#### card showers

**Roger Collins** is recovering from surgery and will be in the hospital and would like to hear from his friends. His address is Citizens Medical Center, Room 118, Colby,

#### open house

The children and grandchildren of Fred and Lenna Studer are having an open house for their 50th Wedding Anniversary from 2 to 4 p.m. on Saturday, Jan. 15, 2011, at the Senior Adult Center, 205 W. 15th, Goodland.

The children of LaVina Perry are having an open house at the Handy Towers Community Room from 2 to 4 p.m. on Sunday, Jan. 9, 2011. She will be celebrating her 88th birthday on Monday, Jan. 10. Cards may be sent to 516 E. 6th, Apt. 211, Goodland.

#### activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and **Saturday.** Story Hour for preschool kids, ages 3 to 5, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 3 to 4 p.m. and Thursday morning 10 to 11 a.m. Born to Read for kids aged 0 to 3 years and their parents or caregiver will meet from 10 to 10:30 a.m. on Friday mornings. For information call (785) 899-5461 or stop by the library.

The local **High Plains Consti**tutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. in the basement of the Emmanuel Lutheran Church, 220 W. 13, Goodland. They will use the book "The 5000 Year Leap" by Cleon Skousen Skousen as the framework for the studies.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from 6 to 7:30 p.m. the first Monday of the month from October through May at the First Baptist Church, 12th and Main.

The Good Sam Family Support Council meets at 7 p.m. the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. The council is working with the Good Samaritan Center to raise \$4,500 to remodel their beauty shop including adding an adjustable sink to allow wheelchair resident easier access to wash their hair without transferring and to purchase a portable hair dryer. For information call 890-3117 or 890-5936.

**Diabetes Support Group** meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodland at (785) 890-6036.

**Emotions Anonymous** meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., workout with

Virus removal

# the calendar

#### calendar

The Kanorado Senior Center is having a soup supper from 5 to 8 p.m. on Saturday, Jan. 15, with chili or potato soup, sandwich or cinnamon roll and ice cream. Adults are \$6 and kids under 12 are \$4.

Jodie Tubbs of the Kansas Commission on Veterans Affairs will be in Goodland from 1 to 2:15 p.m. Thursday, Jan. **20**, in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the third Thursday of each month.

Prairie Land Food sign up will **be until Monday.** Distribution is 1:30 to 2:30 p.m. on Saturday, Jan. 22, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364, 821-1275 and 728-7196 or order online at www. prairielandfood.com. The Prairie Pak will have split chicken breast, ground beef, pork breakfast link sausage, turkey breast medallions, beef meatballs, banana nut muffins, fruits and vegetables. Specials are chicken tender, supper time entrees-6 pack, butterfly parmesan stuffed shrimp, fajita box and mild nacho cheese.

Senior Health Insurance

Grady Bonsall. Wednesday: 5:30

a.m. aerobics with Tena Tompkins,

9 a.m., starting at 4 p.m. taekwando

classes and 5:30 p.m. aerobics with

Lisa Malsom. Thursday: 5:30 a.m.,

workout with Grady Bonsall. Fri-

day: 5:30 a.m. aerobics with Tena

**Goodland Alcoholics Anony-**

mous meets at 8 p.m. Monday,

closed meeting, Wednesday, the

book meeting, and Saturday, an

open meeting, at 1013 Center. For

Alcoholics Anonymous, call Pat T.

at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity

Goodland Adult Children of Al-

coholics meets at 6 p.m. on Fridays

at 1013 Center. For information call

Laura or Marilyn at 821-4277 or

The "Freedom Today" group of

p.m. Tuesdays, 8 p.m. Fridays and

Bird City Alcoholics Anony-

mous group meets at 6:30 p.m.

Mountain Time) on Fridays at the

cotics Anonymous meets at 6:30

the Senior Center. Call (785) 734-

**Stratton** "AA by the Book" **Al**-

coholics Anonymous group meets

at 7 p.m. Thursdays for a beginners

open meeting. Families and young

people welcome. Call (719) 348-

5398 for men and (719) 346-8553

for women. On U.S. Highway 24 go

to Statton and it is the second house

Fibromyalgia and Chronic

**Myofascial Pain Support Group** 

meets from **6:30 to 8:30 p.m. the** 

third Wednesday of every month

in the Emergency Medical Services

building, 257 15th St., in Burling-

ton. Call Debbie at 719-346-4612.

**class** over monitoring your blood

glucose will be held at 6:00p.m.

(Mountain Time) on Tuesday, Jan.

11. Class size is limited. Call Court-

Jeanene Brown at (785) 460-4850.

**Group** will meet at Citizens Medi-

cal Center from 12:30 to 3:00 p.m.

six weeks starting Jan. 17. There is

no charge for these classes, how-

ever, a \$30 donation is encouraged

to cover educational material. This

support group addresses ways to

reduce pain, how to deal with fa-

tigue, frustration and isolation, the

Computer repair

Jason's Computer Services

103 N River, St Francis

(N end of old Equity hardware store)

Website design & hosting

Computer classes 2nd & 4th Tues, SFCHS 7pm

Visit cncoks.com or call 785-772-7405

**Chronic Disease Support** 

on the left, 513 Iola Street.

area events

2734 for more information.

(Mountain Time) on Tuesdays at

Call 890-8369.

Seekers group meets at 6 p.m. on

Mondays at 1013 Center. For infor-

mation call Cheryl at 890-3023.

call 890-7242.

Counselors of Kansas Sheryl Ketter and Carol Guyer can help you pick a Medicare prescription drug plan. Enrollment is from Monday, Nov. 15 to Friday, Dec. 31. Meet at Goodland Public Library. Call 890-5908,821-1626 or 399-2407 for an appointment.

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

#### senior menu

Today: Chef salad, ambrosia fruit salad, bread sticks and brownie. Monday: Swiss steak, augratin potatoes, peas, bread and pears. Tuesday: Brat, pasta salad with vegetables, peaches, bun and applesauce bar. Wednesday: Paprika chicken, mashed potatoes and gravy, green beans, bread and gelatin with mixed fruit. **Thurs**day: Hamburger, potato rounds, cheesy broccoli, bun and fruit crisp. Friday: Sausage gravy, seasoned carrots, citrus slices, biscuits and cook's choice comp.

#### school menu

**Today**: Grilled cheese, tomato soup, crackers, half a banana and milk. Monday: Burrito with lettuce and cheese, tri-tator, pears and milk. **Tuesday**: Hamburger with lettuce and pickles, french fries, half an apple and milk. Wednesday: Pizza, corn, lettuce

benefits of exercise and exercising safely while increasing your energy level, how to handle stress and relax, healthy diet, and how to use medications effectively. Contact Courtney McCarty at (785) 460-4849.

Prairie Museum of Art and Tompkins and starting at 5 p.m. **History**, 1905 S. Franklin, in Colby taekwondo classes. For information is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

A private showing with the **min**iatures by Sean McLaren of Hays and mixed media by Deb Pipes of Lazarus will run to Sunday, Feb. 6, at the Dane G. Hansen Museum, 110 W. Logan, Logan. Museum hours are Monday through Friday 8 to 11 (Mountain Time) and noon to 3 p.m. (Mountain Time), Saturday 8 a.m. to 11 a.m. (Mountain Time) and Noon to 4 p.m. (Mountain Time), Sunday and holidays noon to 4 p.m. (Mountain Time). For information call (785) 689-4846

## black and gold Narcotics Anonymous meets at 8 booster club

Club has black and gold spirit flags 899-7230 or Steve and Colleen Duell at (785) 899-5888.

#### thrift store Senior Center on 4th Street. Nar-

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. We are not accepting clothing at

#### health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns Journey for Control a diabetic or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, inney McCarty at (785) 460-4849 or cluding testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-

## hospital volunteers

(Mountain Time) every Monday for Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today**: a.m. Avis Alcorn, p.m. Jo Simmons and courtesy Linda Woods. Monday: a.m. Sheryl Ket-

salad, brownie and milk. Thursday: Spaghetti, green beans, garlic bread, fruit cocktail and milk. **Friday**: Pig in a blanket, tator tots, baked beans, half an orange

#### school calendar

friends

Today: Gold day. 3:45 p.m. c team basketball against Hugoton. 5:30 p.m. junior varsity basketball against Hugoton. 7 p.m. varsity basketball against Hugoton at Max Jones Fieldhouse. Saturday: 8 a.m. varsity wrestling against Liberal. 8 a.m. junior varsity wrestling at WaKeeney. High school instrumental live auditions in Salina. Monday: Black day. 3 p.m, junior high scholars' bowl at Colby. 7 p.m., board of education meeting. Tuesday: Gold day. 4 p.m., West Site Council. Wednesday: Black day. 7:30 a.m. professional learning communities. 8 a.m. Great West Activity Conference meeting in Scott City. 4 p.m., Central Site Council. Thursday: Gold day. 3 p.m., high school scholars' bowl at Hugoton. 5:30 p.m. varsity and junior varsity wrestling at Hoxie. 7 p.m. financial aid night for senior and parents in high school cafeteria. Friday: Gold day. 3:45 p.m. c basketball at Holcomb. 5:30 p.m. junior varsity basketball at Holcomb. 7 p.m. varsity basketball at Holcomb.

ter, p.m. Jan Lambertz and courtesy Woods. Tuesday: a.m. Debbie Lucas and courtesy Emma VanVleet. Wednesday: a.m. Connie Soellner, p.m. Simmons and courtesy Woods. **Thursday**: a.m. Lambertz, p.m. Faye Paxton and courtesy VanVleet. Friday: a.m. Alcorn, p.m. Shelby Miller and courtesy Woods.

# early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

## preschool

Sherman County Head Start is a free preschool for eligible 3 and The Black and Gold Booster 4 year olds. The federally funded program is targeted to families who for sale. Contact Jill Deeds at (785) meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

#### crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

## tamily shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/ survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. For information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky.

# obituaries

#### Richard Thomas Rueb

Goodland.

He was born on Dec. 16, 1949, to Brenda (Peterson) and Lewis Rueb in St. Francis. Mr. Rueb attended grade school in St. Francis and went to special education classes from 5th grade through 11th grade in Bird City. Being a Boy Scout and earning badges were some of his proudest accomplishments.

Mr. Rueb enjoyed playing base- Wednesday night at Koons Chapel. ball, fishing, reading, playing cards 211 N. Main, Goodland with visitaand watching TV. He was very much into antiques and thought of himself as an "antique dealer." Preceding him in death was his home.

brother, Alan Rueb.

Survivors include his father and

Richard Thomas Rueb, 61, long-step-mother, Lewis and Betty Rueb time Goodland resident, died Mon- of Kingman; his mother, Brenda day, Jan. 3, 2011, at his home in Moss of Goodland; and two sisters,

Cindy Schulte of Assaria and Jackie (Bill) Finley of Goodland.

Services will be at 1 p.m. on Thursday, Jan. 6, 2011 at Our Lady of Perpetual Help Catholic Church at Goodland with Father Norbert Dlabal presiding and burial in the St. Francis Cemetery

at St. Francis. Vigil and Rosary were tion before.

Memorial to Golden West Skills Center may be sent to the funeral

# Martha "Marty" Tubbs

Martha "Marty" (Weishaar) attack; her daughter, Kathy Tubbs, Tubbs, 87, Lindsborg, former farm- at 16 in a car accident in 1968; her er near Kanorado, died Monday, Jan. 4, 2011, at Lindsborg Com- attack in 1992; her parents; and five munity Hospital at Lindsborg after siblings, David, Ella, Alvin, Clara major stroke. She was born on June 2, 1923, to

Jacob and Magdelena Weishaar on a farm in Glenn Ullin, N.D.

As a teenager, she and two of her sisters traveled to Portland, Ore., to participate in overhead welding on battleships to help out with the war effort. She said she didn't mind the welding, she had learned to weld on the family's farm, but didn't like the sparks that scorched her hair and burned holes in her clothes. After World War II she returned to the family farm, where she met her future husband, a custom wheat cutter from Kanorado. On Nov. 28, 1947, she and Frank

Tubbs were married. The couple settled on a farm near Kanorado. In 1999 she moved to Lindsborg to be near her grandchildren.

Preceding her in death were her

son, Jim Tubbs, at 42 from a heart ence and Violet.

Survivors include a daughter-inlaw, Janie Tubbs of Lindsborg; a sister, Laura Fredrich of Sheridan, Wyo.; a brother, Ray Weisharr of Laurel, Mont.; four grandchildren, Taton Tubbs, Tyler Tubbs and Tarron Tubbs, all of Lindsborg and Tanner Tubbs of McPherson; and eight great-grandchildren.

Services will be at 9 a.m. (Mountain Time) on Tuesday, Jan. 11, 2011, at Bethany Home Chapel at Lindsborg and burial at 3:30 p.m. at the Kanorado Cemetery at Kanorado. After the burial there will be a gathering at the Kanorado Senior

Visitation will be from 3 to 6 p.m. on Monday, Jan. 10, 2011, at Christians Funeral Home, 103 N. Washington, Lindsborg.

Memorials to Bethany Home husband at 58 in 1983 from a heart should be sent to the funeral home.

# Want your event on our calendar?

ages anyone with news about upcoming community or organization or our e-mail address is star.news@ events to contact us by phone, mail or e-mail to have the item included is (785) 899-2338. in the calendar printed on the About Our Friends page (Page 2) in our event items in the paper.

The Goodland Star-News encournewspaper. Our mailing address is 1205 Main, Goodland, Kan. 67735 nwkansas.com. Our phone number

We will do our best to get the

# Board elects officers tor new year

land Board of Realtors, the following 2011 officers were installed Moore, Homestead Realty & Aucby Kansas Association of Real-tion, and Director: Helen Dobbs, tors Zone 7 Vice President Helen TeHe Enterprises, Inc. Outgoing

Real Estate, President-Elect: Cyn- dedication to the organization durthia Smith, Preferred Properties, ing the past year.

At a recent meeting of the Good-Secretary: Rose Koggie, Homeland Realty & Auction, Treasurer: Donna President, Joyce Boehme of JB President: Charlene Cole, Cole Realty was acknowledged for her

# sunflower 4-h

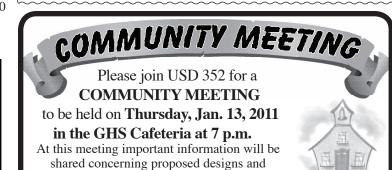
The Sunflower 4-H Club met on Sunday, Dec. 5, at the 4-H Building. From there we went Christmas caroling at Wheatridge Acres and Good Samaritan. After caroling they went to Gambinos for pizza, gift exchange and meeting. At the meeting, President Kendra Promise called the meeting to order. Following the flag salute and 4-H Pledge, roll call of "what do you want for Christmas" was answered by 12 members, one

leader and 5 parents. Leader Cris Wilson informed members of the club how much we brightened the day for residents of Wheatridge Acres and Good Samaritan with our caroling. Everyone is to bring skit ideas to the next meeting.

For refreshments everyone enjoyed pizza and pop from Gambinos. The next club meeting will be Monday, Jan. 17, 2011.

Ryan Volk, Reporter

# Like us on Facebook at The Goodland Star-News.



Our People Make The Difference.

projected costs. PLEASE PLAN TO ATTEND! Get involved because in Goodland,

# 201

**Sherman County Health Fair Saturday, January 29 - 8 to 11:30 a.m. NWKTC Student Union** 

**Blood Draws prior to Health Fair** January 10-14 —7 to 9 a.m. Main Lobby at GRMC

Free at Health Fair: Blood profile consultations, DRE (Prostate), Skin Cancer Screening, Bone Density, Derma Scan, Kids activities