

School Activities and Menus

Colby Public Schools
Activities: Monday: 4 p.m. middle school wrestling at Goodland vs. Scott City, Oakley; 2:30 p.m. Storyteller, grade school; 4 p.m. varsity scholars bowl, Rawlins County; 7 p.m. school board, District Office. **Tuesday:** 2, 7 p.m. second grade musical, Grade School Auditorium; 4 p.m. seventh girls basketball, Holcomb, eighth girls basketball vs. Holcomb; 7:30 p.m. National Honor Society induction ceremony, High School Auditorium. **Wednesday:** 5:30 p.m. high school site council meeting. **Thursday:** sixth grade orientation; 4 p.m. seventh girls basketball vs. Scott City, eighth girls basketball at Scott City; 4:30 p.m. varsity scholars bowl, Goodland. **Saturday:** 8 a.m. debate, Hugoton.

Menus: Monday: breakfast: quick blueberry bubble bread, apple, orange juice; lunch: hamburger, bun, dark green lettuce leaf, tomato slice, broccoli with cheese, apple, sliced peaches. **Tuesday:** breakfast: French toast, syrup, pineapple chunks, apple juice; lunch: beef and noodles, mashed potatoes, seasoned peas, whole grain roll, fruit cocktail, orange. **Wednesday:** breakfast: egg taco, orange wedges, grape juice; lunch: corn dog, baked beans, green beans, banana, fruit choice. **Thursday:** breakfast: pumpkin chip muffin, apricots, juice choice; lunch: Thanksgiving dinner. **Friday:** breakfast: pancakes, syrup, fruit cocktail, orange juice; lunch: chicken strips, tater tots, mixed vegetables, corn, mandarin oranges, fruit choice.

Sacred Heart
Menus: Monday: hamburger on a bun, dark green leaf lettuce and tomato, sweet potato fries, fruit cocktail, Rice Krispie bar. **Tuesday:** chicken nuggets, mashed potatoes, gravy, fresh broccoli, strawberries and bananas. **Wednesday:** chili, whole grain crackers, celery, cucumbers, cinnamon roll, orange smiles. **Thursday:** baked ham, two potato mash,

green beans, angle biscuits, jelly, fresh kiwi. **Friday:** mac and cheese, seasoned peas, baby carrots, whole wheat roll, jelly, apple wedges.

Heartland
Activities: Monday: 7 p.m. board meeting. **Wednesday:** mid-term reports. **Thursday:** 4 p.m. junior high basketball vs. Triplains. **Friday:** 6 p.m. Partners for the Future banquet.

Golden Plains
Activities: Monday: 4 p.m. high school scholar's bowl, Atwood. **Thursday:** 4 p.m. middle school basketball vs. Logan; 5 p.m. high school scholar's bowl, Goodland.

Menus: Rexford: Monday: breakfast: bagel, ham patty; lunch: chicken patty. **Tuesday:** breakfast: pancake, sausage links; lunch: cowboy cavatini. **Wednesday:** breakfast: breakfast pizza; lunch: Frito pie. **Thursday:** breakfast: French toast; lunch: spaghetti. **Friday:** breakfast: doughnut, string cheese; lunch: barbecue beef sandwich.

Selden: Monday: breakfast: burrito; lunch: ham and cheese pocket. **Tuesday:** breakfast: sausage biscuit; lunch: pizza. **Wednesday:** breakfast: biscuit and gravy; lunch: chili burger. **Thursday:** breakfast: biscuit and sausage gravy; lunch: Thanksgiving dinner. **Friday:** breakfast: eggs and toast; lunch: chicken patty.

Brewster
Activities: Monday: 4 p.m. high school scholars bowl, Atwood. **Thursday:** 4 p.m. junior high basketball vs. Heartland at Colby; 5 p.m. high school scholars bowl, Goodland.

Menus: Monday: breakfast: breakfast square; lunch: taco soup, chips, baby carrots. **Tuesday:** breakfast: oatmeal chocolate chip muffin; lunch: beef and noodles in gravy, broccoli, baby carrots. **Wednesday:** breakfast: breakfast pizza; lunch: turkey, mashed potatoes, sweet potatoes, peas, carrots, pumpkin cake. **Thursday:** break-

fast: scrambled eggs; lunch: cowboy cavatina, green beans, salad. **Friday:** breakfast: waffle sticks, sausage; lunch: pepperoni pizza, salad, corn.

Colby Community College
Activities: Sunday: women's cross country nations half marathon; 2 p.m. Northwest Kansas All-Star volleyball, Community building. **Monday:** 5:30 p.m. trustees; 7 p.m. Thanksgiving bingo, Student Union. **Tuesday:** 8 p.m. mens basketball, Trinidad, Colo. **Wednesday:** 10 a.m. to 2 p.m. Senior Day, Student Union. **Thursday:** women's basketball, Scottsbluff, Neb. **Friday:** women's basketball, Scottsbluff; higher Learning Commission steering committee; noon to 2 p.m. campus Thanksgiving dinner; 9 p.m. Trojans late night: Indiana Jones, Student Union. **Saturday:** women's basketball, Scottsbluff; wrestling, Kearney, Neb.; 9 a.m. Student Vet Tech Association pet wash, Ag Building; 7:30 p.m. men's basketball vs. Kansas State-Salina.

Triplains
Activities: Sunday: 6:30 p.m. titan football benefit meal, Winona firehouse – proceeds go to football pads. **Monday:** no school; 8:30 a.m. to 5:30 p.m. yearbook Monday; 9 a.m. to 3 p.m. defensive driving class in computer lab. **Tuesday:** 8:30 a.m. Fort Hays State University rep; 4 p.m. high school scholars bowl, Wichita County. **Wednesday:** 8 a.m. grade school teachers Lexia meeting; Kay Club Hat Day, \$1 to wear hat, money goes to gifts for local children. **Thursday:** 4 p.m. junior high basketball game, Heartland Christian.

Menus: Tuesday: Thanksgiving meal. **Wednesday:** chicken nuggets. **Thursday:** chili. **Friday:** hamburgers.

Send us your calendar and menus. E-mail colby.society @ nwkansas.com or mail Colby Free Press, 155 W. Fifth, Colby, Kan., 67701.

Can you hear me now?



DEBBIE LUCKERT/TriPlains School District

TriPlains Superintendent Lamar Bergsten did not wimp out Thursday when he read kids' books from the top of the school roof in 10 to 20 mph winds. The school is now entered to win 100 copies of the book "Diary of a Wimpy Kid: Hard Luck" because he spent about 2 1/2 hours total on the roof in the morning and afternoon as part of the Principal Challenge, organized by the Pizza Hut-sponsored BookIt! Program. He spent the rest of the day inside reading over the intercom or to different classes.

Building company opens up new branch office in Colby

Cleary Building Corp. has opened a branch office at 990 S. Range Ave. in Colby.

The nationwide company manufactures and installs customized pre-engineered structures. The Colby office will offer commercial, residential, suburban, farm and horse facilities, along with metal roofing and re-roofs.

The buildings have a wood frame with pre-painted steel panels used for roofing and siding. This type of building provides for a long-lasting, low-maintenance and cost-effective structure, the firm says.

The new office can be reached at 462-2023. For information, contact branch manager Bradley Leitner.

The corporate office and manufacturing plants are in Verona, Wis., with additional facilities in Grand Island, Neb., and Hazelton, Idaho.

Free Press takes readers' questions

We know you have questions, and we want to provide some answers! We're launching a new column to find answers to our readers' questions with the help of some of our local agencies and businesses.

Ever wondered why the college's mascot is the Trojan? Maybe you'd like to know why Colby has two water towers or who the town is named after?

Selected questions and answers will appear periodically in the Colby Free Press.

If you have questions about

Senior Progress Center

The Young at Heart Singers will be at the Senior Progress Center Friday. Come enjoy time with friends.

Activities for the week: **Monday:** 10:30 a.m. Skip Bo. **Tuesday:** 10 a.m. exercise; 10:30 a.m. backgammon. **Wednesday:** snack day. **Thursday:** 10 a.m. exercise; 11 a.m. bingo. **Friday:** 10 a.m. exercise; 11:30 a.m. Young at Heart.

Menus for the week: **Monday:** cook's choice entrée, au gratin potatoes, seasoned carrots, plums. **Tuesday:** chili, ambrosia fruit salad, cinnamon roll. **Wednesday:** chicken and rice casserole, Italian blend vegetables, applesauce, cookie. **Thursday:** meat loaf, mashed potatoes, gravy, mixed vegetables, birthday cake, peaches. **Friday:** chef salad (meat on the side), mandarin oranges, breadstick, fruit crisp.

The Thomas County Nutrition Center invites anyone 60 and older and guests to lunch Monday through Friday at the senior center.

Make reservations at (785) 460-2901 by noon the day before.

Alligator holds open the doors at Walmart

APOPKA, Fla. (AP) – A 6-foot alligator made an unwelcome appearance at the front door of a central Florida Walmart.

The incident happened Oct. 20 morning in Apopka, outside Orlando. The gator stopped in the entryway, causing the automatic doors to open and close until employees locked them.

Orlando television station WKMG (hrlid.us/1b5psYE) reports Apopka police officers tried to lure the gator away as customers gathered to watch and take pictures.

The gator took off toward the nearby woods. Officers searched the area but couldn't find it.

No one was injured.

Red Barn

Activities for the week: **Monday:** 2 p.m. Barnswallows. **Wednesday:** 10 a.m. ladies' Bible study. **Thursday:** 2 p.m. Come On Down; 6:30 p.m. Spuds 'n

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NOVEMBER STUDENT OF THE MONTH

Marc Bremenkamp

Parents: Mike & Elaine Bremenkamp

Sponsored by: Colby Rotary

Marc, a senior at Colby High School, is Colby Rotary Club's Student of the Month for November 2013.

Marc's school and community activities include High School Newspaper-Editor-in-Chief/ Front Page Editor/Copy Editor; Cross Country; Basketball; Baseball; AYSO Soccer; School Musical; Catholic Youth Organization; Church Mass server, usher, greeter, collection; AYSO-Volunteer Referee and Field Striper; American Red Cross Blood Drives; Band Percussionist; and Choir Member.

Marc's special honors include National Honor Society & NHS Vice-President; Senior Class Vice-President; Three-time Superintendent's Honor Roll; Three-time Academic Letter Recipient; Six-time Athletic Letter Award Recipient; 2013 2nd Team All-League Basketball; 2012 Hays City Shoot-out All Tournament Team.

Marc's academic emphasis has been Regent's Curriculum and Kansas Scholars Curriculum and he plans to attend the University of Oklahoma to pursue a Bachelor's Degree in Meteorology.