

weather report



17°
10 a.m.
Monday

Today

Sunset, 4:47 p.m.
Wednesday
Sunrise, 7:05 a.m.
Sunset, 4:48 p.m.

Midday Conditions

- Soil temperature 28 degrees
- Humidity 77 percent
- Sky cloudy
- Winds southeast 12 mph
- Barometer 30.24 inches and falling
- Record High today 68° (1943)
- Record Low today -6° (2007)

Last 24 Hours*

High Sunday	23°
Low Sunday	-3°
Precipitation	none
This month	0.01
Year to date	0.01
Below normal	0.14 inches

The Topside Forecast

Today: Mostly sunny with a high near 34, winds out of the west at 10 mph and a low around 19. Wednesday: Sunny with a high near 47, winds out of the northwest at 10 to 15 mph and a low around 21.

Extended Forecast

Thursday: Sunny with a high near 48 and a low around 20. Friday: Sunny with a high near 51 and a low around 20. Saturday: Sunny with a high near 48 and a low around 19.

(National Weather Service)
Get 24-hour weather info. at 162.400 MHz.

local markets



10 a.m.

Wheat — \$7.64 bushel
Posted county price — \$7.43
Corn — \$7.29 bushel
Posted county price — \$7.04
Milo — \$6.84 bushel
Soybeans — \$13.41 bushel
Posted county price — \$13.36
Millet — no bid
Sunflowers
Oil current crop — \$23.65 cwt.
Confection — no bid
Pinto beans — \$28
(Markets by Scouler Grain, Sun Opta, Frontier Ag and 21st Century Bean. These may not be closing figures.)

inside today

More local news, views from your Goodland Star-News



Cowboy wrestlers win tournament

The Goodland High School wrestling team, ranked fifth in the state in 4A, won the Rossville Invitational tournament last week, with two wrestlers placing first in their brackets.

See Page 8

No serious flu cases yet in Goodland

By Pat Schiefen

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Goodland Regional Medical Center hasn't admitted anyone with flu as of Friday, but there has been a lot of activity with people still getting flu shots and going to the doctor with flu-like symptoms, said Tina Goodwin with hospital's marketing office.

"Goodland Regional Medical Center is taking some preliminary precautions to limit the spread of flu and other germs by keeping the doors into the in-patient area of the facility closed at this time," she said. "Visitor access has not been limited, but if you are feeling

ill, it may be best not to come visit a patient in the hospital."

Goodwin put out a release last week with some simple precautions to avoid catching the flu.

- Practice good hand hygiene. Wash your hands often with soap and water. If soap is not available, use an alcohol-based hand rub. Avoid touching your eyes, nose or mouth to prevent the spread of germs.

- Cover your nose and mouth with a tissue when you cough or sneeze and throw the tissue in the trash after you use it. Try to avoid close contact with sick people and if you

become ill limit your contact with others.

Symptoms of influenza include fever, headache, extreme tiredness, dry cough and muscle aches. Complications can include pneumonia, ear and sinus infections and dehydration; influenza may also worsen other chronic conditions. Anybody with flu-like symptoms should contact their healthcare provider or the Goodland Family Health Center before coming to the doctor's office, hospital or emergency room. This will allow staff to make the necessary precautions to limit the exposure to other patients. For more information about the flu, please go to the

GRMC website at www.goodlandregional.com or contact the Goodland Family Health Center at (785) 890-6075.

According to the Centers for Disease Control, flu has hit the Kansas hard this year. It and 40 other states are designated as having a "widespread" flu outbreak.

In a release last week, Kansas State Secretary of Health and Environment Robert Moser said the typical peak for flu is February, but flu rates in Kansas so far are higher and earlier than what the state usually reports. The rate

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Dust storm rolls in Friday

In a scene reminiscent of the 1930s, a heavy dust storm developed in Sherman County around lunchtime Friday. The National Weather Service recorded sustained wind speeds up to 38 mph, with gusts up to 49 mph. Visibility was down to a mile in some places. The heavy dust lasted for at least two hours and coated the existing snow with a layer of dirt. It snowed late Friday evening, and temperatures stayed well below freezing over the weekend.

Photos by Kevin Bottrell
The Goodland Star-News



Documentary film chronicles life of modern cowboys

By Kevin Bottrell

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About 30 people came to the Sherman Theater on Saturday to see "Gathering Remnants," the second in a film series being put on in conjunction with "The Way We Worked," the traveling Smithsonian exhibit on display at the High Plains Museum.

The 2010 film by Kendall Nelson tells about the lives of modern-day cowboys through interviews with cowboys who work in Nevada,

Idaho, Oregon and Texas. It covers the cowboy way of life, which has both changed and stayed the same over the past 100 years. Nelson also created a book and photography collection on the subject, which can be viewed at <http://www.gatheringremnants.com>.

Museum Director Karen Anderson said Nelson had wanted to come to Goodland for the screening but had a scheduling conflict.

After the film, Ken Klemm, a Sherman County rancher and coun-

ty commissioner-elect, spoke about his time as a cowboy.

"It's a great life," he said. "It's got a way about it. When you get around it you can just feel it."

Cowboying is about the same everywhere, he said, commenting on the film. He spoke about how most cowboys are drifters by nature, rarely planning to stay in one place long, but usually not leaving a ranch owner in a bind when they go.

Klemm himself has moved around a lot. He said he started out

as a mountain hand in Wyoming, making a living by trapping and being a hunting guide. Then the fur market collapsed, forcing him to move on.

"Trapping has never come back since the 1980s," he said.

Klemm went to the San Luis Valley in southwest Colorado to work as a day laborer and a cowboy at a ranch that had a herd of bison, which can be more profitable, but take more knowledge and skill to manage.

"I really liked them," he said. "They are really good at taking care of themselves."

Klemm was eventually made the manager of that ranch by its Japanese owners. He moved to a ranch in Laramie, Wyo., and this time, Klemm said, he got a percentage of the bison herd after a few years and moved to Sherman County. He chose Sherman County because grass values were low at the time

See FILM, Page 5

Roosters get big crowd



More than 450 people attended the annual High Plains Roosters banquet on Saturday at the Elks Lodge. High Plains Roosters is the Sherman County chapter of Pheasants For-

ever. The banquet also included a live and silent auction and special drawings.

Photo by Kevin Bottrell/The Goodland Star-News

Drunk driver's parole revoked over arrest

The woman who pled no contest to killing three Goodland women in a car wreck eight years ago has had her parole revoked after being arrested on suspicion of driving drunk.

Jennifer Lyn Adams, 36, was arrested in October in Bixby, Okla., on charges of driving under the influence, drug possession, driving left of center and transporting an open container. When Oklahoma prosecutors learned of her criminal history, the charges were dropped so felony charges could be filed. Adams had served six years in prison for the 2004 drunk-driving wreck that killed Mary Wyant, Aline Becker and Christine Williams.

However the Kansas Department of Corrections issued a warrant on Wednesday for Adams for parole violation. The terms of her parole prohibit consumption of alcohol and other drugs, and the violation allows the Department of Corrections to send her back to prison. A department spokesperson told the *Lawrence Journal-World* Adams would be transported back to Kansas.



patient news

Margie Albers has been moved to Kaiser Rehab, Room 234B, 1125 S. Trenton Ave., Tulsa, Okla. 74120. Cards may be sent to her there.

genesis and salvation army

Genesis and Salvation Army are available year round to help those in need. Please call 785-890-2299 to speak to a volunteer.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

The Goodland Activities Center has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

Aerobics with Tena Thompkins at 5:30 a.m. on Monday, Wednesday and Fridays. Aerobics with Lisa Malsom at 5:30 p.m. on Monday and Wednesday. High Impact Workouts with Grady Bonsall at 5:30 a.m. on Tuesday and Thursday. Taekwondo with Wayne Luckert on Tuesday at 5 to 5:30 p.m. Tigers, 5:30 to 7 Karate Kids and 5:30 to 7 p.m. adult. Wednesdays 5 to 5:30 p.m. Tigers, 5:30 to 6:30 p.m. Karate Kids and 5:30 to 7:30 p.m. adults.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

Goodland Al-Anon Family Group meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The Incognito Group. If alcohol

the calendar

calendar

The annual meeting for the Sherman County Historical Society will be at 1:30 p.m. on Saturday at the Goodland Public Library, 812 Broadway.

Prairie Land Food distribution is 1 to 2 p.m. on Saturday, Jan. 26, at the Knights of Columbus, 7th and Caldwell, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 821-1827, 821-1275, or 890-3793 or order online at www.prairielandfood.com.

The Red Cross will be collecting blood from noon to 6 p.m. today at the Methodist Church Fellowship Hall, 12th and Sherman.

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

has made your life unmanageable. Our group meets at 7 p.m. on Tuesday and Friday at the First Christian Church, 711 Arcade, Goodland West entrance. Talking about it is the first step. (785) 728-7022 and (785) 501-8282.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday. An exhibit during the month of October is a selection of works from the art department at Colby Community College. The pieces in the show, created by art instructor Rebel Jay and her students from several art classes, utilize a variety of media including acrylics, chalk, clay, paper and found objects.

thrift store

The Goodland Churches Thrift Shop, 1002 Main, is open from 10 a.m. to 5 p.m. on Monday through

senior menu

Today: Goulash, seasoned carrots, cranberry salad, bread and pudding. Wednesday: Chicken and rice casserole, broccoli, mixed fruit, bread and bar cookie. Thursday: Open face turkey sandwich, mashed potatoes with gravy, strawberries and bananas, bread and birthday cake. Friday: taco burger with lettuce and tomato, Spanish rice, corn, bun and Mandarin oranges.

school menu

Today: Breakfast - whole grain waffles with syrup, sausage links, Mandarin oranges and milk. Lunch - stromboli, spinach salad, fresh carrots, fresh strawberries and milk. Wednesday: Breakfast - breakfast sundae, raisins, fruit juice and milk. Lunch - barbecue beef on a bun, sweet potato puffs, baked beans, orange smiles, oatmeal cookie and milk. Thursday: Breakfast - whole grain cheese

pizza, fresh fruit cup and milk. Lunch - turkey and cheese sub with lettuce and tomato, oven fries, sliced peaches, graham snacks and milk. Friday: Breakfast - breakfast bake with salsa, whole wheat toast, grapes and milk. Lunch - country style beef pattie, mashed potatoes and gravy, steamed broccoli, wheat roll, banana and milk.

school calendar

Today: Black day. Varsity basketball at Hillsboro Trojan Classic Tournament. 3 p.m. boys junior high basketball A/B against Felton of Hays at the junior high gym. Wednesday: Gold day. 7:30 a.m. Professional Learning Community. Thursday: 3 p.m. boys junior high A/B at Holcomb. Friday: 2 p.m. varsity wrestling at Hays Senior Prairie Classic Wrestling Tournament. Varsity basketball at Hillsboro Trojan Classic Tournament.

Friday. Donations welcome. For information call 890-2007.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental

and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

obituary

Ricki Van Gremmel

Ricki Van Gremmel, 56, Lyons, brother of Butch (Karen) VanDiver of Goodland, died Tuesday, Jan. 8, 2013 at the Hutchinson Region Medical Center in Hutchinson.

He was born on Jan. 14, 1956, to Wayne Leroy and Jolene Sue Beach Gremmel in Smith Center.

Mr. Gremmel graduated from Salina Central High School and Salina Vo-Tech as a machinist. He had previously lived in Salina, Kensington and Agra. Mr. Gremmel was a truck driver for Metro Express in Wichita and had worked for Lyons Manufacturing, Lyons Salt Plan and Roberts Foundry in Salina.

Preceding him in death was his parents.

Survivors include three daughters, Jaime Cruth Penn of Lyons,

Rhiannon Gremmal and Alisha Gremmel, both of Salina; two sons, Jeremy Cruth of Sterling and Josh Douglas of Lyons; four other brothers, Reggie (Veronica) Gremmel of Tescott, Raley Gremmel of Salina, Bob (Sandra) VanDiver and Larry VanDiver, both of Salina; and 17 grandchildren.

Services will be from 2 to 6 p.m. on Sunday, Jan. 20, 2013, at Quality Inn, East Crawford and I-135. Salina with Veronica Gremmel presiding. A private family burial will be in Myers Cemetery in Athol.

Memorials to the Ricki Van Gremmel Family Expense Fund may be sent to Birzer Funeral Home, 214 West Avenue South, Lyons, Kan. 67554.

birth

Melvin Eastin Dunn

Melvin Eastin Dunn was born at 10:11 a.m. on Oct. 16, 2012, at Wray Community District Hospital. He weighed 8 pounds, 7 ounces and was 19.5 inches long.

His parents are Melvin Dunn and Amber Dunn. Grandparents are Melvin and Barb Dunn and Bruce and Sharon Feikert of St. Francis and the great-grandparents are Melvin and Carol Dunn of Ogalala, Neb.; Robert and Val Rieger of Independence, Mo.; Darlene Feikert and the late Ruben Feikert of St. Francis; and Stan and Marilyn Martin of Goodland.



Melvin Dunn

rotary

The Goodland Rotary Club met for their regular weekly meeting at noon on Friday, Jan. 11, in the meeting room at Northwest Kansas Technical College. A good crowd braved the windy day to attend the meeting. President-elect Doug Gerber presided, filling in for President Jennifer Sanderson.

After the blessing presented by Chet Ross, and Pledge of Allegiance, Gerber introduced guests and visitors. Goodland Rotary member Darren Neufeld was visiting for the day. Gerber introduced the Rotary Honor Students for December, GHS students Ellie House and Drew Dautel.

After announcements, President Elect Gerber turned the meeting over to the Rotarian of the day, Greg Ferguson. Ferguson's guest speaker was Goodland High School head wrestling coach, Joe Sramek. Sramek, in his seventh season as head coach at Goodland High School, talked about the transition the team has had to make from being a 3A team to 4A school again. The Coach said, that all though Goodland High School wrestling

was a 4A program when he first started as coach, all of the current wrestlers have experienced only 3A competition. Sramek said in some ways, he likes being back in 4A where there is more even competition, and the opportunity to compete at state level with the schools' old rival Colby High School. He said currently Goodland High School is ranked fourth in class 4A wrestling, with the Colby Eagles ranked first. Sramek said they have fewer wrestlers, 21 out this year, with only a couple of seniors, but lots of good younger wrestlers moving up the ranks. Sramek said that the team will wrestle at Abilene for their substate this year, with the class 4A state tournament in Salina, Friday and Saturday, Feb. 22 and 23.

After the weekly drawing, won by Doug Gerber, the club adjourned at 1 p.m. The next regular meeting of the Goodland Rotary Club will be Friday, Jan. 18, starting at noon in the meeting room of the Northwest Tech Student Union. Visitors and anyone interested in joining Goodland Rotary are welcome to attend.

Marty Melia, Club Reporter

How to transfer info to a new computer

You just got a new computer and you can't find your QuickBooks CD. What do you do?

1. Open your QuickBooks file on your old computer and press the F2 key.
2. Write down your product, license number and product number shown in the top of the product information window.
3. Go to http://support.quickbooks.intuit.com/support/Articles/INF12417 and download your product.
4. When prompted, enter your license and product numbers.

You now have QuickBooks on your new computer. Next, restore your company file backup on the



jamie morphey

business tips

new computer and re-register using the same business phone number and zip code you used when you first registered. Done! High-5!

This tip was brought to you by Western Kansas Business Consulting sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphey at #620-874-0771 or e-mail wkbc@wbsnet.org.

Communications company employee owned

Eagle Communications is now officially 100 percent employee owned. The Eagle Communications Employee Stock Ownership Plan has successfully completed the purchase of the remaining shares of the company's stock.

The ownership plan is designed so that each eligible employee shares in the ownership of the company.

This stock purchase, in addition to being named the Heart of America Employee Stock Ownership Plan of the Year, the purchase of radio properties in Manhattan and Junction City and the addition of Whole Home DVR and up to 100 MG Internet for the broadband division has made it a very successful year for the employee owned company.

"When I first heard about the Employee Stock Ownership Plan and how it might work I thought it was a wonderful opportunity for our employees," Eagle Chairman

Bob Schmidt. "If I had written a script, it would not have varied from exactly how this has played out with the leadership of Gary Shorman and Kurt David. I want to thank everyone. I am pleased to have loaned the dollars and financed this and I want our employee owners to know that this has been good for me and it is certainly good for them. It is what our ESOP is all about."

"With the commitment and guidance of company chairman Bob Schmidt, we were able to make this important step on behalf of our employee owners," said Eagle Communications President and Chief Executive Officer Gary Shorman.

"This is an exciting time for our employee owners and today's purchase will have a very positive impact on them. Bob and Pat have continued to show their generosity by helping make this important process possible, as we turn another chapter in our award winning ESOP story."

Eagle employees have held ownership in the company since 1998. Now holding a 100 percent ownership interest, the employees more than ever have a clear and tangible interest in the long-term success of the company. United by this common goal Eagle employee owners are dedicated to the customer's success as well as their own.

Eagle Communications par-

ticipates and is a member of the Heart of America Chapter of the Employee Stock Ownership Plan Association.

Eagle Communications, Inc. is a Kansas-based broadband services and media company with over 250 employee-owners. The company operates 28 radio stations in Kansas, Nebraska and Missouri as well as cable TV systems in 30 Kansas and Colorado communities. The company also offers e-business solutions, web hosting, telephone service, high-speed Internet, and wireless Internet in most service areas. For more information log on to http://www.eaglecom.net.

Enjoy a night at the movies!
 Sherman
 TONIGHT 7 PM
 Parental Guidance (PG)
 Starts Friday 7 PM: Lincoln (PG-13)

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Safety tips for extremely low temps

The Kansas Department of Health and Environment is encouraging all Kansans to be safe and exercise caution when temperatures drop below freezing.

Winter has arrived in Kansas and being prepared can prevent harm from the extremely cold temperatures and wind chills experienced in our state. By taking the time to prepare before you head outdoors even for short periods of time you will be more likely to stay safe and healthy when temperatures change.

"Kansas winter weather can be extremely dangerous," said Robert Moser, MD., Kansas Department of Health and Environment Secretary and State Health Officer. "Serious health problems can result from prolonged exposure to the cold. The most common cold weather-related problems are frostbite and hypothermia. If you experience symp-

toms of hypothermia or frostbite you need to seek medical care."

Planning ahead and thinking about how each day's forecasted weather conditions will impact you, your family and your neighbors is key to staying safe this winter.

Avoid frostbite and hypothermia:

When exposed to cold temperatures, your body will lose heat faster than it can be produced. The result is hypothermia, or abnormally low body temperature. Warnings signs of hypothermia are shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech and drowsiness. Seek medical attention quickly. Hypothermia is particularly dangerous because a person may not know it is happening and won't do anything about it.

Frostbite causes a loss of feeling and color in affected areas. It most

often affects the nose, ears, cheeks, chin, fingers or toes. Frostbite can permanently damage the body, and severe cases can lead to amputation. The risk of frostbite is increased in people with reduced blood circulation and among people who are not dressed properly for extremely cold temperatures.

At the first signs of redness or pain in any skin area, get out of the cold or protect any exposed skin - frostbite may be beginning. A victim is often unaware of frostbite until someone else points it out because the frozen tissues are numb. If you detect symptoms of frostbite, seek medical care.

If there is frostbite, no sign of hypothermia and immediate medical care is not available, proceed as follows:

1. Get into a warm room as soon as possible.

2. Unless absolutely necessary, do not walk on frostbitten feet or toes - this increases the damage.

3. Immerse the affected area in warm-not hot-water (the temperature should be comfortable to the touch for unaffected parts of the body).

4. Or, warm the affected area using body heat. For example, the heat of an armpit can be used to warm frostbitten fingers.

5. Do not rub the frostbitten area with snow or massage it at all. This can cause more damage.

6. Don't use a heating pad, heat lamp, or the heat of a stove, fireplace or radiator for warming. Affected areas are numb and can be easily burned.

Dress properly for the cold conditions:

Be sure the outer layer of your clothing is tightly woven, prefer-

ably wind resistant, to reduce body-heat loss caused by wind. Wool, silk or polypropylene inner layers of clothing will hold more body heat than cotton. Stay dry - wet clothing chills the body rapidly. Excess perspiration will increase heat loss, so remove extra layers of clothing whenever you feel too warm. Also, avoid getting gasoline or alcohol on your skin while de-icing and fueling your car or using a snow blower. These materials in contact with the skin greatly increase heat loss from the body. Do not ignore shivering. It's an important first sign that the body is losing heat. Persistent shivering is a signal to return indoors.

Understand Wind Chill:

The Wind Chill Index is the temperature your body feels when the air temperature is combined with the wind speed. When temperatures fall below freezing frostbite can occur in

a matter of minutes. As the speed of the wind increases, it can carry heat away from your body much more quickly, causing skin temperature to drop. When there are high winds, serious weather-related health problems are more likely, even when temperatures are only cool.

Be a good neighbor and check on others especially the elderly:

When winter weather puts us in the deep freeze make certain that you take time to check on family, friends and neighbors who are especially at risk from cold weather hazards: young children, older adults and the chronically ill. Also if you have pets, bring them inside so they can stay warm too.

For more winter safety tips, visit www.kdheks.gov/beh/download/winter_weather_safety.pdf

Who will get the last chair?



The Girls Athletic Association had its musical chair competition at the half time of the Cowboy game last Friday. Pictured above are four of the five contestants. Pictured are Aaron Avelar (from

left), Milan Brannick, Evan Peter and Cy Paxton. The contestants walked around chairs to music and when the music stopped they had to shoot a basket and get back to the chairs. The one without

a chair was eliminated. The winner was Peter with Avelar being second. The other contestant was Dr. Gary Smith.

Photo by Pat Schiefen/The Goodland Star-News

New loan program available

Adrian J. Polansky, U.S. Department of Agriculture Farm Service Agency State Executive Director, reminds landowners that the Land Contract Guarantee Program is available to landowners who wish to transfer farm real estate.

The Land Contract Guarantee Program provides a new approach because it reduces the seller's financial risk if the buyer defaults on the contract payments. The buyer must provide a minimum down payment of five percent of the purchase

price, plan to operate the farm, and demonstrate the ability to make the land contract payments.

The national program offers two options, one that guarantees up to three annual installment payments on the contract and one that guarantees 90 percent of the unpaid principal of the contract. Guarantees can be used for financing the purchase of a farm with a purchase price up to \$500,000 on a new land contract.

"Landowners can use any escrow agent that meets the program quali-

fications to service the land contract," said Polansky. "Landowners interested in the Land Contract Guarantee Program can contact their local Farm Service Agency farm loan office to obtain a list of available nationwide escrow agents.

corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

Maintenance bids wanted



The City of Goodland is accepting sealed bids for maintenance services at the Goodland cemetery. Primary duties include mowing and trimming the cemetery, tree/bush planting and trimming, and general maintenance of the cemetery grounds. The initial contract will be for a period of 5 years.

Contractor must provide appropriate insurance and equipment. Please contact City Manager Doug Gerber for a complete list of requirements and duties. Bids are due by Monday, January 28 at 10 a.m. MT.

Kansas Concealed Carry Class

Saturday, January 19, 2013 at 8 a.m. MT

KS license good in 30 states. Must be U.S. Citizen, capable of legally purchasing a firearm with valid KS driver's license or ID and must be 21 years of age.

••• Bring handgun, ID and 25-50 rounds of ammunition (rental gun and ammo available for \$25.00) •••

8-8.5 hour class includes firearm familiarization, safety, shooting technique, applicable law (2-2.5 hours), interaction with law enforcement, concealed carry methods, range time and more.

COST: \$100 • \$90 over age 60 • \$70 for immediate families of Law Enforcement Officer

Class will be held at Bible Baptist Church, 424 Broadway, Goodland, KS. For more information and to reserve a seat call Clifford Middlebrooks at (785) 821-0969.

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from our viewpoint...

Reason often left out in gun debate

When you mention the tragedies of Columbine, Aurora, Tucson or Newtown, people agree those were terrible events, but say anything about finding a reasonable way to reduce gun violence and a portion of the population will rail at you for taking their guns away.

It always sounds as if the gun lobby, and some gun owners, have indoctrinated the public any attempt to limit types of guns, accessories or background checks are the beginning of an effort to disarm all Americans.

The Second Amendment to the U.S. Constitution is the broad mantle being used by the gun lobby to insist no changes need to be made – except to arm all the schools and teachers.

When the Bill of Rights was proposed by James Madison it was because none of the individual freedoms had been spelled out in the main Constitution, and he insisted the 10 amendments be added to ensure the states would ratify the main document. It worked back more than 230 years ago, and we have watched the list of amendments expand to a total of 27 today. There is even an amendment (18th on prohibition) that was later repealed (21st) because people changed their minds.

The First Amendment is the one with the five main freedoms: religion, speech, press, assembly and petition for grievances.

The Second Amendment is “A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear arms, shall not be infringed.”

Those broad, sweeping phrases have stood the test of time. Many of the men who wrote the original documents establishing The United States of America did not always agree on what each phrase meant. There was agreement the nation needed a federal system to manage the affairs of the country that grew from the original 13 colonies to the present 50 states.

Madison argued the nation needed a standing army and navy, but Thomas Jefferson disagreed saying he felt in times of peace the country did not need a standing army or even ships for a navy. Jefferson always felt there would be time in face of a war to train and equip an army and build ships for a navy, but as President he found that to be a bit impractical.

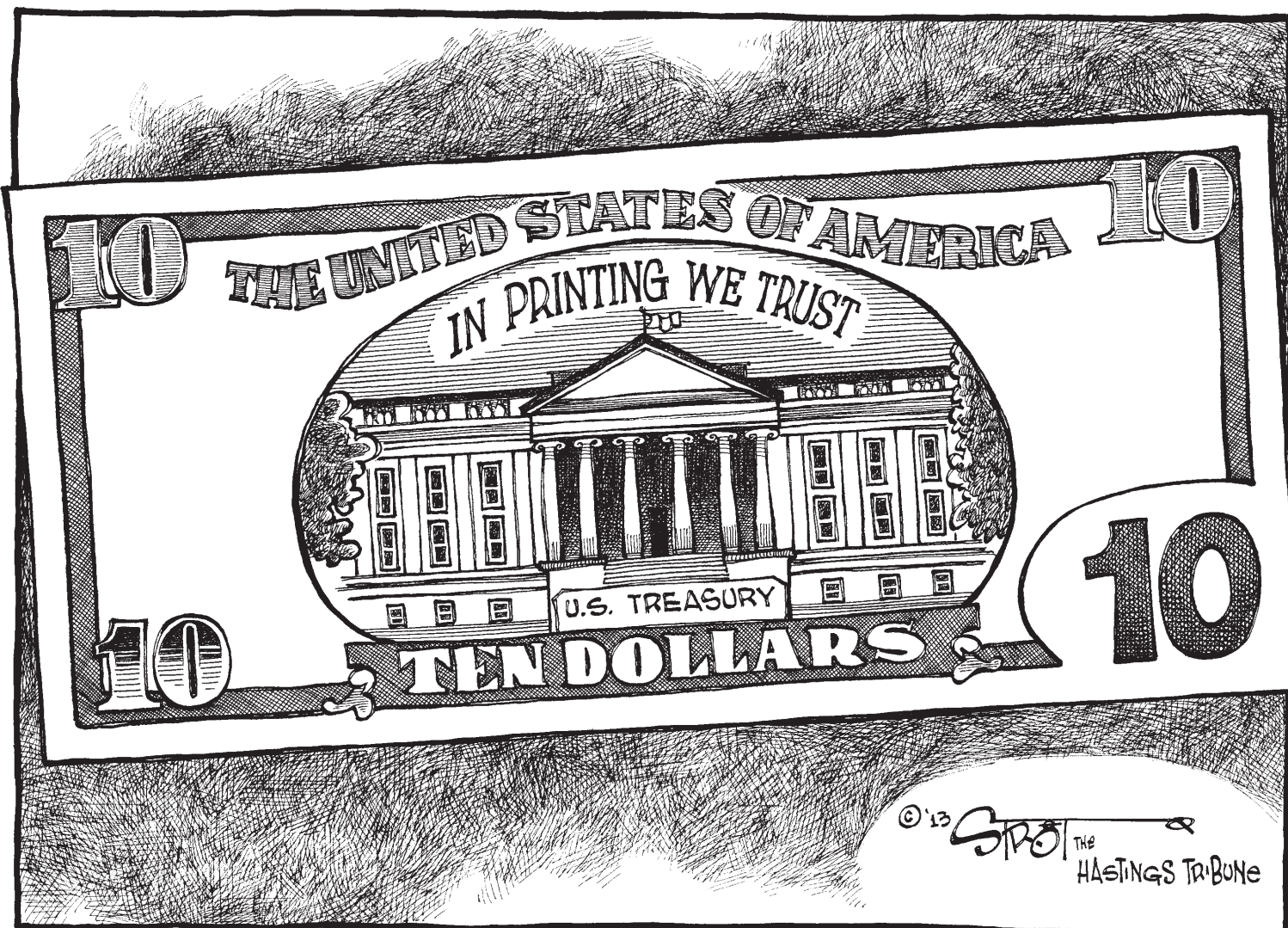
Today as we consider the reactions to the gun violence in our country the two sides appear to lack reasonable positions. The gun rights people are convinced this is an attempt to disarm all Americans, and they insist the guns are not at fault. They claim it is all the violent electronic games, violent movies and television shows plus the inability to control those who are mentally ill.

There is some sensible middle ground, and while we agree guns are not themselves at fault, the same case has been made for cars and fatal crashes involving drunk drivers.

As a country we don't directly blame cars, but we do insist the car manufacturer work to improve their vehicles to protect lives and reduce injury caused in such accidents. We have many regulations on the car companies – insisted on by insurance companies – to test the vehicles for crash safety. We have developed special attachments to make it harder for a drunk person to start the car.

When was the last time we asked the gun manufacturer to improve safety. It is time to ask them to step up and be part of a solution to the violence associated with their products.

This is certainly not a whole solution, but maybe we can get some realism in the discussion. Remember the Second Amendment is for “a well regulated militia.” – Tom Betz



Life is a journey, not a race

Editor's note: This is the first in a series of Spanish-language columns by Star-News staffer Sheri Arroyo. It is reproduced in English for the convenience of our readers.



sheri arroyo

• little fish

A pasado mi niñez en un pueblito chiquito de Kansas, la niña más joven de un hombre llamado “Pescado”. Mis padres eran bien conocidos, y muy respetados. Tenía sensación de viviendo en un tanque de pescado. De un pescadito, tenía el deseo de ser una ballena y me movió fuera muchas veces, sólo de volver a la laguna. Como me madure, asido agosto en el ritmo, y llego a ser contento a vivir mis días en la vida de un pueblito, mirando a mis pescaditos teniendo sus propios pescaditos. Dentro mi vida a develado mis propios vistos y opiniones, y los musitas expresados aquí son míos y no los representan los vistos y opiniones del periódico que lleve mi columna. Pero les invito de hacer me contacto directamente en el dirección email littlefish_67@ymail.com. Sería contenta de leer, y tal vez discutir sus opiniones.

Quando yo erra juven, sentí como sí no avía otros días, sólo contaba hoy. El futuro era solamente un cuenta sin límite de horas esperando ser llenado de diversión y entretenimiento. Como hago más vieja, miro atrás con una maravilla que tan poco son las minutos del vida. Que tan rápido a pasado los años. Empiezo pensar en los deseciones a hecho. Miro atrás con poco pesar porque lo se que todo a hecho, y donde fui, juntan para hacer la persona quien soy ahora. Y actualmente soy feliz con la persona quien soy.

Pero si es que hay un pesar que existe más prevelante que cual quier otro, sería que no aprendía más temprano en la vida que hay una deferencia en diversión y felicidad.

Es fácil ser atrapado en el ilusión que hay algo, o alguien, que me va a traer felicidad: un trabajo mejor, más dinero, otro marido. Pero como madure, me a realizado que no hay ningún circunstancia externa que va a determinar mi felicidad. La vida no es un juego de carreras, es un viaje pera experiensar y agosar. Es fácil de ver solamente la línea de fin, que niego de encontrar goso en el viaje.

No debemos esperar para ser feliz hasta que llegamos algún punto futuro, sólo para descubrir que felicidad estaba dispuesto – todo el tiempo. La vida no debe que ser apreciado en retrospectiva. La Psalmista escribió que esto es el día que a hecho Dios, gozas y seas feliz en el.

I was raised in “small town” Kansas, the youngest offspring of a man called “Fish”. My parents were well known and highly respected, giving me a sense of living in a fishbowl. As a tadpole, I had a desire to be a big whale and moved away many times, only to return home to the little pond. As I have aged in life, I have

settled down into a rhythm and have become content to live out my days in the routine of small town life, watching my own tadpoles have tadpoles of their own. Throughout life I have developed a sense of my own views and opinions, and as such, the musings expressed here are my own and in no way represent the views and opinions of the newspaper carrying my column. I would, however, invite you to contact me directly at littlefish_67@ymail.com. I would enjoy reading, and perhaps discussing your take on things.

When I was young, it seemed as if there was no tomorrow, that only today counted. The future was just an unlimited supply of time waiting to be filled with fun and entertainment. As I get older and look back I marvel at how short the supply of minutes actually is. The years have passed so quickly. I began to think about the choices that I have made. I look back with little regret because I know that all the things I've done, all the places I've been, come together and make the person that I am today. And today, I actually like the person that I have become.

But I suppose, if there were one regret that stands out above any else, it would be that I didn't learn earlier in life that there is a difference between having fun, and being happy.

It's easy to get caught up in the illusion that there is something, or someone, that will bring me happiness: a better job, more money, a new mate. But as I have aged with time, I realize that there is no external circumstance that is going to determine my happiness. Life is not a race; it is a journey, to be experienced and enjoyed. It's easy to become so focused on the finish line that I fail to find joy in the journey.

We shouldn't wait to be happy until we reach some future point, only to discover that happiness was already available – all the time! Life is not meant to be appreciated only in retrospect. The Psalmist wrote... “This is the day which the Lord hath made... Rejoice and be glad in it.”

The Goodland Star-News

(USPS No. 222-460. ISSN 0893-0562)

Member: Kansas Press Association

Inland Press Association Colorado Press Association

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Published every Tuesday and Friday except the days observed for New Year's Day, Memorial Day, July 4th, Labor Day, Thanksgiving and Christmas Day, at 1205 Main Ave., Goodland, Kan. 67735.

Periodicals postage paid at Goodland, Kan. 67735; entered at the Goodland, Kan., Post Office under the Act of Congress of March 8, 1878.

POSTMASTER: Send address changes to The Goodland Star-News, 1205 Main Ave., Goodland, Kan. 67735.

TELEPHONE: (785) 899-2338. Editorial e-mail: star-news@nwkansas.com. Advertising questions can be sent to: goodlandads@nwkansas.com.

The Goodland Star-News assumes no liability for mistakes or omissions in advertising or failure to publish beyond the actual cost of the ad.

SUBSCRIPTIONS: In Sherman County and adjacent counties: three months, \$29; six months, \$46; 12 months, \$81. Out of area, weekly mailing of two issues: three months, \$39; six months, \$54; 12 months, \$89 (All tax included). Mailed individually each day; (call for a price).

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Cell block classrooms

We have gone down this road before.

On April 20, 1999, at Columbine High School near Denver, two students killed 12 other students and a teacher before committing suicide. Immediately afterwards, schools across America increased security.

I visited student teachers at both rural and city schools in Kansas and the lockdown was palpable. Entrance to schools was restricted to the front door. All other exits were locked against outside entry. Some schools moved the secretary's office so she could observe the entrance. Identity badges were enforced for staff and visitors (although in small schools, all of the staff knew each other). Locked doors and identity checks made the school atmosphere closer to that of a prison.

But a few schools in Kansas have many separate buildings where students must pass outside to other classes. Their teachers were vigilant and visibly present during class period changes, but their was no attempt to lock the school. And the atmosphere was much better. More smiles. More laughter.

More than 12 years after Columbine, most Kansas schools have returned to some level of normalcy. Schools have been, are, and will remain the safest place for a school-age child to be. But after the Connecticut school shootings, alarmists are calling for a return to prison-like buildings and a siege mentality.

The charge that schools are selected because they are undefended “soft targets” is blatantly wrong. Very few school shooters walk away alive; surviving is not their intent. They have attacked larger schools with security officers – the Columbine guard actually exchanged gunfire during that assault.

Those who would arm teachers and administrators underestimate the rigorous training needed by police and military who must sometimes use lethal force. Not only are these professionals continually trained, but they



education frontlines

• John Schrock

are equipped with body armor and are clearly labeled when on scene. Arming civilians increases the risk of tragedy; police are unlikely to mistakenly shoot a schoolchild – but an armed adult is another matter.

Nor is killing a part of the professional personality needed by a teacher. We know that a portion of our police and military people who have used lethal force – no matter how strong they are – have difficulty living with it. And they decided to enter a profession that involves the potential for lethal force.

Teachers choose to enter a profession that nurtures. There are 3,725,000 U.S. teachers working in the safest environment in society. To turn schools into armed garrisons is simply wrong. Anyone with such a siege mentality has been watching too many “Die Hard” movies and “Gunsmoke” reruns.

As much as we grieve for the little souls lost that day in Connecticut, it is a sad fact that on

average over 17 people die every day from gun violence in America. If we put them together in one place, America would see a Newtown-scale disaster each and every day. But spread across the country in smaller events, we don't notice the daily death toll. Compared to modern developed countries in Europe and Asia, the U.S. is by far the most dangerous.

The National Rifle Association is correct when its says “guns don't kill.” It is people, not always deranged, who have easy access to substantial firepower, who kill people in large numbers. In an aberrant non-U.S. mass shooting, right-wing extremist Anders Behring Breivik killed 77 young adults in Norway on July 22, 2011 – and he was found to be sane.

And in a tragedy eerily parallel to the Connecticut shooting, on Dec. 14, 2012 a Chinese man stabbed 22 students at a school in Gaungshan, Henan. But not one child died.

On Oct. 2, 2006, 10 Amish girls at the West Nickel Mines School in Pennsylvania were shot and five died. What school could be more vulnerable than an Amish school? Such killing had never happened before at an Amish school – nor has it happened since. The Amish built another school and they continue on without guns and refuse to live in fear.

where to write

U.S. Sen. Pat Roberts, 109 Hart Senate Office Building, Washington D.C. 20510. (202) 224-4774; E-mail address – <http://roberts.senate.gov/public/index.cfm?p=EmailPat>

U.S. Sen. Jerry Moran, 354 Russell Senate Office Building, Washington, D.C. 20510. (202) 224-6521; Fax (202) 228-6966. E-mail address – <http://moran.senate.gov/public/index.cfm/e-mail-jerry>

U.S. Rep. Tim Huelskamp, 1st Congressional District, 126 Cannon House Office Building, Washington D.C., 20575-1601. (202-225-2715) E-mail address – <https://huelskamp.house.gov/contact-me/email-me>

Kansas Attorney General, 301 S.W. 10th, Lower Level, Topeka, KS 66612-1597 (785) 296-3751 Fax (785) 291-3699 TTY: (785) 291-3767

No-till conference set for Jan. 29

No-till on the Plains Winter Conference is back at the Bicentennial Center in Salina, Kansas for its 17th consecutive year.

"We are Stewards of the Earth: Building Wealth by Building Soil Health" is the theme for the Tuesday and Wednesday, Jan. 29 and 30, continuous no-till meeting.

The conference will feature Natural Resources Conservation Service Conservation Agronomist Ray Archuleta.

The Day 2 keynote will be deliv-

ered by Professor David R. Montgomery, author of *Dirt: The Erosion of Civilizations*, which makes the case that we are using up Earth's soil. Montgomery will trace the role of soil use and abuse in the history of societies and explores how soil has shaped us and we have shaped soil. Soil erosion should be seen as a threat to our planet as serious as climate change, contends Montgomery.

As always, No-till on the Plains has amassed a slate of session pre-

senters including farmers Rick Bieber; David Brandt; Robin and Kelly Griffith; Kenneth Miller; Mark Watson; and Brian Hildebrand; as well as several producer panels who will share not only how they got started but what keeps them leading the pack with successful continuous no-till. The speakers will also share how they dealt with and fared with the drought during the past year.

Rounding out the speaking lineup will be these featured experts:

Dr. David Clay of San Diego State University will discuss how well-managed soil captures carbon; Brazilian consultant and researcher Dr. Ademir Calegari will share his vast knowledge of cover crops usage; "No-till Bill" Crabtree, who was a driving force for establishing no-till in Australia, will share his no-till experiences in an extremely dry environment similar to far western KS; Barry Fisher, Indiana's State Agronomist, will share why his state has made soil health a priority; no-till producer Dan Gillespie of Nebraska's Natural Resources Conservation Service will present the eye-opening rainfall simulator demonstration; Dr. Richard Haney, soil scientist, of the Grassland Soil and Water Research Lab in Temple, Texas, will explain new soil testing procedures for soil health; University of Nebraska's Paul Jasa will address the importance of conserving and managing soil water in no-till;

Doug Kluck of the National Oceanic Atmospheric Administration and Kansas Climatologist Mary Knapp will present on the challenges of climate extremes and the past, present and future of drought; agronomist Bill Kuenstler with the Central National Technology Support Center in Texas will share information on the evolution of cover crops; Dale Leikam of Manhattan will discuss crop nutrition programs as well as newer fertilizer technologies, products, and additives; Doug Peterson, livestock producer and Grassland Conservationist for Missouri's Natural Resources Conservation Service, will provide some great information on the principals of good soil health for cropland and rangeland; Dr. Ray Ward, a popular speaker with experience, knowledge and the ability to tie it all together for producers, will address the importance of what makes a soil productive; and professional motivational speaker Steve Siemens will inspire attendees with a closing keynote address on the pursuit of excellence as well as conference sessions on strategic thinking, leadership, and positivism.

For more information or to register for the Winter Conference or the Symposium, contact the office at (888) 330-5142 or visit the new No-till on the Plains website at www.notill.org.

Film chronicles modern cowboys

FILM, from Page 1

and soil was good. The county is more farmland than ranch land, he said, but some of the best ranch land is on or next to good farm ground.

"It's fantastic land, when we get some moisture," he said.

One subject covered by the film was federal grazing land, which is vital to ranchers, especially in Nevada. Klemm said the land is slowly being regulated so ranchers can graze fewer and fewer

cattle on it.

The traveling Smithsonian exhibit "The Way We Worked" will be on display at the museum until Sunday, Jan. 27, when it will move on to Concordia. On Saturday, Jan. 26, there will be a closing reception and an Economic Development discussion panel from 7 to 10 p.m. at the museum. Companion exhibits are on display now at the Carnegie Arts Center and the Goodland Public Library.

No serious flu cases yet for Goodland

FLU, from Page 1

of influenza-like illnesses among people seeking care was at 6.5 percent last week. Last season it peaked at 3.4 percent in March.

Last season, 1,300 deaths were attributed to the flu or complications from it. This season, more than 460 deaths have been reported so far this year.

The Centers for Disease Control estimate the average yearly death toll from the flu to be about 24,000.

Dr. Moser is encouraging busi-

nesses to get their employees vaccinated as well as making sure people wash and sanitize equipment, especially telephones, often.

"It's not too late to get vaccinated," Goodwin said.

She advised people to call before coming to the hospital to make sure the it has vaccine in stock. A limited amount of vaccine is produced each year and she didn't know how much of a supply they had on hand. The Sherman County Health Department also still has vaccine.

There have been confirmed cases of the flu at the clinic.

Farm Service Agency has loans for late-year drought crop damage

Farmers in Cheyenne, Rawlins, Sherman, and Wallace Counties, who suffered crop or livestock losses due to drought occurring Nov. 15, 2012, and continuing may now apply for Farm Service Agency emergency loans, FSA Farm Loan Manager Patricia Eckhardt, said today. Applications for assistance will be accepted until Sept. 9.

"Loans covering physical and/or production losses are scheduled for repayment

as rapidly as feasible, consistent with the applicant's reasonable ability to pay," said Eckhardt.

The current interest rate is 2.25 percent but is subject to monthly changes until the loan is approved.

The agency's service extends beyond the typical loan, offering customers ongoing consultation, advice and creative ways to make your farm business thrive. The

agency's loan staff can refer customers to other public and commercial financing sources that can serve as a blend with the farm loan programs.

The loans covering physical losses may be used to replace installations, equipment, livestock, or buildings (including homes), lost through this disaster. The loans covering production losses may be used to buy feed, seed, fertilizer, livestock, or to make

payments on real estate and chattel debts.

"Funds can also be used for other essential operating and living expenses," Eckhardt said.

To be eligible for an emergency disaster loan, an applicant must be operating a family size farm or ranch, must be unable to get credit elsewhere, and must have suffered a qualifying physical and/or production loss from the disaster.

Farmers who suffered at least a 30 percent reduction to at least one cropping enterprise, may have a qualifying production loss.

Emergency disaster production loss loans cover 100 percent of qualifying losses.

Farmers and ranchers that think they may be eligible should contact the Farm Service Agency County Office in Goodland or call (785) 899-3070 for additional information and how to apply.

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	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Mod Fam	Suburg.	Happy	Apt. 23	Private Practice	Local	Jimmy Kimmel Live	Nightline		
CBS	NCIS		NCIS: Los Angeles	Vegas	Local	Late Show Letterman	Ferguson			
NBC	Betty	Betty	Go On	Normal	Parenthood	Local	Tonight Show w/Leno	J. Fallon		
FOX	Raising	Ben-Kate	New Girl	Mindy	Local					
Cable Channels										
A & E	Storage	Storage	Storage	Storage	Storage	Storage	Storage Wars	Local		
AMC	Braheart						Escape From New York	Local		
ANIM	Great Barrier Reef	River Monsters	Great Barrier Reef				Monsters	Local		
BET	Madea's Family	Husbands	Second	Husbands	Second	Wendy Williams Show	Madea	Local		
BRAVO	Real Housewives	Housewives/Atl.	Matchmaker	Happens	Vanderpump Rules	Real				
CMT	Local	Local	Reba	Reba	Reba	Reba	Daily	Local		
CNN	Piers Morgan Tonight	Anderson Cooper 360	E. B. OutFront	Piers Morgan Tonight	Anderson	Local				
COMEDY	Tosh.0	Tosh.0	The Burn	Colbert	Colbert	Colbert	Daily	Local		
DISC	Local	Local	Dual Survival	Dual Survival	Africa	Local				
DISN	Local	Local	Good Luck	Good Luck	Jessie	Local				
E!	Fashion Police	E! Special	True Hollywood Story	SportsCenter	SportsCenter	Local				
ESPN	College Basketball									
ESPN2	'13 Australian Open									
FAM	The Lying Game	Pretty Little Liars	The 700 Club	Prince	Prince	Local				
FOOD	Local	Local	Chopped	Chopped	Chopped	Local				
FX	The A-Team		Justified	Justified	Justified	Local				
HGTV	Love It or List It	Property	Property	Hunters	Hunt Intl	Local				
 <h2>We Celebrate Hometown Life</h2> <p>Stories from hometowns just like yours. Look for us each week in this paper.</p>										
HIST	Ultimate Guide		Pawn	Pawn	Pawn	Pawn Stars	Local			
LIFE	Dance Moms	America's Supernanny	Teen Trouble	Dance Moms	Dance Moms	Local				
MTV	Snooki & JWoww	Snooki & JWoww	Catfish: The TV Show	Wash.	Wash.	Local				
NICK	Local	Local	Drake	Drake	Full H'se	Full H'se	The Nanny	The Nanny	Local	
SCI	Face Off	Total	Face Off	Total	Continuum	Continuum	Local			
SPIKE	The Joe Schmo Show	The Joe Schmo Show	The Joe Schmo Show	The Joe Schmo Show	J. Schmo	Local				
TBS	Big Bang	Big Bang	Cougar	Office	Conan	Local				
TCM	League-Gentle	Dead Heat	\$ (Dollars)	Local						
TLC	Local	Local	Totally T-Boz	Totally T-Boz	The Sisterhood	Extreme Cougar Wives	Local			
TNT	Castle	Castle	CSI: NY	CSI: NY	Cold Case	Local				
TOON	King/Hill	King/Hill	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Squid	Local		
TRAV	Extreme RVs	Extreme RVs	Dangerous Grounds	Ext. RVs	Ext. RVs	Local				
TV LAND	Raymond	Raymond	King	King	The King of Queens	King	Local			
USA	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	House	House	Local				
VH1	Love & Hip Hop	Mob Wives	Black Ink Crew	Behind the Music	Hip Hop	Local				
WGN	How I Met	How I Met	WGN News at Nine	Funniest Home Videos	Rules	Rules	30 Rock	Local		
Premium Channels										
HBO	Local	Local	Joyful Noise	American Reunion	Girls	Kids Are				
MAX	Local	Local	Matrix	The Matrix	Reloaded	Matrix Revol.				
SHOW	Local	Local	The Others	Lara Croft-Life	Lies	Californ.				

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Saturday Evening January 19, 2013										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	20/20		Blades of Glory				Local			
CBS	NCIS		Hawaii Five-0		48 Hours		Local			
NBC	Deception		Chicago Fire		Law & Order: SVU		Local	Saturday Night Live		
FOX	Cops	Cops	Kitchen Nightmares		Local		MasterChef	Inside Th	Local	
Cable Channels										
A & E	Storage	Storage	Storage	Storage	Storage	Storage	Storage Wars	Local		
AMC	Hulk		Predator				Local			
ANIM	Pit Boss		Pit Boss		Pit Bulls-Parole		Too Cute!	Local		
BET	Queen		Women-Place				Local			
BRAVO	Housewives/Atl.	Housewives/Atl.	Real Housewives	Vanderpump Rules	Matchmaker					
CMT	Local	Local	Son-in-Law				In the Army Now	Local		
CNN	Piers Morgan Tonight	Piers Morgan Tonight	Memo		Piers Morgan Tonight	Newsroom	Local			
COMEDY	Wedding Crashers		Joe Dirt				Local			
DISC	Local	Local	Moonshiners	Moonshiners	Moonshiners	Moonshiners				
DISN	Local	Local	Beverly Hills Chihuahua		Beverly Hills		Dog			
E!	Stick It		Love You	The Soup	Fashion Police	Chelsea	E Special	Local		
ESPN	College Basketball		SportsCenter				SportCtr	Local		
ESPN2	'13 Australian Open						Local			
FAM	Cinderella		Alice in Wonderland		Legend-Grdians		Local			
FOOD	Local	Local	Restaurant: Im.		Restaurant: Im.	Restaurant: Im.	Local			
FX	UFC on FX 7		Local	Local	Local	Local	Archer	Local		
HGTV	Love It or List It		Love It or List It		Hunters	Hunt Intl	Love It or List It	Local		
LIFE	Pawn	Pawn	Pawn	Pawn	Pawn	Pawn Stars	Local			
MTV	Casey Anthony		Beyond the Headlines		Double	Double	Prosecuting Casey Anthony	Local		
NICK	BUCKWILD		BUCKWILD		Washington Heights		Get Rich or Die Tryin'	Local		
NICK	Local	Local	Victorior	Victorior	Victorior	Marvin	Ninjas	Ninjas	The Nanny	The Nanny
SCI	Tasmanian Devils						Chupa	Local		
SPIKE	Rambo: First Blood Part II		Rambo III				J. Schmo	Local		
TBS	Big Bang	Big Bang	Wedding Band		Cougar	King of the Nerds	Wedding Band	Local		
TCM	Local	Local	Untold Stories of ER		Untold Stories of ER		Chapman	Local		
TLC	Local	Local	Untold Stories of ER		Untold Stories of ER		Dr. G. Caylee	Local		
TNT	Terminator		The Book of Eli		Jonah Hex		Local			
TOON	Venture	Fam. Guy	Fam. Guy	Cleveland	Dynamite	Boondocks	Bleach	Naruto	Thundr.	Local
TRAV	Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost	Local
TV LAND	Raymond	Raymond	Raymond	Raymond	King	King	King	Local		
USA	NCIS		NCIS		Crank		House	Local		
VH1	Black Ink Crew		Love & Hip Hop		Mob Wives		Making Mr. Right	Best Week	Local	
WGN	NBA Basketball		News/Nine		Bones		Bones	30 Rock	Local	
Premium Channels										
HBO	Local	Local	Rise of Apes		This Means War		Local	Local		
MAX	Local	Local	Varsity	Tower Heist		Banshee	Fast Five			
SHOW	Local	Local	60 Minutes Sports	Real Steel			Our Idiot Brother			

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Wednesday Evening January 16, 2013										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Middle	Neighbors	Mod Fam	Suburg.	Nashville	Local	Jimmy Kimmel Live	Nightline		
CBS	NCIS		Criminal Minds		CSI: Crime Scene	Local	Late Show Letterman	Ferguson		
NBC	Whitney	Guys-Kids	Law & Order: SVU		Chicago Fire	Local	Tonight Show w/Leno	J. Fallon		
FOX	American Idol				Local					
Cable Channels										
A & E	Shipping	Shipping	Barter Kings		Barter Kings		Duck D.	Duck Dynasty	Local	
AMC	The Karate Kid				Karate Kid II				Local	
ANIM	Gator Boys		Gator Boys		Wildman	Wildman	Gator Boys	Gator Boy	Local	
BET	Coach Carter				Wendy Williams Show		Coach	Local		
BRAVO	Housewives/Atl.	Top Chef: Seattle	Top Chef: Seattle		Top Chef: Seattle		Top Chef			
CMT	Local	Local	Reba	Reba	Reba	Reba	Extreme Makeover	Big Food	Local	
CNN	Piers Morgan Tonight	Anderson Cooper 360	E. B. OutFront	Piers Morgan Tonight	Anderson	Local				
COMEDY	South Pk	South Pk	Work.	Kroll	Colbert	Colbert	Daily	Local		
DISC	Local	Local	Amish Mafia	Amish Mafia	Amish Mafia	Amish Mafia	Moonshiners			
DISN	Local	Local	Good Luck Charlie	Good Luck	Lemonade	Mouth		Good Luck	Local	
E!	Kardashian		Kardashian		The Soup	Love You	Chelsea	E! News	Chelsea	
ESPN	NBA Basketball		NBA Basketball				SportCtr	Local		
ESPN2	College Basketball		'13 Australian Open							
FAM	Remember the Titans				The 700 Club		Prince	Prince	Sexy	Local
FOOD	Local	Local	Restaurant: Im.		Restaurant: Im.		Restaurant: Im.		Bobby's Dinner Battl	Local
FX	The A-Team		American-Story		American-Story		American-Story		Property Brothers	Local
HGTV	Cousins	Cousins	Property Brothers		Hunters	Hunt Intl	House Hunters Reno	Property Brothers		
HIST	Ultimate Guide		Ax Men		Ultimate Guide to the Pres.		Local			
LIFE	Wife Swap		Double	Double	Project Runway		Wife Swap		Local	
MTV	Washington Heights		Washington Heights		Washington Heights		Snooki & JWoww	Teen Mom	Local	
NICK	Local	Local	Drake	Drake	Full H'se	Full H'se	Full H'se	The Nanny	The Nanny	Local
SCI	Ghost Hunters		Ghost Mine		Ghost Hunters		Ghost Mine	Face Off	Local	
SPIKE	Walking Tall		Bellator 360		Bellator 360		Bellator	Local		
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Conan		Office	Conan	Local	
TCM	Mans Cstl	Suez			Kentucky		LifeJimmy	Local		
TLC	Local	Local	Toddlers & Tiaras		Here Comes Honey		Toddlers & Tiaras	Cheer Perfection	Local	
TNT	Castle		Castle		CSI: NY		CSI: NY	Cold Case	Local	
TOON	King/Hill	King/Hill	Amer. Dad	Amer. Dad	Fam. Guy	Fam. Guy	Chicken	Aqua Teen	Squid	Local
TRAV	Baggage B	Baggage B	Fast Food-Gib		Pork Paradise		Baggage B	Baggage B	Fast Food	Local
TV LAND	Raymond	Raymond	Cleveland	Divorced	Cleveland	Divorced	King	King	Cleveland	Local
USA	NCIS		NCIS		NCIS		NCIS	House	Local	
VH1	Making Mr. Right		Making Mr. Right		Rock Star			Local		
WGN	Rules	Rules	WGN News at Nine		Funniest Home Videos		Rules	Rules	30 Rock	Local
Premium Channels										
HBO	Local	Local	Hanna		The Three Stooges		The Dilemma			
MAX	Local	Local	A Thousand Words		Banshee		Final Destination 5	Kingpin		
SHOW	Local	Local	Untold History		Shameless		Inside the NFL	Californ.	Lies	

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Thursday Evening January 17, 2013										
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC	Last Resort		Grey's Anatomy		Scandal	Local	Jimmy Kimmel Live	Nightline		
CBS	Big Bang	Two Men	Person of Interest		Elementary	Local	Late Show Letterman	Ferguson		
NBC	30 Rock	Parks	Office	1600 Penn	Rock Center	Local	Tonight Show w/Leno	J. Fallon		
FOX	American Idol				Local					
Cable Channels										
A & E	First 48: Missing		Beyond Scared Straig		Beyond Scared Straig		The First 48		Local	
AMC	The Wedding Planner		Jerry Maguire				Law on the Border	Justice	Local	
ANIM	North Woods		North Woods		North Woods		Wendy Williams Show	Four Bros	Local	
BET	King		Keyshia & Keyshia		Keyshia & Keyshia		Happens	Matchmaker	Kathy	Local
BRAVO	Housewives/Atl.	Shahs of Sunset	Housewives/Atl.		Happens	Matchmaker				
CMT	Local	Local	Reba	Reba	Reba	Reba	The Princess Bride			
CNN	Piers Morgan Tonight	Anderson Cooper 360	E. B. OutFront	Piers Morgan Tonight	Anderson	Local				
COMEDY	Kroll	Work.	Sunny	Sunny	Daily	Colbert	Kroll	Tosh.0	Daily	Local

FOUND

Behind The Goodland Star-News, a 20" youth bicycle was found. Stop by office and describe to claim. -tfn-

WANTED

Want to buy: John Deere diesel engines running or not. Also John Deere combines and tractors for parts. Call 785 263-6275. -1-15-2-15-

Junk batteries, non-ferrous metals and iron. Darrel Bowen. Phone 785-899-2578. -tfn-

NOTICE

Celebration of Charles and Pat Wagoner's 55th Wedding anniversary on January 19, 2013. Reception at 4:30 p.m. CT, dance from 7-10 p.m. CT at City Limits Convention Center, Colby. No gifts. -1-11-1-18-

American Profile Cookbooks Available! Stop by The Goodland Star-News. -tfn-

Advertising Deadlines (box and line ads): Tuesday edition (Friday at noon). Friday edition (Wednesday at noon). Please check your ad the first time it runs. If you find an error, please call us at (785) 899-2338 so it

can be corrected, since we will not be responsible for errors after that first day. Thank you! The Goodland Star-News.

HELP WANTED

CDL DRIVER...Home every night, must have clean MVR. Call (785) 821-0492. -1-15-2-15-

Sherman County Sheriff's Office is currently accepting applications for the positions of detention deputy and also patrol deputy. Applications can be obtained at the Sherman County Sheriff's Office, 813 1/2 Broadway, Goodland. Please apply in person, no phone calls please! Sherman County is an EOE. -1-15-1-25-

PARTS COUNTER SALES REPRESENTATIVE: Responsibilities are to perform a variety of customer service duties related to the sale, delivery and inventory of agricultural equipment and irrigation parts and accessories. Qualified candidates must have excellent customer service skills and good communication and problem-solving skills. Computer knowledge and good interpersonal skills are important. Interested individuals may send a cover letter and resume to the Location

Manager, American Implementation, Inc., 685 Kansas Avenue, Wheeler, KS, 67756 or call (785) 332-2124 or (800) 832-2124. -1-15-1-25-

Motel 6, Goodland, KS, is hiring! Apply in person at 2420 Commerce Road. (785) 890-5672. -1-11-1-15-

Truck Town, Colby, KS, is looking for shop service manager. Organizational skills, people skills and some mechanical skills required. Full-time with benefits including health insurance, retirement and vacation. Apply in person at 105 W. Horton Ave., Colby, KS. Phone: (785) 460-8785. -1-8-1-18-

Local natural gas production company seeking a mechanically inclined individual to maintain shop, perform mechanical maintenance and repairs; maintain and repair gas compressor, wells and pipeline as needed. NON-SMOKER a must. Full-time position. Will consider training; salary according to experience. Paid holidays and vacation. Lobo Production, Inc. Natural Gas Production. 785-899-7277. -1-8-1-18-

Stephen's Restaurant in Sharon Springs, KS is actively seeking to fill open positions of cook and prep cook. We are a family-owned restaurant that strives to make each dining experience a pleasant one with great food and hospitality. To inquire about becoming a part of our team, please apply in person or contact us at (785) 852-4182 for more information. Pay is commensurate with ex-

perience. -1-8-1-25-
Northwest Kansas EMS is currently looking for all levels of EMS volunteer personnel. If interested please pick up applications at the Sherman County Courthouse. For those whom are interested in becoming an EMT, we are starting class on February 4, 2013. For more information contact Oura Garrett at (785) 890-1547. Email: oura.garrett@nwktc.edu or call Steve Evert at (785) 899-5809. -1-8-1-18-

PSI Transport is always looking for good company livestock and grain haulers as well as shop mechanics. Competitive pay, life/health/dental benefits and bonus program available. EOE. (785) 675-3477. -6-10-TFN

BUSINESS FOR SALE

COMPLETE FITNESS CENTER! Changing Lifestyles, 13th & Main, Goodland. Contact Pat Howe at (785) 890-7512 or (785) 821-2389 for more information. -5-11-tfn

FOR SALE

2004 Chevy Impala. 98,500 miles, new tires. \$4,900. Call (785) 899-5170. Goodland. -1-11-1-22-

110 window unit, AC only. \$200 OBO. Call (785) 821-0130 for information. -1-11-1-15-

Printing equipment for sale: Acti "V" Line 204, horizontal process camera. Log Etronics Film Processor (Model

#LL2218; volts 196-264; single phase, 15 amps). Plate burner: brown Ultra-lite 1500. 2 Nu-Arc Light Tables. For more information please call Gary at The Goodland Star-News. (785) 899-2338. -1-11-tfn-

2 - 12" Sony subwoofers and a 1000 watt amp for sale, box and wires are included, call 719-930-9031 in Goodland. -tfn-

FIREWOOD FOR SALE IN GOODLAND. Call (785) 890-7224. -12-11-tfn-

ASHLEY FURNITURE TEMPUR-PEDIC BEDDING AT COLBY FURNITURE AND HOME STORE, COLBY, KS. (785) 460-6311. Website: www.colbyfurniture.net -10-21-tfn

FOR RENT

House for rent in Goodland. Very nice 2 bedroom, freshly painted inside with nice carpet, large eat-in kitchen, laundry room, 1 bath. \$485/month plus utilities. Call (303) 941-2369. -1-11-1-22-



Clinician needed

We are looking for a full-time Clinician. Great benefit package. Qualifications include: High school graduate with board certified and state licensed as either: Certified Respiratory Therapist (CRT) OR Registered Respiratory Therapist (RRT) OR Registered Nurse (RN) OR Licensed Practical Nurse (LPN); three years experience in home or hospital care; Current driver's license; must be able to travel to patient's homes, do clinical assessments, educate patients.

Please mail resumes to 349 14th Street, Burlington, CO 80807 or fax to 719-346-7378.

Houses and apartments in Goodland, KS. All sizes. Call for details. (785) 890-6538. -6-12-tfn

Houses and apartments. Cole Real Estate. 785-899-2683. -tfn-

SERVICES

CAT'S TNT for jewelry, vinyl graphic designs, massages, quilting and Fed-Ex and UPS shipping and more! Stop by 1018 Main, Goodland - 3-23-tfn

Superior Flooring & Furniture Burlington, CO. 14,500 sq. ft. showroom! Carpet, ceramic tile, vinyl, appliances, furniture and bedroom sets to list a few! Check us out at www.superior-flooringandfurniture.com. 360 14th St., Burlington, CO (719) 346-7579. -4-26-tfn-

Help Wanted

District Executive needed to give leadership to the development and maintenance of quality Scouting programs throughout six counties in north central Kansas. This position supports the mission and vision of the Boy Scouts of America by managing, planning and leading the District covering Decatur, Graham, Jewell, Norton, Phillips, Sheridan, and Smith Counties, to achieve financial objectives, membership growth and retention and superb programs. The Boy Scouts of America is an equal opportunity employer. In addition to offering a competitive salary, the Boy Scouts of America will be offering benefits to include medical, dental, vision, and retirement. Applicants must have a four year college degree and must live in or relocate to the service area. Send resumes with cover letter to: Coronado Area Council, Attn: Ross Munt, PO Box 912, Salina, KS 67402 or email to ross.munt@scouting.org.

BOOKKEEPING POSITION

First National Bank is accepting applications for a **FULL-TIME BOOKKEEPING POSITION.** Applicants should have proficient Work and Excel skills, along with general accounting knowledge. Attention to detail is essential. Generous benefit package includes insurance, vacation, sick leave and 401K. Applications available at the Bank, 202 E. 11th, Goodland, KS. 785-890-2000. EOE/AA. Member FDIC



Kansas Human Services Assistant

The West Region Department for Children and Families (DCF) – Goodland Service Center is now recruiting for a Human Services Assistant. This is a full-time benefit eligible position with a beginning salary of \$12.35/hour. **Minimum requirement:** High school education or equivalent. This position will provide front desk coverage.

In order to be considered for a position, an application must be completed and submitted. This can be done by going on-line at www.jobs.ks.gov submit to DCF, West Jobs, using the Requisition number 173620. Applications must be received by 5:00 pm, Thursday, January 17, 2013. Applicants claiming Veterans Preference must submit a copy of their DD-214 to the Division of Personnel Services. Each applicant applying for a State of Kansas job vacancy must obtain a State Tax Clearance Certificate by accessing the Kansas Department of Revenue's website at <http://www.ksrevenue.org/taxclearance.html>. A Tax Clearance is a comprehensive tax account review to determine and ensure that an individual's account is compliant with all primary Kansas Tax Laws. This is in accordance with Executive Order 2004-03. A tax clearance must be submitted in order to be considered for an interview. For more information, please send an email to WestJobs@dcf.ks.gov and reference the Requisition number. DCF is an ADA/EOE committed to a diverse workforce.

First National Bank Hiring

First National Bank is accepting applications for a **FULL-TIME Lending Support/Clerical Position** in their Goodland location. Applicants should have proficient office technology skills, be customer oriented and willing to take on a variety of job duties. Attention to detail is essential. Generous benefit package includes insurance, vacation, sick leave and 401K. Applications available at the Bank, 202 E. 11th, Goodland, KS. (785) 890-2000. EOE/AA. Member FDIC.



ADMINISTRATIVE ASSISTANT

Full-time position with Goodland Regional Medical Center. Responsible for coordinating and performing administrative and clerical tasks in support of the hospital's CEO and its senior management team. Must have completed appropriate secondary education (BS or AD) or have had similar employment experience (3-5 years) relevant to this position. Excellent verbal & composition skills required.

Competitive salary with excellent fringe benefits such as paid medical, dental, life insurance, Paid Time Off, etc. Submit resume to GRMC Human Resources Department or apply on-line at www.goodlandregional.com at earliest convenience. Goodland Regional Medical Center is an Equal Opportunity Employer (EOE).



Crossword Puzzle

1	2	3	4	5	6	7	8	9
10		11		12		13		14
15		16		17		18		
19		20		21				
22				23				
24				25				
26				27				
28	29			30	31			
32				33				
34				35				
36				37	38			
39				40				42
43				44	45			
46				47			48	49
50				51			52	
53				54			55	

- CLUES ACROSS**
- Tooth caregiver
 - Greek counterpart of Rhea
 - A numbered mail compartment (abbr.)
 - New Zealand parrots
 - Political action committees
 - Fringe-toed lizard
 - Reposes
 - Winglike structures
 - MacMurray of "My Three Sons"
 - Oprah's Broadway show
 - Ceaser, egg and tossed
 - Oarlock
 - Agile, lively (nautical)
 - Skim or dart
 - And, Latin
 - Embodies
 - Gallivants
 - Hyperbolic cosecant
 - Rural delivery
 - Atomic #89
 - Opposite of wealthy
 - Imus and Knotts
 - Yellow ageratum species
 - Large tropical Am. lizard
 - Late Show star
 - Armor breastplate
 - "Death in the Family" author
 - Liquors from rice
 - Bread for a burger
 - Yeast
 - 100 = 1 tala in W. Samoa
- CLUES DOWN**
- Danish krone (abbr.)
 - Insect repellents
 - Move sideways
 - October's birthstones
 - ___ Alto, California city
 - Mark of healed tissue
 - Somewhat purple
 - Egg mixture cooked until just set
 - Past tense of bid
 - Ancient stone slab bearing markings
 - 9th month (abbr.)
 - Thrown into a fright
 - A playful antic
 - "Waiting for Lefty" playwright
 - Ultrahigh frequency
 - Cutting gun barrel spirals
 - Youth loved by Aphrodite
 - Get by begging
 - Cleans by scrubbing vigorously
 - Bubonic calamity
 - Radioactivity unit
 - Bow (Sanskrit)
 - Legless reptiles
 - Thick piece of something
 - A distinct part of a list
 - Regarding (Scottish prep.)
 - Something that is owed
 - Mild exclamation
 - River in Spain
 - Variation of 17 down

The crossword puzzle brought to you by:
The
Goodland Star-News
1205 Main, Goodland, Kan. 67735
(785) 899-2338

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The Goodland Star-News
1205 Main
Goodland, Kan. 67735
899-2338

5	2	4	7	1	8	6	9	3
1	7	6	3	9	5	2	8	4
8	9	3	6	4	2	5	1	7
4	5	8	1	2	3	7	6	9
6	3	2	9	5	7	8	4	1
9	1	7	4	8	6	3	5	2
2	8	9	5	3	1	4	7	6
3	6	1	8	7	4	9	2	5
7	4	5	2	6	9	1	3	8

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Goodland, Kan. 67735
899-2338

V	O	N	A	B	I	D	E	K	A	L	E		
A	G	O	F	B	O	N	E	S	A	R	I	A	
D	O	U	R	E	S	S	A	V	I	S	T		
E	S	T	E	S	T	O	R						
S	T	R	A	W		R	I	F	F	L	E		
D	A		I	S	O		E	R	I	E	S		
O	X	O	F	C	H	O	C	O	L	A	T	E	
D	E	A	L		E	L	L		S	R	O		
O	S	S	E		R	A	D	A	R				
			E	P	S		D	E	L	E	T	E	
E	M	S	T	A	T	E		A	D	F	L	A	
L	O	T		C	A	N	O	F	W	O	R	M	
A	V	E		E	R	O	D	E		I	R	A	S
L	E	W		R	E	S	E	W		L	I	N	Y



Time for a New Career

The Goodland Star-News is looking for a **FULL-TIME Advertising Representative** to join our team selling advertising for *Nor'West Newspapers*. The work week would be 40 hours; computer skills helpful but not required. Must have good communication skills, excellent customer service skills with attention to detail, and enjoy a fast-paced atmosphere.

Send a letter and resume to Kevin Bottrell, Editor, at 1205 Main, Goodland, KS 67735.
Email: kbottrell@nwkansas.com or apply in person. No calls please.

The Goodland Star-News
1205 Main Avenue, Goodland, KS 67735 • (785) 899-2338

Goodland wrestlers win Rossville tournament

The fifth-ranked Goodland High School varsity wrestling team won the Rossville Invitational on Jan. 5.

The Cowboys had a team score of 224.5, beating second-place Sabetha by 59 points.

Austin Hernandez won the 126-pound bracket. He had a bye in the first round. He then defeated Tyler Mundy of Sante Fe Trail in an 11-3 major decision and Dalton Lehmkuhl of Hiawatha by fall to advance to the championship round, where he beat Jacob Gentry of Rossville in an 8-4 decision to claim the title.

John Peden won the 152 bracket. After a first-round bye, he beat Tucker Cales of Riley County by fall and Trevor Fee of Doniphan West by an 8-3 decision to advance to the championship round, where

he beat Nick Reesor of Rossville in a 3-2 decision to claim the title.

Tanner Gastineau, 106, won four matches. He defeated Clayton Gum of Pleasant Ridge in a 5-2 decision; Trei Harrell of Sabetha by fall; Luke Martin of Clay Center by technical fall; and Hunter Idol of Doniphan West by fall.

Aaron Avelar, 113, won four matches and lost one. He defeated Tony Weber of Pleasant Ridge in a 2-1 decision; Zac West of Sante Fe Trail in a 19-2 technical fall; Tyler Teraat of Riley County by fall; and Mart Robinson of Clay Center in a 15-0 technical fall. He lost to Brady Lowell of Republic County in a 10-2 major decision.

Tristen Cooper, 120, won three matches and lost two. He defeated Colin Koger of Sante Fe Trail by fall; and Christian Small

of Hiawatha twice by fall and in a 9-8 decision. He lost to Thaine Allen of Sabetha in a 15-4 major decision and Corey Tyler of St. Marys in a 6-0 decision.

Brook Bahe placed third at 132. He had a bye in the first round. He beat Ben Meyer of Sabetha by an 11-2 major decision, but lost to Blake Graham of Pleasant Ridge in a 6-3 decision. Bahe then beat Cole Hogan of Clay Center in a 10-0 major decision to advance to the third place round, where he beat Ben Meyer in a 12-9 decision.

Drew House, 138, won two matches and lost two. He beat Conor Nichols of Perry Lecompton by fall in the first round but lost to Greg Tooley of St. Marys in a 17-2 technical fall. In the consolation bracket, House beat Cory Holcomb of Immaculata by fall, but lost to Nick Hyde of Pleasant Ridge in

a 5-4 decision.

Ricky Milke placed fourth at 145. He lost to Dalton Toekles of Hayden in a 4-1 decision. In the consolation bracket, Milke beat Rylan Piper of Sante Fe Trail in a 13-7 major decision; Garret Dunlap of Doniphan West in a 12-10 decision and Sawyer Havenstein of Riley County in a 12-9 decision. He lost to Grady Ware of Clay Center in a 9-0 major decision to take fourth.

Josh Whisnant placed third in the 160 class. He lost in the second round to Chaz Wright of Sante Fe Trail in a 3-2 decision. In the consolation bracket, he beat Sam Linder of Immaculata in a 15-0 technical fall; Knute Nelson of Riley County by fall; Michael Baumgartner of Sabetha in a 5-3 decision; and Booby Bleakley of St. Marys in a 10-4 decision to take third.

Ian Bonsall placed third at 170. He beat Jared Bridwell of Hayden by fall and Zach Jensen of Rossville by fall, but lost to Gavin Grater of Riley County by a 16-0 technical fall. He then beat Dillon Weaver of Atchison County by fall to advance to the third place match, where he beat Ray Farnsworth of Republic County in a 9-2 decision.

Colton Cooper, 182, won two matches and lost one. He beat Logan McKinney of Pleasant Ridge by fall and Aaron Weber of Atchison County by fall. He lost a 5-2 decision to Levi Huneke of Sabetha.

Tyler Gastineau placed second at 195. He beat Zach Thurlow of Clay Center by fall and Tristan Speer of Doniphan West by a 13-5 major decision to advance to the championship round, where he lost a 5-1 decision to Tyler Edelman of Sabetha.

Cowboys get league win

By Kevin Bottrell

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The Goodland High School boys basketball team scored a win in the Great West Activity Conference at home on Friday over the Hugoton Eagles.

The Cowboys doubled up on Hugoton in the first quarter, outscoring the Eagles 13-6 and never losing the lead after that. Despite a Hugoton rally late in the fourth quarter, the Cowboys pulled off the win, 53-45.

Goodland advances to 3-6 overall and 1-2 in league play. The Cowboys are in Hillsboro for the Trojan Classic tournament, which will continue Friday and Saturday.

Hugoton won the tipoff but did not score on the first possession. It took one minute for the Eagles to put the first points on the board. Then Kolt Trachsel was fouled and made a free throw. With 6:45 to play in the first quarter, Hugoton scored again, then Gannon Ihrig drove inside for two and was fouled, he made his free throw to tie the game at 4-4.

A minute later Gage Ihrig was fouled and hit a free throw. Gunner Helton made a steal and attempted a layup but was fouled. He made a free throw to make it 6-4.

At two minutes left in the quarter, Hugoton scored to tie the game 6-6. Gage Ihrig made a three pointer, then Gannon Ihrig made two free throws and a layup to end the quarter with the Cowboys in the lead 13-6.

Gage Ihrig put in a free throw to open the second quarter. After two minutes, Taylen Smith hit a jump shot to make it 16-6. Gannon Ihrig put in a two pointer, then Hugoton put in four points to make it 18-10. Smith was fouled and made one free throw, then Ruben Lazaro put in two points.

With 3:18 left in the half, Hugoton put in three points. Then, Adam Simmerman hit a three pointer to make it 24-13. The Eagles made a layup, answered by a two-pointer from Smith. Hugoton made two free throws to make it 26-17.

With less than a minute left, Gannon Ihrig drove inside and made a basket for two points. Hugoton put in a two pointer, answered by a last-second two pointer from Ihrig to end the half in the lead 30-19.



Gage Ihrig passed around a Hugoton defender during the Cowboys' win over the Eagles on Friday. Ihrig has scored in double digits in every game this season. Photo by Pat Schiefen/The Goodland Star-News

After halftime, Ihrig continued his high-scoring night with a steal and a layup. A minute later Helton scored. Then Hugoton made a three pointer, then Gage Ihrig made two free throws to make the score 36-24.

With 2:55 left in the quarter, the Eagles made a two pointer. Smith made a two pointer of his own, but committed a foul, allowing Hugoton to score two free throws. Zach Miller made a two pointer on a pass from Gannon Ihrig to make it 40-28. Hugoton scored a putback, then Ihrig hit a three pointers to end the quarter up 43-30.

Lazaro scored to open up the

fourth quarter. Hugoton answered with two points. No one scored until 4:13 when Hugoton added a basket to make it 45-35. Gannon Ihrig made two free throws, then Hugoton scored a putback. Ihrig put in another two points with 2:30 remaining.

The Eagles put in six unanswered points, closing to 49-43. With 1:18 remaining, Gannon Ihrig put in four free throws. Gage Ihrig and Trachsel each added a free throw. Despite adding another basket in the final seconds, the Eagles couldn't overcome the Cowboys lead, losing 53-45.

Cowgirls fall to Hugoton 52-38

The Hugoton Lady Eagles put the first three points on the scoreboard in the game against the Cowgirls on Friday night at Max Jones Fieldhouse and never lost the lead, beating the Cowgirls, 52-38.

The Cowgirls just couldn't get their shots to go in and between the turnovers and blocks by Hugoton, they had a long night.

The Cowgirls are in Hillsboro today for the Trojan Classic. The tournament continues Friday and Saturday. They are 3-6 so far this season.

In the first quarter Hope Cochran put the first two points on the board at the free throw line for the Cowgirls with 5:50 left. Hugoton led 4-2. When Maddie Mayer missed her shot Brianna White got a putback. Cochran missed the next shot but Mayer rebounded and scored. The Eagles led, 9-6. Mayer ended the quarter with a basket. The Eagles led 15-8.

At the beginning of the second quarter Cochran hit a bucket. The Cowgirls were scoreless until Kate-Lynn King hit a free throw with 3:49 left in the quarter. The Cowgirls added another basket and two free throws made by Cochran before the half ended. The Lady Eagles, however, put in nine points, leading 24-15.

Faith Biermann added the first two points from free throws in the third quarter. Cochran added two more free throws. Then Cochran sunk a basket with an assist from Biermann. King rebounded and made a basket. King added a free throw and a basket for the last Cowgirls points in the third quarter. The score at the end of the third quarter was Lady Eagles, 41-26.

In the first minute of the fourth quarter White made a basket. Paige Phillips added her first bucket of the night. With about five minutes left in the quarter Cochran added a free throw. King made a free throw. Ellie House got some time playing and went to the free throw line. Cochran added another free throw. The Lady Eagles led, 51-33. The final buckets for



Faith Biermann went up for a shot during the Cowgirls game against Hugoton on Friday. Photo by Kevin Bottrell/The Goodland Star-News

the game by the Cowgirls were made by Mayer and White and Cochran added one last free throw. The Cowgirls lost, 52-38.

FUN BY THE NUMBERS

4		6	8		9	2	5
		9	6		2		
2	8						
5	8						6
	4		8	6	3	7	
	6	2		7	4	8	1
	2			3		7	9
8	3	7					
6				9			3 8

Level: Beginner

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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School calendar for January 16-22

Goodland High School • Grant Junior High School
West Elementary School • Central Elementary School

Culligan

904 Main Street
Goodland, KS
(785) 899-2352

Wednesday: Gold day

7:30 a.m.: PLC

Thursday: 3 p.m.: Boys Junior High Basketball at Holcomb

Friday: 2 p.m.: Varsity Wrestling at Hays Senior Prairie Classic

Saturday: 9 a.m.: Varsity Wrestling at Hays Senior Prairie Classic

8:30 a.m.: Junior Varsity Wrestling at Atwood

Monday: Girls Junior Varsity Basketball at Syracuse

12:30 p.m.: Junior High Scholar's Bowl at Brewster

3:30 p.m.: High School Scholar's Bowl at Brewster

Tuesday: Gold day

3 p.m.: Boys Junior High Basketball at Scott City

3:45 p.m.: Junior Varsity Basketball at Colby

5:30 p.m.: Varsity Basketball at Colby

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