



The Lindsborg Swedish Dancers

## Traditional folk dancers to perform in Quinter

The Lindsborg Swedish Dancers, established in 1963, will perform traditional Swedish music and folk dance at 3 p.m. Sunday at the Quinter High School Auditorium, sponsored by the Western Plains Arts Association. Through performances at festivals and celebrations at home, and on tour throughout the U.S. and Scandinavia, the dancers seek to preserve their community's Swedish heritage and encourage the continued recognition and observation of Swedish customs and folklore.

2013 marks the organization's 50th year as a one-of-a-kind cultural organization. Could those who began this tradition with a few dances at a 1963 St. Lucia celebration have imagined it would persist so far into the future? In fact, with nearly 40 dancers and fiddlers and a dedicated group of parents, the organization is as strong and vibrant as it's ever been.

Admission will be by Western Plains season ticket or at the door, adults \$10, students \$5.

## Wichita reception to honor 80th birthday

Pat Follis, formerly of Colby, will celebrate her 80th birthday on Nov. 23, 2013. Friends and family are invited to a reception in her honor from 2 to 4 p.m. on Saturday, Nov. 23, at the Countryside Christian Church, 1919 South Rock Road, Wichita.

The reception will be held by her children: Darylee Flynn, Don Follis, Bob Follis, Patti Miller and David Follis, along with their spouses, children and grandchildren.

Cards can be sent to Follis at 9403 East Parkmont Dr., Wichita, Kan., 67207.



Pat Follis

## Card shower to honor retired farmer on 95th

Wilbur Leebrick will celebrate his 95th birthday on Monday, Nov. 4, with a card shower. Leebrick farmed in Rawlins County, and is now retired and

living in Colby. Cards can be sent to 1630 Sewell Ave., Apt. C-11, Colby, Kan., 67701.

## Lecture at Fort Hays asks 'Is History Bunk?'

The Fort Hays State University Department of History and Phi Alpha Theta History Honor Society will present Dr. Norman Caulfield at this semester's Clío Lecture: "Is History Bunk?" The free lecture will be from 7 to 8 p.m. Tuesday, Nov. 5, in the Robbins Center on campus. In 1916, when running for president, Henry Ford said it was "Caulfield, a professor of history at Fort Hays, an award-winning author and the 2007 President's Distinguished Scholar, disagrees. He will explain why knowing about Henry Ford and industrial Amer-

ica is so important for understanding the times in which we live. In doing so, Caulfield will discuss his next book, which, he said, covers deindustrialization, the ongoing economic slump and its impact on labor and employment, among other topics. Caulfield, author of "NAFTA and Labor in North America" and former director of research at the NAFTA Labor Secretariat, will also give his insight on the Transpacific Partnership and the Transatlantic "trade deals" currently in the works.

## Contest seeks soybean growers

With soybean yields and quality in Kansas expected to rebound from the drought of 2012, the annual Kansas Soybean Yield and Quality Contests should see some lively competition this fall. Those entries must be postmarked by Saturday, Nov. 30. Thanks to the Kansas Soybean Commission, the highest dryland and irrigated yields in the state each will receive a \$1,000 award. In each district, first place will win \$300, second will earn \$200, and third will receive \$100. No-Till on the Plains will supply additional awards in the no-till categories. Managed by the Kansas Soybean Association, the contests are open to anyone involved in farming, but there is a limit of one entry per field. Farmers may enter multiple categories - convention-

al or no-till, dryland or irrigated. All entries in a category must be from the same district, however. Farmers may enter the quality contest without entering the yield contest and vice versa. The complete rules are available at [KansasSoybeans.org/contests](http://KansasSoybeans.org/contests) on the Web, from the Kansas Soybean office, (877) KS-SOY-BEAN, and in K-State Extension offices statewide. K-State Research and Extension is a contests sponsor. Gary Kilgore, Kansas State University professor emeritus of agronomy, coordinates the project. "The contests provide fun incentives for Kansas farmers to share information that will help everyone raise higher-yielding and more-profitable soybeans," he said.

# Halloween spells scary mystery books

Happy Halloween to you all. This week we are adding a few scary mysteries to our shelves. The first is a Halloween mystery, "The Litter of the Law," by Rita Mae Brown and Sneaky Pie Brown, No. 22 of the *Mrs. Murphy* series. Fair and Mary Haristeen are joyriding on the back roads of Crozet, Va. Being a veterinarian, Fair (the man), and Mary (aka Harry) also have their numerous pets in the back of their vehicle. This includes Mrs. Murphy (a tiger cat), Pewter (the grey cat), and Tucker (their corgi, dog).

While out on this October day, they take some time in a cornfield of a friend. They look out in the field and see crows devouring a scarecrow. Fair takes a long hard look and tells Mary this is no scarecrow. The vehicle's door is open and the animals are out and straight to the corpse to investigate. From there the story continues.

The next item is a real scary thriller, "Accused," by Lisa Scotoline, No. 12 of the *Rosato and Associates* series. The all-female law firm is working to clear a murderer locked in jail. Mary DiNunzio, one of the lawyers in the firm, wonders why they are attempting to clear Lonnie Stall, the accused. However, 13-year-old Allegra, sister of murder victim Fiona, believes the killer is not Lonnie. The reader will also enjoy the characters of Bennie Rosato, Judy Carrier and Anne Murphy. This book can be checked out in print or audio CD.

The third item is "October List," by Jeffery Deaver. Gabriela McKenzie's 6-year-old daughter Sarah has been kidnapped. Kidnapper Joseph Astor has told her Sarah will be returned when he receives \$500,000 and what he calls the October list. She has never heard about this, but is told to ask Charles Prescott, her former boss. Prescott is nowhere to be found because he is being investigated by the local police. Gabriela is not only concerned but must find a way to get her daughter back. This is also available in print and



Melany Wilks

### Library Links

audio. Another item being added is "Critical Mass," by Sara Paretsky. This is No. 16 of the *V.I. Warshawski* series. Protagonist V.I. has been contacted by a long-lost friend, Lotty Herschel, who lived through the Nazi era in Germany. As a young person she lost most of her family in the Holocaust, yet she herself managed to escape to London. She thought she put those years behind her, but when her daughter, Kitty tells her she is having trouble with some issues in her life. V.I. and Lotty learn this trouble is becoming potentially deadly and the secrets and people involved need to be discovered.

The next item is "Winners," by Danielle Steel. Steel is a best-selling author and the reader will find out just why. Young teen Lily Thomas has a skiing accident that will change her life forever. She meets a young man, Teddy, who will help her traverse her new world. This book is also available in print or audio.

Other books we are adding are: "We are Water," by Wally Lamb; "Outlaw," by Ted Dekker; "Fifteen Minutes," by Karen Kingsbury (in print and audio); "After Dead," by Charlene Harris; "Dark Witch," by Nora Roberts; "Fallen Women," by Sandra Dallas; "Sycamore Row," by John Grisham.

Don't forget to come to *Booked for Lunch* at noon Wednesday. Ann Miner will be speaking on "A Misplaced Massacre: Struggling Over the Memory of Sand Creek," by Ari Kelman. Come enjoy lunch with us.

Our fall hours remain: 9 a.m. to 8 p.m. Monday through Thursday, to 5 p.m. Friday, 10 a.m. to 4 p.m. Saturday and 1 to 4 p.m. Sunday. See you in the library.

## On the Beat

**COLBY POLICE**  
**Oct. 22**  
1:41 a.m. - Security checks to business on S. Range.  
4:31 a.m. - Security check at Meadow Lake Golf Course.  
5:54 a.m. - Driving while suspended, no insurance report filed on traffic stop.  
1:01 p.m. - Caller reported dog at large. Turned over to owner.  
6:04 p.m. - Caller reported collision with parked vehicles. No damage.  
8:10 p.m. - Report filed about text messages sent to subject while at work.  
11:04 p.m. - Caller reported vehicle parked in his spot. Unable to locate owner, will check back later and tow if still there.  
**Oct. 23**  
12:20 a.m. - Security check at Heartland Christian School.  
12:29 a.m. - Security check at college.  
1:04 a.m. - Caller requested officer because of fight earlier. Battery/disorderly report filed.  
5:11 a.m. - Security check at St. Thomas Senior Residence site.  
12:24 p.m. - Caller reported harassment. Spoke with subject.  
11:42 p.m. - Spoke to subject at Walmart, advised him of flat tire on semi trailer.  
11:47 p.m. - Security checks on businesses 1900 block of S.

Range.  
**Last Thursday**  
1:40 a.m. - Helped ambulance crew.  
2:33 a.m. - Helped ambulance crew.  
3:31 a.m. - Security check at Super 8 Motel.  
3:49 a.m. - Helped ambulance crew.  
11:51 a.m. - Subject came to station about lost tag. Report filed.  
2:58 p.m. - Abuse of toxic vapors report filed.  
3:27 p.m. - Criminal damage to property report filed on damage to window.  
**Friday**  
1:40 a.m. - Battery report filed on noise complaint.  
8:08 a.m. - Provided assistance for apartment resident.  
8:32 a.m. - Driving while suspended report filed for traffic stop.  
10:46 a.m. - Walkthrough at Colby Middle School.  
11:09 a.m. - Walkthrough at Colby High School.  
11:50 a.m. - Checked on suspicious vehicle; everything OK.  
12:52 p.m. - Caller reported suspicious vehicle. Everything OK.  
2:43 p.m. - Caller reported people going door-to-door. Everything OK  
3 p.m. - Funeral block for Baalman Mortuary.

## Deaths

### Marion S. Wenger

Marion S. Wenger, 87, Benton, formerly of Oberlin, died today, Thursday, Oct. 31, 2013, in Benton. He was born Feb. 11, 1926, in rural Oberlin, the daughter of Herman and Myrtle (Hanchett) Wenger. She attended a rural one-room school in Decatur County. On June 19, 1949, he married Helen L. Walton. They lived in Oberlin until moving to Benton in March 2013.

He worked at Wenger Cleaning, Oberlin Milling, farming and the Oberlin Meal Site.

Preceding him in death were his parents and wife.

Survivors include two sons, Vincent (Linda) Wenger, Salina, and Greg (Julie) Wenger, Over-

land Park; two daughters, Susan (Eddie) Griem, Benton, and Janel (Gary) Slator, DeSoto; two brothers, Lawrence (Dorothy) Wenger, Oberlin; and Clifford (Eunice) Wenger, Fort Morgan, Colo.; a sister, Estella Waldo, Oberlin; 15 grandchildren; and 16 great-grandchildren.

Services will be at 2 p.m. Saturday, Nov. 2, 2013, at Pauls Funeral Home in Oberlin, with burial in the Oberlin Cemetery.

Visitation will be from 1 to 8 p.m. Friday and 8 a.m. to service time Saturday.

The family suggests memorials in his name in care of the funeral home, 121 N. Penn, Oberlin Kan., 67749.

## Moderation in sweets keeps holiday healthy

Halloween can bring out the sweetest monster in all of us.

Among children today, obesity is causing a broad range of health problems that previously weren't seen until adulthood. High intake of added sugars, as opposed to naturally occurring sugars, is implicated in the rise of childhood obesity. This added sugar is found in candy, cakes and cookies - the same treats we indulge in on Halloween. Be careful not to make snacking on left-over Halloween goodies a trend in your family's daily diet.

The American Heart Association hopes you'll consider these tips to keep your ghosts and goblins a little healthier.

- Feed them first. Make sure your kids are fueled up with a healthy meal or snack.
- Bag it. Give the kids smaller treat bags so they won't bring home too many sweets.
- Get moving. Make it a workout. Wear pedometers and have healthy prizes for the person with the most steps.
- Be "that" house. No one said it was against the law to not pass out candy on Halloween, so don't be afraid to be "that" house that doesn't. Start a new tradition on

your street and think about healthier treats. Try crayons, stickers, colored pencils or Halloween tattoos. Avoid using toys that could be a choking hazard to little ones.

• Savor It. Remind your kids to eat their treats in moderation, so they last longer.

The Halloween indulgences don't stop after trick-or-treating. Follow these suggestions to have a healthy post-Halloween:

- Avoid the urge to buy on-sale candy after Halloween.
  - When your children ask for a piece of candy, pair it with a healthy snack.
  - "Buy back" candy from your children with tokens they can trade in a for a fun and healthy activity, like a day at the zoo.
- For information about children and healthy eating habits, go to [www.heart.org](http://www.heart.org).

## Markets

Quotes as of close of previous business day

| Hi-Plains Co-op      |         |
|----------------------|---------|
| Wheat (bushel)       | \$7.32  |
| Corn (bushel)        | \$4.25  |
| Milo (hundredweight) | \$7.18  |
| Soybeans (bushel)    | \$11.87 |

**Card Shower**

The family of **Frances Roesch** would like to honor their mother on her 93rd birthday November 7th, 2013 with a card shower. Birthday wishes may be sent to her at 315 South Mission, Colby, KS 67701

**Thank You**

Thanks to all who prayed for my recovery, visited me, sent flowers and cards and for the meals brought to us after my trike accident. Thanks to the care givers at Citizens Medical Center and a special thanks to Carmen Cornell who stopped to help me.

- **Sondra Barnett**

**PROTECT**

Protect yourself from Medicare errors, fraud, and abuse. Keep your Medicare and Social Security numbers private. Do NOT give your personal information out to unknown callers or door to door salespersons.

**DETECT**

Review your Medicare Summary Notice (MSN) and Part D Explanation of Benefits (EOB) for mistakes. Look for three things:

1. Charges for something you didn't get.
2. Billing for the same thing twice.
3. Services that were not ordered by your doctor.

**REPORT**

If you suspect errors, fraud or abuse, report it IMMEDIATELY! Contact the Kansas Senior Medicare Patrol (SMP) by calling 1-800-860-5260 [www.kdads.ks.gov](http://www.kdads.ks.gov)

**2<sup>nd</sup> Anniversary Open House**

November 4th - 7th  
8:30 - 12:30 M-Th-F • 2:00 - 5:30 M-Th  
Business After 5 • November 6<sup>th</sup>

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Certified NAET Practitioner®  
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**KANSAS SMP**

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**Kansas**