activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Sat**urday.** For information call (785) 899-5461 or stop by the library.

The local **High Plains Consti**tutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or

Breast Cancer Support Group meets at 5:30 p.m. the second **Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 3 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwando and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5 p.m. taekwondo classes. For information call 890-7242. Certified personal training offered with Kyla Sheldon. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

Weight Watchers meets at 5:30 p.m.for weigh in and 6 p.m. for the meeting every **Tuesday** at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit right combinationdance.com.

Goodland Alcoholics Anony**mous**, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

Goodland Al-Anon AFG meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862

The Incognito Group. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get

back to you. The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m.Tuesdays,8 p.m.Fridays and **8 p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m.

the calendar

calendar

Prairie Land Food distribution is 1 to 2 p.m. on Saturday, April 21, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827,821-1275,821-0120 or 728-7196 or order online at www. prairielandfood.com.

Tichets are on sale for the Goodland Arts Council's **Annual Dinner Theatre** at the Carnegie Arts Center, 12th and Center. The performances are at 6:30 p.m. on Saturday, April 28, with dinner and the play and 2 p.m. on Sunday, April 29, for a light buffet and the play. They are presenting V.B. Leghorn's "Collective Dating."

AARP Tax-Aide counseling, preparation, e-filing and teaching service will help you file your 2011 Tax Return from 1 to 4 p.m. Friday afternoons at Goodland Public Library, 8th and Broadway. Call for an appointment at (785) 821-1827 or (785) 890-2287. Will also do walk ins. The service is also at the Colby Community College Library from 8:30 a.m. - 4:30 p.m. on Wednesday. For information call (785) 821-1827.

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

school calendar **Today**: Gold day. 1 p.m. boys

golf at Sugar Hill Country Club. 2 p.m. varsity track at Atwood. 3 (Mountain Time) on Fridays at the

Senior Center on 4th Street. Nar-

the Senior Center. Call (785) 734-

Stratton "AA by the Book" **Al**-

coholics Anonymous group meets

at 7 p.m. Thursdays for a beginners

open meeting. Filies and young

people welcome. Call (719) 348-

5398 for men and (719) 346-8553

for women. On U.S. Highway 24 go

to Statton and it is the second house

Myofascial Pain Support Group

meets from **6:30 to 8:30 p.m. the**

third Wednesday of every month

in the Emergency Medical Services

building, 257 15th St., in Burling-

ton. Call Debbie at 719-346-4612.

The Fort Hays Stamp Club will

hold it's 22nd annual **Stamp and**

Coin Show from 8 a.m. to 3 p.m. on

Saturday, May 5 at the Ramada Inn.

3603 Vine Street, Hays. Admission

and parking are free. For informa-

tion call (785) 625-3066 or em-mail

orthaysstampclub@yahoo.com.

USS Long Beach CGN-9 As-

sociation, Inc. 2012 reunion is in

Deerfield, Ill., Sept. 8 to 16, at the

Embassey Suites Hotel, 1445 Lak

Cook, Road, Deerfield, Ill. 60015-

5213. For information contact Con

Shade, 299 Kiantone Road Lot 92m

Jamestown, N.Y. 14701-9370 or

call (866) 352-2469 or (716) 569-

HaysMed will be held on Saturday,

April 28 at the Center for Health

Improvement, 2500 Canterbury,

Hays. The run begins at 7 a.m. with

registration starting at 6:30 am.

(Mountain Time). The 6.2 mile run/

walk will wind through areas near

the hospital campus. The race is

limited ages 16 years and up. A reg-

istration fee of \$30 includes a t-shirt.

The deadline for registering for the

event is Friday, April 20. Register

at www.thecenter.haysmed.com/

Insurance Counseling for Kansas

program will be on Wednesdays,

May 16, June 13 and July 18, at

Hays. Attendance at all three days

is required to be fully certified. Al-

ternate training dates and locations

are available. All expenses for the

training - food, mileage and lodging

Training for the Senior Health

chi10k

A 10k run/walk sponsored by

2314, e-mail lbcgn9@alo.com.

area events

Fibromyalgia and Chronic

on the left, 513 Iola Street.

2734 for more information.

den City. 4 p.m. West Site Council. Wednesday: Black day. 4 p.m. Central Site Council. **Thursday**: Gold day. 9 a.m. junior high track at Oakley. Friday: 3 p.m. varsity baseball against Ulysses. 3 p.m. varsity softball against Ulysses.

school menu

West Elementary School

Today: Breakfast - yogurt and fruit and milk. Lunch - chicken al la king, California blend vegetables, biscuits, peaches and milk. Wednesday: Breakfast - waffles, fruit and milk. Lunch - tacos, lettuce, cheese, corn, frosted banana and milk. Thursday: Breakfast - donuts, fruit and milk. Lunch ham and cheese wraps, lettuce, grape tomatoes, oranges and milk. Friday: Breakfast - donuts and milk. Lunch - chicken fry steak, mashed potatoes, green beans, carrot raisin muffin and milk.

Central Elementary School Today: Breakfast - star spangled pancakes, sausage links and juice. Lunch - chicken wrap with lettuce, tomato, chicken rice, steamed carrots, tropical fruit, slushie and milk. Wednesday: Breakfast breakfast pita, hash browns, kiwi and milk. Lunch - taco salad, whole grain corn chips, refried beans, pineapple rings, slushie, cinnamon puff and milk. Thursday: Breakfast - whole wheat bagel, half and orange and milk. Lunch - spaghetti, garden salad,

tration by Friday, May 4, is required.

Drug insurance, Medicare Supple-

ment Insurance, Long-Term Care

Insurance and other health insur-

ance subjects about Medicare. For

questions call (800) 432-7422 or

Prairie Museum of Art and

History, 1905 S. Franklin, Colby is

open from 9 a.m. to 5 p.m. Central

Time Tuesday through Friday and 1

Anyone wanting to donate to the

Goodland Churches Thrift Shop,

002 Main, should call 890-2007.

The store is open 9 a.m. 6 p.m. on

Tuesday through Friday and 10 a.m.

health department

The Sherman County Health De-

Blood pressures; infants', chil-

dren's and adults' immunizations;

health assessments for Kan Be

Healthy, daycare and school entry;

fasting blood sugar and hemoglo-

bin; and family planning available

by appointment. Sharps containers

are available free. WIC program

available. Call 890-4888 or go to

If you have questions, concerns

Water Testing — The Northwest

Group does well evaluations, in-

call the Health Department at 890-

hospital volunteers

and 1 to 4 p.m.; a.m. and p.m. vol-

early head start

Early Head Start is a state funded

program for income eligible fami-

lies with prenatal mothers and chil-

dren up to age three. Families par-

ticipate in a variety of educational

activities and receive free medical

www.sherman.kansas.com.

the health department.

to 5 p.m. Saturday and Sunday.

(785) 628-8204.

thrift store

to 4 p.m. on Saturday.

Monday through Friday.

cotics Anonymous meets at 6:30 The volunteers receive training on

(Mountain Time) on Tuesdays at Medicare, Medicare Prescription

p.m. varsity softball against Gar-milk. Friday: Breakfast-western omelet, potato rounds, fresh pear and milk. Lunch - chicken and noodles, mashed potatoes, green beans, wheat roll, orange wedges, slushie and milk.

Goodland High School

Today: Breakfast-French toast, cereal, juice and milk. Lunch hoagie sandwich, lettuce, pickle, onion, tomato, tater tots, salad bar, fruit and milk. Wednesday: Breakfast - donut, cereal, juice or fruit and milk. Lunch - smothered hamburger, mashed potatoes, gravy, salad bar, whole wheat dinner roll, green beans, gelatin with fruit and milk. Thursday: Breakfast - biscuit and gravy, cereal, juice and milk. Lunch - burrito, lettuce, cheese, Spanish rice, potato square, fruit and milk. **Fri**day: Breakfast - breakfast pizza, cereal, juice or fruit and milk. Lunch - macaroni and cheese with ham, peas, salad bar, banana bread, fruit cup and milk.

senior menu

Today: Turkey, mashed potatoes with gravy, rosy pears, bread and corn. Wednesday: Ham and beans, orange pineapple salad, cornbread and cake. Thursday: Liver and onions in gravy, parslied potatoes, cranberry apple salad, bread and cook's choice complement. Friday: pork tenderloin, tater tots, green bean casserole, bread and fruit crisp. Monday: ground beef stroganoff, spinach, garlic bread, slushie, peaches and applesauce, noodles and bread.

(if needed) will be paid. Pre-regisand dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899partment at 1622 Broadway is open 5665. Your call will be confidential from 8 a.m. to noon and 1 to 5 p.m. and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

> The police department can also be called at 890-4570.

tamily shelter

The Northwest Kansas Domestic and Sexual Violence Services proor complaints about child care, call vides help day or night to victims of domestic violence and sexual assault. Weekly support groups are Local Environmental Protection available in Hays. Support group for women's domestic violence viccluding testing for bacteria and tims/survivors is from 3:30 to 4:30 nitrates. To schedule an evaluation p.m. Central Time on Wednesdays; or discuss environmental concerns, a men's domestic violence victims/ survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is avail-Gift shop hours are 9 a.m. to noon able by appointment. A sexual violence victims/survivors support group in Hays and a domestic unteers are in the gift shop. **Today**: a.m. Lana Ginn. Wednesday: a.m. violence support group to meet in Connie Soellner. **Thursday**: a.m. Colby are being formed. If inter-Debbie Lucas. Friday: a.m. Avis ested in joining or for information or help, call (800) 794-4624. In the Colby area, cal(785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570.

obituary

Suzanne Couch

Suzanne Couch, 76, retired Bankwest loan secretary, died Wednesday, April 4, 2012, at St.

Anthony West in Lakewood, Colo,

She was born July 13, 1935, to Merle C. (Hatfield) and Louis E. Stewart at Leon, Iowa.

On Dec. 30, 1954, she and John B. Couch were married at Raton, N.M. The couple moved from Lamar, Colo., to Goodland in 1965. Mrs. Couch

parents, her husband and a brother, the funeral home.

Dennis Stewart.

Couch

Survivors include two daughters. Nikki Quain of Goodland and Joni

Couch of Parker, Colo.; a son, Darwin (Amy) Couch of Lenexa; seven grandchildren; and five great-

The memorial service will be at 2:30 p.m. on Saturday, April 7, 2012. at Koons Chapel, 211 N. Main, Goodland and inurnment will follow in the Goodland Cemetery.

Memorials to the Terry

worked for Bankwest for 42 years. C.Johnson Center for Basic Cancer Preceding her in death were her Research in Manhattan may left at



Sondra and Christopher Engel

Hutchinson couple wed in Hays church

Sondra Lee Ault and Christopher Rager of Goodland. Charles Engel both of Hutchinson were married on Saturday, March Wichita, brother of bride, and Brent 17, 2012, at the Celebration Community Church in Hays with the bride's mother, Karen Harvester, Hays, aunt of the groom, and vocalofficiating.

The bride was given in married by her step-father, Robert Harvester. She wore her mother's wedding followed in the church gymnagown which featured a Queen sium. Anne neckline, lace appliques on the bodice and bishop sleeves and a chapel train. She carried a chapel bouquet of red and blue roses and baby's breath

The maid of honor was Susan Ault of Ulysses, sister of the bride, and the bridemaids were Jennifer Ramsey of Wichita and Mary Sigle of Emporia. They wore blue dresses with matching blue lace jackets and carried two long-stemmed roses.

The best man was Cody Engle of Goodland, brother of the groom, and the groomsmen were Jeff Darnauer of Sterling and Travis Hatfield of

The ringbearer was Titus Smith of Goodland, nephew of the groom, couple is at home in Hutchinson. and the flower girl was Allison

The ushers were Jason Ault of

Martin of Eureka. The pianist was Lexi Robinson of

ist was Robert Harvester, who sang "You Raise Me Up."

The reception, dinner and dance

The parents of the bride are the late Loren Ault and the Rev. Karen and Rob Harvest of Hays. The parents of the groom are Charles and

Susan Engel of Goodland.

The bride is a graduate of Stafford High School of Stafford and Butler Community College of El Dorado with a degree in early childhood development. She is a pre-school teacher at Moma Lu's Daycare

Center in Hutchinson. The groom is a graduate of Goodland High School and Northwest Kansas Technical College. He is a corrections officer at the Hutchin-

son Corrections Facility. After a honeymoon in Hays, the

Anthropological group to host Colby activities

Kansas Anthropological Association will co-host an afternoon of activities and displays with the Prairie Museum of Art and History in Colby from noon to 3 p.m. (Mountain Time) Saturday. Featured will be a paleolithic site featuring a mock excavation, opportunities to try your hand at throwing a spear with an atlatl, and a stone and bone tool

The High Plains chapter of the display; a Plains Indian hunting camp with tipi, hide tanning and stone tools; and an 1880s land claim office where you can register and locate your claim.

The event is free of charge, though donations are always appreciated. For more information, contact Rob Aiken at 443-4388 or Ann Miner at 462-6399.

MAKE A DIFFERENCE



Recycle cans, paper and glass at sites located at 7th and Caldwell, 17th and Arcade and the Walmart parking lot (on the northeast corner). In 2011, residents of Sherman County kept 400 cubic yards of trash out of the landfill cell, which

in turn extends the life of our landfill, and also keeps costs lower. For questions, call the Sherman County Clerk's office at: 785-890-4800.

Celebrating Hometown Life See American Profile magazine in this week's issue of

Your sponsorship could be right here!

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Goodland Star-News

For more information call Jessica or Jeff at 899-2338

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