

card shower

**Helen Denton** will celebrate her 92nd birthday today. The family requests a card shower to her at Wheat Ridge Acres Room 135, 707 Wheat Ridge Circle, Goodland, Kan. 67735.

**Fern Vivian Dorothea Sjolander Kellogg** will be celebrating 100 years of love (as she calls it) because of family and friends on Wednesday, March 5, 2008.

Celebrate with Fern and have cake from 1 to 4 p.m. on Sunday, March 2, 2008, at the Deseret Nursing and Rehabilitation or mail her a card at 117 W. 1st Street, Room 50, Smith Center, Kan. 66967.

patient news

**Leslie Watkins** is receiving cancer treatment in Nebraska. He would appreciate cards and letters of encouragement. Cards may be sent to him in care of Kathie Wilson, 1320 Highland Drive, Ogallala, Neb. 69153.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday.

**The High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 4 p.m. Saturday.

**The Carnegie Arts Center** is open from 10 a.m. to 5 p.m. Tuesday through Friday and from 1 to 4 p.m. Saturday and Sunday 120 W. 12th. The exhibit for February is art done by the Goodland Elementary Students.

**The Goodland Public Library** is open from 10 a.m. to 7 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. Story Hour on Wednesdays will be a group at 10 to 11 a.m. and one at 2:30 to 3:30 p.m. Thursday group will meet at 10 to 11 a.m. These groups are for children ages three to five. On Friday's we will have Born to Read for infants and toddlers ages zero to three, accompanied by a parent or caregiver. For questions call Marcy Melia at 899-5461.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**Goodland Mothers of Preschoolers (MOPS)** will meet from 7:30 p.m. the first Monday of the month at the First Christian Church, Eighth and Arcade.

**The Sherman County Alzheimers and Dementia support group** will meet 7 p.m. on the second Tuesday of each month at Good Samaritan Society, 208 W. 2nd.

**Diabetes Support Group** meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at 5:30 p.m. the first Tuesday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

**Emotions Anonymous** meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

**Aerobics Classes - 5:30 a.m.** aerobics classes are offered Monday, Wednesday and Friday at the Goodland Activities Center. Call 890-7242.

**TOPS Meetings - Take Off Pounds Sensibly** meets at 5:30 p.m. Tuesdays at North Elementary School. Weigh-in is at 5 p.m. A new group may be started and meet at a different time. Call Norma Mullen, area captain, at (785) 689-4362.

**Alcoholics Anonymous S.O.S. Group** holds open meetings at 7 p.m. Monday at the Trinity Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

**Goodland Alcoholics Anonymous** meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

**Goodland Al-Anon Serenity Seekers** group meets at 5:30 on Wednesdays at 1013 Center. For information call Cheryl at 890-3023.

the calendar

calendar

Fifth, sixth, seventh and eighth grade girls are invited to a satellite simulcast of Point of Grace's **Girls of Grace Conference** from 10 a.m. to 4 p.m. on Saturday, at Word of Life Church, 10th and Clark. The cost is \$15 which includes lunch. Contact Mary Ellen (785) 890-7043.

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from 1 to 2:15 p.m. today in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the first and third Thursday of each month.

The Shine on Sherman County Youth Committee and Sugar Hills is having a **Goodland Skate Park Breakfast** from 6:30 to 10:30

a.m. on Saturday, March 8 at the Sugar Hills Golf Course. Tickets are \$5. The money will be used to build a Goodland Skate Park.

**AARP Tax-Aide counseling**, preparation, e-filing and teaching service will help you file your 2007 Tax Return on Friday afternoons through April 11 at Goodland Public Library, 8th and Broadway, or Senior Adult Center, 15th and Center. Call (785) 890-7245 for information.

**Prairie Land Food pick up** will be from 10:30 to 11:30 a.m. on Saturday at the Goodland Elks Lodge. Anyone who wants to see what is in the packages can stop in on distribution day.

**The Northwest Kansas Animal Shelter still has 2008 calendars** for sale at \$15. Call (785) 899-3502 evenings.

**The First Baptist Church** will have **children's and adults'**

**services at 9:30 and regular church services at 10:30 a.m. Sundays at Bateman Funeral Home**, 11th and Broadway, while moving from Fifth and Center to 12th and Main.

school calendar

**Today:** State wrestling. **Saturday:** State wrestling. **Monday:** Sub state basketball. Goodland School Board meeting. 3 p.m., junior high scholars' bowl at Oberlin.

school menu

**Today:** Grilled cheese sandwich, tomato soup, crackers, relishes, banana and milk. **Monday:** Enchiladas, Spanish rice, lettuce, corn, fruit cocktail and milk. **Tuesday:** Hamburger with bun, lettuce, onion, pickle, French fries, pineapple and mandarin oranges and milk.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

**Today:** Jessie Ownes, a.m. and Emma VanVleet, courtesy. **Friday:** Fern Hawks a.m., and Mazie Sutton, courtesy. **Monday:** Fern Heckman, a.m. and Sutton, courtesy. **Tuesday:** Jan Lambertz, a.m. and VanVleet, courtesy.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 726 W. Business U.S. 24. Call Jeannie Topliff at 899-2426 or Candice at 866-448-2366.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

The store needs zippered bags like those bedding and curtains are sold in, seal-a-meal bags or any bags that can be heat-sealed, and jewelry gift boxes.

alateen

A former Alateen member and an Al-Anon member have formed an Alateen support group that will meet from 6 to 7 p.m. on Mondays at 1275 W. Sixth in Colby. The group is for relatives and friends of alcoholics and is open to anyone 19 years old or under. Call 785-462-8152 or 462-6101.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

obituary

Glen Dale Mitchek

Funeral services will be held at 10 a.m. on Monday in Cheyenne Wells, Colo., for Goodland resident Glen Dale Mitchek, 78, who died Monday, Feb. 18, 2008, at Presbyterian St. Lukes Hospital in Denver after a heart attack.

Mitchek was born in Cheyenne Wells, Colo., on Dec. 23, 1929, to Charles J. and Martha (Gentz) Mitchek. He was one of eight children.

He attended school in Cheyenne Wells and began working on the Neil Hawthorne sheep ranch. Later he worked breaking ground for George Jeager and began farming on his own. He took a lot of pride in raising cattle.

For more than 20 years he traveled all over the northwest with "Big Erv" Dressman attending auctions and buying cattle.

He married Viola Ortiz at Sheridan Lake, Colo. on June 4, 1950. The couple had 14 children. He enjoyed the time he spent with family at the many reunions, and especially going on the yearly family vacation.

Mitchek was a farmer and rancher in Cheyenne County, Colo., and Sherman County. He had a love for horses, especially race horses. That fondness was passed along to his children. He was a member of the American Thoroughbred Association, the American Quarter Horse Association, and the New Mexico Horse Breeders Association.

Surviving family members are 13 children including 10 sons, James (Patricia) Mitchek of Kit Carson, Colo., Glen Mitchek of Cheyenne Wells, Henry (Linda Russell) Mitchek of Seattle, Wash., Charles Mitchek of Cheyenne Wells, Jeff Mitchek of Tularosa, N.M., Jack (Becky) Mitchek of Goodland, Casey (Judy) Mitchek

of Burlington, Samuel Mitchek of Cheyenne Wells, Kelly (Lilah) of Waxahachie, Texas and Chris Mitchek of Waxahachie, Texas; three daughters, Donna Potter of Ontario, Ore., Carol (Steve) Hammann of Garden City and Vivian (Greg) Schrek of Elbert, Colo.,

Also surviving are three sisters Lila Maxwell of Goodland, Vera (Bill) Cohea of Greeley, Colo., and Betty Vandagriff of Merino, Colo.; Three brothers Ervin (Lola) Mitchek of Kit Carson, Allen (Judy) Mitchek of Sterling, Colo., and Milton (Darlene) Mitchek of Durkee, Ore.

Dale is survived by 46 grandchildren, 17 great-grandchildren, many nieces, nephews and a host of very special friends.

Preceding Dale in death were his parents, infant son Joseph, one brother Charles J. Mitchek Jr., granddaughter Holly Mitchek and grandson Zach Mitchek.

Funeral services for Dale will be held at 10 a.m. on Monday Feb. 25, 2008, at the Cheyenne Wells Community Building. His casket will be carried in a horse drawn hearse to the Fairview Cemetery.

Visitation will be at the Love Funeral Home in Cheyenne Wells on Sunday from 6 to 8 p.m.

Memorials may be made in Dale Mitchek's name to the Cheyenne County Fire Department, the Keeffe Memorial Hospital, or the Field of Dreams project, all of Cheyenne Wells, and may be left at or sent to the Kit Carson State Bank in Cheyenne Wells; or to the Goodland Regional Medical Foundation and left at or sent to Bankwest in Goodland.

Friends may sign the register online at [www.lovefuneralhomes.com](http://www.lovefuneralhomes.com)

Patty Ann (Pasman) Casida

Funeral arrangements are pending for Patty Ann (Pasman) Casida, 53, of Hill City and a 1972 graduate of Goodland High School, who died Tuesday, Feb. 19, 2008, at St. Francis Medical Center in Wichita after a long battle with leukemia.

She was born Aug. 17, 1954, in North Platte, Neb. to Henry and Vera Pasman. The family moved to Goodland and her step-father was Bill Cress.

After graduating from high school Casida moved to Hill City and ran the Burger and Bun until she became ill.

She is survived by two children, Crystal, and Kenny of Hill City; her mother, Vera of Wilson; brother, John Pasman of Oxford; sister, Bon-

nie Folkerts of Muskogee, Okla.; half-sister, Susan Kiley of Wilson; four step-sisters, Rhonda Bird of Belleville, Irene Harkenreader of Kunkle Town, Penn.; Donna Taub of Fort Collins, Colo.; and Vick Schneider of Beloit.

She was preceded in death by her father and step-father; a brother, Tommy Pasman, sister, Linda Stansbury and nephew Bobby Stansbury; and step-sister Joann Cress.

Stinemetz Funeral Home of Hill City is in charge of arrangements. Casida's brother, John Pasman, said he expects the funeral to be held on Monday. He said the family was to meet with the funeral home people Thursday afternoon to finalize service details.

Grain shipping rules will not affect local delivery

Congressman Jerry Moran said Wednesday the Kansas Corporation Commission has released a new policy excluding farmers and ranchers from interstate trucking regulations if they are delivering agricultural commodities to local grain elevators and sale barns.

Moran met with the state officials last week to discuss the proposed regulations that would affect farmers hauling grain to local elevators.

The Kansas Corporate Commission released its interpretation on Wednesday that commodity shipments within the borders of Kansas will not be considered interstate commerce unless there is clear evidence the shipper intends for the commodity to leave the state.

Moran said the change means that many farmers and ranchers who deliver agricultural commodities to local grain elevators and sale barns will not be subject to federal regulations.

"I am pleased the state acted quickly to change its interpretation of this regulation," Moran said. "Had the state not made this change, it would have placed burdensome regulations on most of our Kansas farmers and ranchers. I thank them for their prompt attention to this matter and decision to do the right thing."

The state was proposing to consider the transportation of grain from a Kansas farm to a local elevator as interstate commerce since the grain may ultimately be sold to

an out-of-state buyer. The state officials told Moran that the rule was to comply with federal rules, rather than safety concerns.

The new policy says, "... if there is no clear evidence that the farmer-shipper's intent as respects the movement of the items in commerce is one of interstate transport, that intent shall not be inferred. For the purpose of this policy, intrastate carrier is defined as a carrier who operates solely in intrastate commerce and does not transport placardable quantities of hazardous materials. If the operation is solely within the state of Kansas and the commerce engaged in is solely within the state of Kansas, the shipment is considered intrastate commerce."

Classified ads work! Call 899-2338.

JUST UPDATED!! A GREAT GIFT IDEA!

Sherman, Thomas, Rawlins & Cheyenne County Kansas Maps Platmaps by Western Cartographers Available at Goodland Star-News, Shay Realty & Cheyenne County Clerk, St. Francis Or by calling (800) 752-3402 Also available Counties in Kan., Colo., Wyo., S.D. & Okla.

**NEWMAN VISION CARE**  
Dr. Ryan Newman, O.D.

Come in as a couple and receive 20% off all lenses, frames, and add-ons (coatings, etc.)!

\*Promotion runs for the entire month of February!

Happy Valentine's Day from Newman Vision Care!  
It's a sweetheart of a deal!

919 Main, Goodland, KS (785) 890-3937

Support the Northwest Kansas Animal Shelter!

Northwest Kansas Animal Shelter has new 2008 calendars out! Come by the Goodland Star News office at 1205 Main Street, Goodland, KS, and pick up your calendar today! Calendars are only \$15, and all proceeds will go to the Northwest Kansas Animal Shelter for medical needs, food, and other expenses for the animals!