

Which vegetable is growing in popularity?

By Kay Melia
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 Alright, go ahead. Guess which garden vegetable is growing in popularity faster than any of the rest. Back in the 60's, you seldom saw it on the dinner table, let alone in the garden. In fact, most gardeners couldn't even spell it! Now, it is a "must" crop in many home gardens, in school lunch programs, in tasty casseroles and on party platters of raw vegetables accompanied by a good dip for those summer



kay melia

• the gardener

cookouts. It's broccoli, of course, and you can hardly believe the amount of food value contained in those dark green florets, either cooked or raw. Nutritionists say it is rich in cal-

cium, niacin, thiamine, potassium, vitamins A and C and lots of fiber. As a member of the cabbage family, broccoli is also considered a valuable antioxidant. With all those healthful designations, we all should run, not walk, to the nearest supermarket and buy couple of heads, shouldn't we? At the very least, we absolutely must make a note to plant some in our garden this spring.

But most of us will do neither, and the reason is simple. We just don't like the taste of it! Our taste buds refuse to cooperate with our brain cells that suggest there are very few foods that are as healthy for the human body as broccoli, and then we will reach for another slice of pizza. I've learned to like it, kinda, but only when utilized in a good thick soup; heavy on the cheese, please! I set out about 20 homegrown plants about the 15th of April each year,

and we freeze most of the crop. It is relatively easy to grow here in northwest Kansas, but it must be transplanted into the garden as early as possible since it detests heat. Those young plants can withstand a bit of frost, but must be protected from the wind. Those loathsome cabbage worms can be a serious threat to broccoli and can decimate a crop rather quickly once they arrive if we don't catch them in time. Always buy your transplants at a

reputable garden center. Varieties to look for include Packman, Green Comet or Premium Crop. When you pick a head of broccoli in the garden, always drop it in a pan of warm salt water as soon as you come in the house, and then check the water for those green cabbage worms that will lose their grip in the salt water. If they refuse to loosen their hold, rest assured they will do so when you boil it for lunch.

Houseplants have growth spurt at start of spring

As outdoor plants break dormancy and start to grow in response to the longer days and warmer spring temperatures, houseplants usually put on a spurt of growth as well. Eventually, these indoor plants outgrow their containers and need to be repotted. To check if your plants are becoming root bound and need a larger pot, inspect the root system. First, knock the plant out of its pot. Watering several hours before this operation will allow the plant to be removed more easily. On pots that are 8 inches in diameter or less, place one hand over the top of the pot with the stem of the plant passing between two fingers,



dana belshe

• ag notebook

and turn the plant upside down. Then rap the edge of the pot against a table. The root ball should come away from the pot. On pots that are more than 8 inches in diameter, a bit more encouragement may be needed. Place the pot on its side and rap the top edge of the pot with a rubber mallet. Turn the plant a few degrees, and repeat the

procedure until the root ball releases. Once the plant is free, take a look at the root ball. If you see a clear network of roots, the plant needs to be moved to a larger pot. If the original pot is less than 10 inches, move up an inch in size; if 10 inches or larger, increase

the size 2 inches. If the pot has one or several large holes in the bottom for drainage, cover the holes with pot shards (pieces of a broken clay pot) or gravel so that the potting mix is not washed out during watering. It is essential that the plant sit at the same level it was in the old pot. Add enough potting mix to the bottom of the pot to ensure this. This mix will need to be firmed before the plant is

placed on top of it so it doesn't settle over time. After the plant is placed, fill in around the original root ball with potting soil. Again, firm this soil with a slender stick, or tap the bottom of the pot on the table. If this firming is not done, new soil will be so light and airy that water will tend to move through it rather than through the whole root ball. Water the plant thoroughly after

repotting. Be especially careful not to overwater for about two weeks. The new soil tends to stay wet until roots penetrate. Overwatering can lead to rot. Most plants need to be repotted annually though vigorous growers may need to move up sooner. Slow-growing plants may stay in the same pot for more than a year.

May workshop offered by Carnegie

The four-day creative photography workshop, "The Art of Seeing," will be led by award-winning photojournalist Sam Blass will be from May 12 to 15 at Sugar Hills Country Club at Goodland. The workshop will focus on life in Goodland, including selected businesses, as part of student photographer assignments. The workshop is expected to include 10 student photographers and an additional five support staff.

It will be an intensive workshop that will include both creative photography and writing assignments. Blass will also be leading a three-hour introductory workshop for local 4-H members and one of his framed Goodland promotional posters will be offered at the closing barbecue dinner to benefit the 4-H. For information contact Bonnie Stasser at (785) 899-6756 or bonniestasser@sbcglobal.net.

Worship warms the heart

Calvary Gospel Church
Pastor: Randy Payne
 Fourth & College • 890-3605
Sunday: Kid's Church: 10 am
 Morning Service: 10 am
 Prayer and Praise: 5:00 p.m.
Wednesday: Royal Rangers Missionettes 6:30 p.m.
 Adult mid-week service: 7:00 p.m.
 Youth @ the Rock House: 6:30 p.m.
 Adult mid-week service: 7:00 p.m.
 www.calvarygospel.net

Our Lady of Perpetual Help
Pastor: Father Norbert Diabal
 307 W. 13th • 890-7205
Sacrament of Reconciliation:
 5-5:45 p.m. Saturday or by appointment
Mass Schedule:
 Saturday: 6 pm, Sunday: 10:30 am
Spanish Mass:
 Sunday: 12:30 pm



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NOTICE OF OWNERS OF TAXABLE PERSONAL PROPERTY
 All owners of taxable personal property (including boats, jet skis, mobile homes, campers, snowmobiles, golf carts, mopeds, dirt bikes, trucks, non-highway vehicles, trailers, airplanes, business equipment and fixtures) MUST come to the appraiser's office to report ownership of such property. ALL Personal Property MUST be listed by **March 15.** Any questions concerning personal property items call 890-4825 Sherman County Appraiser's Office.
 WE NOW PRORATE WATERCRAFT.
 Owner of record is to notify the County Appraiser within **30** days of the acquisition or sale.
 REAL ESTATE IMPROVEMENTS OR STRUCTURAL CHANGES TO BUILDINGS MUST ALSO BE REPORTED.

Classifieds work! 899-2338

Goodland United Methodist Church
 1116 Sherman 899-3631
Pastors: Dustin and Shelly Petz
Saturday: Worship: 5:30 p.m.
Sunday: Adult Classes: 9:15 a.m.
 Worship: 10:30 a.m.
Wednesday: Wednesday Nite Live 5:45 - 6:45 p.m. Simple Supper "Free will Offering" 6:30 - 7:30 p.m. Classes for all ages

Pleasant Home Church
 Serving the rural community for over 120 years
 Rt. 1, Box 180 • 3190 Road 70
 (785) 694-2807
Pastor: Perry Baird
Sunday: Worship Service: 9 a.m.
 Sunday School: 10 a.m.

Promiseland Baptist Church
Pastor: Rick Holmes • 890-7082
 225 W. 16th
 (785) 890-7944
Sunday: Sunday School: 10:30 a.m.
 Morning Service: 11:30 a.m.
 Evening Service: 6:30 p.m.
Wednesday: Bible Study Service 6:30 p.m.
Thursdays: Adult Bible Study 7-8 p.m.

Bible Baptist Church
Pastor: Clifford Middlebrooks
 Fifth & Broadway
 890-7368
Sunday: Sunday School: 9 a.m.
 Morning Service: 10 a.m.
 Evening Service: 6:30 p.m.
Wednesday: Evening Bible Study: 7 p.m.

Church of Jesus Christ of Latter-Day Saints
 1200 15th Street • Burlington, CO
 (719) 346-7984
Sacrament Meeting: 10 a.m.
Sunday School: 11:15 a.m.
Priesthood/Relief Society: 12 a.m.

Iglesia Del Dios Vivo
 La Luz Del Mundo
 Spanish Speaking Church
Minister: Esteban Ortiz B.
 1601 Texas • 899-5275
Daily Prayer: Sunday thru Saturday: 5a.m. & 6 p.m.
Sunday: Sunday School: 10 a.m.

United Methodist Church Brewster:
Pastor: Dorine Chambers
 Worship Service: 10:45 a.m. CST
 Sunday School: 9:45 a.m. CST
Winona:
Minister: Sheryl Johnson
 Worship Service: 9 a.m. CST
 Sunday School: 10:15 am CST

First Christian Church (Disciples of Christ)
Pastor: Rev. Carol Edling Jolly
 Eighth & Arcade • 890-5233
Sunday: Church School - All ages 9:15 a.m.
 Worship 10:30 a.m.
 Youth Group: 1st and 3rd Sundays 5-7 p.m.
Wednesday: Prayer Class - Noon
 Pastor Carol's Class 5:45 p.m.
 www.goodlandfccdoc.org

Kanorado United Methodist Church
Pastor: Leonard Cox
 399-2468
Sunday: Sunday School: 9 a.m.
 Worship Service: 10:15 a.m.

Church of the Nazarene
Pastor: Bob Willis
 Third & Caldwell
 899-2080 or 899-3797
Sunday: Sunday School: 9:45 a.m.
 Worship Service: 10:50 a.m.
 Evening Service: 6 p.m.
Wednesday: Evening Service: 7 p.m.

Word of Life
 10th & Clark
 1-888-781-3450
Pastor: (to be announced)
Services: (to be announced)
 A Foursquare Gospel Church

Goodland Bible Church
 109 Willow Road • 899-6400
Pastor: Chad DeJong
Sunday: Sunday School: 9:30 a.m.
 Morning Worship: 10:45 a.m.
 Evening Worship: 6 p.m.
Wednesday: AWANA (Winter) and prayer: 7 p.m.

First Baptist Church
Pastor: Travis Blake
 1121 Main
 890-3450
Sunday:
 Coffee fellowship: 9:30 a.m.
 Morning Worship: 10 a.m.
 Sunday School: 11:15 a.m.
Thursday: Bible study 9:30 a.m.
 Wheatridge Center

St. Paul's Episcopal Church
 13th & Center
 Church 890-2115 or Rectory 890-6969
Priest: Father Hal Lycett
Holy Eucharist: 10:00 a.m. Sunday
 Thursday morning
Daily Morning Prayer
 For emergencies 890-6969

Harvest Evangelical Free Church
 521 E. Hwy. 24 • 890-6423
Pastor: Brian Fugleberg
Sunday: Worship: 10:30 a.m.
 Sunday school: 9:30 a.m.
Wednesday:
 Senior High 6:30 p.m. at church
 Junior High 6:30 p.m. at 708 Washington
 www.goodlandefree.com

Seventh Day Adventist Church
 1160 Cattletrail
Pastor: Jerry Nowack
Saturday: Sabbath School: 9:30 a.m.
 Worship Service: 11 a.m.

Emmanuel Lutheran Church
 13th & Sherman • 890-6161
Pastor: Darian Hybl
Sunday: Christian education/fellowship: 10:15 a.m.
 Worship Service: 9 a.m.

Church of Christ
 401 Caldwell
 890-6185
Sunday: Bible Study: 9:45 a.m.
 Worship Service: 10:45 a.m.
Wednesday: Bible Study: 7 p.m.

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