

**weather report**

**67°**

**noon Monday**

**Today**

•Sunset, 5:51 p.m.

**Wednesday**

•Sunrise, 6 a.m.

•Sunset, 5:52 p.m.

**Middy Conditions**

•Soil temperature 45 degrees

•Humidity 26 percent

•Sky sunny

•Winds west at 10 mph

•Barometer 30.19 inches

and falling

•Record High today 76° (1971)

•Record Low today -1° (1958)

**Last 24 Hours\***

High Sunday 57°

Low Monday 35°

Precipitation —

This month .28

Year to date 1.26

Below Normal .01 of an inch

**The Topside Forecast**

Today: Mostly sunny, high near 74, low around 42.

**Extended Forecast**

Wednesday: Partly cloudy, high near 74, low around 33. Thursday: Partly cloudy, high near 53, low around 30. Friday: Mostly sunny, high near 59, low around 33. Saturday: Mostly sunny, high near 64, low around 35. Sunday: Sunny with a high near 66.

(National Weather Service)

Get 24-hour weather info. at 162.400 MHz.

\* Readings taken at 7 a.m.

**local markets**

**Noon**

Wheat — \$4.52 bushel

Posted county price — \$4.62

Loan deficiency pmt. — 0¢

Corn — \$4 bushel

Posted county price — \$3.78

Loan deficiency pmt. — 0¢

Milo — \$3.75 bushel

Soybeans — \$6.64 bushel

Posted county price — \$6.56

Loan deficiency pmt. — 0¢

Millet — \$7 hundredweight

Sunflowers

NuSun crop — \$16.40 cwt.

Pinto beans — \$25 (new crop)

(Markets by Mueller Grain, Sigco Sun, Frontier Equity Co-op and 21st Century Bean. These may not be closing figures.)

**inside today**

More local news and views from your Goodland Star-News



**Cowgirl ends college career**

Goodland native Jayci Stone ended her college basketball career Saturday. She led the University of Alaska Anchorage in scoring in its 66-51 loss to the University of California. See photo, story on Page 12.

## College to draft Kanorado plans

By Tom Betz

*The Goodland Star-News*

Plans for adding a bay to the Kanorado firehouse to house the ambulance will be drafted by the Northwest Kansas Technical College the Sherman County commissioners agreed last Tuesday.

The Kanorado ambulance has been housed temporarily in the city building because there wasn't any room left in the firehouse when a new rural firetruck arrived last fall.

Sherman County has been paying a monthly rent to house the ambulance in the Kanorado city building. The county purchased a lot and had a lot donated to the south of the firehouse to build a bay to house the ambulance.

Commissioner Chuck Thomas

said he went to the county fireboard meeting, and the board told him they would rather leave the existing firehouse the way it was and have a separate building for the ambulance to the south.

Thomas said the fire board members felt it would be better to leave room for an expansion of the firehouse between the existing building and a new ambulance building to the south.

County Clerk Janet Rumpel said the fire board does not have money to pay for the expansion out of their budget, but since the addition would be for the ambulance that could be paid out of the health sales tax fund.

Commissioner Kevin Rasure said the fire board seemed to be making things very difficult with their re-

quests not to add onto the existing building.

Commissioner Mitch Tiede said having a separate building would add to the cost, and require all new gas, electric and sewer services.

Thomas said he had visited the firehouse, and said he feels Jay Pettibone keeps it warmer than needed. He said Pettibone told him he keeps it warmer in case the electricity goes off. Thomas said Pettibone suggested getting a generator for the building.

Rasure said he had no problem with paying for the addition out of the health sales tax fund, but had a problem with building a separate building.

Rumpel said the addition could be paid for as long as it is not for a

firetruck, but for the ambulance.

Tiede said he thought there would be room to add on to the south again if another bay were needed for a fire truck.

Thomas said the Northwest Kansas Technical College could draft plans for an addition, and that the electrical students could wire the addition. He said they would charge 20 percent over cost, and it would be about \$13 a day for their labor.

Rasure suggested that Thomas have the Tech College students draft a plan and bring it to the commission to see what we want to do.

Tiede said Thomas should get the ambulance dimensions from Bruce Gleason, director of the hospital ambulance service.

Thomas said he would take the list

to the college and get the plans started.

Rasure said it would be good to add to the insulation to make it cheaper to heat.

Rasure made a motion to proceed with an addition to the existing building for the ambulance and have the college draft plans to be approved by the commissioners before seeking bids.

The commissioners approved unanimously.

Thomas said the fireboard was nominating Darrel Cloyd, who farms south of Kanorado to replace Stan Pettibone.

The appointment of Cloyd was approved unanimously.

The commissioners are to meet today at 8 a.m. at the courthouse.



## Searching for victims big part of training

Finding someone in a dark smoke-filled room is not easy as city volunteer firemen found in a training session on Thursday held at the city shops.

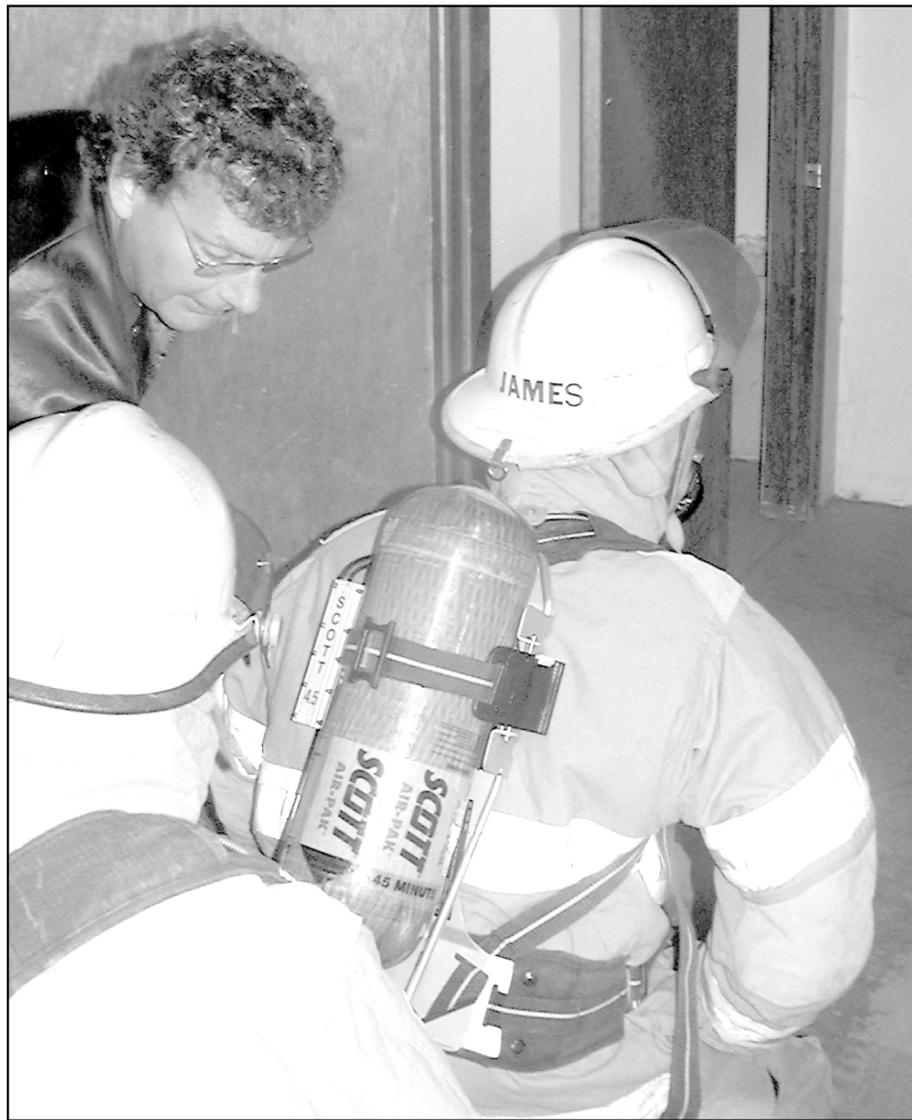
The volunteer firemen went through three nights of training with the help of Bill Schweinmann, a University of Kansas fire-training officer, J.L. Ellis, senior vice president of the state firefighters association and Lt. Don Phillips, a fulltime fireman from Colby.

Thursday evening the firemen suited up in bunker gear and Scott air packs to get used to the weight and feel. The firemen spent time breathing through the air packs as they practiced searching dark rooms at the city shop for possible victims and learned how to use the heat image device to make searching the rooms go quicker.

Outside the volunteers learned how to open the fire hydrants and hook up the five-inch supply line to the fire truck.

The volunteers are learning the basics of attacking a structure fire and establishing the fire hose connections from the fire hydrants and the fire trucks.

Fire Chief Scott Gilmer said the firemen have been getting some intensive training, and will continue training on a regular basis. He said each group of firemen got to use the heat imaging unit, and learned how to connect the hoses to the hydrant from the fire truck to fight a fire.



Lt. Don Phillips, (top, right) a Colby fulltime fireman, adjusts the breathing mask for Virgil Baumfalk Thursday evening at the city shops. Brian James (above, right) prepared to lead Baumfalk into a dark room to search for victims, and Phillips made sure the airpacks were working as the two volunteers began their search. Photos by Tom Betz/The Goodland Star-News

## 'Checkoff' helps pay for senior meals

By Sharon Corcoran

*The Goodland Star-News*

If you expect money back from the Internal Revenue Service or have some left after paying taxes, you can donate to help provide meals for elderly Kansans.

The Kansas Legislature passed the Senior Citizens Meals on Wheels Contribution Program in 2002, and the "checkoff" has raised over \$100,000 each year since for meals at senior citizen centers and home-delivered meals.

Money for our area is distributed through the Northwest Kansas Area Agency on Aging, which provides the Homestead Nutrition Project. The project pays for meals at senior centers and meals on wheels distributed from the centers in 18 counties, including Sherman.

Taxpayers getting a refund can designate all or part of their refund as a donation, those paying taxes can indicate an amount to add to their payment for the program and those with an overpayment of less than \$5 can designate it for Meals on Wheels, since refunds that small will not be paid.

The area agency received over \$9,000 last year from the donations, said Michelle Morgan, nutritional

director, and it was divided evenly among the centers. The money provides equipment, she said, pays cooks and delivery people and helps pay for meals for seniors who can't afford the \$2.50 recommended donation.

Last year, she said, 162 different people received meals through the Goodland Senior Center, which also provides meals for the Kanorado center and home-delivered meals for Kanorado. The center served 10,178 meals in Goodland and 2,373 in Kanorado, she said, which includes those served at both centers and home-delivered meals in both towns.

The agency provides over 200,000 meals a year in northwest Kansas, Morgan said, and has been working with the senior center in Goodland for about 20 years.

Besides meals, she said, the agency provides help with laundry and bathing and legal assistance.

The agency gets money from the state and federal government and donations through the checkoff. There are 11 area agencies on aging in Kansas, Morgan said, and the amount each gets from the checkoff is based on the number of home-delivered meals.

About 30 percent of the people in the nutrition program get home-delivered meals, she said.

"It's amazing how many people tell us if it weren't for these meals, they would have to go to a nursing home or another facility that provides meals," Morgan said.

They need the meals, she said, because without proper nutrition, their health declines and their medication doesn't work properly.

The agency encourages seniors to go to the centers if they can, she said, for socialization, activities and other help.

For example, she said, Kansas Legal Aid provides programs at the centers with advice for dealing with legal issues faced by senior citizens and to help them avoid scams.

The centers usually have card games, she said, pool tables and other activities.

And the center in Goodland dispatches the city van, she said, to provide transportation.

The northwest Kansas agency provides services to Sherman, Cheyenne, Wallace, Rawlins, Thomas, Logan, Decatur, Sheridan, Gove, Norton, Graham, Trego, Phillips, Rooks, Ellis, Smith, Osborne and Russell counties.

## Two programs here for Meals on Wheels

Goodland is served by two Meals on Wheels programs, one through the senior center and another through the Goodland Regional Medical Center.

Senior citizens over 60 qualify for meals through the senior center, and the hospital's program provides meals for people with disabilities, injuries and special health needs. The hospital program doesn't get money from the "checkoff" on income tax forms.

Patients pay for their own meals, said Hospital Dietitian Sarah Linton, unless they qualify for help from Living Independently in Northwest Kansas (LINK). The hospital's Meals on Wheels delivers 10 to 20 meals a day on average, she said, but patients come and go; some are homebound for a few weeks with a broken hip, others go to a nursing home.

Linton said the program is flexible, but patients need to be able to pay for it. They can have two meals delivered a day, she said, and the program runs seven days a week, even holidays.

Meals are available for diabetics and low-sodium diets, she said, and allow people to stay at home and preserve their independence. Volunteers from several organizations deliver the meals, she said, including members of the Goodland Kiwanis and Lions clubs. They got out right after the blizzard, she said.

The meals cost \$2.50 plus tax, Linton said, and anyone interested should call the hospital at 890-3625.

Waivers for physical disability are set up through Medicaid, said Gloria Sims, a program manager Hays, and the state program pays for meals for those who qualify. Call the office at (800) 569-5926.