

# Kids learn discipline

By Sharon Corcoran  
The Goodland Daily News  
Fifteen students, from age 5 up to adults, learn respect, discipline, self-esteem, confidence and sportsmanship in taekwondo classes at the Goodland Activities Center.

The program is for people of all ages, Coach Wayne Luckert said, from 5 to anyone who is still able to walk. The Tiny Tigers class is available for children 5 and 6, the Karate for Kids for those 7-12, and the adult class for anyone 13 and over.

Luckert said and has a newsletter for the program with a weekly theme. These have included discipline, self-esteem, confidence and sportsmanship, he said, themes that have been emphasized in his classes as well.

He gives the kids homework assignments, the coach said, and gives them stars when they get good marks. The students also receive stars for good deeds and for participating in tournaments.

Students receive stripes for using the proper form for their level, or belt, he said, and for first, second and third self defense in tournaments. When they have all four stripes, he said, they can

test for the next belt. The testing is done every 10 weeks.

The belts signifying different levels of skill come in nine colors for the first nine levels, Luckert said, and then start over with first degree black. The nine levels start with white belt, he said, and include in order orange, yellow, camouflage, green, purple, blue, brown and red. Most students can achieve first degree black belt within a year and a half of beginning taekwondo, the coach said.

Each level represented by a belt is called a songham, he said, and has a form for the students to learn. The form involves arm positions for blocking and punching, he said, and turns and kicks.

The students also learn to use weapons such as the song ja bong, Luckert said, and can do a 20-second demonstration with a weapon in tournaments. The song ja bong is two sticks attached by strings that the student can hold by one stick, swinging the other through the air.

Luckert is a third degree black belt, and says he plans to test for fourth degree. After achieving third degree black belt, Luckert said, he had to wait

three years to take the test for fourth degree. Fourth degree black belts have to wait four years to test for fifth degree, he said, and fifth degree black belts have to wait five years to test for sixth. To test for fourth degree black belt, Luckert said, he has to participate in a national event at Orlando, Fla., or Las Vegas, Nev., or a world event at Little Rock, Ark.

Luckert says his goal is to become a master instructor, a sixth degree black belt. He hopes to achieve that goal by the time he is 60.

Luckert also holds a class in Brewster, and used to own a school in Colby which he sold to Christine Zejda, a second degree black belt.

The program at these schools is through the American Taekwondo Association, Luckert said, which he has been a member of for 10 years.

The three are the only schools within 200 miles, he said, with the closest in Denver and Salina.

Taekwondo means "the way of the hand and the foot," the coach said, and the sport came to the U.S. from Korea. It is taught in other countries around the world, he said, including Canada, Mexico, Australia and Germany.



Andrea Roeder and Kyle Stephen donned helmets to spar during the Karate for Kids Taekwondo class Monday at the Goodland Activities Center. Coach Wayne Luckert says he teaches the kids discipline, respect and sportsmanship in their classes.  
Photo by Sharon Corcoran/The Goodland Daily News

## Nation mourns deaths after attacks

ATTACKS, from Page 1

tience to measure our lust for action, resolve to strengthen our obligation to lead, wisdom to illuminate our pursuit of justice and strength in defense of liberty."

Congress showed its resolve, the Senate voting 96-0 for the money to wage war on terrorism. House passage was delayed only until lawmakers could return to the Capitol from the prayer service at Washington National Cathedral. Congress also moved toward passage of a companion bill to endorse Bush's still-emerging plans for a military response. The bill cleared the Senate 98-0, with a House vote set for Saturday.

Bush and most of his immediate predecessors gathered under the soaring ceiling of the cathedral on what he proclaimed a day of prayer and remembrance. Vice President Dick Cheney alone among the nation's senior political leaders did not attend.

In a symbolic gesture, a Muslim cleric, Imam Muzammil H. Siddiqi, was among the first to speak. The Rev. Billy Graham, his walk slowed by age but his voice strong, said the nation's spirit would not be broken by a "cruel plot." To many of the nation's political and military leaders, past and present, he added, "We're facing a new kind of enemy. We're involved in a new kind of warfare. And we need the spirit of God."

Among those in attendance was Solicitor General Theodore Olson,

mourning the loss of his wife, a passenger on one of the doomed jetliners.

Bush spoke poignantly but with resolve. "We are here in the middle hour of our grief," he said. He offered sympathies to the relatives and friends of the victim, then turned his remarks to the nation's future.

"Our responsibility to history is already clear," he said. "To answer these attacks and rid the world of evil."

Later, Bush arranged to visit the site of the attack in New York City. Recovery was uneven at best.

Authorities hustled Cheney out of Washington, kept the New York stock markets shut another day and slowly — very slowly — brought the nation's air traffic system back to life. Information in the hands of the government "suggests we haven't seen the end of this current threat," said one U.S. official, speaking on condition of anonymity. He cited concerns that terrorists may strike in a different manner now that airport security has been improved.

The body count, meanwhile, was grim and getting grimmer.

Giuliani said 4,763 people were reported missing at the World Trade Center site, where hijackers flew two jetliners fully loaded with fuel into the twin towers Tuesday morning. There were 184 confirmed fatalities.

Authorities said they expected 190 deaths at the Pentagon, where a third plane blew a hole in one side of the nation's five-sided defense nerve center.

A fourth hijacked plane crashed in a

rural area of Pennsylvania, with 65 aboard.

Early today, searchers found the flight data and cockpit voice recorders from the jet that crashed into the Pentagon. A day earlier, the data recorder was recovered from the hijacked airliner that crashed in Pennsylvania.

The FAA cleared airports for reopening only after strict new security measures were in place. But even then some airlines didn't fly, others flew shortened schedules. The New York area's three major airports — Kennedy, LaGuardia and Newark, N.J. — were opened and then abruptly shut down as FBI officials searched for several people wanted for questioning in the attacks.

About a dozen people of Middle Eastern descent were detained at New York's Kennedy and LaGuardia airports. But Alan Hoffman, chief of staff to Sen. Joseph Biden, D-Del., said today the FBI determined the travelers had no connection to the attacks. Biden told CNN the arrests were based on suspicions of a link, but any connections turned out to be "totally, totally coincidental."

Administration officials said no military response was imminent — but that didn't prevent officials from discussing it.

"I think Osama bin Laden ought to say his prayers," said House Speaker Dennis Hastert, R-Ill., shortly after the Bush administration publicly named the Saudi expatriate the main suspect in the attacks.

## Baseball games to be rescheduled

NEW YORK (AP) — The NFL canceled all 15 games of Week 2, saying it was a time to mourn. Major league baseball, several auto racing circuits, college football conferences and the country's largest soccer league all called off events. So did the PGA Tour and the LPGA.

Some colleges and auto racing circuits had wanted to go on, hoping to "bring our people together," but those decisions were reversed in many cases.

The NFL said it would decide later whether to reschedule its games or go with a shortened season. The decision by the NFL, which was criticized for playing two days after the 1963 assassination of President Kennedy, had been widely anticipated.

Since Tuesday's attacks on the World Trade Center and Pentagon, baseball had wiped out six days of play with 2 1/2 weeks to go in the regular season. Thursday's decision to cancel all games until Monday will raise the total of postponed games to 91, the most since nearly the entire final month of the 1918 season was canceled.

Baseball intends to make up all the games by extending the regular season, which had been scheduled to end Sept. 30. The games will be rescheduled for the week of Oct. 1. That could push the conclusion of

the World Series into November.

After the NFL announcement, the Big Ten, Big 12 and Southeastern conferences reversed field and postponed all of their college football games a day after announcing their teams would play.

The weekend's Winston Cup race at Loudon, N.H., was rescheduled for Friday, Nov. 23, only the second non-weather postponement in NASCAR's 53-year history. The Indy Racing League's season-ending race and a NASCAR truck race scheduled this weekend at Texas Motor Speedway were postponed for three weeks.

And Major League Soccer canceled the last six games of its regular season.

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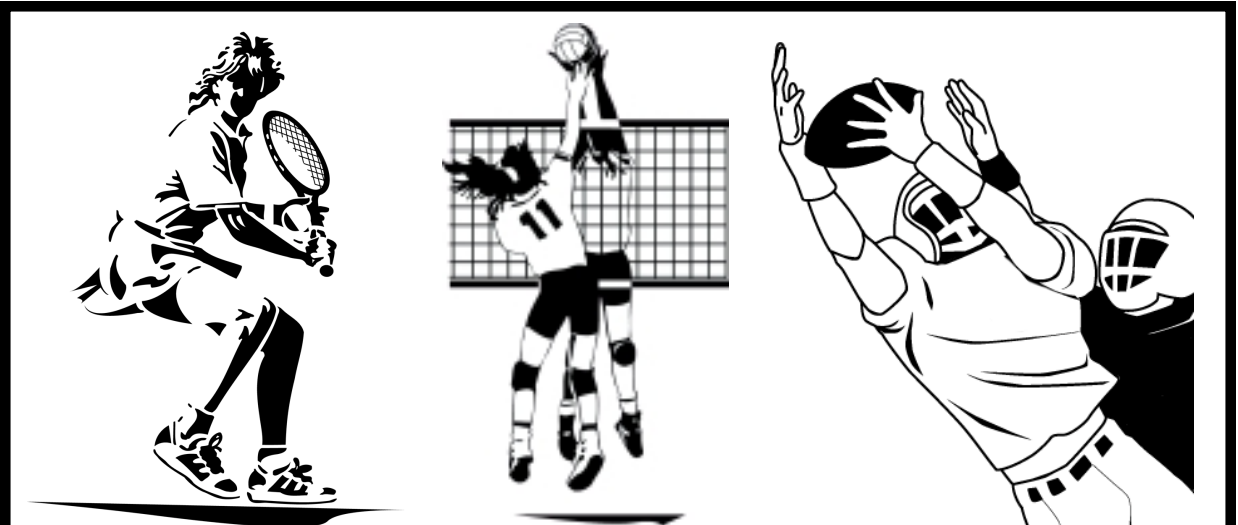
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