

Cowgirls plan scrimmage for Tuesday

By Sharon Corcoran

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The Cowgirls have been pounding volleyballs over the net and into each other's faces, serving, bumping, volleying and setting their hearts out preparing for the coming season, which starts Saturday, Sept. 6.

"We are working hard to prepare for the upcoming season," said Coach Jerry McKee. "We need to improve our conditioning at this time. We are also working to improve our ball handling."

There are 24 girls out at present, he said, including six returning letter winners who will provide leadership this year.

The girls will have their annual Soap Scrimmage at 6 p.m. Tuesday. Those attending are encouraged to bring sports drinks.

The varsity Cowgirls open the season in Denver with the Machebeuf Catholic High School tournament at 8 a.m. Saturday, Sept. 6.

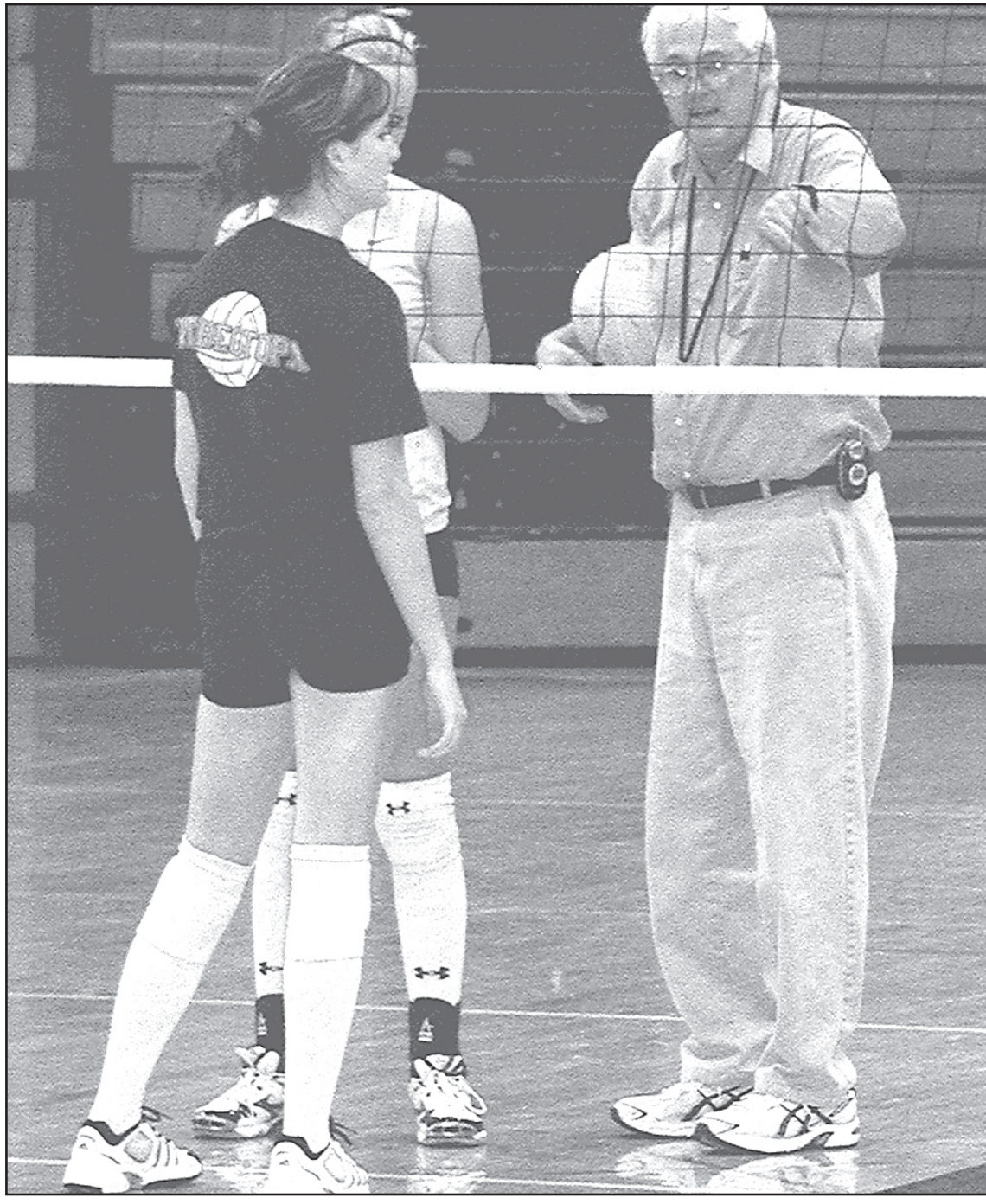
"This will be a big test for us," McKee said. "We usually have a few matches played before we go out there, but this year we will open up with the Machebeuf Tournament. Hopefully we will be able to compete with them."

"There are several very strong teams in our pool. It will be a good test for use early. It should give us a very good read on what we will need to improve."

The Cowgirls follow up Machebeuf with a quad at home for varsity, junior varsity and C team beginning at 3:45 p.m. Tuesday, Sept. 9. They travel to Scott City for a varsity and junior varsity quad at 3 p.m. Tuesday, Sept. 16, and to Norton for varsity and junior varsity competition at 3:30 p.m. Thursday, Sept. 18.

The varsity and junior varsity Cowgirls go to Colby for a quad at 10 a.m. Saturday, Sept. 20, and varsity, junior varsity and C team compete in a home quad at 3 p.m. Thursday, Sept. 25.

Saturday, Sept. 27, the C team will compete at a tournament at 8 a.m. in Oberlin, and the varsity, junior varsity and C teams will have a dual against Dundey County High School from Benkelman, Neb., in the Max Jones Fieldhouse at 4:30 p.m. Tuesday, Sept. 30.



Coach Jerry McKee (above) gave juniors Katie Clancy (front) and Alexis Bateman some pointers in practice last week. Freshman Jaycee Herl (right) served.

Photos by Sharon Corcoran/The Goodland Star-News

The varsity squad will go to Oakley at 8 a.m. Saturday, Oct. 4, and then the varsity, junior varsity and C teams will be at home for a quad at 3:30 p.m. Tuesday, Oct. 7. The C team will go to the Hays Volleyball C Tournament at 8 a.m. Saturday, Oct. 11.

The varsity, junior varsity and C team Cowgirls will go to Oakley for a triangular at 3:30 p.m. Tuesday, Oct. 14, and the C team will close their season at a Scott City quadran-

gular at 3 p.m. Thursday, Oct. 16.

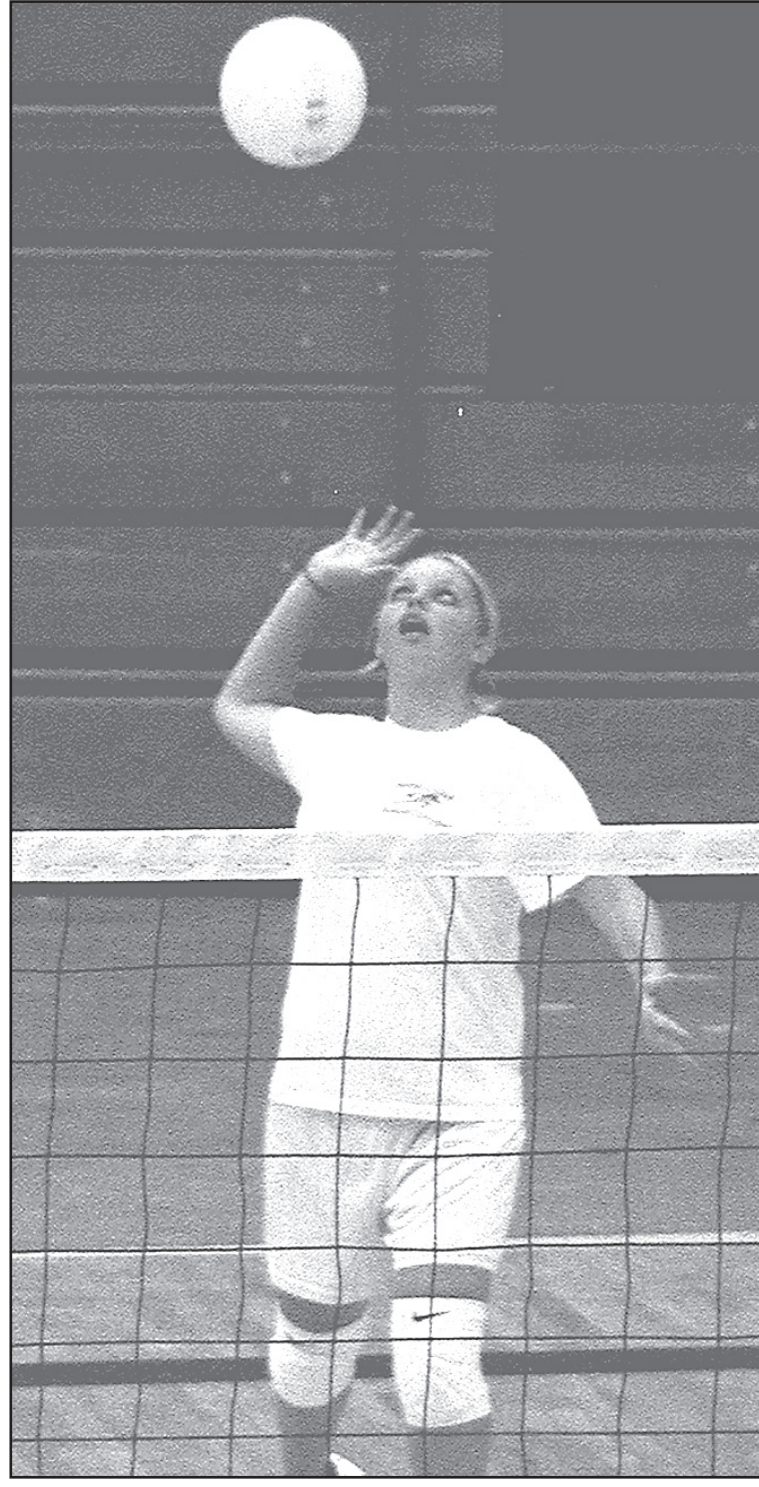
The varsity squad will complete at the Northwest Kansas League Tournament at 9 a.m. Saturday, Oct. 18, in Colby, and the varsity and junior varsity teams will compete in a home triangular at 4 p.m. Tuesday, Oct. 21.

Sub state is planned for Saturday, Oct. 25, and state competition for Friday, Oct. 31, and Saturday, Nov. 1.

Cowgirl seniors are Whitney

Schiels, Shelbi Hall, Erika Gonzales, Linsey Owens and Mercedes Gulley. Juniors are Alexis Bateman, Katie Clancy, Angie Hillmer, Rosa Sandoval, Allie Walker, Kamisha Nonamaker, Brandi Bahe, Jessi Giest, Jessica Lake and Freda Barber.

Sophomores are Ashley Archer, Jennifer Rome and Erika Fyfe. Freshmen are Audrey Titus, Sydney Winston, M'Lynn Hinger, Sydnee Thornburg, Taylor Peden and Jay-



Jaycee Herl. Coaches are Jerry McKee, Emily Braxmeyer and Aimee Stoffel. Manager is Jade Herl.

Football, cross country scrimmage tonight

The Cowboys football team hits the field for the annual Soap Scrimmage at 6 p.m. tonight at Cowboys Stadium. The cross country Cowboys and Cowgirls will run during a break in the football action.

Those attending the scrimmage are encouraged to bring bars of soap or bottles of body wash to be used in the showers this year.

The football Cowboys have been working out with weights through the summer, getting to know their new coach and working on some new things for this season.

The team will take the field 55 members strong.

Coach Kent Teeter and assistants Joseph Sramek, Devlin Mull, Donald Raymer and Mike Ruhs have been working with the team on drills and teaching them to work with a no-huddle offense.

There is a lot of talent on the team, Teeter said, a lot of ability and a big

senior class. And it's a good coaching staff, he added.

Cowboy seniors are Travis Angelos, Vance Johnson, Josh Lamb, Fernando Martinez, Jace Mosbarger, Drew Raile, Brandon Rome, Clay Schilling, Hector Sarinana, Kade Sheldon, Keegan Smith, Andy Taylor and Ryan Taylor.

Juniors are Allan Alanis, Kevin Amthor, Jay Cotter, Kutter Isaac, Eduardo Martinez, Paul Starr, Josh Thompson and Corbin Townsend.

Sophomores are Chris Bustillos, Robert Cowan, Hazen Deeds, Nathan Deeds, Devon Garrett, Bryan Guyer, Garth Helton, Tyler Jones, Seth Miller, David Murray, Kayler Rietcheck, Dillon Trachsel and Brock Wilkens.

Freshmen are Austin Avelar, Reed Bellamy, Jason Cowan, Dallas DelaRosa, Tyler Fisher, Mikail Freeman, Brendan Fulcher, J.D. Gorostiza, Laine Herl, Marvin

Hernandez, Ryan Hillmer, Ryder Kling, Joel Linin, Jeremy Mills, Riley Oharah, Mac Purvis, Alex Rangel, Sloan Ruhs, Parker Sieck, Ty Thompson and Kalyn Weber. Team manager is Garrett Nemtecheck.

The cross country squad includes Simon Grunfeld, a senior AFS student from Sweden along with five returning members, seniors Dallas Price and Justin Verlinden, junior

Ben Waugh and sophomores Stephen Buller and Michael Pettibone. The Cowboys have another new addition in freshman Cory Davis.

For the girls, senior Cassie Cooper returns, and senior Kirsten Dutton joins the team.

Coach Richard Schwasinger is hoping to add a few more runners before the season starts. He said the team met to run in the summer and some members attended a running camp.

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EXP. 12/31/08

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Sunday Matinee 1:30
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Friday, August 29 at 5 p.m.
Cowboy Stadium-west end
\$3.00 per plate
No carry outs please

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AUCTION NOTICE!
Sat., August 30 @ 10 am CT

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BOWLING LEAGUE

OPENINGS
2008 Fall & Winter League Schedule

SUNDAY P.M. - Mixed Couples League. Two couples per team. Bowls at 7 P.M. every other week. Starts Sept. 7th for the SMOKING and Sept. 14 for the NON SMOKING.

MONDAY P.M. - 5 person Men's League. Starting at 8:00 p.m. Starts Sept. 8th.

TUESDAY A.M. - Ladies Coffee League. Starts at 9:00 a.m. and bowls 4 to a team. Starts Sept. 4th.

TUESDAY P.M. - Men's 5 person teams. Starts Sept. 2nd. Starts at 7:15 p.m. **No Smoking League.**

WEDNESDAY P.M. - 4 person Ladies Leagues. Starting time 7:00 pm. Definitely Ladies Night Out!! Starts Sept. 3rd.

THURSDAY COED LEAGUE - 5 person. Teams starting at 8 p.m. Starts Sept. 4th.

FRIDAY P.M. - 4 person Ladies League at 7:00 p.m. Starts Sept. 5th. **NON-SMOKING LEAGUE**

SATURDAY AFTERNOON JR. LEAGUES - Ages 5 & up. Sign up is Sat., Sept. 27th at 1:00 **NON-SMOKING TILL 6pm.**

Let's Bowl

Most Leagues still have openings!
Call the League Hotline to save your spot:
460-2672

Sherman County Speedway
Goodland, KS
Saturday, Aug. 30, 2008 6:30 P.M.
Annual Bill Grey Memorial

Mini Stock, Econo, IMCA Hobby Stock, IMCA Stock and IMCA Modifieds.
Pit Pass \$25.00 (per person, all ages)

Pit gate opens at 2:00 P.M. (mud laps @ 3:30 P.M.; hot laps @ 4:30 P.M.)
NO ANIMALS ALLOWED IN PIT AREA
Trophies sponsored by: Schwans and Verlin Snyder
Grand Stands: 6 and under FREE
7-12 \$5.00
13 and up \$10.00

Girl Scouts in uniform get in free with a paying parent!
Races sponsored by: Coors, Coke and Sherman County Stock Car Association