


## weather report



**48°**  
 10 a.m.  
 Monday

**Today**  
 • Sunset, 5:57 p.m.

**Saturday**  
 • Sunrise, 7:06 a.m.  
 • Sunset, 5:56 p.m.

**Middy Conditions**

- Soil temperature 47 degrees
- Humidity 60 percent
- Sky sunny
- Winds northwest 14 mph
- Barometer 30.17 inches and steady
- Record High today 90° (2003)
- Record Low today 19° (1936)

**Last 24 Hours\***

High Sunday	54°
Low Sunday	34°
Precipitation	none
This month	1.21
Year to date	16.49
Below normal	1.57 inches

**The Topside Forecast**

Today: Mostly sunny with a high near 63, winds breezy out of the northwest at 15 to 30 mph and a low around 36. Wednesday: Sunny with a high near 65, winds out of the southwest at 5 to 15 mph switching to the north in the afternoon and a low around 36.

**Extended Forecast**

Thursday: Mostly sunny with a high near 54 and a low around 36. Friday: Sunny with a high near 62 and a low around 39. Saturday: Sunny with a high near 65.  
 (National Weather Service)  
 Get 24-hour weather info. at 162.400 MHz.



## Heavy machinery on display Saturday

Kids and adults had the opportunity to get an up-close look at dozens of big vehicles on Saturday at the Touch A Truck event in the Walmart parking lot. Vehicles on hand included an ambulance (above), a truck with a drill for digging power pole holes (left) and one of the Goodland School District's new activity busses (below) as well as various law enforcement vehicles and the fire department's new ladder truck.

Photos by Kevin Bottrell/The Goodland Star-News



## County approves budget for 2014

By Kevin Bottrell

kbottrell@nwkansas.com

The Sherman County Commissioners approved the 2014 budget at their meeting Tuesday.

The commissioners held a public hearing at the start of the meeting, which allows anyone from the public to speak on the proposed budget. No one from the public attended.

In other business, the commissioners:

- Waived tipping fees at the landfill for students at Goodland High School, who are planning their Fall Cleanup Day on Wednesday, Nov. 13. The students said they clean up yards and haul away trash for those who aren't able to do it themselves.

- Heard from Commissioner Ken Klemm, who said the sign for the Wolak Building should be completed in about four to five weeks. The commissioners approved a bid from Commercial Sign in Colby at a previous meeting.

- Discussed purchasing another

See COUNTY, Page 5

## Nutrition checks to go out again


With the federal government shutdown has ended, the Kansas Department of Health and Environment has announced that local agencies are to begin issuing Women Infants and Children program checks.

The department announced on Oct. 9 that, due to the shutdown, checks dated November and December could not be issued. Checks with October dates could still go out.

The Special Supplemental Nutrition Program for Women Infants and Children is a federally funded program administered in Kansas by the Department of Health and Environment through contracts with county health departments.

It provides nutrition education, breastfeeding support and supplemental, nutritious foods to low-income families. The program serves approximately 70,000 participants every month, including: pregnant women; breastfeeding women through the first year of their infant's life; women who have had a baby within the past six months; infants under the age of 1; and children from age 1 to 5.

## local markets



**10 a.m.**

Wheat — \$7.46 bushel
Posted county price — \$7.23
Corn — \$4.27 bushel
Posted county price — \$4.37
Milo — \$3.87 bushel
Soybeans — \$11.97 bushel
Posted county price — \$12.33
Millet — no bid
Sunflowers
Oil current crop — \$19.05 cwt.
Confection — no bid
Pinto beans — \$28

(Markets by Scouler Grain, Sun Opta, Frontier Ag and 21st Century Bean. These may not be closing figures.)

## inside today



More local news, views from your Goodland Star-News



### Mavs take it to the Max

The Northwest Kansas Technical College men's basketball team held a dunk contest and intra-squad scrimmage on Saturday at the Max Jones Fieldhouse.

See Page 11



## Goodland gets first snowfall

After a day of rain and dropping temperatures, Sherman County woke up Friday to find the first snowfall of winter clinging to grass and trees.

The National Weather Service reported four inches of snowfall Friday morning. Typically by this time in October the area has received less than an inch of snow. Friday's snowfall broke that trend by more than three inches.

The rain and snow has resulted in 1.21 inches of precipitation so far in October, also above the .84-inch average. The county is still about 1.5 inches under last year's precipitation total, except in the southern part of the county, which received significantly more rain during the summer and fall.

The snow did not stay long. With a high temperature of 65, most of it had melted by mid-day.

The Weather Service is predicting sunny days with highs in the 60s this week. Low temperatures are expected to be in the mid-30s. No further snow is expected for the rest of the week.



## Music, stories at arts council event

Gwen Mai and Aaron Thompson — two members of Heartland Soul (left) — played at the Goodland Arts Council's spaghetti dinner fund raiser on Saturday at the Goodland United Methodist Church. Storyteller Marla Matkin (above) told the audience all about "19th Century Fun, Farces and Frivolities," which included some participation from the audience. Bill Petersen of Olde Westport Spice and Trade provided the spaghetti dinner. Besides the entertainment, there was a drawing for pieces of art, which included homemade liquor, a professional photograph by Bill Coe, a pine-needle basket made by Lynda Alberico and 12 paintings made by local people at the Paintbrush and Cocktails classes.

Photos by Kevin Bottrell/The Goodland Star-News

area events

The Fort Hays Stamp Club will have its 23rd annual **Stamp, Postcards and Coin Show** from 8 a.m. to 3 p.m. (Mountain Time) on Saturday, Oct. 26, at the Ramada Inn, 3603 Vine Street, Hays. Admission and parking is free. For information call (785) 625-3066 or (785) 628-2049 or email: forthaysstampclub@yahoo.com

genesis and salvation army

**Genesis and Salvation Army** are available year round to help those in need. Call (785) 890-2299 to speak to a volunteer.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

**The High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

**The Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

**The Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**The Good Sam Family Support Council** meets at **7 p.m.** the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Breast Cancer Support Group** meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

**A PTSD Support Group** for Iraq, Afganistan, Beruit and others is forming. Call Ron Thompspon, prior Air Force and Army veteran, for information at (785) 462-0296.

**The Goodland Activities Center** has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main. The hours are 5:30 a.m. to 8 p.m. on Monday through Thursday, Friday 5:30 a.m. to 6 p.m., Saturday 10 a.m. to 6 p.m. and Sunday 1 to 5 p.m. **Aerobics** are at 5:30 a.m. on Monday and Wednesday. **Insanity class** meets at 5:30 a.m. on Monday, Tuesday, Wednesday, Thursday, Friday and Saturday. **Taekwondo** with Wayne Luckert call for times and dates.

**Weight Watchers** meets at **5:30 p.m. for weigh in** and 6 p.m. for the meeting every **Tuesday** at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

**Goodland Alcoholics Anonymous**, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 or 728-7491.

**Goodland Al-Anon Family Group** meets at **6 p.m. on Fridays**

the calendar

calendar

The Goodland Public Library, 812 Broadway, will have a **book signing from 4 to 6 p.m. on Wednesday.** Deb Jackson will be there to sing her children's book, "Creamy Goes to Heaven." For information call the library at

There will be a **Ladies' Night Out to Raise Awareness for Breast Cancer from 4:30 to 7 p.m. on Tuesday** at Northwest Tech's Student Union Auditorium. There will be shopping, refreshments, door prizes, information, mammogram appointment scheduling, speaker and Bras for the Cause. Sponsored by the Sherman County Health Department and Goodland Regional Medical Center.

The First Christian Church, Disciples of Christ, 711 Arcade is having a **ham and beans lunch from 11 a.m. to 1 p.m. on Saturday.** There will also be a bake sale and a silent auction. The cost for adults is \$6 and for children five and under \$3.

The Carnegie Arts Center will have its **Saturday art class for elementary students from 10 to 11 a.m. on Saturday.** The class on Saturday will make learn-print collages and on the 26th will be a Halloween surprise. The cost is \$3 per student.

The **Goodland Soup Bol** serves dinner at **5 p.m. on Monday nights** at the Goodland Methodist Church Fellowship Hall for anyone who wants to come. Free will donations welcome. For information call 899-3631.

**Prairie Land Food distribution is 1 to 2 p.m. Saturday** at Cat's TnT, 1018 Main, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 899-2338, 821-1275, 890-2287, 821-1827 or 899-4278 or order online at www.prairie-landfood.com.

The **Kids Cooking Class** is held on the **second Wednesday of each month** from 3:45 to 5:15 p.m. at the 4-H Building. This class is open for second to fifth graders. For information call 890-4880.

**The Goodland Farmers Market is open Saturdays from 8 a.m. to 11 a.m.** at Chambers Park. Selling are baked goods and fresh garden vegetables.

senior menu

**Today:** Swiss steak, parslid potatoes, green bean casserole, bread and ambrosia fruit salad. **Wednesday:** Polish sausage with kraut, mashed potatoes, beets, bread and peaches. **Thursday:** Cook's choice entree, has brown casserole, seasoned carrots, bread

and gelatin with fruit. **Friday:** Chef salad with meat on the side, strawberries and bananas, crackers and bar cookie.

school menu

**Today:** Breakfast - Whole grain breakfast pastry, tropical fruit, fruit juice and milk. Lunch - Stromboli, spinach salad, fresh carrots, fresh strawberries, cook's choice and milk. **Wednesday:** Breakfast - Biscuit and gravy, banana, fruit juice and milk. Lunch - Barbeque beef on bun, sweet potato puffs, baked beans, orange, oatmeal cookie and milk. **Thursday:** Breakfast - Sausage breakfast sandwich, strawberries and bananas, fruit juice and milk. Lunch - Turkey and cheese sub with lettuce and tomato, fries, peaches and milk. **Friday:** No school.

school calendar

**Today:** none. **Wednesday:** 7:30 a.m. Profession Learning Community, Family, Career and Community Leaders of America District A Fall Leadership Conference. **Thursday:** 4 - 8 p.m. parent-teacher conferences. **Friday:** No school. 8 a.m. to noon parent-teacher conferences. 6 p.m. varsity football against Concordia at Cowboy Stadium. Senior night.

at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at **7 p.m. Thursdays** for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

thrift store

The Goodland Churches Thrift Shop, 1002 Main, is open from 10 a.m. to 5 p.m. on Monday through Friday. Donations welcome. For information call 890-2007.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available

by appointment. Sharps containers are available for a fee. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** a.m. Dale Schields. **Wednesday:** a.m. Jan Haigler. **Thursday:** a.m. Helen Musil. **Friday:** a.m. Avis Alcorn and p.m. Faye Paxton.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in

their children's education. For information call 890-2552.

mops

MOPS (Mothers of Preschoolers) meets the first Monday of every month October thru May. Meeting time: 6 p.m. -7:30 p.m. at the Harvest Evangelical Free Church; 521 E Highway 24; Goodland. For more information email goodlandmops@gmail.com or call (785) 890-6423.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. For information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

obituaries

Eldon Ray Hurst

Eldon Ray Hurst, 58, Telluride, Colo., former Goodland resident, died Monday, Oct. 14, 2013, in Colorado Springs.

He was born on Nov. 26, 1954, to Joseph C. and Sylvia (Biggs) Hurst in Goodland.

Mr. Hurst graduated from Goodland High School in 1972 and from Northwest Kansas Technical College in Goodland in 1974 in drafting. He moved to Denver and worked as a draftsman in Colorado Springs. He continued his education in January 1989 as an engineer-in-training and February 1994 as a professional engineer. In January 1998 he started Hurst Engineering Inc. in Telluride, Colo.

He was active in the Elks in Telluride and Montrose, Colo.

Mr. Hurst enjoyed a variety of outdoor sports including hiking,

climbing, rafting, skiing and scuba diving.

Preceding him in death were his father; his sister, Loretta Pearce; his nephew, Espirion Aguilar; and his grandparents, Joseph C. Hurst Sr. and Coral L. Hurst and William Milton Biggs and Eva May Biggs.

Survivors include his mother of Goodland; five sisters, Betty (John Galen) Smith of Waukomis, Okla., Marie Hurst of Goodland, Bertha (Louis) Aguilar of Goodland, Ruth (Abel) Ontiveroz of Goodland and Mary Ann (James) Bess of Aurora, Colo.; four brothers, Tom (Kim) Hurst of Broomfield, Colo., Neal (Phyllis) Hurst of Thornton, Colo., Harry Hurst of Goodland and Arthur (Cindy) Hurst of Colorado Springs.

Services are pending.

There will be no visitation.



Hurst

Jean Gaschler

Jean Gaschler, 57, resident of Golden West Skills Center, died Friday, Oct. 11, 2013, in Denver.

She was born on Oct. 22, 1955, to Winifred I. (McKittrick) and Henry A. Gaschler of McCracken in Ness City.

Since 1988 she had lived in Goodland.

Preceding her in death were her parents and her brothers Thomas Gaschler and Donald Gaschler.

Survivors include her siblings, Elizabeth Riney of Tucson, Ariz., Judy (Richard) Anderson of Hays, Ernest (Carol) Gaschler of Palm Spring, Calif., Johanna (James)

Bachtel of Salina, Jennifer (Brian) Scott of Kure Beach, N.C., Joan (Stuart) Ray of Salina, Jacqueline Cairo of Salina, Joyce Gorjiyan of Salina and Jill Gaschler (Dave) Holzwarth of Denver.

Graveside services will be at 3 p.m. on Saturday, Oct. 26, 2013, at Mt. Calvary Cemetery in Salina with Father Galen Hamerschmidt officiating.

There will be no visitation as cremation was chosen.

Ryan Mortuary, 137 North Eighth, Salina was in charge of the arrangements.



Gaschler

births

Airabella Tuttle

Airabella Tuttle was born at 3:48 p.m. on Wednesday, Oct. 16, 2013, at the New Beginnings Birthing Center at Goodland Regional Medical Center. She weighed 7 pounds, 12 ounces and measured 19 inches.

Her mother is Amanda Tuttle of St. Francis and her great-grandparents are Robert and Kay Tuttle of Max, Neb.



Airabella Tuttle

Chloe Ann Cooper

Chloe Ann Cooper was born on Aug. 28, 2013. She weighed 7 pounds and was 19 3/4 inches long.

Her parents are Wesley and Candice Cooper. Her grandparents are Stan and Karla Meissinger of Goodland, Mark and Toby Cooper of St. Francis. Great-grandparents are Duane and Sharon Harper of Goodland and Tobias and Ann Dirks of St. Francis. Her great great-grandmother is Manette Henderson of St. Francis



Chloe Ann Cooper

Makenzie Jayde Wolf

Makenzie Jayde Wolf was born on Thursday, Oct. 1, 2013. She weighed 7 pounds, 15 ounces and was 19 1/2 inches long.

Her parents are Christina Wolf and Terrence Knuth of Goodland.

Her brother Marcellus welcomed her home.

Sebastian Guadalupe Ramirez

Sebastian Guadalupe Ramirez was born Wednesday, Oct. 2, 2013, at Citizens Medical Center in Colby. He weighed 7 pounds, 5 ounces, and measured 20 1/2 inches.

His parents are Samantha Gutierrez and Guadalupe Ramirez of

Goodland. Grandparents are Jovita and Roberto Gutierrez of Goodland and Isabel Alvarado and Alejandro Ramirez of Kanorado.

Sister Isabella Grace Ramirez welcomed him home.

Norton to have Halloween Festival Thursday

The 47th Annual Heller Halloween Festival, featuring a Halloween parade and wiener roast, is planned for Thursday in downtown Norton.

The event is co-sponsored by the Norton Volunteer Fire Department and Chamber of Commerce.

Parade participants should meet downtown at 4:45 p.m. (Mountain Time) where the children will be divided into groups from preschool to sixth grade.

The parade begins at 5 p.m. (Mountain Time) and will move east along Main Street to State

Street, then south to Washington Street and east to the city hall.

After the parade, the fire department will hold a free wiener roast, financed through donations from area businesses and individuals.

Have family news you want the world to know? Call 899-2338

The Goodland Star-News SUBSCRIBER **Travis Morris** You receive two free passes to see: **CLOUDY WITH A CHANCE OF MEATBALLS 2 3D (PG)** Clip and bring to the show. Non Transferable **The SHERMAN THEATRE** 1203 Main Avenue • (785) 899-6103

**EMPLOYMENT CONNECTIONS** would like to recognize **Goodland Thrift Store** for their support! You have created new and exciting opportunities for Northwest Kansas with disabilities! **dshwvk**

**American Profile** Celebrating Hometown Life See American Profile magazine in this week's issue of **Your sponsorship could be right here!** (available in local area only) Brought to you by: **The Goodland Star-News** Call The Goodland Star-News today for more information! (785) 899-2338

# Celiac disease getting more attention

Significant and sudden weight loss, extreme fatigue, weakness, abdominal pain and bloating are all symptoms of a condition gaining more attention today – celiac disease.

Many questions usually come with a celiac disease diagnosis, said Debra Andres, Kansas State Research and Extension family and consumer sciences agent in Geary County. The questions normally include: How did I get it?, Can I be cured of it?, How can I treat it? and How long have I had it?

Andres said she became interested in the disease when someone she knew was diagnosed. The questions can be overwhelming, she said, but perhaps even more overwhelming is the lifestyle change required to deal with the condition. Understanding the disease is a good place to start.

Celiac disease is a chronic inflammatory disorder of the small intestine, which can lead to gas-

trointestinal illness and prevent proper nutrient absorption from food, according to the U.S. Food and Drug Administration. The disease is commonly referred to as gluten intolerance, because when someone with celiac disease consumes gluten, it triggers the production of antibodies and inflammatory cells that damage the small intestine.

Gluten is a protein found naturally in wheat, rye, barley and crosses of these grains, which are key ingredients in many types of bread, cakes, cereals, pastas and other foods. Ingredients containing gluten are not always obvious to the eye.

Following a gluten-free diet can be more challenging than it may seem at first glance, Andres said, because of the vast alternative methods for food production and processing. Many foods with breading in particular – breaded chicken patties, breaded shrimp and even

pre-made frozen meatballs – contain gluten.

“Consumers need to be aware that the breading, regardless of where it is, likely contains gluten,” Andres said. “Other unseen sources of gluten may include the thickening agents used in sauces or soups. Products we consume in moderation that could contain gluten include candies or beer. Reading the label and asking questions is critical in successfully following a gluten-free diet.”

Symptoms of celiac disease can vary among people, Andres said. In addition to weight loss, extreme fatigue, weakness, abdominal pain and bloating, other common symptoms include diarrhea, constipation and unexplained anemia. Some less-common symptoms are irritability, behavior changes, bone or joint pain, vomiting, and tingling or numbness in the legs. People with these symptoms can have a blood

test done to check their levels of antibodies as an indication of celiac disease.

The disease can affect children and adults, regardless of gender or race, though it is most common in Caucasian populations. The FDA estimates as many as 3 million Americans have celiac disease, but many people are unaware they have it due to the nature of the disease, which can be active, silent or hidden.

Celiac disease is passed on genetically. Unfortunately, the disease cannot be cured, and, if left untreated, can cause significant damage to the body.

“The good news is that it can be successfully treated without medication, and in most cases, the patient can live symptom-free if they follow a strict gluten-free diet,” Andres said.

To follow such a diet, Andres provides the following tips:

- Avoid food and drinks containing wheat, spelt (a form of wheat), graham flour, rye, barley, malt, semolina, bulgur, durum, triticale and farina. Read all food labels to ensure these ingredients are not present. Take advantage of healthy alternatives to gluten, such as corn- and rice-based products.

- Use different gluten-free flours, such as those made from rice, corn, buckwheat, millet and sorghum to name a few, in combination of two or more to get the best flavor and texture desired in a food. Any flour used alone will likely overpower the other desired flavors in the product, especially when baking. Experiment with flour variations to meet the tastes and preferences of your family.

- Be aware of the recent FDA final ruling on what the term “gluten-free” means for voluntary labeling by the food industry. The FDA, which established the ruling in Au-

gust 2013 to assist consumers, puts strict guidelines on foods that bear the label, or similar labels such as “free of gluten,” “without gluten,” and “no gluten.” The food must contain less than 20 parts per million of gluten to carry any of those labels.

- Take precautions when dining in public. Those with celiac disease need to let the wait staff know that they are gluten intolerant and ask if they have any designated menu items that are identified as gluten-free. Many restaurants have created menu items specifically for those who have celiac disease.

Awareness and advocacy go hand-in-hand, Andres said, to ensure the dietary needs of those with celiac disease are met. To learn more about gluten intolerance or recipes for preparing gluten-free meals, contact Andres (dandres1@ksu.edu) at the K-State Research and Extension Geary County office.

## Farmers, ranchers have more time

Farmers and ranchers who previously were forced to sell livestock due to drought, like the drought currently affecting much of the nation, have an extended period of time in which to replace the livestock and defer tax on any gains from the forced sales, the Internal Revenue Service announced today. Sherman, Thomas, Wallace and Cheyenne Counties are included.

Farmers and ranchers who, due to drought, sell more livestock than they normally would may defer tax on the extra gains from those sales. To qualify, the livestock generally must be replaced within a four-year period. The IRS is authorized to extend this period if the drought continues.

The one-year extension of the replacement period announced today generally applies to capital gains realized by eligible farmers and ranchers on sales of livestock held for draft, dairy or breeding purposes due to drought. Sales of other livestock, such as those raised for slaughter or held for sporting purposes, and poultry are not eligible.

The IRS is providing this relief to any farm located in a county, parish, city, borough, census area or district, listed as suffering exceptional, extreme or severe

drought conditions by the National Drought Mitigation Center, during any weekly period between Sept. 1, 2012, and Aug. 31, 2013. All or part of 38 states are listed. Any county contiguous to a county listed by the National Drought Mitigation Center also qualifies for this relief.

As a result, farmers and ranchers in these areas whose drought sale replacement period was scheduled to expire at the end of this tax year, Dec. 31, 2013, in most cases, will now have until the end of their next tax year. Because the normal drought sale replacement period is four years, this extension immediately impacts drought sales that occurred during 2009. But because of previous drought-related extensions affecting some of these localities, the replacement periods for some drought sales before 2009 are also affected. Additional extensions will be granted if severe drought conditions persist.

Details on this relief, including a list of NDMC-designated counties, are available in Notice 2013-62, posted today on IRS.gov. Details on reporting drought sales and other farm-related tax issues can be found in Publication 225, Farmer’s Tax Guide, also available on the IRS web site [www.irs.gov/pub/irs-pdf/p225.pdf](http://www.irs.gov/pub/irs-pdf/p225.pdf).

## Highway open



Pictured in the reopened stretch of I-70 that was recently completed at the ceremony last week at the visitor’s center.

Photo by Kevin Bottrell/The Goodland Star-News

### Enjoy a night at the movies!

Showing through October 24:  
Cloudy with a Chance of Meatballs 2 3D (PG)  
Starts Friday at 7 PM: Gravity 3D (PG-13)

### corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors.

## Hays brewery earns competition title

Every year since opening in 2005, Gella’s Diner & Lb. Brewing Co. enters the prestigious Great American Beer Festival in Denver to compete with breweries from across the country. This year, Gella’s Diner & Lb. Brewing Co. and its brewmaster, Gerald Wyman, obtained the title of Small Brewpub and Small Brewpub Brewer of the Year in addition to gold and silver medals for their American Hefeweizen and American Wheat.

An international panel of 201 expert judges spent three days evaluating 4,809 entries from 745 breweries in 84 beer categories covering 138 different beer styles at the competition.

“Being named Small Brewpub

and Small Brewpub Brewer of the Year is certainly a lifetime achievement,” said Wyman.

“Great American Beer Festival medals are the highest recognition of a brewer’s talents and quality of their beers. It’s such an intense competition, and it’s difficult to win a medal for any brewery.”

After the weekend of sampling by 49,000 attendees and a successful finish, Gella’s Diner & Lb. Brewing Co. will begin to see beer enthusiasts from across the country at their downtown Hays microbrewery

and diner.

“This win is great not only for the microbrewery and diner but for the community as well,” said Wyman.

“We regularly see travelers who’ve stopped in Hays just to eat here and take a growler of beer back to wherever they’re from because they’ve sampled our brews at Great American Beer Festival.”

Gella’s Diner & Lb. Brewing Co., is located at 117 East 11th in Hays.

**Vince's GM Center's Test Drive for the Cure**  
**YOU TEST DRIVE, WE DONATE. IT'S THAT SIMPLE!**

**October 14 - 26, 2013**

Vince's GM Center will donate \$10 for each test drive of select models to the local Cattlewomen's Pink Chaps Fund. Thrivent Financial is co-sponsoring this promotion and will be donating an additional \$5 for each test drive.

Check out our Facebook page and website for more details!

[www.vincesgmcenter.com](http://www.vincesgmcenter.com)  
1847 Rose Ave., Burlington, CO 80807 • Phone: (719) 346-5326

**Lunch Break. We're There.**

The Goodland Star-News

## MIGHTY WINGS

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## CONCERT CANCELLED

Due to circumstances beyond our control at Cat Country 89.1 KXCT, the Fun on the Farm Jamboree concert event with T.G. Sheppard and Georgette Jones has been cancelled for October 26th at the Sherman Theater in Goodland, KS. Full refunds will be made available to all those who purchased tickets, starting on Monday, October 21st at the Goodland Star News office.

Thanks,  
Chris Lash, President

Whiplash Community Radio  
The Cat Country Network  
[www.catcountry.org](http://www.catcountry.org)

from our viewpoint...

## Tug of war between educators, taxpayers

The Kansas Supreme Court heard arguments in yet another school-finance lawsuit the month. A decision is expected sometime after the first of the year, and it's anybody's guess what the judges will do.

Many expect the court will rule against the state again, as it did in the Montoy case six years ago. The price tag then was something under \$1 billion, which the Legislature ponied up at the time.

Things are different today. Conservatives opposed to that kind of spending are firmly in charge of the Legislature. The courts have been under attack, with the Gov. Sam Brownback winning authority to appoint new judges to the state Court of Appeals, bypassing a commission made up mostly of lawyers who formerly decided on the nominees.

And while the price tag this time is "only" about \$440 million – but the state doesn't have the money unless some of the tax cuts enacted by the governor and Legislature last year are undone.

Big-government, big-spending forces decried those tax cuts last year, but they are in place today. And there is no telling whether the Legislature would reverse course just because the judges say so this time.

The result could be a standoff, a "constitution crisis," between co-equal branches of government in Topeka. No one knows who'd win. Or if the judges of the high court want to press their luck this time.

These school suits are nothing new. Kansas has been faced with them for some 40 years, the Associated Press reports. They are common in other states as well. Very often, then result in more money being spent on schools, which already consume half the state's budget. But when on program comes out a big winner, others, from highways to state colleges, must be on the losing end.

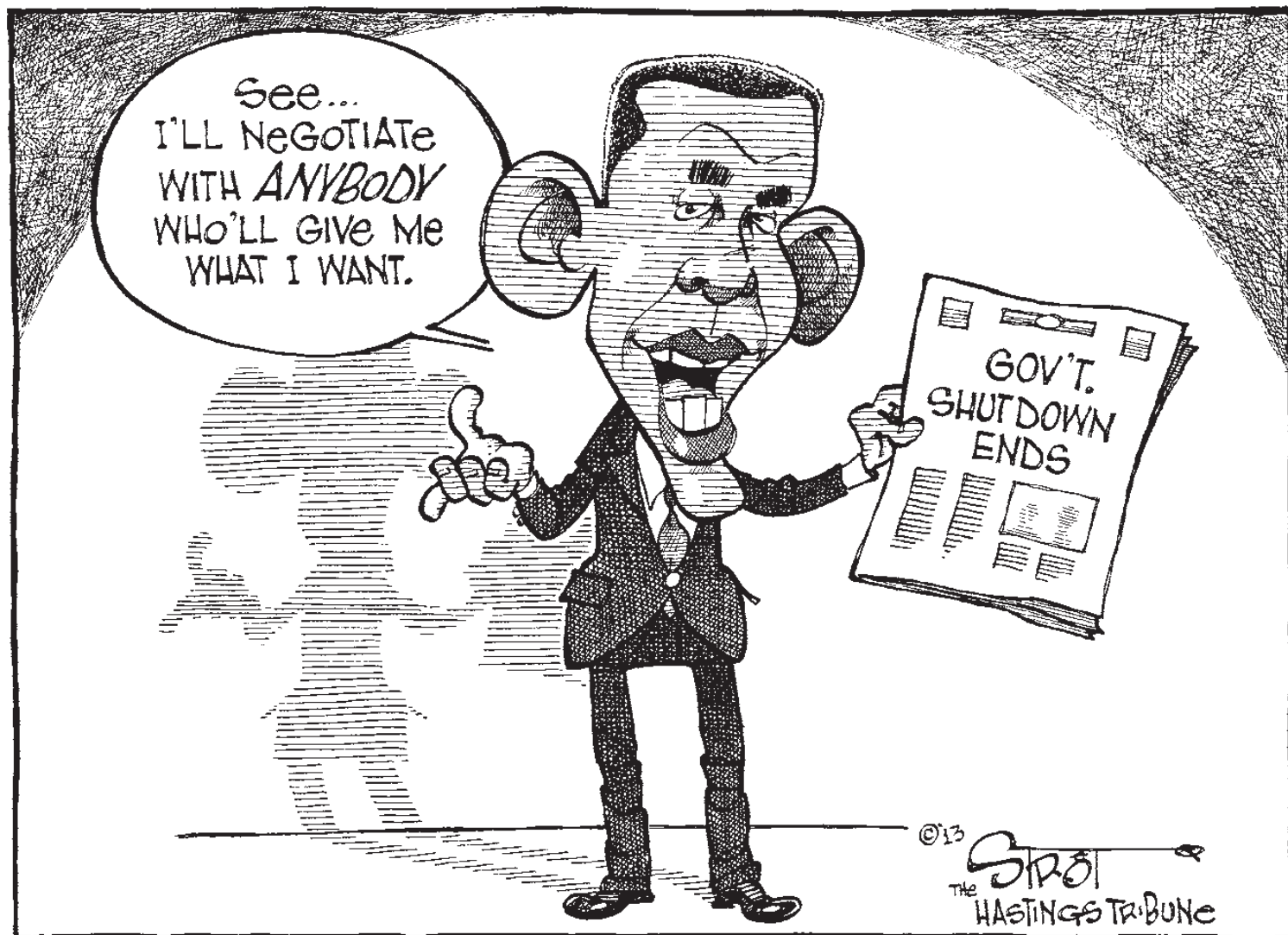
It's hard to say just how much schools actually need. No one knows, though the 2006 Supreme Court decision was based on a study paid for by the Legislature – much to the leadership's later regret.

What happens is, if schools don't get what they want, school board and others get together and finance a lawsuit – with taxpayers money – to force the state to spend more. Attempts to outlaw using state money to sue the state have failed, despite many complaints about the practice.

Sure, many school administrators and teachers would like to have more money to spend. Wouldn't we all? But school money has to come from taxpayers, and for the most part, they've been saying they pay too much.

That cry was seldom heard until the present administration, which actually cut state spending for the first time in decades last year. The Legislature cut taxes, a move that was much decried by those who like to spend tax money, and those who benefit, such as the teachers unions.

Will the lawsuit change all that? Stay tuned. The first of the year is not far off now. – Steve Haynes



## Taking criticism isn't easy

When you work in a creative field, sometimes the hardest thing to deal with is criticism of your work.

The other day I was talking to some friends of mine who were reacting badly (in my opinion) to a review of their work. This was a collaborative amateur project, but one that they have put a lot of work into. I'm also involved in the project, but my part of it hasn't gone out to the public yet.

When you put your work out there for the public to see in any way, you're going to have to prepare yourself for the fact that a certain percentage of people aren't going to understand your work the way you want them to. There's really no one to blame when someone just doesn't "get" what you were trying to convey, and it is wrong to heap scorn upon the audience in this case.



**kevin bottrell**

• simple tricks and nonsense

When I hear something like this directed at my own work, I always try to look for something to improve. I ask myself "What could I have done better so that more people 'get' what I was trying to convey. I don't always find a way to improve, but I believe it is always there.

There will also be a certain percentage of people will not like your work. This is the normal cost of doing business. Journalists deal with it every day. You have to take each piece

of feedback and see if there's something you can learn from it.

Some people have specific complaints that are very useful. For some, your work was just not to their taste. You have to realize there might be nothing you can do to please that second group without compromising your vision of what the work should be.

I've also done my fair share of reviewing, and have had people react negatively to what I said. When you're reviewing someone else's work you really have nothing more to rely on than your opinion. I always try to approach it fairly and put criticisms in diplomatic language. I'd never want anyone to stop creating because of something I said.

Obviously not everyone does reviews the way I do, and as a creator, sometimes you just have to say "whatever" and move on.

## Solidarity with indigenous peoples

Last I heard, contracts negotiated between two consenting and capable parties are supposed to be binding, with repercussions if one party violates what has been agreed upon and codified into a legal document. That is, of course, unless it is the state entering into such agreements with indigenous peoples. Then these legal documents are little more than lip-service, or so it seems, based on the actions of the U.S., Canadian, and other governments who have and continued to trample the rights of indigenous peoples with impunity. Instead of being held accountable to the legally binding agreements they have signed, these governments continue to deprive indigenous peoples of their land, their livelihoods, and their cultures. Worse yet, they have the gall to point the finger at indigenous peoples and their allies who resist this continued destruction of their land and resources, calling them the criminals.

The United States government has negotiated some 600 treaties with Native people, most of which it has violated. As just one example, were it to have adhered to its own agreement, the Lakota Nation would have encompassed much of the western Midwest (and some of the easternmost region of what we now call the West), with the vast resources offered by the land and water in that region. Instead, many Lakota live on reservations (or prisoner of war camps, as they might be called) like Pine Ridge, which is annually one of the most impoverished places in the United States.



**from other pens**

• laura finley

Canada has done no better. Instead of honoring its agreements to indigenous groups, the Canadian government has stolen the land and poisoned the water, soil, and air in which many from the First Nations live. On October 15, 2013, United Nations special rapporteur on the rights of indigenous peoples James Anaya issued a scathing report, noting that 20 percent of aboriginal peoples in Canada live in homes in need of serious repairs and that the suicide rate among aboriginal youth is five times greater than that of all Canadians. Anaya called the situation a "crisis," and, among other factors, traced it back to Canadian government policies that broke up homes and destroyed indigenous cultures by sending indigenous youth to horrific boarding schools where they were forced to become as White as possible.

But, instead of critically reflecting on Anaya's report, the Canadian government elected to further oppress this already marginalized group. Just days ago, when indigenous peoples and their allies organized to protest fracking in New Brunswick (a natural gas extraction process that devastates the land and groundwater) the RCMP responded with force. Instead of

listening to the voices of indigenous peoples about the Tar Sands pipelines, the Canadian government has criminalized their voices and continues to plunder on.

So, while the U.S. and Canada are two of the wealthiest nations in the world, both should bear the responsibility and pay the price for becoming so through the extraction of resources and land that did not and does not belong to them.

Indigenous people and their supporters have not and will not be silent about these issues. Groups like Idle No More have organized, taken to the streets, and used traditional indigenous dance and culture as well as teach-ins and other nonviolent direct action to organize communities to speak out about the repressive policies. I was fortunate to hear from representatives from Idle No More recently and to participate in one of their rallies. To call it a humbling experience is an understatement.

For readers who are not familiar with these histories, I implore you to educate yourself. There is far more to the story than I have presented here. When you do, you too will be outraged, and hopefully called to act, to support indigenous peoples as they fight to regain that which is lawfully theirs and to ensure they can raise their children in non-toxic environments. It is the least we can do.

Laura Finley, Ph.D., teaches in the Barry University Department of Sociology & Criminology and is syndicated by PeaceVoice.

## Wait and see on Affordable Care Act

America cannot afford to be without medical insurance. You cannot financially survive without medical insurance. One trip to the hospital for a few days can devastate you for a lifetime.

A friend of mine has recently survived a brain tumor. The weeks of hospital stay and a specialized chemotherapy cost over 400,000.00. Most of his medical care was covered by Medicare and his supplemental insurance. Over 99 percent of Americans could never pay a 400,000 medical bill and would never financially recuperate. Medical providers are not forgiving either. They will come after you with the best debt collectors their money can buy. They will hound you until your bill is paid or credit destroyed.

My first wife died from multiple sclerosis. She left her school teaching position because of the illness and within six months our medical provider dropped us. I could buy insurance but she was no longer eligible because of her illness. For years we racked up thousands of dollars in medical bills. Painful would be an understatement.

I want to applaud our President for his healthcare vision for America.

Medical insurance for everyone regarding



**from other pens**

• glenn mollette

illness or income is a welcomed relief to millions of weary Americans.

Millions of Americans have been without medical care for a long time. I've noticed a lot of obituaries of adults under fifty years old. There are numerous explanations but a part of the problem is that many are afraid to go to the doctor because they do not know how they will pay the bill.

On the flip side the Affordable Care Act has some problems.

1. We should never dictate that employers must provide medical insurance because if they do not want to they will not. Wal-Mart, Home Depot, Walgreens and many others have announced employees can buy their own insurance. More corporations will simply move their work to other countries or downsize employees to part-time if they cannot afford to provide medical insurance.

health insurance. I think any American is crazy to not want insurance but what happened to our freedom? With the ACA Americans will now face tax penalties if they do not have medical insurance.

3. The next problem is the great demand for more tax dollars that the ACA will demand.

Cheaper insurance and access to health care will come at great cost. Someone will have to pay the bills and it will be all of us as we will be forced to cough up billions more each year in new taxes.

4. One final negative is that the government/insurance provider will be calling the shots about our medical treatment. Already we are told by the "insurance provider" what they will pay for and what they will not pay. Length of stay in the hospital is dictated by who is paying the bill. The patient has become an outsider looking in as medical staff and an insurance representative negotiate your fate.

The ACA has two sides - some positives and serious negatives.

Hold on. Over the next few months we will see both sides.

Glenn Mollette is an American columnist read in all fifty states. Contact him at GMollette@aol.com

### Letter Policy

The Goodland Star-News encourages and welcomes letters from readers. Letters should be typewritten, and must include a telephone number and a signature. Unsigned letters will not be published. Form letters and letters deemed to be of no public interest or considered offensive will be rejected. We reserve the right to edit letters for length and good taste. We encourage letters, with address and phone numbers, by e-mail to: <star.news@nwkansas.com>.

## The Goodland Star-News

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# Be aware of Medicare Part D scams

During the open enrollment period for Medicare Part D and Medicare Advantage plans, Sandy Praeger, Commissioner of Insurance, is urging Kansas Medicare beneficiaries to be alert to any potential scams surrounding sign-up activity.

"Unfortunately, not everyone who contacts Medicare-age Kansans about switching to a Medicare drug plan has the best intentions," Commissioner Praeger said. "Educating yourselves is very important in fighting potential fraud and illegal sales."

The open-enrollment period for Medicare Prescription Drug Plan and Medicare Advantage plans began Oct. 15 and ends Dec. 7, 2013.

Commissioner Praeger is also reminding Medicare beneficiaries not to confuse the Medicare enrollment with the new health insurance marketplace enrollment that opened Oct. 1.

"If you are covered by Medicare, you don't

need to visit the online marketplace," Commissioner Praeger said.

To protect your family members or yourself from fraudsters intent on taking advantage of the situation, Commissioner Praeger offers the following tips.

- Beware of door-to-door salespeople. Agents cannot solicit business for either Medicare Part D or Medicare Advantage Plans at your home without an appointment. Do not let uninvited agents into your home.

- Check with us at the Kansas Insurance Department (KID) to make sure the salesperson is a licensed agent. Call 800-432-2484 to speak with a Consumer Assistance representative.

- No marketing in educational or care settings are allowed. Federal regulations prohibit the marketing of Medicare products in places where health care is delivered or at an educational event.

- No free lunches, either. Federal regulations

prohibit offers of free meals for listening to a sales presentation for a Medicare product or for signing up for a particular plan.

- Do not give out personal information, such as Medicare numbers, Social Security numbers, bank account numbers or credit card numbers to anyone not verified as a licensed agent. Salespeople are not allowed to request such personal information in their marketing activities and cannot ask for payment over the Internet. They must send the beneficiary a bill. Once he or she has decided to purchase a plan and has verified that the agent is licensed, the customer may give the agent personal information to assist in enrollment and billing.

- Verify that the plan chosen is an approved Medicare plan. All of the approved plans are available at [www.medicare.gov](http://www.medicare.gov) under the "Finding Plans" section, or by calling 800-MEDICARE (800-633-4227).

# County approves final 2014 budget

COUNTY, from Page 1

fuel tank. Commissioner Larry Enfield said the county has used about 40,000 gallons of fuel since it installed the first tank during the summer, and has saved about 35 cents per gallon by buying in bulk.

Enfield said the county could use another tank for clear diesel fuel, and they could get a 4,000 gallon tank for about \$10,000. Several departments use the fuel including Emergency Medical

Services, Road and Bridge and the landfill.

- Met with Ambulance Director Duane Wright about floor drainage issues in the ambulance bay at the Wolak Building. When the ambulances are washed, the water is not flowing into the drain. The commissioners met with contractor Mike Miller and looked at the floor. They decided to try smoothing out some of the rough edges and cutting some grooves to try and improve the drainage.

# Operation Military Kids provides help with overcoming hardships

Cutouts of foam hands in nearly every color and size displayed handwritten words such as laughter, love, positivity and sacrifice. The hands, joined together, created a tree-like piece of art that 18 people from three military families used to define their resilience and how they have been able to overcome challenges together.

Art was one of the many hands-on activities for participants of the Kansas Operation Military Kids (OMK) "Purple on the Prairie" family camp, hosted Aug. 17-18 at the Rock Springs 4-H Center, south of Junction City. The camp was part of the OMK effort, formed as a national support system to help military families and made possible by grants from the U.S. Department of Defense (DOD) and U.S. Department of Agriculture (USDA).

Elaine Johannes is the Kansas OMK director, as well as associate professor and extension specialist in youth development for the School of Family Studies and Human Services at Kansas State University. She said K-State Research and Extension has competed well for funding to be able to evolve the OMK program in Kansas for the past 10 years.

"In that 10 years, we created really strong supports and partnerships with the National Guard, both Army and Air, with our (extension) installations, and with our civilian organizations like the American

Red Cross, American Legion, and Boys and Girls Clubs," Johannes said.

With an added research component, which allows for interviewing and feedback from OMK activity participants, Johannes said the program has become a "beautiful story" of researchers and extension professionals working together to help military families identify their struggles, become stronger individuals, help one another and build resilience.

Some of the OMK grants Kansas receives allow 4-H clubs and extension agents throughout the state to work locally with families at McConnell Air Force base, Fort Leavenworth and Fort Riley. Although OMK day camps have occurred in the past, the family camp was the first OMK overnight camp organized in Kansas. Johannes said from the prior day camps and talking with parents and their children, she knew a more intimate all-girls teen camp was needed. The "Express Yourself" all-girls camp for military-connected girls ages 11-17, will take place Oct. 12-13 at Rock Springs.

"The 'Express Yourself' camp was first designated as a teen camp in early August," said Jackie Cox, OMK camp coordinator. "That camp wasn't able to happen due to not much participation. Specifically, we're targeting middle school

girls, their moms, mentors, as well as their sisters."

The focus of the all-girls camp, Johannes said, is to create an opportunity to build communication between teens and their families and allow them to reflect on their resilience. This is done through projects, similar to 4-H projects, in photography, arts, health, physical activity, and science, technology, engineering and mathematics, or STEM—a current emphasized educational area in the United States.

Johannes said the stories young people have shared through interviews at past OMK and Kansas National Guard events about their real-life experiences—having a deployed parent, having a parent not do well at home when the other parent is gone, taking on the role of the parent at a young age, facing bullying in school, witnessing struggles between their parents and in some cases, divorce—have reinforced to her the need to provide a place, like the camps, to have fun and talk about feelings.

Despite challenges that many military children face, Johannes said there are also positive things, such as traveling and seeing new places. She said knowing nearly 48 percent of young people who are from military families aspire to work in the military themselves, generates the need to teach young women how to build self-confi-

dence and navigate through the challenges.

Four K-State undergraduate student volunteers, three girls and one boy, served as counselors at the family camp. The girls will be back to help out with the all-girls teen camp. Cox said the counselors were screened and participated in military orientation training. They have been trained to use the hand-

on activities to focus on resilience.

"Not only did the families benefit from participating in the camp, the staff themselves were able to take away a clear understanding of what military families go through, how they can be resilient through the experiences they endure, as well as what makes them strong," Cox said.

Cox is hoping for 10 to 15 families to be represented at the "Express

Yourself" camp. There is a limit of 30 campers to attend.

Because the next OMK camp is focused on girls, Owen won't be attending as a counselor. He said he looks forward to working with other future OMK camps and using what he's learned to help military children in his role as a teacher one day.

For more information about Kansas OMK, go to [kansasomk.org](http://kansasomk.org).

## INVITATION TO BID

To purchase the metal building previously known as the Nationwide Trailer Sales Building located on the property of Yost Farm Supply. (Note: No land included.)  
 Bid date:.....Monday, November 4, 2013  
 Bid time:.....1:00 PM Mountain Time (MST)  
 Bid place:.....Cure & Bain, PC  
 104 East Hwy 24  
 Goodland, KS 67735



Pre-Bid Materials (Mandatory)  
 Date:.....Monday, October 28, 2013  
 Time:.....4:00 PM MST  
 Place:.....Cure & Bain, PC  
 The Northwest Kansas Technical College ("Northwest Tech") Endowment Association will receive sealed bids for the purchase of the metal building previously known as the 'Nationwide Trailer Sales Building'. This building was appraised by Sunflower Appraisal Company on July 26, 2013 for \$30,000.00.

The winning bidder will be responsible for moving the building off Yost Farm Supply property, contacting all necessary utility companies before the removal and the cleanup of all trash and debris caused by the moving of the building. The winning bidder will remove the building at its own risk and must be fully insured for the purpose of moving a building. The winning bidder will also be responsible to complete all work by January 4, 2014. Please note that all bidders are required to pick up and sign off on all bid conditions prior to submitting their bid. The building and any contents transferred with the building will be purchased on an "as is" and "with all faults" basis, and without any representations or warranties of any kind.

For more information concerning the proposed purchase and related work, contact Shaudel Bain, Northwest Tech Endowment Association Director at 1209 Harrison St., Goodland, KS 67735, (785) 890-1509.

The Northwest Tech Endowment Association reserves the right to reject any and all bids and waive irregularity in bidding. The contract will be awarded to the highest responsive and responsible bid if reasonable, and if it is in the interest of the Northwest Tech Endowment to accept it, at its sole discretion. The Northwest Tech Endowment Association is an EOE.

# The Goodland Star-News

## HOLIDAY FOOD DRIVE October 21-December 18

**All non-perishable food items (especially baby formulas) will be donated to the Sherman County Genesis Food Bank. No limit on number of items brought in.**

**Drop donations off at The Goodland Star-News, located at 1205 Main.**

*We will be giving away (2) 6-month subscriptions (around Thanksgiving) and (1) 1-year subscription (around Christmas). Each person that brings in food items will be entered into the drawing.*

*1 entry per food item.*

# November application could reduce weevils

The alfalfa weevil, one of the most well-known and devastating pests to agriculture, can cause serious defoliation in alfalfa during the spring, if not treated in a timely manner. Producers might have difficulty spraying insecticides timely in the spring, as spring alfalfa weevil activity can be intense for a period of three to six weeks, and spring weather is unpredictable.

Researchers at Kansas State University are evaluating an alternative treatment strategy that consists of spraying insecticides on alfalfa in the fall, followed by a spring application. Adult weevils become active in alfalfa fields in the fall where they feed, mate and start laying eggs in alfalfa stems, said Jeff Whitworth,

Kansas State Research and Extension entomologist.

"We're not trying to eliminate the weevils in the fall," Whitworth said. "We're just trying to reduce egg laying so that it will help out in the spring."

In addition to Whitworth, the research team at Kansas State includes Alysha Soper, research assistant, and Holly Davis, insect diagnostician. The study began in the fall of 2012 to determine if a fall insecticide application significantly reduced spring infestations of the alfalfa weevil, and if so, what fall application timing would be most effective.

Understanding alfalfa weevil behavior is helpful in understanding

the reasoning behind this study. The alfalfa weevil is a univoltine insect, Whitworth said, which means there is one generation produced each year. The weevils produced in the spring, from mid-March to mid-May, leave the alfalfa fields for the most part when temperatures get around 85 degrees Fahrenheit.

The alfalfa weevil can especially harm the first cutting, but the effects often transcend that first cutting to cause reduced quality and growth. Those weevils that aren't destroyed in that first cutting will leave alfalfa fields and go to cooler and shadier places. A few stay in leaf litter in fields, Whitworth said, but most will come back in the fall to lay eggs around mid-October. The eggs, and

some adult weevils, will overwinter on the plant and in the leaf litter. Anytime the temperatures get above 48 degrees though, the weevils become active and continue laying eggs until temperatures cool again.

In the fall of 2011, Whitworth said chemical companies came up with registered insecticide fall application, which complied with the Kansas Department of Agriculture. It was too late in 2011 to test the fall application, so in 2012, the Kansas State research team put together a study to see if spraying adults in the fall would reduce spring infestation.

The researchers started the fall insecticide applications two weeks after detecting the first adult weevil. The first application last year was

Oct. 9, the second on Oct. 23, the third on Nov. 6 and the fourth on Nov. 20. They evaluated alfalfa for weevils this spring on April 5 and April 12.

Results showed that the third application had less alfalfa weevils per stem compared to the other application dates.

"From a statistical standpoint, Nov. 6 (insecticide application) showed significantly reduced infestation in the spring," Whitworth said.

Although they were statistically reduced, Whitworth said from a practical standpoint they were not reduced enough to prevent significant damage if not treated in the spring. He said producers should

keep in mind that most conventional synthetic-organic insecticides provide two to three weeks residual activity, and knowing this is helpful in determining the most effective application time to delay egg laying and eggs from hatching.

The findings are preliminary, based on one year of study, but the researchers studied large plots of alfalfa from six different fields. The researchers will continue studying this fall and evaluate again in the spring of 2014.

For information about this research, go to the K-State Research and Extension bookstore ([www.ksre.ksu.edu/bookstore/pubs/mf2999.pdf](http://www.ksre.ksu.edu/bookstore/pubs/mf2999.pdf)).

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# One in six people will have a stroke in their life

Teri Ackerson was driving to Starbucks with her son — until suddenly she lost control of her left arm and became unable to speak.

Ackerson, a 43-year-old nurse, mother and triathlete, was having a stroke. After pulling over, she pointed to the clock in the car for her son to note the time, knowing just how important it would be for doctors to know when symptoms began. Fortunately, she was able to receive tPA, the clot-busting drug that must be administered within three hours of the onset of stroke.

"Even though I was a bit in denial, my son and I both recognized the warning signs of a stroke and sought immediate medical attention," Ackerson said. "I know stroke is something that can happen to anyone at any time and if it does, you have to act quickly. The longer you wait, the worse it can be."

One in six people worldwide will have a stroke in their lifetime. In the U.S., someone has a stroke every 40 seconds.

In recognition of World Stroke Day on Tuesday, Oct. 29, the American Heart Association/American Stroke Association urges those who care for others to learn the stroke warning signs, since bystanders often need to act fast in an emergency.

A new survey commissioned by the American Heart Association/American Stroke Association found that many people who care for family or friends at high risk for stroke don't know the potentially life-saving warning signs.

Only 41 percent of people who care for individuals with health concerns other than stroke know three or more stroke warning signs as compared to 58 percent of those who care for stroke survivors.

Knowledge of three or more stroke warning signs was slightly better (46 percent) among people who care for individuals with high blood pressure, a major risk factor for stroke.

Virtually all surveyed said they would call 9-1-1 if they thought someone was having a stroke, but a recent study showed more than a third of stroke patients don't get to the hospital by ambulance.

"The patient doesn't always recognize their own stroke and when they do, sometimes their symptoms make calling for help difficult, if not impossible," said Dr. Lechtenberg, neurologist and chairperson of the Kansas State Stroke Task Force. "Just like we need to learn CPR to save someone else's life, we need to learn how to spot a stroke and act fast for the best chance of a positive outcome."

The American Stroke Association's Together to End Stroke initiative, nationally sponsored by Covidien, a global healthcare product company, teaches the acronym F.A.S.T. to remember stroke warning signs:

**F - Face Drooping:** Does one side of the face droop or is it numb? Ask the person to smile.

**A - Arm Weakness:** Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

**S - Speech Difficulty:** Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence like, "The sky is blue." Is the sentence repeated correctly?

**T - Time to call 9-1-1:** If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital

immediately.

"Those with loved ones who have stroke risk factors should make it a priority to learn F.A.S.T. and teach others," said Dr. Lechtenberg. "Recognizing a stroke and calling 9-1-1 gives the patient a greater chance of getting to an appropriate hospital quickly and being assessed for life-saving treatment like a clot-busting drug or medical device."

The association offers a free mobile app to help people spot a stroke and identify award-winning hospitals nearby.

This year, 795,000 people in the United States will have a first or recurrent stroke. Other than a prior stroke, major stroke risk factors include:

**High blood pressure** – It's the most important controllable risk factor for stroke. About 77 percent of people who have a first stroke

have blood pressure higher than 140/90 mm Hg. An estimated 78 million Americans have hypertension.

**Transient ischemic attack** – About 15 percent of strokes are preceded by a TIA (or "mini stroke").

**Atrial fibrillation (Afib)** – It increases stroke risk up to five times and affects more than 2.7 million Americans.

**Smoking** – Current smokers have two to four times the stroke risk of nonsmokers or those who quit more than 10 years ago. In 2011, 21.3 percent of men and 16.7 percent of women 18 or older were cigarette smokers.

For more information about the stroke warning signs and mobile app, risk factors or Together to End Stroke, visit [www.StrokeAssociation.org](http://www.StrokeAssociation.org).

# Food loss costs consumers, ends up in landfills

You go to the grocery store and buy several items to make meals. Your week gets hectic, and you don't have time to cook the meals you had planned.

The foods you bought are now either past their peak or obviously spoiled.

Food loss not only spoils your budget, but poses a hindrance on your time, said Mary Meck Higgins, associate professor and extension specialist at Kansas State

University.

She said when food goes bad, consumers have to spend the time to shop for more food, bring it home, put it away, prepare it and take out the trash.

This adds up to more time and money than if the consumers hadn't wasted what they bought the first time.

Making people aware of avoidable food loss and how to prevent it is a goal of World Food Day, a

global movement to end hunger that is celebrated today.

It is a day to remember the estimated nearly 870 million of the 7 billion people in the world, or one in eight, who suffer from chronic malnourishment, according to the United Nations Food and Agriculture Organization, which established World Food Day.

While most malnourished people are from developing countries, more than 49 million people in the

U.S. struggle with hunger or food insecurity, and most are children.

Higgins, a registered dietitian, said more than one-third of the food produced in the U.S. is wasted, and on average, U.S. households throw away 14 percent of food purchases. If a person didn't waste food, she said, it would be like eating for free for 51 days or a little more than seven weeks.

"Realizing that you can get 51 days of free meals makes a little bit

of planning worth it," Higgins said.

"It makes a big difference not only in your time and your budget on the personal level, but it makes such a big difference in terms of our natural resources."

On the environmental level, Higgins said avoidable food loss is comparable to leaving the faucet running.

Wasted food ends up as solid waste in landfills, and as it decomposes, it produces methane that

warms the climate.

Higgins said the foods most likely to be wasted are fresh fruits and vegetables, beverages, bread and bakery products, dairy products, eggs, meat and fish.

Consumers can follow many tips to prevent food loss:

Make smart buying decisions, use what you have at home and prevent produce waste.

# Nut harvest to be good

It's time to start picking up Black Walnuts—and some extra income. Starting Oct. 1, Black Walnuts will bring Hammons highest price of \$13 per hundred pounds (after hulling). Enterprising individuals can pick up this bumper crop of wild Black Walnuts and sell them at 220 hulling sites in 12 states across the Midwest.

Although the poor conditions of 2012 produced a low harvest of the wild nuts, 2013 promises to be an abundant yield. Hammons Products Company is offering a high opening price for those who harvest and turn in Black Walnuts at the company's network of local purchasing sta-

tions. Pickers are encouraged to get the nuts in early, as the price could change later in the month. A complete list of hullers can be accessed at [www.black-walnuts.com](http://www.black-walnuts.com) or (888) 4BW-NUTS.

Black Walnuts are an American tradition, for both the annual fall harvest and the bold-flavored nutmeats. The nuts grow wild across the Midwest and are hand-foraged before being bagged for Hammons Products Company of Stockton, Missouri.

October is National Black Walnut Month in celebration of the harvest and the array of foods enhanced

by the rich flavor—from traditional desserts, baked goods and ice cream to savory fare and chef-inspired creations. Unlike regular walnuts, the American Black Walnut is a highly sustainable wild crop, grown free of orchards or chemicals. For recipes, visit [www.blackwalnutrecipes.com](http://www.blackwalnutrecipes.com).

Harvesting, processing, distribution, and marketing of Black Walnuts is performed primarily by Hammons Products Company of Stockton, Missouri. The company is family owned, and in its 67th year of operation.

## Specials for the week October 25-31

Drinks included. Dine-in or carry out!

- Friday, Oct. 25: Chili Burgers
- Saturday, Oct. 26: Pork Tenders & Fries
- Sunday, Oct. 27: Pan Fried Chicken
- Monday, Oct. 28: Potato Soup & Grilled Cheese
- Tuesday, Oct. 29: Spaghetti
- Wednesday, Oct. 30: Chicken Enchilada
- Thursday, Oct. 31: "Ghoulash"

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# Welcome!

## Dr. Faris Azzouni Urologist

### HaysMed Welcomes the Newest Member of the Western Kansas Urological Associates Team



Faris Azzouni, MD, obtained his medical degree from the University of Jordan and completed post-graduate training in General Surgery at Temple University Hospital, Philadelphia, and Urology Residency at Jordan University Hospital, Amman, Jordan.

He has completed fellowships in Pediatric Urology at Children's Hospital of Wisconsin, Milwaukee, and Uro-oncology/Robotic Surgery at Roswell Park Cancer Institute, Buffalo, New York.

He is a member of the American Urological Association and has presented at state and national urological association conferences. He has published extensively in American, European and Middle Eastern urology journals.

Dr. Azzouni specializes in pediatric urology, including urinary infections in children, urine reflux from the bladder to the kidneys, dilatation of the kidney and ureter, bedwetting, undescended testicles, deformities of the external genitalia and office circumcision.

He also specializes in the management of cancers of the urinary tract, which include open and minimally invasive surgical treatments of tumors/lumps of the prostate gland, urinary bladder, kidneys and testicles.

Dr. Azzouni is now accepting patients.

For more information about urological services at HaysMed's Western Kansas Urological Associates, call 1-855-429-7633.



**Dr. Darrell Werth**  
Urologist



**Dr. Kevin McDonald**  
Urologist



**Dr. Wallace Curry**  
Urologist



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# Researchers get grant to improve foster care

While some children who enter foster care have experienced some form of trauma, there currently is not a system for caregivers to identify such trauma and determine how to help them. University of Kansas researchers have won a \$2.5 million grant to develop a system to help screen foster children for trauma, develop treatment plans and monitor their progress as they grow.

Becci Akin, assistant professor of social welfare, and Alice Lieberman, professor of social welfare, are co-principal investigators on a five-year, \$2.5 million grant from the Children's Bureau of the Administration for Children and Families, part of the Department of Health and Human Services. During the first phase of the grant they will collaborate with KVC Behavioral Healthcare Inc. and St. Francis Community Services Inc. to determine the most appropriate, evidence-based, trauma-informed screening and

assessment tools for use with this population. In subsequent years, they will work to universalize the use of the tools within the agencies and evaluate the subsequent well-being of those children.

"They're agreeing to use the same screening and assessment tool for all children that enter foster care in Kansas, which will provide much more consistent and useful information about their social and emotional functioning," Akin said. "By using the same tool we'll be able to see how kids across Kansas are doing and evaluate that over time."

Children entering foster care can experience all manner of trauma, including extreme neglect, physical and emotional abuse, substance abuse by family members, death of a family member and being removed from their home. There hasn't been a common, standard method to determine the impact of that trauma on mental health and how care providers should incorporate that into their treatment plans. The tools will

enable social workers to assess children's social and emotional well-being as well as family functioning. Beyond making improvements to screening, assessment and case planning for individual children, the project will develop an outcomes tracking mechanism that permits statewide, systems-level progress monitoring.

Research has demonstrated that foster children who suffer trauma often experience significant problems later in life, including substance abuse, hospitalization, homelessness, unwanted pregnancy, violent behavior and severe emotional disorders. Recognizing and treating such trauma early has the potential to not only help children, but enable cost savings for the state and society at large by reducing the need for hospitalizations, incarceration and other associated costs, Lieberman said. Few states in the nation have universal screening and assessment tools in place to deal with trauma in young children, she

added, and the Kansas system could prove to be a national model.

During the grant project's second phase, researchers will evaluate the system and ensure an evidence-based service array fully meets the needs of foster children and their families. Akin and Lieberman will also track well-being as well as permanency and safety outcomes for children who have entered foster care during the grant period. Throughout the project social workers across Kansas will be trained in the use of screening and assessment tools, as well as in interventive methods that have been proven effective.

"We want to use tools whose validity and reliability have been well-documented and help social workers put them to use to help children," Lieberman said.

The assessment tool will be especially helpful for children age birth to five years old. While very young children are often more likely to be adopted, the effects of trauma regu-

larly don't show up until later in life. And for older children, recognizing and treating trauma will help make them more likely to be adopted.

"It seems obvious to us now, but unfortunately screening for trauma has not been happening for all children coming into foster care," Akin said.

The grant program will not only evaluate the well-being of foster children over time, but will continuously evaluate which interventions are effective, judging both by outcomes for the children and from a financial efficiency standpoint. And as the new system tracks progress and well-being of children in foster care, researchers will have focus groups with foster families, adoptive families and youth who have aged out of foster care to learn more about their experiences and how the current system could be

changed to better meet their mental health needs and promote stable adoptions.

The researchers said they look forward to helping children and social workers who serve them, but they are grateful to be able to serve the state as well.

"Our vision is to address the gap between research and practice," Akin said. "When researchers collaborate with practitioners, we maximize our potential to develop more effective services and policies."

"I truly hope we are helping the state serve children currently in foster care who have been freed for adoption," Lieberman said. "If we are successful, these kids are going to have a better shot at a good life."

# Fall is time to treat bindweed in fields

Field bindweed is a deep-rooted perennial weed that severely reduces crop yields and land value. This noxious weed infests just under two million acres across Kansas.



**jeanne falk**

extension district

Bindweed is notoriously hard to control, especially with a single herbicide application. In the fall prior to a killing freeze can be an excellent time to treat field bindweed especially when good fall moisture has been received. This perennial weed is moving carbohydrate deep into its root system during this period, which can assist the movement of herbicide into the root system.

The most effective control program includes preventive measures over several years in conjunction with persistent and timely herbicide applications. The use of narrow row spacings and vigorous, competitive crops such as winter wheat or forage sorghum may aid control.

Dicamba, Tordon, 2,4-D ester, and glyphosate products alone or in various combinations are registered for suppression or control of field bindweed in fallow and/or in certain crops, pastures, and rangeland. Apply each herbicide or herbicide mixture according to directions, warnings, and precautions on the product label(s). Single herbicide applications rarely eliminate established bindweed stands.

Applications of 2,4-D ester and

glyphosate products are most effective when spring-applied to vigorously growing field bindweed in mid to full bloom. However, dicamba and Tordon applications are most effective when applied in the fall. Most herbicide treatments are least effective when applied in mid-summer or when bindweed plants are stressed.

Paramount at 5.3 to 8.0 ounce per acre can be applied to bindweed in fallow prior to planting winter wheat or grain sorghum with no waiting restrictions. All other crops have a 10-month preplant interval. Paramount can be used on a sorghum crop to control field bindweed during the growing season. Fall applications of Paramount have been very effective as shown in the table below.

Additional noncropland treatments for bindweed control include Krenite S, Plateau, and Journey.

Considerable research has been done on herbicide products and timing for bindweed control. A complete set of charts outlining several studies with various products and timings are available on our website at [www.sunflower.ksu.edu](http://www.sunflower.ksu.edu) and on the Agronomy Tab.

## kansas classifieds

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## Got Drugs?

Drop off your unused medications for safe disposal.

### National Drug Takeback Day

Saturday, October 26

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Visit [www.ag.ks.gov](http://www.ag.ks.gov) to find a location near you.



**Kansas Attorney General**  
**Derek Schmidt**

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All Central Time, for Kansas Mountain Time Stations subtract an hour

# TV CHANNEL GUIDE

Tuesday Evening												October 22, 2013			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	S.H.I.E.L.D.		Goldbergs	Trophy	Shark Tank		Local	Jimmy Kimmel Live	Nightline						
CBS	NCIS		NCIS: Los Angeles		Person of Interest		Local	Late Show Letterman	Ferguson						
NBC	The Biggest Loser		The Voice		Chicago Fire		Local	Tonight Show w/Leno	J. Fallon						
FOX	Dads	Brooklyn	New Girl	Mindy	Local										
Cable Channels															
A & E	Storage	Storage	Hoggers	Hoggers	Hoggers	Hoggers	Storage	Storage Wars	Local						
AMC	Halloween III-Witch		Halloween 4				Halloween III-Witch		Local						
ANIM	North America		North America		Ultimate Swarms		North America	America	Local						
BET	Husbands- Ho.		Husbands	Husbands	The Game	The Game	Wendy Williams Show	Crossover	Local						
BRAVO	NeNe--Wedding		NeNe--Wedding		The New Atlanta		Happens	NeNe--Wedding	Atlanta						
CMT	Local	Local	Reba	Reba	Gremlins				Cops Rel.						
CNN	Piers Morgan Live		AC 360 Later		E. B. OutFront		Piers Morgan Live	Anderson	Local						
COMEDY	Tosh.0	Tosh.0	Brickie.		Daily	Colbert	At Midnig	Tosh.0	Daily	Local					
DISC	Local	Local	Tickle	Tickle	Tickle	Tickle	Tickle	Tickle	Buying th	Buying Al					
DISN	Local	Local	Austin	Liv-Mad.	Wolfblood	Twitches Too			Austin	ANT Farm					
E!	Giuliana & Bill		Tia & Tamara		Giuliana & Bill		Chelsea	E! News	Chelsea						
ESPN	30 for 30	2013 World Series	Series of Poker		SportsCenter		SportsCenter		SportCtr	Local					
ESPN2	College Football				Olbermann		Olbermann		Baseball	Local					
FAM	Ravenswood		Ravenswood		The 700 Club		Pretty Little Liars		Ravenswd	Local					
FOOD	Local	Local	Chopped		Chopped		Chopped		Chopped	Local					
FX	X-Men Origins				Sons of Anarchy		Sons of Anarchy		Sons of Anarchy	Anarchy					
HGTV	Income Property		Income Property		Hunters	Hunt Intl	House Hunters Reno		Income Property						

## AmericanProfile // CELEBRATING THE AMERICAN SPIRIT //

Wednesday Evening												October 23, 2013			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	Middle	Back in	Mod Fam	Super Fun	Nashville		Local	Jimmy Kimmel Live	Nightline						
CBS	Survivor		Criminal Minds		CSI: Crime Scene		Local	Late Show Letterman	Ferguson						
NBC	Revolution		Law & Order: SVU		Ironsides		Local	Tonight Show w/Leno	J. Fallon						
FOX	Series	Local	Local	Local											
Cable Channels															
A & E	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck D.	Duck Dynasty	Local						
AMC	Halloween 5		Halloween 5				Halloween 5: Revenge...		Local						
ANIM	River Monsters		Confessions		River Monsters		River Monsters	Monsters	Local						
BET	Scandal		Scandal		The Game	The Game	Wendy Williams Show	Womans	Local						
BRAVO	Million Dollar LA		Million Dollar LA		Top Chef		Happens	Million Dollar LA	Top Chef						
CMT	Local	Local	Mrs. Doubtfire					Cops Rel.	Cops Rel.	Local					
CNN	Piers Morgan Live		AC 360 Later		E. B. OutFront		Piers Morgan Live	Anderson	Local						
COMEDY	South Pk	South Pk	Key		Daily	Colbert	At Midnig	Key	Daily	Local					
DISC	Local	Local	Almost, Away		Almost, Away		Almost, Away		Almost, Away	Local					
DISN	Local	Local	Austin	Dog	Wolfblood	The Little Vampire			Austin	Local					
E!	Kardashian		Kardashian		The Soup	The Soup	Chelsea	E! News	Chelsea						
ESPN	NBA Prese	NBA Basketball			SportsCenter		SportsCenter		SportCtr	Local					
ESPN2	30 for 30		Shorts		SportsCenter		Olbermann		Baseball	Local					
FAM	Harry Potter				The 700 Club		Teen Witch		Local						
FOOD	Local	Local	Restaurant: Im.		Restaurant: Im.		Restaurant Stakeout		Restaurant: Im.	Local					
FX	X-Men: First Class				American Horror Story: Coven		Amer. Horror		American	Local					
HGTV	Property Brothers		Property Brothers		Hunters	Hunt Intl	Property Brothers		Property Brothers	Local					
HIST	American Pickers		American Pickers		American Pickers		American Pickers		Local						
LIFE	Betty	Betty	Betty		Chasing Nashville		Betty	Off Their Rockers	Local						
MTV	Awkward.	Snooki	Big Tips	Snooki	Awkward.	Hook Up	Hook Up	Hook Up	Big Tips	Local					
NICK	Local	Local	Sam & Cat	Drake	Full H'se	Full H'se	Full H'se	Full H'se	Full H'se	Local					
SCI	Ghost Hunters		Ghost Mine		Ghost Hunters		Ghost Mine		Scream	Local					
SPIKE	Walking Tall		The Bourne Identity				Criss		Criss	Local					
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Conan		Office	Conan	Local						
TCM	Two Girls and a Sailor		Castle on the Hudson		Trader Horn				Local						
TLC	Local	Local	Tallest Children		Strongest Toddler		40-Year-Old Child		My 40-Year-Old Child	Local					
TNT	Castle		Castle		The Mentalist		The Mentalist		Mentalist	Local					
TOON	King/Hill	Cleveland	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Chicken	Aqua Teen	Eaglehear	Local					
TRAV	Making Monsters		Terrifying Places		Most Terrifying		Chacking Monsters		Places	Local					
TV LAND	Raymond	Raymond	Cleveland	The Exes	King	King	The King of Queens		King	Local					
USA	Couples Retreat				White Collar		Law & Order: SVU		Local						
VH1	Miley: The Movement		Tough Love: Co-Ed		Tough Love: Co-Ed		Are We There Yet?		Local						
WGN	Rules	Rules	WGN News at Nine		How I Met	Rules	Rules	Parks	Parks	Local					
Premium Channels															
HBO	Local	Local	Hobbit-Unexpected						Boardwalk Empire						
MAX	Local	Local	Strike Back		Strike Back		Broken City								
SHOW	Local	Local	Block Party		Billy Gardell		Inside the NFL		Homeland						

Thursday Evening												October 24, 2013			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	Once Wonderland		Grey's Anatomy		Scandal		Local	Jimmy Kimmel Live	Nightline						
CBS	Big Bang	Millers	Crazy	Two Men	Elementary		Local	Late Show Letterman	Ferguson						
NBC	Parks	Welcome	Sean Save	Fox Show	Parenthood		Local	Tonight Show w/Leno	J. Fallon						
FOX	Series	Local	Local	Local											
Cable Channels															
A & E	The First 48		Beyond Scared Straig		Beyond Scared Straig		The First 48		Local						
AMC	Seed of Chucky		Bride of Chucky		Child's Play 2				Local						
ANIM	North Woods Law		North Woods Law		Alaska Gold Diggers		North Woods Law		North-Law	Local					
BET	Daddy Day Care				Husbands		Wendy Williams Show	Drumline	Local						
BRAVO	World	Quantum of Solace			Happens		Top Chef		Quantum						
CMT	Local	Local	Reba	Reba	League-Own				Local						
CNN	Blackfish				E. B. OutFront		Blackfish		Local						
COMEDY	Sunny	Sunny	Tosh.0	South Pk	Daily	Colbert	At Midnig	Adam D.	Daily	Local					
DISC	Local	Local	Fast N' Loud		Fast N' Loud		Fast N' Loud		Fast N' Loud	Local					
DISN	Local	Local	Austin	Liv-Mad.	Wolfblood	Wolfblood			Fish Hook	Jessie					
E!	Secret Societies of				Hollywood Death Trip		Chelsea	E! News	Chelsea						
ESPN	College Football				SportsCenter		SportsCenter		SportCtr	Local					
ESPN2	Wm. Volleyball				Olbermann		Olbermann		Baseball	Local					
FAM	Men in Black				The 700 Club		Teen Wolf		Local						
FOOD	Local	Local	Chopped		Anne Burrell		Chopped		Restaurant Divided	Local					
FX	Salt			Anger					The Sixth Sense	Local					
HGTV	Cousins Undercover		Income Property		Hunters	Hunt Intl	Hunters	Hunt Intl	Income Property	Local					
HIST	Pawn	Pawn	Pawn		American	American	American		Pawn Stars	Local					
LIFE	Project Runway		Million Dollar		Project Runway		Project Runway		Local						
MTV	Teen Mom 3		Scrubbing In		Scrubbing In		Scrubbing In		Ridic.	Local					
NICK	Local	Local	Hathaways	Drake	Deadline	Deadline	Full H'se	Full H'se	Full H'se	Local					
SCI	Underworld				Red: Werewolf Hunter		Rampage	Cops	Pitch Black	Local					
SPIKE	IMPACT Wrestling								Criss	Local					
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Conan		Office	Conan	Local						
TCM	House of Wax		The Mad Magician		House of Usher		Diary of a Madman		Local						
TLC	Local	Local	48 Hours: Hard Evid.		48 Hours: Hard Evid.		48 Hours: Hard Evid.		48 Hours: Hard Evid.	Local					
TNT	NBA Preseason Basketball		Hawaii Five-0		Hawaii Five-0		Preview		Local						
TOON	King/Hill	Cleveland	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Childrens	The Eric	Eaglehear	Local					
TRAV	Mysteries-Museum		Mysteries-Museum		Hid. City	Hid. City	Mysteries-Museum		Mysteries	Local					
TV LAND	Raymond	Raymond	Friends	Friends	King	King	The King of Queens		King	Local					
USA	White Collar		Covert Affairs		Law & Order: SVU		White Collar		Local						
VH1	Love & Hip Hop		Miami Monkey		Love & Hip Hop		Love & Hip Hop		Hip Hop	Local					
WGN	How I Met	How I Met	WGN News at Nine		How I Met	Rules	Rules	Parks	Parks	Local					
Premium Channels															
HBO	Local	Local	This Means War		Muhammad Ali		Strike Back		Warm Bodies						
MAX	Local	Local	Descendents	A Night at the Roxbury			Unhuno Hero								
SHOW	Local	Local	Flying Blind		Knife Fight				Homeland						

Friday Evening												October 25, 2013			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	Last Man	Neighbors	Shark Tank		20/20		Local	Jimmy Kimmel Live	Nightline						
CBS	Undercover Boss		Hawaii Five-0		Blue Bloods		Local	Late Show Letterman	Ferguson						
NBC	Dateline NBC		Grimm		Dracula		Local	Tonight Show w/Leno	J. Fallon						
FOX	MasterChef		Simpsons	Simpsons	Local										
Cable Channels															
A & E	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage Wars	Local						
AMC	The Exorcist		The Walking Dead		The Mummy				Local						
ANIM	To Be Announced		Tanked: Unfiltered		To Be Announced		Tanked: Unfiltered		Wildman	Local					
BET	Hip H. Awards		Chocolate Sundaes: Live		Husbands		Wendy Williams Show		Streets	Local					
BRAVO	Styled to Rock		2 Fast 2 Furious		2 Fast 2 Furious					Local					
CMT	Local	Local	We Are Marshall		Cowboys Cheerleaders		Cassadee		Cassadee	Local					
CNN	Piers Morgan Live		A Cooper	UnGuarded	Anthony Bourd.		Anderson Cooper 360		A Cooper	Local					
COMEDY	Tosh.0	Tosh.0	Key	Key	Tosh.0	South Pk	Ghostbusters			Local					
DISC	Local	Local	Gold Rush: Pay Dirt		Gold Rush: The Dirt		Gold Rush: Queen			Local					
DISN	Local	Local	Austin	Jessie	Toy Story	Monsters, Inc.			Good Luck	Austin					
E!	Kardashian		Fashion Police		Hello Ross		Chelsea	E! News	Chelsea						
ESPN	College Football				SportsCenter		SportsCenter		SportCtr	Local					
ESPN2	Soccer		E:60		Olbermann		Olbermann		NFL Live	Local					
FAM	Beetlejuice				The 700 Club		Pottergeist II: The Other Side		Local						
FOOD	Local	Local	Diners	Diners	Halloween Wars		Diners	Diners	Diners	Local					
FX	Green Lantern				Green Lantern		Shutter			Local					
HGTV	Hawaii	Hawaii	Beach	Beach	Hunters	Hunt Intl	Hunt Intl	Hunt Intl	Beach	Local					

## AmericanProfile // CELEBRATING THE AMERICAN SPIRIT //

HIST	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers		Local				
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### LOST AND FOUND

**FOUND: Delta ribbed drive belt.** New in the package. Stop by the Goodland Star-News to claim. -10-18-29-

### FREE

**FREE KITTENS to good homes.** Call Tracy at (785) 821-5441. Goodland. -10-1-tfn

### GARAGE SALES

**924 E. 7th, Saturday, Oct. 26, 8:30 a.m. to 6 p.m..** Saddles and tack, dishes, microwaves, boys clothing sizes 3 and 4 and lots of misc. 10-22-10-25-

**6 family garage sale KC Hall, 7th and Caldwell, Goodland Oct. 25, 3 p.m. and Oct. 26, 8 a.m.,** glassware, Fostoria Indiana china, 6 tables of jewelry, new and antique. 50¢ to \$100.

**Knights of Columbus Hall in Goodland (7th & Caldwell).** Friday, October 25 starting at 3 p.m. MT. Saturday, October 26 starting at 8 a.m. MT. FULL HALL! Antiques, glassware, everything...mowers, tools.

### WANTED

**Junk batteries, non-ferrous metals and iron.** Darrel Bowen. Phone 785-899-2578. -tfn-

### NOTICE

**American Profile Cookbooks Available!** Stop by The Goodland Star-News. -tfn-

**Advertising Deadlines (box and line ads):** Tuesday edition (Friday at noon). Friday edition (Wednesday at noon). Please check your ad the first time it runs. If you find an error, please

call us at (785) 899-2338 so it can be corrected, since we will not be responsible for errors after that first day. Thank you! The Goodland Star-News.

### HELP WANTED

**McClure Plumbing and Heating,** a service-oriented company, is accepting applications for HV AC/R Technicians. Job entails maintenance, repair and installation of heating, air conditioning and refrigeration systems. Offices located in Colby and Goodland, KS. Contact Mitch McClure, McClure Heating and Plumbing, Inc., 720 N. Franklin, Colby, KS 67701. Phone: (785) 462-7314. Fax: (785) 462-8133. -10-15-10-25-

**Full-time position available,** apply in person at Conoco Travel Shop, 2423 Enterprise Road.

**PSI Transport is always looking** for good company livestock and grain haulers as well as shop mechanics. Competitive pay, life/health/dental benefits and bonus program available. EOE. (785) 675-3477. -6-10-TFN

### FOR SALE

**Front-loading washer and dryer set,** just around 2 years old. \$1,200 for set. Call (785) 821-2945. -10-22-11-1

**AKC Bullmastiff pups.** Good watch dogs, good baby sitters. Real pals! (785) 899-2982. -10-10-10-25-

**2006 Yamaha 1100 motorcycle.** New battery, low mileage, very nice. Call (785) 890-3233, leave message. -10-18-10-29

**Home and lots for sale in Wes-**

**kan.** 4 bedroom, 2 bath with garage and shed. 2.3 acres. Call (785) 821-2098 for more information. -10-11-10-29-

**2 Harley Davidson die cast models.** 1-1:10 scale Hot Wheels HD Softail. 1-1:10 scale Maisto FLSTS Heritage Springer. Still in original boxes! Call Gary at (719) 350-0705.

**AWP tool belt/pouches** with kidney belt and suspenders. Paid \$100 plus, asking \$50. Call Gary at (719) 350-0705.

**1 acre lot, all utilities,** Willcox, Arizona. \$29,000 OBO. Call (785) 890-5800. Goodland. -9-3-10-25-

**FIREWOOD FOR SALE** in Goodland. Call (785) 890-7224 or (785) 821-2814. -12-11-tfn-

### FOR RENT

**For Rent: Storage unit on 5th & Caldwell.** Contact Terry Richardson at Homestead Realty (785) 899-2328. -10-11-tfn-

**Houses and apartments** in Goodland, KS. All sizes. Call for details. (785) 890-6538. -6-

**Houses and apartments.** Cole Real Estate. 785-899-2683. -tfn-

### SERVICES

**Burlington-Goodland area.** Residential overhead door service and repair, 20 years experience. Call Gary at (719) 350-0705. -7-12-tfn

**CAT'S TNT for jewelry,** vinyl graphic designs, massages, quilting and more! Stop by 1018 Main, Goodland - 3-23-tfn

## public notice

### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS CIVIL COURT DEPARTMENT

CITIMORTGAGE, INC., SUCCESSOR IN INTEREST BY MERGER TO ABN AMRO MORTGAGE GROUP, INC., Plaintiff

vs.

WILLIAM F. DYCUS A/K/A WILLIAM FRED DYCUS, et al., Defendant

Case No. 13 CV 19  
Title to Real Estate Involved

### NOTICE OF SHERIFF'S SALE

NOTICE IS HEREBY GIVEN, that under and by virtue of an Order of Sale issued by the Clerk of the District Court of Sherman County, Kansas, in the case above numbered, wherein the parties above named were respectively plaintiff and Defendant, and to me, the undersigned Sheriff of Sherman County, Kansas, directed, I will offer for sale at public auction and sell to the highest bidder for cash in hand at the steps of the Sherman County Courthouse, 813 Broadway in Goodland, Kansas on November 5, 2013, at 10:00 AM of said day, the following described real estate situated in the County of Sherman, State of Kansas, to-wit:

LOT SEVEN (7), EIGHT (8), NINE (9) AND TEN (10), IN

BLOCK TWENTY-FIVE (25), IN THE FIRST ADDITION TO THE CITY OF GOODLAND, KANSAS, ACCORDING TO THE RECORDED PLAT THEREOF ("Property")

said real property is levied upon as the property of Defendant William F. Dycus a/k/a William Fred Dycus and all other alleged owners and will be sold without appraisal to satisfy said Order of Sale.

SHERMAN COUNTY SHERIFF

Submitted by:  
MARTIN, LEIGH, LAWS & FRITZLEN, P.C.

Beverly M. Weber K S #20570  
Dustin J. Stiles K S #25152

ATTORNEY FOR PLAINTIFF MARTIN, LEIGH, LAWS & FRITZLEN, P.C. IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

Published in The Goodland Star-News, Tuesday, October 15, 22 and 29, 2013.

### 2012 PERSONAL PROPERTY TAXES

112.92 Anderson, Jon, 1950 Road 72, Goodland KS 67735-8972, 57.53

250.55 Deep Rock Exploration INC, 1010 Road 62 Goodland KS 67735, 187.50

330.71 Ford, Harrison, 1407

Grand , Goodland KS 67735, 263.98

382.84 Goodland Steakhouse & Diner, 1841 S Nome CT, Aurora CO 80012-5227, 313.72

1,035.93 Goody's, 1201 E 8th ST, Goodland KS 67735, 936.76

63.25 Hoffman, Corbin, 825 W Hwy 24 Lot C6, Goodland KS 67735, 8.82

176.81 Lair, Diane, 2810 Commerce RD Lot #20, Goodland KS 67735, 117.16

1,322.76 M I M LTD, PO Box 3, Stratton CO 80836, 1,210.40  
98.78 Pitney Bowes Global Financial SVCS , 27 Waterview Drive, Shelton CT 06484-4361, 42.72

124.59 Santibunes Miguel, 919 E Hwy 24 Lot #6, Goodland KS 67735, 67.34

111.08 Slusher, Harold, 1607 Texas, Goodland KS 67735, 54.46

143.81 Yarger, Larry L &, 1201 East 8th ST, Goodland KS 67735-2254, 85.68

228.38 Yarger, Michael J &, 1201 East 8th ST, Goodland KS 67735-2254, 166.36

281.93 Yarger, Michael J &, 1201 East 8th ST Goodland KS 67735-2254, 217.44

119.95 Yarger, Michael J &, 1201 East 8th ST, Goodland KS 67735-2254, 62.92

129.83 Yarger, Michael J &, 1201 East 8th ST, Goodland KS 67735-2254, 72.34

251.51 Yarger, Mike, 1201 E 8th ST, Goodland KS 67735-2254, 188.42

69.72 Yarger, Mike, 1201 E 8th ST, Goodland KS 67735-225, 15.00

5,235.35 Grand Total

The above listing of Delinquent Personal Property Taxes is in accordance to KSA 19-547 and is a true and accurate list. Certified to the Clerk of District Court this 4th day of October, 2013

April J Hall  
Sherman County Treasurer.

Published in The Goodland Star-News, Tuesday, October 8, 15 and 22, 2013.

IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS FILED PURSUANT TO CHAP-

### TER 59 OF THE KANSAS STATUTES ANNOTATED

IN THE MATTER OF THE ESTATE OF ARLENE R. LOWRY

CASE NO. 13-PR-09

### NOTICE OF HEARING ON PETITION FOR FINAL SETTLEMENT

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified a Petition was filed on the 3rd day of October, 2013, in said court, by Sherry Robinson, executor of the estate of Arlene R. Lowry, deceased, praying for a final settlement of the estate, approval of her acts, proceedings and accounts as executor allowing for attorney's fees and expenses, determination of the heirs, devisees and legatees entitled to the estate and assignment to them in accordance with the Will of Arlene R. Lowry, deceased.

You are required to file your written defenses thereto on or before the 30th day of October,

2013, at 10:00 o'clock A.M. on such day, in such court, in the City of Goodland, Sherman County, Kansas, at which time and place the cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the petition.

Sherry Robinson,  
Petitioner

VIGNERY & MASON LLC  
214 E 10th P O Box 767  
Goodland KS 67735  
Telephone: 785-890-6588  
Attorney for Petitioner

Published in The Goodland Star-News, Tuesday, October 8, 15 and 22, 2013.

## Sponsored by The Goodland Star-News

1205 Main  
Goodland, Kan. 67735  
899-2338

"O, KI"

P	I	C	A	S	A	R	A	L	S	L	A	V
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K	U	B	L	A	I	K	H	A	N	A	X	E
E	R	A	R	N	S	B	Y	A	M	I	L	E
S	E	N	S	E	D	A	L	A	N			
K	R	I	S	S	K	R	I	N	G	L	E	
P	O	S	Y	C	I	C	A	D	A	T	A	X
A	N	T	E	S	T	O	Y	S	W	O	R	E
R	C	A	A	N	O	R	A	K	I	N	K	S
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G	R	O	W	N	U	P	M	A	C	L	I	E
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U	S	E	R	E	L	A	N	L	E	V	E	L
E	A	R	S	S	E	N	D	E	W	E	R	S

### TIRE TECH NEEDED

Kansasland Tire-Goodland is hiring a full-time tire tech. We offer a competitive pay with benefits and commission. We are willing to train the perfect candidate. Must have valid driver's license. Please apply in person at 1402 Main in Goodland.



### Sponsored by

## The Goodland Star-News

1205 Main  
Goodland, Kan. 67735  
899-2338

5	6	3	8	1	9	7	4	2
8	2	4	7	6	3	5	1	9
7	1	9	5	4	2	3	6	8
3	8	1	4	9	5	6	2	7
9	7	5	1	2	6	8	3	4
6	4	2	3	7	8	9	5	1
4	5	7	6	8	1	2	9	3
2	3	8	9	5	4	1	7	6
1	9	6	2	3	7	4	8	5

## Time for a New Career?

The Goodland Star-News is looking for a **FULL TIME ADVERTISING EXECUTIVE** to join our team selling advertising for Nor'West Newspapers. Work week is 40 hours. Computer skills are helpful but not required. Must have good communication skills, excellent customer service skills with attention to detail, and enjoy a fast-paced atmosphere.

Send a resume to:  
**Kevin Bottrell, Editor,**  
1205 Main, Goodland, KS 67735,  
or apply in person. No calls please.

The Goodland Star-News  
1205 Main, Goodland, KS 67735

## FUN BY THE NUMBERS

					9	2	8
	3		9	5			
9		6	8	2			
	8		7		1	4	
4			6				
		4	2		8	7	
8			3		6	9	1
9						5	4
	7	1	5	6		3	

Level: Beginner

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# Cowboys pull off narrow win

The Goodland High School varsity football team pulled off a narrow victory over Clay Center in the opening round of district play on Friday.

The Cowboys got a one-point lead in the first quarter and kept it throughout the rest of the game as defenses on both teams forced punt after punt. Goodland ended up with the 8-7 win.

With the win, the Cowboys are 4-3 for the season and 1-0 in district play – which determines who will compete in first round of post-season play. In the other district game on Friday, Concordia beat Colby 22-12.

The Cowboys will play Concordia in the final home game of the regular season at 6 p.m. Friday

at Cowboy Stadium. Their final game will be at Colby on Thursday, Oct. 31.

Clay Center scored the first touchdown early in the first quarter. They made the extra point to take a 7-0 lead.

The Cowboys nearly had a touchdown when on a fourth down Nolan Deeds caught a pass at the corner of the endzone, but it was ruled out of bounds. After the turnover on downs, John Peden intercepted the ball at the 26 yardline, giving the ball back to the Cowboys.

Trey Teeter ran the ball to the 18 yardline, then gave it to Garrett Taylor, who ran it to the five. On the next play, Taylor got across the goal line but

fumbled. A flag on the play stopped Clay Center from getting the ball back. An interception was also called back due to an interference call. Finally Teeter made a quarterback sneak that got the Cowboys a first down inside the one yardline. Taylor ran it in for a touchdown.

The Cowboys made a successful two-point conversion, not knowing that it would turn out to be the game-winning decision.

Neither team would score any more points in the remaining three quarters. Up by one point in the final minutes, Goodland got the ball back and took a knee to run out the clock.

# Volleyball team goes 4-1 at league meet

The Goodland High School volleyball team nearly had the Great West Activities Conference title this year, going 4-1 at the league meet in Colby on Saturday.

Ulysses won the title with a 5-0 record. Holcomb was third, Colby; fourth; Scott City, fifth; and Hugoton, sixth.

Goodland played the first match of the day against Colby, winning in three sets 25-22, 23-25 and 25-15.

The Cowgirls then beat Hugoton in two, 25-18 and 25-22. They beat Holcomb in the first match 28-26 and lost the second 13-25. They fought back to win the third set 25-22.

The girls' only loss of the day came against league champions Ulysses, 21-25 and 26-28. They won their final game against Scott City 20-25, 25-12 and 25-16.

Next action for the Cowgirls will be at the Class 4A Division II Sub-State tournament on Saturday in Colby.

The team celebrated senior night last Tuesday with two wins against Hill City and Oakley.

The Cowgirls won the first set against Hill City 25-8, but had to work harder to win the second set 25-23. The team beat Oakley in two sets, 25-19 and 25-20.

Individual stats include: Taryn Bedore: 22 kills, three block, 33 assists, 18 digs and five aces.

Faith Biermann: 10 kills, two blocks, 19 assists, 11 digs and four aces.

Grace Cole: four digs and one ace.

Kaitlynn Daise: one kill and three digs.

Ellie House: 14 kills, one block, 17 digs and three aces.

Kate-Lynn King: 17 kills, six block and seven digs.

Kyndell King: one block and one assist.

Cheyenne Ortnor: five digs.

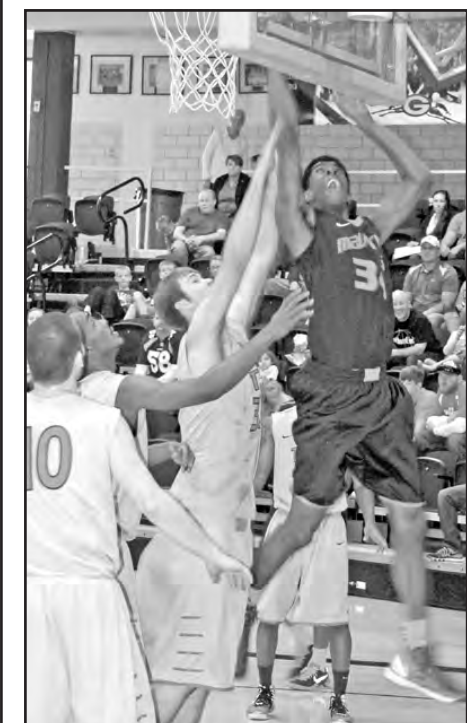
Kaitlyn Raile: six digs and one ace.

Margeaux Thompson: three digs.

Between the matches, the team's senior players – Bedore, House and Tove Vernberg – and their parents were recognized.



# Mavericks delight crowd at dunk contest, scrimmage



The Northwest Kansas Technical College men's basketball team held a slam dunk contest and intra-squad scrimmage on Saturday at the Max Jones Fieldhouse. In the dunk contest, Dr. Travis Daise (above, from left), Brian Linin, Gage and Gannon Ihrig and Brad Bergsma served as judges. They declared No. 10 Jackson Hussey from Australia (right) the winner. During the scrimmage that followed the dunk contest, Izais Hicks of Staten Island, N.Y. went up for a layup.

Photo by Kevin Bottrell  
The Goodland Star-News



# Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15			16				
17				18								
19				20			21					
		22				23						
		24	25				26			27	28	
29	30					31			32		33	
34					35	36			37			
38				39					40			
	41	42					43	44				
			45				46					
	47	48				49			50	51	52	
53						54			55	56		
57									58			
59					60				61			

- CLUES ACROSS**
- 1st, 2nd & 3rd in baseball
  - Sew up a hawk's eyes
  - Wyatt \_\_, OK Corral
  - N'Djamena is the capital
  - Be a connector
  - To accustom
  - Cornflower
  - Former CIA
  - Bark sharply
  - Actress Barkin
  - Cathode-ray tube
  - Shallowest Great Lake
  - Surface of a plane figure
  - Bird of prey
  - A large number
  - Chums
  - Express pleasure
  - Capital of Yemen
  - Sanctify
  - Hyperbolic cosecant
  - Central Standard Time
  - Seed of the legume family
  - Drove in golf
  - Without difficulty
  - Without (French)
  - Politicians (informal)
  - Not happy
  - Spiritual being
  - Male child
  - The cry made by sheep
  - Handheld image enlarger
  - Inventiveness
  - Column style
  - Impudence
  - 33 1/3 records
  - Berkeley's sister city
- CLUES DOWN**
- Lymph node plague swelling
  - Freshwater duck genus
  - Dog attacks
  - Eilat Airport
  - Visualize
  - A young pig
  - Wyatt \_\_, OK Corral
  - Point one point S of due E
  - Those who give freely
  - Small slice of meat, especially veal
  - Dislike intensely
  - Egyptian sun God
  - Animal lair
  - Dutch flowers
  - A Greek harp
  - O. Twist's author's initials
  - Periods of time
  - \_\_ Claus
  - Actress Lupino
  - Green regions of desert
  - Any competition
  - Salem, MA, teachers college
  - Container for display
  - Ink writing implement
  - Hogshead (abbr.)
  - As much as one can eat
  - Puts in a horizontal position
  - Cotangent (abbr.)
  - Vitamin H
  - Book hinges
  - Voiced musical sounds
  - In the year of Our Lord
  - Japanese entertainment firm
  - Comedian Carvey
  - Bird reproductive bodies
  - Rests on a chair
  - River border
  - Largest continent
  - Plural of ascus
  - Prefix for ill
  - Small bark
  - Geographic Information System
  - Mauna \_\_, Hawaiian volcano

## School calendar for October 23-29

Goodland High School • Grant Junior High School  
West Elementary School • Central Elementary School

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Goodland, KS  
(785) 899-5011

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(785) 899-2352

**Hitchcock INC. of GOODLAND VALLEY**

The Leader in Precision Irrigation

328 W. Hwy. 24, Goodland, KS  
(785) 899-5628

**CASE III AGRICULTURE**

AG POWER EQUIPMENT SUPPLY

124 W. Highway 24, Goodland, KS  
(785) 899-3432

Wednesday:  
7:30 a.m.: PLC  
FCCLA District A Fall Leadership Conference

Thursday:  
4-8 p.m.: Parent/Teacher conferences

Friday: NO SCHOOL  
4-8 p.m.: Parent/Teacher conferences  
6 p.m.: Varsity Football, here, versus Concordia-Senior Night

Saturday:  
ACT test date  
Regional Cross Country  
Girls Sub-State Volleyball

Monday:  
Board of Education meeting  
High Plains Marching Band Festival at FHSU

Tuesday:  
6 p.m.: 3rd Grade Vocal concert in HS Auditorium

Linda & Walt Linthacum  
- Owners/Agents  
**L & W**  
Andrist  
Insurance Agency, LLC  
102 E. 8th (8th & Main), Goodland, KS  
(785) 890-5678 • 800-892-4245

**SHORT & SON INC.**  
SINCE 1934

Goodland, KS 67735  
PHONE: (785) 899-2592  
Livestock & Machinery Hauling  
Bonded Livestock Dealers

**PS Crop Production Services**

Highway 27, Goodland  
(785) 899-5601

We proudly support our area schools!

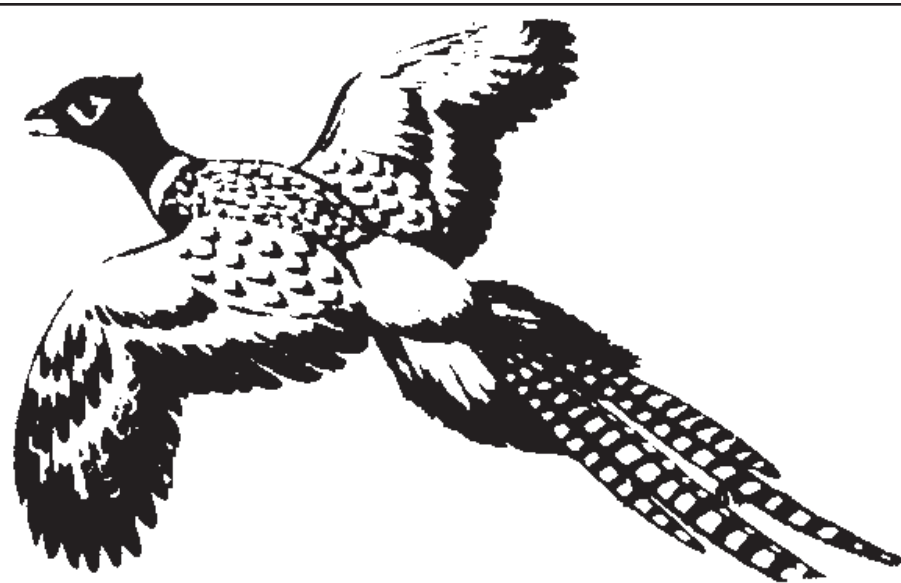
The **Goodland Star-News**

1205 Main, Goodland, KS 67735  
Phone: (785) 899-2338  
Email: star.news@nwkansas.com

The crossword puzzle brought to you by:  
**The Goodland Star-News**  
1205 Main, Goodland, Kan. 67735  
(785) 899-2338

Lunch Break, We're There.  
**The Goodland Star-News**

# 52<sup>nd</sup>



## Anniversary

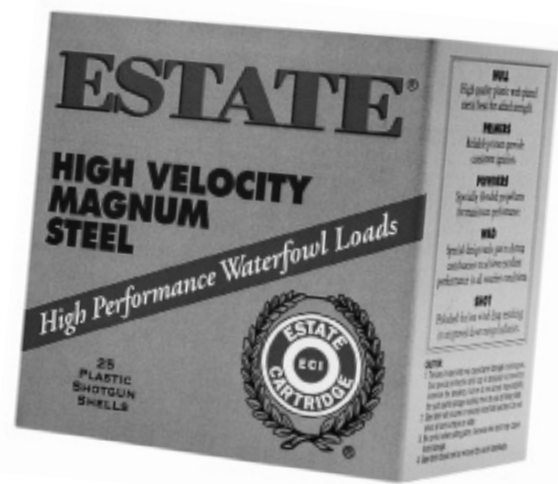
# Dale's Fish 'N' Fun, Inc.

### Store Wide Sale

### Friday, Saturday & Sunday, Oct. 25, 26 and 27

Open Friday: 9 a.m.-5:30 p.m.; Saturday: 9 a.m.-6 p.m.; Sunday: 1-4 p.m.

Save  
Storewide  
Sale



Large selection of  
**Estate**  
Loads In Stock



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[WWW.DALESFISHNFUN.COM](http://WWW.DALESFISHNFUN.COM)

## Dale's Fish 'N' Fun, Inc.

WHOLESALE SPORTING GOODS



502 East Frontier Parkway, Oberlin, Kan. – Phone (785) 475-2201

Bob Woolsey and Joe Dejmal