

wanted
The Sherman County Graduate Home Economists are inviting any area graduate home economists to join their club. It meets only four times a year. If interested call the Sherman County Extension Office at (785) 890-4880 and leave your name and number.

activities
Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. Story Hour for preschool kids, ages 3 to 5, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 3 to 4 p.m., Thursday morning 10 to 11 a.m. and Thursday afternoon from 3 to 4 p.m. Born to Read for kids aged 0 to 3 years and their parents or caregiver will meet from 10 to 10:30 a.m. on Friday mornings. For information call (785) 899-5461 or stop by the library. Story hour will start on Wednesday and Thursday, Sept. 8 and 9 and Born to Read on Friday, Sept. 10.

The local High Plains Constitutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. in the basement of the Emmanuel Lutheran Church, 220 W. 13, Goodland. They will use the book "The 5000 Year Leap" by Cleon Skousen Skousen as the framework for the studies.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from 6 to 7:30 p.m. the first Monday of the month from September to May at the First Baptist Church, 12th and Main.

The Good Sam Family Support Council meets at 7 p.m. the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. The council is working with the Good Samaritan Center to raise \$4,500 to remodel their beauty shop including adding an adjustable sink to allow wheelchair resident easier access to wash their hair without transferring and to purchase a portable hair dryer. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9 a.m., starting at 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity Seekers group meets at 6 p.m. on Mondays at 1013 Center. For information call Cheryl at 890-3023.

Goodland Adult Children of Alcoholics meets at 6 p.m. on Fridays at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

the calendar

calendar

Celebrate Fridays from noon to 1 p.m. (weather permitting) every Friday at the Carnegie Arts Center. 120 W. 12th, by bringing a sack lunch to the center, sit under the shade of the trees, eat lunch and listen to live music by guitarist Joe Eli. Don't forget to visit the gift shop and monthly exhibit.

Tuesday Flicks are at 1:30 p.m. on Tuesdays at the Goodland Public Library, 812 Broadway. The movie this week is "Murder by Death." The movie for the next week is "Cool Runnings."

Jodie Tubbs of the Kansas Commission on Veterans Affairs will be in Goodland from 1 to 2:15 p.m. Thursday in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the third Thursday of each month.

The Carnegie Arts Center will have line dance classes at 7 p.m. on Tuesdays until Sept. 28. They will be taught by Linda Enfield. For information call her at 890-7561 (daytime) or 890-7997 (evenings).

Prairie Land Food distribution is 1:30 to 2:30 p.m. on Saturday, Sept. 25, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364 pr 899-4278 or order online at www.prairielandfood.com. The Prairie Pak will have chicken breast filets, boneless pork roast, Italian sausage, popcorn shrimp with seasonal non meat items and fruits and vegetables. The specials are bacon wrapped turkey breast filets, Hillshire Farm sandwiches, breaded chicken tenders and sirloin steaks.

The 24/7 Dad Fatherhood

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Training for the new Client Assessment, Referral and Evaluation assessors in northwest Kansas will be held from 7:30 a.m. to 3:30 p.m. (Mountain Time) on Tuesday, Oct. 5, at the Kansas Highway Patrol Building, 1821 Frontier Road, Hays. For information call (800) 432-7422 or (785) 625-2037.

Prairie Museum of Art and History, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

The Dane G. Hansen Museum, 110 W. Logan, Logan will have the exhibit "The Science of Superhero" is open until Sunday, Nov. 7. Museum hours are Monday through Friday 8 to 11 (Mountain Time) and noon to 3 p.m. (Mountain Time), Saturday 8 a.m. to 11 a.m. (Mountain Time) and Noon to 4 p.m. (Mountain Time), Sunday and holidays noon to 4 p.m. (Mountain Time). For information call (785) 689-4846.

thrift store

program will be from 7 to 9 p.m. on Monday, Sept. 20, at the First Christian Church, 711 Arcade. Classes will be held on Mondays and Thursdays until Thursday, Oct. 28. For more information call (785) 460-8177.

The Goodland Public Library, 812 Broadway, will have a Talk About Literature in Kansas book discussion at 6:30 p.m. on Thursday, Sept. 23. William Clyde Brown of Kansas Wesleyan University will lead the discussion of "Farewell to Manzanar" by Jeanine Wakatsuki Houston and James D. Houston.

The Carnegie Arts Center, 120 W. 12th, will host the Talent Show at the Annual Flatlander Festival on Saturday and Sunday, Sept. 25 and 26. The talent show is for groups or individuals aged four and up and all forms of talent are welcome including dance, vocal, instrumental, comedy routines, skits and recitations. Applications are available now.

senior menu

Today: Turkey, sweet potatoes, coleslaw with carrots, bread and blueberry cobbler. Wednesday: Meat loaf, mixed vegetables, cook's choice complement, bread and watermelon. Thursday: Pork roast, creamed potatoes and peas, apricots and birthday cake. Friday: Sloppy joes, corn, cucumbers, bun and mandarin oranges. Monday: Tuna noodle casserole, stewed tomatoes, Italian blend vegetables, bread and fruit mix. Tuesday: Chili with beans, four fruit compote, crackers and cinnamon roll.

school menu

Today: Sloppy joes, potato wedges, pickle spear and half an orange. Wednesday: Smothered hamburger, mashed potatoes with gravy, beets, wheat roll and fruit

cocktail. Thursday: Taco with lettuce and cheese, potato square and pears. Friday: Chicken and noodles, mashed potatoes, vegies, wheat roll and mandarin oranges with pineapple. Monday: Corn dogs, french fries, pickle spear, grapes and milk. Tuesday: Chicken sandwich with lettuce and pickle, tator tots, half a banana and milk.

school calendar

Today: Gold day. 2 p.m., junior varsity golf at Ulysses. 3 p.m., junior high, junior varsity, varsity cross country at Leoti. 4 p.m., seventh grade football at Burlington. 4 p.m., varsity and junior varsity volleyball at Lakin Quad. 4 p.m., West Site Council. 5:30 p.m., eighth grade football at Burlington. Wednesday: Black day. 7:30 a.m., PLC. 8:20 a.m., ASVAB test. Thursday: Gold day. 3 p.m., eighth football against Colby. 3:30 p.m., varsity and junior varsity volleyball at Norton. 4 p.m., junior high cross country at McCook Inv. 6:30 p.m., C football against Burlington. Friday: Black day. Academic awards assembly. 11:30 a.m., AFS Walk. 6 p.m., varsity football against Holcomb. Saturday: 9 a.m., varsity, junior varsity and c team volleyball at Goodland Quad. Monday: Gold day. 2 p.m., girls varsity golf at Russell and Colby. 2 p.m., junior high cross country at Ulysses. 3 p.m., varsity and junior varsity cross country at Ulysses. 3 p.m., seventh grade football at Norton. 4 p.m., c team football against Holcomb. 5:30 p.m., eighth grade football at Norton. 6 p.m., junior varsity football against Holcomb. Gifted seminar. Tuesday: Black day. No school. Teacher professional day. 3:30 p.m., c team football at Scott City. 5:30 p.m., junior varsity football at Scott City. 7 p.m., board of education meeting.

are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 716 W. Business U.S. 24. Call Jeannie Topliff at 899-2426.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

Three 4-Hers take lambs to show

Three Sherman County 4-Hers, Garrett Nemechek, Jamie Nemechek and Parker Nemechek, will show market lambs at the Kansas Junior Livestock Show on Friday to Monday, Sept. 24 to 27, at Wichita.

A total of 678 4-H and FFA members have entered 1,424 head of livestock in the show. The total includes 134 market steers, 295 breeding heifers, 352 market hogs,

247 market lambs, 49 purebred ewes, 158 commercial ewes and 189 meat goats.

At the end of the show the grand and reserve champion steers, hogs, lambs and goats will sell during the Auction of Champions at 6 p.m. (Mountain Time) on Monday, Sept. 27.

Penny and Jerry Nemechek are the parents of Garrett, Jamie and Parker.

Goodland couple joined by new son

Quade Ryan Gattshall was born at 4:03 a.m. on Thursday, Aug. 12, 2010, at the Cheyenne County Hospital at St. Francis. He weighed 7 pounds, 7 ounces and was 20.5 inches long.

His parents are Matt and Erica Gattshall of Goodland and his grandparents are Steve and Melva Douthit of St. Francis and Bill and Diane Gattshall of Goodland. Great-grandparents are June O'Dell of Wray, Colo. and Henry Nagel of Kanorado.



Quade Ryan Gattshall

Marketplace coming to Dodge City in Nov.

Mark your calendars! The Second Annual Kansas MarketPlace will be held Nov. 16 and 17 at the Dodge House in Dodge City.



jamie morphey

business tips

The focus of Market-Place is to support rural Kansas entrepreneurs.

Classes will be available regarding business development, marketing, financials, agriculture, community development, technology, and youth entrepreneurship.

For more information, go to KansasCommerce.com/Market-Place.

This tip was brought to you by

New members get 10 free trees to plant

Everyone from Kansas who joins the Arbor Day Foundation in September will receive 10 free trees, including eastern redbud, white pine, sugar maple, white flowering dogwood, pin oak, red maple, river birch, silver maple, northers red oak and Colorado blue spruce.

"We selected this group of trees to provide benefits during all four seasons in Kansas: lovely spring flowers, cool summer shade, spectacular autumn colors and winter berries

and nesting sites for songbirds," said John Rosenow, chief executive of the foundation.

The 6- to 12-inch trees will be shipped between Friday, Oct. 15, and Friday, Dec. 10. Planting instructions are enclosed.

To join, send a \$10 membership contribution to Ten Trees, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, Neb. 68410, by Thursday, Sept. 30, or join online at www.arborday.org/september.

Flatlander Festival 5K Run, Family Fun Run/ Walk and Elementary "Mile"

Saturday, September 25th, 2010
Check In: Starts at 6:30 a.m.

Start Time: 7:30 a.m. Elementary "Mile"
8:00 a.m. 5K Run and Family Fun Run/
Walk, starting at Steever Park at Cherry
and 16th, Goodland



REGISTRATION: Registration through Saturday, September 18th, 2010. If mailing, Entry forms must be postmarked by Saturday, September 18th, 2010.



For more information contact
Sarah King at 785-890-7242 or
sarah@goodlandgac.com or visit
goodlandgac.com or flatlandersfestival.com

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