

open house

The children of **Mary (Gotthall) Elliott** would like to invite her family and friends to a birthday party in her honor from 2 to 4 p.m. Saturday, April 7, 2012, at the Elks Lodge, 1523 Arcade.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from 1 to 5 p.m. **Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. **Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

The **Carnegie Arts Center** is open from 10 a.m. to 5 p.m. **Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from 10 a.m. to 8 p.m. **Monday through Thursday** and from 10 a.m. to 5 p.m. **Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

The local **High Plains Constitutional Society** will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Breast Cancer Support Group** meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

**Cancer Support Group** meets at 3 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwondo and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5 p.m. taekwondo classes. For information call 890-7242. Certified personal training offered with Kyla Sheldon. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

**Weight Watchers** meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit rightcombinationdance.com.

**Goodland Alcoholics Anonymous**, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

**Goodland AI-Anon AFG** meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The **Incognito Group**. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

the calendar

calendar

**Prairie Land Food sign up will be until Monday.** Distribution is 1 to 2 p.m. on Saturday, April 21, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827, 821-1275, 821-0120 or 728-7196 or order online at www.prairielandfood.com. The Prairie Pak will have chicken breast fillets, premium ham steak, additional meat items and fresh fruits and vegetables. The specials are a variety box of ham steak, chicken thighs, ground beef, beef stew meat, chicken breast tenderloins, California blend vegetables and strawberries; a breakfast box with bacon, egg, cheese breakfast bagels, French toast sticks, turkey sausage patties and hashbrown potatoes; pizzas; and the grill with sirloin steaks, chicken breast fillets, boneless pork chops and ground beef. The choice item is key lime cheesecake.

The **Goodland Learning Center** will have a **bake sale from noon to 3 p.m. on today and Wednesday** at 1209 Main. They are raising money to pay for graduation.

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from 1 to 2:15 p.m. **Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

The "Freedom Today" group of **Narcotics Anonymous** meets at 8 p.m. **Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at 6:30 p.m. (Mountain Time) on **Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at 6:30 (Mountain Time) on **Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at 7 p.m. **Thursdays** for a beginners open meeting. Filices and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from 6:30 to 8:30 p.m. the **third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

A **10k run/walk** sponsored by HaysMed will be held on Saturday, April 28 at the Center for Health Improvement, 2500 Canterbury, Hays. The run begins at 7 a.m. with registration starting at 6:30 a.m. (Mountain Time). The 6.2 mile run/walk will wind through areas near the hospital campus. The race is limited ages 16 years and up. A registration fee of \$30 includes a t-shirt. The deadline for registering for the event is Friday, April 20. Register at www.thecenter.haysmed.com/chil10k

**Training for the Senior Health Insurance Counseling for Kansas** program will be on Wednesdays, May 16, June 13 and July 18, at Hays. Attendance at all three days is required to be fully certified. Alternate training dates and locations are available. All expenses for the training - food, mileage and lodging (if needed) will be paid. Pre-registration by Friday, May 4, is required. The volunteers receive training on Medicare, Medicare Prescription Drug insurance, Medicare Supplement Insurance, Long-Term Care Insurance and other health insurance subjects about Medicare. For questions call (800) 432-7422 or

The Goodland Public Library, 812 Broadway, is having **Brown Bag Lunch from noon to 1 p.m. on Thursday.** Marilyn Cooper will talk about the Kidder Massacre. The library will furnish dessert and drinks.

**Tickets are on sale** for the Goodland Arts Council's **Annual Dinner Theatre** at the Carnegie Arts Center, 12th and Center. The performances are at 6:30 p.m. on Saturday, April 28, with dinner and the play and 2 p.m. on Sunday, April 29, for a light buffet and the play. They are presenting V.B. Leghorn's "Collective Dating."

**AARP Tax-Aide** counseling, preparation, e-filing and teaching service will help you file your 2011 Tax Return from 1 to 4 p.m. **Friday afternoons** at Goodland Public Library, 8th and Broadway. Call for an appointment at (785) 821-1827 or (785) 890-2287. Will also do walk ins. The service is also at the Colby Community College Library from 8:30 a.m. - 4:30 p.m. on Wednesday. For information call (785) 821-1827.

**Tuesday Flicks** are at 1:30 p.m. at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

school calendar

**Today:** Gold day. Family, Community and Career Leaders of America Leadership Conference and State Star Events in Wichita. Great West Activities Conference Art Show at Ulysses. **Wednesday:**

(785) 628-8204.

**Prairie Museum of Art and History**, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** a.m. Gorda Adelgren and p.m. Margaret Baalman. **Wednesday:** p.m. Faye Paxton. **Thursday:** none. **Friday:** a.m. Judy Siruta.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-

672-3125, ext. 187. **Black day.** 6 p.m. Kansas Honors Program at Oakley. Great West Activities Conference Art Show at Ulysses. **Thursday:** Gold day. Great West Activities Conference Art Show at Ulysses. 11:30 a.m. junior high track at Felton Invitation. 2:30 p.m. varsity track at Norton. 3 p.m. varsity baseball against Hugoton. 3 p.m. varsity softball at Hugoton. **Friday:** No school.

school menu

**Goodland High School**  
**Today : Breakfast - pancake on a stick, cereal, juice and milk. Lunch - hamburger, lettuce, pickle, onion, tomato, french fries, salad bar, pudding and milk. Wednesday: Breakfast - biscuit sausage sandwich, cereal, juice or fruit and milk. Lunch - baked ham au gratin potatoes, green beans, salad bar, dinner roll, strawberry shortcake and milk. Thursday: Breakfast - combo bar, toast, cereal, juice and milk. Lunch - pizza, corn, salad bar, peaches and milk. Friday: No school.**

senior menu

**Today:** Chicken pattie, corn casserole, bun and strawberry shortcake. **Wednesday:** Wai-kiki meat balls over rice, broccoli, bread and tropical fruit. **Thursday:** oven baked chicken, mashed potatoes with gravy, cook's choice vegetable, bread and Mandarin oranges. **Friday:** Tuna noodle casserole, peas, stewed tomatoes, bread and apricots.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

obituaries

Alvis L. Goalden

Alvis L. Goalden 77, retired Goodland chiropractor, died Friday, March 30, 2012.

He was born July 10, 1934, to Alvis and Faye Goalden in Rozel. In 1948 the family moved to Edson.

In 1953 Mr. Goalden graduated from Edson High School. He attended the Palmer College of Chiropractic in Davenport, Iowa, and practiced in Goodland until his retirement on Jan. 1, 2011.

On August 17, 1953, he and Carol Ann Gorkinsky were married at the Methodist Church in Goodland.

He enjoyed fishing and hunting. Preceding him in death were his parents; a daughter, Vicki Lynn Lewallen; a sister, Sandra Harper; and a nephew, Adam Goalden.

Survivors include his wife of

the home; a son, Daniel LeRoy (Jerri) Goalden of San Antonio, Texas; a son-in-law, Mike Lewallen of Goodland; two brothers, Jim (Linda) Goalden of McPherson and Randy (Mary Jane) Goalden of Sedon; a sister, Loretta (Tom) Godbey of Lakin; nine grandchildren; and nine great-grandchildren.

Services will be at 2 p.m. Tuesday, April 3, 2012, at Bateman Funeral Home, 11th and Broadway, Goodland with Pastor Randy Payne officiating and burial in the Goodland Cemetery.

Visitation was from 2 to 6 p.m. Monday, April 2, 2012, at the funeral home.

Memorials to be designated by the family later may be left at the funeral home.

Richard Doyle Nestor

Richard Doyle Nestor, 87, retired railroader and manager of the Veterans of Foreign Wars dining room, died Saturday, March 31, 2012, at Good Samaritan Society - Sherman County in Goodland.

He was born Jan. 4, 1925, to Ida (Shuck) and Edward Nestor in Box Butte County, Neb.

In 1943 he graduated from Fairbury, Neb., High School. He was inducted in to the U.S. Army in June 1943 and served in the South Pacific Islands on New Caledonia, Guam and Saipan.

Upon his return to the U.S. in 1946, on June 2, he and Jeanne LaRue Arnone were married in the Christian Church in Belleville. He was stationed at Fort Baker, Calif., until his discharge in 1947, when he returned to Fairbury to work for the Rock Island Railroad as brakeman and conductor on the Rocket.

Mr. Nestor was promoted to safety officer in Chicago, Ill., assistant trainmaster in Dallas, Texas, and trainmaster in Goodland in 1968. He also worked for the Great Western Railroad in Loveland, Colo., retiring in 1979 and moving back

to Goodland. He worked for Kyle Railroad for a short time, bringing the first train to Goodland for Kyle in 1982.

Mr. Nestor enjoyed raising and racing quarter horses. He was a member of the Veterans of Foreign Wars and the Elks.

Preceding him in death were his parents, his wife, an infant son and a son, Rod Nestor.

Survivors include a daughter, Regina (Larry) Woodard of Goodland; a son, Richard (Sharon) Nestor of Aurora, Colo.; a brother-in-law, Robert (Marilyn) Arnone of Topeka; six grandchildren; 13 great-grandchildren; and three step-great-grandchildren.

Services will be at 11 a.m. on Thursday, April 5, 2012, at Koons Chapel, 211 N. Main, Goodland, with Dr. Chet Ross officiating and burial with military honors in the Goodland Cemetery.

Visitation is from 3 to 7 p.m. on Wednesday, April 4, 2012, at Koons Chapel.

Memorials to Hospice Services of Sherman County or Northwest Kansas Animal Shelter may left at the funeral home



Nestor

Shirley Ann Garner

Shirley Ann Garner, 71, Salina, former Goodland resident, died Saturday, March 31, 2012, at her home.

She was born April 3, 1940, to Hazel I. (Lundin) and William N. McDaniel in Goodland.

On March 12, 1960, she and Clinton Garner were married in Goodland.

Mrs. Garner worked at R & J Tax Services for 11 years as a clerk/bookkeeper.

Preceding her in death were her parents and her husband.

Survivors include a son, Shane (Tammy) Garner of Salina; two daughters, Trischa Hill of Salina and Joy (Steve) Dison of Denham Springs, La.; a brother, James

(Annabelle) McDaniel of Scott City; three sisters, Dorothy Owens of Goodland, Bernadine Amos of Clifton, Colo. and Marleen (Cliff) Perkall of Sebring, Fla.; four granddaughters; three grandsons; a great-granddaughter; and a great-grandson.

There will be no services as cremation was chosen.

Visitation is from 2 to 5 p.m. (Mountain Time) Wednesday, April 4, 2012, at Carlson-Geisendorf Funeral Home, 500 S. Ohio Street, Salina.

Memorials may be made to Hospice of Salina, 730 Holly Lane, Box 2238, Salina, Kan. 67401 or Shriners Children's Hospital in care of the funeral home.



Garner

Matthew Joseph Deges

Matthew Joseph Deges, 59, Hays, died Friday, March 30, 2012, at Hays Medical Center.

He was born Dec. 26, 1952, to Margaret (Zimmerman) and Raymond Deges at Oakley. Mr. Deges attended grade and high school in Wallace County and graduated in carpentry for Northwest Kansas Technical College in 1972.

On Nov. 28, 1975, he and Laura Cloyd were married at Sharon

Springs.

He was a carpenter.

Preceding him in death were his parents and a brother, Norbert John Deges.

Survivors include a daughter, Charity (Dennis) McIntyre of Goodland and four grandchildren.

There will be a graveside service at 9:30 a.m. (Mountain Time) Saturday, April 14, 2012, at the Gainfield Cemetery.

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Thank You  
Thank you to my friends and family for the many cards and presents...but most of all thanks for coming to my 50th birthday bash! Each and everyone of you made it very special!  
-Kodie Simon.