

**activities**

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday and 1 to 5 p.m. Sunday.** Closed Tuesdays.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

**the calendar**

**calendar**

**Prairie Land Food sign up will be until Monday, July 9.** Distribution is 1 to 2 p.m. on Saturday, July 21, at the Knights of Columbus, 7th and Caldwell, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 821-1827, 821-1275, or 890-3793 or order online at www.prairielandfood.com. The Prairie Pak will have fajita chicken anytizers, ham steak, beef strips, chicken thighs, lean ground turkey plus fruits and vegetables. The specials are a summertime griller including sirloins, pork tenderloin, pork chops, ground

been, Italian sausage and chicken breast fillets; a variety box with beef brisket in barbeque sauce, smoked bacon, mini apple pie, mini cherry pie, whole chicken, hash brown potatoes and premium blend vegetables; boneless and skinless chicken breast filets; and pork chop special.

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1 to 2:15 p.m. Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

**Tuesday Flicks** are at **1:30 p.m.** at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

**obituaries**

**Joann Brockmeier**

Joann Watson Brockmeier, 75, Wichita Falls, Texas, a former surgical tech for Goodland Medical Center and medical records clerk at the Goodland Family Health Center for eight years, died Monday, June 25, 2012, at Wichita Falls Hospice of metastatic breast cancer.

She was born Nov. 8, 1936, to Cecil Kermit Watson and Daisy Marie Eavenson in Crowell, Texas.

Mrs. Brockmeier worked as an LPN, surgical nurse in St. Louis and Salem, Mo., for 25 years. She had recently moved to Texas to live with her brother and nephew.

She was a lifelong member of the Southern Baptist Church.

Preceding her in death were her parents; her second husband, Lee F. Brockmeier, retired U.S. Army of Salem, Mo.; her half-brother, Marconi Eavenson Phillips of Crowell, Texas; and her brother, Edward Watson of Crowell, Texas.



**Brockmeier**

Survivors include two daughters, Debbie George of Goodland and Carol Susan (Carl) Smith of Grand Island, Neb.; two sons, Robert F. (Delores) Osban, Jr. of Cheyenne Wells, Colo., and Randy (Reaghan) Osban of Goodland; two brothers, Vern Watson of Wichita Falls, Texas, and George (Marie) Watson of Casa Grande, Ariz.; her first husband, Robert F. Osban Sr. of Cheyenne, Wyo.; and six grandchildren.

Cremation was chosen and a memorial service will be held later in Crowell, Texas and Goodland.

Falls Funeral Home, 1903 Austin Street, Wichita Falls, Texas was in charge of arrangements.

In lieu of flowers the family requests memorials be made to the American Cancer Society, Box 22718, Oklahoma City, Okla. 73123.

**Robert L. Winslow**

Robert L. Winslow, 73, Long Island, retired Kyle Railroad employee formerly of Goodland, died Wednesday, June 27, 2012, at the Harlan County Health System in Alma, Neb.

He was born Feb. 4, 1939, to Ullysses and Lydia (Zahn) Winslow in Burlington.

On June 5, 1960, he and Phyllis J. Leichter were married in Goodland.

In 1996 he retired from Kyle Railroad.

Preceding him in death were his parents.

Survivors include his wife of Long Island; three daughters, Roberta (Charles) Hawley of Ellsworth, Retina (Tim) Jacobs of Wich-

ita and Redeara (LeRoy) Godfrey of Anthony; a sister, Mabel Kohne of Burlington; two brothers, Richard Winslow and Donald Winslow, both of Burlington; eight grandchildren; two step-grandchildren; three great-grandchildren; and step-great-grandchildren.

Cremation was chosen.

Services will be at 2 p.m. on Wednesday, July 4, 2012, at Oliff-Boeve Memorial Chapel, 1115 Second Street, Phillipsburg, with Pastor Dave Pugh officiating and inurnment at a later time in the Goodland Cemetery.

Memorial to the Robert Winslow Memorial Fund may be sent to the funeral home.

**Take time to plan for business growth**

Small business owners are notorious for being so busy working "in" their business that they fail to work "on" their business. Growth and improvement doesn't just occur.

You have to plan for it and take the necessary steps to make it happen. At least annually, you should take time to review your progress and plan for the future.

Write down your goals and the steps to take to accomplish them. Set realistic timelines and make sure your staff is on board.

Don't settle for a good business when you could have a great business.



**jamie morphey**

• business tips

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**"Films of Faith" July 15**  
Tonight 7 PM  
**Snow White & the Huntsman (PG-13)**  
Starts Friday 7 PM: **Rock of Ages (PG-13)**

**General Public Transportation**

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**785-899-5082**  
**Monday-Friday 8 a.m.-3 p.m. MST**

- First come first served
- \$1 per trip
- Handicap accessible
- Bus services are within city limits of Goodland, KS

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alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

**Goodland Al-Anon AFG** meets at **6 p.m. on Fridays** at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

**The Incognito Group.** If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at **7 p.m. Thursdays** for a beginners open meeting. Filices and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

**area events**

**Prairie Museum of Art and History**, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

**thrift store**

Anyone wanting to donate to the Goodland Churches Thrift Shop,

1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

**health department**

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

**hospital volunteers**

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** p.m. Sheryl Ketter. **Friday:** a.m. Fern Heckman.

**early head start**

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

**preschool**

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who

**Dry conditions forcing cattle decisions**

Dry conditions through large swaths of the Plains states are forcing management decisions on cattle operations. Among them may be the decision to wean calves earlier than usual.

"Most areas have gotten a reprieve from the 2011 drought, but others are still feeling the lingering effects of low rainfall and high feed costs," said Kansas State University animal scientist Chris Reinhardt. "Early weaning is an effective way to save on summer pasture and preserve cow body condition going into the winter. In fact, weaning earlier may be worth considering every year regardless of summer pasture conditions."

Reinhardt, who is a beef specialist with Kansas State Research and Ex-

tension, said a calf's rumen begins to develop at the first opportunity to consume solid food.

Although calves rely on milk as their primary nutrient source as long as the supply is abundant, they will also begin to graze at a few weeks of age, when their mother teaches them what to eat and what to avoid.

The grass consumed early in life enters the rumen and begins to be fermented by bacteria the calf picks up from its mother and the world around it, he said. As this progresses, and the calf consumes greater quantities of grass, the rumen grows and develops to aid in nutrient uptake. So the suckling calf is actually a fully functioning ruminant by 90 days of age.

In addition, the six- to seven-

month weaning age window may have disadvantages compared to weaning at a younger age, Reinhardt said.

The passive immunity provided by colostrum wanes after three to four months, when the calf must rely completely on its own immune system. But in many cases its system is not fully competent to battle all antigens that attack the newly-weaned calf, such as viruses, bacteria, dust and internal parasites. So the 90-day-old calf may have an immunological advantage to the 205-day-old calf in battling pathogens.

"Weather also plays a large factor in weaned calf health," he said. "If we could guarantee sunshine and moderate temperatures throughout

the fall weaning season, calf health would not be an issue.

"But cold temperatures, precipitation, wind and mud in the fall further suppresses an already incompetent immune system — a perfect recipe for respiratory disease."

Finally, the elimination of milk production after weaning allows the nutrients consumed by the cow to go back into rebuilding body condition. This could result in substantial reductions in winter feed requirements because nutrients harvested by the cow are nearly always lower cost than feeds harvested and transported to the cow, and forage quality in late summer and fall is nearly always greater than during the winter.

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