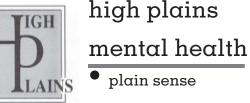
Emotional abuse not easily recognizable

April is Child Abuse Prevention Awareness month, and while the physical signs of abuse may be readily apparent, the effects of emotional abuse are not as easily recognizable yet can last a lifetime. Emotional abuse includes child neglect, unreasonable threats, put downs and using extreme forms of discipline or punishment.

Neglect of a child also involves withholding love, affection and physical attention that is needed for their well being and healthy development.



Children depend on their par- ment can be seriously limited. ents and the adults in their life for security, acceptance and guidance. reach adolescence and then adult-Yet, they are most often abused by hood, are often unable to express someone they know and trust such their feelings properly or they have

harmed by an adult, especially someone they know, they will become fearful and uncertain and their emotional develop-

As a result, when these children as a parent, relative or family friend. difficulty understanding or relating

When they are to the feelings and needs of others. Alack of trust plus poor emotional

> development makes it very difficult to form and maintain meaningful relationships as an adult, including marriage and parenthood.

> In addition, adults who were abused as children often treat their own children the same and the cycle of abuse continues.

Adults who abuse children come from all social and economic backgrounds

They usually have a history of being abused as a child, low self-

own feelings and emotions.

Contributing factors include a lack of understanding of child development, poor parenting skills, strained personal relationships,

stress and substance abuse. If abuse is obvious or even suspected, it needs to be reported in order to protect the child from further harm and to get help for the family and adults involved.

certain people such as teachers, childcare providers, health care

esteem and poor control over their workers and mental health professionals to report known or suspected cases and there are many resources available for help and referral information.

> Contributed by Karen Schueler, MS, LCPC, manager, Prevention, Education and Outreach Department of High Plains Mental Health Center.

The views expressed here are those of the individual writer and Every state has laws requiring should not be considered a replacement for seeking professional help

Safety course to be offered

will be offered from 7:30 a.m. to 4 p.m. (Mountain Time) Saturday, May 3, at Brewster High School.

required reading and assignments to family corporations and grand-

A program to train and certify 14 complete before the class. Register parents. and 15 year olds to do farm work at the Sunflower Extension District for someone other than their parents office in the Sherman County court- working on their parent's farm, any house. Cost is \$12.

The training is required for 14 and 15 year olds to work in agriculture Students must register by Mon- for anyone other than their parents. Farm Bureaus of Thomas and Sherday, April 28, so they can start on This includes family partnerships, man counties.

The course is open to anyone rural resident or farm worker who wants a refresher on farm safety.

Lunch will be provided by the

Program encourages walking

ness challenge from Kansas State Research and across the state. Extension will begin Friday, May 9.

ages family members, schoolmates, co-workers, Activities Center, 808 Main. friends and neighbors to come together in teams of

The time to Walk Kansas is coming up. The fit- six people to collectively walk 423 miles, the distance

To register a team, pick up a packet at the Sunflower The eight-week program encourages Kansans Extension District office at the Sherman County Courtof all ages to develop the walking habit. It encour- house, 813 Broadway, Room 301, or the Goodland

matters of record

District Traffic

The following fines have been paid in the Sherman County District Court. All ages are at the time of the ticket.

April 12: Tamara D. Galloway, 21, Colorado Springs, \$50 for not having liability insurance cover-

Nov. 9: Andrea S. Buckley, 36, Arvada, Colo., \$132 for speeding. Nov. 19: Sean T. Pendergast, 37, Bloomington, Ind., \$120 for

speeding. Nov. 22: Jason T. Martinez, 32,

Arvada, Colo., \$138 for speeding and \$60 for not having a child in a safety restraint.

Nov. 29: Mairis Y. Maestas, 27, Colorado Springs, \$156 for speed-

Dec. 23: Lucian I. Blaga, 40, Chicago, \$183 for speeding.

Dec. 24: Darrell Farris, 39, Goodland, \$1,066 for driving under the influence of alcohol or drugs, second conviction.

Jan. 6: Katy A. Gillivan, 22, Golden, Colo., \$144 for speeding, 88/70.

Jan.9: Amber L. Fouts-Cook, 26, Lakewood, Colo., \$144 for speeding, 88/70.

Jan. 13: Raymond Headings, 45, Old Town, Fla., \$216 for violating motor carrier safety rules and regulations, false log.

Jan. 18: Norma Ramirez, 23, Goodland, \$126 for speeding, seat belt. 80/65, and \$60 for not having a child in a safety restraint. Jan. 19: Jaysen T. Manning, 29, New Albany, Miss., \$120 for speeding, 84/70.

Jan. 24: Ramiro Aguirre, 44, Silver Spring, Md., \$166 for violating motor carrier safety rules days' log.

Lance D. Roth, 38, Jetmore, \$126 11-hour rule. for speeding, 85/70.

Jan. 29: David K. Pendergraft, 44, Mountain City, Tenn., \$166 for violating motor carrier safety rules and regulations, false log.

Feb. 2: Anessa P. Gower, 21, Royal, Ark., \$132 for speeding and \$300 for not having liability insurance.

Ghadeer A. Makoshi, 26, Phoenix, \$144 for speeding and \$60 for unlawful acts with vehicles.

Feb. 3: Tiffany J. Eschen, 22, Colby, \$126 for not having a child in a safety restraint.

Feb. 6: Christopher J. Pelletier, 20, Murfreesboro, Tenn., \$120 for speeding, 84/70, and \$60 for un- Lee's Summit, Mo., \$138 for speedlawful acts with vehicles, expired ing, 87/70. registration.

Feb. 7: Andrew S. Paschall, 31, Colorado Springs, \$120 for speeding, 84/70.

Feb. 8: Brianna L. Mercier, 19, Dayton, Maine, \$138 for speeding, 87/70.

Thomas J. Sweeney, 40, Longmont, Colo., \$120 for speeding, 84/70.

Feb. 9: Megan McKee, 26, Boulder, Colo., \$246 for speeding,

James T. Raeder, 42. Littleton Colo., \$132 for speeding, 86/70. **Feb. 10:** Samuel L. Talley, 27, Norman, Okla., \$126 for speeding, 85/70

Michael B. Hairston, 25, Conway, parking Ark., \$132 for speeding, 86/70.

Angjel Ilijev, 24, Palos Hills, and regulations, not having seven Ill., \$166 for violating motor carrier safety rules and regulations,

> Arthur L. Kent, 67, Longmont, Colo., \$216 for violating motor carrier safety rules and regulations, false log.

> Meredith J. McGilvray, 25, Woodrow, Colo., \$120 for speeding, 79/65.

Jennifer M. McGinnis, 29, St. Francis, \$120 for speeding, 79/65. Ray Henry Perrin, 69, Yuma, Colo., \$96 for speeding, 70/55, found guilty in a bench trial.

Adam C. Worthen, 32, Colorado Springs, \$126 for not renewing registration and \$60 for not obeying traffic control signals.

Feb. 14: John D. Eldridge, 34,

Joshua E. Missey, 25, Florissant, Mo., \$126 for speeding, 85/70.

Ron N. Seawood, 47, Aurora, Colo., \$126 for driving too fast for conditions.

Willie E. Winchester, 48, Long Beach, Calif., \$366 for driving while suspended, first conviction.

Feb. 15: Kelley L. Schultz, 25, Holt, Mich., \$126 for improper parking

Vito Torchia Jr., 33, Wellington, 100/70, and \$30 for not wearing a Fla., \$126 for speeding, 85/70.

Feb. 16: Joaquin Nava, 35, Auora, Colo., \$150 for speeding,

Feb. 21: Vincent S. Batres, 33,

Salt Lake City, \$271 for being over weight limits on wheels and axles. Robert M. Bell, 56, Jasper,

Minn., \$166 for violating motor carrier safety rules and regulations, 14-hour rule.

Matthew J. Espinoza, 16, Goodland, \$60 for not wearing a seat

Dylan S. Hageman, 17, Goodland, \$60 for not wearing a seat

Patrick M. Heiter, 17, Goodland, \$60 for not wearing a seat belt. Jace Mosbarger, 17, Goodland,

\$60 for not wearing a seat belt. Tamara West, 15, Goodland, \$60

for not wearing a seat belt. Feb. 22: Jorge G. Estrada, 38, Hutchinson, \$114 for speeding,

83/70. Christina M. Solis, 35, Oklahoma City, \$120 for speeding, 79/65.

Feb. 24: Douglas R. Austin, 55, St. Francis, \$30 for not wearing a seat belt.

Paula J. Austin, 50, St. Francis, \$30 for not wearing a seat belt.

Rebecca J. Springer, 33, Kimberly, Idaho, \$156 for speeding, a license.

Sale Time: 10:00 am, MDT

90/70. Feb. 25: Jung C. Huang, 52, Greenwood, Colo., \$120 for speed-

ing, 84/70. Gregory A. Mielczarek, 28, Glenview, Ill., \$156 for improper parking

Brian C. Rawson, 30, Wyandotte, Okla., \$123 for being over weight limits on wheels and axles.

Cynthia M. Schonholtz, 44, Colorado Springs, \$120 for speeding, 84/70.

Michael E. Treitel, 38, Denver, \$126 for speeding, 85/70. Mary E. Valdez, 37, Chesapeake,

Va., \$156 for speeding, 90/70.

Feb. 26: William J. Batstone, 54, Aurora, Colo., \$144 for speeding, 88/70.

Bret Jarmin, 21, Goodland, \$126 for improper parking.

Arnold L. King, 60, Centennial, Colo., \$181 for being over weight limits on wheels and axles.

Feb. 27: Robert Bowden, 55, Gibsonton, Fla., \$166 for violating motor carrier safety rules and regulations.

Elizabeth Farias, 21, Sharon Springs, \$126 for driving without \$120 for speeding, 79/65.

Feb. 28: Allan D. Goodwin, 51, Elizabeth, Colo., \$144 for speeding, 88/70.

Damian Predota, 29, Thornton, Colo., \$114 for speeding, 83/70.

Feb. 29: Natasha Culwell, 29, St. Francis, \$228 for speeding.

Emir Fazlic, 25, St. Louis, \$166

March 1: John K. Melson, 18,

Donald L. Rickey, 20, Murfrees-

Mark Russell, 39, Goodland,

March 3: Judith J. Ashton, 64,

Boris I. Bobrovski, 37, Happy

boro, Tenn., \$261 for speeding,

\$126 for following another vehicle

Goodland, \$126 for failure to yield

Valley, Ore., \$166 for violating mo-

tor carrier safety rules and regula-

George M. Carter, 56, Wichita,

Jose A. Munoz, 22, Lamar, Colo.,

Lunch served by:

Big Brothers,

tions, not having seven days' log.

\$181 for being over weight limits

for violating motor carrier safety

rules and regulations, no log book.

Indianapolis, \$132 for improper

parking.

101/70.

too closely.

at stop or yield sign.

on wheels and axles.

Ezequiel Ramos, 19, Fellsmere, Fla., \$261 for speeding, 101/70.

Jan. 21: Karen M. Raevsky, 45, Haysville, \$366 for driving while suspended, first conviction, and \$66 for speeding, 86/70.

Feb. 12: Ivan Rodriguez-Castillo, 25, St. Francis, \$30 for not wearing Texarkana, Texas, \$566 for driv a seat belt

Feb. 13: Randy D. Gross, 26, New Orleans, \$132 for speeding, 86/70

89/70.

Feb. 17: Verna Milnes, 55, Snyder, Colo., \$126 for not having a child in a safety restraint.

Feb. 18: Victor J. Williams, while suspended, second or si sequent conviction, and \$108 speeding, 92/70.

Feb. 19: Jessica L. Hatfie 27, Goodland, \$183 for impro-



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Big Sisters Saturday~ April 5, 2008

Location- Goodland KS, Kansas Army National Guard Building- Caldwell Street, north end of Goodland, KS. Turn east on Armory Street, east of the Fair Grounds (near the airport).

LeAnn Haarberg Estate

AUCTION

| Large Assortment of Small Kitchen Appliances and Kitchen wares | Amana Deep Freeze (Chest) Whirlpool Washer and Dryer General Electric Microwave Microwave Cart Kirby vacuum Heritage model | | Many more items to numerous to mention on day of sale |
|--|--|--|---|
| 5 Pc Bedroom Set 3 Pc Lime Oak Bedroom Set 4 Drawer Dresser <u>4 Pc Baby set</u> (Crib, Cradle, chest of drawers, 7 dr. chest of drawers- (LeRoy made this for LeAnn was born, Nice!) Hitachi-II Computer Smith Corona Typewriter Harmony model H-6128 Guitar Mirrors | Furniture Baby Stroller 6 Drawer Dresser 2 Drawer Dresser (2) Recliners Jewelry cabinet Coffee Table Assortment of Lamps Assortment of Linens Hewlett-Packer tower Plant Hangers Lawn Chairs Clothes rack | 2007 T VCR Sofa (Sofa F Assort Assort Assort Lexma Corne 8 track News | |
| | Antique Coke bottles Large assortment of books s (dating back 45 years) numbered) Assortment of Leather k | Antiqu s (1) Pu Wall S Roger cit craft it and Shirl | ent of 8 track tapes be Water Can g plate state plates s 12 piece Silverware set tems and tools (set is complete) ey Haarberg P.R.; 308-394-5623 vell cared for and clean. |
| | attending our auctions we appr | eciate you | |
| Fan with stand(2)Pipe FittingsMotTV 20"LighCutter GuardsToasCoffee TableWalHand ToolsTrueCounter tops w/ sinksCounter | or Oil Chair the Fixtures Jump ster Oven Mirror I Unit Stere the Test 22 cal Rifle Comp inch Makit test Consignors: Tim an | evel Iron Sink er Cables rs o Stand pound Bov a Recipro d Darla | Step Ladder Vent Covers Old Records (2) Tile saws w Bathroom Vanity cating Saw Lee |
| Box 663, Imper | tial, NE 303-882-4437 | | d Karen Fanning |
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