

Agency looking to hire medical fraud investigators

People interested in fighting Medicare and Medicaid fraud are being recruited for training.

The Kansas Department for Aging and Disability Services, Senior Medicare Patrol and the Northwest Kansas Area Agency on Aging are partnering to find and train individuals for a federally funded national endeavor created to help Medicare and Medicaid beneficiaries prevent, detect and report health care fraud.

"Help us prevent and protect potential victims by joining us in the fight against Medicare and Medicaid fraud in Kansas," said Glenna Clingingsmith, information and assistance supervisor. "Become a Senior Medicare Patrol Volunteer."

Since its inception in 1997, the Patrol is credited with saving taxpayers more than \$100 million and volunteers serve a vital role in the program, she said.

Each volunteer receives extensive training which includes the patrol mission, Medicare basics and how to recognize and report Medicare fraud, Clingingsmith said. Trained volunteers will have the tools and

support needed to help seniors protect their personal information, detect suspicious activities and report concerns.

Clingingsmith said the patrol asks volunteers to serve in a number of ways that range from distributing patrol materials, brochures, flyers and handouts to meeting with beneficiaries and answering simple questions or connecting them with the right person to answer more complex questions.

Patrol staff will meet with volunteers individually to ensure that they are given an opportunity to serve in a way that fits their time, interests, location and strengths.

The agency is accepting applications for a training session Friday, Sept. 28, in Hays. The applications will be reviewed and processed by the state department on aging.

To apply, call Clingingsmith at (785) 628-8204, or contact Nikki Gilliland, senior program administrator, at (785) 296-0377 or Nikki.Gilliland@kdads.ks.gov.

Ranch manager shares advice

While it seems simple, for many beef producers, the secret to success and profit lies in knowing their operation's objective and mapping out a plan to get there.

At the 2012 K-State Beef Conference in Manhattan, Chip Ramsay, general manager of Rex Ranch in western Nebraska, advised stockmen to inventory their resources and consider the end goals of their operation before making decisions.

"Seldom do beef producers have the opportunity to create something from nothing," he said. "Most of us inherit something, and we have to take inventory to determine what we have, because that makes a difference in where we want to head."

Ramsay has taken his own advice in managing Rex Ranch, letting the inventory and business objectives shape decisions related to grazing

management, feeding, culling, breeding, calving and more.

One of the ranch's main goals is to lower the cost of production while producing a calf that performs well for both the feedyard and the packer. The ranch manager said he tries to select replacement heifers from cows that produce desirable weaning weights and pregnancy rates, have low labor needs and make efficient use of the range. Bulls are selected from cows that thrive in their environment and exhibit excellent post-weaning performance.

Ramsay also advised stockmen to do research on their options and seek advice from experts as they plan and explore management options.

He emphasized the importance of working from a ranch plan. Producers should write down their breeding objectives, inventory and

research findings. They should also keep record of their inputs and outcomes, as these become the basis for building or modifying the plan in successive years.

"It's tough to write things down, especially in our industry, because our biggest strength is our flexibility," Ramsay said. "We don't know what's going to be thrown at us each day. We've made our living because we are able to adapt."

While it is difficult at times for stockmen to identify and nail down a direction they want to go, he said, it's essential to moving forward. Just because a goal or direction is written down does not mean it can't be changed, he added. It's crucial to re-evaluate and adapt along the way.

Historical talk to cover orphan trains

Everyone is invited to a free program, "Orphan Trains in Kansas," a presentation and discussion by Marilyn J. Holt at noon (Mountain Time) on Sunday, Sept. 2, at the Butterfield Trail Historical Museum, 515 Hilts Ave., Russell Springs.

Sponsored by the Butterfield Trail Association and Historical Society of Logan County in Russell Springs, the program is made possible by the Kansas Humanities Council. Contact the association at (785) 751-4242 for information.

The program will be a part of the activities for the annual Old Settlers' Reunion and Picnic, which includes an 7 a.m. (Mountain Time) nondenominational church service at St. Francis Chapel, 9 a.m. parade, noon Old Settler Recognition, memorials and, after the program, a cow-chip throwing contest.

2012 is the 125th anniversary of Russell Springs' designation as a city so everyone is invited to bring a parade entry, hear about the orphan trains and enjoy all the day's activities. At noon, the association will offer a free hamburger feed and attendees are asked to

bring a side dish and lawn chairs. The city is planning additional activities.

The 'orphan trains' brought poor children from eastern cities to rural Kansas from 1867 until the 1920s. Holt will share firsthand accounts of orphan train riders that challenge the picture of childhood in the "good old day."

Holt is an independent historian who consults on Kansas history. Her publications include books on the orphan trains, rural women, Kansas teenagers, Indian orphanages and children in the American West.

"People often think that I became interested in the orphan trains because someone in my family was an orphan train rider. Not so," said Holt. "I have researched and written about the subject because it fascinates me, as it does many others - whether or not there is a family connection."

"Orphan Trains in Kansas" is part of the Kansas Humanities Council's Speakers Bureau featuring presentations and discussions about Kansas and what it means to be a Kansan over time and across generations.

public notice

TAXES from Page 7

89.81 West, Alex D Prop Addr: 5925 Road 21 67735 Sec-16 Twp-09 Rng-39

3,823.45 West, Alex D & Pamela S Subd-Goodland City Tracts Prop Addr: 2810 Commerce RD 67735 Sec-25 Twp-08 Rng-40

4.57 West, Alex D & Pamela S Subd-Goodland City Tracts Prop Addr: Road 63 67735 Sec-25 Twp-08 Rng-40

4,406.15 West, Alex D & Pamela S Subd-Sharp's Addn To Goodland Lot-1 Prop Addr: 531 W 17th ST 67735

6,175.90 Whalen, Marietta L TR Subd-Goodland City Tracts Prop Addr: 2320 Commerce RD 67735 Sec-25 Twp-08 Rng-40

446.59 Williams, Donald D JR & Toni I Subd-Goodland Original Town Lot-7 Prop Addr: 307 W 9th ST 67735

372.68 Wilson, Gary S Subd-Goodland Original Town Lot-18 Prop Addr: 1111 Center Ave 67735

234.57 Wilson, James Subd-First Addn To Goodland Prop Addr: W 14th ST 67735

378.83 Windell, Matthew Subd-Hartstine's 2nd To Kanorado Lot-12 Prop Addr: 702 Front ST 67741

599.91 Wing, Mark & Laura E Subd-Goodland Original Town Prop Addr: 1016 Sherman Ave 67735

181.96 Winslow, Robert & Phyllis Subd-Goodland Sub Of Blks To Orig Lot-7 Prop Addr: 1201 Broadway Ave 67735

64.09 Winter, Debra D Prop Addr: CO RD Sec-05 Twp-06 Rng-37

Rng-37 301.72 Winter, Debra D etal Prop Addr: CO RD Sec-21 Twp-06 Rng-37

563.18 Winter, Gary L & Debra D Prop Addr: 5890 Road 5 67741 Sec-15 Twp-09 Rng-42

641.09 Winter, Larry A DVM Prop Addr: 245 Road 63 67741 Sec-29 Twp-08 Rng-42

534.91 Winter, Melba J Prop Addr: CO RD Sec-15 Twp-09 Rng-42

247.38 Witzel, Chandra Subd-Rule's 1st Add To Kanorado Lot-14 Prop Addr: 504 Front ST 67741

383.62 Xarhis, John Alex & Kristina Subd-Goodland Original Town Prop Addr: 120 W 14th ST 67735

252.73 Yanez, Jeannie Murry & or Villarea, Toni Esmerada Subd-Kohler First Add To Goodland Lot-15 Prop Addr: 227 Caldwell Ave 67735

216.18 Yarbrough, Walter & Yarbrough, Matilda Subd-First Addn To Goodland Lot-14 Prop Addr: 527 W 13th ST 67735

1,346.40 Yarbrough, Walter & Mary M Subd-C K & N Addn To Goodland Prop Addr: 1602 Main Ave 67735

296.90 Yarbrough, Walter Subd-Sharp's Addn To Goodland Lot-5 Prop Addr: 1622 Wyoming Ave 67735

339.01 Yarbrough, Walter Subd-Sharp's Addn To Goodland Lot-9 Prop Addr: 1629 Wyoming Ave 67735

643.62 Yarger, Michael J Subd-Goodland City Tracts Prop Addr: 1801 Caldwell 67735 Sec-20 Twp-08 Rng-39

168.51 Yarger, Michael J & Cindie J Prop Addr: CO RD Sec-11 Twp-07 Rng-39

2,086.98 Yarger, Mike & Cindy Subd-Goodland City Tracts Prop Addr: 1825 Cherry Ave 67735 Sec-20 Twp-08 Rng-39

297.50 Zupko, Kurt Subd-First Addn To Goodland Lot-5 Prop Addr: 510 W 15th ST 67735

371,543.24 Grand Total

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Abandoned Motor Vehicle

Notice of sale of abandoned motor vehicle in the possession of Bauman's Norwest Recreation INC. The herein described vehicle will be sold at public auction on September 13, 2012, at 2:00 a.m., to the highest bidder for cash, if the owner does not claim the same prior to time of sale and pay for removal, storage and publication costs incurred.

Description of vehicle: Make Kawasaki, Model KZ 454, Serial or identification number JKAENGA16GA026270, Year 1986, Vehicle is in storage at 310 E Highway 24, Goodland.

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Rates, dispersal, soil contact are the keys to good seeding

The keys to successful lawn seeding are proper rates, even dispersal, good seed to soil contact and proper watering. Evenness is best achieved by carefully calibrating the seeder or by adjusting the seeder to a low setting and making several passes to ensure even distribution.



dana belshe

• ag notebook

Seeding a little on the heavy side with close overlapping is better than missing areas altogether, especially for the bunch-type tall fescue, which does not spread. Multiple seeder passes in opposite directions should help avoid this problem.

A more serious error in seeding is using the improper rate. For tall fescue, aim for six to eight pounds of seed per 1,000 square feet for new areas and about half as much for overseeding or seeding areas in the shade. Using too much seed, results in a lawn more prone to disease and damage from stress. The best way to avoid such a mistake is to determine the square footage of the yard first, and then calculate the amount of

seed. Using too little seed can also be detrimental and result in clumpy turf that is not as visually pleasing.

Establishing good seed to soil contact is essential for good germination rates. Slit seeders achieve good contact at the time of seeding by dropping seed directly behind the blade that slices a furrow into the soil. Packing wheels then follow to close to the furrow. The same result can be accomplished by using a verticut before broadcasting the seed, and then verticutting a second time.

Core aerators can also be used to seed grass. Go over an area at least three times in different directions, and then broadcast the seed.

Germination will occur in the aeration holes. Because those holes stay moister than a traditional seed-

bed, this method requires less watering.

If seeding worked soil, use light hand raking to mix the seed into the soil. A leaf rake often works better than a garden rake because it mixes seed more shallowly.

Water newly planted areas lightly, but often. Keep soil constantly moist but not waterlogged. During hot days, a new lawn may need to be watered three times a day. If watered less, germination will be slowed. Cool, calm days may require watering only every couple of days. As the grass plants come up, gradually decrease watering to once a week if there is no rain. Let the plants tell you when to water. If you can push the blades down and they don't spring back up quickly, the lawn needs water.

Once seed sprouts, try to minimize how much traffic (foot, mower, dog and etc.) seeded areas receive until the seedlings are a little more robust and ready to be mowed. Begin mowing once seedlings reach three to four inches tall.

Producers invited to workshop

Livestock producers and wholesale buyers of livestock products are invited to attend Kansas Rural Center's Strategic Marketing for Livestock Producers Workshop and Farm Tour from 9 am to 5 pm. on Friday, Sept. 21, in Concordia.

The workshop will give livestock producers the information and tools necessary to incorporate new marketing strategies, such as direct and niche marketing, into their existing operations in order to increase profit margins, manage risk in tough times, and expand their customer base. The workshop will also provide an opportunity for producers and buyers to connect and explore possibilities for working together to bring local meat, poultry, eggs, and dairy products to consumers in Kansas and beyond.


Speakers will share their knowledge and experience on enterprise analysis and business management,

"branding" and marketing/sales, and rules and regulations.

Speakers include: Laura Fortmeyer, Andi Dale, Norm Oeding, Noah Goddard, Debbie Bearden, Kevin and Cherie Schenker, Tonia Rupe, Liz Boyle, George Blush, Julie Ehler and Linda Sutton.

In the afternoon, a tour of Larry and Madonna Sorell's Lazy S Farms will provide a close-up look at how one farm has incorporated direct and niche marketing into their livestock operation. The Sorells raise six breeds of heritage livestock and sell their products throughout Kansas and to some of the finest restaurants in the world. They have been featured in *Time* magazine, the *New York Times* and the *Kansas City Star*.

The cost of the workshop and farm tour is \$35, and includes lunch and materials.



Winking in the dark is like not advertising your business. Only You know what you are doing.

"Learning how to respond to and master the process of change - and even to excel at it - is a critical leadership skill for the 21st century. Constant, rapid change will be a fact of life for all of us."

Jennifer James

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