

card showers

**Betty Webb** will be 85 on Thursday, Nov. 29, 2012, and her family is requesting that cards be sent to her at 515 Grand, Goodland, Kan. 67735.

**John and Eleanor (Wilson) Elliott** will celebrate their 60th wedding anniversary on Tuesday, Nov. 20, 2012. Cards may be sent to them at P. O. Box 174, Edson, Kan. 67733.

student news

**Monica Albers** of Centennial, Colo. formerly of Goodland received her Bachelor of Science in Nursing from the University of Phoenix in Denver. She was the student of the year and is now in a masters program. She works for CHP corporate offices as the utilization officer.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from 1 to 5 p.m. **Wednesday through Monday.** Closed on Tuesday.

**The High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. **Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

**The Carnegie Arts Center** is open from 10 a.m. to 5 p.m. **Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

**The Goodland Public Library** is open from 10 a.m. to 8 p.m. **Monday through Thursday** and from 10 a.m. to 5 p.m. **Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**The Good Sam Family Support Council** meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Breast Cancer Support Group** meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

**The Goodland Activities Center** has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodland-gac.com or stop by 808 Main. **Aerobics** with Tena Thompkins at 5:30 a.m. on Monday, Wednesday and Fridays. **Aerobics** with Lisa Malsom at 5:30 p.m. on Monday and Wednesday. **High Impact Workouts** with Grady Bonsall at 5:30 a.m. on Tuesday and Thursday. **Taekwondo** with Wayne Luckert on Tuesday at 5 to 5:30 p.m. Tigers, 5:30 to 7 Karate Kids and 5:30 to 7 p.m. adult. Wednesdays 5 to 5:30 p.m. Tigers, 5:30 to 6:30 p.m. Karate Kids and 5:30 to 7:30 p.m. adults.

**Weight Watchers** meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every **Tuesday** at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

**Goodland Alcoholics Anonymous**, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

**Goodland AI-Anon AFG** meets at 6 p.m. **on Fridays** at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

**The Incognito Group.** If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place

the calendar

calendar

The **Pride of the Prairie Orchestra** will have a **2:30 p.m. (Mountain Time) on Sunday** will present a "Wrapsody" of Christmas and Holiday Favorites conducted by Andrew Salvador at the Frahm Theatre on the Colby Community College Campus. It will feature "JuBellation," the Trinity Lutheran Church Handbell Choir. Admission is by patron ticket or at the door \$10 for adults, \$5 for seniors and \$3 for students. For questions call Mary Shoaff at (785) 462-2159 or Janet Hopson (785) 462-5102.

**Prairie Land Food sign up will be until Monday, Dec. 3.** Distribution is 1 to 2 p.m. on Saturday, Dec. 15, at the Knights of Columbus, 7th and Caldwell, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 821-1827, 821-1275, or 890-3793 or order online at www.prairielandfood.com. The Prairie Pak will have ground beef, beef steak strips, breaded chicken breast fillets, split chicken breast, bacon, cherry pie, seasonal fresh fruits and vegetables. The specials are spiral sliced holiday ham, Christmas meat and cheese box, T-bones and roaster boneless chickens.

**The Kids Christmas Shoppe** at the Goodland Churches Thrift Store, 1002 Main, will be from 10 a.m. to 2 p.m. on Saturday, Dec. 8.

The next in the Films of Faith Film Series will be "The Nativity Story" at 1:30 p.m. on Sunday, Dec. 9, at the Sherman Theatre,

1203 Main. Admission is free and all are invited to the Emanuel Lutheran Church for a hymn sign of Advent and Christmas hymns.

**Senior Health Insurance Counselors of Kansas** will assist people with Medicare plans during the enrollment period from Monday until Friday, Dec. 7, at the Goodland Public Library two days a week. To set up an appointment call (785) 890-5908, (785) 399-2407 or (785) 821-1626.

**Tuesday Flicks** are at 1:30 p.m. at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

**Today:** Closed for Thanksgiving. **Monday:** Steak fingers, mashed potatoes with gravy, Italian blend vegetables, bread and pears. **Tuesday:** Chef salad, tropical fruit, breadstick and brownie. **Wednesday:** Chili, orange pineapple salad, crackers and cinnamon roll. **Thursday:** Cook's choice entree, hash brown casserole, green beans, bread and peaches. **Friday:** Salisbury steak, mashed potatoes with gravy, peas, bread and applesauce.

school menu

**Today:** Thanksgiving vacation. **Monday:** Breakfast - cereal bar, string cheese, fresh fruit cup and milk. Lunch - beef and bean burrito, romaine and tomato, Mexican corn salsa, whole grain corn chips, apple wedges and milk. **Tuesday:** Breakfast - baked French toast strips, strawberries and bananas and milk. Lunch -

stromboli, garden spinach salad, fresh carrots, fresh strawberries and milk. **Wednesday:** Breakfast - western omelet quesadilla with tomato salsa, potato rounds, fresh pear and milk. Lunch - barbecue beef on a bun, baked beans, sweet potato puffs, orange smiles, oatmeal cookie and milk. **Thursday:** Breakfast - coffee cake, sunrise smoothie, graham crackers. Lunch - turkey and cheese sub with lettuce and tomato, oven fries, sliced peaches, graham snacks and milk. **Friday:** Breakfast - biscuit and gravy, apricots and milk. Lunch - country style beef pattie, mashed potatoes and gravy, steamed broccoli, wheat roll and jelly, banana and milk.

school calendar

**Today:** Thanksgiving vacation. No school. **Monday:** high school picture retakes, high school organization and sports pictures. 3:30 p.m. junior high scholars' bowl at home. 7 p.m. board of education meeting. **Tuesday:** Gold day. 3 p.m. girls seventh grade basketball at Scott city. 3 p.m. junior high wrestling quad at Holcomb. 3 p.m. high school scholars' bowl at Tribune. 3:30 girls eighth grade basketball against Scott City in the Goodland High School gym. 5 p.m. basketball sports drink scrimmage. **Wednesday:** Black day. 7:30 a.m. professional learning communities. **Thursday:** 5:30 p.m. varsity and junior varsity wrestling against Oberlin. **Friday:** 3:45 p.m. junior varsity and c team basketball at Norton. 5:30 p.m. varsity basketball at Norton.



Caldwell's then



Caldwell's now

Couple to celebrate 60 years together

Richard and Barbara Caldwell will celebrate their 60th wedding anniversary on Sunday, Nov. 25, 2012. Their children are requesting cards be sent to them at Wheatridge Acres, 708 Wheatridge Circle Drive Apartment 708, Goodland, Kan. 67735. They were married on November 25, 1952, in Las Vegas. The couple have a daughter Terri Lucas and a son Jaymes Caldwell, both of Goodland. Their grandchildren are Michelle Kaiser, Aubree Caldwell and Joseph Caldwell. Emily Purvis is their great-grand-

Activities center gets donation from fund

The Goodland Activities Center received a \$500 donation from the Midwest Energy Community Fund fall disbursement. "These funds will be used to purchases and update various items needed," said Tess Smith, director of the Goodland Activities Center. The Midwest Energy Community Fund was created in 2005. Five committees of Midwest Energy customers determine who receives the awards ranging from \$50 to \$1000. The committees can direct funds to activities that focus on youth, arts, education, libraries, community events or other priorities they choose. The fund awards grants twice a year; application deadlines are March 1 and Sept. 1. Applications are being accepted now for disbursements in the Spring of 2013. Over 180 organization submitted applications for the awards. Any organization that wants to request a donation should contract their local Midwest Energy office or go to www.mwenergy.com for more information.

Compost piles need to be turned monthly

Compost piles should be turned about once per month even during the winter months. This will insure the composting process continues and that all materials are equally composted. A compost pile is "turned" when uncomposted material is moved from the sides and tops of the pile to the center where it provides "fuel" for the microorganisms that break it down. This is the time of year when there are lots of materials available to compost.

Remember that the compost needs to be kept moist so that the bacteria and fungi can break down



dana belshe

• ag notebook

the raw materials. Use a sprinkler to soak through the pile to the center. Allow the pile to drain. The goal is for the pile to remain moist; not waterlogged. Edges will dry out the quickest and may need a light sprinkling from time to time. If you are interested in composting but don't know how it is done, see our video at http://tinyurl.com/c8aw6lk and/or our publication at http://www.hfr.ksu.edu/doc1757.ashx

(303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of **Narcotics Anonymous** meets at 8 p.m. **Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at 6:30 p.m. **(Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at 7 p.m. **Thursdays** for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from 6:30 to 8:30 p.m. the **third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

**Prairie Museum of Art and History**, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday. On exhibit during the month of October is a selection of works from the art department at Colby Community College. The pieces in the show, created by art instructor Rebel Jay and her students from several art classes, utilize a variety of media including acrylics, chalk, clay, paper and found objects.

thrift store

The Goodland Churches Thrift Shop, 1002 Main, is open 9 a.m. to 5 p.m. on Tuesday through Friday and 10 a.m. to 2 p.m. on Saturday. Donations welcome. For informa-

tion call 890-2007. The Kids Christmas Shoppe will be from 10 a.m. to 2 p.m. on Saturday, Dec. 8.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and

4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570.

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**Classifieds work! 899-2338**