

Internet masters to present seminar on Saturday

You can learn to solve many common Internet and computer problems when two Colorado Internet Masters appear Saturday at Goodland High School.

The two, plus Goodland experts, will be giving a seminar for computer users from 1-4 p.m., sponsored by Internet service provider **nwkansas.com** and *The Goodland*

Daily News.

The seminar is being put on in cooperation with Dennis Stone, advanced technology teacher at the high school, using the school's the IBM computer lab. Because of limited seating, reservations are advised. Call *The Daily News* at 899-2338.

Topics will include pitfalls and problems while connecting to the Internet

and the differences between Windows 95, 98, Millennium Edition and the new XP released in November.

The Internet Masters, Scott Rehfeld of Lamar Community College, and Ava Betz of Lamar, have completed courses on using the Internet through Fort Morgan Community College.

Rehfeld will be presenting and demonstrating connections to the Internet

and a variety of sites which give the user an idea of the capabilities of the web, and will also have sites for young children.

Betz, an avid user of the Internet, will talk about search techniques and getting the most out of your surfing.

Both will be available for some one-on-one questions and assistance.

Rehfeld teaches computer courses at

Lamar Community College, and can answer questions about computer operation and troubleshooting problems.

Technical support people from **nwkansas.com** will be available to discuss the system here. Tom Betz, director of Internet services, and Evan Barnum, system administrator, can help with connection problems and will discuss the upgrade of the

nwkansas.com system now underway.

"The upgrade of our lines should provide better and faster connections for our Goodland customers," Tom Betz said. "A second step will occur in April when a system wide upgrade is to be made which should improve system connections all across the **nwkansas.com** area."

Prizes will be given to teams for the most miles walked

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To reach the goal, each team member has to average 1.75 miles a day for five days a week, Terry said. Fourteen teams have already signed up, she said.

Each Monday, captains will report how much their team has exercised during the week, and their progress will be marked on a map of Kansas at

the center. The participants are grouped in teams so they can motivate each other, Terry said, won't necessarily exercise together.

"Of course, they can if they want," she said. "Anything to get people to exercise."

Every participant will get a newsletter each week, Terry said, which will include fitness tips, healthy recipes and

updates on the program.

The program starts Saturday, March 16, and runs through Friday, May 10. There will be a kick-off from 5:30 to 6:30 p.m. Wednesday.

Door prizes will be given and team pictures will be taken. Teams interested in measuring weight loss will be weighed, the rules will be explained to anyone with questions, and late registrations

will be accepted.

There will also be a nutrition booth emphasizing dehydration and water, said Frerichs and Terry, and Marilyn Imel will demonstrate proper stretching before exercise.

The hospital will send somebody to measure blood pressure and heart rate, they said.

There will be two health breaks during

the program, Terry and Frerichs said. The first will be at the hospital at noon to 1 p.m. Tuesday, April 9. Dr. Natalie Griego will explain how to jump-start the metabolism. Participants can bring their own lunch or buy their meal at the hospital cafeteria.

From noon to 1 p.m. Monday, April 29, Dr. Sid Unruh will give a lecture called "Boning up your bones" and

discuss proper exercise habits.

When all miles have been counted up, Frerichs said, prizes will be given to the teams which finished first, lost the most weight, and walked the most miles.

"It is a wonderful program," she said. "Hopefully we can get some people to make exercise part of their daily routines."

Security legislation winding way through Kansas statehouse

TOPEKA (AP) — Two guards sit behind a makeshift desk in the east hall of the Statehouse. They watch as state officials, workers and visitors traipse into the storied building.

They are there to make sure that business as usual is conducted in an environment that is anything but usual since the morning of Sept. 11. Since the twin World Trade Center towers came down, the state's security has been up.

"We've come a long way in three years. Sept. 11 accelerated our progress," said Maj. Gen. Greg Gardner, state adjutant general.

Gardner, who also serves as director

of the Kansas Division of Emergency Management, said the state was well into its assessment of potential threats and response before the attacks, looking at public and private entities.

"As a result, the Legislature is considering multiple bills to improve our preparedness," he said.

Among those are efforts to increase security of sensitive data systems, give more tools to law enforcement to detect and investigate terrorism and laws protecting agriculture products from intentional exposure to disease.

However, many of those bills come with a price that the state is unable to

afford in a tight budget year. Legislators have initially denied a request to hire additional planners to help counties develop emergency management plans. An appeal to create Regional Emergency Medical Response Teams also was too costly.

Combined, the programs would cost the state less than \$450,000. But facing a \$675 million budget gap, Gardner understands legislators' plight.

"I'm really glad to see some attempt to address some of the Homeland Security issues," Gardner said. "We understand that funding for these will only come with increases in revenues."

Solidarity beginning to show age

PARIS (AP) — France's foreign minister, Hubert Vedrine, calls U.S. foreign policy "simplistic." Secretary of State Colin Powell retorts that Vedrine must be "getting the vapors." Just a manly exchange between friends, the two later insist.

But the recent episode shows how old tensions are resurfacing between the United States and some of its European allies, six months after the Sept. 11 terror attacks evoked a huge wave of sympathy and solidarity.

European leaders still pledge total support for the war on terror, and many have contributed or offered help in the Afghanistan conflict.

But some worry publicly about being treated like "satellites" of the United States, and are openly concerned over President Bush's hints of expanding the war to Iraq.

Most of all, there's been widespread dismay over Bush's grouping of Iran, Iraq and North Korea as an "axis of evil" — the words that provoked Vedrine to call Bush administration policy "simplistic."

"We Europeans admire the Americans, but they are being very extreme, very brutal in their ideas," says Philippe Moreau Defarges of the French Institute for International Relations.

"The Europeans are a bit shocked by the unilateralist American attitude. I would say that if the language doesn't change, there's going to be a crisis between the U.S. and Europe."

There is also likely to be concern expressed by some in Europe over

news the Pentagon is devising contingency plans for the possible use of nuclear weapons against countries that threaten the United States.

The loudest criticism comes from European media, opposition parties and junior partners in otherwise pro-American ruling coalitions, and some European leaders have sought to redress the balance with pointed statements of solidarity.

French President Jacques Chirac, who has sent French warplanes to launch airstrikes, declared last week that the United States and France "are exactly on the same line, we have the same concerns."

Admonished German Chancellor Gerhard Schroeder: "We should not slip back into the old mistrust of the superpower." America's closest ally, British Prime Minister Tony Blair, has remained steadfast in his support.

Still, ordinary Europeans, as well as many politicians, have been voicing their doubts, especially about a conflict to which they see no end — and the glaring fact that neither Osama bin Laden nor Taliban leader Mullah Mohammed Omar has been found.

"I support the war, but I also support finishing it as soon as possible," said Valentino Fioravanti, a Rome jeweler. "A power as great as America is unable to apprehend two people after all this

time? It does not reflect well on the face of America."

After Powell's riposte, diplomats at the Foreign Ministry in Paris ran to their dictionaries to figure out exactly what "the vapors" meant.

But they knew it wasn't a compliment. Powell later said his remark, an archaic expression, was meant to say "Let's not swoon."

public notice

Abandoned Motor Vehicle

Notice of sale of abandoned motor vehicle in the possession of 77 Ford. The herein described vehicle will be sold at public auction on March 20, 2002, at 12:40 a.m., to the highest bidder for cash, if the owner does not claim the same prior to time of sale and pay for removal, storage and publication costs incurred.

Description of vehicle: Make Ford, Model F250, Serial or identification number F25JL082012, Color White, Year 1976 Vehicle is in storage at 247 Cherry Ave, Goodland, KS 67735. Published in The Goodland Daily News, Goodland, Kansas, on Monday March 4, March 11, and March 18, 2002.

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People will vote for the Employee of the Month, by bringing or mailing the coupon at the bottom to our office at 1205 Main Street, Goodland, or faxing it to The Goodland Daily News at 899-6186.

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individual. If you feel an employee at an area business has gone out of his or her way to help you, or has done an exceptional job serving you, reward them by letting us know. We will consider the nomination with others we receive. March deadline for nominations is Wednesday, Mar. 20.

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