

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

The local High Plains Constitutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 3 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwondo and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall.

Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5 p.m. taekwondo classes. For information call 890-7242. Certified personal training offered with Kyla Sheldon. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit rightcombinationdance.com.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

Goodland Al-Anon AFG meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The Incognito Group. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817. (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m.

the calendar

calendar

Prairie Land Food distribution is 1 to 2 p.m. on Saturday at the Knights of Columbus, 7th and Caldwell. For information call 821-1827, 821-1275, 821-0120 or 728-7196 or order online at www.prairielandfood.com.

Tickets are on sale for the Goodland Arts Council's Annual Dinner Theatre at the Carnegie Arts Center, 12th and Center. The performances are at 6:30 p.m. on Saturday, April 28, with dinner and the play and 2 p.m. on Sunday, April 29, for a light buffet and the play. They are presenting V.B. Leghorn's "Collective Dating."

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

school calendar

Today: Black day. 8:30 a.m. varsity track at Scott City. 1 p.m. boys junior varsity golf at Sugar Hill Country Club. 3 p.m. varsity baseball against Colby. Wednesday: Gold day. Gold day. State

band and choir. Thursday: Black day. State band and choir. 2 p.m. varsity golf at Norton. 2 p.m. junior high track at Scott City. Friday: Gold day. 2 p.m. varsity track at Holcomb. 3 p.m. baseball against Thomas More Prep of Hays.

school menu

West Elementary School Today: Breakfast - toast, sausage and milk. Lunch - chicken sandwich, lettuce, pickles, French fries, oranges and milk. Wednesday: Breakfast - donuts, fruit and milk. Lunch - pizza, corn, peaches, chocolate chip cookie and milk. Thursday: Breakfast - breakfast pizza, fruit and milk. Lunch - grilled cheese, celery stick, peanut butter, apples and milk. Friday: Breakfast - French toast and milk. Lunch - fish, green beans, peaches, whole wheat roll and milk.

Central Elementary School Today: Breakfast - egg taco, yogurt cup, pineapple chunks and milk. Lunch - macaroni and cheese, seasoned peas, cooked carrots, whole wheat bread, ap-

ple wedges, slushie and milk. Wednesday: Breakfast - breakfast sundae, raisins, juice and milk. Lunch - taco burger, lettuce, cheese, refried beans, black bean and corn salad, whole grain corn chips, sliced pears, slushie, chocolate chip cookies and milk.

Thursday: Breakfast - breakfast pizza, mixed fruit and milk. Lunch - Italian pasta bake, green peppers, baby carrots, wheat bread, applesauce, slushie, royal brownie and milk. Friday: Breakfast - whole grain waffles, sausage links, Mandarin oranges and milk. Lunch - hoagie sandwich, carrot sticks, banana, slushie and milk.

senior menu

Today: Polish sausage with kraut, mashed potatoes, mixed vegetables, bread and cook's choice fruit. Wednesday: Paprika chicken, potato salad, apricots, dinner roll and cookies. Thursday: Salisbury steak, California blend vegetables, mixed fruit, bread and birthday cake. Friday: Taco salad, strawberries and bananas, chips and brownie.

(Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Filices and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The Fort Hays Stamp Club will hold it's 22nd annual Stamp and Coin Show from 8 a.m. to 3 p.m. on Saturday, May 5 at the Ramada Inn, 3603 Vine Street, Hays. Admission and parking are free. For information call (785) 625-3066 or e-mail forthaysstampclub@yahoo.com.

USS Long Beach CGN-9 Association, Inc. 2012 reunion is in Deerfield, Ill., Sept. 8 to 16, at the Embassy Suites Hotel, 1445 Lak Cook, Road, Deerfield, Ill. 60015-5213. For information contact Con Shade, 299 Kiantone Road Lot 92m Jamestown, N.Y. 14701-9370 or call (866) 352-2469 or (716) 569-2314, e-mail lbcgn9@alo.com.

A 10k run/walk sponsored by HaysMed will be held on Saturday, April 28 at the Center for Health Improvement, 2500 Canterbury, Hays. The run begins at 7 a.m. with registration starting at 6:30 am. (Mountain Time). The 6.2 mile run/walk will wind through areas near the hospital campus. The race is limited ages 16 years and up. A registration fee of \$30 includes a t-shirt. The deadline for registering for the event is Friday, April 20. Register at www.thecenter.haysmed.com/chii10k

Training for the Senior Health Insurance Counseling for Kansas program will be on Wednesdays, May 16, June 13 and July 18, at Hays. Attendance at all three days is required to be fully certified. Alternate training dates and locations are available. All expenses for the training - food, mileage and lodging (if needed) will be paid. Pre-registration by Friday, May 4, is required. The volunteers receive training on Medicare, Medicare Prescription Drug insurance, Medicare Supplement Insurance, Long-Term Care Insurance and other health insurance subjects about Medicare. For questions call (800) 432-7422 or (785) 628-8204.

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. Today: none. Wednesday: a.m. Connie Soellner and p.m. Shelby Miller. Thursday: a.m. Debbie Lucas. Friday: a.m. Avis Alcorn. Monday: a.m. Fern Heckman and p.m. Judy Siruta. Tuesday: a.m. Jan Lambertz.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis,

your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

birth

Bree Ann Bowen

Bree Ann Bowen was born Jan. 21, 2012, in Wichita. She weighed 7 pounds, 5 ounces and was 18 3/4 inches long.

Her parents are Jeremy and Katie Bowen of Park City. Her grandparents are Gregg and Sammie Nugen of Wellington and Dale and Linda Bowen of Goodland. Great-grandmothers are Marie F. Horsch and Peggy Nugen, both of Wellington and Cecelia Ottley of Hoxie.

Bree Ann was welcomed home by big brothers, Reid and Nate.



Bree Ann Bowen



Matthew Augustine and Sara Ashida

Wichita couple plan to marry in May

Matthew David Augustine and Sara Ann Ashida of Wichita plan to marry Saturday, May 19, 2012, at St. Peter the Apostle Catholic Church in Wichita.

The bride to be is the daughter of Bruce and Deb Ashida of Kingman and the granddaughter of Jean Dickey of Ulysses, the late Ivan Dickey and the late Hideo and Amy Ashida.

She graduated from Kingman High School and from Fort Hays State University with a Bachelor of Science degree in psychology. She works for Dr. Norma Moore's dental

office in Wichita.

The groom elect is the son of Dewey and Pam Augustine of Colby and the grandson of Leonard and Tillie Augustine of Ellis and Floriene and the late Harley Whisnant of Colby formerly of Goodland.

He is the graduate of Colby High School and received a Bachelor of Business Administration in accounting from Fort Hays State University. He is a cost accountant for Harlow Aerostructures in Wichita.

The couple plan to live in Wichita following their wedding.

April 19, 1945
Roger Collins
• He is still doing his thing!

The Goodland Star-News Ad Deadlines
For Tuesday papers Friday Noon
For Friday papers Wednesday Noon
For Country Advocate Friday Noon
You may call the ad in to (785) 899-2338 or stop by the Star-News at 1205 Main.

FREE* ACCESSORY!
NO PURCHASE NECESSARY!
Bring the coupon in to your local Goodland Verizon Z Wireless Store for a FREE* accessory!
EXPIRES MAY 31, 2012!
*Valid only at Goodland's Verizon Z Wireless Store located at 716 W. Hwy. 24, Goodland, KS.
*No purchase necessary. See representative for details.
*While supplies last.
*This coupon has no cash value.

The Goodland Star-News SUBSCRIBER
Bob Berg
You receive two free passes to see:
DR. SEUSS' THE LORAX 3D (PG)
Clip and bring to the show. Non Transferable
The SHERMAN THEATRE
1203 Main Avenue • (785) 899-6103

American Profile
Celebrating Hometown Life
See American Profile magazine in this week's issue of
Your sponsorship could be right here!
(available in local area only)
Brought to you by:
The Goodland Star-News
For more information call Jessica or Jeff at 899-2338

READ A NEWSPAPER!
IT'S PORTABLE!
The Goodland Star-News
1205 Main, Goodland • (785) 899-2338