

# 4-H: Cultivating Tomorrow's Leaders



## Saluting our local 4-H'ers!

### Prairie Dale 4-H Club

2nd Sunday of the month  
Meeting place: 4-H Building  
Leaders: Julie Crow

**National 4-H Week was  
October 2-8, 2011**

### Ruleton Eager Beavers

2nd Sunday of the month  
Meeting place: 4-H Building  
Leaders: Barb Winston, Charlene Mangus,  
Karen Hooker and Jessica Wolf

### Country Clover 4-H Club

4th Monday of the month  
Meeting place: 4-H Building  
Leaders: Glenda Cochran and Diane Zelfer



### Sunflower 4-H Club

3rd Monday of the month  
Meeting place: Edward's Hall  
Leader: Cris Wilson

- The 4-H goal is to help children become self-directing contributing members of society.
- 4-H uses a variety of delivery structures such as clubs, camps, informal groups and enrichment programs.

- 4-H relies on local determination of programs to fit the specific needs of the boys, girls, their families and the community.
- 4-H is a family affair, which includes the parent child relationship and the ex-

- tended family of community and state.
- 4-H is fun for both child and adult
- 4-H is a unique blend of government, private business and volunteers working together to broaden the horizons of youth.

### Projects 4-H'ers may participate in:

- Beef
- Citizenship
- Clothing & Textiles
- Communications
- Dairy Cattle
- Dairy Goats
- Dog Care & Training
- Energy Management
- Entomology
- Environmental Science
- Exploring 4-H
- Family Studies
- Fiber Arts
- Foods & Nutrition
- Geology
- Health & Wellness
- Home Environment
- Horse
- Plant Science
- Poultry
- Rabbits
- Reading
- Self-Determined
- Sheep
- Shooting Sports
- SpaceTech
- Swine
- Visual Arts
- Wildlife
- Woodworking

A new 4-H year is right around the corner! If you know someone between the ages of 7-18 that would love to join 4-H, simply find the right club from those listed above and fill out an enrollment and participation form. You may get the forms from the Sunflower Extension District #6 Office, located on the 3rd floor of the Sherman County Courthouse! Forms are due back to the Extension Office by November 2, 2011. Best part yet? It's free to enroll!!!



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