

card showers

The daughters of Garry and Roayne Hagen are requesting a card shower in honor of their parents' 50th wedding anniversary. They were married Sept. 17, 1961, in Elwood, Neb. Cards may be sent to them at 4124 Liverpool Drive, Flower Mound, Texas 75028.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

**The High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 4 p.m. Sunday. Closed Tuesdays.

**The Carnegie Arts Center** is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

**The Goodland Public Library** is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

The local **High Plains Constitutional Society** will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**The Good Sam Family Support Council** meets at 7 p.m. the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Diabetes Support Group** meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

**Cancer Support Group** meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

**Emotions Anonymous** meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

**The Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:45 a.m. finding fitness class, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall and 9:45 a.m. finding fitness class. Friday: 5:30 a.m. aerobics with Tena Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

**Weight Watchers** meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285.

**Goodland Alcoholics Anonymous** meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

**Goodland Al-Anon Serenity Seekers** group meets at 8 p.m. on Mondays at 1013 Center. Contact Cheryl at (785) 890-3023, Shelly at (785) 890-3915 or Twila at (785) 332-2078 for more information.

**Goodland Adult Children of Alcoholics** meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

**The Incognito Group.** If alcohol has made your life unmanageable and you find yourself power-

the calendar

calendar

"Potatoes for the Pastor" will be from 4:30 to 7 p.m. (Mountain Time) on Sunday at the Brewster United Methodist Church, 202 Nebraska, Brewster. They will served baked potatoes with toppings and desserts. There will be a free will offering for Pastor Dorine and Larry Chambers to help with medical expenses.

**Awana** is moving to a new night at 6 p.m. on Sunday at the Goodland Bible Church, 109 Willow (across from the hospital). Awana is for kids from kindergarten to sixth grade. For information call 899-6400 or email pastorchaddj@gmail.com or visit www.goodlandbible.org.

**Prairie Land Food** will be distributed from 1:30 to 2:30 p.m. on Saturday, Sept. 24, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827 or 821-1275 or order online at www.prairielandfood.com.

On Saturday, at 9:15 a.m. there will be a **Kidder Battle Site Tour and Lecture** with historian Jeff Broome. Meet at the High Plains Museum for a short lecture, then drive to the Kidder Massacre Site for a guided tour of the site.

There will be **games and prizes** for all ages in a remote radio broadcast for KGCR on 3:30 to 5:30 p.m. on Friday, Sept. 23, at Calvary Gospel Church, 402 College.

At 2:30 p.m. on Saturday, Sept. 24, **Marci Penner** will be at the High Plains Museum for a book signing of "8 Wonders of the World" and program by Marci Penner.

The annual mass **flu shot clinic** as an emergency preparedness exercise by the Sherman County Health Department will be from 2 to 6 p.m. on Tuesday, Oct. 11, at the Elks Lodge.

The First Nazarene Church and New Destiny are hosting a new series called "Falling in love with Jesus" at 6:30 p.m. on Wednesday nights at the First Nazarene Church, 305 Caldwell.

**Tuesday Flicks** are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

**Today:** Tuna salad, tomato soup, cantaloupe, crackers and fruit cobbler. **Wednesday:** Hamburger gravy, mashed potatoes, cook's choice vegetable, bread and apricots. **Thursday:** Ham, scalloped potatoes, rosy pears, bread and birthday cake. **Friday:** Closed for training. **Monday:** Hamburger, tater tots, Italian blend vegetables, bun and cottage cheese with fruit. **Tuesday:** Chili, five cup salad, crackers and cinnamon roll.

school menu

**Today:** Breakfast - toast with sausage, fruit, cereal, juice and milk. Lunch - sloppy joe, tator tots, pickle spear, half an orange and milk. **Wednesday:** Breakfast - turnover with fruit, cereal, juice and milk. Lunch - corn dog, potato wedge, cucumber, frosted banana and milk. **Thursday:** Breakfast - pancake with fruit, cereal, juice and milk. Lunch - spaghetti, salad, garlic bread, peaches and milk. **Friday:** Breakfast - breakfast

burrito and cereal, juice and milk. Lunch - chicken nuggets, mashed potatoes, gravy, mixed vegetables, melon cup and milk. **Monday:** Breakfast - French toast with fruit, cereal, juice and milk. Lunch - Fish, oven browned potatoes, broccoli, wheat roll, fruit cocktail and milk. **Tuesday:** Breakfast - biscuit and gravy, cereal, juice and milk. Lunch - Chicken sandwich with lettuce and pickle, potato wedge, half and apple and milk.

school calendar

**Today:** Gold day. 2 p.m. varsity cross country at Leoti. 2 p.m. girls junior varsity golf at Ulysses. 3 p.m. junior high cross country at Leoti. 3 p.m. junior high volleyball at Scott City. 3:30 varsity and junior varsity at home quad. 4 p.m. West Site Council. **Wednesday:** Black day. 4 p.m. Central Site Council. **Thursday:** Gold day. 3:30 p.m. junior high football at Colby. 3:30 p.m. varsity and junior varsity volleyball at Norton. 6:30 p.m. C football at Burlington. **Friday:** Black day. 6:30 p.m. varsity football against Holcomb. Saturday: 9 a.m. junior high cross country at Hugoton. 9 a.m. varsity and junior varsity volleyball quad at Max Jones Fieldhouse. **Monday:** Gold day. 2 p.m. varsity cross country at Ulysses. 2 p.m. girls varsity golf at Colby. 2 p.m. girls junior varsity golf at Russell. 3 p.m. junior high football against Norton. 3:30 p.m. c football at Holcomb. 5 p.m. junior varsity football at Holcomb. **Tuesday:** 3 p.m. junior high volleyball at triangular at Max Jones Fieldhouse.

obituaries

Leslie E. Watkins

Leslie E. Watkins, 94, lifelong Goodland resident, died Thursday, Sept. 8, 2011, at Ogallala, Neb.

He was born on My 7, 1917, to Guy and Della Watkins at Hardy, Neb. At age 2 his family moved to a farm near Brewster where he attended school for 12 years.

On Feb. 24, 1940, he and Mary Alice Brown were married at Russell Springs. The family moved to Lincoln, Ark. in 1946 but returned to Goodland in 1948. He worked for farmers at the local grain elevators until his retirement in 1980.

Mr. Watkins had a collection of farm animals on his farm north of Goodland but he was most remembered for their garden.

He belonged to the Good Sam Camping Club, Pitch Club, bowling and loved to go fishing and camping.

Preceding him in death were his parents, a son, Bill Watkins; two brothers, Ray Watkins and Merle Watkins; three sisters, Lottie, Ethel and Mildren; a grandson, Phillip

Helzer; and a great-granddaughter, Mandy Van Vleet.

Survivors include his wife of the home; three daughters, Virginia Van Vleet of Englewood, Colo., Katharine (Larry) Wilson of Ogallala, Neb. and Della (Lyle) Helzer of Goodland; a daughter-in-law, Myra Watkins of Goodland; a brother Glen Watkins of Englewood, Colo.; two sisters, Ida Mae Murray of Holyoke, Colo. and Lucille Fennor of Goodland; 10 grandchildren; 14 great-grandchildren; and three great-great-grandchildren.

Services was at 10 a.m. on Monday, Sept. 12, 2011, at Bateman Funeral Home, 211 E. 11, Goodland with Dr. Chet Ross officiating and burial in the Goodland Cemetery.

Visitation was from 1 to 6 p.m. on Sunday, Sept. 11, 2011 at the funeral home.

Memorials may be sent to the funeral home where they will be directed to the family and designated later.

Daughter joins Manhattan family

Maizie Lucinda Nickel was born on Wednesday, Aug. 31, 2011, in Manhattan. She weighed 6 pounds, 6 ounces and was 19 inches long.

Her parents are John Trampis Nickel and Laura Falk Nickel of Manhattan. Her maternal grandparents are Cindy and Milton Falk of rural Onaga and paternal grandparents are John Micheal and Karen

Nickel of Johnson. Great-grandparents are the late Elsie and Art Falk of Wheaton; Paul Hartwich, Sylvia Harwich Galloway of Onaga; Rosie and Alfred Lindsten of Goodland; and John Robert and Roma Nickel of Levant.

Maizie is welcomed home by her three-year-old brother, John Tasen Nickel.

less. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817. (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of **Narcotics Anonymous** meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. **Narcotics Anonymous** meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at 7 p.m. Thursdays for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

**Prairie Museum of Art and History**, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

blue star banners

Do you have a son or daughter, grandson or granddaughter serving in the active duty military service? The Goodland Elks Lodge 1528 would like to present you with a "blue star banner" for your window to show your pride! Please call the secretary at the Goodland Elks Lodge 1528 at (785) 890-6251 to visit with her about this?

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. to noon and 1 to 5 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open

from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

Anyone with information is asked to come by the Goodland Police Department, 204 W. 11 or call (785) 890-4570 or contact Crime Stoppers at (785) 899-5665 with any information.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed.

If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet call the animal shelter or go to the website www.nwkasgoodland.webs.com.

Ask yourself why are you in business?

Why did you start your business? What is its purpose?

I'm not asking about the end result of making money, but the reason you started a business instead of just working for someone else?

Simon Sinek, the author of "Start With Why," does a great TedTalk on the why. He says, "People don't buy what you do, they buy why you do it."

He explains how consumers are more driven by emotion than by reason.

To view his TedTalk titled How Great Leaders Inspire Action, go to www.ted.com/talks/simon\_sinek\_



jamie morphew  
• business tips

how\_great\_leaders\_inspire\_action.html. It's only 18 minutes long and definitely worth your time.

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or e-mail wkbc@wbsnet.org.

matters of record

Accidents

The following accidents were investigated by the Goodland Police Department.

Aug. 31 - 7:30 a.m., 1202 W. business U.S.24, a 2008 Dodge driven by Arnaldo Alejandro Rangel backed out of the parking stall and into a 2011 GMC driven by Lonnie H. Whiteker. Witnesses said the driver of the Dodge then drove away. Rangel said he was sorry for doing it.

Goodland Police

The following incidents have been reported to the Goodland Police Department:

**July 10** - 9:40 p.m., 1012 W. 14th, arrested Danielle A. Johnson, for domestic battery against Eric G. Johnson. Case referred to city attorney.

**July 11** - 2:44 a.m., 790D'Lao Dr. Apt. 7, arrested William Brent Hensley for domestic battery against Jill Marie Cofer. Case referred to city attorney.

**July 13** - 9:56 a.m., 324 Broad-

way Ave., warrant arrest of Alisa Marie Holtean. Case referred to county attorney.

**July 16** - 8:15 a.m., 124 W. 16th, arrested Nicholas James Gary for battery, criminal trespass and criminal damage. Victims Spenser Miles Carpenter and Chelsi Dawn Pettit. Case referred to city attorney.

**July 17** - 5:53 p.m., 812 Washington Ave., arrested Jenett Marie Purvis and Kaylie Marie Gibault for battery against each other. Case referred to city attorney.

**July 19** - 3:46 p.m., 1517 Center Ave., Tash Schaffer reports domestic battery. Case referred to county attorney.

7:36 p.m., 502 Grand Ave., arrested Dale William Schaffer for violation of protection order. Case referred to county attorney.

**July 21** - 11:07 p.m., 320 E. Eighth, arrested Curtis J. Flathau for criminal trespass and disorderly conduct. Victim Milton Blaine Varney. Case referred to city attorney.

The Goodland Star-News SUBSCRIBER Larry Witt

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**Thank You**

Thanks to my family, pastor, friends and neighbors for their prayers, cards, flowers, visits and calls of concern while I was in the hospital these past 7 months. Thanks to God for touching the hands of the doctors, nurses and hospital staff and allowing me to regain my health. I am blessed to have so many wonderful, caring people in my life.

-Doris Raile