

Wrestling club members head to district

Nearly two thirds of the the Goodland Wrestling Club wrestlers are advancing to the Kansas Kids district tournament to be held in Hays tomorrow.

There were nearly 400 wrestlers at the subdistrict held at Max Jones Fieldhouse on Saturday, and Goodland had 24 of their 38 club members place in the top four in their division to advance to the districts.

The Kansas Kids district tournament begins at 8 a.m. tomorrow at Hays High School.

Four Goodland wrestlers placed first in their divisions with Tate Withington getting first in the 52 pound class of the eight and under; Tanner Gastineau was first in the 73 pound class of the 10 and under; Aaron Avelar was first in the 64 pound class of the 12 and under; and John Peden was first in the 115 pound class of the 12 and under.

Seven wrestlers placed second including Dawson Ensign, 70 pounds, in the eight and under;

Aaron Arteaga, 64, Coy Johnson, 76, and Drew House, 130, in the 10 and under; Austin Avelar, 95, and Seth Miller, 115, in the 14 and under; and Keegan Smith, 150, in the 16 and under.

Four placed third including Austin Hernandez, 85, in the 10 and under; Taylen Smith, 165 in the 12 and under; Jason Cowan, 145, in the 14 and under; and Lorenzo Delgado, 140, in the 16 and under.

Nine placed fourth to advance to the districts including Chase Johnson, 55, and Evan Peter, 76, in the eight and under; Ricky Milke, 82, in the 10 and under; Brook Bahe, 100, and Ian Bonsall, 130, in the 10 and under; Mikail Freeman, 130, and Garrett Geist, 140, in the 12 and under; Riley O'Harran, 175, in the 14 and under; and Kade Sheldon, 125, in the 16 and under.

Two wrestlers placed fifth in the subdistrict Josh David, 67, in 10 and under and Joshua Whisnant, 145, in the 14 and under.



Simon Bassett of Goodland came close to pinning Easton Slipke of Colby in their match at 64 pounds in the 8-and-under class at the Kansas Kids subdistrict tournament Saturday at Max Jones

Fieldhouse. Bassett ended up losing 10-5.

Photo by Liz West/The Goodland Star-News

Goodland fourth in power lifting

The Goodland powerlifters finished fourth in the state Class 4A meet at Clearwater and brought back one state championship, three runner-up titles and a fourth place finish.

The meet included 21 4A teams with a total of 350 lifters in the bench, press, squat and hang clean events.

Senior Casey Henderson was the champion in the 173 pound division and broke two of his own records; senior T.J. Hawkins was the runner-up in the 242 pound division; senior Forrest Trachsel was runner-up in the 165 pound division; and senior Nathan Heiter was the runner-up in the heavy weight division.

Junior Clay Schilling finished fourth in the heavy weight division.

"The kids have been working hard in the past year and it really paid off at the state meet," said Coach Donald Raymer who took the boys to Clearwater High School for the meet on Saturday, March 8, because team Coach Jonathan Dassel had another engagement.

Russell won the meet with 60 points, Basehor-Linwood was second with 56, Clearwater was third with 44, Goodland fourth with 38, and Royal Valley fifth with 27.

Coach Dassel said the way you scored points for your team was if you placed in the top 6 in the "total weight lifted" category. They added up the total weight of the three lifts from squat, clean, and bench and

compared them to the other kids in your weight class. Points given for each place were 10-8-6-4-2-1 for first through sixth place.

"Once again I was very proud of how the kids performed down at the state meet," Dassel said. "Appreciated coach Raymer sponsoring the trip for me as I was not able to make it due to a wedding.

"After taking seventh place at state last year I told the kids we are going back and placing in the top three next year...we just missed our goal.

"We had a few kids not able to make it to the meet, and they likely would have propelled us into the number three spot based on what they lift on a daily basis in my strength training class.

"Our kids should feel really good about their efforts as we only had a team of five lifters. The kids told me the three teams placing in front of Goodland all had 20 or more kids competing. Numbers make a big difference at these meets.

"In training the kids I try to develop and make them as well-rounded as possible, not focusing on just upper or lower body, but explosive power in general. The results from each kid competing at state is a testament of this and of the the hard work they put into my strength training program. Every kid placed well in all three events, not just one or two."

Individual Results:

Casey Henderson: State Champion

in the 173 pound Weight Division. He won all three events Bench-315, Squat-375, Clean-300. He set a new class 4A state record in the clean at 300lbs, breaking his old one of 295 pounds set last year. He set a new 4A state record in the Bench-315, breaking his old one of 300 pounds set last year.

"They also gave out a Power Ratio Champion award to the kid lifting the most total weight in comparison to their body weight," Dassel said, "Casey took home the First Place award from the meet. Pounded for pound Casey was the strongest kid at the 4A State meet."

T.J. Hawkins: State Champion Runner-Up in the 242 pound Weight Division. Tied for first in Squat-500, third in Bench-300, and second in Clean-335.

Dassel said Hawkins broke the state record in the clean and held the title for about five minutes until the last kid broke Hawkins record on his last lift.

Forrest Trachsel: State Champion Runner-Up in the 165 pound Weight Division. Second in the Bench-250, first in the Clean-270, and fourth in the Squat-325.

Nathan Heiter: State Champion Runner-Up in the Heavy Weight Division. First in Bench-320, second in Squat-450, and fourth in Clean-280.

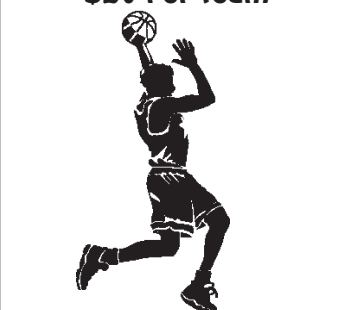
Clay Schilling: 4th Place in the Heavy Weight Division. Fourth in Bench-280, fifth in Squat-415, and eighth in Clean-240.

"I wish these kids the best of luck in the future and want to thank all of them for working so hard for me and themselves the past two years," Dassel said.

Dassel will be leaving the school district at the end of the year to be with his wife in Weskan and will farm with the family.

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AUCTION

SATURDAY, MARCH 29, 2008

— ROTHS ANTIQUE AUCTION —

STRATTON ACTIVITY CENTER (918 COLORADO AVE., STRATTON, CO)

SALE TIME: 10:00 a.m., MDT

Darrell & Iris Roths are long-time antique collectors. The Roths are down-sizing their collection and are offering fine antiques, collectibles & several items for your bidding pleasure.

COLLECTOR CAR: 1962 Ford Fairlane 4 door, all original, 27,000 actual miles.

TRAILER: 2002 14' single axel enclosed cargo trailer. (Car and trailer to sell at 1:00 pm MT)

ANTIQUA FURNITURE: Spool cabinet; Pie case; (2) Iron beds; Primitive kitchen cupboard; Primitive cupboard; Pine Hoosier cabinet; Oak Hoosier cabinet; Chiffarobe; Wood high chair; School desk; Enamel table; B & W enamel table & 4 chairs; (2) Wood rockers; Oak Buffet w/Mirror; Oak Buffet; Mirrored vanity; (2) Kitchen tables; Painted Hoosier cabinet; Curved glass Oak Hutch; much more... (Antique Furniture sells at 2:30 p.m., MT)

CAR & TRAILER (Sells at 1:00 p.m.)	TOY TRACTORS (75+ models to choose from...)	BLACK MEMORABILIA	BEER & POP MEMORABILIA
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ANTIQUES & COLLECTIBLES: Cap pistols - cowboy repeating by Hubley #275 in box, Gene Autry, Smoking Joe, Texas Patrol, Dick Tracey & several more; Barbie & Ken collection; Advertising & collectibles; Red Riding Hood cookie jar; Green canisters (Rice, Tea, Sugar, Cereal, Coffee, Flour); Clear Hoosier canister & spice containers; Tobacco cans; Kraut cutters; Red, Green & Yellow cooking utensils; Coffee & Food tins; Coffee pots; Dated green, clear & brown canning jars; 4 Stone canning jars; (5) 5 gallon Gas cans; Paper oil cans; Monk cookie jar; Large assortment Salt & Pepper shakers; Cigarette lighters, Cases & Rollers; Red & White enamel bowls; Antique tools, Ford IH; Ronson lighter display; Magazine rack; Tom Thumb child's typewriter; Child's industrial desk; Ice cream scoops; Sundae soda fountain glasses; Refrigerator dishes (green & clear); Glass & Wood wash boards; Bohemian pitcher; Razors, Shaving soap, Brushes & cups; Quilt rack; Quilts; Green & Pink depression bowls; 1982 Princess Diana paper doll book, (uncut); Cast Iron tractor seats; Charlie Chaplin glove box; Blue baby buggy; Saloon & Tax tokens; Shelving units; Display cases; Insulators (some old & colored); Sheet music; Stone bowls; Banks (Elephant, Carnival, Car & Advertising); License tags - CO, KS, WY (old, dated); Kelly Car wood child's wagon; Doll & Wicker doll buggy; Outdoor Victorian singing group; Brass stirrups; Bread raising pan; Pachinko game; Sausage stuffer; Cast iron pans & kettles; Piano stools; Rock Island RR lantern; Dietz driving lamp (Patent Nov. 1897); Dietz Union driving lamp (Patent 1907); Star Headlight & Lantern Co. lamp Rock Island RR; Clear Stop RR lantern; Adlak RR Stop & Go lantern dated Aug. 13, 1907; Rock Island lines oil can; C B & Q RR Oil can; Gas iron; Tobacco cutters; Silver certificates; Coins; Commemorative coin sets; Franklin Mint Slot Machine & Wooden Monopoly game; Radio wagons; Child's wood wagon; Sleighs; Neck yolks - Human Neck Yolk (hames); Wooden trunk; Old radios; Oil bottles & case; Wood wind up phonograph w/records; Double square oil dispensers w/pumps; Metal oil fill cans; Cistern hand pump; Arrowheads & Money; Bronco memorabilia; Comic books; Fishing poles; Lures; Cabbage Patch doll collection.

See Terms of Auction and pictures of items on website.

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Goodland Regional Medical Center- April Consultant Schedule

Specialty	Consultant	Consultation Days
ALLERGIST**	Jeffrey Rumbyrt, M.D.	April 21
CARDIOLOGIST	Barry Smith, M.D.	April 23
CARDIOLOGIST	Vijay Subbarao M.D.	April 10
CARDIOLOGIST**	Babar Ali, M.D.	April 28
COUNSELING SERVICES		Thursdays by Appointment
DERMATOLOGIST		April 3 & 17
DIETITIAN		Monday - Friday
EARS, NOSE, THROAT	Charles Ruggles, M.D.	April 4, 11 & 18
ENDOCRINOLOGIST	Sarah Linton, RD, LD, CDE	April 17, 24 & 25
GASTROENTEROLOGIST	Alfred N. Carr, M.D.	April 21 & 22
GENERAL SURGEON	Gerald Poticha, M.D.	April 17 & 24
GENERAL SURGEON	Jeffrey D. Huston, M.D.	April 3 & 10
GENERAL SURGEON	David D. Beck, M.D.	May 29
GENYCOLOGY	Jeffrey Cross, M.D.	April 2, 9 & 30
NEUROLOGIST	David Melniczek, M.D.	April 2, 3 & 23
NEUROLOGIST	Laura Rokosz, M.D.	May 21
OBSTETRICS/GYNECOLOGY	Steven J. Gulevich, M.D.	April 7, 14, 21 & 28
ONCOLOGY	David Forschner, M.D.	April 1
ONCOLOGY/HEMATOLOGY	Gary Doolittle, M.D.	April 16
OPHTHALMOLOGIST	Martin Rubinowitz, M.D.	April 1, 15, 22, 28 & 29
OPHTHALMOLOGIST	Brian Joondeph, M.D.	April 18
OPHTHALMOLOGIST	David Pfoff, M.D.	April 21
OPHTHALMOLOGIST**	Ronald Wise, M.D.	April 14
ORTHOPEDIST	William Clifford, M.D.	April 21
ORTHOPEDIST	Tim Birney, M.D.	April 21
ORTHOPEDIST	Armond Hatzidakis M.D.	April 28
ORTHOPEDIST	James Holmes, M.D.	April 28
ORTHOPEDIST	Edward Parks, M.D.	April 7
ORTHOPEDIST	Raj Bazaz, M.D.	April 3
ORTHOPEDIST	Kevin Nagamani, M.D.	Call for Availability
PATHOLOGIST	Pathology Services P.C.	April 2, 4 & 18
PSYCHIATRIST	John C. Faul, M.D.	April 9
PODIATRIST	Erik Ouderkerk, D.P.M.	April 23
PODIATRIST	Daniel Mallett, D.P.M.	April 7 & 24
PULMONOLOGIST	Ken Weisiger, M.D.	WEEK DAYS
RADIOLOGISTS	Professional Radiology Services	Monday - Thursday
SPEECH THERAPY	Lisa Paxton CCC-SLP	Monday
SUBSTANCE ABUSE DIR.	Fred Waters, CADC III	Monday
UROLOGIST	Darrell D. Werth, M.D.	April 15
UROLOGIST	Wallace Michael Curry M.D.	May 13
UROLOGIST	Kevin McDonald M.D.	April 22

**For an appointment with the Allergist please call 1-888-849-8424

**For an appointment with Dr. Clifford please call 1-800-526-3937

**For an appointment with Dr. Ali please call 1-888-625-4699 select option 4

Goodland Family Health Center (106 Willow Road (785) 890-6075

Monday ñ Friday, 9 a.m. to 5 p.m. (Saturdays, 9 to 11 a.m.

(Walk-in Clinic, Monday-Friday, 8 to 9 a.m.)

Dr. Mohedine Shafei (Out of office on Monday)

Dr. Travis Daise (Out of office on Wednesday)

Dr. David Younger (Out of office on Thursday)

Jackie Jorgensen, ARNP (Out of office on Thursday)