

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

The local High Plains Constitutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 3 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The Goodland Activities Center has the following activities.

Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwondo and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom.

Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5 p.m. taekwondo classes. For information call 890-7242. Certified personal training offered with Kyla Sheldon. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit rightcombinationdance.com.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

Goodland Al-Anon AFG meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The Incognito Group. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817. (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Al-

the calendar

calendar

Tickets are on sale for the Goodland Arts Council's Annual Dinner Theatre at the Carnegie Arts Center, 12th and Center. The performances are at 6:30 p.m. on Saturday with dinner and the play and 2 p.m. on Sunday for a light buffet and the play. They are presenting V.B. Leghorn's "Collective Dating."

Jodie Tubbs of the Kansas Commission on Veterans Affairs will be in Goodland from 1 to 2:15 p.m. Thursday, May 3, in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

The Pride of the Prairie Orchestra will present "Science and Nature" conducted by Andrew Salvador. The concert will be Sunday, May 5, at 2:30 pm (Mountain Time) in the Frahm Theatre/Cultural Arts Center on the Colby Community College Campus. Admission costs are \$10 for adults, \$5 for seniors and \$3 for students. For information call (785) 462-5102.

Prairie Land Food sign up will be until Monday, May 7. Distribution is 1 to 2 p.m. on Saturday, May 19, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827, 821-1275, 821-0120 or 728-7196 or order online at www.prairielandfood.com. The Prairie Pak will have chicken thighs, roll pork sausage, lean ground beef, cheese bratwurst, deli sliced ham and a variety of seasonal fresh fruits and vegetables. The specials are chicken cheese rings; Memorial Day griller with sirloin steaks, chicken breast filets, pork chops,

ground beef, pork tenderloin and Italian sausage; variety box of stuffed pork chop, pork roast, pork tenderloin and pork chops; and Becky's bierocks.

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

school calendar

Today: Gold day. 5:30 p.m., West School kindergarten music program. 8:30 a.m. junior high track at Scott City. 2 p.m. boys gold at Hoxie. 2:30 p.m. varsity track at Hoisington. 3 p.m. softball at Stanton County. Wednesday: Black day. Thursday: Gold day. 3 p.m. varsity baseball at Holcomb. 3 p.m. softball against Holcomb. 5:30 p.m. Third grade music program at the Goodland High School Auditorium. Friday: Black day. 1 p.m. junior varsity golf at Oakley. 3 p.m. softball at Hugoton. 8 a.m. junior high yard clean up.

school menu

West Elementary School Today: Breakfast - English muffin, fruit and milk. Lunch - sloppy joes, potato salad, pickles, apple and milk. Wednesday: Breakfast - cinnamon roll, fruit and milk. Lunch - chicken wrap, lettuce, grape tomatoes, cantaloupe and milk. Thursday: Breakfast - biscuit and gravy, fruit and milk. Lunch - enchiladas, lettuce salad, corn, watermelon and milk. Friday: Breakfast - scrambled egg and milk. Lunch - hot dog on a bun, french fries, pickle, orange and milk.

Central Elementary School

Today: Breakfast - pancake on a stick, tri-tator, juice and milk. Lunch - stromboli, green beans, carrots, slushie, strawberry

shortcake and milk. Wednesday: Breakfast - oatmeal breakfast round, half a banana and milk. Lunch - barbecue beef, cheesy potatoes, baked beans, slushie, oatmeal cookie and milk. Thursday: Breakfast - pumpkin chocolate chip muffin, cereal, half an orange and milk. Lunch - beef and bean burrito with lettuce, Mexican corn, whole corn chips, slushie, honey apple crisp and milk. Friday: Breakfast - biscuits and gravy, apricots, juice and milk. Lunch - hoagie sandwich, chips, carrot sticks, apples, slushie, rice crispy treat and milk.

Goodland High School

Today: Breakfast - pancake on a stick, cereal, juice and milk. Lunch - barbecue rib sandwich, french fries, baked beans, salad bar, sunshine bar and milk. Wednesday: Breakfast - pop tart, cereal, juice or fruit and milk. Lunch - chicken nuggets, savory rice, California blend vegetables, salad bar, whole wheat dinner roll, gelatin with fruit and milk. Thursday: Breakfast - donuts, cereal, juice and milk. Lunch - cavatini, corn, salad bar, garlic bread, half an orange and milk. Friday: Breakfast - scrambled eggs, toast, cereal, juice or fruit and milk. Lunch - pizza, green beans, salad bar, dessert and milk.

senior menu

Today: Chili with beans, five cup salad, crackers and cinnamon roll. Wednesday: Baked spaghetti, corn, tossed salad with carrots and tomatoes, garlic bread and cherry cobbler. Thursday: Cook's choice entree, scalloped potatoes, peas, bread and rosy pears. Friday: Cheese meat loaf, mashed potatoes with gravy, seasoned carrots, bread and gelatin with fruit.

alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The Fort Hays Stamp Club will hold it's 22nd annual Stamp and Coin Show from 8 a.m. to 3 p.m. on Saturday, May 5 at the Ramada Inn, 3603 Vine Street, Hays. Admission and parking are free. For information call (785) 625-3066 or em-mail forthaysstampclub@yahoo.com.

USS Long Beach CGN-9 Association, Inc. 2012 reunion is in Deerfield, Ill., Sept. 8 to 16, at the Embassy Suites Hotel, 1445 Lak Cook, Road, Deerfield, Ill. 60015-5213. For information contact Con Shade, 299 Kiantone Road Lot 92m Jamestown, N.Y. 14701-9370 or call (866) 352-2469 or (716) 569-2314, e-mail lbegn9@alo.com.

Training for the Senior Health Insurance Counseling for Kansas program will be on Wednesdays, May 16, June 13 and July 18, at Hays. Attendance at all three days is required to be fully certified. Alternate training dates and locations are available. All expenses for the training - food, mileage and lodging (if needed) will be paid. Pre-registration by Friday, May 4, is required. The volunteers receive training on Medicare, Medicare Prescription Drug insurance, Medicare Supplement Insurance, Long-Term Care Insurance and other health insurance subjects about Medicare. For questions call (800) 432-7422 or (785) 628-8204.

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop,

1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. Today: a.m. Jan Lambertz. Wednesday: a.m. Faye Paxton and p.m. Juanita Barnett. Thursday: none. Friday: a.m. Avis Alcorn.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental

birth

Alexander John Warren

Alexander John Warren was born Friday, April 6, 2012 at Citizens Medical Center in Colby. He weighed 5 pounds, 13 ounces and measured 18.5 inches.

His parents are Brandon Warren and Misty Palacios of Goodland and his grandparents are Ron and Rita Hazlett of Menlo and Rick and

Shortie Warren of Goodland. His great-grandparents are Vern and Shirley Hazlett of Colby and Edna Warren of Kanorado.

Alexander was welcomed home by his brothers, Skyler Warren, Seth Warren, Nelson Taylor III, Nathaniel Taylor and Jace Fink and sister, Brailynn Brabbin.

Companies urged to work with public



sandy praeger

insurance comm.

Sandy Praeger, Commissioner of Insurance, is urging Kansas insurance consumers who have had to leave their homes because of tornado and storm damage to contact their insurance companies to let them know their situation.

"With that contact, together they can quickly resolve their potential concerns regarding late premium payments, cancellations or renewals, coverage of items, health and drug coverage and loss of income," Commissioner Praeger said.

The department issued an electronic message to insurance companies, alerting them to the need for claims adjusters in the areas hit by the tornadoes, hail and wind.

"We have been in touch with insurance companies who have insured customers in those areas, and many have on-the-ground operations in place," Commissioner Praeger said.

Governor Sam Brownback has issued a State of Disaster Emergency declaration for 39 counties in Kansas following the weekend tornado and storm activity. A total of 97 tornadoes were counted in the state, according to the National Weather Service.

The Kansas Insurance Department's Consumer Assistance division is also prepared to answer consumer questions and concerns regarding insurance, the com-

missioner said. The consumer assistant hotline number is (800) 432-2484.

"The department is ready to act as a liaison between consumers and their insurance carriers, if needed," Commissioner Praeger said. "We have current carrier contact information available through our hotline representatives. We can also help is a consumer doesn't remember the insurance company name or policy number but does remember the agent or agency name."

Claims adjusters for insurance companies will be working in the affected areas. If a person can't locate an adjuster, contact the consumer assistance hotline and the request will be relayed to the insurance company, agent or adjuster, Commissioner Praeger said.

The commissioner also said consumers should deal directly with the claims adjuster through their insurance company and not public adjusters. Public adjusters are not licensed to provide personal insurance services in Kansas.

More information about insurance claims and storm damage is on the Kansas Insurance Department website, www.ksinsurance.org or on the department's Facebook page, www.facebook.com/Kansasinsurancedepartment.

"Protecting Kansas consumers is our responsibility and part of our department's mission," Commissioner Praeger said. "We are prepared to help any time, but especially when they need it."

Aphid population starting to decrease

Early April brought more than warm weather to Kansas farms. Aphid populations increased due to immigration of the insects from the south and local reproduction, according to a Kansas State University entomologist.

The good news, said Jeff Whitworth, crops specialist with Kansas state, is that in the last seven to 10 days, most of these population have, or are, decreasing to the increase in parasitoid wasps and lady beetles.

"There are still aphids in most fields but not at treatment thresholds, for the most part," Whitworth said. "Insecticide treatments there-

fore should be carefully evaluated before application, especially because aphids have the ability to reproduce parthenogenetically, which means an unfertilized egg can develop into a new individual. So, if there are a few resistant aphids, they will rapidly produce more resistant individuals, especially since the beneficial insects — the parasitoid wasps and lady beetles — will be decimated by the insecticide application."

For that reason, applying an insecticide with a fungicide "just in case" could cause more problems in the future.

matters of record

Real Estate

The following real estate transactions have been reported by the Sherman County register of deeds.

John Wilber Backes quit claims to Christina Marie Abbott, Lots 15 and 16, Block 44, 2nd Addition to City of Goodland, AKA 717 Broadway.

Federal Home Loan Mortgage Corp. to Robert Paul Simoneau and Michelle Simoneau, Lots 3 and 4, Block 70, Original Town of Goodland.

Lana G. Ginn and Edward Ginn convey and warrant to Timothy Pacello and Kathryn Pacello, Lots 12, 13, 14, 15 and 16, Block 16, CK&N Addition to City of Good-

land. William H. Hartzler, Trustee, and Lisa Tomsic, Successor Co-trustee of the William H. Hartzler Family Trust UTD 5/5/1992, to Seven J. Evert and Marcia Evert, the SW/4 of Sec. 5, T9S, R40W.

E C Bank Group, LLC, to New Goodland Energy Center, LLC, all of Lots 1, 2, 3, 4, 5, 8, 9, 10, 11, 12, 13, 16, 24, 25 and 26, Goodland Energy Center, a subdivision in NW/4 of Sec. 20, T8S, R40W; AND E60 acres of NW/4 of Sec. 20, R8S, R40W; AND all appropriation water right file no. 25,485, under which water is authorized to be used on NW/4 of Sec. 20, T8S, R40W.

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