Varney

Sports

Cowgirls finish second at home tournament

in the Goodland Invitational held personal best. Tuesday at Sugar Hills Golf Course

finishing second and sixth with her with a 110 and that was good many playing in their first 18-hole tournament.

The team scores were First, Syracuse 383; Second, Goodland I team 419; Third, Colby 437; Fourth, Dundy County (Benkleman, Neb.) 440; Fifth, Garden City 445; Sixth Goodland II 450; and Seventh, TMP 519.

"We had some real highlights today for some of the girls," Coach Connie Livengood said.

"We had a great day for golf. At least it was cool and a little breezy. We had a great for our golf team to see what we need to work on and what we need to do to narrow the gap between us and Syracuse.:

Jazz Weis led with a 97 and placed sixth and received a medal.

Shaina Varney had a tremendous tournament for her first 18-hole tournament shooting a 104, just one shot from a medal.

Cortney Cowan shot a 108 and had a good front nine score of a 48. She shot her personal best.

Emily Purvis shot a 110 with consistent scores and it was her first 18-hole tourney.

Kristi Stasser shot a 116 for her first 18-hole tourney.

Miranda Hernandez shot a 131, and I know she was a little disappointed as she just plain had a bad

Megan Siruta bounced back this for a 9-hole tourney.

The Cowgirls had two teams week shooting a 108. That is her

Jordan Knitig was right behind shooting for her as she had

> a personal best. Trace Waugh shot well today-her personal bestand she had a birdie which helped her score of 113.

Katelyn Coon shot a 119 for her first tourney this year.

Carly McCracken shot her personal best for a 125, and Michaela Garrett

shot her personal best 18-hole round with a 127.

Our Junior Varsity had two medalists: Makayla Kennedy shot a 61, good for a second place finish and Sophia Thompson shot a 63, for third place and a medal. Brooke Lockhardt and Elizabeth Wellman both shot personal bests, and Raquel Tomsic improved her score this week.

The junior varsity had a stroke limit for all the players with a maximum 8for par 3s and 10's for par 4 and 5 holes.

"I know we have girls who can do better and we need to look for consistency," Coach Livengood said. "I have to say the highlight of the day was Varney shooting a 104. She worked hard on her putting this week and it paid off for her."

The Cowgirls will be in Garden City at noon on Monday for an 18hole varsity tourney. This is a time change from the announced 9 a.m. Our number II Goodland team start, she said. The JV will be go to had some good highlights as well. Ulysses on Tuesday for a 2 p.m. start



Cowgirl Carly McCracken (above) prepared to putt and drop it in the cup on hole 9. She was part of the Goodland II team and had a 125 for her 18 holes on Tuesday in the tournament at Sugar Hills Golf Club. Cowgirl Jazz Weis (right) stroked her putt for the cup sort of uphill and made it on hole 2. She led the Cowgirls golf team with a 97 and placed sixth over all. Cowgirl Katelyn Coon (left) looked to see where her second shot had gone on hole 1. She was part of the Goodland II squad and had a 119 for 18-holes.

Photos by Tom Betz/The Goodland Star-News



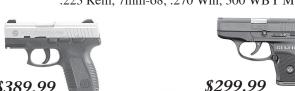


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Wisdom Teeth (3rd Molars) Wisdom teeth are the last teeth to develop and appear in the mouth. They are called "wisdom teeth" because they usually appear during a person's late teens or early twenties, which has been called the "age of wisdom."

What is an Impacted Tooth? A tooth becomes impacted when there is a lack of space in the mouth and its growth and eruption is blocked by overlying gum, bone or the adjacent tooth. Nine out of ten people have at least one totally impacted wisdom tooth resulting from a lack of space in the mouth.



Impacted teeth can lead to such problems as pain, infection, crowding of teeth, tumor formation, or damage to adjacent teeth and bone. More fully developed wisdom teeth tend to cause these problems and require a more involved surgical procedure to remove them.

Even though impacted wisdom teeth can cause serious problems a recent

study found that wisdom teeth that have erupted into the mouth in a normal upright position may be as prone to disease as those third molars that remain impacted. The researchers found that patients with erupted wisdom teeth may be at greater risk for disease, including periodontitis. These chronic gum infections can cause bone loss around the wisdom teeth and adjacent teeth. Chronic gum infections can affect your general health.

When Should I Have My Wisdom Teeth Removed?

It isn't wise to wait until your wisdom teeth start to bother you. Generally, early removal of wisdom teeth results in an easier surgery and less complicated healing process. Medical studies strongly recommend that wisdom teeth be removed during teenage years to prevent future problems and to ensure optimal healing. It's recommended all people have their wisdom teeth evaluated by an oral surgeon before high school graduation.

What Can I Expect During Surgery? Wisdom tooth surgery is one of the most common surgical procedures performed. Most people require wisdom tooth removal at some point in their life. Having the surgery as a teenager is generally easier, less risky, and the healing process is quicker and more reliable. Most wisdom tooth surgeries do not require hospital admission and can be performed in our office. Most people choose to do this under IV anesthesia. Today, surgery can be performed in comfort and maximal safety using our modern surgical and anesthetic techniques. Most young people can return to normal activities within a couple of days after surgery. We can discuss your options at the time of consultation.

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