

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at **7 p.m.** the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Breast Cancer Support Group** meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

The **Goodland Activities Center** has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit [goodlandgac.com](http://goodlandgac.com) or stop by 808 Main.

**Aerobics** with Tena Thompkins at 5:30 a.m. on Monday, Wednesday and Fridays. **Aerobics** with Lisa Malsom at 5:30 p.m. on Monday and Wednesday. **High Impact Workouts** with Grady Bonsall at 5:30 a.m. on Tuesday and Thursday. **Taekwondo** with Wayne Luckert on Tuesday at 5 to 5:30 p.m. Tigers, 5:30 to 7 Karate Kids and 5:30 to 7 p.m. adult. Wednesdays 5 to 5:30 p.m. Tigers, 5:30 to 6:30 p.m. Karate Kids and 5:30 to 7:30 p.m. adults.

**Weight Watchers** meets at **5:30 p.m. for weigh in** and 6 p.m. for the meeting every **Tuesday** at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit [rightcombinationdance.com](http://rightcombinationdance.com).

**Goodland Alcoholics Anonymous**, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

**Goodland AI-Anon AFG** meets at **6 p.m. on Fridays** at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The **Incognito Group**. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of

the calendar

calendar

The **Farmers Market** at 9th and Center is open from 8:30 a.m. on Saturday until sold out. Mini-market is from 4 to 6 p.m. on Tuesday.

**Sherman County Touch a Truck** will be from **10 a.m. to 2 p.m. on Saturday, Oct. 20**, at the Walmart Parking Lot. First hour is horn and siren free. Admission is free but donation boxes will be set up for local Genesis and Toys for Tots. For information call Deputy Jason Showalter, Sherman County Sheriff's Office (785) 890-4835.

The Talk About Literature in Kansas **book discussion** series discussing "Where Echo Lives" by Marcia Muller will be at **6:30 p.m. on Thursday, Oct. 18**, at the Goodland Public Library, 812 Broadway. For information call (785) 899-5461.

"Facing the Giants," the next **film of faith** will be at **1:30 p.m. on Sunday, Oct. 14**, at the Sherman Theatre, 1203 Main. There is no admission charge.

**Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at **7 p.m. Thursdays** for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

**Prairie Museum of Art and History**, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry;

**Tuesday Flicks** are at **1:30 p.m.** at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

**Today:** Frito chili cheese pie, five cup salad, corn chips and cinnamon roll. **Wednesday:** Turkey slice, mashed potatoes with gravy, green beans, bread and fruit crisp. **Thursday:** Cook's choice entree, tater triangles, broccoli, bread and gelatin with peaches. **Friday:** Pasta salad with ham, tropical fruit, breadstick and cookie.

school menu

**Today:** Breakfast - star spangles pancakes, sausage, juice and milk. Lunch - chicken wrap with lettuce and tomato, spanish rice, steamed carrots, tropical fruit and milk. **Wednesday:** Breakfast - whole wheat bagel with toppings, fresh orange and milk. Lunch - spaghetti with meat sauce, spinach salad, seasoned peas, garlic bread, fresh grapes and milk. **Thursday:** Breakfast - breakfast pita with to-

fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to [www.sherman.kansas.com](http://www.sherman.kansas.com).

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** a.m. Jan Lambertz. **Wednesday:** a.m. Faye Paxton and p.m. Jessie Owens. **Thursday:** a.m. Debbie Lucas. **Friday:** a.m. Avis Alcorn.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in

mato salsa, hash browns, kiwi and milk. Lunch - taco salad, whole grain corn chips with salsa, refried beans, cinnamon puff, pineapple tidbits and milk. **Friday:** Breakfast - breakfast lasagna, fruit cocktail and milk. Lunch - chicken and noodles, mashed potatoes, green beans, wheat roll, orange wedges and milk.

school calendar

**Today:** Gold day. 9 a.m. girls varsity golf at Ulysses. 3:30 p.m. varsity, junior varsity, c team volleyball quad (senior night) at Max Jones Fieldhouse. 3:30 p.m. junior high volleyball A/B triangular at Colby. **Wednesday:** Black day. 7:30 a.m. professional learning community. **Thursday:** 2 p.m. girls junior varsity golf at Syracuse. 3:30 p.m. junior high volleyball A/B at Oakley. 3:30 p.m. junior high football at Oakley. **Friday:** Homecoming. 6:30 p.m. varsity football against Ulysses at Cowboy Stadium. Homecoming Dance. West School pie sales kick-off.

their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to [www.petfinder.com](http://www.petfinder.com) and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website [www.nwkasgoodland.webs.com](http://www.nwkasgoodland.webs.com).

obituaries

Diana Lynn Dorn

Diana Lynn Dorn, 54, longtime Goodland resident, died Saturday, Sept. 22, 2012, at Good Samaritan Society - Atwood.

She was born May 20, 1958, to Laura (Pafford) and Daniel Dorn, Sr. at Greeley, Colo. In February 1977 the family moved to Sherman County.

Ms. Dorn was a member of the Emmanuel Lutheran Church in Goodland.

Preceding her in death was her mother, Laura Dorn in Dec. 2, 2010.

Survivors include her father of Goodland and three brothers, David

(Dee) Dorn, Daniel Dorn, Jr. and Donny Dorn, all of Goodland.

Services will be at 2 p.m. on Thursday, Sept. 27, 2012, at the church, 222 W. 13th, Goodland with Pastor Darian Hybl officiating and burial in the Goodland Cemetery.

Friends may share their respects one hour prior to the service at the church.

Memorials to the Diana Lynn Dorn Memorial may be left at the church or mailed to Koons Funeral Home, 211 N. Main, Goodland, Kan. 67735-1555.



Dorn

Frances I. Musalek

Frances I. Musalek, 86, Goodland homemaker, died Friday, Sept. 21, 2012, at Good Samaritan Society - Sherman County in Goodland.

She was born Oct. 27, 1925, to Jennie O. (McDaniel) and William F. Roesch at Chardon in Rawlins County. Mrs. Musalek graduated from high school in Atwood.

On Nov. 11, 1946, she and Frank Musalek were married at Atwood. The couple made their home in McDonald. They moved to Goodland in 1954.

Mrs. Musalek was a member of Our Lady of Perpetual Help Catholic Church in Goodland.

She enjoyed crocheting, sewing, cooking, playing bingo, writing poems, playing the piano, dancing, visiting with family and friends, seeing the people from Meals on Wheels, flower gardening and canning (especially million dollar pickles and watermelon pickles).

Preceding her in death were

her parents; a daughter, Debbie Snethen; a granddaughter, Susan Colby; a grandson, Marshall Snethen; a brother, James Roesch; and a sister, Mary Noble.

Survivors include a son, Frank (Jody) Musalek of Hays; five daughters, Jeanette (Varden) Bogart of Colorado Springs, Janice (Harlan) Schwertfeger of Hutchinson, Marilyn (Darryl) Colby of Haysville, Becky (Greg) Spady of Hastings, Neb.; and Linda (Brian) Rumpel of Goodland; 22 grandchildren; and 23 great-grandchildren.

Services were at 2 p.m. on Monday, Sept. 24, 2012, at the church, 307 W. 13, Goodland with Father Norbert Dlabal presiding and burial in the Goodland Cemetery.

Visitation was from 4 to 6 p.m. on Sunday, Sept. 23, 2012, at Koons Chapel, 211 N. Main. Vigil and rosary were at 6 p.m.

Memorials to the church or to the Frances Musalek Memorial may be sent to the funeral home.



Musalek

KOONS FUNERAL HOME, INC  
AND MONUMENTS  
[www.koonsfuneralhome.com](http://www.koonsfuneralhome.com)

Lori Headley Moore

Lori Headley Moore, 48, Garden City, former Brewster resident, died Tuesday, Sept. 18, 2012, at her home.

She was born Jan. 20, 1964, to Duane and Judy (Campbell) Healey in Denver. The family moved to Brewster when she was a child. After completing the eighth grade, she and her family moved to Klamath Falls, Ore., for a short time. Then they moved to Colby where she graduated in 1982 from Colby High School.

On May 6, 1983, she and Kent Moore were married in Brewster. They lived in various places before moving to Garden City in 2004.

Mrs. Moore was a homemaker and enjoyed scrapbooking, working on home projects, making photo albums, needlepoint and cross

stitch.

Preceding her in death was her brother, Duane Headley Jr.

Survivors include her husband of the home; her parents of Brewster; two sons, Spencer Moore and Colby Moore of the home; three brothers Dean (Theresa) Headley of Burlington, Mike Headley of Merritt Island, Fla. and Dale Headley of San Antonio, Texas; and a sister, Marla Jo Heishman of Denver.

Services were at 10 a.m. (Mountain Time) on Saturday, Sept. 22, 2012, at the Brewster Community Church in Brewster with Pastor Mike Tinkelman officiating.

Memorials to the Lori Moore Memorial Fund for her children's education may be sent to Garnand Funeral Home, 412 N. 7th Street Garden City, Kan. 67846.

matters of record

Goodland Police

The following incidents have been reported to the Goodland Police Department:

**August 17:** 6:55 p.m., 217 W 5th St., arrested Randall L. Willmes and Amanda M. Willmes for domestic battery and disorderly conduct. Case referred to city attorney.

**August 18:** 6:49 p.m., 1601 Cherry Ave., a juvenile reported a theft. Case remains under investigation.

**August 19:** 1:37 a.m., 723 Broadway Ave., Jennifer Rose Shandrick reported a theft and Bobbi Jo Ray

was arrested. Case referred to city attorney.

3:59 p.m., 1601 Montana Ave. arrested Lucas Ruth for a warrant for another jurisdiction x2, Thomas County. Case referred to county attorney.

7:09 p.m., 723 Broadway Ave. advised she caught the person on tape that has been stealing out of her carport.

**August 20:** 12:10 a.m., 1525 Wyoming Ave. arrested Joshua Joel Brooks for driving under the influence. Case referred to city attorney.

With nothing to do I feel bored

"We value more that which we have to work to attain, and we devalue almost anything that comes easy." ~Donald Miller

I read that quote last night after spending the entire day wishing things would be easier. My calendar is full, my to do list is long, and every phone call brings another issue to work on. As a business owner, you know what I'm talking about. But here is the flip side - when my



jamie morphew

business tips

calendar was full of white space, my to do list was done and the phone was quiet, I was bored. I didn't feel I was accomplishing much. My work lacked meaning.

Staples is wrong. We don't need an easy button. We need a change of perspective. Working hard for something adds value to it. My calendar is full of opportunities, I have a long list of things I'm going to accomplish, and every phone call brings another chance to help someone. Easy is boring. I want a full and

meaningful life. How about you?

This tip was brought to you by Western Kansas Business Consulting sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at #620-874-0771 or e-mail [wkbc@wbsnet.org](mailto:wkbc@wbsnet.org).

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