friends

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 4 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Sat**urday.** For information call (785) 899-5461 or stop by the library.

The local High Plains Constitutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5:30 p.m. the second **Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:45 a.m. finding fitness class, 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall and 9:45 a.m. finding fitness class. Friday: 5:30 a.m. aerobics with Tena Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242. Weight Watchers meets at 5:30 **p.m. for weigh in** and 6 p.m. for the meeting every **Tuesday** at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit rightcombinationdance.com.

the calendar

calendar

The Christmas on Us drawing on Tuesday at 4 p.m. has been moved to the front of Central Elementary School. The drawing is for \$1,000 in script money from The Goodland Star-News Christmas promotion.

Prairie Land Food distribution is from 1:30 to 2:30 p.m. on Saturday at the Knights of Columbus, 7th and Caldwell. For information call 821-1827, 821-1275, 821-0120 or 728-7196 or order online at www.prairieland-

food.com.

Tuesday Flicks are at **1:30** p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

school calendar

Today: Gold. End of second nine weeks. No school until Tuesday, Jan. 3.

senior menu

Today: Chicken ala king, Italian blend vegetables, gelatin with fruit, biscuit and cook's choice school until Tuesday, Jan. 3. complement. Monday: 11:30

open meeting, at 1013 Center. For and 1 to 5 p.m. on Tuesday through at 890-3915 or Laura at 821-4277. Goodland Al-Anon Serenity Seekers group meets at 8 p.m. on Mondays at 1013 Center. Contact

Cheryl at (785) 890-3023, Shelly at (785) 890-3915 or Twila at (785) 332-2078 for more information.

Goodland Al-Anon AFG meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The Incognito Group. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and **p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group third Wednesday of every month building 257 15th St in Burlington. Call Debbie at 719-346-4612.

Alcoholics Anonymous, call Pat T. Friday and 10 a.m. to 4 p.m. on Saturday.

There is a sack sale till Saturday. The store is closed for restock from Sunday to Wednesday. The Kids Christmas Shoppe for kids aged three to 15 will be from 9 a.m. to 1 a.m. on Saturday, Dec. 10.

health department The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. Today: a.m. Avis Alcorn. Monday: a.m. Gorda Adelgren. Tuesday: No volunteer. Wednesday: a.m. Fern Heckman and p.m. Jan Lambertz. Thursday: No volunteer. Friday: No volunteer.

early head start

Early Head Start is a state funded meets from 6:30 to 8:30 p.m. the program for income eligible families with prenatal mothers and chilin the Emergency Medical Services dren up to age three. Families participate in a variety of educational activities and receive free medical and dental care. Services include special needs Prairie Museum of Art and of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

pictures. Steak fingers, mashed potatoes with gravy, mixed vegetables, bread and apricots. Tuesday: Swedish meatballs, au gratin potatoes, broccoli, bread and peaches. Wednesday: Tuna salad, vegetable soup, tropical fruit salad, bread, crackers and cookie. Thursday: Sausage gravy, cook's choice vegetable, strawberries and bananas, biscuits and fruit crisp. Friday: closed.

school menu Today: Cook's choice. No

program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

tamily shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/ survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, cal(785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jen-

obituary

Lois E. Hussey

Hussey

Lois E. (Carman) Hussey, 96, moved to Atwood Good Samaritan former Goodland Nurse Aide, died Center in 2004. Monday, Dec. 12, 2011 at Good Samaritan Society at Atwood.

She was born Nov. 12, 1915, to Pearl (Hughes) and Archie Wales Carman at St. Francis. The family lived near St. Francis until she was four, when they moved to the Carman family farm near Selden. She attended Shawl Grade School and in 1934 she graduated from Selden High School.

After graduation she

taught for two years at Shawl Grade Cooper of Carbondale, Ill. and School and then moved to Goodland, where she met her husband of 59 years.

On June 4, 1939, she and Phay Hussey were married at Clayton and they made their home at Goodland. She worked as a Nurse Aide and Surgical Nurse Assistant at Boothroy Memorial Hospital from 1958 through 1972. Then she worked until 1972 as a Nurse Aide at Northwest Kansas Medical Center at Goodland. After her husband's death on July 20, 1998, she contin-

Mrs. Hussey's hobbies included gardening, bowling, embroidery and sewing and she loved

> to cook. Preceding her in death were her husband; her parents; an infant son, Arlen Hussey; two brothers, Alton Carman and Paul Carman; and a sister Alpha Mae (Carman) Preecs.

Survivors include three children Jeanine Rudman of Goodland, Vereen

Merlin (Susan) Hussey of Wichita; seven grandchildren; and two greatgrandchildren.

Services will be at 10:30 a.m. Saturday, Dec. 17, 2011 at Koons Chapel, 211 N. Main, Goodland with burial in the Goodland Cemetery.

Visitation if from 3 to 6 p.m. on Friday, Dec. 16, 2011 at Koons Chapel.

Memorials to Rawlins County Hospital Foundation or Atwood Good Samaritan Society may be left ued to live in Goodland until she at the funeral home.

Before traveling check vehicle, insurance

The winter holidays are filled with activities and trips. It's one of the busiest times of the year for families and traveling. Before you take to the roads this winter, make sure your vehicle and insurance are

ready. Just as ti says in the old Christmas

song, it's time for "Makin' a list and checking it twice" when you prepare for winter driving. Here are my top five auto insur-

ance tips:

• Confirm your insurance is active and premiums are paid. Have a current copy of your insurance card in your vehicle.

• Select liability limits that are right for your financial circumstances. If you are found to be at fault in an accident and have insufficient liability coverages, your personal assets are at risk for paying the remaining financial obligation.

• If you rent a vehicle for a trip, eck with your insurance agent to see if your policy includes coverage. Also, make sure you don't duplicate benefits from your own policy if you decide to get rental insurance. • Verify that your homeowner's or renter's insurance covers the theft of personal items from your vehicle, especially if you are planning to haul more expensive items. Many people believe that vehicle insurance covers replacement of stolen items from their vehicles, but that usually isn't the case. • Know if your policy includes roadside assistance, such as towing, fuel delivery, lockout service and jump-starts. Once your insurance matters are set, making sure your vehicle is winterized is the next item

insurance comm.

gency kit for long trips, include a first-aid kit, batteries, flashlights, drinking water, snacks, jumper cables, ice scrapers, tissues and towels, a tow rope, extra clothing and blankets.

 Check your battery and your tires

 Keep your gas tank at least halffull all the time.

· Check your wipers. Nothing can be as dangerous - or as aggravating as having bad wipes during bad weather.

Finally, and maybe most importantly, this is the season for family. Protecting them and their insurance needs should be a part of your winter preparations as well. So, here are my top considerations about insurance matters:



Goodland Alcoholics Anonymous meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an

area events

History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the preschool Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. a free preschool for eligible 3 and

Remember to use free traveler information

Sherman County Head Start is The store is open 9 a.m. to noon 4 year olds. The federally funded

nifer Follis. animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet? Call the animal shelter or go to the website www. nwkasgoodland.webs.com.

> Here are my top tips for trip preparation:

• Have a fully-charged cell phone and pack your vehicle phonecharging unit.

• Make sure you have an emer-

1203 Main Avenue • (785) 899-6103

 Make sure, for those young and old, that important insurance and legal papers are in a secure place that more than one person knows about.

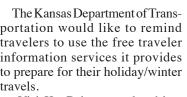
 Assess personal insurance needs for yourself and your family. Your needs as an old adult, for example, could be much different than your child's or grandchild's.

· Make sure you know what health insurance you and your family have. What are your deductibles and copays? What preventive services are now covered?

 In this season of giving, be sure you know the recipients of your financial gifts. Unfortunate, scams abound during this time of year, and the spirit of the season is often the reason that people get taken.

Lists are important this time of year, so I hope you can include some of these tips for a merrier and safer holiday season.

INTEX, Inc.



•VisitKanDrive,www.kandrive. org, the department's traveler information gateway for Kansas and surrounding states, to get enhanced camera views. Camera snapshots of the roadway are undated every few minutes from closed-circuit cameras installed along I-70 and other highways. The department has recently installed eight new cameras at Kanorado, Belleville, McPherson, Beto Junction, Pittsburg, Garden City, Liberal and at the junction of U.S. 75 and County Road 150 north of Topeka.

In addition to the camera tour, map of Kansas roads, work zones

2325 Enterprise Road, Goodland

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and other events impacting traffic and surface-related road conditions; roadside message sign views; and links to related resources such as KCScout, neighboring states' travel information, Kansas Turnpike information and Kansas Byways.

• The 511 Mobile site at 511mm. dsdot.org provides map, camera and electronic message sign views, road conditions, work zone and event mize the possibility of a breakdown. information and links to weather information. The site is accessible from multiple devices, including iPhones, Droids and Windows mobile devices, Version 6.0 and higher.

• 511 Phone - From any phone anytime, travelers may call 5-1-1 from anywhere in Kansas or (866) 511-KDOT (5368) from anywhere and allowing extra time to travel. in the U.S. to get route-specific road conditions, work zone information crease the distance between your KanDrive provides an interactive and travel-related weather information.

The department also reminds travelers to be prepared for driving this winter. Knowledge and preparation are essential to minimizing winter weather driving hazards.

In addition to being prepared by being informed about weather and road conditions, preparing your vehicle by winterizing and getting it tuned up before winter will mini-In the event you are stranded during a storm, an emergency survival kit and supplies in your vehicle could mean the difference between life and death.

It's also important to remember safe winter driving skills such as reducing your speed for conditions Turn off your cruise control. In-

Colorado

Kansas

vehicle and the vehicle ahead of you. Accelerate and brake gently to reduce the chance of losing control of your vehicle. Don't follow snow removal equipment too closely.

Drivers should use basic safe driving habits at any time of the year buckling up and safely securing children in safety seats, driving alert and sober, operating your vehicle at a safe and legal speed, and avoiding driver distractions such as talking or texting on your cell phone.



<u>لو</u> **Lincoln County:** 3729± acres grass. 25 miles south of Punkin Center. L. **Dear Customers:** Your favorite local McDonald's is undergoing a renovation. Until the renovation is complete, only our drive-thru will be open for regular hours. We appreciate your business and want to thank you for being great customers!

Improvements: home & small shop. \$1,062,765 South of Ruleton: 40± acres with home, shop, misc buildings. \$99,000 Hamilton County: 960± acres. All 27-255-42. E2 28-255-42. \$1,344,000 320± acres CRP. 2 contracts expire 2012. S2 9-26S-41. \$448,000 160± acres expired CRP. NW4 7-21S-39. \$192,000 **Sherman County:** NEW...160±acres grass. NW4 14-7-39. \$112,000

Dale Stull, Broker Cell 719-349-5710 Toll Free 866-346-5710 www.thelandofficellc.com

Classifieds work! 899-2338