

Health fair coming soon; blood draw next week

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she said, a patient shouldn't eat anything for 12 to 14 hours to be sure the cholesterol is correct.

The hospital's laboratory will produce the profiles, which will be available the day of the health fair for review with one of the Goodland Family Health Center doctors. Results can also be mailed by making arrangements at the time of the blood draw.

Free screenings at the fair include lead, cancer and carotid artery. The lead screening can be done with a finger prick on anyone 6 months or older. Members from the Kansas Healthy Homes and Lead Hazard Prevention Program will conduct the tests and answer questions about lead hazards around the home.

Results will be sent to the hospital, which will then distribute them to participants.

Doctors from the University of Kansas Cancer Center will conduct cancer screenings at the fair. Two urologists will offer digital rectal screenings for prostate cancer, which in combination with a prostate specific antigen test (offered for \$15 extra with the blood profile), is considered the best method of early detection.

A derma-scan, showing sun damage, and a bone density screening will be offered as well. The cancer center will also distribute materials explaining the screenings and other issues, including breast cancer early detection and colorectal self-screening.

The Goodland hospital's diagnostic imaging department will conduct carotid artery screenings. This service was popular

last year, said Tina Goodwin, director of marketing at the hospital, with 47 screenings conducted. Call 890-6033 ahead of time to make an appointment at the fair.

The appointments are filling up fast, she said; even though the department decided to use two ultrasound machines instead of just one, some who want the screening may not be able to have it done this year. It doesn't need to be done every year, though, she said, so those who had it done last year don't need to have it done again, and those who can't get appointments this year, should try again next year. The hospital will try to offer it again at the next health fair, she added.

The health fair is going to be bigger this year than in the past, said Chris Thompson, activities center director.

"We've expanded it this year," he said,

"and hope to have more private rooms available for the scans."

The hospital will have representatives on hand from several departments, including occupational therapy, nutrition, obstetrics and volunteer services.

Their will be information and workers at the fair to speak about advanced directives, legal documents allowing people to convey their decisions about end-of-life care ahead of time. These include such documents as durable power of attorney for health care and "do not resuscitate" orders.

Mindy Greene, a social worker at the hospital, will answer questions and help anyone interested in filling out these papers.

Other booths planned include one with homeopathic medicine; the Sunflower Extension District; Prairie Land Food;

Meier Clinic (a Christian-based clinic in Goodland); several insurance companies; the University of Kansas Medical Center's video game "Dance, Dance Revolution," which shows kids how long they have to exercise to burn off certain foods; Relay for Life; Wheat Ridge Acres Retirement Community; the Total Look Salon; Burlington Veterans Administration Clinic; Courier Drug of Atwood, who does diabetic shoe fittings and customized prescriptions; S&T Communications, which has a Care-Guard Medical Alarm system; retailers with athletic apparel; chiropractors; and Eagle Med.

It gives people a chance to see vendors they may not know are out here, Thompson said.

City, county plan joint work session

MEETING, from Page 1

Fairbanks said the work session will be open, and that citizens would be allowed to speak.

In other business, the city commission:

- Approved a bid from Dan Brenner Ford for a new police car for \$23,134. Chief Ray Smee said five bids were received and all met the specifications. City Commissioner Josh Dechant said that while Brenner's bid wasn't the lowest, he felt for \$321 difference it would be better to buy the car here.

The other bids were Shawnee Mission Ford, \$22,813; Olathe Ford, \$23,270; Burtis Motor Co.,

Garden City, \$23,919, and Yost Ford, St. Francis, \$23,614.

Mayor Rick Billinger asked Smee what car was to be replaced. Smee said it replaces the corporal's car, which is a 2002 model with more than 90,000 miles on it. Billinger asked if it was going to be kept as a spare, but Smee said he would be selling it once the new car arrives.

Billinger noted that he usually buys pickups with about 100,000 miles on them.

- Heard from City Manager Wayne Hill that the city had put some millings in the city's new section of Enterprise Road to keep it in shape until it can be repaved this spring.

- Heard from Hill that he would

be meeting with the Goodland School Board on Monday to discuss plans for 11th Street behind West Elementary.

- Approved a contract with the Sixty Plus Club to allow the city use of the club's van in case the city transportation van is out of service. This had been delayed from the last meeting in December, but Hill said the misunderstanding about the language had been cleared up and the club had signed the contract.

- Heard the city attorney expected a contact about the rental contract for the old barrel hangar at the city airport, and Hill said he hoped to have an update by the next meeting on Monday, Jan. 21. The old hangar was

to be torn down more than a year ago, but John Topliff, owner of Mr. Jim's His and Hers Shop, had approached the city about leasing the hangar it to house and service planes from a California company he flies for.

- Approved a request for payment of \$22,240 by Sherman County for work completed on city projects from the sales tax-bond fund. The payments are \$2,344 for Evans, Bierly, Hutchison and Associates for engineering; \$17,520 to APAC of Hays for final payment on the Caldwell Ave. project; and \$2,376 to Sporer Land Development for final payment on 17th Street and Eighth Street from Cattletrail Avenue to D'Lao Drive.

matters of record

Wildlife and Parks

The following tickets for fish and game violations have been paid in the Sherman County District Court:

Nov. 10: Seth Wilson, 39, Steamboat Springs, Colo., \$216 for taking wildlife without permission on posted land.

Nov. 10: Sean Michael Winter, 26, Steamboat Springs, \$216 for taking wildlife without permission on posted land

District Traffic

The following fines have been paid in the Sherman County District Court:

Ages are at the time the ticket was issued.

Nov. 22: Sharon K. Stuve, 44, Colorado Springs, \$132 for speeding, 86/70.

Luis M. Vela-Recendiz, 37, Englewood, Colo., \$126 for operating a motor vehicle without a valid license and \$240 for speeding.

Libby A. Weikelman, 61, Colorado Springs, \$30 for not wearing a seat belt.

Nov. 23: Daniel Borys Jr., 55, Longmont, Colo., \$120 for improper parking.

Kathryn A. Hernandez, 39, Lenexa, \$120 for improper parking.

Brock D. Lohr, 20, Louisburg, \$126 for operating a motor vehicle without a valid license.

Ambrosio P. Sanchez, 22, Yakima, Wash., \$126 for speeding, 85/70, and \$30 for not wearing a seat belt.

Daryl E. Schraad, 42, Evergreen, Colo., \$126 for improper parking. Sadie M. Watts, 18, Littleton, Colo., \$132 for speeding, 86/70.

Nov. 24: Rogelio Gomez-Gonzalez, 19, Tacoma, Wash., \$366 for driving while suspended, first conviction, and \$72 for speeding.

Teresa M. Webb, 37, Lawrence, \$114 for speeding, 83/70.

Nov. 25: Rodolfo Castro, 32, Kansas City, Mo., \$210 for speeding, 96/70, \$30 for not wearing a seat belt and \$60 for violating laws on child passenger safety, restraining systems and seat belts.

Michael P. Deavours, 22, Loveland, Colo., \$138 for speeding, 87/70.

Diana L. Delagarza, 31, Aurora, Colo., \$126 for speeding, 85/70.

Kenneth E. Peterson, 57, Wichita, \$126 for speeding, 85/70.

Javier Reyes-Reyes, 30, Dallas, \$126 for operating a motor vehicle without a license, \$300 for not having liability insurance and \$30 for speeding.

Lucinda Shields, 43, Olathe, \$192 for speeding, 94/70.


Joanne D. Thompson, 53, Ionia, Mich., \$126 for failure to yield at stop or yield sign.

Nov. 26: Jamie M. Litchfield, 31,

Harper, Texas, \$126 for speeding, 80/65.

Nov. 30: John A. Carter, 37, Springfield, Mo., \$166 for violating motor carrier safety rules and regulations — no record of duty status in log book.

Dec. 1: Joseph B. Ofarrell, 18, Greeley, Colo., \$126 for speeding,



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