Colby ultimate foe won't feel 'one trace of fear'

from rfafighting.com

Facing Colby alum Danny Mainus in his first professional Mixed Martial Arts fight Friday night will certainly not intimidate Denver fighter Scott Ingram.

"Danny is a strong fighter with a 2-1 record, and a great wrestler who is well rounded. But when it comes down to a fight I don't care who it is," Ingram commented during an interview on the Ressurection Fighting Alliance (RFA) website. "There will not be one trace of fear or intimidation in my eves."

This featured bantamweight bout between the Grudge Training Center's Mainus and Team Wildman's Ingram will be among the highlights of the Resurrection Fighting Alliance 11 fight ticket at the 1stBank Center in Broomfield,

Promoters are saying this showdown "looks ready to blow the roof off" the 1st Bank Center.

Limited tickets were still available Thursday morning on cagetix.com.

AXS TV will also broadcast the fights live beginning at 8 p.m.

The Resurrection Fighting Alliance returns to Denver 20 years after the Ultimate Fighting Championship (UFC) made the Mile High City a hub for Mixed Mar-

Mainus to show the RFA fans the same sort of tenacity he did in his fight of the night match against Zac Chavez the last time the promotion was in Denver for Resurrection Fight Alliance 7. Fans may remember the back-and-forth affair that ended with a controversial split decision loss for Mainus.

"It was a great fight, a fun learning experience. Yeah, it was my first ever loss and the decision was tough, but it was my own fault for not finishing," Mainus said.

Meanwhile, Ingram will be making his RFA and professional debut.

His RFA 11 match will be his fourth fight of 2013 and he doesn't show any signs of slowing down. If he has, his way there will be no debate on who should have won this fight.

"I always strive from pressure. So the more weight on my shoulders the better I do," Ingram said.

Mainus had a distinguished amateur career, going undefeated through six fights.

What sets him apart from many fighters is that 75 percent of his career fights have gone to the third

This is a fighter that likes to stick around in a match and finish no matter what it takes.

"My spirit keeps me fighting. I This fight features a chance for Colby's Dan and Sylvia Mainus College before graduating.



feel a need to compete. It's in my on wrestler for the Eagles and also blood, in my family," the son of competed at Colby Community

He currently works as a profes-Mainus was a 4A state champi- sional fighter with The Grudge training center in Denver. That spirit and tenacity, mixed

with a stellar record, recently led

Celebrating victory (left) never comes easily as one of Danny Mainus' matches (above) showed recently. Yet Mainus has gone 2-1 in his previous three Mixed Martial Arts fights and will make his debut with the Resurrection Fighting Alliance Friday night.

to RFA signing Mainus to a four rectly on his opponent.

company that gets guys to the after putting it all on the line. I Ultimate Fighting Championships, that sees a future with me, makes it that much sweeter. I'm stoked!" Mainus exclaimed.

All of that momentum is good Ingram's camp. for Mainus, but possibly better for

If he can come into RFA11 and take a win, he might well capture the spotlight that's trained so di-

"I love to fight. No better feel-"Knowing I'm with a great ing than getting your hand raised don't train this hard to lose," Ingram said.

> Former Trojans assistant wrestling coach Brian Miller is part of

> As for Mainus, his focus is as laser accurate as his power-packed

"I am going to get my job done and finish him," Mainus promised.

Eagles salvage a victory

The Colby Middle School bas-

ketball girls finished a tough five-

game stretch by beating Holcomb,

22-8, in seventh-grade "B" action

Both the seventh and eighth-

grade teams traveled to a Hays

East-West tournament on Satur-

to Great Bend, 42-12, and Salina

fell 40-9 to Great Bend and 49-4

The Colby eighth graders lost

The Colby seventh graders

On Tuesday, Colby's seventh-

grade girls played a tough home

Tuesday afternoon.

South, 56-16.

contest

against Salina South.

Colby alum helps Trojans get better

Rusty Grafel

No need to worry,

Chiefs can recover

Blame it on an overdose of you while gas-pump alert signals

With games every week now, the coaching staff. Here is a little the Colby Community men's bas- more about Dalaan: ketball team is 6-2 at this point in

We had our first five games here at Colby and any time you can play at home, you give yourself a good chance to win. The road games are what separate the good teams from the great teams. We suffered our first

two losses last weekend in Colorado Springs. At this point in our season,

Tuesday night.

In the course of a long season, you want your team to get better each practice and each game. As a coach, you hope the team is playing at their highest level at the right time. We continue to get better and that is what we want as a

Our fourth sophomore we would like to spot light is Dalaan Dalaan graduated from Colby

High School and played in nine games as freshman here at Colby Community College. Dalaan is a prime example of the young men that represent our program in a great way here at Colby!

fans, but not by his teammates and letes and programs.

His usual good taste has slowly

returned along with doughnuts

in the break room this morning,

and *Free Press* sportswriter R.B.

Headley now realizes Monday's

sports editorial choice was per-

it was some good rivalry fun af-

ter the Broncos prevailed Sunday

night. A Denver columnist brag-

ging it up while he can," R.B.

explained. "I guess some other

observers didn't see it that way."

haps too pro-Denver Broncos.

soup this week.

Hometown: Colby. Previous

school: Colby High. Birthdate: September 16,

> Parents: Daren and Dian Organ . Major: Sports Medicine. Favorite quote- "Practice doesn't make perfect, perfect practice makes perfect."

> Favorite food: sushi. Favorite thing about Colby Community College:

we are not tough enough to get a my teammates. Favorite moviecouple of road wins. But with a Star Wars Episode XI. Favorite quick turnaround we played Trini- athlete: LeBron James. Role moddad (Colo.) State in a tough envi- el- Tyler Hansbrough. Favorite ronment and found a way to win song: "Today was a good day" by Ice Cube.

> I also congratulate the women's volleyball team, women's cross country team and men's cross country team on great seasons!

The women's basketball team is on the road this week at the Western Nebraska Classic and we wish them luck. Good luck to the wrestling team as they travel to Kearney, Neb., this weekend as well.

We play here in Colby at 7:30 p.m. on Saturday against KSU Salina. We would love to have everyone come out and watch these young men.

Until next time, go Trojans!

Editor's note: Grafel is the Trojan men's basketball coach who A lot of the help Dalaan does for is providing insight into Colby this team goes unnoticed by the Community College teams, ath-

Plenty of bounce in their steps



A pair of Colby High basketball players work during practice as winter sports seasons are drawing near for all area teams. Watch for more details leading up to the Colby openers after Thanksgiving break.

18-15. However, the "B" team salvaged a split with that 22-8 tri-

The seventh graders play at home again today against Scott

City (4 p.m.) while those eighth graders visit Scott (also 4 p.m).

Trojan horse team finishes fall season

By Debbie Schwanke

Colby Community College

The Colby Community College Intercollegiate Horse Show Association team traveled to the final competition of the fall semester hosted by the University of Nebraska-Lincoln recently.

The Colby Trojans hunt seat team has been competing regularly since the beginning of October. This was the first western show since the Colby College show held Oct. 5-6.

"The team rode very well and Isley, St. Francis. continued to prove they are a strong competitor in our region,"

coach Shanda Mattix said. "Ariel Severson qualified for the regional championships with points earned at this show. Several more team members are expected to qualify at the early competitions of the spring semester."

Lori Beth James of Marquette captured a Beginner Show 2 championship for Colby.

Other Colby results from the University of Nebraska-Lincoln: Reining, Show 1: 2. Jade Kruse, Oakley.

Advanced, Show 1: 5. Cateline

Novice, Show 1: 2. Megan Kantor, Louisville, N.C.

son Siemens, Moundridge; 6. Sara Schurz, Phillipsurg. Intermediate 1, Show 1: 2. Ga-

Intermediate 2, Show 1: 5.

Heather Toal, Hillsboro, 5. Alli-

Scripter, Chapman. Beginner, Show 1: 3. Ariel Severson, Gem, 5. Lori Beth James,

Marquette, 5. Ashlee Dinges, Ness City.

Reining, Show 2: 4. Kruse. Open Horsemanship, Show 2: 5. Kruse.

Advanced, Show 2: 7. Isely. Novice, Show 2: 3. Kantor. Intermediate 2, Show 2: 4. Toal, 6. Schurz, 7. Siemens.

Intermediate 1, Show 2: 2 Scripter, 3. Smith, 4. Severson. Beginner, Show 2: 1. James, 2. Dinges.

A glance at other upcoming brielle Smith, Lindsborg; 3. Marci Colby Community College sporting events:

Tonight

Women's basketball: Colby at Western Nebraska Community College, 6 p.m.

Friday

Women's basketball: Colby vs. Fort Carson at Western Nebraska Community College, 1 p.m.

Saturday

Men's basketball: KSU-Salina at Colby, 7:30 p.m.

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A few seconds later (seemingly), you see two cops leaning over

Conditions can be far worse than what the Chiefs are facing. Imagine working graveyard at a

local gas station during your college days, fighting off drowsiness from watching football all day rather than getting enough sleep. One second, you're determined

to dust that potato chip aisle.

cough drops and too much noodle are beeping wildly. You'd fallen asleep on the job,

and one customer was afraid a mugging had occurred. You regain your senses and try to act cool about the situation — only to realize your feet are still asleep as you fall over again. The police are understanding,

"I like the Chiefs, but I thought but admit they must file a report for bosses to read that next day. Oh, and the district manager is

> also scheduled to visit. "Not a good situation to recover from," R.B. admitted.

The Chiefs are far better off with games coming up these next two weeks at home against San Diego and those Broncos. Denver has a tough battle against angry New England this weekend.

With a little Tom Brady-led help and taking care of their own business, the Chiefs could be two games ahead again after Thanksgiving weekend. The Free Press will happily recognize this fact.