to be decided – in exchange for money to keep the courts open for the people of Kansas they all are supposed to be serving?

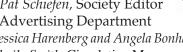
-Lawton R. Nuss, Salina native and a fourth-generation Kansan. He has served on the Kansas Supreme Court since 2002 and as chief justice since 2010.

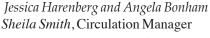
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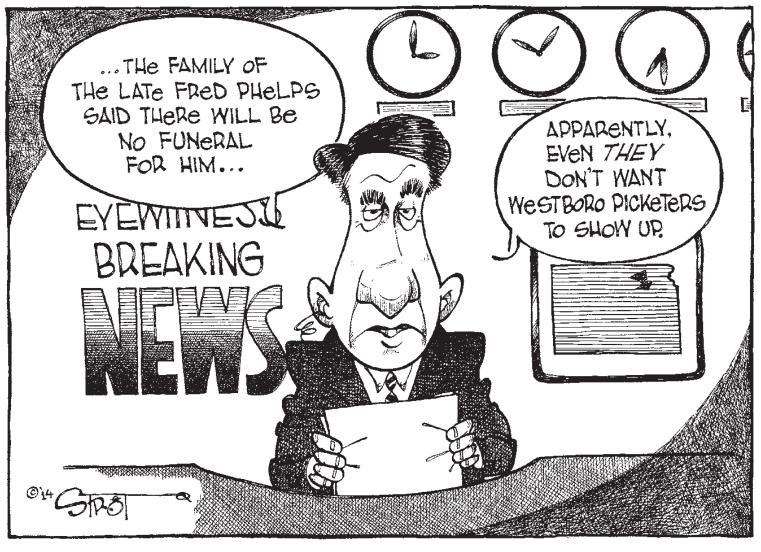
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Two higher ed trainwrecks

Higher education officials in Kansas sighed with relief. The Kansas Supreme Court did not mandate \$400+ million more in K-12 funding. But that ruling punted the education adequacy decision to lower courts. If that postponed decision comes in 2015, it will coincide with another disaster that could result in far worse higher ed funding than had these disasters occurred separately. The dramatic enrollment downturn due to the Qualified Admissions standards could trigger a major cut in university funding.

Kansas universities have taken small hits in funding three times over the last three decades. Kansas is a balanced budget state. Kansas cannot spend more than it receives in tax revenue. When taxes fell below estimates, state entities including universities had to give back allocated money. These "rescissions" occurred mid-year. But those amounts were minor compared to the shortfall that will occur due to the recent dramatic state tax cuts combined with any future ruling to restore funding to K-12 schools.

K-12 schools consume half of the state tax dollars. Other state agencies have been cut to the bone, leaving support for public universities the most vulnerable state expense. While locate \$100+ million to poorer K-12 schools court decision on adequate funding continues leges must follow – right? to threaten Kansas public university funding.

If the decision to increase K-12 funding comes down in fall of 2015, that train wreck



John Schrock

matic drop in regent school enrollments due to the Qualified Admission.

Kansas legislators will then have the perfect solution. They can shift large amounts of money from shrinking universities to K-12 schools and not raise taxes.

That would result in a university draw-down on the scale of the 1970s nationwide post-baby boom drop off in university enrollment. That was an academic blood-bath. Under financial exigency, tenured professors were fired. Departments were closed. Meanwhile, Kansas community colleges and Washburn will overflow, not being bound by the Qualified Admission standards.

Only the Kansas Board of Regents can address this issue. Unfortunately, many in higher education remain in denial, expecting this problem to go away. After all, over three years ago the regents announced the tougher standards that added an extra math and would the KS Supreme Court decision requires the move from ACT-of-21 OR QA curriculum, etc. or two solves nothing. This problem will still state to address the equity issue, and either alto ACT-of-21 AND QA curriculum, etc. So, remain the third year onward. when the KBOR issues commands, the Kansas or tinker with the funding formula, the lower high schools that send students to Kansas col-

Wrong. Despite recent school consolidation, some rural Kansas schools still graduate for switching funding to K-12. less than ten students. That is a complete high will coincide with a second disaster: the draschool of less than 40 students. Such small

schools cannot hire teachers to teach just math or just science. Their small staff must teach across disciplines. There is no talent nor time to offer the added course.

Even in larger schools that offer the full QA curriculum, there are many students who just do not have the interest to pursue the added math. That is not to say that they are not "college-able." They want to study literature or art or history. But they are not going to take that extra year of high school math. In fall 2015, they will have to attend community colleges first and transfer to a four-year school later. Some Kansas universities will lose over 40

percent of their freshman class. Topeka officials believe that they only need to mandate that something be done, and it will be done. They do not recognize that they cannot enforce mandates that are beyond the capacity of schools and students. The extra math was a-course-too-far. Some of our future Einsteins and Rembrandts will have to attend community colleges for awhile rather than state universities because the KBOR insisted every college student must be better in math.

There is no wiggle-room to "gradually" or partially implement the QA standards. They were set in regulations. Putting them off a year

The regents have less than a year to bring QA requirements back to reality. If they do not, the resulting drop in enrolments in 2015 can provide our Legislature with a rationale

Protein for breakfast

The old adage bears repeating – eat breakfast like a king, lunch like a prince and dinner like a pauper.

Put another way, nutritionists believe breakfast is the most important meal of the day. It breaks the fast, provides fuel for the body and prepares for healthy nutrient intake.

Breakfasts vary, however, and beginning your day with a meal that includes plenty of high quality protein remains the foundation for experiencing healthy benefits.

The ideal breakfast for weight loss contains 25 to 30 grams of high-fiber, low-sugar carbohydrates. Foods such as eggs, lean meat, low-fat dairy, beans afford good choices for breakfast as well.

"If you're too busy for breakfast, you're probably giving up more than a meal," says Karen Hanson, Manhattan Hy-Vee registered dietitian. "Research shows kids who eat breakfast perform better in school. And if jumpstarts your metabolism and keeps you from overeating later."

Children rely heavily on a consistent food intake, the dietician notes. If they miss breakfast, that period of semi-starvation before lunch can create physical, intellectual and even behavioral problems.

Kids who eat breakfast and are physically

Letter Policy

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john schlageck

active concentrate better. They typically score higher on tests.

Keep grab-and-go items like cereal, yogurt, fruit and string cheese on hand for busy mornings. On those really rushed mornings, kids can

eat in the car on the way to school or day care. It's better than not eating at all. Other tips include making oatmeal with milk

instead of water; eating lunch, dinner or snack foods (ham and cheese sandwich, leftover veggie pizza) for breakfast; or using yogurt or low-fat milk to make breakfast smoothies. Adults need a breakfast boost too.

"Breakfast recharges your brain and body

you're trying to lose weight, eating breakfast after the overnight fast," Hanson says. "If we skip breakfast, our body responds by increasing hunger and hanging on to calories. If you're trying to lose weight by skipping breakfast, you're sabotaging yourself."

Abowl of whole-grain cereal and a banana is

a quick breakfast that will keep you focused all morning. Try leftover pizza with 100 percent juice if you're not a breakfast-food fan.

A balanced breakfast makes a big difference in overall health and well-being, Hanson says. Here are three tips for making breakfast fit into your morning routine.

Organize the night before. Set the table with bowls and spoons for cereal. Ready a blender for smoothies. Make muffin or waffle mix so it's ready to cook in the morning.

Keep it simple with a bowl of high fiber. higher protein cereal and fruit.

Pack breakfast to go. Plan a nutritious breakfast that can be eaten in the car or on the bus. Teens might like a banana, a bag of trail mix and a carton of milk. You can also check out breakfast options at your child's school.

Arecent American Journal of Clinical Nutrition study suggests a breakfast containing 35 grams protein from lean beef and eggs leads to improved appetite control and satisfaction throughout the day.

Eating breakfast results in diet quality. It sets the stage for the rest of the day while moderating appetite swings and improving vigilance and memory tasks.

where to write

U.S. Sen. Pat Roberts, 109 Hart Senate (202) 224-4774; website – roberts.senate.

gov. U.S. Sen. Jerry Moran, 354 Russell Senate Office Building, Washington, D.C. 20510. (202) 224-6521; Fax (202) 228-6966. website

http://moran.senate.gov. U.S. Rep. Tim Huelskamp, 1st Congressional District, 126 Cannon House Office Building, Washington D.C., 20575-1601. (202-225-2715) Website – https://huelskamp.

house.gov.

State Rep. Ward Cassidy, State Capitol Office Building, Washington D.C. 20510. Building Rm 151-S, 300 SW 10th, Topeka, Kan. 66612. Phone (785) 296-7616, home (785) 332-2850; e-mail address ward. cassidy@house.ks.gov.

State Sen. Ralph Ostmeyer, State Capitol Building, Rm. 136-E, 300 SW 10th, Topeka, Kan. 66612. (785-296-7399; e-mail address ostmeyer@senate.state.ks.us.

Kansas Attorney General, 301 S.W. 10th, Lower Level, Topeka, KS 66612-1597 (785) 296-3751 Fax (785) 291-3699 TTY: (785) 291-3767

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Lyndon Johnson's War on Poverty – 50 years later

Take a journey back in time 50 years, to January 1964. The State of the Union address by former U.S. President Lyndon B. Johnson brought attention to poverty, which later led to the passing of federal legislation to assist citizens in need. That same month, Bob Dylan released his album "The Times They Are A-Changin'," a collection of songs that spoke to a time of social change and the issues of racism and

While many things have changed since 1964, time hasn't brought much change to some areas of concern. When Johnson's War on Poverty commenced, the U.S. poverty rate was around 19 percent, according to the U.S. Census Bureau. The census' most recent overall poverty rate (www.census.gov/hhes/www/ poverty/about/overview/index.

html) from 2012 is slightly down from 50 years ago at 15 percent, but the poverty rate for children under age 18 is nearly 22 per-cent.

In Kansas (quickfacts.census. gov/qfd/states/20000.html), that census showed a current overall poverty rate at 13 percent, slightly down from the national average. The childhood poverty rate, though, is a percentage point higher in Kansas, according to 2013 data from the Kansas Action for Children (kac.org), a nonprofit organization committed to improving the lives of Kansas' families and children. Nearly one in four Kansas children live in poverty.

"I think the growth in poverty is a long-term trend in Kansas," said Shannon Cotsoradis, president and chief executive officer of the Kansas Action for Children. "If you look back to 2003, we were just under 12 percent of children living in poverty. Now we're just under 24 percent, so it's almost doubled in

In an attempt to lessen Kansas' poverty rate, a group of Kansas State Research and Extension professionals, including campus faculty, state specialists and agents, plan to undergo training in a curriculum called "Together We Can: Creating a Healthy Future for our Family,' which was developed by Michigan State University Extension. The "Family and Child Development"

State group that will receive training and communities to resolve poverty, later this spring.

Once the team members are trained in the curriculum, as well as the social and economic factors that impact families near poverty, they will be more prepared to provide community programs and support throughout the state in the curriculum's six focus areas: positive co-parenting relationships, stress and conflict management strategies, ongoing involvement of both parents, money management/child support payment, and healthy decisions about couple relationships.

Lisa Newman, a family development agent for the Kansas State Research and Extension Central Kansas District, is a co-chair for the "Family and Child Development" team. The team members. she said, will use the curriculum to help families out of poverty in the local communities they serve. The curriculum's particular focus is on young, single-parent families, as many people in poverty come from single-parent head of households.

According to the Centers for Disease Control and Prevention's National Vital Statistics Reports, the most current data from 2011 shows the birth rate for unmarried women (www.cdc.gov/nchs/data/ nvsr/nvsr62/nvsr62_01_tables.

pdf#I04) in the United States at 41 percent, which is slightly down from 2007-2008 but still up from 33 percent in 2000 and 18 percent in 1980. In Kansas, the current rate is just over 37 percent.

Newman said she looks forward to using the "Together We Can" curriculum in the work she does in Ottawa and Saline counties. A recent report by Kansas State examining child and family wellbeing in Kansas showed that Saline County particularly was in the top ive Kansas counties for childhood poverty at just over 28 percent and was also higher than the state and national averages in birth rate for unmarried women at 48 percent. More Kansas county data can be found by accessing the report online at www.dcf.ks.gov.

Newman is currently on the guiding coalition for Circles of the Heartland for Saline County, a local group that is part of the Circles USA is complex," Johannes said. "We program focus team is the Kansas national initiative to equip families also have to look at the safety net

and works with the Wichita-based Kansas Leadership Center on pov-

"I try to be that field faculty member who is able to provide resources, whether that is the programming with 'Together We Can' or helping with whatever resources I can pull together from state specialists from Kansas or somewhere else in the country," Newman said. "It gives me great comfort knowing I have access to research-based, safe, reliable resources to provide to families in need."

Reasons behind poverty

According to the U.S. Department of Agriculture's Economic Research Service, "any individual with total income less than an amount deemed to be sufficient to purchase basic needs of food, shelter, clothing and other essential goods and services is poor."

The amount of income necessary to purchase these basic needs is the poverty line. The current poverty line for a family of four, for example, is \$23,550 before taxes. Current federal poverty lines for all sizes of families can be found on the U.S. Department of Health and Human Services website (aspe.hhs. gov/poverty/13poverty.cfm).

Elaine Johannes is an associate professor and extension specialist in youth development for the School of Family Studies and Human Services at Kansas State University and serves as co-chair with Newman on the 'Family and Child Development' team. She said there are numerous reasons behind poverty

The single-parent head of household situations play a big factor, Johannes said. Single parents are primarily females who are often unemployed, or most likely, underemployed. Minimum wage last went up in 2009 and is currently \$7.25 per hour in the United States.

In some situations, she said, there is a lack of full-time, well-paid positions available due to industries leaving the state or businesses scaling back due to a slow recovery from the economic recession that hit five

'The answer to this real dilemma

funded and are no longer receiving the same amount of funding. We formally had sustainably funded safety net programs like child health insurance, Head Start, access to early education, certain subsidies for housing and access for TANF, for example."

Johannes said when all of these things make it more difficult for parents to make ends meet, more children become eligible for free and reduced meals in schools. According to the Kansas Action for Children, nearly 50 percent of Kansas schoolchildren received free or reduced price lunches in 2013, an increase from 43 percent in 2009. This is where child hunger becomes

When school is not in session, these kids are not eating in many cases or maybe are fortunate if they get one meal a day," Cotsoradis said. "There aren't a lot of sites for kids to access free and reduced meal programs during the summer months in Kansas."

A family and community issue

When children are born into poverty, they face numerous challenges. According to Child Trends (www.childtrends.org), a nonprofit organization that provides information about the well-being of U.S. children and youth, poverty harms a child's brain and other body systems, leads to poor health, and creates and widens achievement gaps. Poor children are more likely to live in neighborhoods with more crime and violence, and they often have a home environment with more stress, aggravation and depression among family members.

Also, poor families from rural communities are more susceptible to living in poverty, according to a recent USDA-ERS report (www. ers.usda.gov/topics/rural-economy-population/rural-povertywell-being/geography-of-poverty. aspx#howis). Johannes said rural communities might not have grocery stores close by where families can use Supplemental Nutrition Assistance Program benefits, or are too small to have childcare availability or a Head Start program in place. The Kansas Action for Children reported that currently there are only 43 slots available in Head Start being applicable also to local Head

ALLERGIST**

programs that have formally been programs for every 100 eligible Start programs, community action children across the state.

> People, especially in rural communities, often do not have close access to healthcare, including mental health treatment.

"It's not only early childhood poverty that is a concern, especially when you think about teen suicide," Johannes said. "When a young person is growing up in chronic poverty, they either build resilience and move through it, they acquiesce to it and continue in the cycle which seems to be what mostly happens, or they become so depressed and dismayed that they give up."

If people don't notice poverty in their communities, Johannes said, they probably intentionally don't notice it because it is scary to think

"Even here in Manhattan, we see people standing outside with homeless signs," Johannes said. "I think people see that, become fearful and ask themselves, 'If it happens to them, can it happen to me?' It can. Many Americans are on a bubble and can go either way."

Building strong communities

Johannes said given all of the issues that influence poverty, it is going to take a full community to help people get out of it.

"Together We Can'really equips our agents to work in concert with faith, business, education, health, industry and other community circles, to address well-being and family poverty from a lot of different perspectives," Johannes said. "We might not have the one solution, but we are equipped to bring evidenced-based knowledge and systems support to work in concert with communities."

Integrating the curriculum into an established community group or program is key to helping it reach more people.

"Our successful agents embed their work inside of coalitions, systems, networks and safety net agencies of public health and schools, for example," Johannes said.

Newman's work with the Circles of the Heartland for Saline County is an example of an agent finding success working inside another community group. Newman said she can see "Together We Can"

programs or any other programs or groups where those in poverty can

be reached. More home and family resources are available on the K-State Research and Extension website (www. ksre.k-state.edu/p.aspx?tabid=22).



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Red Cross offers flood warning app The American Red Cross has a that allows users to send a message toolkit with flashlight, strobe light

new Flood App to help save lives

and Android smart phone users even without mobile connectivity; home and cleaning up. instant access to local and real-time information, so they know what to do before, during and after a flood. The content is available in English and Spanish based on the user's language settings on their mobile device. The app includes locationbased, audible flood and flash flood watches and warnings – even if the app is closed.

Other features of the app include: one-touch "I'm safe" messaging

letting family and friends know that and audible alarm to let others know and reduce losses from floods and they are out of harm's way; pre- where you are; locations of open loaded content that gives users in- Red Cross shelters; and real-time This free app gives iPhone, iPad stant access to critical action steps, recovery resources for returning

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April Consultant Schedule

Jeffrey Rumbyrt, M.D.

CARDIOLOGIST** April 9 & 23 Barry Smith, M.D. **CARDIOLOGIST** Vijay Subbarao, M.D. March 13 Thursdays by Appointment COUNSELING SERVICES DERMATOLOGIST April 15 Theodore Alkousakis, M.D. **DIETITIAN** Sarah Linton, RD, LD, CDE Tuesdays by Appointment EARS, NOSE, THROAT Alfred N. Carr, M.D. April 4 & 11 GASTROENTEROLOGIST Jeffrey D. Huston, M.D. April 1, 14 & 15 **GENERAL SURGEON** David D. Beck, M.D. **TBD** GENERAL SURGEON Jeffrey Cross, M.D. **TBD GYNECOLOGY** Laura Rokosz, M.D. April 2 & 30 OBSTETRICS/GYNECOLOGY David Forschner, M.D. April 16 April 4, 11, 18, 25 ONCOLOGY Prakash Neupane, M.D. OPHTHALMOLOGIST Brian Joondeph, M.D. April 16 OPHTHALMOLOGIST** Eric Fry, M.D. April 18 Robert Fante, M.D. OPHTHALMOLOGIST April 25 Tim Birney, M.D. April 14 ORTHOPEDIST ORTHOPEDIST Armond Hatzidakis, M.D. April 7 James Holmes, M.D. April 21 ORTHOPEDIST Edward Parks, M.D. May 27 ORTHOPEDIST ORTHOPEDIST Raj Bazaz, M.D. April 14 Kevin Nagamani, M.D. ORTHOPEDIST April 9 Pathology Services P.C. Call for Availability **PATHOLOGIST PODIATRIST** Erik Ouderkirk, D.P.M. April 9 April 23 **PODIATRIST** Daniel Mallett, D.P.M. **PULMONOLOGIST** Ken Weisiger, M.D. April 3, 17, 24 & 25 **RADIOLOGISTS** Professional Radiology Services WEEK DAYS Crystal Schultz SPEECH THERAPY Monday – Thursday **UROLOGIST**** Kevin McDonald M.D. April 9 **UROLOGIST**** Wallace Curry, M.D. April 1

For an appointment please call 785-890-6030 **For an appointment with Dr. Rumbyrt please call 1-888-849-8424

**For an appointment with Dr. Fry please call 1-800-526-3937

**For an appointment with Dr. McDonald or Dr. Curry please call 1-877-312-1619

**For an appointment with Dr. Smith please call 855-744-1065

Goodland Family Health Center 106 Willow Road • (785) 890-6075 Monday – Friday, 8:30 a.m. to 5 p.m. Walk-in Clinic M-F 8:30 a.m to 9:30 a.m. Saturday Clinic 9-11 a.m.

Dr. Mohedine Shafei (Out of office on Monday) Dr. Douglas Van Marel (Out of office on Friday) Dr. Travis Daise (Out of office on Wednesday) Dr. Kali Rubenthaler (Out of office on Thursday) Dr. David Younger (Out of office on Thursday) Jackie Jorgensen, ARNP (Out of office on Friday)

Dr. Lisa M. Unruh – Pediatrician (Out of office on Tuesday)

Experience the QSI Advantage



Wedding and Prom seasons are fast approaching. We've compiled great information to help you in your quest for the perfect event.

Wedding Checklist

10-12 months to go:

- 1. Establish budget-decide priority of where to save and where you would be more likely to splurge.
- 2. Start guest list.
- 3. Choose wedding party. Who's going to be at your side on your big day?
- 4. Start narrowing down venues. 5. Tell everyone to save the date!

6-9 months to go:

- 1. Continue research on venues, flowers, entertainment, etc. It would be wise to get everything in writing once finalized.
- 2. Time to create your gift registry!
- 3. Arrange hotel rooms for out-of-town guests, and be sure to book your own suite if desired.
- 4. This is a good time to decide and start to finalize bridesmaid and flower girls dresses. 5. Start deciding on bachelor/bachelorette parties.

3-5 months to go:

- 1. Book locations, entertainment, catering and cakes if necessary.
- 2. Shop for and reserve men's formal wear. 3. Finalize these things: guest list, invitations,
- vows, menu, hair and make-up,
 - honeymoon plans, photographer. 4. Purchase the rings!

6-8 weeks to go: 1. Mail out invites!

- 2. Touch base with vendors, pay deposits and
- confirm dates and details with them. 3. Start researching marriage license details
- and name-change paperwork. 4. Begin dress fittings. Also be sure to buy
- the appropriate undergarments! 5. Write thank you cards for any early wed-
- ding gifts you may have received.

- **3-5 weeks to go:**1. Make final shotlist with photographer.
- 2. Obtain marriage license.
- 3. Final dress fitting!
- 4. Hunt down anybody that hasn't RSVP'd!
- 5. Confirm song list with DJ if you have one.

1-2 weeks to go:

- 1. Give caterer final guest count.
- 2. Create seating chart if needed. 3. Check weather and have a back-up plan
- if needed.
- 4. Start packing for that honeymoon! 5. Pamper yourself with a massage!

THE DAY BEFORE:

beauty rest!

- 1. Get rings and marriage cerificate ready.
- 2. Assign someone to pack up gifts after reception, and have someone to take
- back formal wear rentals the next day. 3. Head to bed early and get that

Prom & Wedding Beauty Dos and Don'ts

- 1. <u>DO</u> choose a classic 'do. You want your hairdo to be timeless, and not embarrassing when you pull out that prom or wedding photo 20 years down the road. Use clean lines and keep it simple, and avoid straying too far from your normal comfort zone.
- 2. **DO** use simple make-up. Save the blue eyeshadow and dark red lipstick for Halloween. Natural beauty photographs so much better anyway!
- 3. **DO** keep your beauty routine the same. Now would not be a good time to try out that new pimple cream, only to find out you have a reaction to it.
- 4. **DON'T** wear body glitter! You and your date/groom will be the best glittery couple around! Instead, opt for a lotion that has a slight shimmer.
- **5. <u>DON'T</u>** opt for dewy skin. Whey you plan on taking pictures, your skin may instead look greasy and oily. Instead, use a shine control mask to help diminish any shine. **6. DON'T** eat foods that increase bloating (dairy, fizzy drinks, caffeine, salt, coffee, junk

- 1. **DON'T** show too much skin! A thigh-high slit, cutouts and a plunging neckline will make you look classless instead of classy.
- 2. DO choose a figure-flattering silhouette. It's worth the extra dollars to have your dress tailored to your body shape.
- 3. DO choose a comfortable dress and shoes also. You want to be able to dance the night away in comfort!

4. DON'T spend your entire savings on a dress. There are many places that have affordable dresses. No need to spend every penny on a dress for one night.

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High School Prom and your Wedding

Wedding Tuxes Timeline

3-6 months to go: Decide which retailer you want to use. Color choices need to be narrowed down also.

2-5 months to go: Select the tux style you wish to go with and place your order.

6-8 weeks to go: Measurements should be collected and given to the tux retailer. The groom and any local groomsmen should visit the retailer to be measured and fitted.

1 week to go: Final fittings and pick up tuxes.

1 business day after wedding: Return those tuxes to avoid any late charges!

Prom and Wedding Flowers

Color coordination is BIG! Know what colors you are wanting, and also be open-minded about your flower choices. Some flowers may not be in season, but there are always similar flowers to what you are wanting. For Prom, be sure to decide on colors,

and give your florist AT LEAST a 2-3 week notice. For Weddings, a 3-4 month (if not more) notice would be ideal. Also, bring your florist to your wedding location. He or she can help

give great ideas.

Getting There is Half the Fun!

Are you splurging for a limo? OH what about a horsedrawn carriage! Is Dad letting you borrow that classic car he's had stored in the garage for the last 15 years?

No matter which way you arrive to your Prom or Wedding, be sure to match your ride to your taste. You don't have to go with the glitzy limo ride...pulling up to the high school or church in a John Deere tractor could be quite memorable! If you are a person to think outside the box, your possibilites are endless!

Also, if borrowing someone's vehicle, be sure to give the person plenty of notice. You don't want them out of town at a classic car show the weekend of Prom or your Wedding.

Tickle Those Tastebuds!

Whether you're thinking BBQ or Italian, 5-star or 2-star, your budget plays a big role in how to cater your wedding. If the budget is tight, bribe family into helping make the fixings. If the budget is loose, then go for the caterer. As long as you know how many mouths you are feeding,

delicious food is always possible. Also be sure to know if any guests may be vegan, or if Aunt Susan is horribly allergic to peanuts. Putting notes next to any foods that are vegan or that have nuts, would be a great idea.

Capture the Memories

1. Decide what style of photographs you are wanting. Are you leaning towards traditional, staged photos? Or maybe more candid shots where the subject doesn't realize they're being photographed? Either way, talk with your photographer and make sure you are both on the same style page.

2. Decide on what level of service you want. Do you want photos of the ceremony only, or are you pining for the whole package?

3. Budget is BIG! Knowing how much you can afford to spend will allow you to discard any photographers who are out of your price range.

4. Decide how to use your pictures. Do you want enough professional pictures for the entire family, or just an album for you and your new husband?

5. ALWAYS CONFIRM, CONFIRM, CONFIRM! Once you have chosen your photographer, make sure you are penciled in on their calendar! Confirm at least 2-3 months ahead of the wedding, and again 1-2 weeks before, just to iron out the last-minute details.

6. If your photographer is staying for the whole reception, please feed them! And make sure they are seated close to the bride and groom's table so he or she can capture all the loving moments.

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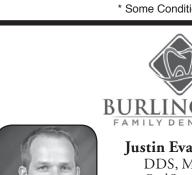
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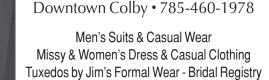
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HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON	Cnt. Cars Dance Mor Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill	Cnt. Cars ns 2 Local Big Bang Cross-Lorra Local ebball Cleveland	American Kim of Que Teen Mom SpongeBob Jim Hensor Ink Master Cougar tine Little People Amer. Dad	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad	American Kim of Qued Are You the Faul H'se Face Off Tattoo Conan Little People totall Family Guy	American ens o One? Full H'se Tattoo Black Hance, World	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken	Counting Cons One? Full H'se 's Tattoo Conan e, World	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV	Cnt. Cars Dance Mor Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin	Cnt. Cars ns 2 Local Big Bang Cross-Lorra Local tocal Cleveland	American Kim of Que Teen Mom SpongeBob Jim Hensor Ink Master Cougar tine Little People Amer. Dad Bizarre Foo	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad	American Kim of Que Are You the Face Off Tattoo Conan Little People tball Family Guy Bizarre Wor	American ens 9 One? Full H'se Tattoo	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim	Counting C is o One? Full H'se 's Tattoo Conan e, World Boondocks	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV	Cnt. Cars Dance Mon Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond	Cnt. Cars ns 2 Local Big Bang Cross-Lorra Local Cleveland nmern's Raymond	American Kim of Que Teen Mom SpongeBob Jim Hensor Ink Master Cougar Little People Amer. Dad Bizarre Foo Raymond	American ens 2 Sam & Cat i's Big Bang e, World NBA Baske Amer. Dad dds Raymond	American Kim of Que Are You the Full H'se Face Off Tattoo Conan Little People tball Family Guy Bizarre Woi Cleveland	American ens Done? Full H'se Tattoo Black Hance, World	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of	Counting Costs Cone? Full H'se se Conan Co	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV TV LAND USA	Cnt. Cars Dance Mon Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond Mod Fam	Cnt. Cars ms 2 Local Big Bang Cross-Lorra Local etball Cleveland mmern's Raymond Mod Fam	American Kim of Que Teen Mom SpongeBot Jim Hensor Ink Master Cougar ine Little People Amer. Dad Bizarre Foo Raymond Chrisley	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad ds Raymond Chrisley	American Kim of Quer Are You the Face Off Tattoo Conan Little People totall Family Guy Bizarre Wor Cleveland Mod Fam	American ens o One? Full H'se Tattoo Black Hance, World	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of Chrisley	Counting Cons of One? Full H'se is Tattoo Conan e, World Boondocks imem's Queens Chrisley	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King Law-SVU	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV TV LAND USA VH1	Cnt. Cars Dance Mor Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond Mod Fam All About B	Cnt. Cars ns 2 Local Big Bang Cross-Lorra Local tocal clieveland mmern's Raymond Mod Fam enj.	American Kim of Que Teen Mom SpongeBob Jim Hensor Ink Master Cougar Little People Amer. Dad Bizarre Foo Raymond	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad ds Raymond Chrisley	American Kim of Que Are You the Full H'se Face Off Tattoo Conan Little People tball Family Guy Bizarre Woi Cleveland	American ens o One? Full H'se Tattoo Black Hance, World	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of Chrisley Single Ladie	Counting Consider of the counting Consider of the consideration of the	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King Law-SVU Hip Hop	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV TV LAND USA VH1 WGN	Cnt. Cars Dance Mon Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond Mod Fam All About B The Matrix	Cnt. Cars ns 2 Local Big Bang Cross-Lorra Local Cleveland mmern's Raymond Mod Fam enj.	American Kim of Que Teen Mom SpongeBot Jim Hensor Ink Master Cougar ine Little People Amer. Dad Bizarre Foo Raymond Chrisley	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad ds Raymond Chrisley	American Kim of Quer Are You the Face Off Tattoo Conan Little People totall Family Guy Bizarre Wor Cleveland Mod Fam	American ens o One? Full H'se Tattoo Black Hance, World	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of Chrisley	Counting Cons of One? Full H'se is Tattoo Conan e, World Boondocks imem's Queens Chrisley	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King Law-SVU	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TINT TOON TRAV TV LAND USA VH1 WGN VGN VGN VGN VGN VGN VGN VGN VGN VGN V	Cnt. Cars Dance Mon Teen Mon Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond Mod Fam All About B The Matrix Channels	Cnt. Cars ms 2 Local Big Bang Cross-Lorra Local stball Cleveland nmern's Raymond Mod Fam ienj.	American Kim of Que Teen Mom SpongeBot Jim Hensor Ink Master Cougar ine Little People Amer. Dad Bizarre Foo Raymond Chrisley Fabulous Li	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad ds Raymond Chrisley ife	American Kim of Quer Are You the Full H'se Face Off Tattoo Conan Little People totall Family Guy Bizarre Wor Cleveland Mod Fam Basketball	American ens o One? Full H'se Tattoo Black Hance, World	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of Chrisley Single Ladie	Counting Cossister of the counting Cossister of the constant o	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King Law-SVU Hip Hop Parks	SPIRIT // Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV TV LAND USA VH1 WGN Premium HBO	Cnt. Cars Dance Mor Teen Mom Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond Mod Fam All About B The Matrix Channels Local	Cnt. Cars ns 2 Local Big Bang Cross-Lorra Local Biball Cleveland nmern's Raymond Mod Fam lenj.	American Kim of Que Teen Mom SpongeBot Jim Hensor Ink Master Cougar ine Little People Amer. Dad Bizarre Foo Raymond Chrisley Fabulous Li Real Time	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad dds Raymond Chrisley ife	American Kim of Quer Are You the Full H'se Face Off Tattoo Conan Little People tball Family Guy Bizarre Wor Cleveland Mod Fam Basketball \(\)	American ens o One? Full H'se Tattoo Black Hance, World Soul Man Mod Fam Wives LA	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of Chrisley Single Ladie	Counting Consider of the counting Consider of the consideration of the	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King Law-SVU Hip Hop Parks REAL Spor	Local
HIST LIFE MTV NICK SCI SPIKE TBS TCM TLC TNT TOON TRAV TV LAND USA VH1 WGN Premium	Cnt. Cars Dance Mon Teen Mon Local Face Off Ink Master Big Bang Carson Local NBA Baske King/Hill Andrew Zin Raymond Mod Fam All About B The Matrix Channels	Cnt. Cars ms 2 Local Big Bang Cross-Lorra Local stball Cleveland nmern's Raymond Mod Fam ienj.	American Kim of Que Teen Mom SpongeBot Jim Hensor Ink Master Cougar ine Little People Amer. Dad Bizarre Foo Raymond Chrisley Fabulous Li	American ens 2 Sam & Cat 's Big Bang e, World NBA Baske Amer. Dad ds Raymond Chrisley ife Dark Shadc	American Kim of Quer Are You the Full H'se Face Off Tattoo Conan Little People totall Family Guy Bizarre Wor Cleveland Mod Fam Basketball	American ens 9 One? Full H'se Tattoo Black Hance 9, World rid Soul Man Mod Fam Wives LA	Cnt. Cars Dance Mon Are You the Full H'se Jim Hensor Tattoo Holmes Little People Chicken Andrew Zim The King of Chrisley Single Ladie	Counting Cossister of the counting Cossister of the constant o	ars Teen Mom Full H'se Gargoyles Ink Maste 3 Musktrs The Little C In NBA Squid Bizarre King Law-SVU Hip Hop Parks	Local

Wedii	_	Evenin	_		<u>,</u>	<u>,</u>			arch 26	,
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Middle	Suburg.	Mod Fam	Mixology	Nashville		Local	Jimmy Kim		Nightline
CBS	Survivor		Criminal Mi		CSI: Crime	Scene	Local	Late Show		Ferguson
NBC	South Pole		Law & Orde	er: SVU	Chicago PE)	Local	Tonight Sho	wc	Meyers
FOX	American lo	dol			Local					
Cable Ch	annels									
A & E	Duck D.	Duck D.	Duck Dyna	sty	Wahlburgr	Wahlburgr	Duck D.	Duck Dyna	sty	Local
AMC	Jaws				Jaws 2					Local
ANIM	Mermaids-l		Mermaids:		Mermaids-				Mermaids	Local
BET	Being Mary			TBA	The Game	The Game	Wendy Will		We Party	Local
BRAVO	Real House	ewives	Housewive	s/Atl.	Flipping Ou			Flipping Ou	it	Real
CMT	Local	Local	Reba	Reba	The Dukes	of Hazzard	Mrs. Doubt	fire		
CNN	Piers Morga		Death Row		E. B. OutFr		Piers Morga		Death Row	
COMEDY	South Pk	South Pk	Work.	Broad Cit	Daily	Colbert		Work.	Daily	Local
DISC	Local	Local	Naked and	Afraid	Naked and	Afraid	Survivorma	n & Son	Ice Cold Go	old
DISN	Local	Local	Dog	Jessie	16 Wishes			Dog	Liv-Mad.	ANT Farn
E!	The Soup	RichKids	Total Divas		The Soup	The Soup	Chelsea	E! News		Chelsea
ESPN	NBA Baske			NBA Baske					SportCtr	Local
ESPN2	College Basketball				SportsCent	er	Olbermann		Tennis	Local
FAM	Three Men and a Baby				The 700 CI	ub	Daddy	Daddy	Melissa	Local
FOOD			Restaurant: Im.		Save My Ba	akery	Restaurant	: lm.	Restaurant	: lm.
FX	Iron Man 2				The Americ	ans		The Americ		American
HGTV	Property Br		Property Brothers		Hunters				Property Br	others
HIST	American F		American F	Pickers	Vikings		American F			Local
LIFE	Preachers'	Daughters	Bring It!		Bring It!		Preachers'	Daughters		Local
MTV	Teen Mom		The Real V		The Real W		Teen Mom		Real Wrld	Local
NICK	Local	Local	SpongeBob	Sam & Cat	Full H'se	Full H'se	Full H'se	Full H'se	Full H'se	Full H'se
SCI	Pirates-Wo	rlds						Lost City R	aiders	Local
SPIKE	The Expen	dables		Rambo				Next of Kin		Local
TBS	Big Bang	Big Bang	Big Bang	Deal With	Conan		Holmes	Conan		Local
TCM	Little Wome	en		Meet Me in	St. Louis			Red Dust		Local
TLC	Local	Local	The Little C	ouple	My 600-Lb.	Life	Hoard-Burie	ed	Girl- Half- F	ace
TNT	Castle		Castle		Dallas		The Mental	ist		Local
TOON	King/Hill	Cleveland	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Chicken	Boondocks	Squid	Local
TRAV	Toy Hntr	Backroad	Extreme Bu	ınkers	Food Parac	lise	Toy Hntr	Backroad	Bunkers	Local
TV LAND	Raymond	Raymond	Cleveland	Soul Man	Cleveland	Soul Man	King	King	Cleveland	Local
USA	Psych		Psych After	Pshow	Chrisley	Mod Fam	Psych			Local
VH1	Fabulous L	ife	Fabulous L		You Got Se	erved			Fab. Life	Local
WGN	Parks	Parks	Parks	Parks	Parks	Parks	Rules	Rules	Rules	Rules
Premium	Channels	<u> </u>								_
НВО	Local	Local	The Great	Gatsby				Girls	Doll & Em	Doll & Em
MAX			Original Ga	ngstas	Life of Pi			_	The Conjur	ing
SHOW	Local Local Original Gangstas Local Some Girl(s)			Shameless Lies						

Thurs	day Ev	ening						M	arch 27	7, 201
	7:00	7:30	8:00	8:30	9:00	9:30	10:00		11:00	
ABC	Once Wond	derland	Grey's Ana	tomv	Scandal		Local	Jimmy Kimi	mel Live	Niahtline
CBS	2014 NCA/	NCAA Bask		,	Local	Local	Local	Late Show		Ferguso
NBC	Hollywood	Game Night	Hollywood	Game Night	Parenthood		Local	Tonight Sho	ow	Mevers
FOX	Hell's Kitch		American	Surviving	Local					
able Ch	annels			, and the second						
A&E	After the Fi	rst 48	Beyond Sca	ared Straig	Beyond Sca	ared Straig	The First 48	3		Local
AMC	The Depart	ed	-		-	Invincible				Local
ANIM	IGC After		Ice Cold Go	old	IGC After		Ice Cold Go	old	Alaska	Local
BET	JasonsLyr	Held Up					Wendy Will	iams Show	8 Mile	Local
BRAVO	Actor's Stud		Matchmake	er	Dating Ritu	als		Matchmake	r	Dating
CMT	Local	Local	Reba	Reba	Party Down		Party Down	South	Party Down	
CNN	Chicagolan	d	Chicagolan	d	Anderson C	Cooper 360	Chicagolan	d	Chicago.	Local
COMEDY	Sunny	Tosh.0	Review	Tosh.0	Daily	Colbert	At Midnig	Tosh.0	Daily	Local
DISC	Local	Local	Car Hoards		Car Hoards		Fast N' Lou	d	Fast N' Lou	d
DISN	Local	Local	Dog	Jessie	Dog	ANT Farm	Austin	Fish Hook	Liv-Mad.	Win, Los
E!	E! News	•	Sex-City	Sex-City	Sex and the	City	Chelsea	E! News		Chelsea
ESPN	World Serie	es	Baseball To	night	SportsCent	er	SportsCent	er	SportCtr	Local
ESPN2	ATP Tennis	5			Olbermann		Olbermann		GameDay	Local
FAM	Twister				The 700 CI	ub	Prince	Prince	Prince	Local
FOOD	Local	Local	Chopped		Chopped		Chopped C	anada	Beat Flay	Beat Flay
FX	Frnds-Bene	efits	Saint	Anger	Frnds-Bene	efits				Saint
HGTV	Rehab	Rehab	Rehab	Rehab	Hunters	Hunt Intl	Hunters	Hunt Intl	Rehab	Rehab
HIST	Pawn	Pawn	Vikings	•	Vikings	•	Pawn	Pawn Stars		Local
LIFE	Under the 0	Gunn	Celebrity	Celebrity	Bring It!		Project Run	way: Under	the Gunn	Local
MTV	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Local
NICK	Local	Local	iCarly		iCarly		Full H'se	Full H'se	Full H'se	Full H'se
SCI	Alien vs. Pr	edator	Jim Hensor	า'ร	Skyline		•		Alien vs.	Local
SPIKE	iMPACT W	restling			Ink Master		Warrior			Local
TBS	NCAA Basi	ketball	NCAA Basl	ketball				Madness	Conan	Local
тсм	Bus Stop		A Hatful of	Rain			Shake Han	ds With the I	Devil	Local
TLC	Local	Local	Honey	Honey	Here Come	s Honey	Here Come	s Honey Bo	о Воо	Tattoos
TNT	Castle	•	Castle	•	Save Our E	usiness	Inside Job	-		Local
TOON	King/Hill	Cleveland	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Eaglehear	Check	Delocated	Local
TRAV	Mysteries-N	Museum	Mysteries-N	Juseum	Mysteries-N	luseum	Mysteries-N	luseum	Mysteries	Local
TV LAND	Raymond	Raymond	Everybody-	Raymond	Raymond	King	King	King	King	Local
USA	Suits		Sirens	Mod Fam	Psych		Suits			Local
VH1	Menace II S		Purple Rair					Getting Play	yed	Local
WGN	Salem	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	Parks	Parks
Premiu <u>m</u>	Channels	; <u> </u>							_	
нво	Local	Local	Snitch		Girls	Game	John Legui:	zamo		
MAX	Local	Local	Snow White	and the Hu	ntsman	The Purge	•		Mission: Im	possible
SHOW	Local	Local	People Like	, I Io			Lawless			

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Last Man	Neighbors	Shark Tanl	K	20/20		Local	Jimmy Kim	mel Live	Nightline
CBS	2014 NCAA	NCAA Basl	ketball		Local	Local	Local	Late Show	Letterman	Ferguson
NBC	Dateline NE	BC			Hannibal Local Tonight Show M					Meyers
FOX	Rake		Enlisted	Raising	Local					
able Ch	annels									
A & E	The First 48	3	The First 4	8	The First 4	.8	The First 4	.8		Local
AMC	X2: X-Men United				The Walkir	ng Dead	Game of A	rms	Dawn-Dea	Local
ANIM	Tanked		Tanked		Tanked		Tanked		Tanked	Local
BET	Meet the Browns		Scandal		Scandal		Wendy Wi	lliams Show	Browns	Local
BRAVO	Fast & Furious				•	2 Fast 2 Fi	urious			Gone
CMT	Local Local Beverly Hills Cop		Jeff Dunha	ım: Spark			Jeff Dunha	m's Achm		
CNN	Piers Morga	an Live	Spotlight	Spotlight	Death Rov	/ Stories	Death Rov	v Stories	Spotlight	Local
COMEDY	Key	Key	Tosh.0	Tosh.0	South Pk	South Pk	Tosh.0	Tosh.0	Tosh.0	Local
DISC	Local	Local	Sons of Gu	ins	Sons of Guns		Sons of Gu	uns	Game of S	tones
DISN	Local	Local	Jessie	Jessie	Tangled		•		Liv-Mad.	Austin
E!	Total Divas		Fashion Po	olice	Hello	Envy	Chelsea	E! News		Chelsea
ESPN	Boxing				SportsCen	ter	SportsCen	ter	SportCtr	Local
ESPN2	E:60		Baseball T	onight	Olbermanr	1	Olbermanr	า	GameDay	Local
FAM	Harry Potte	r			The 700 C	lub	Prince	Prince	Prince	Local
FOOD	Local	Local	Diners	Diners	Diners	Diners	Diners	Diners	Diners, Dri	ve
FX	Star Trek	•		•	•	•	•	Star Trek		
HGTV	Rev. Run	Rev. Run	Rev. Run	Rev. Run	Hunters	Hunt Intl	Hunters	Hunt Intl	Rev. Run	Rev. Rur

	,	,								
DISC	Local	Local	Sons of Gui		Sons of Gu		Sons of Gui		Game of St	ones
DISN	Local	Local		Jessie	Tangled				Liv-Mad.	Austin
E!	Total Divas		Fashion Pol	lice	Hello	Envy	Chelsea	E! News		Chelsea
ESPN	Boxing				SportsCent	er	SportsCente	er	SportCtr	Local
ESPN2	E:60		Baseball To	night	Olbermann		Olbermann		GameDay	Local
FAM	Harry Potte	r			The 700 Clu	ıb	Prince	Prince	Prince	Local
FOOD	Local	Local	Diners	Diners	Diners Diners		Diners	Diners	Diners, Driv	re
FX	Star Trek					•		Star Trek		
HGTV	Rev. Run	Rev. Run	Rev. Run	Rev. Run	Hunters	Hunt Intl	Hunters	Hunt Intl	Rev. Run	Rev. Run
200			lAmerican P		American P		ELEBRATI American P		MERICAN	
LIFE	American Pickers Celebrity Wife Swap									Local
MTV	Ridic.	Ridic.		Betty	Betty Betty		Celebrity Wife Swap Fired Up			Local
NICK		Local	Waiting		Sam & Cat	Thunday		Full H'se	Full H'se	Full H'se
SCI	Local WWE Smad		SpongeBob Helix		Jim Hensor		Helix	ruii n'se	Being Hum	Local
SPIKE	Bellator MM		пенх		Jim Hensor	The Incredi			Being Hum	Local
TBS	NCAA Bask		NCAA Bask	rothall		The incredi		Madness	Cougar	Local
TCM	Babette's F		Big Night	etball	Iso		Soylent Gre		Cougai	Local
TLC	Local	Local		Borrowed	Randy Say Yes		Say Yes Randy		Borrowed	Borrowed
TNT	Double Jeo		Bonowou	Donowou	Cold Justice		CSI: NY		Bonowoa	Local
TOON		Cleveland	Amer Dad	Amer. Dad		Fam. Guy		Boondocks	Squid	Local
TRAV	Ghost Adve		The Dead F		The Dead F	,	Ghost Adve		The Dead	Local
TV LAND	Raymond	Raymond	Everybody-	Raymond	Raymond	King	King	King	King	Local
USA	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Sirens	CSI: Crime		CSI	Local
VH1	Purple Rain	1	Best Week	Fabulous Li	ife	Best Week	The Blues E	Brothers		Local
WGN	Salem	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	How I Met	Salem	Parks
Premium	Channels									
HBO	Local	Local	War of the \	Vorlds	Hangover II	I			Local	Local
MAX	Local	Local	The Negotia	ator		Jack-Giant	Slay			Stoker
SHOW	Local	al Local Passing Strange Lies The Cold Light of Day The Canyon						าร		
							©2	2009 Hometow	n Content, list	ings by Zap2it

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	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Mixology	Mixology	Nightline P	rime	20/20		Local			
CBS	2 Broke G		48 Hours		48 Hours		Local			
NBC	Dateline N	BC			Saturday N	Night Live	Local	Saturday N	Night Live	
FOX	Almost Hu	man	The Follow	ing	Local		Animation	Domination	Local	
Cable Ch										
A & E	Flipping Ve		Flipping Ve		Flipping Vegas		Flipping Vegas			Local
AMC	The Walkir	ng Dead	The Walking Dead		The Walki	ng Dead	The Walki		Walk:Dead	Local
ANIM	Too Cute!		My Cat Fro		Too Cute!		My Cat From Hell		Too Cute!	Local
BET	Big Momm	a's House		Daddy's Lit	tle Girls				17 Again	Local
BRAVO	2 Fast 2 Fi	urious		The Bourne	Supremac	У			The Bourne	Suprema
CMT	Local	Local	Mall Cop				Swamp	Swamp	My Big Re	Tattoo
CNN	Death Row		Death Row	Stories	Chicagola		Death Rov	w Stories	Death Row	Local
COMEDY	Dumb & D	umber			Amy Schu	mer	Hannibal E	Buress Live	Chris	Local
DISC	Local	Local	Last Fronti	er	Last Front	er	Timber Kir	ngs	Timber King	js
DISN	Local	Local	Tangled		•		Despicable	е Ме		Mighty
E!	Maid in Ma	nhattan	13 Going o	n 30			Fashion P	olice	Eric & Jess	ie: Game
ESPN	Nine for IX		SportsCen	ter	SportsCen	ter	SportsCer	nter	SportCtr	Local
ESPN2	NHRA Dra	NHRA Drag Racing			E:60		College G	ameDay	NBA	Local
FAM	Harry Potte			Harry Potte	r-Prince			-	•	Local
FOOD	Local	Local	Diners	Diners	Diners	Diners	Diners	Diners	Diners	Diners
FX	Rio	,	Rio				Saint	Anger	Wilfred	Wilfred
HGTV	Property B	rothers	Property Brothers		House Hunters Reno		Hunters	Hunt Intl	Property Br	others
HIST	Vikings		Vikings		Vikings		Vikings			Local
LIFE	Zoe Gone		The Wrong	Woman	19-		Zoe Gone			Local
MTV	Ridic.	Ridic.	Vampires S				Ridic.	Ridic.	Ridic.	Local
NICK	Awards	Local	Sam & Cat		Local	Local	Local	Instant	Kids' Choice	e Awards
SCI	30 Days of					30 Days of				Local
SPIKE	Auction	Auction	Cops	Cops	Cops	Cops	Auction	Auction	Out Time	Local
TBS	NCAA Bas		• •			ch Madness	Cougar	Deal With	I Love	Local
TCM	His Girl Fri	day	Shock Core	ridor	•			City Sleeps	•	Local
TLC	Local	Local	48 Hours: I		48 Hours:	Hard Evid.		Hard Evid.	Deadly Sins	
TNT	Lord of the	Rings	•		•		•			Local
TOON	King/Hill	King/Hill	Fam. Guy	Fam. Guy	Boondocks	Space Dan	Bleach	Naruto	One Piece	Local
TRAV	Ghost Adv		Ghost Adv		The Dead		Ghost Adv		Ghost	Local
TV LAND	Everybody		Raymond	Raymond	Raymond	Raymond	The King		King	Local
USA		Mod Fam	Mod Fam	Mod Fam	Chrisley	Chrisley	The Back-			Local
VH1	You Got S			ost Wanted	1,	1,	Fabulous		Fab. Life	Local
WGN		lome Videos		ome Videos	Rules	Rules	Rules	Rules	Rules	Rules
remium	Channels									
нво	Local	Local	Miss Cong	eniality 2	The Heat		•		Local	Local
MAX	Local	Local	The Godfa						Godfather I	

Sunda	ay Evei								arch 30	
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Once Upon		Resurrection	n	Revenge		Local			
CBS	The Amazir	ng Race	The Good	Wife	The Mental	ist	Local			
NBC	Dream Build		Believe		Crisis		Local		Dateline NE	3C
FOX	Simpsons	Fam. Guy	Cosmos-Sp	oace	Local					
Cable Ch										
A&E	Duck Dynas	sty	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck Dyna	sty	Local
AMC	The Walkin	g Dead	Talking Dead		The Walkin	g Dead	Comic Mer	Game of A	rms	Local
ANIM	River Monsters				River Mons	ters		•	Megalodon	Local
BET	BET Awards 2013				•		Popoff	Weekend I	nspiration	Local
BRAVO	Housewives/Atl.		Housewive	s/NYC	Housewive	s/Atl.	Fashion	Couch	Housewives	s/Atl.
CMT	Local	Local	The Rock		•		•	•	Cops Rel.	Cops Re
CNN	Death Row		Chicagolan	d	Death Row	Stories	Death Row	Stories	Chicago.	Local
COMEDY	Dumb & Dumber		Amy Schur		South Pk	South Pk	South Pk	South Pk	South Pk	Local
DISC	Local	Local	Naked and		Naked and		Naked and			Local
DISN	Local	Local	Jessie	I Didn't	Despicable		1		Jessie	Win, Lo
E!	Total Divas		Total Divas		Eric & Je	Chrisley	Giuliana &	Bill	Total Divas	,
ESPN	MLB Baseball				SportsCent		Grandria G	SportsCen		Local
ESPN2	College GameDay SportsCenter			er	NHRA Drag			Оронзоен	tei	Local
FAM	Harry Potte		оронзоен	.01	THE DIAG HASING		J. Osteen	J. Meyer	Paid	Local
FOOD	Local	Local	Chopped		Food Court	Ware	Chopped	o. Meyer	Cutthroat K	
FX	Thor	Captain Am			Food Court Wars		Споррец	Cantain Ar	nerica-Avgr	itchen
HGTV		Caribbean		Beach	Alaska			Hunt Intl Beach		Beach
HIST	Ax Men	Caribbean	No Man's L		Cryptid: Be		Ax Men	I lant ma	Deach	Local
LIFE	Drop Dead	Diva	Drop Dead Diva		The Ugly Truth		AX MEH			Local
MTV	The Break-		Diop Dead	Diva					Local	
NICK	Local	Local	Sam & Cat		Unatant	The Break-Up ant See Dad F		Full H'se	Full H'se	Full H'se
SCI	Let Me In	LUCAI	Jani a Cal		Instant	Blade II	Full H'se	II uli Fi Se	II uli Fi Se	Local
SPIKE	Bar Rescue		Catch a C	Catch a C	Bar Rescue		Bar Rescue	2	Cotob o C	Local
TBS	Big Bang	Big Bang	Big Bang	Big Bang			par nescue	J	Catch a C	
TCM	0		I Dood It	DIG Dalig	Anchorman	1	The First A		Blades	Local
TLC	Born to Dar				Madium	Madium	The First A		My Five Mar	Local
	Local	Local	My Five Wi		Medium	Medium	Medium	Medium	My Five Wi	
TNT		easure: Boo		Nat'l Treas		F 0:	D:-I-	Obic - I	0	Local
TOON		King/Hill	Burgers	Burgers	Fam. Guy		Rick	China, IL	Superjail	Local
TRAV	Mysteries-N		Church Se		Mysteries-N		Mysteries-I		Church Se	
TV LAND		Raymond	Everybody	-Haymond	Raymond	Haymond		The Soul N		Local
USA	NCIS		NCIS		Suits		NCIS		Casino R	Local
VH1	Fabulous Li		Basketball	Wives LA	Basketball		Single Ladi	ies	R&B Songs	Local
WGN	Mad Max-T		Э		A Few Goo	d Men				
	Channels									
HBO	Local	Local	Mama			The Heat				VICE
MAX	Local	Local	Jack the G	iant Slayer		Big Momm	a's House 2		Dark Knight	t

Monda	ay Eve	ning						M	arch 31	I, 2014
		7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Dancing Wi	th Stars	Local	Local	Castle		Local	Jimmy Kimı	mel Live	Nightline
CBS	How I Met/N	Mother	Friends	Mom	Intelligence		Local	Late Show	Letterman	Ferguson
NBC	The Voice			•	The Blacklis	st	Local	Tonight Sho	OW	Meyers
FOX	Bones		The Follow	ing	Local					
Cable Ch	annels									
A & E	Bates Mote	l	Bates Mote	ı	Bates Mote	l	Duck D.	Duck Dynas	sty	Local
AMC	John Q		Shooter							Local
ANIM	River Mons		River Mons		River Mons		River Mons		Monsters	Local
BET	Blue Hill Av			Together	Husbands		Wendy Willi		Latifah	Local
BRAVO	Real House		Real House		Southern C			Real House	ewives	Real
CMT		Local	Reba	Reba	The Dukes		The Termin			
CNN	To Be Anno		Lemon	The Case	E. B. OutFr		To Be Anno		Lemon	Local
COMEDY	South Pk	South Pk	South Pk	South Pk	Daily	Colbert		South Pk	Daily	Local
DISC	Local	Local	Fast N' Lou		Fast N' Lou		Fast N' Lou	d	Car Hoards	
DISN	Local	Local	Austin	Dog	Geek Charr		Ia	I	Good Luck	
E!	E! News		Envy	Chrisley	Chrisley	Eric & Je	Chelsea	E! News	T	Chelsea
ESPN		Wm. Baske				SportsCent	er		SportCtr	Local
ESPN2	MLB Baseb		MLB Baset	all	I=: =00.01		In :	la :	Baseball	Local
FAM	Harry Potte		0 1 0		The 700 Clu		Prince	Prince	Prince	Local
FOOD	Local	Local	Guy's Groo	ery Games	Diners, Driv		Worst Cook		, ,	Mystery D
FX HGTV	X-Men: Firs		II IA I	: 14	Archer	Chozen	Archer	Chozen	Chozen	Archer
HIST	Love It or Li		Love It or L		Hunters	Hunt Intl	Love It or Li		Love It or L	
LIFE	Swamp Ped	opie	Cryptid: Be	ast	No Man's L	and	Swamp Ped	opie		Local
MTV	Hoarders Ridic.	Ridic.	Hoarders House of F	d	Hoarders House of Fo	d	Hoarders Are You the	050	Real Wrld	Local
NICK	Local	Local		Sam & Cat		Full H'se		Full H'se	Full H'se	Local Full H'se
SCI	Being Huma		Lost Girl	Saili & Cai	Bitten	ruii n se	Being Huma		Lost Girl	Local
SPIKE	G.I. Joe: Co		LUST GIII		Hitman		Deing Huma	all	Marine	Local
TBS	Fam. Guy		Big Bang	Big Bang	Conan		Holmes	Conan	iviailie	Local
TCM	On the Wat		big bang	Dig Daily	Conan	Eva Marie S	1	Raintree Co	ounty	Local
TLC	Local	Local	The Little C	Counte	The Little C		The Little C		The Little C	
TNT	Dallas	Local	Dallas	oupic	Private Live			s of Nashvill		Local
TOON		Cleveland	Fam. Guy	Rick	Amer. Dad		Chicken	Aqua Teen		Local
TRAV	Bizarre Foo		Bizarre Foo		Bizarre Foo		Bizarre Foo		Bizarre	Local
TV LAND		Raymond	Raymond	Raymond	King	King		Soul Man	King	Local
USA		day Night RA		ayınıonu	Chrisley	Chrisley	NCIS: Los A		19	Local
VH1	T.ITinv	Black Ink C		Hot 97	Basketball \			Black Ink C	rew	Local
WGN	,		-	ome Videos						Parks
	Channels		. 3		. 3				- 3.0	
НВО	Local	Local	Doll & Em	Taken 2			Prison Term	ninal	The Unive	John
MAX	Local	Local	Stoker	1		Journey 2-N	Mysterious Is		Armageddo	
SHOW	Local	Local	Nixon		Shameless	1	Lies	Lies	Shameless	
		1						2009 Hometow		inge by Zan2it

classified

CARD OF THANKS

Thank you for the lovely cards and flowers for my 85th birthday. They were greatly appreciated. It's real nice to have friends. Love to all. -Audrey Finley. -3-21-3-25-

LOST AND FOUND

FOUND: pair of prescription eyeglasses, found at the skate park in Goodland. They are at the Goodland Star-News office. Please stop in if these are yours. -3-21-3-25-

WANTED

Want to buy: John Deere diesel engines, running or not. Call (785) 263-6275. -11-29-3-29-

Junk batteries, non-ferrous metals and iron. Darrel Bowen. Phone 785-899-2578. -tfn-

NOTICE

BURLINGTON GUN & COIN SHOW. Burlington, CO. Friday and Saturday, April 11-12, 2014, Burlington Community Center, 340 S. 14th Street. Friday from 9 a.m. to 5 p.m. MT and Saturday from 9 a.m. to 4 p.m. MT. Admission \$3 adults, 12 & under free with adult supervision. For more information please call (719) 346-7623. -3-25-4-4-

American Profile Cookbooks Available! Stop by The Goodland Star-News. -tfn-

Advertising Deadlines (box and line ads): Tuesday edition (Friday at noon). Friday edition (Wednesday at noon. Please check your ad the first time it runs. If you find an error, please call us at (785) 899-2338 so it can be corrected, since we will not be responsible for errors after that first day. Thank you! The Goodland Star-News.

HELP WANTED

Accepting applications for Bagger/Warehouseman for agriculture business.

Experience in grain elevator helpful. For interview call Sunrise Staffing Services, LLC @ (785) 628-6877 apply online at sunrisestaffingservices. com or pick up application at the SunOpta Plant, 1701 Industrial Loop, Goodland. -3-25-4-4-

Full-time IT consultant to work with IT director to provide services to contracted business and home customers via remote assistance tools, and computer repair in shop and at customer location. Must have a passion for IT technology and be willing to expand knowledge and skills. Must be a self-starter, detailoriented, have good work ethic, strong customer service skills, be comfortable working with people at their location and take direction from supervisors and customers when needed. Working knowledge and understanding of Windows hardware and software necessary; understanding of networks and network domains functionality helpful. Some day travel necessary, must reside in NW Kansas area or be willing to relocate. Job offers full-time benefits including health insurance, 401K, AFLAC, plus. EOE. Send resume to: support@nortonks. com. (785) 874-4844. -3-21-

Several open positions. Please apply in person at Motel 6 in Goodland. -3-21-4-8-

3-25-

Help Wanted: Administrative **Assistant.** Sherman County Health Department has an opening for an administrative assistant. Applicant must have good interpersonal and teamwork skills, have strong organizational skills, be proficient with Microsoft Office and QuickBooks and have the ability to multi-task in a busy office environment. Bilingual, helpful but not mandatory. Job Description and Application can be downloaded off the Sherman County Health Department Webpage or may

be picked up at the Health Department, 1622 Broadway. Application open through March 28, 2014. -3-21-3-28-

Sherman County Treasurer's Office is taking applications for a full-time clerk. The applicant needs to enjoy working with the public and will be required to have excellent communication skills. Most of the daily work is completed on the computer, excellent computer skills are a must. High school diploma or GED is required; general business training with experience is preferred. Wage will be based on experience. Applications can be picked up at the Sherman County Treasurer's Office. The position will remain open until filled. Sherman County is an EEO employer. -3-14-3-25-

CROP PRODUCTION SERVICES in Goodland, KS is currenlty accepting applications for a Truck Driver. Must have a Class A, CDL and a Hazmat endorsement or be able to obtain one. Preemployment background check and drug screening required. All positions offer competitive wages with a 401K and benefits. Applications may be picked up in person at the office located at 1620 S. Highway 27, Goodland, KS. Phone: (785) 8995601. Inquire with Dan at (785) 821-6247 or JB at (785) 821-0236. EOE. -3-14-3-25-

CROP PRODUCTION SERVICES in Goodland, KS is currently accepting applications for a full-time Spray Rig Operator. Must have a Class A CDL and a Hazmat Endorsement or be able to obtain one. Pre-employment background check and drug screening required. All positions offer competitive wages with a 401K and benefits. Applications may be picked up in person at the office located at 1620 S. Highway 27 in Goodland, KS. Phone: (785) 899-5601.

Inquire with Dan at (785) 821-6247 or JB at (785) 821-0236. EOE. -3-14-3-25-

The team at Kansasland Tire of Norton has an immediate opening for a service truck operator/general service person. Must have a valid driver's license. Competitive wages, 401k, insurance and uniforms. Experience preferred, but not necessary, we will train. Please stop by 11101 Rd. E1, Norton, and pick up an application or call (785) 877-5181. EOE. -2-14tfn NORTON-

PSI Transport is always **looking** for good company livestock and grain haulers as well as shop mechanics. Competitive pay, life/health/ dental benefits and bonus program available. EOE. (785) 675-3477. -6-10-TFN

FOR SALE

Round cane bales, 1,500 lbs. Good protein, low nitrate. Round millett bales, 1,500 lbs. Good protein, low nitrate. NW Sherman County. Call (785) 399-2498. -3-21-4-8-

GOODLAND HOME FOR SALE: 102 Circle Drive. 4 bedroom, 2.5 bath, 2 car garage, corner lot. Call (308) 225-1027. -3-21-4-21-

La-Z-Boy luxury-lift power recliner. New, mauve color. used one month. Call (785) 672-4879. -3-18-3-28-

Aluminum printing plates, 23 5/8 x 30, never been inked. 50¢ each. Goodland Star-News. -1-24-tfn

1948 Philco Radio/ Phonograph cabinet, good

PART-TIME OPENING



The City's Public Works and Parks Departments are looking to fill part-time seasonal positions. Interested individuals, at least 18 years of age, should either stop by the City Office to pick up an application or visit us online at www.cityofgoodland.org to fill out an application. The positions will be staffed throughout the 2014 summer season.

condition. Both radio and 2683. -tfnphono work. \$100.00. Call (719) 350-0705. -12-31-tfn-

2 Harley Davidson die cast models. 1-1:10 scale Hot Wheels HD Softail. 1-1:10 scale Maisto FLSTS Heritage Springer. Still in original boxes! Call Gary at (719) 350-0705. -9-24-tfn

AWP tool belt/pouches with kidney belt and suspenders. Paid \$100 plus, asking \$50. Call Gary at (719) 350-0705. -9-24-tfn

FIREWOOD FOR SALE in Goodland. Call (785) 890-7224 or (785) 821-2814. -12-11-tfn-

FOR RENT

3 bedroom, 1 bath house. Recently remodeled. References checked. Call (785) 821-3093. -3-21-4-1-

BUSINESS SPACE at 120 W. 11th St. in downtown Goodland. Weekdays call (785) 899-4631 or (785) 899-5687. -3-11-4-11-

Houses and apartments in Goodland. All sizes. Call for details. (785) 890-6538.

Houses and apartments. Cole Real Estate, 785-899-



Crop Insurance Professional

Farm Credit is accepting applications for a full time position as a crop insurance professional in an established agency. Position reguires a minimum of one to five years of related administrative experience or related insurance environment. This person must be able to provide accurate complete policy documentation while maintaining a thorough understanding of crop insurance products. The successful applicant will have an understanding of agriculture production in Northwest Kansas and will display strong communication and computer skills. Salary to be determined based upon qualifications, with benefit package provided. To apply submit letter of application and resume to Farm Credit of Western Kansas, PO Box 667, Colby, KS 67701 attention Randy Wilson or email to randy.wilson@ fcwk.com. Applications accepted until position is filled. EEO/AA/M/F/

SERVICES

Almanza's Interior Services, **Inc..** Drywall specialist. Drywall hanging, drywall finishing, texture and paint. Free estimates. References available. Spanish call (785) 332-5353. English call (785) 890-6223. -3-7-tfn-

Burlington-Goodland area. Residential overhead door service and repair, 20 years experience. Call Gary at (719) 350-0705. -7-12-tfn

CAT'S TNT for jewelry, vinyl graphic designs, massages, quilting and more! Stop by 1018 Main, Goodland - 3-23-

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899-2338

public notice

PUBLIC NOTICE

To: Crystal Ragels

Packrats Storage unit 18,

SEEKING FARM EQUIPMENT SERVICE TECHNICIANS (3)

Direct Hire. Located in McPherson (KS). Large AG **Equipment Dealership** seeking Combine, Tractor, and Forage Harvester Technicians with 1 or more year experience. Related Service/Repair certifications a plus. Must have own tools. Valid driver's license. \$17-20.00/hr DOE.Over time required. Generous commission/Bonus Email: dkuchta@oasisadvantage. com Ph:316.262.8222 Fax:316.262.8238 www.oasisstaffing.com EOEE

ARE YOU LOOKING FOR AN EXCITING CAREER? JOIN THE CLEARY TEAM!!



NOW HIRING EXPERIENCED BUILDING CONSTRUCTION **CREW AND FOREMAN**

Cleary Building Corp. is seeking responsible, hard working, energetic personnel to lead and/or join our crew teams!! Must have a clean driving record and previous construction experience!

APPLY TODAY!! www.workforclearybuildingcorp.com 990 S. Range Avenue Colby KS 67701 785-462-2023

1820 Cherry Goodland, Ks. 67735 From: Packrats Storage

Your personal belongings in storage at Packrats Storage

of Goodland, Kansas, will be

RN/LPN

charge nurse needed

good

Society^{ss}

Good Samaritan Society in Goodland, KS is now accepting applications for RN/LPN

charge nurse. Applicant must be honest and reliable. Structured

attendance policy is enforced.

For more information please

contact Shaunda Mann DNS at

785-890-7517 or apply online at

good-sam.com.

Samaritan

SHERMAN COUNTY

sold if restitution is not made by March 31, 2014.

Published in The Goodland Star-News, Tuesday, March 25, 2014.

POOL STAFF NEEDED



The City of Goodland is now accepting applications for Pool Staff for the 2014 Summer Season at Steever Water Park. Please stop by the City Office between 7:00am-4:00pm to obtain an application or go to our website:

www.cityofgoodland.org.

NOW HIRING!

Front Desk Clerks; Cooks; Housekeeping; **Servers; Maintenance**

Flexible hours. Full and part-time positions available. Great benefits including insurance, vacaction pay & 401K. Top pay. Certification bonus. Monthly bonus program, Employee discount at Penny's Diner, Excellent promotional opportunities, Dynamic training program. APPLY TODAY! 801 N. Highway 27. Front Desk Clerks/Van Drivers must have good driving record and be able to pass a drug test. (Junction of Hwy K-27 @ US-40) Sharon Springs, KS Phone: (785) 852-Penny's Diner,

4664. (785) 852-4665-fax. sharonsprings@mail.oaktreeinn.com

UNITED PLAINS AG

Help Wanted

As United Plains Ag continues to grow, we have 2 full time positions available at Sharon Springs, KS.

Truck Drivers

Must have a class A CDL License with Hazmat Endorsement. Apply at United Plains Ag or Contact

> Jeff Kahle or Patrick Gibbs at 785-852-4241 or e-mail to

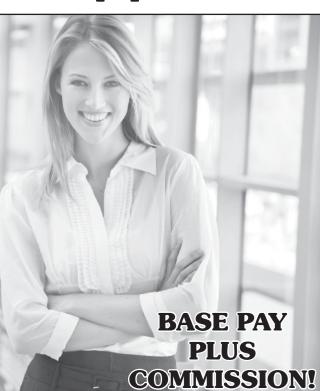
> > ieff.kahle@chsinc.com



Veteran/Disability

FULL TIME ADVERTISING EXECUTIVE

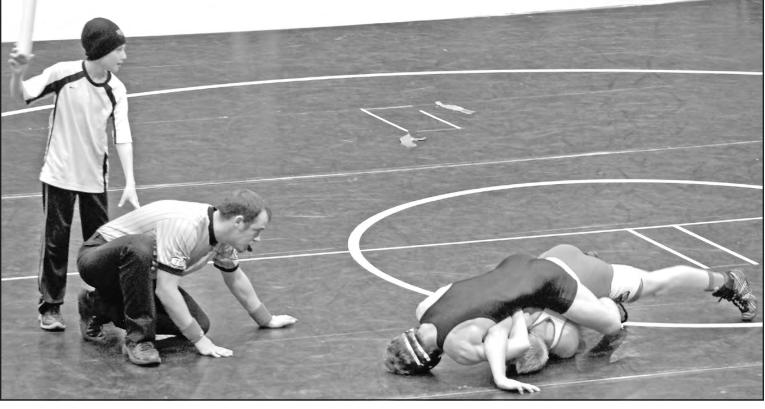
Work week is 40 hours. Computer skills are helpful but not required. Must have good communication skills, excellent customer service skills with attention to detail, and enjoy a fast-paced atmosphere.

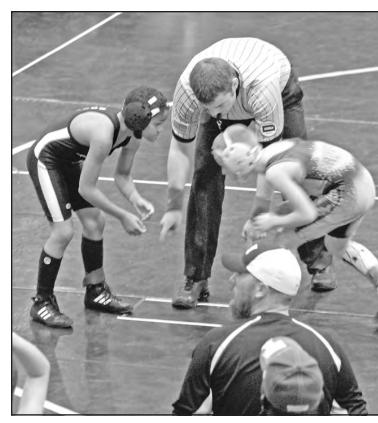


SEND A LETTER AND RESUME TO: Kevin Bottrell, Editor, 1205 Main, Goodland, KS 67735 Email: kbottrell@nwkansas.com or apply in person. No calls please.

Goodland Star-News

SPOTTS



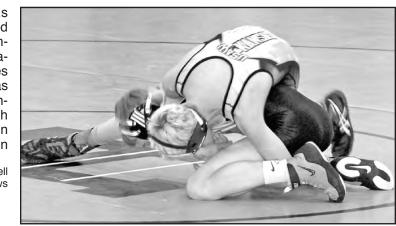




Kids Wrestling tournament brings hundreds to Goodland

The Max Jones Fieldhouse was packed with athletes, coaches and spectators on Saturday for the Kansas Kids Wrestling District 4 Tournament. District 4 includes 43 counties in Western Kansas. The 2014 Kansas State Wrestling Folkstyle Championship Tournament is Friday through Sunday at the Kansas Expocenter in Topeka. District 4 wrestlers will begin against District 2

Photos by Kevin Bottrell The Goodland Star-News



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FUN BY THE NUMBERS

		8					4	2
			3		7			
						3		1
8			7					
2					9		8	6
			4				9	
	3	9			2			4
			9	6	1	7		
	1							

Like puzzles? Then you'll love sudoku. This mindbending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

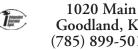
Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

School calendar for March 26-April 1

Goodland High School • Grant Junior High School West Elementary School • Central Elementary School





Goodland, KS (785) 899-5011



better water, pure and simple.

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- Water Softeners (Sales & Rentals)
- Water Coolers
 Salt Sales & Delivery

904 Main Street, Goodland (785) 899-2352



328 W. Hwy. 24, Goodland, KS (785) 899-5628



EQIPMENT SUPPLY 124 W. Highway 24, Goodland, KS

(785) 899-3432

Wednesday: 7:30 a.m.: PLC

Thursday:

3 p.m.: Varsity Softball at Hays

Saturday:

Solo and Ensemble contest

Monday:

3 p.m.: Varsity Baseball, here versus Wray

Tuesday:

GWAC Art Show in Colby

2 p.m.: Junior High Track at Limon

Linda & Walt Linthacum - Owners/Agents

1 & W

Insurance Agency, LLC

102 E. 8th (8th & Main), Goodland, KS (785) 890-5678 • 800-892-4245









SINCE 1934

Goodland, KS 67735 PHONE: (785) 899-2592 Livestock & Machinery Hauling Bonded Livestock Dealers

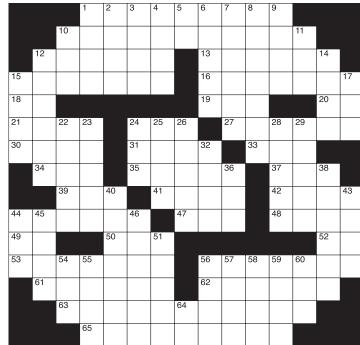


Highway 27, Goodland (785) 899-5601

We proudly support our area schools!

1205 Main, Goodland, KS 67735 Phone: (785) 899-2338 Email: star.news@nwkansas.com

Crossword Puzzle



2. Ratites

3. Distribute

5. Empire State

6. Small island

8. Oasts kiln shape

9. Female sheep

10. Motor vehicle

15. Apple, pumpkin or a la

17. __ King Cole, musician

23. Mistress of a household

24. Founder of Babism

25. Semitic fertility god

32. Moss capsule stalk

36. Young society woman

26. Connected links

28. Chocolate tree

38. Bartenders

44. Cervid

51. Handles

54. Neither

40. Buried port city

43. One point S of SE

45. Inexperienced (var.) 46. Exercises authority over

22. Palms with egg shaped nuts

29. Miao-Yao is their language

11. ___ Lanka 12. More melancholy

14. Not all

mode

4. 15th day of March

7. Con or swindle accomplices

CLUES ACROSS

- 1. Recapture the past
- 10. "Tosh.0" and "South Park" are two
- 12. Military greeting
- 13. Passenger ships
- 15. Can't move
- 16. Any omission of a part
- 18.43rd state
- 19. Compassionate nursing
- 20. Pa's partner
- 21. Dutch cheese
- 24. London radio station
- 27. Perfumed powder bag
- 30. Liquid body substances
- 31. Expresses pleasure 33. Escape from prison
- 34. Long-wave hue
- 35. Bleated
- 37. Male swan 39. Head cover
- 41. Fewer calories
- 42. Teal duck genus
- 44. Inspire with love
- 47. Grab
- 48. Cruel inhuman person
- 49. 6th musical tone
- 50. Indigenous tribe of Indo-
- 52. Megabyte
- 53. Headpin in bowling
- 56. Light, fitful naps
- 61. Precede
- 62. Greek and Turkish Sea
- 63. Pot 'o gold location
- 65. Was in disagreement
- 1. A player's part
- **CLUES DOWN**

- 55. Alumnus 56. Sunrise 57. Cease exertion
- 58. Double curve
- 59. Maneuver
- 60. Not happy
- 64. Old English

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