Authority members gather health reform ideas

ntbetz@nwkansas.com A small group representing businesses and the health-care system met with representatives from the Kansas Health Policy Authority on Friday to talk about what the state can do to contain costs and promote healthy living.

The meeting, at Northwest Kansas Technical College, was one of three the state people held Friday as they gather ideas from across the state to create a set of recommendations to be presented to the governor and legislators in November.

Other sessions were in Norton and Hays.

Marcia J. Nielsen, executive director of the authority, opened the meeting by saying there are three things the board wants to focus on: Providing and protecting health insurance; paying for prevention and primary care; and promoting personal responsibility for health.

She said there are a lot of way to define those, but the board's directive is to seek the ideas of people around the state and then form a

She introduced Joe Tilghman of

Overland Park, authority vice chair and head of the steering committee on health care reform. Tilghman said the board was

reaching out to people to find out what ideas there might be and what concerns there are about the state of health care in Kansas.

He said the big questions are can the system be reformed? Can we get more people insured? Can we get control of costs? Then he opened the meeting to questions and com-

Fred Hall, an AFLAC insurance agent, said he felt one of the big users of health care are the elderly. He said he appreciates the specialists care.

Joe Tilghman (right) of the state Health Policy Authority asked Andi Nelson (left), Goodland Chamber director; Brian Linin, Chamber president; and Fred Hall, an AFLAC Insurance representative, for ideas about how to reform health care and control costs at a meet-

who come to Goodland.

"The prices seem high at times," Hall said, "but I pay it and will continue as long as they come here. I think access to these doctors are

Jim Precht, chief financial officers of Goodland Regional Medical been running an "airline service" for more than 25 years, and brings 30 specialists to Goodland to see patients.

Tilghman asked where the people from the area go for specialized thought were the options to control

Precht said most go to Denver because it's close and that the Front Range area offers more choices closer to home than going east. He said the Hays hospital has stepped up its offerings in recent years, so there are some people going there.

He said mental health was one Center, said that the hospital has area where there is a shortage of people to deliver services.

Brian Linin, Goodland Area Chamber of Commerce president and finance manager of Frontier Ag, asked Tilghman what he

ing Friday morning at the Northwest Kansas Technical College. Across from Tilghman were Pam Kinsinger, director of the Goodland Family Health Center, and Jim Precht (not in photo), hospital financial director. Photo by Tom Betz/The Goodland Star-News

"We think there is a tool kit of things to help control costs," Tilghman replied. "Most are patchwork. Cost are driven by lifestyle, and we think people need to pay attention to the root causes.

'Smoking is an example, because we have a high level of uncompensated costs.

"We can't squeeze the hospitals and doctors. That does not control

Linin said it sounded like an education process, adding that he thinks there should be different health insurance rates for smokers.

"I think it is like the seat-belt laws," Linin said. "It has taken about 20 years, but now more people think about using them."

"And now it is the law," Tilghman

"People can shop for their hospital care," Linin said. "We went for a new hospital in Denver for the birth of our children."

Andi Nelson, Chamber director, said she would like to see lowercost health care. She said she is paying about \$330 a month for insurance and knows a lot of people can't afford it.

Tilghman brought up Medicaid, a state program for low-income people, as an option for those who cannot afford health insurance. He said there are a lot of people who are eligible, but are not using the sys-

Precht said he felt part of that was because people see a stigma of welfare if you suggest they apply for Medicaid.

"It is hard to encourage folks to do that," he said.

Tilghman said if they can get the people in the system, they can get the preventative care that will help them get ahead rather than dealing with poor health.

Precht said the hospital spends over \$500,000 a year on health insurance for employees. He said when the hospital was self funded, it could do things to encourage healthy lifestyles that the insurance companies would not support.

Someone asked about getting small businesses to form a group and be able to share premium costs. Nielsen said the state has tax credits for small business to help pay for health insurance for employees.

Tilghman said the age thing is a big deal, and that getting more people to use the Medicaid system could help the state capture more untapped federal dollars.

'We need to get past the stigma on Medicaid," he said.

Nielsen said anyone who wants to add comments or keep up with what the committee is doing can go to www.khpa.ks.gov for updates.

Accompanying Tilghman and Nielsen were Marlene Shellenberger, manager of board relations, and Megan Ingmire, director of communications.

Contract awarded for Kanorado addition

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County commissioners got two bids Tuesday for an addition on the Kanorado fire station to house the

the Kanorado ambulance. The other bid was \$52,100 from Rhoads Con- ing

and Dennis Malsom came for the

Commissioner Kevin Rasure excused himself from the discussion, saying he had a potential conflict of

Commissioners Chuck Thomas and Mitch Tiede opened the bids door. Malsom said there would be

erything was included that had been discussed at a meeting July 10 with by Nov. 15 under the contract and the contractors.

"The completion dates are in, and be a problem. ambulance, choosing the low bid of it looks like everything is in that we \$38,950 from Malsom Enterprises discussed," Tiede said after combidding on the project, and he paring the bids.

up the 20-by-30 addition to shelter low bid and Thomas seconded. The vote was 2-0 with Rasure abstain-

Darwin McClung from Rhoads could get started. The contractor said he would get going on the conand tree could be moved. Tiede said he had called Midwest

Energy about the pole and would remove an old wood building call someone about moving the tree. nearby.

Thomas asked about the garage

and compared them to be sure ev- three remotes as requested.

The addition is to be completed Malsom said he feels that should not

Thomas thanked McClung for thanked the commissioners for Malsom has 3 1/2 months to put Tiede made a motion to accept the seeking local bids.

Malsom thanked the commissioners for their help on the carnival building at the fairgrounds. Ra-Tiede asked Malsom when he sure said he felt the project had come out very well.

Tiede said getting the trees out crete within a week if a power pole helped, and that this fall maybe the county can do something about the north entrance to the parking lot and

Hospital board rearranges committee appointments

By Sharon Corcoran

The Goodland Star-News

The Goodland Regional Medical Center board elected officers at its July meeting, rearranged committee appointments and learned the clinic has had more patients in the first six months this year than manager. in any of the past three years.

With a vote of 5 to 1 to 1, the board elected offic- the first six months, about 6,200 did in 2005 and ers — Steve Riebel, chair; Darin Neufeld, vice-chair; and Joyce Moore, secretary/treasurer, at its meeting Monday, July 23. Riebel voted "no," and Neufeld abstained. Lynn Hoelting and Jacque Drennan were not present.

Riebel replaces Hoelting, who has held the chair the past five years, and Neufeld and Moore traded

The finance committee comprises Neufeld, chair; Drennan; Randy Coleman, a new member who replaced Chuck Frankenfeld; and Hoelting.

The professional committee is Doug Irvin, chair, Patty Eckhardt, Mary Volk and Moore.

Tina Goodwin, director of the Carnegie Arts Center the past five years, has been hired as director of marketing and development at the hospital.

"We're concerned about what we'll do in winter

the first six months this year, she said.

when we get really busy," she added. The clinic normally sees more patients in the second half of the year, Kinsinger said, with flu and cold season in October, November and December.

'She has great ideas," said Administrator Jay

The Goodland Family Health Center has seen

more patients from January to June this year than

in and of the past three, said Pam Kinsinger, clinic

In 2004, about 6,010 patients visited the clinic in

6,120 in 2006. About 6,330 patients visited during

The clinic is working on calling patients to tell them when it's time to schedule their mammograms, she said, along with other regular tests.

Medicare covers bone-density scans every two years, said Chief Financial Officer Jim Precht, and the clinic should call patients and tell them when it's time to do it. It's like cultivating your business.

Patients seem to appreciate the reminder, Kinsinger added.

Government agency warns about possibly bad green beans

stration has issued a warning for people not to eat certain brands of French-cut green beans in 14.5 ounce cans produced by Lakeside Foods Inc. of Manitowoc, Wis.

Goodland's Wal-Mart does not handle any of the brands that have been recalled, said Susan McIntyre, assistant manager.

The agency says that the green beans may not have been heated enough to eliminate the potential for botulism poisoning. As Wednesday, however, there had been no reports of illnesses from eating the

The U.S. Food and Drug Adminness caused by a bacterium, said the Shop N Save, Shoppers Valu, agency. Symptoms can begin from Schnucks, Cub Foods, Dierbergs, six hours to two weeks after eating Flavorite, IGA, Best Choice and food containing botulism toxin. Thrifty Main. Specific codes (top Symptoms could include double or line of can code) involved are blurred vision, droop eyelids, EAA5247, EAA5257, EAA5267, slurred speech, difficulty swallow- EAA 5277, EAB5247, EAB5257, ing, dry mouth and muscle weakness progressively down the body ECA5297, ECB5207, ECB 5217, from the shoulders. Botulism can ECB5227 and ECB5307. also cause paralysis of the breath-

Happy Harvest, Best Choice, Food nated. For questions, call Lakeside Club, Bogopa, Valu Time, Hill Foods at (800) 466-3834 ext. 4090. Country Fare, HEB, Laura Lynn, Botulism is a life-threatening ill- Kroger, No Name, North Pride,

ECA5207, ECA5217, ECA5227,

People should dispose of any ing muscles, which can cause death. canned goods with the codes. The The Lakeside cut green bean are company has voluntarily recalled sold under the brands Albertson's, all products that could be contami-

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matters of record

District Traffic The following fines were paid in \$120 for speeding.

the Sherman County District Court: Nov. 22, 2006 — Jesse W. Bequette, \$366 for first conviction while suspended and \$60 for speed-

May 28 — Mohammed MF Almulaihi, \$126 for improper park-

June 12 — Elizabeth T. Beiler,

\$132 for speeding. **June 14** — Pablo Contreras, \$216 for motor carrier safety rules

and regulations.

June 18 — Rafael Delacruz,

June 23 — Taron Echols, \$139 belt. for overweight load.

June 24 — Luke C. Cox, \$126 for driving without license and \$117 for speeding.

for overweight load. **July 3** — Tamara S. Ait-Mbarek,

\$138 for speeding. **July 4** — Christie A. Bjarnson,

\$132 for speeding.

\$144 for speeding. **July 6** — Billy L. Baysinger Jr.,

corrections

July 7 — Jay D. Blair Jr., \$126 for

failure to yield and \$10 for no seat

The Goodland Star-News will July 1 — Mervin J. Csaky, \$186 correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention to live up to this standard.

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